

The Alaska Mental Health Trust Authority

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Annual Report

The TRUST
The Alaska Mental Health

Message from the Chair



Fellow Alaskans:

The first five years of The Trust have passed quickly, with so much happening, that we have chosen this year to reflect on our past, present, and future. Only through looking back and analyzing “where we have been” and “what we have accomplished” can we have meaningful movement forward. As we move into the future, we will continue to be a catalyst for change by assessing our common goals to improve the lives of our beneficiaries.

Our Guiding Principles have focused us on the following:

- Agent for Change - We have progressed collaboratively for the last five years from unrelated individual board plans to a common goal that helped create the Comprehensive Integrated Mental Health Plan: In Step – The Plan.
- A Blueprint - The Plan completed this year, guides us through 2006 with four main areas of concentration affecting our beneficiaries: Health, Safety, Economic Security, and Living with Dignity.
- Measurable - The Plan includes goals and indicators for each of the four focus areas to help measure progress toward improving the lives of our beneficiaries. In the future, we will refine The Plan; using it as a yardstick to keep our vision focused on making a difference for our beneficiaries.
- Results Oriented and Data - The Plan also helps us to measure our progress through results oriented projects, and sound data collection through the implementation and status reports from mental health projects.
- Inclusion and Common Principles - A major accomplishment is the teamwork we have developed with the four advisory boards as they alert us to the needs and changes of our beneficiaries. Our funding process has been driven by that teamwork and the knowledge gained by sharing of priorities and common agendas to have a strong mental health budget. With tightening of federal and state funding the challenge for the future will be to maintain emphasis on collaboration and cooperation to develop partnerships with native corporations, foundations and endowments to leverage additional funding for mental health projects.

The Trust has also taken the leadership role in preserving, strengthening and protecting the Trust income during the volatile markets by implementing the prudent investor rule in the early years to protect the Trust Fund for the future years and future beneficiaries.

The Trust Land Office has been very successful over the first five years in developing new ways to maximize revenue from the land resources held in the Trust. In addition to enhancing revenues from Trust land the Land Office has also been able to play a role in facilitating system change through activities such as the land trade involved in the new API complex. The story in this annual report chronicling Ionia showcases another example of how the Land Office is able to work to directly play a role in helping beneficiaries live with dignity. In the future, The Trust plans to bring the Land Office into further alignment with The Trust office.

The Trust has worked to provide leadership and advocacy to improve the lives and circumstances of its beneficiaries since its inception and the future holds many new opportunities to continue on this path. This annual report illustrates our past, current, and future directions and celebrates the accomplishments of The Trust and all of its partners.

On behalf of the Board of Trustees,

Caren Robinson
FY01 Chair

THE Board of Trustees



Alaska Mental Health Trust Board of Trustees: (L-R) John Malone, Program and Planning Committee Chair; Phil A. Younker, Sr.; Susan LaBelle, Rural Outreach Ad Hoc Committee Chair; Nelson G. Page, Budget Committee Chair; Caren Robinson, Chair; Tom Hawkins, Secretary/Treasurer and Asset Management Committee Chair; John Pugh, Vice Chair and Comp Plan Committee Chair

The First Five Years

THE TRUST EVOLVES AS A DRIVING FORCE IN THE MENTAL HEALTH COMMUNITY

Prior to statehood, the federal government gave the State of Alaska one million acres of land to manage, as a public trust for the benefit of mental health programs in Alaska. However, through the years some of the land was transferred out of state control. In 1982, the Weiss v. State lawsuit was filed to regain control of the assets on behalf of beneficiaries. In 1985, the Alaska Supreme Court ordered The Trust restored. The lawsuit was settled in December 1984 and The Trust was recreated with 500,000 acres that remained of the origi-

nal Trust land, 500,000 acres of replacement land, and \$200 million in cash.

Following is an overview of the ensuing years as the Trustees began to develop policies to manage the Trust's assets and disburse income in new and innovative ways to benefit those Alaskans who experience mental illness, mental retardation or similar disabilities, chronic alcoholism with psychosis, or Alzheimer's disease or related dementia.

1995

- Seven founding Trustees appointed by Gov. Tony Knowles and confirmed by the Alaska Legislature: Kay Burrows, Tom Hawkins, John Malone, Nelson Page, John Pugh, Evelyn Tucker, and Phil Younker, Jr. Four founding Board of Trustees are still serving today.
- Trustees adopted bylaws and policies and procedures.
- Established the Trust office and hired key staff.
- The Trust Land Office (TLO) established within the Department of Natural Resources (DNR) through a Memorandum of Understanding and Reimbursable Services Agreement.
- A Memorandum of Agreement established with the Alaska Permanent Fund Corporation (APFC) and the \$200 million Trust Fund was transferred.
- Earned \$6.7 million in interest on the original settlement and the first revenues generated from Trust land, totaling \$380,000.

- Developed the Investment Policy Statement and inflation-proofed the Trust Fund.
- Established the cooperative planning process with the Department of Health and Social Services (DHSS) to begin creation of the Comprehensive Integrated Mental Health plan.
- Developed first funding recommendations for the separate appropriation of the Mental Health Budget Bill for base funding of the Comprehensive Integrated Mental Health Program.
- Proposed the first funding from Trust income for the FY97 operating and capital budget submittal to the Governor and Legislature.
- The Trust Fund received a total rate of return of 14.51 percent for approximately 6 months after transferring the original settlement to the APFC to manage.

1996

- Established The Trust's mission and vision.
- Adopted the Investment Policy Statement to guide The Trust's cash asset management activities.
- Adopted an annual payout rate of 3 percent of the Trust Fund for funding programs in the Comprehensive Integrated Mental Health Program.
- Generated \$1.4 million in revenues from Trust land.
- Provided leadership in developing the state's Comprehensive Integrated Mental Health Program through adoption of guiding principles, funding strategies, and collaboration.
- Recommended funding for the state's FY97 Comprehensive Integrated Mental Health Program and successfully negotiated a \$2.1 million increase to the base in General Fund/Mental Health funds and \$1.7 million in Alaska Housing Finance Corporation (AHFC) Corporate Receipts.
- Committed \$8 million in Trust income for FY97 to support the state's Comprehensive Integrated Mental Health Program.
- Funded a three-year plan to assist the state in phasing out Harborview Development Center and placing residents in the community of their choice.
- The total rate of return on the Trust Fund at APFC was 13.43 percent.
- TLO conducted the first timber sale, selling 5 million board feet for about \$1 million at Icy Bay.
- TLO began selling subdivision lots throughout the state, with 25 lots offered.
- TLO initiated a minerals program, licensing about 20,000 acres of Trust Land for mineral exploration.
- TLO completed the first recommended fee schedule for Trust land uses, to be updated every two years by a professional appraiser.

1997

- Caren Robinson appointed to replace Kay Burrows on the Board of Trustees.
- Assisted in closure of the Harborview Developmental Center and reallocated \$1 million in resources from the Center to community-based services.
- Began the due diligence process to downsize Alaska Psychiatric Institute (API) and the need to replace the old building.
- Instituted the training institute meeting with the 4 advisory boards to establish collaborative issues around housing, health care, employment, transportation and support services.
- Initiated and developed results-based budgeting for the Comprehensive Integrated Mental Health Programs.
- Developed and established the first emergency funding process.
- Initiated and developed the Small Projects Grants funding process to be independently administered by The Trust and provide funding for small and innovative projects that benefit Trust beneficiaries.
- Began to leverage Trust income to develop coordinated transportation and special needs housing for Trust beneficiaries.
- Assisted with the development of the Quality Assurance Task Force.
- Trust's Land Management Regulations became effective.
- Recommended funding for the state's FY98 Comprehensive Integrated Mental Health Program and successfully negotiated a \$500,000 increase to the base in General Fund/Mental Health funds and \$2.2 million in AHFC Corporate Receipts.
- Committed \$10.4 million in Trust income for FY98 to support the state's Comprehensive

- Integrated Mental Health Program in the Mental Health Budget Bill.
- Generated \$2 million in revenues from Trust land, a 36 percent increase.
- The total rate of return on the Trust Fund at APFC was 17.07 percent.
- Received title to about 4,700 parcels of land totaling about 1 million acres.
- Offered 70,000 Cook Inlet Basin acres as part of DNR lease offering for oil and gas exploration and development.
- Issued "transition" leases to Department of Administration for existing state uses of Trust's valuable waterfront land in Juneau, increasing Trust's lease revenue from about \$200,000 to \$550,000.
- Sold 50 million board feet of timber at Icy Bay under a multi-year contract with a contract value of about \$8 million to The Trust.

1998

- Susan Labelle appointed to replace Evelyn Tucker on the Board of Trustees.
- Assisted with the development of the first Women's Substance Abuse Treatment Program for women in Alaska's prisons.
- Sponsored a public forum on the Community Mental Health/API 2000 project to coordinate the move to community-based emergency mental health services.
- Committed \$3 million in Trust income to resolve the replacement of the aging API facility.
- Implemented statewide beneficiary survey to find out who the beneficiaries are and the quality of their lives.
- Provided emergency funding for the Arc of Anchorage.
- Developed and sponsored the collaborative meeting of the 4 advisory boards on policy and funding issues.

- Recommended funding for the state's FY99 Comprehensive Integrated Mental Health Program and successfully negotiated the implementation of \$2.9 million increase to the base in General Fund/Mental Health funds.
- Committed \$11.2 million in Trust income for FY99 to support the state's Comprehensive Integrated Mental Health Program in the Mental Health Budget Bill.
- Generated \$2.5 million from Trust land.
- Increased the annual payout rate from 3 percent to 3.25 percent of the Trust Fund to fund programs in the Comprehensive Integrated Mental Health Program.
- Total rate of return on the Trust Fund at APFC was 16.35 percent.
- Executed a land exchange with the Kenai Peninsula Borough to provide a site for NASA's Challenger Learning Center to be built. The Trust received equal value Kenai river front lands adjacent to river front parcels it already owned.
- Negotiated a \$900,000 land exchange with the City and Borough of Juneau, setting the stage for redevelopment of The Trust's valuable waterfront lands in Juneau.

1999

- Completed the Comprehensive Integrated Mental Health Plan to measure how Trust beneficiaries are doing in the "life domains" identified in the plan.
- Completed the statewide survey of beneficiaries' needs.
- Supported and funded the expansion of the state's assisted living program.
- Partnered with AHFC to develop the special-needs housing program.
- Supported and funded the development of the long-term instrument for gathering and reporting beneficiary information through the DHSS Data Warehouse.

- Held the first open houses in Anchorage, Juneau, and Fairbanks to meet with beneficiaries, family members and individuals to listen to their needs and concerns for the Trust beneficiaries.
- Identified the need for rural services and created a system of collaboration with regional health corporations and links that increase and assure the most appropriate service access practicable at the community level.
- Sponsored the first Rural Outreach Trip in which approximately 25 individuals from various statewide programs responsible for making policy decisions that affect Trust beneficiaries visited the Bethel area and neighboring villages.
- Recommended funding for the state's FY00 Comprehensive Integrated Mental Health Program and successfully negotiated a \$1.7 million increase to the base in General Fund/Mental Health funds.
- Committed \$11.8 million in Trust income for FY00 to support the state's Comprehensive Integrated Mental Health Program in the Mental Health Budget Bill.
- Generated \$3.5 million from Trust Land, a 40 percent increase.
- Increased the annual payout rate from 3.25 percent to 3.5 percent of The Trust Fund for funding programs in the Comprehensive Integrated Mental Health Program.
- The total rate of return on the Trust Fund at APFC was 9.49 percent
- Initiated the Trust's Conservation Asset Marketing Initiative (CAMI) to find buyers for Trust Lands that have significant conservation values, such as the scenic backdrop to Sitka, the waterfront of Gustavus and the scenic and environmentally significant Petersburg Creek watershed.
- Initiated The Trust's "good neighbor" agreement program, whereby the TLO and certain communities formally agreed to work towards shared land development and land management goals.
- Held the TLO's first lot sale, offering 39 parcels for sale, with a cumulative value of \$700,000.
- Completed an asset management plan for Trust land in the Kachemak Bay area, setting the stage for selling leased Trust Lands to the lessees.
- Converted the Fort Knox mill site lease to a regional mill site lease, thereby allowing off-site ores to be processed at the mill. Rents increased from \$30,000 to \$150,000 per year.
- Completed a draft asset management strategy for Trust lands, placing an emphasis on leasing rather than selling and enhancing values prior to disposal.
- Received scattered correction parcels worth \$600,000 along with 5,400 acres of subsurface estate in the Cook Inlet Basin area and 1,280 acres of coal estate in Interior Alaska.
- Began efforts to rezone and develop valuable Anchorage hillside real estate. TLO commenced cooperative efforts with state and federal agencies,

the City and Borough of Juneau, Gold Belt Native Corporation and private landowners to plan for the redevelopment of valuable waterfront lands

2000

- Awarded the first Mental Health Trust Mover Awards to recognize individuals and organizations that have helped improve the lives of Trust beneficiaries.
- Launched the Partnership Initiative for Trust funding.
- Issued a contract to develop Rural Outreach partnerships.
- Sponsored the rural initiative for the four advisory boards to develop and identify the needs of rural beneficiaries.
- Focused the second Rural Outreach trip to the Fort Yukon area on rural issues and partnering.
- Began collaboration with state agencies to work on funding issues with the four advisory boards.
- Partnered with the legislature to craft the annual mental health budget and advocated for individual legislative bills.
- Partnered with seven different funding groups to leverage \$2.9 million in Trust income, making \$11.5 million available for programs to benefit Trust beneficiaries.
- Initiated the Telepsychiatry into the overall telemedicine project with other partners.
- Recommended funding for the state's FY01 Comprehensive Integrated Mental Health Program and successfully negotiated a \$1.2 million increase to the base in General Fund/Mental Health funds.
- Committed \$17.9 million in Trust income for FY01 to support the state's Comprehensive Integrated Mental Health Program in the Mental Health Budget Bill.
- Generated \$3.6 million from Trust land.
- The total rate of return on the Trust Fund at APFC was 9.18 percent.
- Negotiated the first placer gold lease on Trust Lands, requiring a percentage of gross royalty, rather than the percentage of net income royalty required on general State lands.
- Renegotiated the Icy Bay timber sale contract to add 40 million board feet to the sale and to address declining timber values.
- Completed the first Conservation Assets Marketing Initiative transaction, selling 160 acres of prime brown bear habitat on the Kenai Peninsula to the Nature Conservancy.
- Completed the first TLO competitive mineral lease offering, leasing 20,000 acres for mineral exploration in the Salcha area southeast of Fairbanks.
- Assisted Ionia, Inc. in its effort to protect its operation from encroaching land uses.

5-YEAR TIMELINE — 1996-2000

1996



The seven founding Trustees were appointed by Gov. Tony Knowles.

1997



A multi-year timber contract valued at \$8 million was issued for Trust land at Icy Bay.

1998



Trust programs support job training, employment and mental health services.

1999



The Trust held community open houses to meet beneficiaries and honor service.

2000



Trustees worked with the Legislature to increase the state's assisted living rates.

FY2001: A Year in Review

SHARPENING THE FOCUS OF PROGRAMS AND FUNDING

During FY2001, the Trust Fund grew by 3.3 percent, adding \$20.4 million to the Fund and gross revenue generated from Trust land more than doubled to \$7.5 million. Trustees negotiated a \$4.3 million increase to the base in General Fund/Mental Health funds for the state's FY2002 Comprehensive Mental Health Program and committed \$16.6 million in Trust income to support the program.

