



UNIVERSITY of ALASKA SOUTHEAST

PEER SUPPORT CERTIFICATION AND TRAINING COURSE

HUMS 181 Peer Support Professional Training

This course is designed to prepare students with the academic knowledge to serve as Peer Support Specialists in the State of Alaska and support those in recovery from substance use, mental health conditions or other challenges. Students who have lived experience with mental health or substance use disorders will learn how to apply their experiential knowledge with evidence-based practices to support others on their recovery journey as well. This course meets the 40-hour training required by the Alaska Commission for Behavioral Health Certification to become a Peer Support Associate in the State of Alaska.



**ACBHC Approved
Curriculum**

3-Credits

In-person

**Fall and Spring
Offerings**

**Optional QPR Suicide
Prevention and Adult
Mental Health First
Aid certifications
available with
training**

To Register For Class:

Call (907) 796-6100

Go to:
<http://uas.alaska.edu/registrar>

Questions? Contact Sarah
Niecko at sniecko@alaska.edu