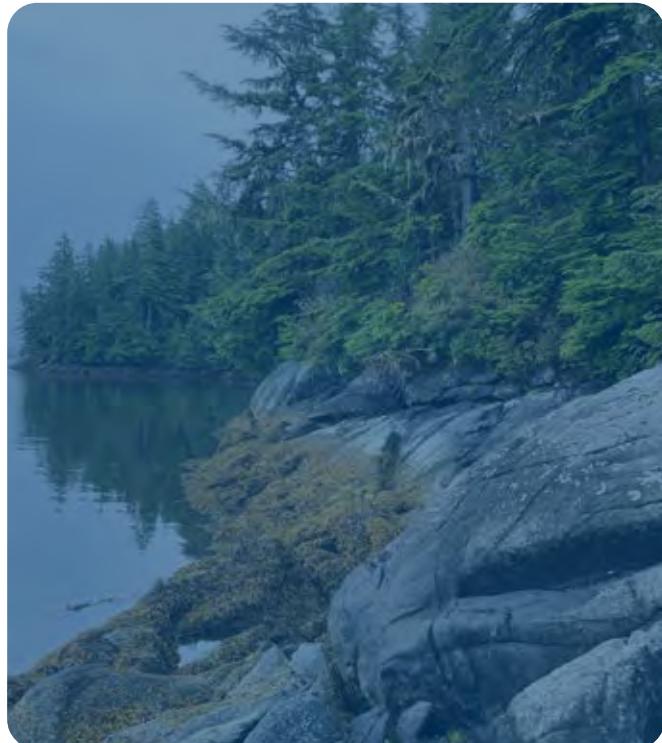




ANNUAL



2025



REPORT



Trust
Alaska Mental Health
Trust Authority





ABOUT THE TRUST

Alaska Mental Health Trust Authority (Trust) is a state corporation that administers the Alaska Mental Health Trust, a perpetual trust, to improve the lives of beneficiaries. The Trust operates much like a private foundation, using its land and cash assets to help ensure that Alaska has a comprehensive integrated mental health program. The Trust Land Office is contracted exclusively by the Trust to manage its approximately one million acres of land and other non-cash assets to generate revenue to better serve our beneficiaries.



HISTORY

Prior to statehood, there were limited services in the Territory of Alaska for anyone with mental illness, addictions, or other cognitive disabilities. In 1956, Congress transferred responsibility for providing mental health services to the Territory and, ultimately, the State of Alaska. One million acres of land were a part of this transfer of responsibility, which were to be managed to generate income for a mental health program. However, in a class action lawsuit ruling in 1984, the Alaska Supreme Court determined the State had breached its fiduciary responsibility, and in a final landmark settlement in 1994, the Alaska Mental Health Trust Authority was established. You can learn more about the Trust's rich history at alaskamentalhealthtrust.org/about/history.



BENEFICIARIES

Beneficiaries of the Trust include Alaskans who experience:

- Mental illness
- Substance use disorders
- Intellectual and developmental disabilities
- Alzheimer's Disease and Dementia
- Traumatic Brain Injury

The Trust also works in prevention and early intervention services for individuals at risk of becoming beneficiaries

LETTER FROM THE CHAIR AND CEO

It is our pleasure to present the Alaska Mental Health Trust Authority's Annual Report for fiscal year 2025 (FY25). This year brought several positive developments to the Trust's ongoing commitment to improving the lives of Trust beneficiaries through an integrated, comprehensive, mental health program.

In 2025, the board of trustees launched a strategic planning process to chart a course for the future. The new strategy was completed in the context of the Trust's progress through 30 years of investments in Alaska's system of beneficiary care. It also comprehends that the needs of beneficiaries are evolving, expectations for systems of care are higher than ever, and new opportunities for innovation and collaboration are emerging. The newly adopted strategic plan, described more fully on page 7, defines the priorities and commitments the Trust and Trust Land Office (TLO) will follow to strengthen systems, leverage resources, support beneficiaries, and build lasting impact.

We will continue to implement and operationalize the plan through our grantmaking and catalytic leadership in innovative programs and partnerships, along with the TLO's stewardship and development of Trust land and natural resources. All of this work supports realizing the Trust's vision: a future where every Alaskan supported by the Trust has care, connection, and the opportunity to thrive.

Our ability to provide meaningful grant funding and serve as a leader to improve systems of care is a result of wise asset management and prudent financial stewardship, including continued strong performance of the lands and resources managed by the TLO. In FY25, the Board of Trustees also took action to increase Trust funding available through raising the Trust's annual withdrawal from our invested assets from

4.25 to 4.5% (of the previous four-year average value). This increase means additional resources for beneficiary services, and a greater financial ability to support innovative solutions that address critical gaps in beneficiary care.

This year also brought continued progress on the Trust's multi-year Crisis Now initiative that is transforming how Alaskans respond to individuals experiencing a behavioral health emergency. The Trust is supporting communities as they launch crisis response and stabilization services, as well as through grantmaking and leadership and project management support. Through close coordination with local stakeholders representing dispatch, local governments, behavioral health services, law enforcement, hospital leadership, and others, an increasing number of Trust beneficiaries are accessing crisis services instead of requiring acute care in an emergency room or a correctional setting. For the latest data and more information, visit: alaskamentalhealthtrust.org/crisisnow.

As we look to the future, the Trust remains committed to our role as a steadfast steward of Trust assets, a catalyst that turns vision into action, and a trusted partner to the State of Alaska and organizations across the state to help beneficiaries and families get support early, crisis response is timely and accessible, treatment and recovery are within reach, and long-term supports help people live with purpose and belonging.

BOARD OF TRUSTEES

Brent Fisher – Chair

Corri Feige – Vice Chair
and Resource Management Committee Chair

Anita Halterman – Secretary

Kevin Fimon – Audit & Risk Committee Chair



Mary Wilson
Chief Executive Officer



Brent Fisher
Board Chair

Mary L. Wilson, MD *Brent Fisher*

Josie Hickel – Trustee

Agnes Moran – Program & Planning Committee Chair

John Morris – Finance Committee Chair

TRUST FY25 HIGHLIGHTS AND IMPACTS

These visual metrics illustrate highlights and impacts of the Trust and the Trust Land Office, reflecting their vital role in supporting Alaskan communities during fiscal year 2025.

