The Alaska Mental Health Trust Authority Annual Report 2000













Building Partnerships for Change

A Catalyst for Change and Improvement of Alaska's Mental Health Services

# Building Partnerships for Change

The Alaska Mental Health Trust Authority Annual Report

2000

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## *The Trust's* **Vision** and **Mission**

The Alaska Mental Health Trust Authority administers the Mental Health Trust established in perpetuity. It has a fiduciary responsibility to its beneficiaries to enhance and protect the Trust and to provide leadership in advocacy, planning, implementing, and funding of a comprehensive integrated mental health program to improve the lives and circumstances of its beneficiaries.



*Jeff Jessee, Executive Director, (left) and Betty Sorensen, Chief Financial Officer* 



Mary Elizabeth Rider, Planner, (left to right) Heather Ireland, Intern, and Bill Herman, Planner



Odis Adams, Program Service Aide, (left) and Laura Schalavin, Administrative Clerk

Alaska Mental Health Trust Authority Staff

9.

February 15, 2001

## Message from the Chair



Fellow Alaskans:

When foundations, government, communities and advocates pool their efforts as partners, the result can be great improvements for people who need help. The Trustees regard The Trust as a catalyst for forging partnerships to focus on Alaska's mental health issues.

Foundations such as The Trust typically give funds to charitable causes to assist grantees in stemming the tide of social disorders. Foundations are rarely involved in public policy, but they can be. The Trust has transcended the traditional foundation role to create a new model in which the Trustees are keenly involved in public policy. By influencing government, foundations can reduce the need for charitable solutions to public problems.

Likewise, policymakers should be interested in foundations because government and private funding groups are a powerful mix. State and local governments have limits. Their funding streams move slowly and cannot always respond effectively to emerging issues. Foundation funds can move more quickly, but foundations often do not have the depth of policy knowledge or experience.

A marriage of the two can be advantageous. Policymakers are interested in their constituents and in improving efficiency while reducing costs. Foundations are interested in providing short-term funding for good works. Government determines long-term funding strategies and sets policy. When government and foundations form alliances they can share the financial load while doing good.

The Trust is a public corporation of the state that acts as a foundation. It has both constituent and funder interests in mind. The Trust's unique position has led Trustees to build government partnerships both on the legislative and administrative level. These relationships have leveraged Trust funds into long-term state dollars to improve services for beneficiaries.

The Trust's other primary partners are four advisory boards who represent Trust beneficiaries. Each year they make budget recommendations for the state's Comprehensive Integrated Mental Health Program.

Partnerships are not created overnight. Advocates, funding organizations and government each have roles to play. These roles include determining the need and vision for change, providing expertise, bringing funding, or serving as a mechanism for implementing change.

A few examples of The Trust's partnerships during FY00 are featured in this annual report as evidence that partnering is an effective tool when trying to improve the lives and circumstances of our beneficiaries. The Trustees are devoted to continuing our efforts to unite communities, foundations, government, and advocates as partners so we can persist in making improvements for people who need help.

On behalf of the Board of Trustees,

aven Kobenson

*Caren Robinson* FY00 Chair

## Leading Through Partnering

Standing: Phil Younker, Jr., Secretary/Treasurer; Susan LaBelle, Rural Outreach Ad Hoc Committee Chair; John Pugh, Vice Chair and Comprehensive Integrated Mental Health Plan Chair; Nelson Page, Budget Committee Chair. Seated: Tom Hawkins, Asset Management Committee Chair; Caren Robinson, Chair; John Malone, Program and Planning Committee Chair.

## FY00 Trustee Board Officers and Committee Assignments

A true partnership is best described as an alliance or association between individuals or groups who, through mutual cooperation and responsibility, are working toward a specified goal. During the past fiscal year the Alaska Mental Health Trust Authority Board of Trustees has worked tirelessly to develop partnerships on many fronts in an effort to improve the lives and circumstances of Trust beneficiaries.

These beneficiaries include Alaskans who experience:

mental illness,

The

Board of

Trustees

- mental retardation or similar disabilities,
- chronic alcoholism with psychosis, or
- Alzheimer's disease or related dementia.

Partnering is not a new concept to The Trust. On the contrary, it has become evident over the past five years that the most effective use of Trust funds has been to leverage those funds with that of other organizations and state and federal agencies to increase the financial firepower being directed toward issues facing beneficiaries.

Likewise, partnerships with groups and agencies with mutual interests have lead to creative and substantive approaches to solving problems and overcoming barriers for beneficiaries.

This year's annual report takes a look at some of these partnerships and how the Trustees have taken a leadership role in building alliances across the state to benefit Trust beneficiaries.

## Two Heads Really Are Better Than One

## Our Partners

## *Rural Outreach — Seeking New* Partners

## Advisory Boards — Widening the Doorway

Trustees provide leadership in planning, implementing, and funding of the state's annual Comprehensive Integrated Mental Health Program. The Trust relies on three advisory boards and a commission for information in shaping the program and budget recommendations each year. These advisory groups are:

- Advisory Board on Alcoholism and Drug Abuse (ABADA),
- · Alaska Commission on Aging (ACoA),
- · Alaska Mental Health Board (AMHB), and
- Governor's Council on **Disabilities and Special** Education (GCDSE). Each reviews the Comprehen-

sive Integrated Mental Health Program and recommends ways to use Trust income to the best interest of the beneficiary group each represents.

Working in partnership with the advisory groups has widened the doorway of understanding for Trustees, who must serve as advocates for their beneficiaries with

the legislature, state and federal agencies and providers. By building alliances with its advisory groups,"The Trust has helped bring critical issues to the forefront and stakeholders to the table," said Walter Majoros, executive director of the Alaska Mental Health Board.

The Trust also has encouraged partnerships among its advisory groups so they jointly tackle the problems shared by their common beneficiaries. Jane Demmert, executive director of the Alaska Commission on Aging, cites two examples: AMHB and ACoA recently collaborated on an assessment of the mental health needs of the elderly; and ABADA and ACoA are jointly examining substance abuse and the elderly. Such collaborations, Demmert said, are a more effective use of funds and can lead to improved services and programs for a wider pool of Trust beneficiaries.

The Trustees through the Rural Outreach Ad Hoc Committee have committed to a concentrated rural outreach program that they hope will ultimately lead to expanded resources and services for rural beneficiaries. Committee members include Trustees and members from the four Trust-related boards. In FY00 the committee traveled to Ft.Yukon for a first-hand look at some of the issues facing rural communities and service providers in the Interior communities of Arctic Village, Venetie, Chalkytsik and Rampart.



Alaska Commission on Aging

According to Trustee Susan LaBelle, the committee's annual trips to small communities have given rural residents an opportunity to learn more about The Trust and what it does. She says, Trustees have, in turn, gotten a closer look at the very real need to develop services geared specifically for the rural communities, taking into consideration the cultural diversity of villages and small towns.

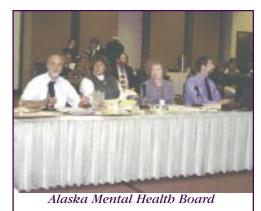
Trustees hope to see changes in rural services come about through collaboration with other grant makers, funding sources and interested parties. Such collaborations have the potential for leveraging The Trust's and the state's resources with other matching funds to increase services to rural beneficiaries. These efforts will likely expand the knowledge and appreciation for issues affecting The Trust's rural beneficiaries in the wider community of policymakers and funders.

To assist in this effort, Trustees have hired consultants Diane Kaplan and Roy Huhndorf.

Projects in their multi-year work plan include initiatives such as helping recruit partners to fund spirit camps, and finding funding for transitional housing for recovering substance abusers in hub rural communities.

The contractors will also assist villages in connecting with funding sources for Trustrelated projects, assist The Trust in developing relationships with new rural funding partners, and assist in setting up technical assistance to organizations providing or attempting to provide services to rural beneficiaries.

In the coming year, Trustees are planning a trip to the Bering Straits area.



## State Agencies — Working in Collaboration

The Trustees have found that parterning with state agencies creates a greater pool of resources from which to draw, both for expertise and funding. By working collaboratively with other agencies, Trustees have greater resources to direct at an issue, whether its through advocacy, planning or funding.

"The Trust also gives an increased level of accountability, because people don't trust bureaucracy," said Majoros. "The Trust has helped create a buffer between the public and bureaucracy," he explained.

Frequent state partners include the Department of Health and Social Services, Department of Corrections, Department of Transportation and Public Facilities, and Alaska Housing Finance Corporation.

"Effective partnerships require more than cooperation," said Margaret Pugh, commissioner of the Alaska Department of Correction, "they require collaboration." Pugh explains that true collaboration requires that everyone come to the table with a win-win notion, in which all are willing to voice their needs and work toward a successful resolution to a problem. "That means you might have to give up something in order for everyone to win," said Pugh. "The Trust has provided the framework for collaboration on the part of the beneficiaries that is so necessary to provide continuing and appropriate care."

## The Legislature — Creating Funding Allies

Trustees work two ways to partner with the legislature: crafting an annual budget for the Comprehensive Integrated Mental Health Program and advocating for individual legislative bills. In both instances, Trustees have created a model for funding in which The Trust may bear part of the initial cost of a project to allow the legislature to increase its budget incrementally, easing the expense into the budget gradually.

Nearly half of each fiscal year is devoted to crafting an alliance with the legislature that will lead to funding the capital and operating budget for the Comprehensive Integrated Mental Health Program.

By statute, the mental health budget is a separate appropriation bill. The bill has

several components, including a base budget for mental health services funded from the state's general fund. The base is determined by the previous year's budget. Each year, Trustees



State Sen. Mike Miller, (left to right), Monta Faye Lane, owner of Arctic Hearth Assisted Living Home in North Pole, and resident David McKinnon.

recommend adjustments and increments to the base as needed. The Trustees frequently choose to have state agencies administer Trust funds and these agencies must have legislative approval to receive and spend Trust money. Finally, the separate appropriation bill includes capital funds for mental health projects.

Trustees also advocate for other legislation that will benefit beneficiaries. For example, Senate Bill 73 was passed in 1999, increasing the state asssisted living rate from \$34.50 to \$50 per day. Funding for the increase came in part from The Trust. A total of \$956,400 in Trust receipts was included in the funding package for FY01. In subsequent years the rate will increase to \$60 and \$70, respectively, with full funding through the legislature. The legislation was spearheaded by Sens. Mike Miller and Gary Wilken, and was sponsored in the House of Representatives by Rep. Gail Phillips.

# Beneficiaries Reap the Rewards of Partnerships

## Dentists Donate Services through Governor's Council

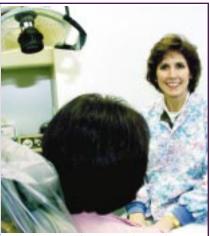
The need: Hundreds of disabled and older Alaskans suffer from seriously neglected dental diseases because they cannot afford care. Neither Medicaid nor Medicare pays for dental treatment for adults, except for emergencies. With no public aid, these individuals, who often have minimal incomes, do not receive preventive dental care and simple restorative care. Unfortunately, this often results later in more complicated dental procedures to save teeth, or prosthetics for missing teeth.

The partnership: The National Foundation of Dentistry for the Handicapped (NFDH) started the Donated Dental Services (DDS) program in 1985 to help these individuals and has since established programs in 25 states. In Alaska, the Alaska Dental Society and NFDH collaborated on a DDS program in 1994. Since that time, approximately 50 agencies, mostly serving Trust beneficiaries, have referred disabled or older people to the DDS program.

For FY00, the legislature appropriated \$10,000 to the Governor's Council on Disabilities & Special Education toward the \$19,002 cost of operating the program. The Trust also awarded a small grant of \$10,000 for this program.

The benefits: Since its inception, 105 disabled Alaskans have received dental care through the DDS program. In FY00, 69 volunteer dentists and 20 laboratories donated \$60,220 worth of services in Alaska to care for individuals who were developmentally disabled, chronically or mentally ill, or elderly. Their care averaged \$1,943 per person, demonstrating the comprehensive nature of the care the volunteer dentists provide.

In addition to the 31 who completed their treatment last year, 24 more were receiving care at the close of the fiscal year. These included six with developmental disabilities, four with chronic mental illness, six older Alaskans and eight with other disabilities or medical problems.



Anchorage dentist Julie Robinson participates in the donated dental program.

One story: Mr.W., a 78-year-old Kenai man, received help through the DDS program last year after his son applied for help.

According to a report from NFDH, Mr. W. was suffering because many of his teeth had rapidly decayed in the last few years. The infections were compromising his overall health so getting Mr. W. dental care was very important.

However, with only \$872 in monthly Social Security income, he could barely afford basic living expenses. Paying for costly dental treatment was out the question for Mr. W., and his son could not afford the expense either.

Thanks to a volunteer dentist, Mr. W. received extensive care, including an extraction, several restorations and two crowns. The dentist's dental laboratory also donated the fabrications for his crowns.

As a result of these volunteers, Mr. W. received \$3,190 worth of muchneeded care that he might never have received otherwise.

## Homeless Programs Get a Boost from AHFC

The need: Housing is one of our most basic human needs. Sometimes having this one commodity — a safe place to sleep can help a person turn away from a path that could lead to jail, to substance abuse, or to the loss of parental rights over one's own children. The Homeless Assistance Program (HAP) is designed to provide a safety net for the homeless when times are tough.

HAP was established by the Alaska Housing Finance Corporation (AHFC) in



Nancy Elliott (right) is a Women's Advocate at the Interior Alaska Center for Non-Violent Living in Fairbanks.