During the year, Trustees obtained state funding for assisted living, basic supports, Medicaid, housing and transportation for beneficiaries. Trustees were especially pleased with their involvement in getting legislation passed that raises over the course of three years the daily rate for those in assisted living facilities from \$50 to \$70 per resident. Trustees consider the initiative a model for how the Trust can leverage its funds for long-term gains for beneficiaries. The Trust began paying the largest portion of the cost to raise the daily rate in the initial year, but over the three-year period the state is gradually assuming more of the expense.

Trustees also initiated a two-year budget plan for the Comprehensive Integrated Mental Health Program. The new process calls for The Trust and the various advisory boards and state agencies it works with to do more long range planning because they are budgeting for two years. Each year the budget will be revised to make changes to existing programs or to drop projects in favor of others deemed more critical. Nelson Page, who is chair of the Trust Authority's Budget Committee, said the process might provide valuable experi-

ence for those who advocate a two-year budget cycle for state government.

Working jointly with the Department of Health and Social Services, the Trustees developed a new Comprehensive Integrated Mental Health Plan for mental health programs and services in Alaska entitled "In Step." Simply referred to as "The Comp Plan," the document provides overall policy and strategic direction for the programs and services provided to Alaskans who are beneficiaries of The Trust. According to John Pugh, Vice Chair of The Trust and Chair of The Comp Plan Committee, the plan is results-oriented and stresses outcomes. Trustees also assisted in developing a relationship between the plan and the long-range plans of the four advisory boards.



The new Comprehensive Integrated Mental Health Plan

Three major events occurred in FY2001 that firmly put replacement of the aging Alaska Psychiatric Institute (API) building on track. First, the Trust contributed land for the new facility. Then, \$16 million in additional funding was approved by the legislature to construct a new building. Finally a

major service component was put into place in the Community Mental Health/API Replacement Project, with Providence Alaska Medical Center designated as the single point of entry for emergency mental health care in the community.

The land deal for the API parcel included 16 acres for construction of a new API, 20 acres for use by McLaughlin Youth Center uses, 25 acres for sale to Providence and 14 acres for other TLO revenue generating developments.

Rep. Norman Rokeberg of Anchorage sponsored the legislation that authorized the state to raise \$16 million toward the \$41.7 million cost for the Department of Health and Social Services to replace API. Gov. Tony Knowles signed the legislation June 28 on the lawn at API.



Governor Tony Knowles signing API legislation

Trustees continued to support a rural services initiative that focused on gaining more funding to improve and increase services in rural communities. For instance, a program was funded that provides long-term care service development in rural villages and smaller communities so Trust beneficiaries and other elders do not have to leave their communities when they have extensive care needs that their families cannot provide.

As part of the Trust's ongoing rural outreach program, a group of 27 individuals spent three days in the Kawerak region visiting six communities, including Nome and Savoonga. The trip gave policymakers and administrators a ground-level view of the various challenges confronting villages. It also gave participants an opportunity to observe locally designed and managed programs, thus providing valuable insight into how to make better use of available resources.

Trustees focused considerable attention and funding on decriminalization of the mentally ill.

Working with the Alaska Court System and the Department of Corrections, programs were developed that helped link misdemeanants who have mental illness or other disability with community-based services. For instance, Anchorage District Court has initiated a therapeutic mental health court to bring individuals with mental illness, brain injuries and developmental disabilities out of jail and back into the community to receive necessary services. Trustees also funded a program that offers training and technical support for persons dealing with individuals who may be detained under Title 47, a state law that permits involuntary commitments. The program goal is to increase the appropriate use of the statute and to reduce health risks, deaths, and negative consequences of alcohol and chemical dependency statewide.

Internally, The Trust restructured staff and accepted supervision of the Office of Long Term Care Ombudsman, which was transferred from the Department of Administration by Executive Order of the Governor. The Ombudsman is charged with investigating, mediating and advocating in instances of abuse or neglect in long-term care facilities. These facilities include about 30 nursing homes, the Pioneer Homes, and about 100 assisted living facilities throughout the state. Those covered include any Alaskan residing in one of these facilities who is over age 60. An estimated 70 percent of individuals living in such facilities are believed to be Trust beneficiaries.

Founding Trustee Phil Jr. resigned this year and his father, Phil Younker, Sr., who also shares an interest in mental health issues, was appointed to replace him on the Board of Trustees. Trustees, service providers and beneficiaries thanked the younger Younker for his five years of service at a reception in his hometown of Fairbanks.



Phil Younker, Jr. and his wife Lisa

One Community's Journey

The Alaska Mental Health Trust has watched the community of Ionia grow into a non-profit organization with well-developed funding systems that have lead to their improved mental health. This is a glimpse of that journey and the role The Trust played.

ALONG THE ROAD TO IMPROVED MENTAL HEALTH

Cars and trucks driving along the Kenai Peninsula near Kasilof pass an area known as Cohoe every day, but few motorists realize that the community of Ionia lies just off the roadside. Ionia is a community whose residents have all experienced some form of mental illness either personally or in their families. An even smaller number who pass by the small community are aware of the significance of this self-contained community, especially to Alaskans with mental illness.

Ionia's story is the story of a group of people who collectively found their way through the bureaucratic maze of mental illness diagnosis and treatment to a lifestyle that is essentially their treatment. In the process they formed their own community in which everyone lives off the land, growing their own food and building log

homes using trees from their own property. About 50 people live in Ionia year-round and the ranks can double in the summer when friends and relatives come to visit and to help build new lodgings or to grow vegetables. For the residents of Ionia, the community is a refuge and a solution to their search for social stability.



Everyone participates in the building projects

The community began to form as five families found support in each other in the Lower 48. They became convinced that mental health is related to nutrition and simple living. Over time, they developed a grain-based, vegetarian diet. The families began discussing living communally so they could pool their meager resources as well as provide mutual support. "We were all pretty desperate," recalled Cathy Creighton, an Ionia resident, "and we were willing to do most anything."



The long days of summer are spent building

So they decided to experiment. As a group, they moved to Anchorage. They found a psychiatrist, Dr. Aaron Wolfe, who worked with individuals and the community as a group. With the assistance of Dr. Wolfe they found property near Kasilof on the Kenai Peninsula where they could live apart from the world without being out of touch. "We thought people would leave us alone," recalled Creighton. "We thought we wouldn't run into the stigma or prejudice against mental illness."



Typical log home at Ionia

So for \$300 the group moved onto five acres of secluded woods, living in tents and teepees while they began to build their homes and grow their own food. The process was a slow one. It took more than 18 months to finally build their first log homes. The garden has expanded to include grain for bread making. Now the community includes several homes, a road and a well.

For 15 years the group has lived fairly separate from the outside world, raising their children and focusing on their own brand of living that includes daily group meetings. "That's been our real saving grace," explained Creighton. "That's how we've avoided crisis — by talking to each other. All ages are included and that helped us create a bond that kept us stable," she said.

It was during this period of growth and development that the residents of Ionia discovered the Alaska Mental Health Trust. Actually, it was Creighton's daughter who had heard about small grants available through The Trust. Creighton said she wasn't open to going beyond the boundaries of their five-acre plot, but she was encouraged by what she learned from Mary Elizabeth Rider, a Trust Program Officer, who "made the world seem possible," said Creighton. "It was like a doorway for us," she recalled, "and we walked through."

The Trust each year funds nearly \$84,000 in small projects grants every four months for innovative programs that serve Trust beneficiaries. Those beneficiaries include Alaskans who experience mental illness, mental retardation or similar disabilities, chronic alcoholism with psychosis, or Alzheimer's disease or related dementia. The Ionia residents, who had formed a nonprofit corporation by this time and elected a board of directors, applied for and received a \$10,000 grant under this program in 1998 to develop their grain field.

All winter long the residents discussed the merits of a tractor versus tilling the soil by hand. In the end, they voted to apply for a small project grant and spend the grant money on the tractor. Since that first grant the group has been awarded several small projects grants by

The Trust to help in the development of their community, including the purchase of a special grain thresher and construction of a communal meeting house.



Along the way they began to research other funding sources too. They received grants from the Rasmuson Foundation and the Alaska Science and Technology Foundation as well as the Murdock Trust and U.S. Department of Agriculture.

As doors began to open, the group began to reach out to the mental health community in Alaska. Mental health providers and individuals with mental illness were surprised to learn of the healthy, autonomous community that includes people with mental illness here in Alaska. One of the first contacts they made was Richard Rainery at the Alaska Mental Health Board. Their community is now viewed as a unique and viable solution for consumers.

As they began to connect with others, they developed a Web site to share their story. Found at www.ionia.org, the site features photographs of their communal life such as vegetable growing, log home building and socializing at dances and other activities.

Even as the Ionians were reaching out to the world, they felt they wanted to protect the fragile community they had developed. In 1999, they turned to the Trust Land Office (TLO) for help with a unique land deal. Ionia residents wanted to protect the organization from encroaching land uses. They feared that the adjacent lands, which had already been subdivided, would be sold, possibly resulting in neighbors who would not be compatible with their organization. While the TLO began negotiating with the owner of the subdivision, Ionia began discussions with a possible donor who would help them acquire the nearby land.



Harvesting barley by hand

The solution was complicated and unusual. It was agreed that Ionia's donor would buy the remaining subdivision lots and the TLO would purchase the promissory notes on three of the lots that had already been sold. The intent of the TLO purchases was to have The Trust acquire the lots if the owners defaulted, with the understanding that title to the lots would be transferred to Ionia. Ionia agreed to repay any money spent by the TLO in the process.

As a result, all of the lots are now protected but one. Ionia's donor purchased the unsold lots as agreed. The TLO now owns two of the sold lots as a result of loan defaults and is conveying the land to Ionia or its donor on behalf of Ionia. While the TLO does not typically engage in this type of activity, it is an excellent example of how TLO resources can be used directly on beneficiary projects when it is in the best interest of The Trust to do so.

Creighton said the message of Ionia is not so much that they have isolated themselves from

the world, but instead that they turned to each other for help. "Mental health consumers need each other," she said. The 10 years the group



Harvesting sea "vegetables"

spent isolated from the world was a time when they were forced to rely on one another. "It wasn't me relying on myself," she explained, "but us relying on ourselves — like a little village."

The story of Ionia is also about the collective efforts of one group, who waded through the tangled web of government and private bureaucracy to make the system work in their favor. In Ionia, the group continues to press for additional grants and funding from organizations like the Alaska Mental Health Trust so they can remain



Folk dancing in an unfinished house

self-sufficient. They work with other families and communities on the Kenai Peninsula to improve the lives of others who have disabilities. And they share their story, in which they use group meetings, a natural foods diet and communal living to improve and maintain their mental health.

Future Steps

TRUSTEES EXPECT TO REFINE PROGRAMMING AND GROW PARTNERSHIPS

During the next few years, Trustees plan to focus on refining the programs they have initiated throughout the state on behalf of Trust beneficiaries to ensure that increased, comprehensive services are more widely available. To do this, Trustees will continue to build valuable partnerships that help leverage Trust resources for a greater return in services for beneficiaries. Trustees will also continue to advocate for results-based programming that is linked throughout the community so that service providers and government agencies are treating the whole individual.

Following are some of the goals Trustees have set for The Trust and the Trust Land Office in an effort to make this all happen:

- Take the recently completed Comprehensive Integrated Mental Health Plan on the road for public hearings to articulate a vision for the plan and to create a relationship between the plan, the Comprehensive Integrated Mental Health budget and the four advisory boards' plans.
- Continue to create community-based services, support crisis intervention teams, support designated evaluation and treatment and emergency services in the context of land negotiations, and work on decriminalization of the mentally ill and issues relating to Title 47 involuntary commitments.
- Continue the rural outreach initiative, including integrating service systems in rural areas, developing rural facilities and services, addressing behavioral health aides issues, and working on family wellness centers.
- Continue Rural Outreach Committee visits to rural communities and the collaboration meetings with four advisory boards for a total of five years.
- Evaluate the base of the budget, protect basic supports and Medicaid, housing and transportation for beneficiaries and evaluate the two-year budget process.
- Transition pilot programs in the Department of Corrections and expand jail alternative services statewide.
- Complete The Trust regulations process and address policies and procedures.
- Raise public awareness of beneficiary needs and accomplishments.

- Leverage Trust resources to achieve Trust and beneficiary goals, as well as partner with grant makers and other funding sources.
- Promote system changes to better meet the needs of beneficiaries through new concepts for treatment, services, and supports; new technology or new use of current technology; new collaborations and enhanced collaborations; and workforce development.
- Maintain the spending ability of the Trust Fund in volatile markets.
- Maximize revenues from Trust land.
- Projected total rate of return 8.25 percent.
- Incorporate the TLO Asset Management Strategy into the Trust Authority Investment Policy Statement.
- Complete redevelopment strategies associated with the API/McLaughlin parcel, including conveyance of land for the new API and sale of part of the parcel to Providence Alaska Medical Center.
- Revise The Trust's Memorandum of Understanding with the Department of Natural Resources to set the stage for a merger of the TLO and Trust Authority offices within the next three to five years.
- Complete key Conservation Asset Marketing Initiative (CAMI) transactions, with sale value to The Trust of \$7 million or more and screen the Trust's land portfolio for additional candidate parcels.
- Get a neighborhood redevelopment plan approved for the Juneau Subport by the City and Borough of Juneau and begin redeveloping The Trust's waterfront property in accordance with the plan.
- Create a capital improvement/acquisition reserve to enhance the value of Trust land prior to disposal and/or to enhance the value of Trust assets through the acquisition of other improved or unimproved real property.
- Significantly increase the land sale contract portfolio through ongoing subdivision efforts. Consider private sector administration of the contracts (e.g. banks, title companies).
- Take steps to encourage oil and gas exploration on Trust lands, creating improved chances of oil or gas production from Trust lands.
- Enter into strategic land exchange agreements with state and federal agencies and Alaska Native corporations to better position The Trust to maximize revenues from Trust assets.
- Assist Fort Knox mine in its efforts to bring other off-site ores to the regional mine complex, with incentives provided to develop Trust minerals in the region.
- Explore ways to contribute to Trust Authority program objectives with Trust Land assets (e.g. beneficiary housing, offices, etc.).