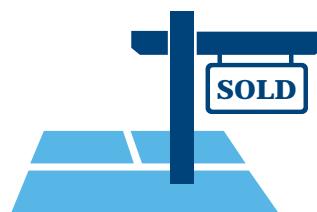
Improving Lives Conference  The Alaska Mental Health Trust Authority

446 attendees
registered for the Trust Improving Lives conference in September 2024

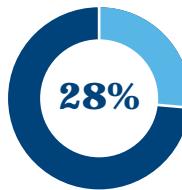


State Partnership

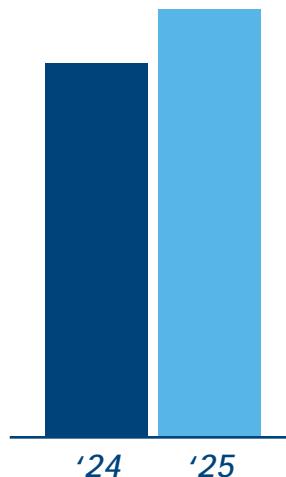
62 projects and initiatives within 11 different State of Alaska departments and agencies were supported with Trust MHTAAR grant (grants to state agencies) funds.



35 parcels sold through TLO land sale programs generating \$4.4M in revenue for the Trust



28% of Trust parcels sold were from the Trust's subdivision development program



9.3% increase in the value of the FY25 Alaska Mental Health Trust Fund (managed by APFC), ending the year at **\$754.5 million**



\$1,015,071 saved
by beneficiary-serving partners in FY25
via five below market leases on Trust land, administered through the Trust Land Office

201 trainings for beneficiary serving professionals

were offered through Trust-supported
programs within the UAA College of Health.



5,494 individuals were trained (representing 103 communities)

4,912



families
that have
received early
intervention,
education,
support,
or services
through Trust
supported
programs



6,074 individuals

received homelessness prevention, emergency
shelter, rapid rehousing or related services
through the Trust-supported Basic Housing
Assistance Program (BHAP) administered
by the Alaska Housing Finance Corporation.

9,500



mobile crisis team (MCT) responses

to individuals in a behavioral health
crisis. These teams, operating in
Fairbanks, Mat-Su, Anchorage, Juneau,
and Ketchikan, were able to *resolve*
84% of crises in the community.

1,957



individuals
served through
Trust-funded peer
led agencies

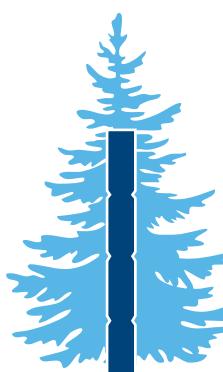


**1,078 active
mining clams**
on Trust lands

1.126 million troy ounces of gold
indicated in the Grinder Deposit, per a
recently released independent technical
report for the TLO's Icy Cape Gold and
Industrial Heavy Minerals Project



Community & Cultural Value



25 trees harvested
from Trust lands in
Southeast Alaska that
were provided to Alaska
Native organizations
and carvers. These top-
quality trees are used
for totems, carvings,
and other cultural
practices

TRUST GRANTMAKING

In FY25, the Trust awarded more than \$23M in grant funds. Each year, the board of trustees designates the majority of the Trust's annual budget for grants to nonprofit organizations, service providers, Tribal entities, state and local governmental agencies, and other groups that serve Trust beneficiaries. Grants are awarded statewide and throughout the year.

Trust grants funds support projects and initiatives for a variety of beneficiary serving purposes, including direct services, innovative and evidence-based pilot projects, capacity building, capital projects including technological updates, outreach, planning, and more.

Most Trust grants are awarded directly to Trust partners, but grants to State of Alaska departments and agencies, known as "Mental Health Trust Authority Authorized Receipts," or MHTAAR grants, are advanced through the annual state budget process.



For a complete list of every Trust grant awarded last fiscal year, see our comprehensive FY25 Grant Investment Report, available on our website