1993 to provide grants to state agencies, local governments, regional housing authorities and non-profit organizations to address the emergency needs of the homeless. Some Trust beneficiaries appear to be at disproportionately higher risk of becoming homeless than other Alaskans. Individuals with mental illness, chronic alcoholism with psychosis, or dual diagnoses appear to be at particularly high risk.

HAP funds are generally used to develop, expand or support the operation of emergency or transitional

housing facilities, to provide financial assistance to prevent homelessness, to provide housing placement assistance, or to provide other related supportive services such as case management or life-skills training. Program funding is included in the state's annual capital budget. Eligible activities are frequently programs that will either develop or expand an existing homeless shelter. There are also requests for help that will keep shelter doors open when funding runs low.

The partnership: According to Kris Duncan, a planner at AHFC, the need for assistance often far outweighs the available funding. Requests for FY00 totalled more than \$1.7 million. That's when Alaska Housing Finance Corporation teamed with The Trust. AHFC contributed \$250,000 and The Trust contributed \$200,000 to HAP, helping five grantees in Kodiak, Juneau, Unalaska, Fairbanks and the Mat-Su Borough to better serve the homeless and near-homeless. The benefits: Overall, 45 percent of those served by HAP in FY00 were mental health beneficiaries. Results of HAP funding include:

- 150 households avoided homelessness;
- 25 homeless individuals or families were placed in permanent housing;
- 1,814 bed nights were provided in shelters;
- 777 persons received HAP-funded supportive services, such as housing information and referral, case management, life skills, childcare, and transportation;
- 23 beds/units were preserved through shelter upgrades, and
- 6 beds and a children's play area were added to an existing shelter.

One story: Domestic violence is the number one health risk for women today; more frequent than automobile accidents, muggings and rape combined. Women in Fairbanks have found a refuge from domestic violence and sexual assault at the Interior Alaska Center for Non-Violent Living. The center offers women a safe shelter to rest and explore their options for breaking away from abusive relationships.The Center helps women by providing referrals for housing, daycare and other assistance.

All too frequently those who are involved in domestic violence show dependence on drugs and alcohol, according to Brenda Stanfill, executive director at the center. "We see situations where either the batterer, the victim or both are substance abusers," said Stanfill. The center recently increased its capacity with a HAP grant which was used to add a 1,982-square-foot, threestory extension. The addition increased the bed spaces to 46 and added a living room, playroom, bathroom, group room and two offices where counselors can meet with victims. "This has made our lives and those of our clients a lot nicer." said Stanfill.

## Distance Learning Offers Caregiver Training

The need: It is ironic that the members of our society who need the most care are attended by those who are among the lowest paid. A new distance education program in Alaska is attempting to raise the

bar on the level of training available for caregivers in the field of developmental disabilities. In the process, educators and employers hope they will see wages for these positions increase.

The statewide program provides training that leads to an associate of applied science degree and a certificate in disabilities.



Chris Simanski, who participates in "Learn as You Earn," assists Daniel Osterby at the Fairbanks Resource Agency.

The partnership: "Learn As You Earn" is funded by The Trust and U.S. Department of Health, Education and Human Services,

Administration on Developmental Disabilities, Training Initiative Project. Offered in collaboration with Prince William Sound Community College, the program is open to direct service staff, school paraprofessionals, and family members of those with disabilities.

#### The benefits: The

program provides training on how to support people with disabilities in their employment, community living, familial and school settings. In FY00, 126 students were enrolled in the program, of which 99 took the courses for college credit and are working toward a degree. Of those, 41 enrollees were awarded tuition scholarships from The Trust.



Grace Katarick is a Residential Program Specialist at the Fairbanks Resource Agency.

One story: Fairbanks Resource Agency (FRA) opened in 1966 and is among the oldest non-profit organizations in Alaska. It serves children, adults and seniors who have developmental disabilities. Its four major service areas are family services, senior programs, employment services and residential services.

Respite care is the most heavily used family service FRA provides. Respite care involves sending trained caregivers into homes to give parents and families a break from their daily responsibilities. Sometimes families have difficulty finding qualified sitters to attend to children with developmental disabilities. FRA provides those services. FRA also provides in-home training to teach parents and families how to attend to the special needs of family members with developmental disabilities.

Both these services require employees with specialized training and skills. For the past year, five FRA employees have participated in the "Learn As You Earn" distance education program. Each received a tuition

> scholarship from The Trust. "Our travel and training budget is limited," explains Emily Ennis, executive director at FRA. "That makes this type of training very valuable because we don't have to send people out of state or away from their jobs and families," she said.

> Aside from the ease and convenience of "Learn As You Earn," it also provides students with an opportunity to interact with other students from around the state who are working in similar jobs. These discussions prompted FRA students to

acknowledge that they are not alone in the search for ways to add quality to their clients' lives.

As an employer, Ennis said she finds the training valuable because the job market in Fairbanks is tight and qualified people are difficult to recruit. This program provides not only the training employees need, it provides credentials that will help employees develop a career path that may lead to better pay.

## Long-Term Care Keeps Rural Residents Nearby

The need: With the graying of America's huge baby boomer population, more attention has been placed lately on the housing needs of the elderly, especially for those who need assistance or oversight in their daily living. National statistics show that over 50 percent of the elderly over the age of 85 have Alzheimer's disease and related dementia. Those in Alaska are Trust beneficiaries.

Because of their size and remote locations, many of Alaska's small towns and rural communities are less equipped to handle the needs of their elderly. With no long-term care facilities available, rural seniors must find family members to take them in or must move to larger, urban areas where long-term care services are more prevalent. Such moves can cause emotional and financial stress both on the elders and on their families.

FY00 was the second year of a four-year

project designed to address the serious infrastructure gaps that exist for providing long-term care in Alaska's smaller communities and rural villages. Called the Rural Long-Term Care Development and Rural Job Development and Training program, this is a two-pronged project.

Home provides seniors with long-term care in Dillingham.

community.

One-half of the program includes assessment of the service delivery systems and the capacity of small towns and villages to care for their aging populations. The companion project addresses the need for job development and training in the long-term care service delivery industry, especially in rural areas.

The benefits: It comes as no surprise that older people appear to live longer, happier lives, and respond better to treatment when they stay near their homes and families. That's especially evident among Alaska Natives who respond far better when they are able to stay near their Native foods, language and customs, surrounded by people they've known all their lives.

The partnership: According to Kay Branch, who is the Rural Long-Term Care Coordinator for the Division of Senior Services, the Alaska Commission on Aging was instrumental in getting the program funded entirely by The Trust. In FY00, The Trust provided \$235,000. "The commission is dedicated to ensuring things happen in rural Alaska," Branch said. "Collaboration is a necessity to get these services to work. If agencies aren't working together, it's much more difficult to keep these elders at home," Branch added.

One story: In Dillingham local elders are fortunate to have the Marrulut Eniit Assisted Living Home, which roughly translates as "Grandma's House."

The facility took four years from concept until the doors opened. While it was begun before the Rural Long-Term Care

> Development project got underway, Kay Branch was integral in establishing the program. She is using it as one model for the kind of services rural communities can provide their seniors. The facility is a group of apartments designed as assisted living housing and has allowed nearly a dozen elders to return to or remain in their home

The Marrulut Eniit Assisted Living

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from Curvung Tribal Council in Dillingham, using a portion of their Indian Health Service funding for assisted living development. In addition, both Curyung and Ekuk Tribal Council contributed community development block grants from U.S.

Department of Housing and Urban Development. The project also received grants from The Trust and the Federal Home Loan Bank. The building was built on land donated by the City of Dillingham and financed through Alaska Housing Finance Corporation.

Marrulut Eniit was built with a grant

"The prime outcome," says Branch," is these elders are where they want to be."

## Intervention Program Reachs Out To Trauma Victims

The need: Research has shown that alcohol or substance abuse (or both) are the underlying cause in at least 50 percent of all trauma, including domestic trauma, suicide attempts, and motor vehicle accidents, according to Gabriele Gerteisen. Gerteisen has been conducting an assessment and intervention program at Providence Alaska Medical Center (PAMC) for the past three years aimed at helping trauma victims recognize their addictions in hopes they will seek treatment.

The theory behind the Trauma Victim Study is that the trauma leaves the patient more open to admitting there is a problem and to seeking help. "In many instances this is a window of opportunity," explains Gerteisen. "They're lying there mangled from an accident or they see their kid hurt and we offer help. They're very relieved many times that the issue is being addressed," she said.

Gerteisen is introduced to a patient upon recommendation of a nurse or physician who has treated the patient and suspects alcohol or substance abuse may have contributed to the patient's injury or trauma. Gerteisen holds a Ph.D. in clinical psychology and is a registered nurse and an advanced nurse practitioner in psychiatry and mental health/substance abuse.

After she conducts a patient assessment, Gerteisen and the individual discuss what options are available to help the person. While the process may sound simple, successfully redirecting patients to new lifestyles, away from drugs or alcohol isn't easy. "If they're not ready for change," says Gerteisen, "nothing will happen." To help patients hold onto their traumainduced determination to change, Gerteisen said she conducts routine follow-ups with patients after one month, six months and a year.

The partnership: Experts say hospitals are opportune places to offer intervention programs for those with substance abuse problems because as a result of their drinking or drug use they frequently enter the facilities as trauma victims. PAMC and The Trust teamed up in an attempt to stop the cycle of abusive behavior through a three-year study totalling \$112,500 over the course of the program.

#### The benefits: During FY00, PAMC

reported 933 patients were admitted and treated for trauma or suicide. Of those, 22 percent were diagnosed with an alcohol or drug-related trauma. Here's how that group looked statistically:

- 78 percent received substance abuse consultation
- 89 percent of those who received a consultation also received a motivational intervention
- 91 percent of those who received motivational intervention made a verbal commitment to treatment
- 75 percent of those who committed to treatment were receiving treatment one month later
- 58 percent of those who received intervention reported positive behavior changes six months later
- 8 percent of those who received intervention were readmitted with an alcohol or drug-related trauma within the year



In the Trauma Victim Study, Gabriele Gerteisen counsels patients about substance abuse intervention programs.

One story: One successful case that stands out for Gerteisen is the story of "John," who lived in rural Alaska and had a severe alcoholism problem.

"He was in bad shape psychologically," remembers Gerteisen. But "John" was lucky to have a loving family who flew to Anchorage from the Lower 48 to support him. With assistance from Gerteisen, "John" entered treatment at an out-of-state treatment facility where he could be near his family.

"John" now has a college degree and is a productive member of the community, according to Gerteisen.

## **Financials** Partnering stretches The Trust's dollars

The first fiscal year of the new century came in on a wave of volatility that brought challenge and change to the Alaska Mental Health Trust.

The Trust fund had a paper loss of more than \$27 million during the first six months of the year and rose by \$54 million during the other six months. Fortunately there were more up days than down and by the close of the fiscal year, the Trust fund had increased its value by \$27 million and ended the year with a market value of \$327 million. The largest gain was in December (\$14 million) and the largest loss was in April (-\$8.8 million).

Realizing that a change was needed, the Trust implemented a "partnership initiative". The purpose of the initiative would be to increase the effectiveness of Trust funds by combining it with other funding sources in partnering on various projects.

Even though we currently partner with the Treasury Division, Department of Revenue and the Alaska Permanent Fund Corporation (APFC) to maximize our assets, we realized the need to develop ways to leverage other dollars with our Trust income.

With that in mind, we developed partnerships with the City of Petersburg, City of Ketchikan, City and Borough of Fairbanks, Alaska Housing Finance Corporation, Alaska Tribal Health Consortium, Federal Transit Authority, Federal Social Security Administration and Federal Substance Abuse Mental Health Services Administration. We partnered on six operating and six capital projects using nearly \$4 million of Trust income to leverage \$12 million in other funds. For every \$1.00 of Trust income, we matched \$3.00 of other funding. Using Trust dollars to partner has assisted the Trust in meeting a long-term goal for funding the state's mental health program.

The Trust Fund consists of the principal, principal reserve and income. The fund grows in three ways:

- 1) income and principal generated from Trust land,
- 2) interest from the Trust funds maintained at the Department of Revenue, and
- market value gains/losses on the Trust Fund investments managed by APFC.

In FY00, the cash received from Trust Land increased overall by 3.8 percent. The income from Land is allocated for expenditures for the mental health program at 100 percent. For FY00 income totalled \$1,381,053 which was a 16.7 percent increase over last year. The principal from land is transferred to the Trust Fund at APFC for the future. The principal was \$2,249,020, which is a decrease of 2.8 percent over last year.

At the Department of Revenue, the Trust account is maintained for the current year budget for the mental health program. The Trust receives interest on this account and had an increase of 50.3 percent over last year. The total amount of interest received on that account was \$874,745. The interest is allocated at 100 percent for the next fiscal year during the mental health budget process.

The Trust Fund is invested at APFC under the same guidelines and asset allocation as the Permanent Fund. APFC notifies the Trust monthly on the Trust Fund's activities for gains and losses in market value and annually reports the total value at the end of the fiscal year.

The Trust Fund reported a total gain of \$27,062,900 in market value, which is a 10.3 percent increase over last year. Based on the Spending Policy, the Trust allocates a percentage of the Land Principal and Trust Fund at the close of the fiscal year for the next year's budget when funding the mental health program. In FY00, the Trust increased the Spending Policy allocation from 3.25 percent to 3.5 percent. This year the allocation was \$11,522,200 or 14.4 percent increase over last year.

In FY00, the Trust experienced an overall increase of 16.4 percent of Trust income allocated for the mental health program.