2001 Financial Report

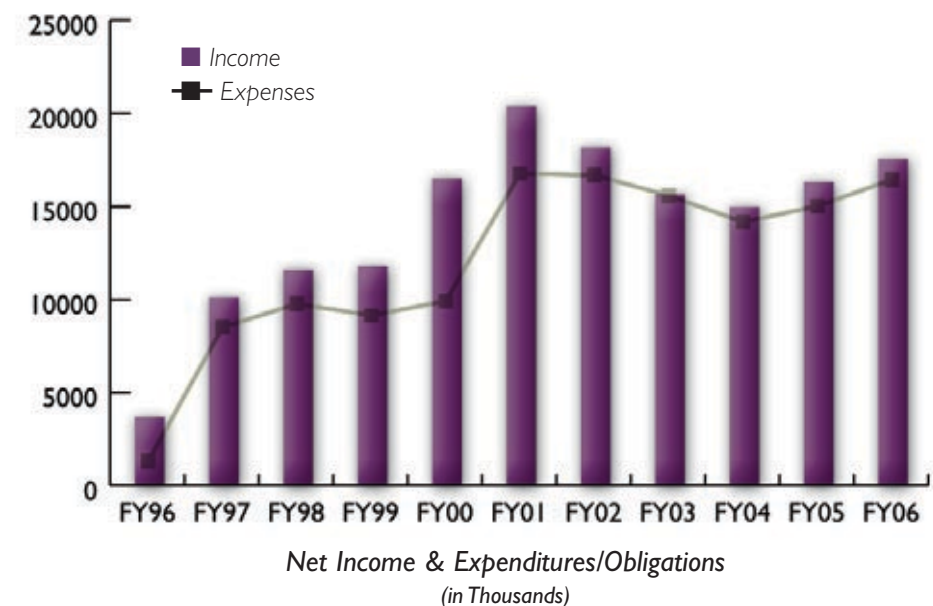
DESPITE MARKET SLUMP, TRUST FUND IS HEALTHY

As we look at the creation of the Trust Fund, beginning with the original settlement of \$200 million in cash that is invested in the Alaska Permanent Fund Corporation (APFC), we watch our baby steps throughout the years to help plan for the future years of our Trust beneficiaries.

Our original investment began an uphill course with APFC and continued to grow throughout the years. In five years, the Trust Fund had an overall increase of 31 percent (\$62 million), which consisted of inflation proofing the Trust Fund for future generations. In FY2001, the Trust Fund experienced a downturn in the market and had a loss of 3.8 percent and was unable to inflation proof the Trust Fund.

This market change affected many state agencies that have programs dependent on APFC income. Realizing the need for change, the APFC Board proposed constitutional amendments for legislative approval. The projections for the Trust Fund, over the next five years, should average an annual return of 8.25 percent.

While establishing a spending policy in the early years, Trustee Phil Younker, Jr. initiated the investment policy statement for the Trust Fund and established a payout rate of 3 percent to be disbursed for the Mental Health Budget Bill. In the beginning years, the 3 percent was ideal for allowing additional funding to the Mental Health Budget Bill and gradually transitioned over the years to the present day at 3.5 percent.



Net Income & Expenditures/Obligations (in Thousands)

Fiscal Year 1995 through Fiscal Year 2006

	Actuals						Year in Review	Projected				
	FY1995	FY1996	FY1997	FY1998	FY1999	FY2000	FY2001	FY2002	FY2003	FY2004	FY2005	FY2006
Income												
Disbursement			6,845.7	7,474.5	8,704.3	10,072.9	11,522.2	10,910.8	11,037.1	11,295.6	11,579.4	11,887.0
Land Income¹		351.0	785.5	1,416.0	1,082.7	1,182.9	1,381.0	2,116.2	2,200.0	2,700.0	3,000.0	3,450.0
Previous FY Carry Forward		3,102.7	2,418.1	1,641.4	1,890.9	2,673.8	6,647.1	3,660.6	1,537.6	109.8	855.2	1,334.4
Net Income Earnings				1,046.3		2,037.9						
Interest	6,786.9	267.8	93.1	65.5	132.1	582.1	874.7	1,518.0	900.0	900.0	900.0	900.0
Total Income	6,786.9	3,721.5	10,142.4	11,643.7	11,810.0	16,549.6	20,425.0	18,205.6	15,674.7	15,005.4	16,334.6	17,571.4
Expenses/Obligations												
Trust Authority Admin	144.8	745.7	855.8	874.3	812.2	787.9	939.8	1,040.3	1,157.6	1,200.0	1,200.0	1,300.0
Trust Land Operating & Capital¹		557.7	774.8	1,096.5	1,269.9	1,552.1	1,653.1	1,933.2	1,783.2	1,883.2	1,933.2	1,933.2
MH Programs Operating			2,801.5	5,760.3	5,603.2	4,922.5	9,595.5	9,947.5	7,994.1	7,000.0	7,800.0	8,500.0
MH Programs Capital			3,894.4	1,740.0	1,300.0	2,325.0	4,183.2	3,055.0	3,413.0	3,000.0	3,000.0	3,500.0
Small Grants & Contracts			174.5	281.7	150.9	315.0	392.8	692.0	1,217.0	1,067.0	1,067.0	1,200.0
Inflation Proofing	3,539.4											
Total Expenses/Obligations	3,684.2	1,303.4	8,501.0	9,752.8	9,136.2	9,902.5	16,764.4	16,668.0	15,564.9	14,150.2	15,000.2	16,433.2
Net Income Available Next FY												
	3,102.7	2,418.1	1,641.4	1,890.9	2,673.8	6,647.1	3,660.6	1,537.6	109.8	855.2	1,334.4	1,138.2

¹ Revenues generated in prior fiscal year are expended in the following fiscal year

² The Trust Land Office (TLO) did not have any Capital funding for the fiscal years 1996 and 1997

During this time, Mr. Younker also researched the Prudent Investor Rule to allow variances in the market over a four-year timeframe while allowing a payout rate. The Trustees adopted the policy and set up a Reserve Fund at 400 percent of the current payout rate. This Reserve Fund will be able to sustain a funding stream for four years during a down market before a policy change needs to be implemented to avoid spending the principal of the Trust Fund.

This policy became a very critical issue this year and has helped to keep the payout rate and funding of the Mental Health Budget Bill at a steady pace when all other state funding is experiencing a downturn.

Even though the payout rate is at 3.5 percent, we also spend 100 percent of the income we receive from Trust land. In the early years, this was \$351,000 or 0.1 percent of the Trust Fund to the current amount of \$1.3 million or 0.5 percent.

Comparing our present spending level to that of the first year of the Trust, we have almost doubled the amount of Trust income spent for the Mental Health Budget, increasing from \$8.5 million to \$16.7 million.

Over the next five years, Trustees expect to continue to fund the Mental Health Budget Bill at nearly the same level as today. Unless the market continues to decrease over those five years we will be able to sustain the budget at the present amount.

Principal & Principal Reserve (in Thousands)

Fiscal Year 1995 through Fiscal Year 2001 are Actuals – Fiscal Year 2002 through Fiscal Year 2006 are Projected

	Actuals						Year in Review	Projected				
	FY1995	FY1996	FY1997	FY1998	FY1999	FY2000	FY2001	FY2002	FY2003	FY2004	FY2005	FY2006
Principal												
Principal	203,539.4	203,568.9	204,236.4	214,288.8	253,216.1	265,075.3	277,390.4	272,864.0	275,564.0	278,764.0	282,564.0	286,914.0
Land Principal Revenues	29.5	667.5	626.8	1,468.0	2,314.8	2,249.0	5,422.5	2,700.0	3,200.0	3,800.0	4,350.0	4,800.0
Value Change per FY			27,179.6	48,678.8	24,536.5	27,062.7	(11,366.3)					
Projected Value Change¹								11,819.2	15,221.7	15,604.2	16,018.7	16,460.8
Applied to Principal²			9,425.6	37,459.3	9,544.4	10,066.1	(9,948.9)					
Applied to Principal Reserve³			27,179.6	48,678.8	24,536.5	27,062.7	(1,417.4)					
Principal Reserve												
Beginning Balance	23,949.0	17,103.3	27,382.8	29,898.0	34,817.2	40,291.6	27,963.4	28,745.5	32,671.6	36,696.4	40,828.1	40,828.1
Payout 3%	(6,845.7)	(7,474.5)	(8,704.3)									
Payout 3.25%				(10,072.9)								
Payout 3.5%					(11,522.2)	(10,910.8)						
Projected Payout 3.5% (Resolution 00-01)								(11,037.1)	(11,295.6)	(11,579.4)	(11,887.0)	(12,215.1)
Value Change			27,179.6	48,678.8	24,536.5	27,062.7	(1,417.4)					
Ending Balance	17,103.3	36,808.4	67,357.3	44,361.6	50,357.7	27,963.4	28,745.5	32,671.6	36,696.4	40,828.1	45,073.8	45,073.8
400% Target for Principal Reserve	17,103.3	27,382.8	29,898.0	34,817.2	40,291.6	46,088.8	43,643.3	44,148.5	45,182.4	46,317.6	47,548.1	47,548.1
Over/Under 400%			9,425.6	37,459.3	9,544.4	10,066.1	(18,125.4)	(14,897.9)	(11,476.9)	(8,486.0)	(5,489.5)	(2,474.3)

¹ APFC Financial Projections as of June 30, 2001 Annual Report (FY 2002 - 2020 4.95% Total Real Return). Per the APFC Monthly Statement for December, 2001, the projected market value change for FY2002 is \$11,819.2. The beginning of the year projection was \$15,025.6.

² The change in market value minus payout and adjustment to 400% Reserve. Adjustments will be made at the end of the fiscal year. Positive adjustments are to be transferred to the Principal to protect the purchasing power of the Fund and negative adjustment will be reduced by a pro rata share to the principal, land principal and principal reserve. (Resolution 00-02)

THE TRUST

Land Office

The Trust Land Office manages Mental Health Trust Land to generate income which is used by the Alaska Mental Health Trust Authority to improve the lives and circumstances of Trust beneficiaries.

The mission of the Trust Land Office (TLO) is two part: (1) to protect and enhance the value of Trust lands and resources; and (2) to maximize revenues from those lands and resources over time. A key tool used to achieve this two-part mission is partnerships. Partnerships help the TLO leverage limited resources (staff and money) and establish more positive environments for completing revenue-generating transactions. FY2001 was another positive outcome for the TLO, with partnerships playing an increasing role in those outcomes.



Trust Land Office Staff: Standing (L-R) Stephen C. Planchon, Executive Director; Alison L. Smith, Senior Resource Manager; Chuck Ault, Resource Manager; Mike Franger, Senior Resource Manager; Victor Appolloni, Resource Technician; and Doug Campbell, Senior Resource Manager. Seated (L-R) Wendy Woolf, Senior Resource Manager; Leann McGinnis, Business Manager; and Anna Solorzano, Resource Technician.

During FY2001, gross revenues generated by Trust land more than doubled, from \$3.6 million the previous year to \$7.5 million. Over the past five years, from 1996 to 2001, gross revenues increased by 400 percent, with Trust Land Office (TLO) staff increasing by 125 percent from four to nine, and core operating costs increasing by 25 percent from \$560,000 to \$710,000.

The final redevelopment strategy was completed in FY 2001 for a parcel of land in Anchorage that was instrumental in The Trust’s plan to assist the state in replacing the aging Alaska Psychiatric Institute (API). The Trust provided 16 acres for construction of a new API, 20 acres for use by the existing McLaughlin Youth Center, 25 acres for sale to Providence Alaska Medical Center and 14 acres for future TLO revenue generating developments.

The TLO worked with state and federal agencies to preserve and protect land for public uses. Steps were taken to resolve public use conflicts associated with Chena River Wayside, a popular riverfront parcel in Fairbanks by agreeing to sell the parcel to the state for about \$200,000. The TLO also facilitated two appropriations to the U.S. Forest Service to be used to purchase Conservation Assets Marketing Initiative (CAMI) lands. The Forest Service will receive \$1.4 million to purchase CAMI lands in Sitka and \$4.5 million to purchase land in Southeast

Alaska, with the first priority being the Trust’s Petersburg Creek lands.

During the year, the TLO conducted its annual lot sale, resulting in a sale-contract portfolio that has grown to more than 80 purchase contracts with an outstanding balance of about \$1.25 million at an average interest rate of 11.5 percent. The TLO also began preparations in 2001 for the Trust’s second oil and gas lease offering of over 100,000 acres in the Cook Inlet Basin area.

Contracts were negotiated for two timber sales on Trust land during 2001. In the Cook Inlet area the TLO sold more than 40 million board feet of spruce bark beetle damaged or threatened timber and at Thorne Bay the TLO sold 15 million board feet of timber with a contract value of about \$4 million. Timber sales through the FY 01 fiscal year totaled over 125 million board feet.

Other projects completed during the past year include negotiations on the right-of-way across Trust lands in the Eagle River area and an audit of the Fort Knox gold mine operations. And, finally, the TLO began developing an information management system for tracking activities on Trust Land separately from the Department of Natural Resources (DNR) authorizations. The first step in the process implemented new case types for TLO authorizations within the DNR system.

Trust Land Office Revenue & Expenses
(in Thousands)

Fiscal Year 1995 through Fiscal Year 2001 are Actuals – Fiscal Year 2002 through Fiscal Year 2006 are Projected

	Actuals						Year in Review	Projected				
	FY1995	FY1996	FY1997	FY1998	FY1999	FY2000	FY2001	FY2002	FY2003	FY2004	FY2005	FY2006
Revenue	380.5	1,453.0	2,042.8	2,550.7	3,497.8	3,630.0	7,538.0	4,900.0	5,900.0	6,800.0	7,900.0	8,500.0
Income	351.0	785.5	1,416.0	1,082.7	1,182.9	1,381.0	2,116.0	2,200.0	2,700.0	3,000.0	3,450.0	3,700.0
Principal	29.5	667.5	626.8	1,468.0	2,314.9	2,249.0	5,422.0	2,700.0	3,200.0	3,800.0	4,350.0	4,800.0
Expenses	238.0	557.7	751.8	1,096.5	1,269.9	1,552.1	1,632.0	1,933.2	1,783.2	1,883.2	1,933.2	1,933.2
Operating		557.7	751.8	636.5	739.9	892.1	762.0	983.2	983.2	983.2	983.2	983.2
Capital				460.0	530.0	660.0	870.0	950.0	800.0	900.0	950.0	950.0

2001 TLO REVENUE & EXPENSE COMPARISON (IN THOUSANDS)



- TLO Revenue — \$7,538.0
- TLO Operating Expenses — \$762.0
- TLO Capital Appropriation — \$870.0

Recommended Funding
for Fiscal Year 2003

The following are The Trust’s recommended project funding and changes to the separate Mental Health Appropriation Bill for fiscal year 2003, as of Dec. 3, 2001. Beyond this listing, the Bill allocates about \$130 million in base funding for programs directed to Trust beneficiaries. It includes earmarked general fund dollars (GF/MH) Trust income (Mental Health Trust Authority Receipts or MHTAAR), Mental Health Trust Authority administration costs (MHT Admin), Alaska Housing Finance Corporation (AHFC) receipts and adjustments to the previous year’s GF/MH base. In Alaska’s current fiscal climate, MHTAAR recommendations are largely adopted by the Governor and the Legislature, but historically less than 25 percent of the GF/MH recommended increments have been adopted.