In FY25, Trust grants and in-kind contributions totaled almost \$24M

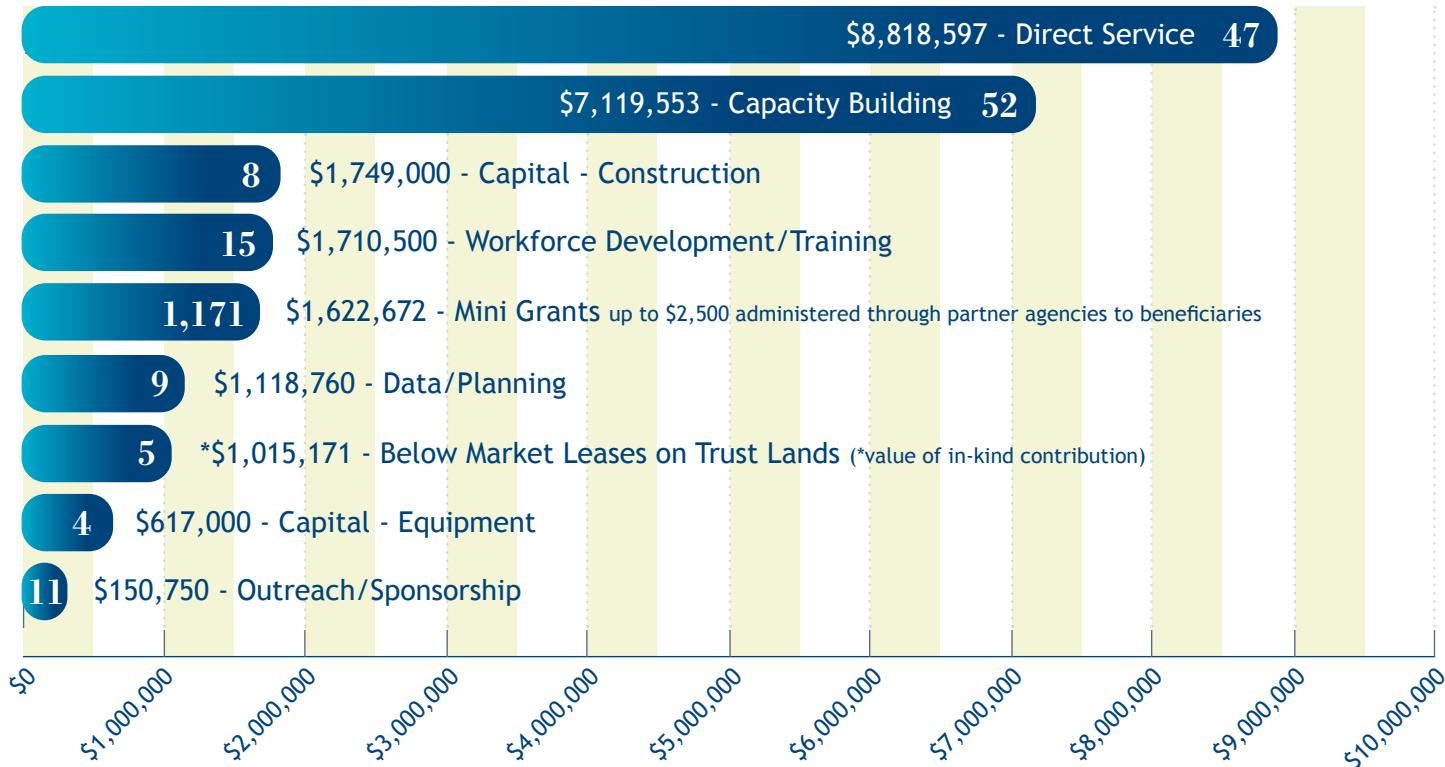
Authority Grants to Beneficiary-Serving Organizations

\$12,928,176
(89 grants)

Grants to State Agencies (MHTAAR) supporting beneficiaries

\$10,021,800
(60 grants)

2025 Grants



FY 2025 GRANT LOCATIONS

| Many grants support beneficiaries statewide



About Trust Grants

Who can apply for a Trust grant?

Trust grants are awarded to organizations that serve/support one or more Trust beneficiary group and whose priorities are consistent with the Trust's. Eligible organizations for partnership grants are foundations, government agencies, tribal entities, nonprofits and corporations who serve Trust beneficiaries.

There are several types of Trust Grants, all designed to improve beneficiary outcomes:

Partnership Grants are considered and awarded year-round, typically for a specific purpose or need.

MHTAAR Grants are collaboratively developed grants to state agencies.

Microenterprise Grants are administered by the University of Alaska and support small, beneficiary-owned businesses.

Mini Grants are small grants up to \$2,500 used for a broad range of equipment, supplies and services to improve quality of life. Mini grants are awarded through partner agencies on behalf of individual beneficiaries and are offered in three areas:

- Intellectual/Developmental Disabilities
- Behavioral Health
- Alzheimer's Disease and Related Dementia

In addition to these grant types, in FY25 the Trust also supported five **below-market leases**, managed by the Trust Land Office, for organizations serving Trust beneficiaries with facilities on Trust lands. These in-kind contributions, valued at more than \$1M, represent the difference between market-rate rent and the reduced rent paid by partner organizations.

THE WORK OF THE TRUST

The Trust is committed to using its resources to help improve the lives of its beneficiaries. Through grantmaking and leadership in system improvement efforts, the Trust works with partners organizations across Alaska to strengthen the continuum of care beneficiaries rely on.

While best known as a grant-maker, the Trust also applies resources to efforts promoting the understanding of our beneficiaries and the services needed to support them, as well as beneficiary-focused planning efforts, and combatting stigma around beneficiary conditions.

OUR MISSION

The Alaska Mental Health Trust Authority and the Trust Land Office work together to improve the lives of Trust beneficiaries by strengthening Alaska's system of care, prudently managing Trust assets, and driving lasting, positive change across the state

OUR VISION

A future where every Alaskan supported by the Trust has care, connection, and the opportunity to thrive.

OUR PLAN FOR THE FUTURE

In late 2025, the Board of Trustees adopted a new strategic plan that addresses commitments relating to how the Trust fulfills its mission, as well as priorities for where the Trust will direct its focus and funding. Through these commitments and priorities, the plan will be used to help ensure that the Trust's work and investments will not only support beneficiaries today, but to build a future where fewer Alaskans need that care because the system is strengthened, engages earlier, and is more effective.

“It took one person to actually meet me, and then I was able to be taken on as a client and get the help I needed. They had to see me as a person, not as a disability.”

Steven, Trust Beneficiary



STRATEGIC PLAN

Our Three Core Commitments

1. Make Data-Informed Investments

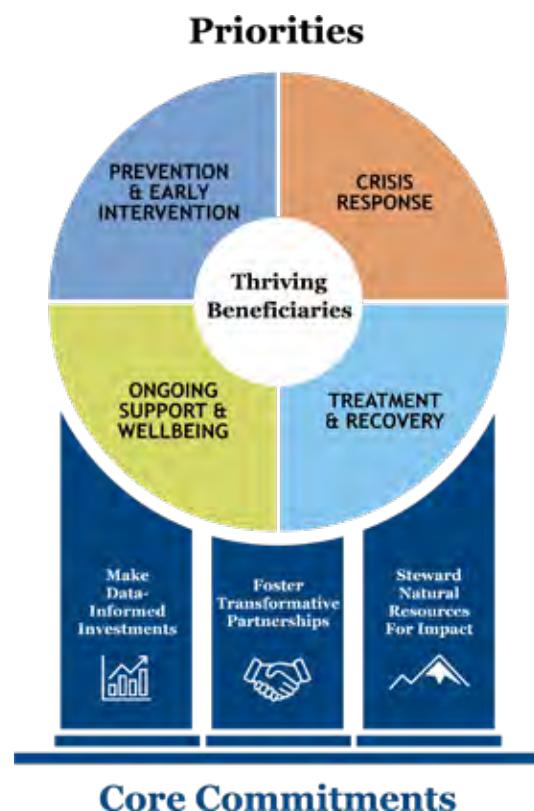
We will use research and data to understand needs, identify gaps, and ensure our resources are aligned to provide the right supports at the right time.