	Princi	ipal and	Princip	al Reser	ve	
	Fiscal Year 1995 through Fiscal Year 2005					
	(in thousands)					
				Actual		
-	FY1995	FY1996	FY1997	FY1998	FY199	
<u>Principal</u>						
Principal	203,539.4	203,568.9	204,236.4	214,288.8	253,216	
Land Principal	29.5	667.5	626.8	1,468.0	2,314	
<u>Principal Reserve</u> Reserve (400% of						
Disbursement)		17,103.3	36,808.5	29,898.0	34,817	
Expected Earnings						
Projections - FY01-05 (real rate of return 5%) <sup>1</sup>						
<u>Disbursement (Payout)</u> <sup>2</sup>			6,845.7	7,474.5	8,704	

<sup>1</sup> APFC 3rd Quarter, FY2000, Quarterly Financial Report, Financial Projects, p. 11 <sup>2</sup> FY97-99 @ 3%, FY2000 @ 3.25%, FY2001-2004 @ 3.5%

## Stick Figure Represents Trust's First Five Years

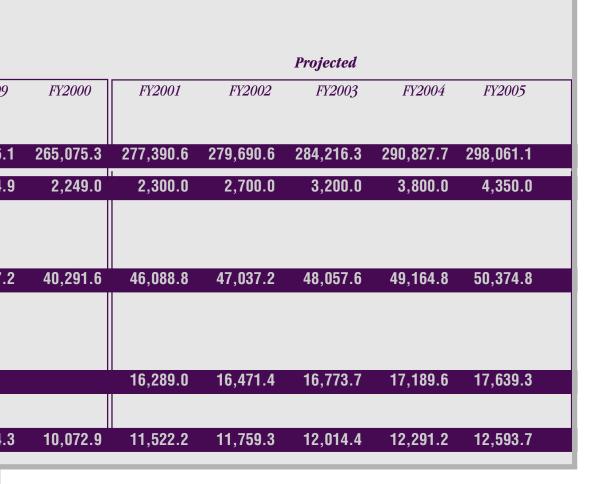
 The icon of a running stick figure used throughout this annual report is part of our logo

developed to celebrate The Trust's first five years of program funding.

The Trust Settlement, which established The Trust, was reached in 1994. The following year the first trustees were appointed by the governor to serve on the Alaska Mental Health Trust Authority.

In 1996, the trustees made the first payout, totaling more than \$8.5 million, to help fund programs for beneficiaries around the state.

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## "The Mover" Will Honor Those Who Helped The Trust Meet Its Mission

We call the figure in the five-year logo "The Mover" to represent all the "movers and shakers" who helped The Trust achieve its mission during the first five years. They include state officials, members of the legislature, service providers, and the friends and families of beneficiaries from throughout the state.

During 2001, in celebration of our first five years, we will honor these special "Movers" with an awards program to publicly thank them for their tireless efforts on behalf of those who experience mental illness, mental retardation or similar disabilities, chronic alcoholism with psychosis, and Alzheimer's disease or related dementia.

Income & Expenses/Obligations     Fiscal Year 1995 through Fiscal Year 2005     Actual     Income     PY1995   FY1996   PY1997   PY1998     Disbursement   6.845.7   7.474.5     Land Income <sup>1</sup> 351.0   785.5   1,046.3     Prior FY Carry Forward   3,102.7   2,418.1   1,641.4     Net Income Earnings   1,046.3     Interest   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   3,721.5   10,142.4   11,046.3     Land Operating & Capital   3,891.4   1,046.5     Trust Authority Admin   144.8   777.74.8   1,096.5								
(in thousands)       Income     FY1995     FY1996     FY1997     FY1998       Disbursement     6,845.7     7,474.5       Land Income <sup>1</sup> 351.0     785.5     1,416.0       Prior FY Carry Forward     3,102.7     2,418.1     1,641.4       Net Income Earnings     1,046.3     1,046.3       Interest     6,786.9     267.8     93.1     65.5       Total Income     6,786.9     3,721.5     10,142.4     11,643.7       Expenses/Obligations     557.7     774.8     1,096.5       MH Programs Operating     2,801.5     5,760.3       MH Programs Capital     3,539.4     1,740.0	In	come 8	k Expen	ses/Obl	igations			
Income     FY1995     FY1996     FY1997     FY1998       Disbursement	Fis	Fiscal Year 1995 through Fiscal Year 2005						
Income     FY1995     FY1996     FY1997     FY1998       Disbursement     6,845.7     7,474.5       Land Income <sup>1</sup> 351.0     785.5     1,416.0       Prior FY Carry Forward     3,102.7     2,418.1     1,641.4       Net Income Earnings     1,046.3     1,046.3     1,046.3       Interest     6,786.9     267.8     93.1     65.5       Total Income     6,786.9     3,721.5     10,142.4     11,643.7       Expenses/Obligations     557.7     774.8     1,096.5       MH Programs Operating     2,801.5     5,760.3       MH Programs Capital     3,539.4     174.5     281.7       Inflation Proofing     3,539.4     174.5     281.7		Ŭ						
Disbursement     6,845.7     7,474.5       Land Income <sup>1</sup> 351.0     785.5     1,416.0       Prior FY Carry Forward     3,102.7     2,418.1     1,641.4       Net Income Earnings     1,046.3     1,046.3       Interest     6,786.9     267.8     93.1     65.5       Total Income     6,786.9     3,721.5     10,142.4     11,643.7       Expenses/Obligations     Trust Authority Admin     144.8     745.7     855.8     874.3       Land Operating & Capital <sup>12</sup> 557.7     774.8     1,096.5     MH Programs Operating     2,801.5     5,760.3       MH Programs Capital     3,539.4     174.5     281.7       Inflation Proofing     3,539.4     174.5     281.7				Actu	al			
Disbursement   6,845.7   7,474.5     Land Income <sup>1</sup> 351.0   785.5   1,416.0     Prior FY Carry Forward   3,102.7   2,418.1   1,641.4     Net Income Earnings   1,046.3   1,046.3     Interest   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   3,721.5   10,142.4   11,643.7     Expenses/Obligations   Trust Authority Admin   144.8   745.7   855.8   874.3     Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4   174.5								
Land Income1   351.0   785.5   1,416.0     Prior FY Carry Forward   3,102.7   2,418.1   1,641.4     Net Income Earnings   1,046.3     Interest   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   3,721.5   10,142.4   11,643.7     Expenses/Obligations   557.7   774.8   1,096.5     Trust Authority Admin   144.8   745.7   855.8   874.3     Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4   174.5	Income	FY1995	FY1996	FY1997	FY1998			
Prior FY Carry Forward   3,102.7   2,418.1   1,641.4     Net Income Earnings   1,046.3     Interest   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   3,721.5   10,142.4   11,643.7     Expenses/Obligations   557.7   10,142.4   11,643.7     Trust Authority Admin   144.8   745.7   855.8   874.3     Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4   174.5	Disbursement			6,845.7	7,474.5			
Net Income Earnings     1,046.3       Interest     6,786.9     267.8     93.1     65.5       Total Income     6,786.9     3,721.5     10,142.4     11,643.7       Expenses/Obligations     Trust Authority Admin     144.8     745.7     855.8     874.3       Land Operating & Capital <sup>2</sup> 557.7     774.8     1,096.5       MH Programs Operating     2,801.5     5,760.3       MH Programs Capital     3,894.4     1,740.0       Grants & Contracts     174.5     281.7       Inflation Proofing     3,539.4     174.5	Land Income <sup>1</sup>		351.0	785.5	1,416.0			
Interest   6,786.9   267.8   93.1   65.5     Total Income   6,786.9   3,721.5   10,142.4   11,643.7     Expenses/Obligations	Prior FY Carry Forward		3,102.7	2,418.1	1,641.4			
Total Income   6,786.9   3,721.5   10,142.4   11,643.7     Expenses/Obligations	Net Income Earnings				1,046.3			
Expenses/Obligations     Trust Authority Admin   144.8   745.7   855.8   874.3     Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4   1	Interest	6,786.9	267.8	93.1	65.5			
Trust Authority Admin   144.8   745.7   855.8   874.3     Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4	Total Income	6,786.9	3,721.5	10,142.4	11,643.7			
Trust Authority Admin   144.8   745.7   855.8   874.3     Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4								
Land Operating & Capital <sup>2</sup> 557.7   774.8   1,096.5     MH Programs Operating   2,801.5   5,760.3     MH Programs Capital   3,894.4   1,740.0     Grants & Contracts   174.5   281.7     Inflation Proofing   3,539.4	Expenses/Obligations							
MH Programs Operating2,801.55,760.3MH Programs Capital3,894.41,740.0Grants & Contracts174.5281.7Inflation Proofing3,539.4	Trust Authority Admin	144.8	745.7	855.8	874.3			
MH Programs Capital3,894.41,740.0Grants & Contracts174.5281.7Inflation Proofing3,539.4	Land Operating & Capital <sup>2</sup>		557.7	774.8	1,096.5			
Grants & Contracts174.5281.7Inflation Proofing3,539.4	MH Programs Operating			2,801.5	5,760.3			
Inflation Proofing 3,539.4	MH Programs Capital			3,894.4	1,740.0			
	Grants & Contracts			174.5	281.7			
Total Expenses/ Obligations 3,684.2 1,303.4 8,501.0 9,752.8	Inflation Proofing	3,539.4						
	Total Expenses/ Obligations	3,684.2	1,303.4	8,501.0	9,752.8			
Net Income Available Next FY 3,102.7 2,418.1 1,641.4 1,890.9	Net Income Available Next FY	3,102.7	2,418.1	1,641.4	1,890.9			

<sup>1</sup> Revenues generated in a fiscal year are expended in the following fiscal year.
<sup>2</sup> The Trust Land Office (TLO) did not have capital funding for the fiscal years 1996 and 1997.

		Projected				
	<b>W</b> 12000		<b>H</b> /2002			
FY1999	FY2000	FY2001	FY2002	FY2003	FY2004	FY2005
8,704.3	10,072.9	11,522.2	11,759.3	12,014.4	12,291.2	12,593.7
1,082.7	1,182.9	1,381.0	1,800.0	2,200.0	2,700.0	3,000.0
1,890.9	2,673.9	6,827.3	2,511.2	886.3		
	2,037.9					
132.2	582.1	874.7	600.0	600.0	600.0	600.0
11,810.1	16,549.7	20,605.2	16,670.5	15,700.7	15,591.2	15,593.7
812.2	787.9	940.2	964.0	992.8	1,000.2	1,001.0
1,269.9	1,372.0	1,825.9	1,913.5	1,763.5	1,863.5	1,913.5
5,603.2	4,922.5	10,689.7	9,506.7			
1,300.0	2,325.0	4,183.2	2,805.0			
150.9	315.0	455.0	595.0			
9,136.2	9,722.4	18,094.0	15,784.2			
2,673.9	6,827.3	2,511.2	886.3			

## The Trust Land Office

## Trust Land Office Succeeds Through Partnerships

The Trust Land Office manages Mental Health Trust land to generate income which is used by the Alaska Mental Health Trust Authority to improve the lives and circumstances of Trust beneficiaries.



Leann McGinnis, Business Manager, (left) and Steve Planchon, Executive Director



Anna Solorzano, Staff Assistant, (left) and Lisa Holzapfel, Senior Resource Manager



Alison Smith (left) and Mike Franger, both Senior Resource Managers



Doug Campbell (left) and Chuck Ault, both Trust Resource Managers

The mission of the Trust Land Office (TLO) is two part: (1) to protect and enhance the value of Trust lands and resources; and (2) to maximize revenues from those lands and resources over time. A key tool used to achieve this two-part mission is partnerships. Partnerships help the TLO leverage limited resources (staff and money) and establish more positive environments for completing revenuegenerating transactions. FY00 was another positive outcome for the TLO, with partnerships playing an increasing role in those outcomes.

## General Outcomes for FY00

- Gross revenues equaled \$3.7 million for FY00, exceeding revenue projections by about 6 percent;
- Operating costs were limited to approximately \$700,000, or about 18 percent of gross revenues (goal is to limit operating costs to no more than 25 percent of gross revenues); and
  - Diversification of revenue sources continued, with mineral and general land transactions making more significant contributions to annual revenues.

## **Partnerships**

A key focus of the TLO during FY00 was to continue the development of "good neighbor" agreements with communities where the Trust has significant acreage, and to take actions that are consistent with "good neighbor" agreements that already exist. These "good neighbor" agreements exist between the TLO and the Ketchikan Gateway Borough; the Municipality of Anchorage; the cities of Petersburg, Skagway and Wrangell; the City and Borough of Sitka; and the Gustavus Community Association. Examples of projects associated with memorandums of understanding include:

- (1) cooperative development of residential subdivisions in Wrangell, Sitka and Skagway;
- (2) resolution of sensitive public interest issues associated with Trust land in Gustavus, Ketchikan, Petersburg and Sitka; and
- (3) cooperative planning for future development of the API/McLaughlin neighborhood in Anchorage, or Gravina Island in Ketchikan.

In addition to working with local governments on broad land management issues, the TLO works in partnership with local governments and other land managers on site-specific projects. Examples of these include a cooperative effort to plan for the redevelopment of a large part of the Juneau waterfront, with the cooperators including the TLO, City and Borough of Juneau, Goldbelt Native Corporation, the Alaska Department of Administration, the Alaska Department of Transportation and Public Facilities, the Coast Guard and the National Oceanic and Atmospheric Administration; and a land exchange and subdivision project on the Anchorage Hillside in cooperation with the Municipality of Anchorage.

