

# CRISIS NOW

## Implementing a Behavioral Health Crisis System of Care in Alaska

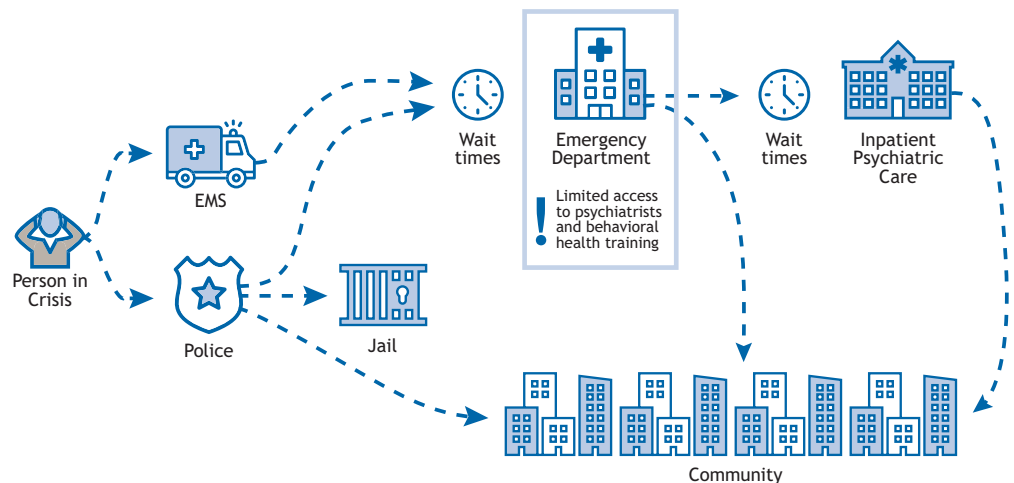
The Alaska Mental Health Trust Authority is contracted with Agnew::Beck Consulting to provide project management support in order to plan and implement a behavioral health crisis system of care, using the Crisis Now Framework as a guide.

### Why Crisis Now?

Our current system of care:

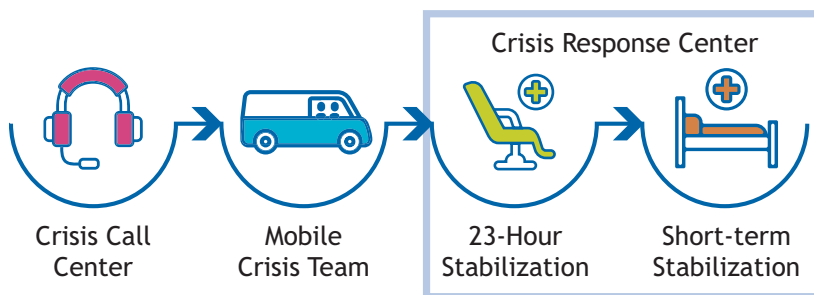
- Is challenged to provide timely access to crisis services
- Is unable to meet individuals “where they are at”
- Relies on law enforcement, the criminal justice system and hospital emergency rooms to respond to behavioral health crisis
- Has reduced capacity at Alaska’s only state-run psychiatric hospital

### Current Behavioral Health Crisis Response



### What is the Crisis Now Framework?

*Someone to Talk to, Someone to Respond and a Place to Go*

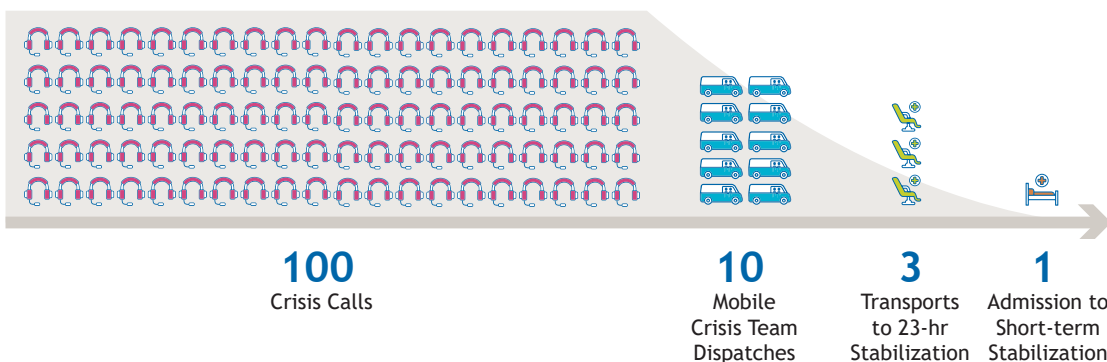


[SAMHSA's National Guidelines](#) for Behavioral Health Crisis Care - A Best Practice Toolkit outlines minimum expectations and best practices for the design, development and implementation of a behavioral health crisis care continuum.



#### Essential Principles & Practices

- Recovery oriented
- Significant role for peers
- Trauma-informed care
- Zero Suicide/Suicide Safer Care
- Safety and security for staff and people in crisis
- Crisis response partnerships



The Crisis Now framework offers multiple opportunities for resolution, increasing opportunity for intervention at less intensive levels of care and decreasing reliance on inpatient psychiatric beds.

To read more about this framework, and efforts to improve behavioral health crisis response in Alaska, visit: [crisisnow.com](https://crisisnow.com) and [alaskamentalhealthtrust.org/crisisnow](https://alaskamentalhealthtrust.org/crisisnow)

# Project Outcomes

## Physical Health Emergency

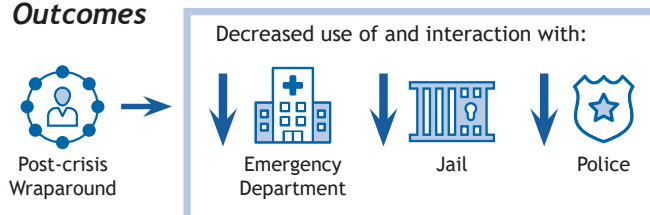


Implementation of a behavioral health crisis system of care means people experiencing a behavioral health crisis get the right care, in the right setting, when they need it, just like what we expect for individuals experiencing a physical health crisis.

## Behavioral Health Emergency



## Outcomes



# Project Team Structure

## Project Management Team

- Alaska Mental Health Trust Authority
- Alaska Department of Health and Social Services
- Alaska Department of Public Safety
- Department of Labor and Workforce Development
- Department of Corrections
- Mat-Su Health Foundation
- Advisory Boards



## Role of Agnew::Beck Consulting

Provide project management to ensure planning, coordination, and facilitation to implement the Crisis Now model in Alaska

## Ad Hoc Workgroups

Rates, licensing and regulations, Crisis Call Center, systems oversight and data management, training and workforce development, rural Alaska implementation



Identify and address implementation related system issues in coordination with the Project Management team and other partners

## Anchorage Workgroup

- First responders
- Law enforcement
- Hospitals

## Mat-Su Workgroup

- Health and social service providers

## Fairbanks Workgroup

- Funders
- Local health departments



Facilitate planning and implementation workgroups in three communities: Anchorage, Mat-Su, and Fairbanks

## Anchorage Operators

## Mat-Su Operators

## Fairbanks Operators



Develop program and business models for service operators in each community

## Want to know more or get involved?

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