2. Foster Transformative Partnerships

We will deepen collaboration with state agencies, Alaska Native organizations, community groups, and the business community to build capacity, scale innovations, and accelerate progress across the system of care.

3. Steward Natural Resources for Impact

Through the Trust Land Office, we will continue to manage nearly one million acres of Trust-owned land and natural resources responsibly to generate the steady, diversified revenue that fuels our ability to serve beneficiaries for generations.



Our Four Strategic Priorities

Prevention & Early Intervention

Strengthening early, coordinated, and culturally grounded prevention is essential to keeping children, families, and beneficiaries healthy and connected. Early intervention can reduce the need for more intensive and costly interventions later in life.

Crisis Response

Ensuring no Alaskan faces a crisis without a direct and timely path to help. We will support a coordinated, compassionate statewide response network, including mobile teams and stabilization centers.

Treatment & Recovery

Expanding access to timely, quality, and culturally grounded treatment and services by strengthening the care workforce, leveraging technology, and helping to remove barriers of distance or cost.

Ongoing Support and Wellbeing

Ensuring beneficiaries who need lifelong support have the stability, purpose, and belonging required to live with dignity and self-determination across the lifespan.

TRUST FY25 HIGHLIGHTS

Beyond Grantmaking: Trust Technical Assistance and Proposal Development Resources Help Advance Beneficiary Serving Partners

While best known as a grant maker, the Trust also designates resources each year to help our beneficiary serving partners have access to specialized expertise to help them advance their mission, and to leverage other grant funding resources.

Though the Trust's **Technical Assistance (TA) Program**, beneficiary serving organizations can obtain dedicated one-on-one support, through Trust-contracted experts, in areas including non-profit governance and operations, information technology, capital project pre-development, feasibility and sustainability planning, and more. In FY25, 19 projects were supported through the Trust TA program.

The Trust also offers in-depth consultation and training to help partners pursue other grant funding. These **Trust Proposal Development Resources** include grant writing trainings, one-on-one consultations, assistance with complex applications, and a published bi-monthly report of federal, state, or foundation grant funding opportunities pertinent to organizations that serve and support Trust beneficiaries.

By creating access to TA and proposal development support, the Trust is helping our partners leverage expertise and resources so they can more effectively engage in work that is helping improve beneficiary outcomes.

Visit our webpage to learn more about these resources for beneficiary serving partners.

Trust Grant Proposal Development: Opportunity Report

This report lists federal, state, or foundation grant funding opportunities pertinent to organizations that serve and support Trust beneficiaries

Published to the Trust webpage twice a month, a Grant Opportunity Report shares grant funding opportunities pertinent to Trust beneficiary populations.

The Trust's investment in supporting partner grantwriting generated

\$45M

in new grant funding for Alaska between FY23 and FY25.

Pedro emphasizes that the Hope Studios values beneficiaries for their contributions: "Being able to come to a place where you are valued for who you are and you're appreciated for what you want to put into, let's say, an art project... I find that we work with this dynamic more than anyone."

Pedro, Community Partner



Trust Grants Expand Beneficiary Access to Care Across Alaska

In FY25, many of the Trust's grants supported improved beneficiary access to care.

For the best health outcomes, Trust beneficiaries should have access to the care they need, when and where they need it. However, access to timely, coordinated, quality treatment is often limited by long waitlists, gaps in community-based care, workforce shortages, and more. To address these challenges, the Trust works with partners across the state, and funds projects and initiatives to help ensure that beneficiaries can access timely care, in the least restrictive environment, as close to home as possible.

Trust grants in the last fiscal year included capital funds for treatment facility expansion, staffing for new treatment services, mobile crisis response teams that respond and stabilize individuals in the community, capacity enhancement through launching new services at established programs, increased access to early childhood mental health supports, and more.

And while many of the Trust's FY25 grants supported direct service and capacity building, grant funding also bolstered the workforce, technology, and data collection and analysis necessary to enhance our beneficiary-serving system's capacity and access.

FY25 Related Grants:

- Anchorage Neighborhood Health Center, Capacity building support to expand psychological assessment and testing availability, **\$48,022**
- Christian Health Associates, Programmatic support for Anchorage Project Access pro bono counseling program, which provides behavioral health care to homeless and low-income individuals, **\$100,000**
- Gastineau Human Services Corp., Capital support for pre-development activities for the construction of a 51-unit recovery-supported housing project, **\$99,000**
- Kodiak Island Health Care Foundation dba Kodiak Community Health Center, funding to secure a behavioral health clinician for the integrated clinic in Kodiak using the SHARP loan repayment program, **\$27,000**
- Department of Administration, Office of Public Advocacy, public guardian position helping ensure care coordination for Trust beneficiaries aging out of the child welfare system, **\$138,000**
- Anchorage Community Mental Health Services Programmatic support for the Fairbanks Mobile Crisis Team, **\$850,000**
- Covenant House Alaska, Capacity building support to provide onsite mental health services to beneficiary and at-risk youth, **\$136,000**
- Department of Family and Community Services, Commissioner's Office, Departmental Support Services, Assistance with institutional discharge planning from hospitals and correctional facilities **\$156,600**
- Residential Youth Care, Inc. Capital support for the renovation of the SeaLevel Community Youth Center in Ketchikan, which will offer services including behavioral health, **\$400,000**
- Set Free Alaska, Capital support for a therapeutic campus expansion project in the Mat-Su Valley, **\$250,000**
- True North Recovery, Inc., Programmatic support for the Wasilla Mobile Crisis Team, **\$850,000**
- Volunteers of America, Alaska, Organizational support for the first detox and withdrawal management facility for adolescents in Alaska, **\$325,000**

TRUST LAND OFFICE

The role of the Alaska Mental Health Trust Land Office (TLO), a special unit within the Alaska Department of Natural Resources, is singular: to manage the Trust's one million acres of land and other non-cash assets over time to generate revenue to support the Trust's work on behalf of beneficiaries. Through its land stewardship, the TLO ensures that Trust land and resources are managed not only for return, but in the best interest of the Trust and its beneficiaries.