Another partnership focus is with state agencies that provide valuable services to The Trust or have an interest in resolving certain land management issues associated with Trust land. Examples of these partnerships include service agreements with divisions within the Departments of Natural Resources and Fish and Game (e.g. Forestry, Mining and Land, Habitat Conservation and Support Services) whereby the divisions work on behalf of the TLO, thereby allowing the TLO core staff to remain small; and agreements with ADF&G's Sport Fish Division and DNR's Division of Parks that focus on finding ways to resolve public use conflicts with key Trust parcels throughout the state.

Trust Land Office Revenue & Expenses								
	Fiscal Year 2000 through Fiscal Year 2005							
	(in thousands)							
	Actual	Projected						
	FY00	FY01	FY02	FY03	FY04	FY05		
<u>Revenue</u>	3,630.0	4,100.0	4,900.0	5,900.0	6,800.0	7,800.0		
Income	1,381.0	1,800.0	2,200.0	2,700.0	3,000.0	3,450.0		
Principal	2,249.0	2,300.0	2,700.0	3,200.0	3,800.0	4,350.0		
<u>Expenses</u>	1,372.0	1,808.5	1,913.5	1,763.5	1,863.5	1,913.5		
Operating	712.0	955.9	983.2	983.2	983.2	983.2		
Capital	660.0	870.0	950.0	800.0	900.0	950.0		

## Key Trust Land Office Achievements in FY00

- Completed another successful year of timber harvest operations at Icy Bay, resulting in \$2 million to The Trust.
- Completed the annual TLO sale of 50 lots throughout the state for an overall sales value of about \$1 million.
- Resolved a long-standing issue regarding certain waterfront leases in the Kachemak Bay area, with The Trust likely to complete the sale of over 20 lots to the current lessees for a sale value of over \$600,000.
- Substantially completed preparations for the competitive offering of about 15 million board feet of Trust timber in the Thorne Bay area, with a projected sale value of over \$3.5 million.
- Completed the TLO's first conservation transaction, selling 160 acres of brown bear habitat to the Nature Conservancy.
- Conducted the first competitive offering of Trust mineral estate southeast of Fairbanks, resulting in a 20,000-acre lease to a large multinational mining corporation.
- Made significant progress on plans to redevelop valuable Trust waterfront in Juneau ("the Subport") in cooperation with adjacent landowners.
- Made significant progress on efforts to dispose of approximately 10,000 acres of community sensitive Trust lands (Conservation Assets Marketing Initiative) in Fairbanks, Gustavus, Ketchikan, and Petersburg in a manner that serves the interest of The Trust and affected communities.
- Continued to provide assistance to the Department of Health and Social Services on the Alaska Psychiatric Institute replacement project.
- Resolved neighborhood objections to a \$900,000 land exchange with the City and Borough of Juneau by reducing the scale of the exchange. Revised exchange results in The Trust giving up and receiving only about \$400,000 in land value.
- Initiated efforts to resolve a long-standing right-of-way issue in the Eagle River area with a likely right-of-way sale value exceeding \$400,000.
- Continued efforts to rezone valuable Anchorage Hillside real estate in preparation of subsequent disposal of the property, either as subdivision lots or as large tracts, depending on which approach best serves the interests of The Trust.
- Delayed offering of Trust Land in the Cook Inlet basin for oil and gas leasing due to low oil prices in FY00. Offering now planned for spring of 2001.
- Completed the TLO's first competitive "placeholder" lease in downtown Anchorage, whereby the Trust receives around \$20,000 per year to allow a small downtown lot to be used for parking uses with the understanding that more valuable uses of the parcel will be likely in the next 10 to 15 years.
- Issued the TLO's first placer gold mining lease northwest of McGrath.
- Assisted Ionia, Inc., a Kenai Peninsula organization known for its innovative approach to addressing mental health issues, in efforts to protect its facility from incompatible land uses on adjacent lands.
- Continued to make significant improvements to the TLO information management system.

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The following are The Trust's recommendations as of Dec. 1, 2000 for the separate Mental Health Appropriation Bill that allocates funding for programs directed to Trust beneficiaries. It includes earmarked general fund dollars (GF/MH), Trust income (Mental Health Trust Authority Authorized Receipts or MHTAAR), Mental Health Trust Authority administration costs (MHT Admin), Alaska Housing Finance Corporation (AHFC) receipts, and adjustments to the previous year's GF/MH base.

### <u>Recommended Adjustments to the</u> Fiscal Year 2002 GF/MH Base

## Department of Health and Social Services

#### Institutions and Administration DMHDD Administration

Transfer GF/MH Matching Funds Back to API — Transfers from DHSS/Medicaid Services back to API GF/MH what was used as GF match under the Disproportionate Share Hospital program as federal receipts from that program's decline. \$532,500 GF/MH

#### State Health Services

Maternal, Child and Family Health

Infant Learning Program Services — This adjustment will shift funds from Interagency Receipts (IA) to GF/MH. The funds will assist infants and toddlers on the Infant Learning Program wait list and enhance services available to rural children. \$700,000 IA to GF/MH

## Department of Administration

Alaska Longevity Programs *Office of Public Advocacy*  **Serving Trust Beneficiaries at the Office of Public Advocacy** — This adjustment reflects the percentage of the Office of Public Advocacy's operating budget that provides guardianship and conservatorship services to Trust beneficiaries. \$200,000 GF to GF/MH

## Fiscal Year 2002 Operating Recommendations

### Department of Administration

Division of Senior Services

Home and Community Based Care

**Innovative Respite for ADRD (year 4 of 5)** — Funds will be used to expand allowable tasks for respite workers and help learn how to best serve people with ADRD who are living alone. This program builds on an existing base of limited respite services provided statewide through four providers with grants from the ACoA. \$375,000 MHTAAR and \$375,000 GF/MH

Mini-Grants for Beneficiaries with ADRD — Grants for basic living needs not covered by current grants to help this beneficiary group attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

Substance Abuse Treatment for the Elderly (year 2 of 3) — Continues funding for two projects that provide substance abuse treatment to the elderly. It funds mental health/substance abuse counselors in Juneau and Ketchikan responsible for providing services, outreach and community education. Treating the Invisible Epidemic (TIE) in Fairbanks offers provider training, outreach and case finding, and integrated, concurrent treatment provided by staff who are cross-trained in substance abuse, mental health, and gerontology. \$297,000 MHTAAR

Family Caregiver Support (year 1 of 2) — Provides grants for caregiver support services in multi-community areas with a rural emphasis. Simple caregiver interventions can have a major impact on health care costs, economic well-being and quality of life and produce positive outcomes for both the caregiver and the person being cared for \$300,000 MHTAAR and \$290,000 GF **Expand Adult Day-Care Center Hours** — Funds will allow all 12 adult day-care programs in Alaska to expand their operating hours. This will accommodate working caregivers who sometimes have to reduce to part-time work or quit their jobs in order to care for adult family members because care centers are only open limited hours per day. \$400,000 GF/MH

ADRD Training for In-home Providers (year 1 of 2) — Provides training to in-home and community-based providers in all aspects of ADRD care. \$250,000 MHTAAR

Adult Day Quality Enhancement (year 1 of 2) — Project will analyze the implications of establishing a certification or licensing system for Adult Day Services. Current standards were developed in 1993. \$50,000 MHTAAR



The Phillips family of Fairbanks are active with the Governor's Council on Disabilities & Special Education

Day Treatment for CMI Elderly (year 2 of 3) — Continues funding for projects at Anchorage Community Mental Health and Palmer Senior Citizens Center, Inc. that provide clinical outpatient mental health and psychiatric services within a day treatment facility to mentally ill persons over age 60. \$350,000 MHTAAR

Protection, Community Services, & Administration Rural Long-Term Care Development (year 4 of 5) — Provides long-term care service development for seniors in Alaska's smaller communities and rural villages so Trust beneficiaries and other elders do not have to leave their communities when they have extensive care needs that their families cannot provide. \$97,3000 MHTAAR

Quality Assurance Unit Development (year 2 of 3) — Project to develop a quality assurance model for the Division of Senior Services. \$175,000 MHTAAR

Assisted Living Rate Increase (DOA): Adult Protective Services (year 2 of 3) — Funds maintain the second of a three-year phased-in increase of the daily rate for assisted living homes from \$50 per day to \$60. \$391,000 MHTAAR, \$445,600 GF/MH and \$876,000 GF

**DOA Assisted Living Licensing** — Funds for three licensing specialists, their travel and supplies to oversee licensing, complaint investigations, quality assurance, training and development of rural assisted living homes. \$180,000 GF/MH **Gero-Psychiatrist** — Salary for a full-time gero-psychiatrist for the Pioneer Homes and home and community-based care system. This position would also provide staff education and consultation, and family intervention and support. Funding includes travel to the homes on a regular basis and to other communities as needed. \$250,000 GF/MH

**Long-Term Care Ombudsman Assistant** — Funding for a full-time Assistant Long-Term Care Ombudsman position in the Office of the Long Term Care Ombudsman. The individual will investigate and resolve complaints about health, safety, welfare, or rights of residents in nursing homes and assisted living homes, and investigate and resolve similar complaints regarding long-term care or residential circumstances of older Alaskans. \$100,000 GF/MH

**Delegation of Adult Protective Services in Rural Areas** — Funds three grants for rural Native health or social service organizations to provide adult protective services in their areas. \$150,000 GF/MH

**Geriatric Mental Health Training** — Funding to establish on-going provider training in geriatric mental health in partnership with an educational institution. \$300,000 GF/MH

**Board Development on Rural Issues ACoA** (year 2 of 3) — This project improves ACoA's ability to communicate with consumers, providers and other stakeholders in rural areas by allowing ACoA to hold a Commission meeting in a rural hub community, with small groups taking trips to villages outside the regional hub. Each group will meet with community members regarding seniors' issues in their communities. \$15,000 MHTAAR

#### Home Health Services

**Comprehensive Assessment (year 2 of 3)** — Consolidates assessment tools for various programs related to seniors. \$51,300 MHTAAR

#### Office of Public Advocacy

**Guardianship Resources (year 2 of 2)** — Funds will pay for training and technical assistance to family and private guardians in 12 communities throughout the state. The training will focus on improving guardianship and conservatorship skills and learning how to petition for guardianship and conservatorship. \$95,000 MHTAAR

**Office of Public Advocacy/add 4 positions** — This funding will be used to hire four public guardians. \$300,000 GF/MH

## Department of Corrections

#### Inmate Health Care

Jail Alternative Services (year 4 of 5) — Funding for a diversion program to link misdemeanants with mental illnesses or certain other disabilities with community-based services. \$130,000 MHTAAR

**DOC Culturally Relevant Programming** — Provides culturally relevant programming at six correctional centers for mentally ill Alaska Native offenders. The project helps Native offenders benefit from institutional programs and make a positive transition from DOC to the community. \$60,000 GF/MH

Spring Creek Correctional Center Initiative — Funds a mental health clinician, psychological counselor, registered nurse, and contract substance abuse treatment provider to be used jointly by the Sub-Acute Care Unit for seriously mentally ill men and the Juvenile Offender Unit, both at Spring Creek Correctional Center in Seward. \$125,000 MHTAAR and \$126,300 GF/MH

#### Inmate Programs

Residential Substance Abuse Treatment for Women (year 4 of 5) — Funds therapeutic program that provides 48 chemical dependency treatment beds for women with serious substance abuse/dependency problems and related criminal histories at Hiland Mountain Correctional Center. \$58,900 MHTAAR

#### Residential Substance Abuse Treatment for Men (year 2 of

3) — Funds residential substance abuse treatment program at Wildwood Correctional Center for male inmates who are chronic and serious substance abusers with a history of alcohol and drugrelated crimes. \$82,900 MHTAAR

DOC Statewide Increment for Inmate Substance Abuse Treatment (ISAT) — Increases funding for ISAT to continue services, including education, referral and counseling, for approximately 2,000 inmates with substance abuse disorders. \$200,000 GF/MH

**DOC Substance Abuse Assessment Specialist (year 1 of 2)** — Funds to hire a centralized Substance Abuse Assessment Specialist who will work with correctional staff to assess felony inmates with significant substance abuse problems and assign them to an appropriate treatment setting. \$60,200 MHTAAR

## Department of Health and Social Services

State Health Services *Healthy Families* 

Healthy Families Control Group Study (year 4 of 5) — Requested by the Legislature, the study establishes, monitors and compares outcomes for two groups of families with similar characteristics who receive either standard services offered to pregnant women and families of newborns or Healthy Families Alaska services. \$100,000 MHTAAR

#### Maternal, Child and Family Health

**Behavioral Health Services and Supports for Young Children (year 2 of 3)** — The expertise of a specially trained children's behavioral health professional will be made available to providers and agencies that deliver services to families with children under age five. \$150,000 MHTAAR

**Birth Defects Registry** — Project sustains the birth defects registry which provides reliable, valid, and timely information regarding the number of infants and young children with birth defects in Alaska. This information is valuable in planning services statewide. \$150,000 GF/MH

**Newborn Hearing Screening** — Program to ensure that newborns receive hearing screening prior to discharge from hospitals, allowing for early intervention for the hearing impaired. \$200,000 GF/MH

### Purchased Services

Family Preservation

Supported Parenting/Family Support to Parent Beneficiaries (year 1 of 5) — This project builds on efforts in three beneficiary groups to provide necessary support service to parents with disabilities, severe alcohol problems, or mental illness. Services include information and training on parenting and fulfilling parental responsibilities. \$450,000 MHTAAR