Fiscal Year 2003 Operating
Recommendations

DEPARTMENT OF ADMINISTRATION

Division of Senior Services

Protection, Community Services and Administration

Rural Long-Term Care Development (year 5 of 5) —

Provides long-term care service development for seniors in Alaska’s smaller communities and rural villages so Trust beneficiaries and other elders do not have to leave their communities when they have extensive care needs that their families cannot provide. \$97,300 MHTAAR

Quality Assurance Unit Development (year 3 of 3) —

Project to develop a quality assurance model for the Division of Senior Services. \$175,000 MHTAAR

Assisted Living Rate Increase (DOA): Adult Protective

Services (year 3 of 3) — Funds maintain the third of a three-year phased-in increase of the daily rate for assisted living homes from \$50 per day to \$70. \$491,000 GF/MH and \$364,300 GF

Board Development on Rural Issues ACoA (year 3 of 3)

— This project improves ACoA’s ability to communicate with consumers, providers and other stakeholders in rural areas by allowing ACoA to hold a Commission meeting in a rural hub community, with small groups taking trips to villages outside the regional hub. Each group will meet with community members regarding seniors’ issues in their communities. \$15,000 MHTAAR

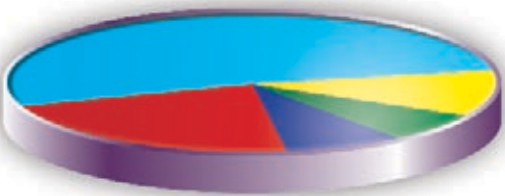
DOA Assisted Living Licensing — Funds for three licensing specialists, their travel and supplies to oversee licensing, complaint investigations, quality assurance, training and development of rural assisted living homes. \$150,000 GF/MH

Gero-Psychiatrist — Salary for a full-time gero-psychiatrist for the Pioneer Homes and home and community-based care system. This position would also provide staff education and consultation, and family intervention and support. Funding includes travel to the homes on a regular basis and to other communities as needed. \$250,000 GF/MH

Delegation of Adult Protective Services in Rural Areas —

Funds three grants for rural Native health or social service organizations to provide adult protective services in their areas. \$150,000 GF/MH

FUND DISPERSAL IN 2003



- MH Programs Operating — 52%
- TLO Operating & Capital — 11%
- Trust Authority Administration — 7%
- Small Grants & Contracts — 8%
- MH Programs Capital — 22%

ACoA Planner (year 1 of 7) — Funding for an additional planner to coordinate between ACoA and AMHTA, pursue state and federal grants, and work with other beneficiary boards regarding public education, monitoring and technical assistance and grant seeking. \$75,500 MHTAAR

Home and Community Based Care

Innovative Respite for ADRD (year 5 of 5) — Funds will be used to expand allowable tasks for respite workers and help learn how to best serve people with ADRD who are living alone. This program builds on an existing base of limited respite services provided statewide through four providers with grants from the ACoA. \$375,000 MHTAAR and \$375,000 GF/MH

Substance Abuse Treatment for the Elderly (year 3 of 3) — Continues funding for two projects that provide substance abuse treatment to the elderly. It funds mental health/substance abuse counselors in Juneau and Ketchikan responsible for providing services, outreach and community education. Treating the Invisible Epidemic (TIE) in Fairbanks offers provider training, outreach and case finding, and integrated, concurrent treatment provided by staff that are cross-trained in substance abuse, mental health, and gerontology. \$299,000 MHTAAR

Mini-Grants for Beneficiaries with ADRD — Grants for basic living needs not covered by current grants to help this beneficiary group attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

Day Treatment for CMI Elderly (year 3 of 3) — Continues funding for projects at Anchorage Community Mental Health and Palmer Senior Citizens Center, Inc. that provide clinical outpatient mental health and psychiatric services within a day treatment facility to mentally ill persons over age 60. \$350,000 MHTAAR



As part of the Trust's ongoing rural outreach program, Trustee Susan LaBelle (center) and Sarah Williams (right) of the Department of Corrections were among a group of 27 individuals who spent three days in the Bering Straits region visiting six communities.

Family Caregiver Support (year 2 of 2) — Provides grants for care-giver support services in multi-community areas with a rural emphasis. Simple caregiver interventions can have a major impact on health care costs, economic well being and quality of life and produce positive outcomes for both the caregiver and the person being cared for. \$300,000 MHTAAR

Expand Adult Day-Care Center Hours — Funds will allow all 12 adult day-care programs in Alaska to expand their operating hours. This will accommodate working caregivers who sometimes have to reduce to part-time work or quit their jobs in order to care for adult family members because care centers are only open limited hours per day. \$400,000 GF/MH

ADRD Training for In-home Providers (year 2 of 2) — Provides training to in-home and community-based providers in all aspects of ADRD care. \$250,000 MHTAAR

Adult Day Quality Enhancement (year 2 of 2) — Project will analyze the implications of establishing a certification or licensing system for Adult Day Services. Current standards were developed in 1993. \$25,000 MHTAAR

Care Coordination/4 New Regional Grants — Funding will target areas that currently lack basic care coordination services: Copper River/ Prince William Sound, North Slope, Bering Straits, the Yukon-Kuskokwim, the Kodiak area, and the Aleutian Islands. \$400,000 GF/MH

Home Health Services

Comprehensive Assessment (year 3 of 3) — Consolidates assessment tools for various programs related to seniors. \$51,300 MHTAAR

Legal and Advocacy Services

Office of Public Advocacy

Guardianship Resources (year 3 of 3) — Funds will pay for training and technical assistance to family and private guardians in 12 communities throughout the state. The training will focus on improving guardianship and conservatorship skills and learning how to petition for guardianship and conservatorship. \$45,000 MHTAAR

Office of Public Advocacy — This funding will be used to hire four public guardians. \$300,000 GF/MH

DEPARTMENT OF CORRECTIONS

Administration and Operations

Data and Word Processing

Title 47 Data System — This pilot project will identify the frequency and disposition of Title 47 holds in communities across the state in an effort to assist local communities in directing and evaluating their resources to address the individuals who are put into Title 47 holds. \$25,000 MHTAAR

Inmate Health Care

Jail Alternative Services (year 5 of 5) — Funding for a diversion program to link misdemeanants with mental illnesses or certain other disabilities with community-based services. \$130,000 MHTAAR

Spring Creek Correctional Center Initiative (year 2 of 4) — Funds a mental health clinician, psychological counselor, registered nurse, and contract substance abuse treatment provider to be used jointly by the Sub-Acute Care Unit for seriously mentally ill men and the Juvenile Offender Unit, both at Spring Creek Correctional Center in Seward. \$100,000 MHTAAR and \$25,000 GF/MH

Inmate Programs

Residential Substance Abuse Treatment for Women (year 5 of 5) — Funds therapeutic program that provides 48 chemical dependency treatment beds for women with serious substance abuse/dependency problems and related criminal histories at Hiland Mountain Correctional Center. \$58,900 MHTAAR

Residential Substance Abuse Treatment for Men (year 3 of 3) — Funds residential substance abuse treatment program at Wildwood Correctional Center for male inmates who are chronic and serious substance abusers with a history of alcohol and drug-related crimes. \$82,900 MHTAAR

DOC Substance Abuse Assessment Specialist (year 2 of 2) — Funds to hire a centralized Substance Abuse Assessment Specialist who will work with correctional staff to assess felony inmates with significant substance abuse problems and assign them to an appropriate treatment setting. \$60,200 MHTAAR

DEPARTMENT OF EDUCATION AND EARLY DEVELOPMENT

Special Education

Projects and Grants

Secondary Transition Capacity Building (year 2 of 5) — Funds for capacity building, coordination and collaboration among teachers, educators, administrators, state agency staff and service providers to improve the delivery of secondary education transition services to high school students with disabilities. \$100,000 MHTAAR and \$500,000 federal

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

Purchased Services

Family Preservation

Supported Parenting/Family Support to Parent Beneficiaries (year 2 of 5) — This project builds on efforts in three beneficiary groups to provide necessary support service to parents with disabilities, severe alcohol problems,



These two youngsters were participating in a Youth and Elders Conference in Savoonga.

or mental illness. Services include information and training on parenting and fulfilling parental responsibilities. \$250,000 MHTAAR and \$500,000 GF/MH

Residential Child Care

Mental Health Stabilization Homes (year 3 of 5) — Provides five short-term beds for children in state custody waiting for permanent placement. The homes will be an alternative to hospital, institutional, or out-of-state placement for youth with serious emotional disturbances. \$150,000 MHTAAR, \$50,000 GF/MH and \$550,000 Medicaid I/A Receipts

Division of Juvenile Justice

McLaughlin Youth Center

Youth Offender/ Adolescent Treatment — Project provides a comprehensive package of services, including early intervention, treatment, and continuing care for youth at McLaughlin Youth Center experiencing substance abuse disorders. \$200,000 GF/MH

Alternative to Institutionalization – Community Integration Services for Mentally Ill Adjudicated Juvenile Offenders — Provides a broad continuum of services for mentally ill adjudicated juvenile offenders in Anchorage, including those with co-occurring chemical dependency, to divert offenders from inappropriate detention and to deliver specialized services to them in a secure setting. \$213,500 GF/MH

State Health Services

Maternal, Child and Family Health

Behavioral Health Services and Supports for Young Children (year 3 of 3) — The expertise of a specially trained children's behavioral health professional will be made available to providers and agencies that deliver services to families with children under age five. \$150,000 MHTAAR

Birth Defects Registry — Project sustains the birth defects registry that provides reliable, valid, and timely information regarding the number of infants and young children with birth defects in Alaska. This information is valuable in planning services statewide. \$150,000 GF/MH

Infant Learning Program Services — Funds to maintain the infrastructure of the infant learning program providers, enhance services for rural children and their families, and provide early intervention services to children with congenital hearing loss identified through newborn hearing screenings. \$400,000 GF/MH

Healthy Families

Healthy Families Control Group Study (year 5 of 5) — Requested by the Legislature, the study establishes, monitors and compares outcomes for two groups of families with similar characteristics who receive either standard services offered to pregnant women and families of newborns or Healthy Families Alaska services. \$100,000 MHTAAR

Alcohol and Drug Abuse Services

Alcohol and Drug Abuse Grants

Substance Abuse Treatment for Rural Women with Children (year 3 of 3) — This project focuses on high risk, under served population of alcohol-dependent women with children. \$250,000 MHTAAR and \$250,000 GF/MH

Family Wellness Camps (year 3 of 3) — This project seeks to replicate, at two new regional summer camps, the success of culturally based family treatment that has been provided at the Old Minto Spirit Camp. The camps will include intermediate care services for families in a remote location that incorporates traditional treatment components with culturally appropriate activities. \$143,300 MHTAAR and \$257,000 GF/MH

Women and Children Collaboration Project (year 3 of 3) — Provides chemical dependency day treatment for both women and children living in domestic violence shelters. \$50,000 MHTAAR

Mini-Grants for Beneficiaries who are Chronic Alcoholics with Psychosis — Grants for basic living needs not covered by other funding to help this beneficiary group attain and maintain healthy, productive and independent lifestyles. \$240,000 MHTAAR

Restore Alcohol and Drug Abuse Grants to 1992 Level — This project would restore general fund dollars to the Division of Alcoholism and Drug Abuse which has cut service delivery as a result of flat funding or funding cuts since 1992. \$4,500,000 GF

Transitional Housing Operating Funds (year 2 of 2) — Operating funds for a transitional housing project that will provide safe and sober housing for recovering substance abusers following treatment. Individuals can reunite with their families more quickly and practice their new recovery skills in a familiar environment before returning home. \$500,000 MHTAAR and \$250,000 GF/MH

Alaska Criminal Justice Assessment Commission (CJAC) Report Recommendations Proposal Bundle — Funding to implement recommendations from the CJAC report aimed at reducing substance abuse related crime and associated costs. Programs will address access to treatment, treatment capacity, services to special populations and restorative justice. \$250,000 GF/MH

Statewide Title 47 Initiative - ADA Grants — Funding to provide training for medical/healthcare providers, chemical dependency providers, attorneys, public safety personnel, and the judiciary that will result in increased use of Title 47 to reduce health risks, deaths, and negative consequences of alcohol/other drugs statewide. \$500,000 GF/MH

State Incentive Grants GF Replacement — Funding to continue the successful research-based projects funded by the Federal State Incentive Grant that ended in FY02. The money is used to fund substance abuse prevention projects statewide. \$2,985,400 GF

Adult and Juvenile Treatment — Funding to support increased treatment services to juveniles and adults that were part of the Governor’s Alcohol Package in FY02. \$2,475,400 GF

Adult Alcohol Safety Action Program — Funding to support increases in Adult Alcohol Safety Action Program services that were part of the Governor’s Alcohol Package in FY02. \$1,319,200 GF

Juvenile Alcohol Safety Action Program — Funding to support increases in Juvenile Alcohol Safety Action Program services that were part of the Governor’s Alcohol Package in FY02. \$121,200 GF

Rural Service Grants
Village-Based Mental Health/Substance Abuse Counselor Program — Funds full-time rural human services workers in underserved/unserved communities. \$1,464,500 GF/MH

Community Mental Health Grants
General Community Mental Health Grants

Mental Health Consumer and Family Conference (year 5) — Provides leadership training for mental health consumers and their families. Provides an opportunity for adults with mental illnesses and their families to engage in planning, implementation, and evaluation of mental health policy and service delivery. Trust funds help leverage federal SAMHSA funding. \$50,000 MHTAAR

Rural Services for the Deaf/Hearing Impaired (year 5 of 5) — Provides itinerant mental health and substance abuse services in rural areas and consultation services to rural mental health and substance abuse treatment providers statewide for those who are deaf or who have hearing impairments. \$65,000 MHTAAR

Mini-Grants for Beneficiaries Experiencing Mental Illness — Funding for Trust beneficiaries to receive a broad range of equipment and services that are essential to directly improving their quality of life and increasing their independence. \$300,000 MHTAAR

Services for People with Brain Injuries (year 3 of 3) — Funds will pay for demonstration project to identify and test best rehabilitation methods for Alaskans with brain injuries. Funds supplement a federal grant to plan services for people with brain injuries. \$100,000 MHTAAR

Psychiatric Emergency Services
Rural Emergency Services and Training (year 3 of 3) — Provides psychiatric and other professional consultation training and support to rural community mental health clinicians. \$250,000 MHTAAR

Community Mental Health Center Infrastructure — Funds basic infrastructure for mental health services in rural areas. Enables Community Mental Health grantees to employ sufficient staff to provide emergency services, basic outpatient services, and support infrastructure to maintain these services. \$539,300 GF/MH

Services for Chronic Mental Illness
Integrated Supports for People with Co-Occurring Disorders (year 3 of 3) — Continues a pilot project using the structured production model of housing and supports for people with multiple disorders, including mental illness, brain injury, and substance abuse. \$405,000 MHTAAR

Assisted Living Rate Increase - Chronic Mental Illness and Developmental Disabilities (year 3 of 3) — Maintains phased-in increase of the daily rate for assisted living homes from \$50 per day to \$60. There are 11 adults with developmental disabilities and 131 adults with chronic mental illness residing in assisted living homes monitored and licensed through DMHDD. \$952,800 GF/MH

Consumer-Directed Programs and Clubhouses (year 2 of 2) — Funds a variety of consumer-directed programs statewide that provide services to consumers or operate advocacy organizations. \$125,000 MHTAAR

LINK Project (year 2 of 2) — LINK is a computerized case management system that helps homeless persons and domestic violence victims move from shelters into permanent housing. \$38,000 MHTAAR and \$626,400 HUD and AHFC

Community Developmental Disabilities Grants
ADA Community Program Access (year 4 of 4) — Assistance for people with developmental disabilities to access community recreation and art classes. \$100,000 MHTAAR

Learn as You Earn (year 4 of 5) — Provides formal, competency-based training (certificate, associate, and bachelor’s degree program) for people already employed in the developmental

disability field. Training is offered in cooperation with Prince William Sound Community College. \$100,000 MHTAAR

Developmental Disabilities Risk Management and Institutional Prevention (year 4 of 4) — Grants to preserve the infrastructure of developmental disability service providers by increasing salary levels and benefits to both retain and attract qualified staff; ensuring employees receive adequate training to provide quality services; and ensuring programs meet or exceed the program standards established by DHSS. \$950,000 GF/MH