The TLO operates within several asset classes when generating revenue from Trust lands:

Land and Land Sales:

The Trust generates revenue from its surface estate through land sales, leasing agreements, interest on land sale contracts, as well as licenses and easements.

Minerals and Materials:

Much of the Trust's land was intentionally chosen for its subsurface and material resources. The TLO oversees the management of these natural resources, including coal, minerals, construction materials, and industrial heavy minerals, with the goal of maximizing revenue through royalties and leases.

Forestry:

The Trust's timber resources are located throughout Alaska, with the most valuable timber in the Southeast. In addition to timber harvests, the TLO also issues negotiated timber sales for forest fire fuel reduction, biofuels, commercial firewood, and other specialty wood harvest projects.

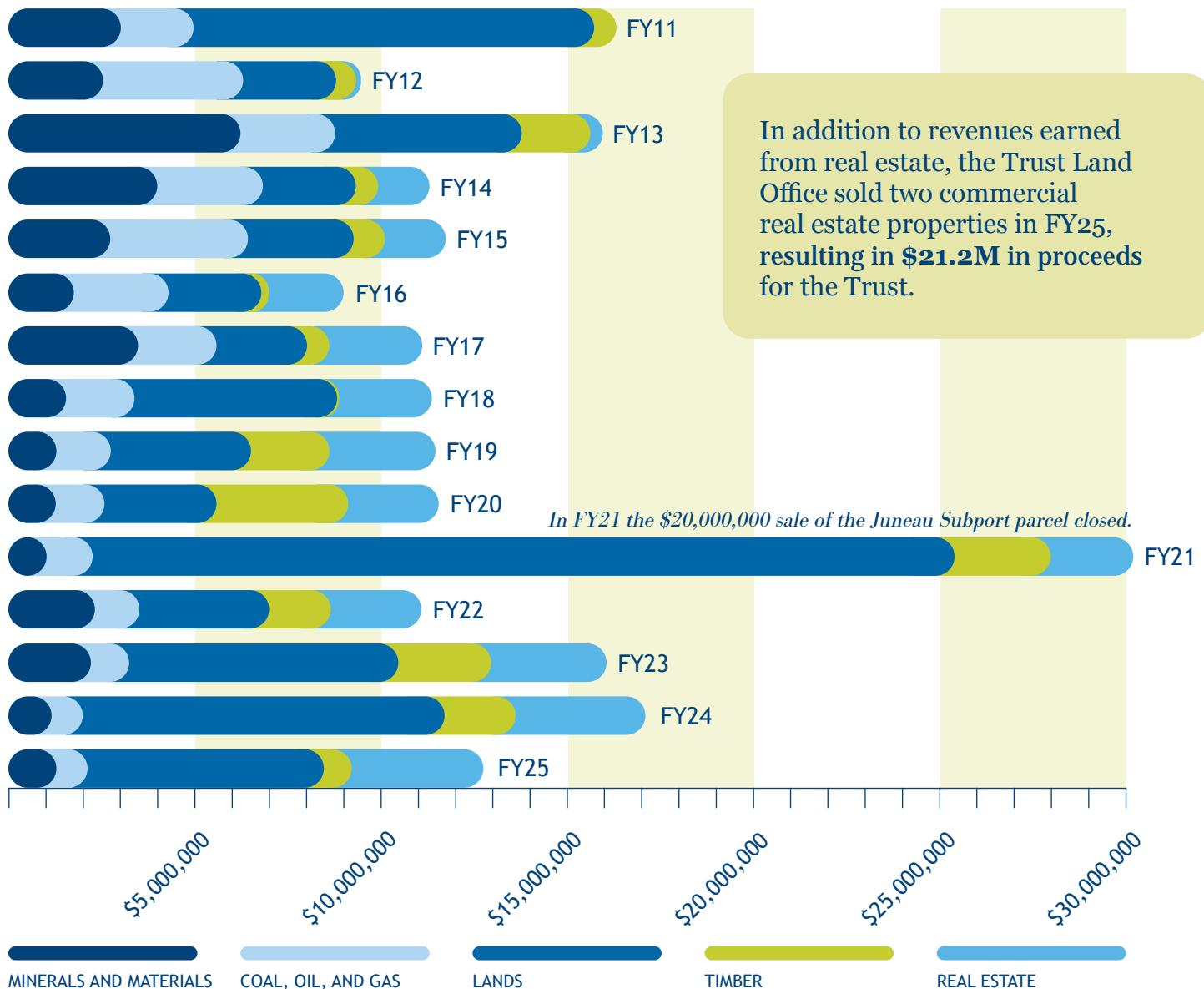
Energy:

The TLO promotes Trust land for oil, gas, and renewable energy projects, and encourages active development of lands leased for this purpose.

Real Estate:

The TLO's real estate management program consists of program-related real estate used for beneficiary-serving purposes, real estate development, and through FY25, investment-oriented commercial real estate. In addition to appreciation in value over time, real estate supports the Trust with income generated through ground leases, building rents, and the occasional sale of parcels.

Trust Land Office Revenues



“Although it’s a very small window for people when they’re ready to make that change, people do change. Once people get the tools that they need, they’re absolutely capable of whatever they want to do.”

Sharon, Community Partner and Trust Beneficiary



TLO FY25 HIGHLIGHTS

Strengthening Partnerships with Local Governments for Maximizing Revenue and Responsible Development

In FY25, the Trust Land Office (TLO) advanced its mission of revenue generation and resource development by entering into Memorandums of Understanding (MOUs) with three key local governments: the Ketchikan Gateway Borough, the City and Borough of Wrangell, and the Kenai Peninsula Borough.