#### Division of Juvenile Justice McLaughlin Youth Center

Youth Offender/ Adolescent Treatment — Project provides a comprehensive package of services, including early intervention, treatment, and continuing care for youth at McLaughlin Youth Center experiencing substance abuse disorders. \$292,500 GF/MH

Alternative to Institutionalization – Community Integration Services for Mentally III Adjudicated Juvenile Offenders — Provides a broad continuum of services for mentally ill adjudicated juvenile offenders in Anchorage, including those with co-occurring chemical dependency, to divert offenders from inappropriate detention and to deliver specialized services to them in a secure setting. \$213,500 GF/MH

Alcohol and Drug Abuse Services *Alcohol and Drug Abuse Grants*  **Substance Abuse Treatment for Rural Women with Children (year 2 of 3)** — This project focuses on high risk, under served population of alcohol-dependent women with children. \$500,000 MHTAAR

Family Wellness Camps (year 2 of 3) — This project seeks to replicate, at two new regional summer camps, the success of culturally based family treatment that has been provided at the Old Minto Spirit Camp. The camps will include intermediate care services for families in a remote location that incorporates traditional treatment components with culturally appropriate activities. \$143,300 MHTAAR

#### Mini-Grants for Beneficiaries who are Chronic

Alcoholics with Psychosis — Grants for basic living needs not covered by other funding to help this beneficiary group attain and maintain healthy, productive and independent lifestyles. \$240,000 MHTAAR

**Restore Alcohol and Drug Abuse Grants to 1992 Level** — This project would restore general fund dollars to the Division of Alcoholism and Drug Abuse which has cut service delivery as a result of flat funding or funding cuts since 1992. \$3,500,000 GF

**Transitional Housing Operating Funds (year 1 of 2)** — Operating funds for a transitional housing project that will provide safe and sober housing for recovering substance abusers following treatment. Individuals can reunite with their families more quickly and practice their new recovery skills in a familiar environment before returning home. \$200,000 MHTAAR and \$250,000 GF/MH

Women and Children Collaboration Project (year 3 of 3) — Provides chemical dependency day treatment for both women and children living in domestic violence shelters. \$50,000 MHTAAR

**Restore Alcohol and Drug Abuse Grant Cuts (GF/MH)** — This would restore funding to the Division of Alcohol and Drug Abuse Services for grants that were cut from the FY 2001 budget. \$500,000 GF/MH

**Statewide Title 47 Initiative - ADA Grants** — Funding to provide training for medical/healthcare providers, chemical dependency providers, attorneys, public safety personnel, and the judiciary that will result in increased use of Title 47 to reduce health risks, deaths, and negative consequences of alcohol/other drugs statewide. \$400,000 GF/MH

#### Rural Human Services

Village-Based Mental Health Counselor Program — Funds full-time rural human services workers in underserved/unserved communities. \$469,000 GF/MH

Community Mental Health Grants General Community Mental Health Grants

**Mental Health Consumer and Family Conference** — Provides leadership training for mental health consumers and their families. Provides an opportunity for adults with mental illnesses and their families to engage in planning, implementation, and evaluation of mental health policy and service delivery. Trust funds help leverage federal SAMHSA funding. \$50,000 MHTAAR

Mini-Grants for Beneficiaries Experiencing Mental Illness — Funding for Trust beneficiaries to receive a broad range of equipment and services that are essential to directly improving their quality of life and increasing their independence. \$300,000 MHTAAR

Services for People with Brain Injuries (year 2 of 3) — Funds will pay for demonstration project to identify and test best rehabilitation methods for Alaskans with brain injuries. Funds supplement a federal grant to plan services for people with brain injuries. \$100,000 MHTAAR

**Consumer-Directed Programs and Clubhouses (year 1 of 2)** — Funds a variety of consumer-directed programs statewide which provide services to consumers or operate advocacy organizations. \$125,000 MHTAAR

Rural Services for the Deaf/Hearing Impaired (year 4 of

5) — Provides itinerant mental health and substance abuse services in rural areas and consultation services to rural mental health and substance abuse treatment providers statewide for those who are deaf or who have hearing impairments. \$100,000 MHTAAR

#### Psychiatric Emergency Services

**Rural Emergency Services and Training (year 2 of 3)** — Provides psychiatric and other professional consultation training and support to rural community mental health clinicians. \$250,000 MHTAAR

**Community Mental Health Center Infrastructure** — Funds basic infrastructure for mental health services in rural areas. Enables Community Mental Health grantees to employ sufficient staff to provide emergency services, basic outpatient services, and support infrastructure to maintain these services. \$820,900 GF/MH

#### Services for SED Youth

Mental Health Stabilization Homes (year 2 of 5) — Provides five short-term beds for children in state custody waiting for permanent placement. The homes will be an alternative to hospital, institutional, or out-of-state placement for youth with serious emotional disturbances. \$100,000 MHTAAR

#### Services for Chronically Mental Ill

**Integrated Supports for People with Co-Occurring Disorders (year 2 of 3)** — Continues a pilot project using the structured production model of housing and supports for people with multiple disorders, including mental illness, brain injury, and substance abuse. \$367,000 MHTAAR

Homeless Case Management — Provides initial mental health services for homeless individuals, expediting access to community mental health centers. \$200,000 GF/MH

Government Entitlement Advocacy — Assists clients who are homeless with mental illness or who have organic brain disorders to obtain federal entitlements by providing medical tests to support disability claims. \$25,000 GF/MH

Assisted Living Rate Increase - Chronic Mental Illness and Developmental Disabilities (year 2 of 3) — Maintains phased-in increase of the daily rate for assisted living homes from \$50 per day to \$60. There are 11 adults with developmental disabilities and 131 adults with chronic mental illness residing in assisted living homes monitored and licensed through DMHDD. \$459,000 MHTAAR and \$666,300 GF/MH

LINK Project (year 1 of 2) — LINK is a computerized case management system that helps homeless persons and domestic violence victims move from shelters into permanent housing. \$37,500 MHTAAR

Urban Transition Housing Startup — Start-up costs to renovate houses to provide secure, safe, affordable, transitional housing for homeless and very-low-income people and families in an urban community. \$50,000 MHTAAR

API 2000 Community Services - CMI Services Portion (year 4 of 4) — Funds to develop community services to allow Alaska Psychiatric Institute to downsize from 74 to 54 beds. \$394,500 GF/MH

*Community Developmental Disabilities Grants* **Learn as You Earn (year 3 of 5)** — Provides formal, competency-based training (certificate, associate, and bachelor's degree program) for people already employed in the developmental disability field. Training is offered in cooperation with Prince William Sound Community College. \$200,000 MHTAAR

Mini-Grants for Beneficiaries with Developmental Disabilities — Grants for basic living needs not covered by other funding to help this beneficiary group attain and maintain healthy, productive and independent lifestyles. \$150,000 MHTAAR

Expansion of Family Support Programs — Project expands the family support program to rural communities by offering service grants to non-profit, community-based agencies. \$338,000 GF/MH

**Developmental Disabilities Risk Management and Institutional Prevention (year 3 of 4)** — Grants to preserve the infrastructure of developmental disability service providers by increasing salary levels and benefits to both retain and attract qualified staff; ensuring employees receive adequate training to provide quality services; and ensuring programs meet or exceed the program standards established by DHSS. \$120,000 MHTAAR and \$1,000,000 GF/MH

**Beneficiary Self-Sufficiency Project (year 1 of 5)** — Funds will help track system problems that can be eliminated to decrease the need by beneficiaries for legal services. \$47,000 MHTAAR

ADA Community Program Access (year 3 of 4) — Assistance for people with developmental disabilities to access community recreation and art classes. \$100,000 MHTAAR

#### Mental Health Boards

Advisory Board on Alcobol and Drug Abuse Board - Trust Partnership - ABADA (year 2 of 3) — These funds supplement state grants and will provide cross training development and implementation for professional stakeholders, including mental health providers, criminal justice system staff, child and adult protection workers. Funds also will allow consistent ABADA board participation in Trust meetings and meetings of other Mental Health Trust boards. \$18,000 MHTAAR



Anna Solorzano from the TLO painting a beneficiary facility during United Way's Day of Caring.

**Board Development on Rural Issues - ABADA (year 3 of 4)** — Funds will enhance the board's rural planning and program development and enhance rural participation in the process. \$15,000 MHTAAR

Statewide Title 47 Initiative - ABADA (year 1 of 2) — Training and technical support across disciplines/professions for persons dealing with individuals eligible for Title 47 for alcohol/other drug involuntary commitments in an effort to increase the appropriate use of the statute and to reduce health risks, deaths, and negative consequences of alcohol/other drugs statewide. \$35,000 MHTAAR

#### Alaska Mental Health Board

Children's Mental Health Services Coordinator (year 4 of 4) — Funds for a coordinator to assist in major planning and implementation activities for children's mental health. \$56,500 MHTAAR and \$56,500 GF/MH

**Board - Trust Partnership - AMHB (year 2 of 3)** — Program to integrate mental health and substance abuse treatment services in Alaska based on recommendations from the Integrated Mental Health and Substance Abuse Steering Committee Project. \$27,000 MHTAAR

**Public Awareness Campaign (year 1 of 2)** — Funding for a public education campaign to spread the message that mental health matters and treatment works. \$15,000 MHTAAR **Board Development on Rural Issues - AMHB (year 3 of 4)** — Funds will enhance the board's rural planning and program development and enhance rural participation in the process. \$15,000 MHTAAR

Governor's Council on Disabilities and Special Education Board - Trust Partnership - GCDSE (year 2 of 3) — Funds will restore state funding cut from the donated dental program which matches volunteer dentists with adults with disabilities and elderly Alaskans needing dental care. \$5,000 MHTAAR

Partners in Policymaking (year 2 of 5) — Provides training for people with developmental disabilities, parents and family members. It is designed to create advocates and leaders among individuals with developmental disabilities and their families. \$200,000 MHTAAR

**Recruitment of Direct Service Workers (year 2 of 3)** — Funds will assist in developing and implementing a targeted, systemic recruitment plan to address challenges facing the service delivery systems for Trust beneficiaries. \$150,000 MHTAAR

**Inclusive Child-Care (year 2 of 3)** — Project will expand intensive childcare training and technical assistance to childcare providers statewide so they will include children with disabilities in their programs. \$100,000 MHTAAR

Individual Development Accounts — Project assists Trust beneficiaries in fostering independence and self-sufficiency by learning to save money to purchase assets such as a home or car. \$25,000 MHTAAR

Institutions and Administration Mental Health and Developmental Disabilities Administration

Title 47 Data System (year 1 of 3) — Pilot project to identify frequency and disposition of Title 47 involuntary holds in communities across the state. The project will assist local communities in directing and evaluating their resources to address the individuals who are put into Title 47 holds. \$65,000 MHTAAR

**Decriminalization Position** — Funds a full-time position to develop and implement a plan to provide community-based services, including supported and transitional housing services, that focus on the prevention of persons being admitted to API and DOC who are mentally ill with co-occurring disorders. \$50,000 MHTAAR and \$50,000 GF/MH

Integrated Quality Assurance Review Process — Funding for integrated quality assurance program to conduct all on-site reviews of mental health, developmental disabilities and early intervention/Infant Learning Programs. \$175,000 MHTAAR and \$123,000 GF/MH

Mental Health Consumer Affairs Position (year 2 of 3) — Funding for a Consumer Affairs position, responsible for providing a consumer perspective at the program and policy level at the Division of Mental Health and Developmental Disabilities. \$45,000 MHTAAR and \$45,000 GF/MH

Inpatient Quality Assurance (year 1 of 3) — Provides for contract quality assurance reviews of mental health inpatient facilities to ensure that basic standards are uniformly applied and to ensure patient safety and appropriate treatment. \$30,000 MHTAAR

Assisted Living Licensing/Health and Safety Quality Assurance (year 1 of 5) — Funds to develop a comprehensive approach to health and safety quality assurance at assisted living homes. \$145,000 MHTAAR



Assisted Living Homes Licensing — Funds to hire additional staff to monitor DHSS-related assisted living homes to ensure they provide a safe and healthy environment for residents. Staff will follow up on reports of abuse and neglect and evaluate quality of care at licensing and renewal. \$100,000 GF/MH

#### Alaska Psychiatric Institute

**API 2000 Community Services (year 4 of 4)** — Funds to develop community services to allow Alaska Psychiatric Institute to downsize from 74 to 54 beds. \$467,800 MHTAAR and \$1,249,200 GF/MH



Former Representative Tom Brice (left) receives an award from Joe Pichler and the Governor's Council on Disabilities & Special Education

#### Administrative Services

**Comprehensive Integrated Mental Health Plan** — The plan is the outcome of a legislatively mandated planning process among the Department of Health and Social Services, The Trust and the four beneficiary boards. The Trust funds annual development of the plan, which is used to guide program evolution and service delivery and contributes significantly to establishment of funding priorities. \$50,000 MHTAAR

## University of Alaska

#### University of Alaska Fairbanks

**Distance Delivery BSW (year 2 of 3)** — Funds to expand the Bachelor of Social Work degree distance learning program into additional rural communities. \$100,000 MHTAAR

#### Alaska Court System

#### District Courts

Anchorage District Courts

**Court Coordinated Resources (year 2 of 4)** — Funds a project manager and a case coordinator to assist Trust beneficiaries with mental health court processes. \$150,000 MHTAAR

## Department of Education & Early Development

#### Special Education

Projects and Grants

Secondary Transition Capacity Building (year 1 of 5) — Funds for capacity building, coordination and collaboration among teachers, educators, administrators, state agency staff and service providers to improve the delivery of secondary education transition services. \$100,000 MHTAAR