Mini-Grants for Beneficiaries with Developmental Disabilities — Grants for basic living needs not covered by other funding to help this beneficiary group attain and maintain healthy, productive and independent lifestyles. \$175,000 MHTAAR

STAR Program – Expansion of Family Support Programs — Expands the Family Support Program to rural communities. The program helps families without services care for their children with disabilities on a short-term basis or prevent crisis and thus preserve family stability. \$400,000 GF/MH

Positive Behavior Supports — Provides for eight intensive training sessions in rural communities for family members and providers to implement positive support plans for individuals with challenging behaviors. \$200,000 GF/MH

Institutions and Administration
Mental Health and Developmental Disabilities Administration
Integrated Quality Assurance Review Process — Funding for integrated quality assurance program to conduct all on-site reviews of mental health, developmental disabilities and early intervention/Infant Learning Programs. \$175,000 MHTAAR and \$136,600 I/A Receipts

Inpatient Quality Assurance (year 2 of 3) — Provides for contract quality assurance reviews of mental health inpatient facilities to ensure that basic standards are uniformly applied and to ensure patient safety and appropriate treatment. \$30,000 MHTAAR

Assisted Living Health and Safety Quality Assurance (year 2 of 5) — Funds to develop a comprehensive approach to health and safety quality assurance at assisted living homes. \$145,000 MHTAAR

Developmental Disabilities Quality Assurance Package — Funds will help ensure that developmental disability, infant learning and mental health providers meet or exceed the joint program standards established by DHSS. New funding for a DD licensing position and a DD quality assurance position are also included. \$185,000 GF/MH

DMHDD Quality Assurance Package — Funding to allow DMHDD to consolidate and expand its efforts related to safety and quality care by implementing a Safety and Quality Unit, combining integrated quality assurance review, a Mental Health Consumer Affairs position, a Children’s Mental Health Coordinator and assisted homes licensing at DHSS. \$276,200 MHTAAR and \$241,900 GF/MH

Alaska Psychiatric Institute
Community Mental Health /API 2000 (year 4 of 4) — Funds

to develop community services to allow Alaska Psychiatric Institute to downsize from 74 to 54 beds. \$3,041,00 GF/MH

Mental Health Trust Boards
Alaska Mental Health Board
Board - Trust Partnership - AMHB (year 3 of 3) — Program to integrate mental health and substance abuse treatment services in Alaska based on recommendations from the Integrated Mental Health and Substance Abuse Steering Committee Project. \$27,000 MHTAAR

Board Development on Rural Issues - AMHB (year 4 of 4) — Funds will enhance the board’s rural planning and program development and enhance rural participation in the process. \$15,000 MHTAAR

Public Awareness Campaign (year 2 of 2) — Funding for a public education campaign to spread the message that mental health matters and treatment works. \$49,700 MHTAAR

Coordinated Public Education (year 1 of 7) — AMHB would serve as a clearinghouse for funds to develop a coordinated strategic communications plan to be developed as a collaborative effort by the four Trust-related Boards and Commission. \$30,000 MHTAAR

Governor’s Council on Disabilities and Special Education
Partners in Policymaking (year 3 of 5) — Provides training for people with developmental disabilities, parents and family members. It is designed to create advocates and leaders among individuals with developmental disabilities and their families. \$200,000 MHTAAR

Recruitment of Direct Service Workers (year 3 of 3) — Funds will assist in developing and implementing a targeted, systemic recruitment plan to address challenges facing the service delivery systems for Trust beneficiaries. \$150,000 MHTAAR

Inclusive Child-Care (year 3 of 3) — Project will expand intensive childcare training and technical assistance to childcare providers statewide so they will include children with disabilities in their programs. \$100,000 MHTAAR

Board - Trust Partnership - GCDSE (year 3 of 3) — Funds will restore state funding cut from the donated dental program which matches volunteer dentists with adults with disabilities and elderly Alaskans needing dental care. \$5,000 MHTAAR

Research Analyst III – GCDSE (year 1 of 7) — Funding for a temporary Research Analyst III, and associated travel and operating funds to provide up-to-date, valid information to the Trust on consumer issues, identify trends, participate in Trust activities, enhance public awareness, and engage in ongoing collaboration with the Trust and the other three boards. The research analyst’s work will complement that of the Council’s planner. \$80,000 MHTAAR

Mental Health Trust Boards
Advisory Board on Alcoholism and Drug Abuse
Board - Trust Partnership - ABADA (year 3 of 3) — These funds supplement state grants and will provide cross training development and implementation for professional stakeholders, including mental health providers, criminal justice system staff,

child and adult protection workers. Funds also will allow consistent ABADA board participation in Trust meetings and meetings of other Mental Health Trust boards. \$18,000 MHTAAR

Board Development on Rural Issues - ABADA (year 4 of 4) — Funds will enhance the board’s rural planning and program development and enhance rural participation in the process. \$15,000 MHTAAR

Statewide Title 47 Initiative - ABADA Portion (year 2 of 2) — Training and technical support across disciplines/professions for persons dealing with individuals eligible for Title 47 for alcohol/other drug involuntary commitments in an effort to increase the appropriate use of the statute and to reduce health risks, deaths, and negative consequences of alcohol/other drugs statewide. \$50,000 MHTAAR

Infrastructure Improvements – ABADA (year 1 of 7) — Improvements and changes to ABADA infrastructure to strengthen existing staff, including reclassification of Research Analyst III to Planner III, increase contractual line to meet planning and advocacy priorities, increase resources to allow ABADA to participate in public awareness program and additional office workspace and storage areas. \$85,000 MHTAAR

Administrative Services

Health Planning and Facilities Management

Comprehensive Integrated Mental Health Plan — The plan is the outcome of a legislatively mandated planning process among the Department of Health and Social Services, The Trust and the four beneficiary boards. The Trust funds annual development of the plan, which is used to guide program evolution and service delivery and contributes significantly to establishment of funding priorities. \$50,000 MHTAAR

DEPARTMENT OF NATURAL RESOURCES

Resource Development

Mental Health Trust Lands Administration

Trust Land Office Administration — The Trust Land Office, supported by funds derived from Trust income, manages and develops Alaska Mental Health Trust lands on behalf of the Alaska Mental Health Trust Authority to help improve the lives and circumstances of Trust beneficiaries. Annual income earned is available for distribution by the Trust Authority in the following year; principal earned contributes to income in subsequent years. \$983,200 MHTAAR

DEPARTMENT OF REVENUE

Trust Authority Administration

Alaska Mental Health Trust Authority

Trust Authority Administration — These funds provide the administrative and staff support to the Board of Trustees to allow the Trust Authority to meet its statutory obligation and mission to help improve the lives and circumstances of Trust beneficiaries. The budget also includes federal funds from the Older Americans Act Block Grant for title III and Title VI which were transferred to the Trust Authority under a Reimbursable Services Agreement (RSA) to operate the Office of the Long Term Care Ombudsman, which the Governor transferred to the Trust Authority from the Alaska

Commission on Aging in March 2001. \$1,178,000 MHT Admin and \$354,000 RSA

UNIVERSITY OF ALASKA

University of Alaska Fairbanks

Distance Delivery BSW (year 3 of 3) — Funds to expand the Bachelor of Social Work degree distance learning program into additional rural communities. \$136,800 MHTAAR

ALASKA COURT SYSTEM

ACS District Courts

Anchorage District Courts

Court Coordinated Resources (year 3 of 4) — Funds a project manager and a case coordinator to assist Trust beneficiaries with mental health court processes. \$175,000 MHTAAR

Fiscal Year 2003 Operating Projects Independently Administered by The Trust

Small Projects Funding — These funds support proposals up to \$10,000 each for projects that directly benefit beneficiaries or otherwise advance the goals and objectives of The Trust, or provide services outside regular programs of the state. \$250,000 MHTAAR

Rural Outreach Project (year 5 of 5) — Provides travel and meeting costs for Trustees and staff, members and staff of planning boards/commission, and state administrative agency staff to gain knowledge of issues, barriers and services in rural communities. \$25,000 MHTAAR

Board Collaboration — These funds provide for travel and gathering of key members of each of the planning boards/commission that provide guidance to the Trust Authority regarding the four beneficiary groups. \$20,000 MHTAAR

Rural Technical Assistance and Funding Coordination— Funds will be used to contract for development of technical assistance, community development and/or grant writing for rural small communities to develop rural serves for Trust beneficiaries. \$125,000 MHTAAR

Individual Development Accounts (year 2 of 2) — Project assists Trust beneficiaries in fostering independence and self-sufficiency by learning to save money to purchase assets such as a home or car. \$150,000 MHTAAR

Partnership Initiative — A project to increase the effectiveness of Trust funding by combining it with other funding sources to implement joint projects consistent with the planning boards/commission and Trust priorities. \$600,000 MHTAAR

Beneficiary Self-Sufficiency Project (year 2 of 5) — Funds will help track system problems that can be eliminated to decrease the need by beneficiaries for legal services. \$47,000 MHTAAR

Fiscal Year 2003 Capital Recommendations

DEPARTMENT OF ADMINISTRATION

Pioneer Homes ADRD Modifications — Funds to modify all six Pioneer Homes to accommodate the specific needs of ADRD residents. \$525,500 GF/MH

DSS Data Management — The Division of Senior Services has selected a database and has begun the integration of beneficiary data. These funds would complete the data management effort and could potentially provide unduplicated counts of beneficiaries receiving services throughout the Division. \$238,000 MHTAAR

Adult Day Facility Modifications — Provides funding to modify Adult Day facilities to meet state standards. \$250,000 GF/MH

Planning Grants for New Adult Day Facilities — Planning grants for communities that need to build new Adult Day Facilities. \$200,000 GF/MH

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

Essential Program Equipment (year 6) — Funds to solicit competitive grants for program equipment to provide increased quality of services to Trust beneficiaries. \$250,000 MHTAAR and \$250,000 GF/MH

Rural Facilities Renovation and Deferred Maintenance — Funds for program renovations and repairs and for American Disabilities Act improvements of rural facilities for beneficiaries. \$400,000 MHTAAR and \$1,600,000 GF/MH

API 2000: Replacement of Existing Facility — Funding to construct a new API. \$1,000,000 MHTAAR

Housing Modifications Program — Provides housing modifications to persons experiencing a disability, allowing them to remain in their homes and reducing the potential cost of providing supported housing. \$150,000 MHTAAR and \$100,000 AHFC

Coordination and Resource Sharing with providers — Funds for a five-year capital initiative to reengineer the way the service system and State awards funds to providers and the way providers conduct business, including coordination and resource sharing, allowing them to focus on providing services for individuals and families. \$150,000 MHTAAR

Special Needs Non-Residential Housing Program — Funds for development of housing which cannot be funded under AHFC statutes, such as residential housing that requires a substantial treatment component or houses for individuals who have been remanded by the courts. \$500,000 AHFC

Deferred Maintenance for Rural Substance Abuse or Co-Located Programs — Funding for competitive capital grants for agencies providing services, activities, and programs for individuals and families receiving chemical dependency treatment services in rural areas. \$400,000 MHTAAR and \$1,600,000 GF/MH

Consumer Designed and Managed Projects — Funds to plan or carry out consumer-managed facility and community projects. \$175,000 MHTAAR and \$175,000 GF/MH

Hearing Screening Assistive Technology — Funds to purchase a limited number of high-end hearing devices for loan to families of infants and toddlers diagnosed as hard of hearing. \$50,000 GF/MH

Micro Enterprise Funds — Funds to purchase start-up equipment and working capital for beneficiaries who want to be self-employed; for service providers to establish small businesses to employ beneficiaries and for private enterprises interested in expanding their businesses in exchange for hiring beneficiaries. \$200,000 GF/MH

Crisis Respite Design – Anchorage — Design funds to replace the current crisis respite facilities that will be demolished when API moves. Community mental health grants, Medicaid and other third-party payments will provide operating costs. \$450,000 GF/MH

Autism Study — Funds to research, pilot and evaluate approaches to assist families of individuals with autism to support them at home and in their communities. \$150,000 GF/MH

Van/Vehicle Modification — This will provide funds to individuals with developmental disabilities and/or their families who are not covered by home and community-based waivers for modifications to make private vehicles accessible. \$50,000 GF/MH

DEPARTMENT OF NATURAL RESOURCES

TLO Land and Value Enhancement (year 5) — The Trust Land Office will contract for services related to the enhancement of parcel-specific Trust land and resource assets. Funds will be used to facilitate the disposal or development of Trust resources. \$800,000 MHTAAR

ALASKA HOUSING FINANCE CORPORATION

Beneficiary and Special Needs Housing Program (year 4) — Provides funds to non-profit service providers and housing developers to increase housing opportunities to beneficiaries throughout Alaska. \$1,750,000 AHFC

Homeless Assistance Program (HAP)— AHFC provides Homeless Assistance Program grants to assist non-profit organizations, local governments and regional housing authorities in addressing the emergency needs of homeless and near-homeless Alaskans. \$500,000 MHTAAR and \$500,000 AHFC

DEPARTMENT OF TRANSPORTATION AND PUBLIC FACILITIES

Coordinated Transportation and Vehicles (year 6)— Department of Transportation/Public Facilities uses these capital funds for competitive grants for coordinated transportation services for Trust beneficiaries, or to purchase vehicles for beneficiaries where coordinated services are not yet available or appropriate. \$150,000 MHTAAR and \$250,000 GF/MH

Services Funded in Fiscal Year 2002

The Comprehensive Mental Health Program services funded during fiscal year 2002 included adjustments to the GF/MH base, operating budget projects, capital budget projects and projects administered by The Trust. Following is a summary of those projects.

Adjustments to the Fiscal Year 2002 GF/MH Base

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

Institutions and Administration

DMHDD Administration

Transfer GF/MH Matching Funds Back to API — Transfers from DHSS/Medicaid Services back to API GF/MH what was used as GF match under the Disproportionate Share Hospital program as federal receipts from that program's decline. \$532,500 GF/MH

State Health Services

Maternal, Child and Family Health

Infant Learning Program Services — This adjustment will shift funds from Interagency Receipts (IA) to GF/MH. The funds will assist infants and toddlers on the Infant Learning Program wait list and enhance services available to rural children. \$700,000 IA to GF/MH

DEPARTMENT OF ADMINISTRATION

Alaska Longevity Programs

Office of Public Advocacy

Serving Trust Beneficiaries at the Office of Public Advocacy

— This adjustment reflects the percentage of the Office of Public Advocacy's operating budget that provides guardianship and conservatorship services to Trust beneficiaries. \$200,000 GF to GF/MH

Fiscal Year 2002 Operating

DEPARTMENT OF ADMINISTRATION

Division of Senior Services

Home and Community Based Care

Innovative Respite for ADRD (year 4 of 5) — Funds will be used to expand allowable tasks for respite workers and help learn how to best serve people with ADRD who are living alone. This program builds on an existing base of limited respite services provided statewide through four providers with grants from the ACoA. \$375,000 MHTAAR and \$375,000 GF/MH

Mini-Grants for Beneficiaries with ADRD — Grants for basic living needs not covered by current grants to help this beneficiary group attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

Substance Abuse Treatment for the Elderly (year 2 of 3) — Continues funding for two projects that provide substance abuse treatment to the elderly. It funds mental health/substance abuse counselors in Juneau and Ketchikan responsible for providing services, outreach and community education.