These agreements mark a significant step forward in fostering collaborative approaches to land and timber development across Southeast and Southcentral Alaska. By formalizing these partnerships, the TLO and its local government counterparts aim to align planning efforts, share technical expertise, and identify mutually beneficial opportunities that support both Trust revenue generation and local economic development.

The agreements focus on enhancing communication around land use planning, combining projects on adjoining lands to share costs and increase revenues, timber harvest coordination, and infrastructure development. They also provide a framework for exploring joint ventures and streamlining development processes where appropriate.

This collaborative model reflects the TLO's commitment to working closely with local governments and supports the Trust's broader goal of maximizing the value of its land portfolio while advancing the long-term interests of Trust beneficiaries and Alaska communities alike.



Trust lands in Wrangell, AK

For Allie, the art program at Hope Studios and Gallery is a source of joy, inclusion, and creative freedom: “I think I’m going to be an amazing makeup artist someday; it’s my dream. It makes me feel very creative.”

Allie, Trust Beneficiary



Promising Resource Estimates at the Icy Cape Gold and Industrial Heavy Minerals Project

Following 10 years of field work and encouraging exploration results, in FY25 the Trust Land Office (TLO) received the independent technical report for the Icy Cape Gold and Industrial Heavy Minerals Project, which included resource estimates. The Icy Cape project, wholly on Trust lands near Yakutat in Southeast Alaska and managed by the TLO, is in advanced-stage exploration targeting gold and garnet. Per the 2025 technical report, the project’s flagship prospect the Grinder Deposit, holds a compliant indicated resource of 1.126 million troy ounces of gold, and more than 350,000 metric tons of garnet.

In addition to gold and garnet, the project also has potential as a source of critical minerals, especially titanium and zirconium-bearing minerals. The TLO is working with industry on the technical specifications and requirements to determine if Icy Cape could potentially deliver titanium and zirconium-bearing minerals as by-products to assist in the domestic supply chain.

With the potential of becoming a long-term revenue stream for the Trust and its beneficiaries; Icy Cape is an exciting project for the Trust.



Sonic drill rig at Icy Cape



Hydro-gravimetric separation of heavy minerals at Icy Cape

FINANCIAL SUMMARY

The Alaska Mental Health Trust Authority (Trust) is charged with the management and safeguarding of Trust assets for the benefit of current and future generations of Trust beneficiaries. While the Trust uses its resources to support system change and capacity building projects, Trust funds are most meaningfully deployed for catalytic opportunities and programs that improve and increase the capacity of Alaska's system of care. Trust funds are also intended to compliment, but not to replace, state spending to ensure the health and welfare of Alaskans.

Trust Assets

The Trust's investments are managed by the Alaska Permanent Fund Corporation (APFC) and the State of Alaska Department of Revenue (DOR) Treasury Division, both of which invest the Trust's assets in a diverse mix of stocks, bonds, and other investments to generate earnings. The Trust Land Office (TLO) is responsible for managing non-cash assets, which include approximately one million acres of land and the associated natural resources.

The Trust also owns commercial real estate assets that were purchased between FY12 and FY17. In FY24, Trustees authorized the disposal of the properties at prices at or above the appraised value. Two properties were sold in FY25, and another was sold in November 2025. Proceeds from the sales were deposited into Trust reserves, increasing the value of the annual withdrawal in future fiscal years.

Annual Expenditure Amount

To ensure stable funding and program continuity, the Trust's annual expenditure amount is developed using a combination of the following sources.

- Annual Trust withdrawal from invested assets (4.5%* of the previous four-year average value)
- Spendable income generated from Trust Land Office activities, 2-year average
- Interest income earned on cash balances
- Prior years' unexpended funds, 2-year average

* *Last year, trustees approved an increase from 4.25 to 4.5% starting with FY27*

Revenues and Earnings

The Trust earns revenue from two primary sources: investments and land. Investments include the Mental Health Trust Fund and Trust reserves. Each year, 4.5% of the four-year average value of invested assets is withdrawn to fund Trust grantmaking and operations.

Trust lands also generate revenue; revenues associated with the disposal of land assets, including land sales, 85% of timber sales, and extracted mineral resources, are deposited as Trust principal managed by the Alaska Permanent Fund Corporation. Recurring revenues such as lease or rent payments are considered spendable income and fund Trust operations and grants.

FY25 FINANCIAL ACTIVITY

In FY25, the Trust's assets generated investment income of \$74.8 million, representing an 8.1% investment return. The majority of the Trust's investment assets are managed by APFC which earned a 9.4% return in FY25.

Revenue generated from the Trust Land Office (TLO) in FY25 totaled \$12.8 million which included \$6.4 million in spendable income and \$6.4 million of principal invested in the Trust fund for future growth.

Trust Budgeting and Spending

Each year, the Trust engages in a robust stakeholder-driven process to help determine funding priorities. When developing the Trust's annual budget, trustees and staff understand that Trust funds play an important part in programs and services for beneficiaries across Alaska, and work to direct Trust funds towards impactful efforts to improve Trust beneficiary outcomes. In FY25, trustees approved \$30.3 million in combined Authority Grant and Mental Health Trust Authority Authorized Receipt (MHTAAR, or funds to state agencies) spending. The Trust also manages and protects the value of settlement lands, engages in advocacy and systems improvement activities on behalf of Trust beneficiaries and administers Trust grants.

For the 12-month period ending June 30, 2025, Trust and Trust Land Office agency spending totaled \$9.4 million. Trustees continue to emphasize deploying financial resources to enhance services to beneficiaries and limiting expenses. The Trust supports all of its activities and grants with income generated by Trust investments and lands; there are no State General Fund dollars expended by the Trust.