## Across Various Departments

Alaska Criminal Justice Assessment Commission (CJAC) Final Report Recommendations Proposal Bundle — Funding to implement recommendations from the CJAC report aimed at reducing substance abuse related crime and associated costs. Programs will address access to treatment, treatment capacity, services to special populations and restorative justice. \$292,500 GF/MH and \$300,000 GF

## Fiscal Year 2002 Trust Administration and Natural Resource Management

#### Department of Revenue

#### Alaska Mental Health Trust Authority

**Trust Authority Administration** — These funds (6.7 percent of total Trust income) provide the administrative and staff support to Trustees to complete the Trust Authority's statutory obligation and mission to help improve the lives and circumstances of Trust beneficiaries. \$964,000 MHT Admin

## Department of Natural Resources

Mental Health Trust Land Office Mental Health Trust Land Office and Natural Resource Management — The Trust Land Office, supported by funds derived from Trust income, manages and develops Alaska Mental Health Trust lands on behalf of the Alaska Mental Health Trust Authority to help improve the lives and circumstances of Trust beneficiaries. \$983,200 MHTAAR

### Fiscal Year 2002 Projects Independently Administered by The Trust

Small Projects Funding — These funds support proposals up to \$10,000 each for projects that directly benefit beneficiaries or otherwise advance the goals and objectives of The Trust, or provide services outside regular programs of the state. \$250,000 MHTAAR

**Rural Outreach Project (year 4 of 5)** — Provides travel and meeting costs for Trustees and staff, members and staff of planning boards/commission, and state administrative agency staff to gain knowledge of issues, barriers and services in rural communities. \$25,000 MHTAAR

**Board Collaboration** — These funds provide for travel and gathering of key members of each of the planning boards/ commission that provide guidance to the Trust Authority regarding the four beneficiary groups. \$20,000 MHTAAR **Rural Funding Coordination (year 3 of 3)** — Funds used to contract for services to establish rural service system and funding system linkages based on the needs, priorities and plans developed by the beneficiary boards/commission. \$100,000 MHTAAR

**Partnership Initiative** — A project to increase the effectiveness of Trust funding by combining it with other funding sources to implement joint projects consistent with the planning boards/commission and Trust priorities. \$200,000 MHTAAR

Fiscal Year 2002 Capital Recommendations

## Department of Administration

Adult Day Facility Dementia Design — Provides funding to contract with an architect with expertise in dementia design to analyze the state's 12 adult day facilities. \$30,000 MHTAAR

Pioneer Homes ADRD Modifications — Funds to modify all six Pioneer Homes to accommodate the specific needs of ADRD residents. \$250,000 MHTAAR and \$250,000 GF/MH

## Department of Health and Social Services

Rural Facilities Renovation and Deferred Maintenance — Funds for program renovations and repairs and for American Disabilities Act improvements of rural facilities for beneficiaries. \$250,000 MHTAAR and \$250,000 GF/MH

**Essential Program Equipment** — Funds to solicit competitive grants for program equipment to provide increased quality of services to Trust beneficiaries. \$250,000 MHTAAR

Family Wellness Camps Facility Development — Funds to develop new Family Wellness Camps with regional partnerships participating in the projects. \$100,000 MHTAAR

Substance Abuse Treatment for Women and Children — Funding to support the operating increment that began in FY 01 for development of substance abuse treatment for rural women with children. \$250,000 MHTAAR and \$250,000 GF/MH

**Behavioral MIS** — Funds to develop and implement an integrated behavioral health information system for the Division of Alcoholism and Drug Abuse, DMHDD and API's Hospital Information System. \$50,000 MHTAAR

Deferred Maintenance for Rural Substance Abuse or Co-Located Programs — Funding for competitive capital grants for agencies providing services, activities, and programs for individuals and families receiving chemical dependency treatment services in rural areas. \$250,000 MHTAAR and \$250,000 GF/MH

Consumer Designed and Managed Projects — Funds to plan or carry out consumer-managed facility and community projects. \$175,000 MHTAAR

Urban Transitional Housing Facility — Funds to purchase and renovate a downtown Anchorage facility providing secure, safe, affordable, housing for homeless and very-low-income people and families. \$200,000 MHTAAR and \$200,000 GF/MH **Coordination and Resource Sharing with providers** — Funds for a five-year capital initiative to reengineer the way the State awards funds to providers and the way providers conduct business, including coordination and resource sharing, allowing them to focus on providing services for individuals and families. \$150,000 MHTAAR

Micro Enterprise Funds — Funds to purchase start-up equipment and working capital for beneficiaries who want to be self-employed; for service providers to establish small businesses to employ beneficiaries and for private enterprises interested in expanding their businesses in exchange for hiring beneficiaries. \$150,000 MHTAAR and \$150,000 GF/MH

Hearing Screening Assistive Technology — Funds to purchase a limited number of high-end hearing devices for loan to families of infants and toddlers diagnosed as hard of hearing. \$100,000 MHTAAR

Housing Modifications for Beneficiaries — Provides housing modifications to persons experiencing a disability, allowing them to remain in their homes and reducing the potential cost of providing supported housing, \$150,000 MHTAAR and \$100,000 AHFC

Special Needs Non-Residential Housing Program — Funds for development of housing which cannot be funded under AHFC statutes, such as residential housing that requires a substantial treatment component or houses for individuals who have been remanded by the courts. \$500,000 AHFC

## Alaska Housing Finance Corporation

Homeless Assistance Program — AHFC provides Homeless Assistance Program grants to assist non-profit organizations, local governments and regional housing authorities in addressing the emergency needs of homeless and near-homeless Alaskans. \$200,000 MHTAAR and \$1,500,000 AHFC

Beneficiary and Special Needs Housing Program — Provides funds to non-profit service providers and housing developers to increase housing opportunities to beneficiaries throughout Alaska. \$1,500,000 AHFC

### Department of Natural Resources

**TLO Land and Value Enhancement** — The Trust Land Office will contract for services related to the enhancement of parcelspecific Trust land and resource assets. Funds will be used to facilitate the disposal or development of Trust resources. \$950,000 MHTAAR

## Department of Transportation and Public Facilities

**Coordinated Transportation and Vehicles** — Department of Transportation/Public Facilities uses these capital funds for competitive grants for coordinated transportation services for Trust beneficiaries, or to purchase vehicles for beneficiaries where coordinated services are not yet available or appropriate. \$250,000 MHTAAR and \$250,000 GF/MH





The Comprehensive Integrated Mental Health Program services funded during the 2001 fiscal year included adjustments to the GF/MH base, operating budget projects, capital budget projects and projects administered by The Trust. Following is a summary of those projects.

### Adjustments to the Fiscal Year 2001 GF/MH Base

## Department of Administration

#### Legal and Advocacy Services

Public Defender Agency — Funding for Public Defenders to advocate in involuntary commitment proceedings for beneficiaries, many of whom are in API. \$126,000 GF to GF/MH

## Department of Health and Social Services

#### Medical Assistance

**API 2000** — Transferring these funds from Psychiatric Emergency to Medicaid services will allow the leveraging of federal Medicaid match for the community services element of API 2000. \$550,300 GF/MH

DSH Revenue Offset — Transfer will offset the loss of Disproportionate Share funds to the Alaska Psychiatric Institute. \$2,296,500 GF/MH from Medical Assistance/ Medicaid State Program to Inst & Admin/API

**API 2000 Fund Source Change** — Fund source change necessary as part of the transition to the new API and increased community services. \$1,763,200 GF Program Receipts to GF/MH

#### Fiscal Year 2001 Operating

### Department of Administration

Protection, Community Services and Administration Assisted Living Rate Increase (DOA), year 1 of 2 – This increment will increase the daily rate for assisted living homes. \$391,000 MHTAAR & \$445,600 GF/MH. It is included in a fiscal note attached to SB73. Rural Long-Term Care Development Extension, year 3 of 4 — This project, extended for two additional years, is providing a comprehensive and coordinated approach to longterm care development in rural Alaska. \$149,300 MHTAAR

Quality Assurance Unit Development, year 1 of 3 – This funding will establish a quality assurance unit that will move across DSS program lines as well as coordinate and meet regularly with other divisions to deliver multiple services with a wide variety of funding streams. \$175,000 MHTAAR

**Board Development on Rural Issues – ACoA —**. Funds to enhance the board's rural planning or program development. \$15,000 MHTAAR

#### Home and Community Based Care

**Rural Respite Video Training Program** — Funding for Alzheimer's Association Alaska Chapter to develop a video training program to enhance rural respite workers' skills. \$56,100 MHTAAR

**Innovative Respite for ADRD**, year 3 of 3 – This is a project which provides grants to existing respite providers to explore innovative ways to deliver respite services. \$300,000 MHTAAR

Mini-Grants for Beneficiaries with ADRD Beneficiaries— Grants for basic living needs not covered by current grants to help this beneficiary group to attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

**Day Treatment for CMI Elderly, year 1 of 3** — Provides day treatment to the mentally ill elderly. \$350,000 MHTAAR

Substance Abuse Treatment for the Elderly, year 1 of 3 — Funds projects that will provide substance abuse treatment to the elderly in Juneau, Ketchikan and Fairbanks areas. \$263,400 MHTAAR

#### Home Health

**Comprehensive Assessment, year 1 of 3**—Provides funds for Lutheran Health Systems working through the Heritage Place Nursing Facility in Soldotna to consolidate and enhance assessment/certification tools currently in use for Trust beneficiaries and others in their facilities. \$51,300 MHTAAR

#### Office of Public Advocacy

Guardianship Resources— This funding will provide training and technical assistance to private and family guardians. \$100,000 MHTAAR

## Department of Corrections

#### Inmate Health

**DOC Women's Psychiatric Unit** — This increment completes the transition to GF/MH funding for the Hiland Mountain Women's Psychiatric Unit. \$200,000 GF/MH



David Maltman, Executive Director, (left) and Marie Simmons, Chair, of the Governor's Council on Disabilities & Special Education

Jail Alternative Services, year 3 of 3 —Funding for a diversion program to link misdemeanants with mental illnesses or certain other disabilities to community-based services. \$130,000 MHTAAR

Men's Sub Acute Care Unit — Funding for equipment and modifications at Spring Correctional Center Echo Module that houses up to 50 seriously mentally ill men. \$30,000 MHTAAR

#### Inmate Programs

Residential Substance Abuse Treatment for Women, year 3 of 3 — Demonstration project to provide 64 chemical dependency treatment beds for women at Hiland Mountain Correctional Center. \$59,000 MHTAAR

**Residential Substance Abuse Treatment for Men** — Funds for a pilot residential substance abuse treatment program for male inmates in a therapeutic community. \$82,900 MHTAAR

## Department of Health and Social Services

#### Adult Public Assistance

Services for Beneficiaries — This one time contribution to services assists the state in grant continuation in other areas of the budget. \$1,273,000 MHTAAR

#### Purchased Services

Training for Adoptive Parents with Special Needs Children, year 2 of 2 – This project develops and delivers training for adoptive parents of special needs children in state custody. \$100,000 MHTAAR

**Project SUCCEED**, year 2 of 2 – Trust funding will continue to leverage \$312.0 in federal funds to continue a several-year project to move special needs children from DFYS custody into permanent homes with adoptive parents or guardians. \$390,400 MHTAAR

#### Fairbanks Residential Diagnostic and Treatment Center Renovations – This pays operating costs for the first few months of a new 6-bed Residential Diagnostics and Treatment Center in Fairbanks, and up to one years' rent for the mental health agency. \$100,000 MHTAAR & \$100,000 GF/MH

**Residential Care Provider Training** — Funding for a training coordinator and a grant to train direct service workers in 16 residential care agencies that provide supervision and treatment to youth that have significant behavioral health problems. \$50,000 GF

#### Division of Family and Youth Services

**Regional DFYS Psychiatric Nurses, year 2 of 2** — These funds leverage \$403.7 in federal funding to pay for psychiatric nurses and support staff to review treatment progress of children in out-of-state residential psychiatric facilities and strengthening the DFYS placement process. \$134,600 MHTAAR

#### State Health Services

**Behavioral Health Services and Supports for Young Children** – These funds will be used to implement a training and consultation model for providers and families of children enrolled in early intervention/infant learning programs on a statewide basis. \$120,000 MHTAAR

**Healthy Families Control Group Study, year 3 of 5** – The legislature requested that a control group study be implemented in Alaska prior to any increases in funding for the program. \$100,000 MHTAAR

#### Infant Learning Stabilization & Risk Management —

These funds will help leverage federal funds used to pay for stabilization and risk management for the Infant Learning Program which is provides early intervention for infants and toddlers with disabilities and their families. \$700,000 GF

#### Alcobol and Drug Abuse Administration

FAS Administration – These funds provide transition funding from July 1 to October 1 to support services until federal funding becomes available. \$50,000 MHTAAR

#### Alcobol and Drug Abuse Grants

Mini-Grants for Beneficiaries who are Chronic Alcoholics with Psychosis — Grants for basic living needs not covered by current grants to help this beneficiary group attain and maintain healthy and productive lifestyles. \$200,000 MHTAAR

#### Substance Abuse Treatment for Rural Women with

**Children**, year 1 of 3 —Expand of residential and outpatient treatment for rural women and children through DHSS referral. \$500.000 MHTAAR

Chronic Alcoholic Domiciliary Long Term Care in Fairbanks, year 4 of 4 — Trust funding for a successful domiciliary care program in Fairbanks that serves late-stage chronic alcoholics whose severe physical and/or cognitive debilitation makes traditional treatment inappropriate and ineffective. \$160,000 MHTAAR