Treating the Invisible Epidemic (TIE) in Fairbanks offers provider training, outreach and case finding, and integrated, concurrent treatment provided by staff that are cross-trained in substance abuse, mental health, and gerontology. \$297,000 MHTAAR

Family Caregiver Support (year 1 of 2) — Provides grants for caregiver support services in multi-community areas with a rural emphasis. Simple caregiver interventions can have a major impact on health care costs, economic well-being and quality of life and produce positive outcomes for both the caregiver and the person being cared for. \$300,000 MHTAAR

ADRD Training for In-home Providers (year 1 of 2) — Provides training to in-home and community-based providers in all aspects of ADRD care. \$250,000 MHTAAR

Adult Day Quality Enhancement (year 1 of 2) — Project will analyze the implications of establishing a certification or licensing system for Adult Day Services. Current standards were developed in 1993. \$50,000 MHTAAR

Day Treatment for CMI Elderly (year 2 of 3) — Continues funding for projects at Anchorage Community Mental Health and Palmer Senior Citizens Center, Inc. that provide clinical outpatient mental health and psychiatric services within a day treatment facility to mentally ill persons over age 60. \$350,000 MHTAAR

Protection, Community Services, & Administration

Rural Long-Term Care Development (year 4 of 5)

Provides long-term care service development for seniors in Alaska's smaller communities and rural villages so Trust beneficiaries and other elders do not have to leave their communities when they have extensive care needs that their families cannot provide. \$97,300 MHTAAR

Quality Assurance Unit Development (year 2 of 3) — Project to develop a quality assurance model for the Division of Senior Services. \$175,000 MHTAAR



Dancers performed at the Savoonga Youth and Elders Conference that was attended by representatives from The Trust, the four boards and various state agencies.

Assisted Living Rate Increase (DOA): Adult Protective Services (year 2 of 3) — Funds maintain the second of a three-year phased-in increase of the daily rate for assisted living homes from \$50 per day to \$60. \$491,000 MHTAAR, \$445,600 GF/MH and \$876,000 GF

DOA Assisted Living Licensing — Funds for three licensing specialists, their travel and supplies to oversee licensing, complaint investigations, quality assurance, training and development of rural assisted living homes. \$180,000 GF/MH

Long-Term Care Ombudsman Assistant — Funding for a full-time Assistant Long-Term Care Ombudsman position in the Office of the Long Term Care Ombudsman. The individual will investigate and resolve complaints about health,

safety, welfare, or rights of residents in nursing homes and assisted living homes, and investigate and resolve similar complaints regarding long-term care or residential circumstances of older Alaskans. \$100,000 GF/MH

Board Development on Rural Issues ACoA (year 2 of 3) — This project improves ACoA's ability to communicate with consumers, providers and other stakeholders in rural areas by allowing ACoA to hold a Commission meeting in a rural hub community, with small groups taking trips to villages outside the regional hub. Each group will meet with community members regarding seniors' issues in their communities. \$15,000 MHTAAR

Home Health Services

Comprehensive Assessment (year 2 of 3) — Consolidates assessment tools for various programs related to seniors. \$51,300 MHTAAR

Office of Public Advocacy

Guardianship Resources (year 2 of 2) — Funds will pay for training and technical assistance to family and private guardians in 12 communities throughout the state. The training will focus on improving guardianship and conservatorship skills and learning how to petition for guardianship and conservatorship. \$95,000 MHTAAR

DEPARTMENT OF CORRECTIONS

Inmate Health Care

Jail Alternative Services (year 4 of 5) — Funding for a diversion program to link misdemeanants with mental illnesses or certain other disabilities with community-based services. \$130,000 MHTAAR

DOC Culturally Relevant Programming — Provides culturally relevant programming at six correctional centers for mentally ill Alaska Native offenders. The project helps Native offenders benefit from institutional programs and make a positive transition from DOC to the community. \$60,000 GF/MH

Spring Creek Correctional Center Initiative — Funds a mental health clinician, psychological counselor, registered nurse, and contract substance abuse treatment provider to be used jointly by the Sub-Acute Care Unit for seriously mentally ill men and the Juvenile Offender Unit, both at Spring Creek Correctional Center in Seward. \$125,000 MHTAAR and \$126,300 GF/MH

Inmate Programs

Residential Substance Abuse Treatment for Women (year 4 of 5) — Funds therapeutic program that provides 48 chemical dependency treatment beds for women with serious substance abuse/dependency problems and related criminal histories at Hiland Mountain Correctional Center. \$58,900 MHTAAR

Residential Substance Abuse Treatment for Men (year 2 of 3) — Funds residential substance abuse treatment program at Wildwood Correctional Center for male inmates who are chronic and serious substance abusers with a history of alcohol and drug-related crimes. \$82,900 MHTAAR

FUND DISPERSAL IN 2002



- MH Programs Operating — 60%
- TLO Operating & Capital — 12%
- Trust Authority Administration — 6%
- Small Grants & Contracts — 4%
- MH Programs Capital — 18%

DOC Substance Abuse Assessment Specialist (year 1 of 2) — Funds to hire a centralized Substance Abuse Assessment Specialist who will work with correctional staff to assess felony inmates with significant substance abuse problems and assign them to an appropriate treatment setting. \$60,200 MHTAAR

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

State Health Services

Healthy Families
Healthy Families Control Group Study (year 4 of 5) — Requested by the Legislature, the study establishes, monitors and compares outcomes for two groups of families with similar characteristics who receive either standard services offered to pregnant women and families of newborns or Healthy Families Alaska services. \$100,000 MHTAAR

Maternal, Child and Family Health

Behavioral Health Services and Supports for Young Children (year 2 of 3) — The expertise of a specially trained children's behavioral health professional will be made available to providers and agencies that deliver services to families with children under age five. \$150,000 MHTAAR

Birth Defects Registry — Project sustains the birth defects registry, which provides reliable, valid, and timely information regarding the number of infants and young children with birth defects in Alaska. This information is valuable in planning services statewide. \$150,000 GF/MH

Purchased Services

Family Preservation
Supported Parenting/Family Support to Parent Beneficiaries (year 1 of 5) — This project builds on efforts in three beneficiary groups to provide necessary support service to parents with disabilities, severe alcohol problems, or mental illness. Services include information and training on parenting and fulfilling parental responsibilities. \$450,000 MHTAAR

Division of Juvenile Justice

McLaughlin Youth Center
Youth Offender/ Adolescent Treatment — Project provides a comprehensive package of services, including early intervention, treatment, and continuing care for youth at McLaughlin Youth Center experiencing substance abuse disorders. \$292,500 GF/MH

Alternative to Institutionalization – Community Integration Services for Mentally Ill Adjudicated Juvenile Offenders — Provides a broad continuum of services for mentally ill adjudicated juvenile offenders in Anchorage, including those with co-occurring chemical dependency, to divert offenders from inappropriate detention and to deliver specialized services to them in a secure setting. \$213,500 GF/MH

Alcohol and Drug Abuse Services

Alcohol and Drug Abuse Grants
Substance Abuse Treatment for Rural Women with Children (year 2 of 3) — This project focuses on high risk, under served population of alcohol-dependent women with children. \$500,000 MHTAAR

Family Wellness Camps (year 2 of 3) — This project seeks to replicate, at two new regional summer camps, the success of culturally based family treatment that has been provided at the Old Minto Spirit Camp. The camps will include intermediate care services for families in a remote location that incorporates traditional treatment components with culturally appropriate activities. \$143,300 MHTAAR

Mini-Grants for Beneficiaries who are Chronic Alcoholics with Psychosis — Grants for basic living needs not covered by other funding to help this beneficiary group attain and maintain healthy, productive and independent lifestyles. \$240,000 MHTAAR

Transitional Housing Operating Funds (year 1 of 2) — Operating funds for a transitional housing project that will provide safe and sober housing for recovering substance abusers following treatment. Individuals can reunite with their families more quickly and practice their new recovery skills in a familiar environment before returning home. \$200,000 MHTAAR and \$250,000 GF/MH

Women and Children Collaboration Project (year 3 of 3) — Provides chemical dependency day treatment for both women and children living in domestic violence shelters. \$50,000 MHTAAR

Restore Alcohol and Drug Abuse Grant Cuts (GF/MH) — This would restore funding to the Division of Alcohol and Drug Abuse Services for grants that were cut from the FY 2001 budget. \$500,000 GF/MH

Statewide Title 47 Initiative - ADA Grants — Funding to provide training for medical/healthcare providers, chemical dependency providers, attorneys, public safety personnel, and the judiciary that will result in increased use of Title 47 to reduce health risks, deaths, and negative consequences of alcohol/other drugs statewide. \$400,000 GF/MH

Rural Human Services

Village-Based Mental Health Counselor Program — Funds full-time rural human services workers in underserved/unserved communities. \$469,000 GF/MH

Community Mental Health Grants

General Community Mental Health Grants
Mental Health Consumer and Family Conference — Provides leadership training for mental health consumers and their families. Provides an opportunity for adults with mental illnesses and their families to engage in planning, implementation, and evaluation of mental health policy and service delivery. Trust funds help leverage federal SAMHSA funding. \$50,000 MHTAAR

Mini-Grants for Beneficiaries Experiencing Mental Illness — Funding for Trust beneficiaries to receive a broad range of equipment and services that are essential to directly improv-

ing their quality of life and increasing their independence. \$300,000 MHTAAR

Services for People with Brain Injuries (year 2 of 3) — Funds will pay for demonstration project to identify and test best rehabilitation methods for Alaskans with brain injuries. Funds supplement a federal grant to plan services for people with brain injuries. \$100,000 MHTAAR

Consumer-Directed Programs and Clubhouses (year 1 of 2) — Funds a variety of consumer-directed programs statewide that provide services to consumers or operate advocacy organizations. \$125,000 MHTAAR

Rural Services for the Deaf/Hearing Impaired (year 4 of 5) — Provides itinerant mental health and substance abuse services in rural areas and consultation services to rural mental health and substance abuse treatment providers statewide for those who are deaf or who have hearing impairments. \$100,000 MHTAAR

Psychiatric Emergency Services

Rural Emergency Services and Training (year 2 of 3) — Provides psychiatric and other professional consultation training and support to rural community mental health clinicians. \$250,000 MHTAAR



Over the past few years Trustees have focused on gaining more funding to improve and increase services in rural communities.

Community Mental Health Center Infrastructure — Funds basic infrastructure for mental health services in rural areas. Enables Community Mental Health

grantees to employ sufficient staff to provide emergency services, basic outpatient services, and support infrastructure to maintain these services. \$820,900 GF/MH

Services for SED Youth

Mental Health Stabilization Homes (year 2 of 5) — Provides five short-term beds for children in state custody waiting for permanent placement. The homes will be an alternative to hospital, institutional, or out-of-state placement for youth with serious emotional disturbances. \$100,000 MHTAAR

Services for Chronically Mental Ill

Integrated Supports for People with Co-Occurring Disorders (year 2 of 3) — Continues a pilot project using the structured production model of housing and supports for people with multiple disorders, including mental illness, brain injury, and substance abuse. \$367,000 MHTAAR

Assisted Living Rate Increase - Chronic Mental Illness and Developmental Disabilities (year 2 of 3) — Maintains phased-in increase of the daily rate for assisted living homes from \$50 per day to \$60. There are 11 adults with developmental disabilities and 131 adults with chronic mental illness residing in assisted living homes monitored and licensed through DMHDD. \$459,000 MHTAAR and \$666,300 GF/MH

LINK Project (year 1 of 2) — LINK is a computerized case management system that helps homeless persons and domestic violence victims move from shelters into permanent housing. \$37,500 MHTAAR

Urban Transition Housing Startup — Start-up costs to renovate houses to provide secure, safe, affordable, transitional housing for homeless and very-low-income people and families in an urban community. \$50,000 MHTAAR

API 2000 Community Services - CMI Services Portion (year 4 of 4) — Funds to develop community services to allow Alaska Psychiatric Institute to downsize from 74 to 54 beds. \$394,500 GF/MH

Community Developmental Disabilities Grants
Learn as You Earn (year 3 of 5) — Provides formal, competency-based training (certificate, associate, and bachelor's degree program) for people already employed in the developmental disability field. Training is offered in cooperation with Prince William Sound Community College. \$200,000 MHTAAR

Mini-Grants for Beneficiaries with Developmental Disabilities — Grants for basic living needs not covered by other funding to help this beneficiary group attain and maintain healthy, productive and independent lifestyles. \$150,000 MHTAAR

Expansion of Family Support Programs — Project expands the family support program to rural communities by offering service grants to non-profit, community-based agencies. \$338,000 GF/MH

Developmental Disabilities Risk Management and Institutional Prevention (year 3 of 4) — Grants to preserve the infrastructure of developmental disability service providers by increasing salary levels and benefits to both retain and attract qualified staff; ensuring employees receive adequate training to provide quality services; and ensuring programs meet or exceed the program standards established by DHSS. \$120,000 MHTAAR and \$240,000 GF/MH

Beneficiary Self-Sufficiency Project (year 1 of 5) — Funds will help track system problems that can be eliminated to decrease the need by beneficiaries for legal services. \$47,000 MHTAAR

ADA Community Program Access (year 3 of 4) — Assistance for people with developmental disabilities to access community recreation and art classes. \$100,000 MHTAAR

Mental Health Boards

Advisory Board on Alcohol and Drug Abuse
Board - Trust Partnership - ABADA (year 2 of 3) — These funds supplement state grants and will provide cross training development and implementation for professional stakeholders, including mental health providers, criminal justice system staff, child and adult protection workers. Funds also will allow consistent ABADA board participation in Trust meetings and meetings of other Mental Health Trust boards. \$18,000 MHTAAR

Board Development on Rural Issues - ABADA (year 3 of 4) — Funds will enhance the board’s rural planning and program development and enhance rural participation in the process. \$15,000 MHTAAR

Statewide Title 47 Initiative - ABADA (year 1 of 2) — Training and technical support across disciplines/professions for persons dealing with individuals eligible for Title 47 for alcohol/other drug involuntary commitments in an effort to increase the appropriate use of the statute and to reduce health risks, deaths, and negative consequences of alcohol/other drugs statewide. \$35,000 MHTAAR

Alaska Mental Health Board

Children’s Mental Health Services Coordinator (year 4 of 4) — Funds for a coordinator to assist in major planning and implementation activities for children’s mental health. \$56,500 MHTAAR and \$56,500 GF/MH



The annual rural outreach trips give policy-makers and administrators a ground-level view of the various challenges confronting villages and introduces them to local residents.