Spendable Income:

- Annual withdrawal (4.5% of the 4-year average of asset value)
- Rent and payment from nonpermanent uses of Trust land
- Interest from land sale contracts
- 15% of Timber sales

Primary Trust Financial Assets

(Amounts represent total values at the end of FY25)

Mental Health Trust Fund Principal

\$559,321,000

Real Estate Investment Equity

\$37,425,000

Trust Reserves

\$143,655,000

Unrealized Appreciation

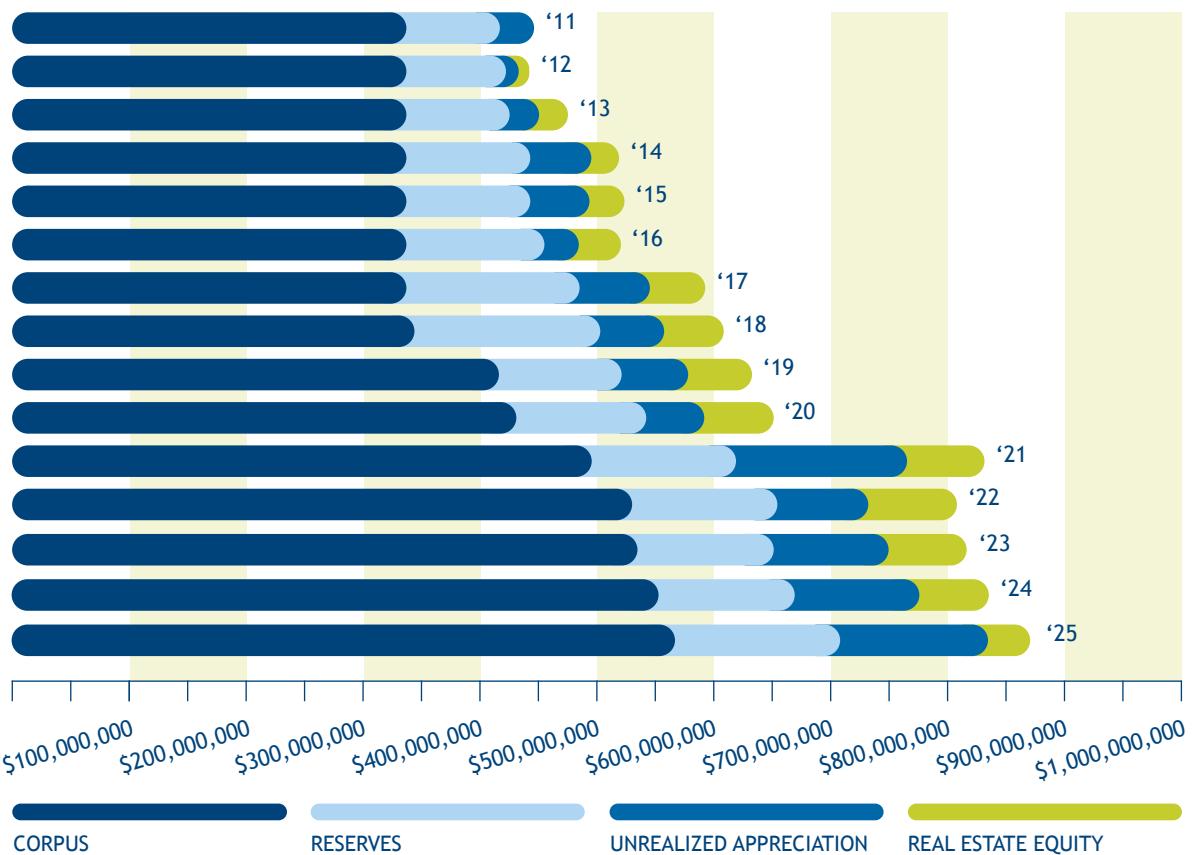
\$125,053,000

In addition to financial assets, the Trust also owns approximately one million acres of land assets. For additional information on the Trust finances, audited financial statements for FY25 are available on our webpage.

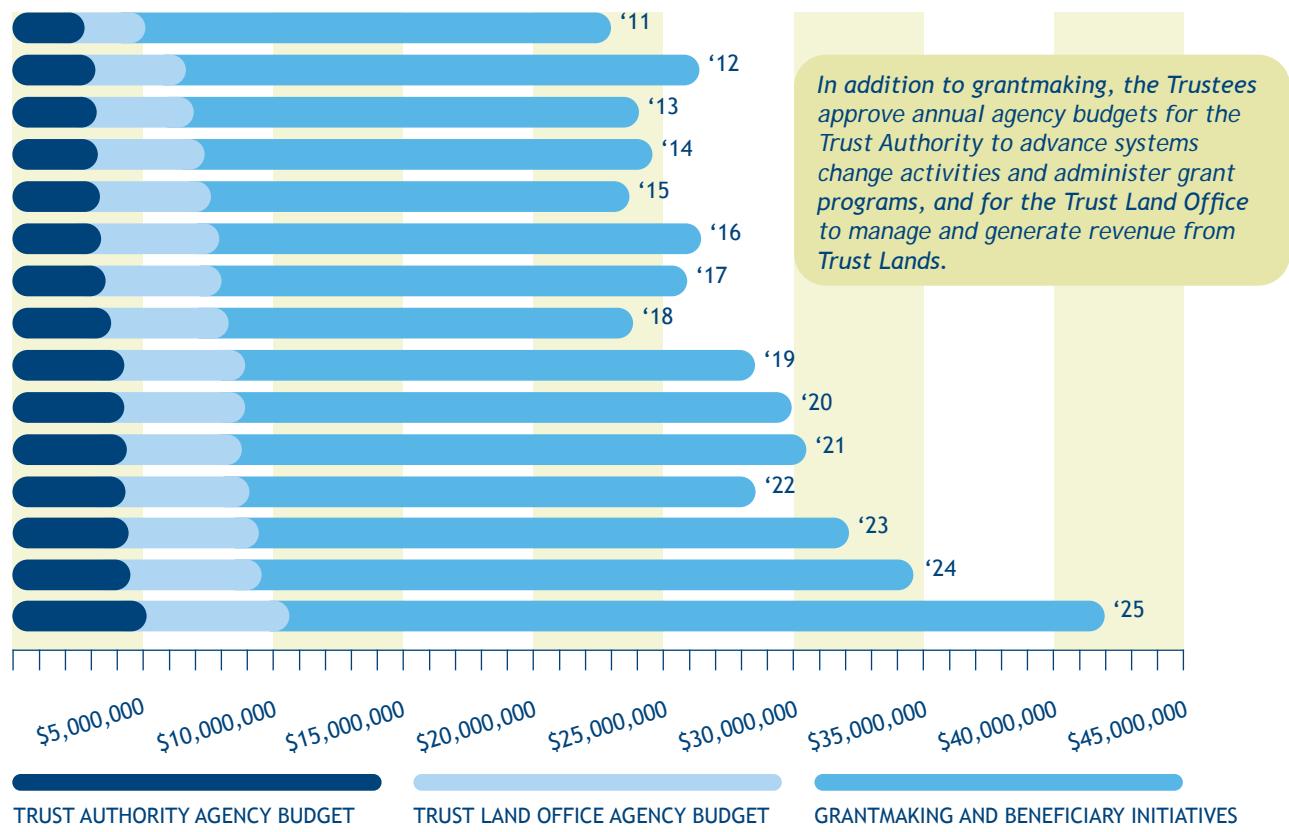
Non-Spendable Income:

- Land sales
- Permanent rights of way and easements
- Coal, oil/gas, materials, and mineral royalties
- 85% of Timber sales

Trust Invested Assets



Annual Trust Spending (Grants and Agency Spending)



*Effective FY25, the value of in-kind contributions through below market leases on Trust lands are reflected in Grantmaking and Beneficiary Initiatives.

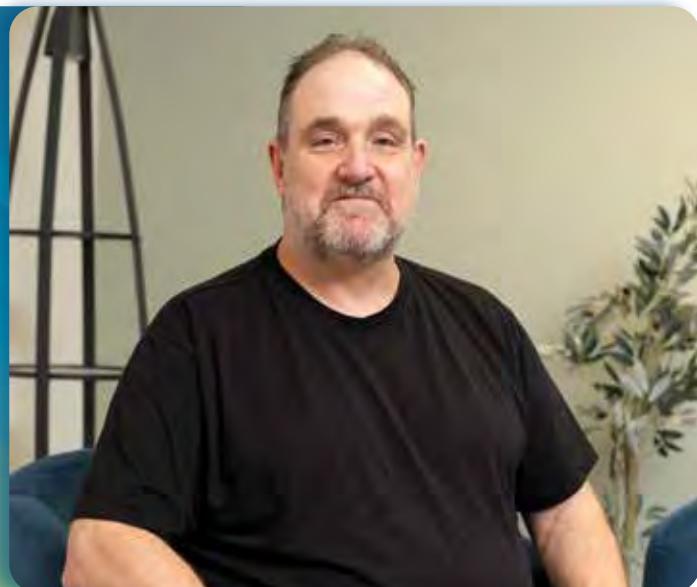
BENEFICIARY ESTIMATES

The Trust estimates the number of Alaskans experiencing the following conditions to be:

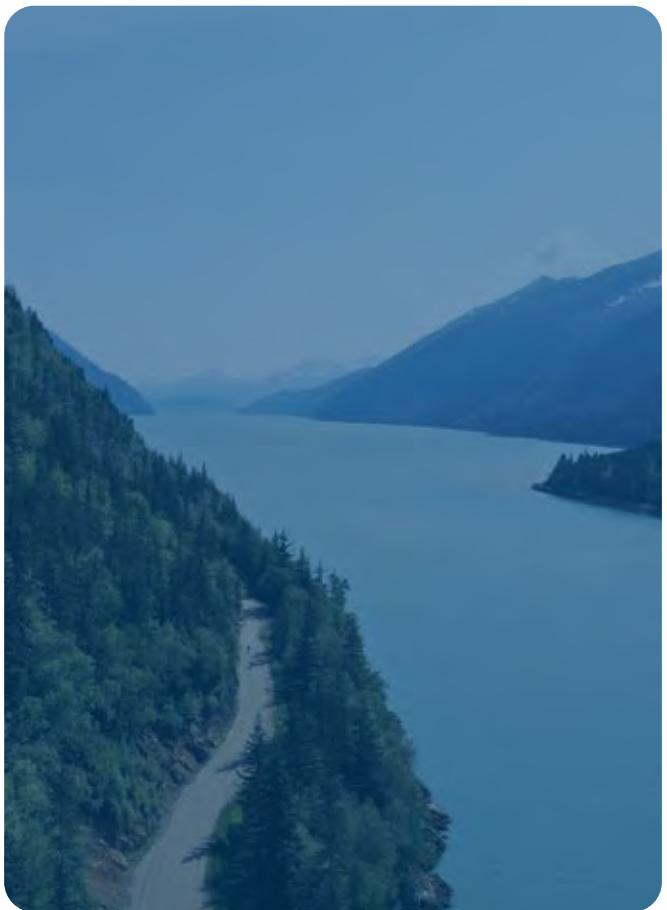
Serious Mental Illness (Ages 18+)	Serious Emotional Disturbance (Ages 5 to 17)	Any Mental Illness
40,637	7,925	130,829
Alzheimer's Disease	Traumatic Brain Injury	Developmental Disability (Ages 3 to 17)
10,000	14,736	26,776
Alcohol Use Disorder (Ages 12 to 17)	Substance Use Disorder (Ages 12 to 17)	
1,568	5,190	
(Ages 18+)	(Ages 18+)	
60,704	125,700	

“If I could offer one piece of advice for those going through addiction, recovery, or long-term sobriety, it would be this: don’t give up. Keep going. Even if you fall or fail, get up. Keep moving forward and keep reaching for the stars.”

Jay, Trust Beneficiary and Community



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alaskamentalhealthtrust.org**



Trust
Alaska Mental Health
Trust Authority