**Women and Children Collaboration Project, year 2 of 3** — Demonstration project that allows women in small communities to participate in day treatment while being housed in local domestic violence shelters. \$50,000 MHTAAR

**Spirit Camp Development, year 1 of 3**—Funding for at least one additional Spirit Camp, which emphasizes culturally relevant, family-oriented chemical dependency treatment in a subsistence lifestyle setting. \$143,300 MHTAAR

#### Community Mental Health Grants

Assisted Living Rate Increase – Chronic Mental Illness and DD, year 1 of 2 – Increases the daily rate for assisted living homes for this beneficiary group from \$37.83 per day to \$50 in FY2001. It is included in a fiscal note attached to SB73. \$459,000 MHTAAR & \$462,700 GF/MH

**Integrated Supports for People with Co-Occurring Disorders, year 1 of 3** – Project to bridge start-up costs for 10 units of housing with highly structured supports for people who have multiple and complex diagnoses. \$202,000 MHTAAR

**Mini-Grants for Beneficiaries Experiencing Mental** 

**Illness**— Grants for basic living needs not covered by current grants to help this beneficiaries group attain and maintain healthy and productive lifestyles. \$300,000 MHTAAR

Services for People with Brain Injuries— Funding for a demonstration project to identify and test best rehabilitation methods for Alaskans with brain injuries. \$100,000 MHTAAR

Mental Health Consumer and Family Conference — Funds pay for leadership training for mental health consumers and their families. \$50,000 MHTAAR

**Rural Emergency Services and Training, year 1 of 3** — This project would address existing emergency mental health service needs and emergency services training in rural communities. \$250,000 MHTAAR

Mental Health Stabilization Homes, year 1 of 3 — Funds two mental health stabilization homes in Anchorage and Fairbanks. \$200,000 MHTAAR

**Rural Services for Deaf/Hearing Impaired** — This project provides mental health and substance abuse professionals trained to provide services to individuals who are deaf or who have hearing impairments. \$64,200 MHTAAR

*Community Developmental Disabilities Grants* Mini-grants for Beneficiaries with Developmental Disabilities— Grants for basic living needs not covered by current grants to help this beneficiary group to attain and maintain healthy and productive lifestyles. \$300,000 MHTAAR

ADA Community Program Accessibility Phase II, year 2 of 2— Provides training and technical assistance for parks and recreation personnel on how to include individuals with developmental disabilities in their classes and activities. \$100,000 MHTAAR

**"Earn as You Learn" Program, year 2 of 3** — Funds to develop and provide formal, competency-based training for people already employed in the field. \$200,000 MHTAAR

**Developmental Disabilities Risk Management and Institutional Prevention, year 2 of 3** — Funding to preserve the infrastructure of developmental disability service providers. \$240,000 MHTAAR & \$120,000 GF

#### Institutions and Administration

Mental Health Consumer Affairs Position, year 2 of 2 — Trust funds will pay for a second year of a position that will enhance the voice of Alaska's mental health consumers in planning, design, implementation, and evaluation of State mental health services. \$90,000 MHTAAR

Integrated Quality Assurance Review Process — Funds to develop and begin implementation of an integrated quality assurance program for developmental disabilities, infant learning program and mental health providers. \$225,000 MHTAAR



Anne Kinter, Board member, (left) and Pam Watts, Executive Director, of the Advisory Board on Alcohol and Drug Abuse

**API 2000-Community Services, year 3 of 4**—Assist the state in reducing the impact of Medicaid Disproportionate Share fund reduction while the state transitions to full implementation of API 2000. \$1,291,500 MHTAAR

Mental Health Boards Alaska Mental Health Board Board-Trust Partnership AMHB — Funding to establish common performance measures for the state's public mental system. \$27,000 MHTAAR

**Board Development on Rural Issues AMHB** — Funds to enhance the board's rural planning or program development. \$15,000 MHTAAR

Children's Mental Health Services Coordinator — Year 3 of 3 - Funds to hire a coordinator to assist in major planning and implementation activities for children's mental health. \$109,000 MHTAAR

*Governor's Council on Disabilities & Special Education* **Board-Trust Partnership GCDSE** — Funds to match the legislature's contribution for dental care for people with developmental disabilities. \$5,000 MHTAAR **Board Development on Rural Issues GCDSE** — Funds to enhance the council's rural planning or program development. \$15,000 MHTAAR

**Partners in Policymaking, year 1 of 3** — Funding for leadership training for people with developmental disabilities, their parents and family members. \$100,000 MHTAAR

**Recruitment of Direct Service Workers, year 1 of 3** — Funding for a Steering Committee to examine the difficulty in recruiting direct service workers. \$75,000 MHTAAR

**Economic Development Alliance**, year 3 of 3 — Project designed to address two major barriers to employment for people with developmental disabilities and/or severe mental illness and chronic alcoholics with psychosis: lack of work opportunities and employer discrimination. \$200,000 MHTAAR

Medical Waiver Study Implementation — Funds to implement recommended efficiencies, streamlining and solutions to several issues found in a Trust-funded review of the current processes, paperwork and billing systems of the Alaska DD Medicaid Waivers system as compared to other states. \$48,3000 MHTAAR

**Inclusive Child Care, year 1 of 3** — Expansion of intensive child care workshop opportunities to child care providers statewide through the First Start program. \$100,000 MHTAAR

**Employment Initiatives** — This project addresses two major barriers that prevent people with developmental disabilities or mental illness from getting and keeping employment: loss of health coverage and financial disincentives. Funds will be used to design and advocate for an efficient and cost-effective crossagency work incentives system. \$47,500 MHTAAR

Advisory Board on Alchobolism and Drug Abuse Board-Trust Partnership ABADA — Funds to create a database for identifying and tracking statewide expenditures related to alcoholism and its negative consequences. \$18,000 MHTAAR

**Board Development on Rural Issues ABADA** — Funds to enhance the board's rural planning or program development. \$15,000 MHTAAR

#### Administrative Services

**Comprehensive Integrated Mental Health Plan**— Funding for the annual development of this plan, which is used to guide program evolution and service delivery and contributes significantly to the establishment of funding priorities. \$50,000 MHTAAR

## Department of Natural Resources

**Trust Land Office Administration** — The Trust Land Office (TLO), supported by funds derived from Trust income, manages and develops Alaska Mental Health Trust lands on behalf of the Alaska Mental Health Trust Authority. These funds provide for the administrative and staff support for the TLO. \$938,500 MHTAAR

## Department of Revenue

#### Alaska Mental Health Trust Authority

**Trust Authority Administration** — These funds, derived from Trust Income, provide the administrative and staff support to Trustees to complete the Trust Authority's statutory obligation and mission to help improve the lives and circumstances of Trust beneficiaries. \$907,400 MHT Admin Alaska Building Fund — Established by the legislature via HB112, this project provides funding for state building maintenance. \$21,500 MHT Admin

Trust-related State Salary/benefits Increases — This represents the Mental Health Trust Administration funds that will be needed to ensure that Trust employees receive their portion of bonuses and health benefit adjustment that were approved by the legislature for state employees. This allocation also includes an adjustment for worker's compensation. \$11,300 MHT Admin

### Alaska Court System

**Court-coordinated Resources** — This project funds a project manager and a case coordinator, who will assist Mental Health Trust beneficiaries with Mental Health Court processes. The Court Coordinated Resources Project (CCRP) is a companion project to Jail Alternative Services (JAS), the Department of Corrections pilot program funded by the Alaska Mental Health Trust Authority. Together, CCRP (for out-of custody defendants) and JAS (for those in custody) comprise what is known as the Mental Health Court in the Anchorage District Court, a program of intensive case management and court supervision for Trust beneficiaries convicted of misdemeanor offenses. \$75,000 MHTAAR

## University of Alaska

**Distance Delivery BSW**, **year 1 of 3** — Funds will start up distance delivery of a statewide, accredited Bachelor of Social Work (BSW) degree program in Southeast Alaska. \$102,000 MHTAAR

#### Various Departments

**Trust-related State Salary/benefits Increases** — This represents the portion of MHTAAR that will be needed to ensure that funds are not deducted from service delivery funds for Trust-related projects in order to provide employee bonuses and health benefit adjustments that were approved by the legislature for state employees. \$61,800 MHTAAR

**Worker's Compensation Adjustments** — This funding updates Worker's Compensation benefits for departments receiving significant funding from the Trust. \$28,400 GF/MH and \$2,600 MHTAAR

## Fiscal Year 2001 Projects Administered Independently by the Trust

**Trust Small Projects Funding** — These funds support proposals up to \$10,000 each for projects that directly benefit beneficiaries or otherwise advance the goals and objectives of the Trust, and also provide services outside the regular programs of the state. \$210,000 MHTAAR

**Rural Outreach Project, year 3 of 5**—Provides travel and meeting costs for the Trustees and their staff, members and staff of planning boards/commission and state administrative agency staff to gain knowledge of issues, barriers, and services in rural communities. \$25,000 MHTAAR

**Board Collaboration** — These funds provide for travel and gathering of key members of each of the four boards/commission that provide planning and guidance to the Trust Authority regarding the four beneficiary groups. \$20,000 MHTAAR

**Rural Funding Coordination**, year 2 of 3 —Funds used to contract for services to establish service system and funding system linkages based on the needs, priorities and plans developed by the beneficiary boards and commission. \$125,000 MHTAAR

**Telepsychiatry** — The Trust will coordinate with the Alaska Telemedicine Project and Alaska Science and Technology Foundation and the federal AFCAN project in developing and expanding Alaska's capacity to serve its rural citizens using telepsychiatry. \$75,000 MHTAAR

#### Fiscal Year 2001 Capital Recommendations

### Department of Administration

**DSS Data Integration Project** — Funds to develop the Division of Senior Services integrated database. \$308,200 MHTAAR

Adult Day Facility in Juneau — Funds to assist Catholic Community Service/ Southeast Senior Services to plan a facility to address the current and future needs for expansion of the Bridge Adult Day Program in Juneau. \$100,000 MHTAAR



Theresa Shorter-Abrens, Employment Specialist, (left) and Chris Simanski, Senior Employment Specialist, for the Fairbanks Resource Agency

## Department of Corrections

**Telepsychiatry Project** — Funds to equip 10 DOC facilities and at least 10 community mental health centers as well as DOC and DMHDD psychiatrists, with enhanced telepsychiatric equipment and training. \$150,000 MHTAAR

## Department of Health and Social Services

**Facility Renovation and Deferred Maintenance** — Funds for provider renovations and repairs and for American Disabilities Act improvements in both rural and urban settings. \$550,000 MHTAAR & \$100,000 GF/MH

**Essential Program Equipment** —Competitive grants for program equipment solicited from service providers to provide increased quality of services to Trust beneficiaries \$250,000 MHTAAR & \$50,000 GF/MH API Stop Gap Repairs — Funds to cover cost of materials and labor for annual maintenance of API's physical plant and grounds. \$225,000 MHTAAR and \$154,500 AHFC

API 2000: Replacement of Existing Facility — Funds may be needed for demolition of the old building. A final decision has yet to be made concerning which building option to pursue. \$1,000,000 MHTAAR

Coordination and Resource Sharing Among Providers — Pays for a contract with an external evaluator who will conduct an examination of the current systems and processes. \$100,000 MHTAAR

Spirit Camp Facility Development — Funds to develop new spirit camps with regional partnerships participating in the projects. \$100,000 MHTAAR

Fairbanks Community Mental Health Center Relocation – Funds to move the Fairbanks Community Mental Health Center from a portion of the Fahrenkamp Center into a new location. \$150,000 MHTAAR

Fairbanks Reopen Fahrenkamp Residential Facility -

Funds for some costs necessary to renovate a portion of the Fahrenkamp Center to a Residential Diagnostic and

Treatment Center for children with serious emotional disturbances. \$100,000 MHTAAR and \$395,000 AHFC

Housing Modifications for Trust Beneficiaries — Increase the accessibility of current housing so Trust beneficiaries can move into or remain in their own homes. \$150,000 MHTAAR & \$100,000 AHFC

Transitional Housing for Recovering Substance Abusers — Pays for transitional housing units in rural hub communities for people requiring safe and sober housing following treatment completion. \$300,000 MHTAAR

## Department of Natural Resources

TLO Land and Value Enhancement — Funds will be used to facilitate the disposal or development of Trust resources based on the Trust's long-term asset management strategy, \$870,000 MHTAAR

## Department of Revenue

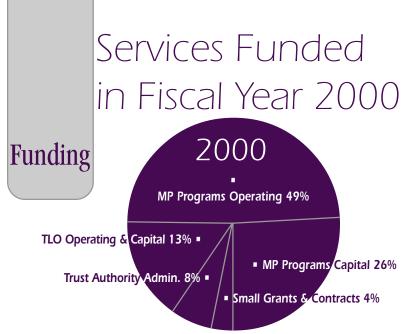
#### Alaska Housing Finance Corporation

**Beneficiary and Special Needs Housing** — Funds for Alaskan non-profit service providers and housing developers to increase housing opportunities for Trust beneficiaries and other special needs populations throughout Alaska. \$1,500,000 AHFC

Homeless Assistance Program — Grants to assist non-profit organizations, local governments and regional housing authorities in addressing the emergency needs of homeless and nearhomeless Alaskans. \$200,000 MHTAAR and \$250,000 AHFC

## Department of Transportation and Public Facilities

Coordinated Transportation/Vehicles — Competitive grants for coordinated transportation services and startup operating funds, or to purchase vehicles for Trust beneficiaries where coordinated services are not yet available or appropriate. \$500,000 MHTAAR



The Comprehensive Integrated Mental Health Program services funded during the 2000 fiscal year included adjustments to the GF/MH base, operating budget projects, capital budget projects and projects administered by The Trust. Following is a summary of those projects.