Board - Trust Partnership - AMHB (year 2 of 3) — Program to integrate mental health and substance abuse treatment services in Alaska based on recommendations from the Integrated Mental Health and Substance Abuse Steering Committee Project. \$27,000 MHTAAR

Public Awareness Campaign (year 1 of 2) — Funding for a public education campaign to spread the message that mental health matters and treatment works. \$15,000 MHTAAR Board Development on Rural Issues - AMHB (year 3 of 4) — Funds will enhance the board’s rural planning and program development and enhance rural participation in the process. \$15,000 MHTAAR

Governor’s Council on Disabilities and Special Education

Board - Trust Partnership - GCDSE (year 2 of 3) — Funds will restore state funding cut from the donated dental program which matches volunteer dentists with adults with disabilities and elderly Alaskans needing dental care. \$5,000 MHTAAR

Partners in Policymaking (year 2 of 5) — Provides training for people with developmental disabilities, parents and family members. It is designed to create advocates and leaders among individuals with developmental disabilities and their families. \$200,000 MHTAAR

Recruitment of Direct Service Workers (year 2 of 3) — Funds will assist in developing and implementing a targeted, systemic recruitment plan to address challenges facing the service delivery systems for Trust beneficiaries. \$150,000 MHTAAR

Inclusive Child-Care (year 2 of 3) — Project will expand intensive childcare training and technical assistance to child-

care providers statewide so they will include children with disabilities in their programs. \$100,000 MHTAAR

Individual Development Accounts — Project assists Trust beneficiaries in fostering independence and self-sufficiency by learning to save money to purchase assets such as a home or car. \$25,000 MHTAAR

Institutions and Administration

Mental Health and Developmental Disabilities Administration

Title 47 Data System (year 1 of 3) — Pilot project to identify frequency and disposition of Title 47 involuntary holds in communities across the state. The project will assist local communities in directing and evaluating their resources to address the individuals who are put into Title 47 holds. \$65,000 MHTAAR

Decriminalization Position — Funds a full-time position to develop and implement a plan to provide community-based services, including supported and transitional housing services, that focus on the prevention of persons being admitted to API and DOC who are mentally ill with co-occurring disorders. \$50,000 MHTAAR and \$50,000 GF/MH

Integrated Quality Assurance Review Process — Funding for integrated quality assurance program to conduct all on-site reviews of mental health, developmental disabilities and early intervention/Infant Learning Programs. \$175,000 MHTAAR and \$123,000 GF/MH

Mental Health Consumer Affairs Position (year 2 of 3) — Funding for a Consumer Affairs position, responsible for providing a consumer perspective at the program and policy level at the Division of Mental Health and Developmental Disabilities. \$45,000 MHTAAR and \$45,000 GF/MH

Inpatient Quality Assurance (year 1 of 3) — Provides for contract quality assurance reviews of mental health inpatient facilities to ensure that basic standards are uniformly applied and to ensure patient safety and appropriate treatment. \$30,000 MHTAAR

Assisted Living Licensing/Health and Safety Quality Assurance (year 1 of 5) — Funds to develop a comprehensive approach to health and safety quality assurance at assisted living homes. \$145,000 MHTAAR

Assisted Living Homes Licensing — Funds to hire additional staff to monitor DHSS-related assisted living homes to ensure they provide a safe and healthy environment for residents. Staff will follow up on reports of abuse and neglect and evaluate quality of care at licensing and renewal. \$100,000 GF/MH

Alaska Psychiatric Institute

API 2000 Community Services (year 4 of 4) — Funds to develop community services to allow Alaska Psychiatric Institute to downsize from 74 to 54 beds. \$467,800 MHTAAR and \$1,249,200 GF/MH

Administrative Services

Comprehensive Integrated Mental Health Plan — The plan is the outcome of a legislatively mandated planning process among the Department of Health and Social Services, The

Trust and the four beneficiary boards. The Trust funds annual development of the plan, which is used to guide program evolution and service delivery and contributes significantly to establishment of funding priorities. \$50,000 MHTAAR

Commissioner’s Office

Suicide Prevention Council — Funds will assist the Council in hiring a Coordinator and conduct a mental health conference on suicide. \$125,000 MHTAAR and \$100,500 GF/MH

UNIVERSITY OF ALASKA

University of Alaska Fairbanks

Distance Delivery BSW (year 2 of 3) — Funds to expand the Bachelor of Social Work degree distance learning program into additional rural communities. \$100,000 MHTAAR

ALASKA COURT SYSTEM

District Courts

Anchorage District Courts

Court Coordinated Resources (year 2 of 4) — Funds a project manager and a case coordinator to assist Trust beneficiaries with mental health court processes. \$150,000 MHTAAR

DEPARTMENT OF EDUCATION AND EARLY DEVELOPMENT

Special Education

Projects and Grants

Secondary Transition Capacity Building (year 1 of 5) — Funds for capacity building, coordination and collaboration among teachers, educators, administrators, state agency staff and service providers to improve the delivery of secondary education transition services. \$100,000 MHTAAR

Fiscal Year 2002 Trust Administration and Natural Resource Management

DEPARTMENT OF REVENUE

Alaska Mental Health Trust Authority

Trust Authority Administration — These funds (6.7 percent of total Trust income) provide the administrative and staff support to Trustees to complete the Trust Authority’s statutory obligation and mission to help improve the lives and circumstances of Trust beneficiaries. \$964,000 MHT Admin

DEPARTMENT OF NATURAL RESOURCES

Mental Health Trust Land Office

Mental Health Trust Land Office and Natural Resource Management — The Trust Land Office, supported by funds derived from Trust income, manages and develops Alaska Mental Health Trust lands on behalf of the Alaska Mental

Health Trust Authority to help improve the lives and circumstances of Trust beneficiaries. \$983,200 MHTAAR

Fiscal Year 2002 Projects Independently Administered by The Trust

Small Projects Funding — These funds support proposals up to \$10,000 each for projects that directly benefit beneficiaries or otherwise advance the goals and objectives of The Trust, or provide services outside regular programs of the state. \$250,000 MHTAAR

Rural Outreach Project (year 4 of 5)

— Provides travel and meeting costs for Trustees and staff, members and staff of planning boards/commission, and state administrative agency staff to gain knowledge of issues, barriers and services in rural communities. \$25,000 MHTAAR



Communities opened their doors wide to allow visitors to meet local residents and to observe the available programs and services.

Board Collaboration — These funds provide for travel and gathering of key members of each of the planning boards/commission that provide guidance to the Trust Authority regarding the four beneficiary groups. \$20,000 MHTAAR

Rural Funding Coordination (year 3 of 3) — Funds used to contract for services to establish rural funding system linkages based on the needs, priorities and plans developed by the beneficiary boards/commission. \$100,000 MHTAAR

Partnership Initiative — A project to increase the effectiveness of Trust funding by combining it with other funding sources to implement joint projects consistent with the planning boards/commission and Trust priorities. \$200,000 MHTAAR

Fiscal Year 2002 Capital

DEPARTMENT OF ADMINISTRATION

Adult Day Facility Dementia Design — Provides funding to contract with an architect with expertise in dementia design to analyze the state’s 12 adult day facilities. \$30,000 MHTAAR

Pioneer Homes ADRD Modifications — Funds to modify all six Pioneer Homes to accommodate the specific needs of ADRD residents. \$250,000 MHTAAR and \$250,000 GF/MH

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

Rural Facilities Renovation and Deferred Maintenance — Funds for program renovations and repairs and for American Disabilities Act improvements of rural facilities for beneficiaries. \$250,000 MHTAAR and \$250,000 GF/MH

Essential Program Equipment — Funds to solicit competitive grants for program equipment to provide increased quality of services to Trust beneficiaries. \$250,000 MHTAAR

Family Wellness Camps Facility Development — Funds to develop new Family Wellness Camps with regional partnerships participating in the projects. \$100,000 MHTAAR

Substance Abuse Treatment for Women and Children — Funding to support the operating increment that began in FY 01 for development of substance abuse treatment for rural women with children. \$250,000 MHTAAR and \$250,000 GF/MH

Deferred Maintenance for Rural Substance Abuse or Co-Located Programs — Funding for competitive capital grants for agencies providing services, activities, and programs for individuals and families receiving chemical dependency treatment services in rural areas. \$250,000 MHTAAR and \$250,000 GF/MH

Consumer Designed and Managed Projects — Funds to plan or carry out consumer-managed facility and community projects. \$175,000 MHTAAR

Urban Transitional Housing Facility — Funds to purchase and renovate a downtown Anchorage facility providing secure, safe, affordable, housing for homeless and very-low-income people and families. \$200,000 MHTAAR

Coordination and Resource Sharing with providers — Funds for a five-year capital initiative to reengineer the way the service system and State awards funds to providers and the way providers conduct business, including coordination and resource sharing, allowing them to focus on providing services for individuals and families. \$150,000 MHTAAR

Micro Enterprise Funds — Funds to purchase start-up equipment and working capital for beneficiaries who want to be self-employed; for service providers to establish small businesses to employ beneficiaries and for private enterprises interested in expanding their businesses in exchange for hiring beneficiaries. \$150,000 MHTAAR and \$150,000 GF/MH

Hearing Screening Assistive Technology — Funds to purchase a limited number of high-end hearing devices for loan to families of infants and toddlers diagnosed as hard of hearing. \$100,000 MHTAAR

Housing Modifications for Beneficiaries — Provides housing modifications to persons experiencing a disability, allowing them to remain in their homes and reducing the

potential cost of providing supported housing. \$150,000 MHTAAR and \$100,000 AHFC

ALASKA HOUSING FINANCE CORPORATION

Homeless Assistance Program — AHFC provides Homeless Assistance Program grants to assist non-profit organizations, local governments and regional housing authorities in addressing the emergency needs of homeless and near-homeless Alaskans. \$200,000 MHTAAR and \$250,000 AHFC

Beneficiary and Special Needs Housing Program — Provides funds to non-profit service providers and housing developers to increase housing opportunities to beneficiaries throughout Alaska. \$1,500,000 AHFC

DEPARTMENT OF NATURAL RESOURCES

TLO Land and Value Enhancement — The Trust Land Office will contract for services related to the enhancement of parcel-specific Trust land and resource assets. Funds will be used to facilitate the disposal or development of Trust resources. \$950,000 MHTAAR

DEPARTMENT OF TRANSPORTATION AND PUBLIC FACILITIES

Coordinated Transportation and Vehicles — Department of Transportation/Public Facilities uses these capital funds for competitive grants for coordinated transportation services for Trust beneficiaries, or to purchase vehicles for beneficiaries where coordinated services are not yet available or appropriate. \$150,000 MHTAAR and \$250,000 GF/MH.



Sarah Williams of the Department of Corrections shared some time with local children in Savoonga on the March 2001 rural outreach trip.

Services Funded
in Fiscal Year 2001

The Comprehensive Integrated Mental Health Program services funded during the 2001 fiscal year included adjustments to the GF/MH base, operating budget projects, capital budget projects and projects administered by The Trust. Following is a summary of those projects.

Adjustments to the Fiscal Year
2001 GF/MH Base

DEPARTMENT OF ADMINISTRATION

Legal and Advocacy Services

Public Defender Agency — Funding for Public Defenders to advocate in involuntary commitment proceedings for beneficiaries, many of whom are in API. \$126,000 GF to GF/MH

DEPARTMENT OF HEALTH AND
SOCIAL SERVICES

Medical Assistance

API 2000 — Transferring these funds from Psychiatric Emergency to Medicaid services will allow the leveraging of federal Medicaid match for the community services element of API 2000. \$550,300 GF/MH

DSH Revenue Offset — Transfer will offset the loss of Disproportionate Share funds to the Alaska Psychiatric Institute. \$2,296,500 GF/MH from Medical Assistance/Medicaid State Program to Inst & Admin/API

API 2000 Fund Source Change — Fund source change necessary as part of the transition to the new API and increased community services. \$1,763,200 GF Program Receipts to GF/MH

Fiscal Year 2001 Operating

DEPARTMENT OF ADMINISTRATION

Protection, Community Services and Administration

Assisted Living Rate Increase (DOA), year 1 of 2 — This increment will increase the daily rate for assisted living homes. \$391,000 MHTAAR & \$445,600 GF/MH. It is included in a fiscal note attached to SB73.

Rural Long-Term Care Development Extension, year 3 of 4 — This project, extended for two additional years, is providing a comprehensive and coordinated approach to long-term care development in rural Alaska. \$149,300 MHTAAR

Quality Assurance Unit Development, year 1 of 3 — This funding will establish a quality assurance unit that will move across DSS program lines as well as coordinate and meet regularly with other divisions to deliver multiple services with a wide variety of funding streams. \$175,000 MHTAAR

Board Development on Rural Issues – ACoA — Funds to enhance the board’s rural planning or program development. \$15,000 MHTAAR

Home and Community Based Care

Rural Respite Video Training Program — Funding for Alzheimer’s Association Alaska Chapter to develop a video

FUND DISPERSAL IN 2001



- MH Programs Operating — 57%
- TLO Operating & Capital — 10%
- Trust Authority Administration — 6%
- Small Grants & Contracts — 2%
- MH Programs Capital — 25%

training program to enhance rural respite workers’ skills. \$56,100 MHTAAR

Innovative Respite for ADRD, year 3 of 3 — This is a project that provides grants to existing respite providers to explore innovative ways to deliver respite services. \$300,000 MHTAAR

Mini-Grants for Beneficiaries with ADRD Beneficiaries — Grants for basic living needs not covered by current grants to help this beneficiary group to attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

Day Treatment for CMI Elderly, year 1 of 3 — Provides day treatment to the mentally ill elderly. \$350,000 MHTAAR

Substance Abuse Treatment for the Elderly, year 1 of 3 — Funds projects that will provide substance abuse treatment to the elderly in Juneau, Ketchikan and Fairbanks areas. \$263,400 MHTAAR

Home Health
Comprehensive Assessment, year 1 of 3 — Provides funds for Lutheran Health Systems working through the Heritage Place Nursing Facility in Soldotna to consolidate and enhance assessment/certification tools currently in use for Trust beneficiaries and others in their facilities. \$51,300 MHTAAR

Office of Public Advocacy
Guardianship Resources — This funding will provide training and technical assistance to private and family guardians. \$100,000 MHTAAR

DEPARTMENT OF CORRECTIONS

Inmate Health
DOC Women’s Psychiatric Unit — This increment completes the transition to GF/MH funding for the Hiland Mountain Women’s Psychiatric Unit. \$200,000 GF/MH

Jail Alternative Services, year 3 of 3 —Funding for a diversion program to link misdemeanants with mental illnesses or certain other disabilities to community-based services. \$130,000 MHTAAR

Men’s Sub Acute Care Unit — Funding for equipment and modifications at Spring Correctional Center Echo Module that houses up to 50 seriously mentally ill men. \$30,000 MHTAAR

Inmate Programs
Residential Substance Abuse Treatment for Women, year 3 of 3 — Demonstration project to provide 64 chemical dependency treatment beds for women at Hiland Mountain Correctional Center. \$59,000 MHTAAR

Residential Substance Abuse Treatment for Men — Funds for a pilot residential substance abuse treatment program for male inmates in a therapeutic community. \$82,900 MHTAAR

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

Adult Public Assistance
Services for Beneficiaries — This one time contribution to services assists the state in grant continuation in other areas of the budget. \$1,273,000 MHTAAR

Purchased Services
Training for Adoptive Parents with Special Needs Children, year 2 of 2 — This project develops and delivers training for adoptive parents of special needs children in state custody. \$100,000 MHTAAR

Project SUCCEED, year 2 of 2 — Trust funding will continue to leverage \$312.0 in federal funds to continue a several-year project to move special needs children from DFYS custody into permanent homes with adoptive parents or guardians. \$390,400 MHTAAR

Fairbanks Residential Diagnostic and Treatment Center Renovations — This pays operating costs for the first few months of a new 6-bed Residential Diagnostics and Treatment Center in Fairbanks, and up to one years’ rent for the mental health agency. \$100,000 MHTAAR & \$100,000 GF/MH

