



‘Super Advocate’ Advocacy Trainings

Choose one:

Fairbanks: Tue 8/30 at Morris Thompson Center (9-3:30pm)

Utqiagvik: Thu 9/1 at Iñupiat Heritage Center (9-3:30pm)

Wasilla: Tue 9/13 at Mat-Su Health Foundation (9-3:30pm)

Anchorage: Mon 9/26 at Dena’ina Center (9-3:30pm)

* Must register for Anchorage training separately: [HERE](#).

**Cost: Free!
Lunch is Provided!**

**Must register in advance.
Thank you!**

**To register by text, email,
mail, or phone, contact:**

Advocacy Coordinator - 907-321-2548
advocacy.coordinator@mhtrust.org

This free training conducted in person offers tools and hands-on practice for advocating and learning how to talk to policymakers, speak at public meetings, learn about and advocate for issues that impact Trust beneficiaries: people with mental illness, substance use disorders, intellectual/developmental disabilities, Alzheimer’s disease and related dementia, and traumatic brain injury. The training is for people with lived experience of a disability, peers, family members, service providers, administrators, and others interested in learning:

- Tools for successful meetings with policymakers (Legislature, City/Village Council, Assembly, School Board)
- Refining your personal story for the most impact
- Tips for speaking on a public panel or before a public committee
- Tips for advocacy from home
- Updates on current issues

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Alaska Mental Health
Trust Authority