## Adjustments to the Fiscal Year 2000 GF/MH Base

## Department of Administration

Pioneer Homes – A shift of funds from the General Fund to GF/MH is recommended for the Pioneer Home component as part of a five-year transfer of funds. The Pioneer Homes have become an integral part of the continuum of care for people with Alzheimer's Disease and related dementia. \$3,480,700 from GF to GF/MH

Office of Public Advocacy – A shift of funds from the General Fund to GF/MH is recommended for the Office of Public Advocacy. This transfer of funds is in recognition that 89 percent of OPA's clients are Trust beneficiaries. \$564,800 from GF to GF/MH

#### Fiscal Year 2000 Operating Budget

## Department of Administration

#### Division of Senior Services

Mental Health Needs of the Elderly, year 3 of 3 – This funds a project that continues mental health care for the elderly and focuses on training and service coordination between senior service and mental health service providers. \$300,000 MHTAAR

Respite Care for ADRD Seniors – Funding will be used to expand services from respite workers, to enhance caregiver well-being, improve health and hygiene, explore efficiencies between respite and Personal Care Attendant services, and expand existing services. \$300,000 MHTAAR

Bridge Adult Day Program Emergency Relocation – These onetime emergency funds will assist the Bridge Adult Day Program in Juneau to temporarily relocate services for up to one year during an AHFC-initiated remodel of their existing facility within the Mountain View/Juneau Senior Center. \$28,900 MHTAAR Rural Long Term Care Development and Rural Job Development and Training, year 2 of 2 – This program addresses the serious infrastructure gaps in the senior service delivery systems in smaller communities and rural villages. The companion project in this request addresses the need for job development and training in the long-term care service industry. \$235,000 MHTAAR

Seniors – Analysis of Economic Impacts of Declining Income and Benefits, year 2 of 2 – This is a joint project of the Dept. of Health and Social Services and the Dept. of Administration regarding senior population growth, income status and the impact on community service demand. \$75,000 MHTAAR

## Department of Corrections

#### Statewide Services/ Inmate Health

Women's Psychiatric Unit – year 3 of 3 - This project funds an 18-bed Women's Psychiatric Treatment Unit at the Hiland Mountain Correctional Center in Eagle River. \$200,000 MHTAAR & \$200,000 GF/MH

Department of Corrections Planner, year 3 of 3– This funding is for a planner to assist in developing plans and strategies for improved services for Trust beneficiaries in its custody. \$30,000 MHTAAR & \$30,000 GF/MH

Jail Alternative Services, year 2 of 3– This is funding for a program that diverts mentally ill misdemeanor offenders in Anchorage to treatment. \$130,000 MHTAAR

Women's Residential Substance Abuse Treatment, year 2 of 3–These funds would continue the Residential Substance Abuse Treatment Program for female offenders at Hiland Mountain Correctional Center in Eagle River. \$59,000 MHTAAR

## Department of Health and Social Services

Purchased Services

Special Needs Children Foster Parent Training – This funding will provide additional training for foster parents of special needs children. Training will focus on specific mental health issues such as understanding ADHD, and medication management in the home. \$135,000 MHTAAR

**Training for Adoptive Parents of Special Needs Children** – These funds will be used in the development and delivery of a training program for adoptive parents of special needs children in the custody of DYFS. \$200,000 MHTAAR

**Project SUCCEED** – This project moves children waiting in the child welfare system to a permanent home. \$390,400 MHTAAR

Training for Residential Care Providers of Special Needs Children – This project provides a dedicated source of funding for training of residential care providers who provide group living care for special needs children. \$100,000 MHTAAR

**Community Residential Alternatives for SED Youth, year 2** of 2 – This is funding for non-institutional alternatives for SED children in DFYS custody, \$150,000 MHTAAR

#### State Health Services

Healthy Families Control Group Study, year 2 of 3 – This study will establish, monitor, and compare outcomes for two study groups of families with similar characteristics who receive either standard services offered to pregnant women/ families of newborns or Healthy Families Alaska services. \$100,000 MHTAAR

#### Alcohol & Drug Abuse Services Fetal Alcohol Syndrome Advisory Committee – These funds are to maintain a 23member FAS Advisory Committee with regional, ethnic and urban/rural diversity, including a blend of policymakers and direct service workers. \$25,000 MHTAAR

Day Treatment of Dually Diagnosed – Ketchikan, year 3 of 3– This project funds the day treatment of individuals that experience mental illness and also have addictions. \$63,300 MHTAAR

## Trauma Victim Study – Providence Hospital

ER, year 3 of 3 – The project identifies and refers all trauma victims arriving at the Providence Hospital Emergency Room who need alcoholism or drug treatment. \$18,700 MHTAAR

**Chronic Alcoholic Domiciliary Long-Term Care**, year **3 of 3** – This project funds housing and treatment of chronic alcoholics whose physical debilitation is so severe that traditional treatment is not appropriate. \$100,000 MHTAAR

Program for Dually Diagnosed – Anchorage, year 3 of 3– This project provides case management, enhanced detoxification and residential services to individuals with mental illness and alcoholism in the Anchorage Bowl. \$370,000 MHTAAR Women and Children Collaboration Project, year 1 of 3– This pilot project would to allow women with children in smaller communities to participate in alcohol and drug treatment while being housed in local domestic violence shelters. \$50,000 MHTAAR

**Local Option "How To" Manual, year 3 of 3** – This project produces a working manual to assist communities in exercising local option laws, and distribute it with supporting collateral materials and technical consultation upon request. \$79,700 MHTAAR

Fetal Alcohol Syndrome, Alcohol Related Birth Defects and Alcohol Related Neurodevelopmental Disorder Prevention, year 3 of 4 – This project provides diagnosis, treatment, training, and screening and assessment services. \$275,000 MHTAAR

Increase Rural Human Services – This project uses trained, supervised, village providers to deliver culturally informed substance abuse and mental health services in rural Alaska. This project will expand service delivery. \$390,400 GF/MH

#### **Community Mental Health**

Mental Health Consumer & Family Conference – This project will provide opportunities for adults with severe mental illness and their supporters to participate in the development and implementation of mental health policies and programs. \$43,700 MHTAAR



Ernie Dumman, board member and past Chair, (left) and Dino Allen, Project Assistant, for the Governor's Council on Disabilities & Special Education

> **Rural Services for the Deaf and Hearing Impaired, year 2** of 2 – This project provides mental health and substance abuse professionals training to provide services to individuals who are deaf or who have hearing impairments. \$189,900 MHTAAR

> **Regional Psychiatric Nurses, year 2 of 2** – These funds pay for the costs of psychiatric nurses, support staff, office space and supplies. These nurses will monitor the care of children in residential placements out of the state, regardless of whether the children are in the custody of the state of Alaska. \$108,000 MHTAAR

> **Children's Mental Health Coordinator**, year 3 of 3 – The purpose of this position is to assist in developing a more unified system of care for children's mental health services in Alaska. \$105,000 MHTAAR

#### Community Development Disability Grants

ADA Community Program Accessibility, year 2 of 2 – This project will provide recreation, art classes, and summer and after school programs for individuals with developmental disabilities. This program will determine the cost effectiveness of these programs in averting crisis situations. \$100,000 MHTAAR

Earn as You Learn Program, year 1 of 3 – This program would provide formal, competency-based training at UAA for people already employed in human services, with an emphasis on developmental disabilities, mental health, and chronic alcoholism with psychosis. \$100,000 MHTAAR



A group of Fairbanks beneficiaries make and sell rag rugs at the Alaska Rag Company.

Institutional Prevention and Quality Assurance: DD Services - This funding will assist service providers in areas that they determine to have the most impact on the safety and quality of the services they deliver. \$360,000 MHTAAR & \$604,800 GF/MH

#### Institutions and Administration

**API Quality Assurance**, year 2 of 2 – These funds will implement recommendations from the API Quality Assurance report. \$20,000 MHTAAR

Mental Health Consumer Affairs Position, year 2 of 2 – These funds will provide for the hiring of a senior staff member to help develop a consumer voice in planning, implementation, and evaluation of mental health services. \$90,000 MHTAAR

**Implement Integrated Quality Assurance Process, year 2 of 2** – This project will be used to ensure that an integrated quality assurance program for developmental disabilities, infant learning program and mental health providers meets or exceeds the joint Program Standards established by DHSS. \$225,000 MHTAAR

#### Mental Health Trust Boards

**Economic Development Alliance, year 2 of 3** – This alliance provides grants for businesses to purchase equipment for expansion in exchange for an agreement to hire qualified people with developmental disabilities or mental illness for at least five years. \$200,000 MHTAAR

**Employment Initiatives, year 3 of 3** – These funds will be used to design and advocate for an efficient and cost-effective work incentives system for people with developmental disabilities or mental illness. \$308,000 MHTAAR

#### DD Medicaid Waiver Study Implementation, year 2 of 2

 These funds provided will implement the recommended changes in the Alaska developmental disabilities Medicaid Waiver system identified by an earlier Trust funded study.
\$50,000 MHTAAR

#### Administrative Services

Comprehensive Integrated Mental Health Plan - This

planning process provides The Trust with a guide for the delivery of serves to beneficiaries and DHHS with guidance for the delivery of services within the Comprehensive Integrated Mental Health Program. \$50,000 MHTAAR

## Department of Natural Resources

Mental Health Trust Land Office & Natural Resource Management – These funds provide for administrative and staff support for the Trust Land Office to develop and maximize revenues from Trust lands over time in a responsible manner. MHTAAR \$892,100

## Department of Revenue

Trust Authority Administration – These funds provide the administrative and staff support to the Trustees to complete the Trust Authority's statutory obligations and mission. \$907,400 MHTAAR

### Independently Administered by The Trust

**Trust Small Projects Funding** – Three time each year The Trust funds small projects averaging \$5,000 each that directly aid beneficiaries and provide services outside those delivered by the state. Half of these funds are targeted for rural beneficiaries. \$210,000 MHTAAR

**Rural Outreach Project, year 2 of 5–** This funding would cover travel to rural regions of the state for Trustees, staff and members of the boards and commission for a five year period to gain a better understanding of rural mental health issues. \$25,000 MHTAAR

**Board Collaboration** – These funds provide a meeting of members of the boards and commission for planning and guidance to The Trust regarding each of the four beneficiary groups. \$20,000 MHTAAR

**Telepsychiatry** – The Trust will coordinate with the Alaska Telemedicine Project and the Alaska Science and Technology Foundation in developing and expanding Alaska's capacity to serve its rural citizens using telepsychiatry. \$75,000 MHTAAR

Miller Trust Project – This project will develop and distribute information and forms to assist individuals in establishing Miller Trusts so that they can qualify for Medicaid. \$25,000 MHTAAR

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**Rural Funding Coordination, year 1 of 3** – This project will contract for services to assist the trust in developing linkages for services and funding for rural Trust beneficiaries. \$75,000 MHTAAR

**Board Development on Rural Issues, AMHB, GCDSE, ABADA, year 1 of 3** – Provides \$15,000 each for three Boards to conduct Rural Outreach Plans. It is managed through the Rural Funding Coordination contract. \$45,000 MHTAAR

### Fiscal Year 2000 Capital Budget

## Department of Health and Social Services

#### Program Facilities, Deferred Maintenance & ADA

Upgrades – These funds are for program renovations and repairs for deferred maintenance and Americans with Disabilities Act improvements. \$250,000 MHTAAR & \$250,000 GF/MH

Program Equipment – This will fund competitive grants for program equipment to increase the quality of services to Trust beneficiaries. \$100,000 MHTAAR & \$50,000 GF/MH

API Repair and Maintenance – This funding provides materials and labor to keep API's aging physical plant and grounds in minimally operational status. \$225,000 MHTAAR

**API: Replacement of Existing Facility** – This funding supports a plan to complete a new API facility and demolish the old facility. \$2,000,000 MHTAAR & \$7,000,000 Federal.

Ketchikan Residential Diagnosis & Treatment Center – These funds would contribute towards the development of a combined regional Youth Detention, Diagnostic and Treatment Center in cooperation with the City of Ketchikan. \$150,000 GF

Housing Modifications for People with Special Needs – This funding would help modify housing to make it accessible for people with special needs. \$150,000 GF/MH & \$250,000 AHFC

## Department of Revenue

#### Alaska Housing Finance Corporation

**Beneficiary and Special Needs Housing** – This funding helps Alaskan nonprofit service providers and housing developers increase housing opportunities to Trust beneficiaries and other special needs populations. \$1,700,000 AHFC

Homeless Assistance Program – This funding provides grants to assist state agencies, local governments, regional housing authorities and nonprofit corporations in addressing emergency housing needs for Alaskans, including Trust beneficiaries who are at particularly high risk. \$200,000 MHTAAR & \$250.000 AHFC

## Department of Natural Resources

**Trust Land Office – Land & Resource Enhancement -**This funding will allow contracts with consultants who will work at enhancing parcel-specific Trust land, timber, mineral and oil and gas resources. \$660,000 MHTAAR



*M. Lynn Crane, Executive Director of Unalaska's U.S.A.F.V., which received funding from AHFC's Homeless Assistance Program.* 

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## The Alaska Mental Health Trust Authority 2000 Annual Report

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