Residential Care Provider Training — Funding for a training coordinator and a grant to train direct service workers in 16 residential care agencies that provide supervision and treatment to youth that have significant behavioral health problems. \$50,000 GF

Division of Family and Youth Services
Regional DFYS Psychiatric Nurses, year 2 of 2 — These funds leverage \$403.7 in federal funding to pay for psychiatric nurses and support staff to review treatment progress of children in out-of-state residential psychiatric facilities and strengthening the DFYS placement process. \$134,600 MHTAAR

State Health Services
Behavioral Health Services and Supports for Young Children — These funds will be used to implement a training and consultation model for providers and families of children enrolled in early intervention/infant learning programs on a statewide basis. \$120,000 MHTAAR

Healthy Families Control Group Study, year 3 of 5 — The legislature requested that a control group study be implemented in Alaska prior to any increases in funding for the program. \$100,000 MHTAAR

Infant Learning Stabilization & Risk Management — These funds will help leverage federal funds used to pay for stabilization and risk management for the Infant Learning Program which is provides early intervention for infants and toddlers with disabilities and their families. \$700,000 GF

Alcohol and Drug Abuse Administration
EAS Administration — These funds provide transition funding from July 1 to October 1 to support services until federal funding becomes available. \$50,000 MHTAAR

Alcohol and Drug Abuse Grants
Mini-Grants for Beneficiaries who are Chronic Alcoholics with Psychosis — Grants for basic living needs not covered by current grants to help this beneficiary group attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

Substance Abuse Treatment for Rural Women with Children, year 1 of 3 — Expand residential and outpatient treatment for rural women and children through DHSS referral. \$500,000 MHTAAR

Chronic Alcoholic Domiciliary Long Term Care in Fairbanks, year 4 of 4 — Trust funding for a successful domiciliary care program in Fairbanks that serves late-stage chronic alcoholics whose severe physical and/or cognitive debilitation makes traditional treatment inappropriate and ineffective. \$160,000 MHTAAR

Women and Children Collaboration Project, year 2 of 3 — Demonstration project that allows women in small communities to participate in day treatment while being housed in local domestic violence shelters. \$50,000 MHTAAR

Spirit Camp Development, year 1 of 3 — Funding for at least one additional Spirit Camp, which emphasizes culturally relevant, family-oriented chemical dependency treatment in a subsistence lifestyle setting. \$143,300 MHTAAR

Community Mental Health Grants
Assisted Living Rate Increase — Chronic Mental Illness and DD, year 1 of 2 – Increases the daily rate for assisted living homes for this beneficiary group from \$37.83 per day to \$50 in FY2001. It is included in a fiscal note attached to SB73. \$459,000 MHTAAR & \$462,700 GF/MH

Integrated Supports for People with Co-Occurring Disorders, year 1 of 3 — Project to bridge start-up costs for 10 units of housing with highly structured supports for people who have multiple and complex diagnoses. \$202,000 MHTAAR

Mini-Grants for Beneficiaries Experiencing Mental Illness — Grants for basic living needs not covered by current grants to help this beneficiaries group attain and maintain healthy and productive lifestyles. \$300,000 MHTAAR

Services for People with Brain Injuries — Funding for a demonstration project to identify and test best rehabilitation methods for Alaskans with brain injuries. \$100,000 MHTAAR

Mental Health Consumer and Family Conference — Funds pay for leadership training for mental health consumers and their families. \$50,000 MHTAAR

Rural Emergency Services and Training, year 1 of 3 — This project would address existing emergency mental health service needs and emergency services training in rural communities. \$250,000 MHTAAR

Mental Health Stabilization Homes, year 1 of 3 — Funds two mental health stabilization homes in Anchorage and Fairbanks. \$200,000 MHTAAR

Rural Services for Deaf/Hearing Impaired — This project provides mental health and substance abuse professionals

trained to provide services to individuals who are deaf or who have hearing impairments. \$64,200 MHTAAR

Community Developmental Disabilities Grants
Mini-grants for Beneficiaries with Developmental Disabilities — Grants for basic living needs not covered by current grants to help this beneficiary group to attain and maintain healthy and productive lifestyles. \$300,000 MHTAAR

ADA Community Program Accessibility Phase II, year 2 of 2 — Provides training and technical assistance for parks and recreation personnel on how to include individuals with developmental disabilities in their classes and activities. \$100,000 MHTAAR

“Earn as You Learn” Program, year 2 of 3 — Funds to develop and provide formal, competency-based training for people already employed in the field. \$200,000 MHTAAR

Developmental Disabilities Risk Management and Institutional Prevention, year 2 of 3 — Funding to preserve the infrastructure of developmental disability service providers. \$240,000 MHTAAR & \$120,000 GF

Institutions and Administration
Mental Health Consumer Affairs Position, year 2 of 2 — Trust funds will pay for a second year of a position that will enhance the voice of Alaska’s mental health consumers in planning, design, implementation, and evaluation of State mental health services. \$90,000 MHTAAR

Integrated Quality Assurance Review Process — Funds to develop and begin implementation of an integrated quality assurance program for developmental disabilities, infant learning program and mental health providers. \$225,000 MHTAAR

API 2000-Community Services, year 3 of 4 — Assist the state in reducing the impact of Medicaid Disproportionate Share fund reduction while the state transitions to full implementation of API 2000. \$1,291,500 MHTAAR

Mental Health Boards
Alaska Mental Health Board
Board-Trust Partnership AMHB — Funding to establish common performance measures for the state’s public mental system. \$27,000 MHTAAR

Board Development on Rural Issues AMHB — Funds to enhance the board’s rural planning or program development. \$15,000 MHTAAR

Children’s Mental Health Services Coordinator — Year 3 of 3 — Funds to hire a coordinator to assist in major planning and implementation activities for children’s mental health. \$109,000 MHTAAR

Governor’s Council on Disabilities & Special Education
Board-Trust Partnership GCDSE — Funds to match the legislature’s contribution for dental care for people with developmental disabilities. \$5,000 MHTAAR
Board Development on Rural Issues GCDSE — Funds to enhance the council’s rural planning or program development. \$15,000 MHTAAR

Partners in Policymaking, year 1 of 3 — Funding for leadership training for people with developmental disabilities, their parents and family members. \$100,000 MHTAAR

Recruitment of Direct Service Workers, year 1 of 3 — Funding for a Steering Committee to examine the difficulty in recruiting direct service workers. \$75,000 MHTAAR

Economic Development Alliance, year 3 of 3 — Project designed to address two major barriers to employment for people with developmental disabilities and/or severe mental illness and chronic alcoholics with psychosis: lack of work opportunities and employer discrimination. \$200,000 MHTAAR

Medical Waiver Study Implementation — Funds to implement recommended efficiencies, streamlining and solutions to several issues found in a Trust-funded review of the current processes, paperwork and billing systems of the Alaska DD Medicaid Waivers system as compared to other states. \$48,3000 MHTAAR

Inclusive Child Care, year 1 of 3 — Expansion of intensive child care workshop opportunities to child care providers statewide through the First Start program. \$100,000 MHTAAR

Employment Initiatives — This project addresses two major barriers that prevent people with developmental disabilities or mental illness from getting and keeping employment: loss of health coverage and financial disincentives. Funds will be used to design and advocate for an efficient and cost-effective cross-agency work incentives system. \$47,500 MHTAAR

Advisory Board on Alcoholism and Drug Abuse

Board-Trust Partnership ABADA — Funds to create a database for identifying and tracking statewide expenditures related to alcoholism and its negative consequences. \$18,000 MHTAAR

Board Development on Rural Issues ABADA — Funds to enhance the board’s rural planning or program development. \$15,000 MHTAAR

Administrative Services

Comprehensive Integrated Mental Health Plan — Funding for the annual development of this plan, which is used to guide program evolution and service delivery and contributes significantly to the establishment of funding priorities. \$50,000 MHTAAR

DEPARTMENT OF NATURAL RESOURCES

Trust Land Office Administration — The Trust Land Office (TLO), supported by funds derived from Trust income, manages and develops Alaska Mental Health Trust lands on behalf of the Alaska Mental Health Trust Authority. These funds provide for the administrative and staff support for the TLO. \$938,500 MHTAAR

DEPARTMENT OF REVENUE

Alaska Mental Health Trust Authority

Trust Authority Administration — These funds, derived from Trust Income, provide the administrative and staff sup-

port to Trustees to complete the Trust Authority’s statutory obligation and mission to help improve the lives and circumstances of Trust beneficiaries. \$907,400 MHT Admin

Alaska Building Fund — Established by the legislature via HB112, this project provides funding for state building maintenance. \$21,500 MHT Admin

Trust-related State Salary/benefits Increases — This represents the Mental Health Trust Administration funds that will be needed to ensure that Trust employees receive their portion of bonuses and health benefit adjustment that were approved by the legislature for state employees. This allocation also includes an adjustment for worker’s compensation. \$11,300 MHT Admin

ALASKA COURT SYSTEM

Court-coordinated Resources — This project funds a project manager and a case coordinator, who will assist Mental Health Trust beneficiaries with Mental Health Court processes. The Court Coordinated Resources Project (CCRP) is a companion project to Jail Alternative Services (JAS), the Department of Corrections pilot program funded by the Alaska Mental Health Trust Authority. Together, CCRP (for out-of custody defendants) and JAS (for those in custody) comprise what is known as the Mental Health Court in the Anchorage District Court, a program of intensive case management and court supervision for Trust beneficiaries convicted of misdemeanor offenses. \$75,000 MHTAAR

UNIVERSITY OF ALASKA

Distance Delivery BSW, year 1 of 3 — Funds will start up distance delivery of a statewide, accredited Bachelor of Social Work (BSW) degree program in Southeast Alaska. \$102,000 MHTAAR

VARIOUS DEPARTMENTS

Trust-related State Salary/benefits Increases — This represents the portion of MHTAAR that will be needed to ensure that funds are not deducted from service delivery funds for Trust-related projects in order to provide employee bonuses and health benefit adjustments that were approved by the legislature for state employees. \$61,800 MHTAAR

Worker’s Compensation Adjustments — This funding updates Worker’s Compensation benefits for departments receiving significant funding from the Trust. \$28,400 GF/MH and \$2,600 MHTAAR

Fiscal Year 200I Projects Administered Independently by the Trust

Trust Small Projects Funding — These funds support proposals up to \$10,000 each for projects that directly benefit beneficiaries or otherwise advance the goals and objectives of the Trust, and also provide services outside the regular programs of the state. \$210,000 MHTAAR

Rural Outreach Project, year 3 of 5 —Provides travel and meeting costs for the Trustees and their staff, members and

staff of planning boards/commission and state administrative agency staff to gain knowledge of issues, barriers, and services in rural communities. \$25,000 MHTAAR

Board Collaboration — These funds provide for travel and gathering of key members of each of the four boards/commission that provide planning and guidance to the Trust Authority regarding the four beneficiary groups. \$20,000 MHTAAR

Rural Funding Coordination, year 2 of 3 —Funds used to contract for services to establish service system and funding system linkages based on the needs, priorities and plans developed by the beneficiary boards and commission. \$125,000 MHTAAR

Telepsychiatry — The Trust will coordinate with the Alaska Telemedicine Project and Alaska Science and Technology Foundation and the federal AFCAN project in developing and expanding Alaska’s capacity to serve its rural citizens using telepsychiatry. \$75,000 MHTAAR

Fiscal Year 200I Capital DEPARTMENT OF ADMINISTRATION

DSS Data Integration Project — Funds to develop the Division of Senior Services integrated database. \$308,200 MHTAAR

Adult Day Facility in Juneau — Funds to assist Catholic Community Service/ Southeast Senior Services to plan a facility to address the current and future needs for expansion of the Bridge Adult Day Program in Juneau. \$100,000 MHTAAR

DEPARTMENT OF CORRECTIONS

Telepsychiatry Project — Funds to equip 10 DOC facilities and at least 10 community mental health centers as well as DOC and DMHDD psychiatrists, with enhanced telepsychiatric equipment and training. \$150,000 MHTAAR

DEPARTMENT OF HEALTH AND SOCIAL SERVICES

Facility Renovation and Deferred Maintenance — Funds for provider renovations and repairs and for American Disabilities Act improvements in both rural and urban settings. \$550,000 MHTAAR & \$100,000 GF/MH

Essential Program Equipment —Competitive grants for program equipment solicited from service providers to provide increased quality of services to Trust beneficiaries \$250,000 MHTAAR & \$50,000 GF/MH

API Stop Gap Repairs — Funds to cover cost of materials and labor for annual maintenance of API’s physical plant and grounds. \$225,000 MHTAAR and \$154,500 AHFC

API 2000: Replacement of Existing Facility — Funds may be needed for demolition of the old building. A final decision has yet to be made concerning which building option to pursue. \$1,000,000 MHTAAR

Coordination and Resource Sharing Among Providers — Pays for a contract with an external evaluator who will conduct an examination of the current systems and processes. \$100,000 MHTAAR

Spirit Camp Facility Development — Funds to develop new spirit camps with regional partnerships participating in the projects. \$100,000 MHTAAR

Fairbanks Community Mental Health Center Relocation — Funds to move the Fairbanks Community Mental Health Center from a portion of the Fahrenkamp Center into a new location. \$150,000 MHTAAR

Fairbanks Reopen Fahrenkamp Residential Facility — Funds for some costs necessary to renovate a portion of the Fahrenkamp Center to a Residential Diagnostic and Treatment Center for children with serious emotional disturbances. \$100,000 MHTAAR and \$395,000 AHFC

Housing Modifications for Trust Beneficiaries — Increase the accessibility of current housing so Trust beneficiaries can move into or remain in their own homes. \$150,000 MHTAAR & \$100,000 AHFC

Transitional Housing for Recovering Substance Abusers — Pays for transitional housing units in rural hub communities for people requiring safe and sober housing following treatment completion. \$300,000 MHTAAR

DEPARTMENT OF NATURAL RESOURCES

TLO Land and Value Enhancement — Funds will be used to facilitate the disposal or development of Trust resources based on the Trust’s long-term asset management strategy. \$870,000 MHTAAR

DEPARTMENT OF REVENUE

Alaska Housing Finance Corporation

Beneficiary and Special Needs Housing — Funds for Alaskan non-profit service providers and housing developers to increase housing opportunities for Trust beneficiaries and other special needs populations throughout Alaska. \$1,500,000 AHFC

Homeless Assistance Program — Grants to assist non-profit organizations, local governments and regional housing authorities in addressing the emergency needs of homeless and near-homeless Alaskans. \$200,000 MHTAAR and \$250,000 AHFC

DEPARTMENT OF TRANSPORTATION AND PUBLIC FACILITIES

Coordinated Transportation/Vehicles — Competitive grants for coordinated transportation services and startup operating funds, or to purchase vehicles for Trust beneficiaries where coordinated services are not yet available or appropriate. \$500,000 MHTAAR

**The Alaska Mental Health Trust Authority
2001 Annual Report**

Design by: Creative Guy, Inc.

Coordination and copywriting by: Hamilton Public Relations

Printing by:

Photo credits: Al Grillo, pages 1 and 17; Wordwright, pages 3 and top of page 9; Hamilton Public Relations, bottom of page 9; Ionia, Inc., pages 10 - 12; Rural Outreach Team, pages 19 - 37

This report was printed at a cost of \$0.00 each.

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