



Virtual 'Super Advocate' Advocacy Trainings

Choose one:

- **Friday, Oct. 23** 9:00-3:30pm
- **Thursday, Nov. 5** 9:00-3:30pm
- **Saturday, Nov. 14** 9:00-3:30pm
- **Wednesday, Nov. 18** 9:00-3:30pm

Lots of hands-on, interactive activities to make this Zoom training engaging and fun! Note: Lunch break 12-1pm.

For registration form, contact:

907-465-4765, or by email:

advocacy.coordinator@mhtrust.org

Must register in advance. Thank you!

For more info, go to:

[www.alaskamentalhealthtrust.org/
jointadvocacy](http://www.alaskamentalhealthtrust.org/jointadvocacy)

This free one-day training conducted over Zoom will offer tools and hands-on practice for advocating for state and local public policy and funding decisions that affect people with mental illness, substance use disorders, intellectual/developmental disabilities, including fetal alcohol spectrum disorders, Alzheimer's disease and related dementia, traumatic brain injuries. The training is for peers and people with lived experience, family members, providers of services, administrators, and others interested in advocating for vulnerable Alaskans.

- Tools for successful meetings with policymakers (Legislators, City/Village Councils, School Boards)
- Tips for speaking on a public panel or before a public committee
- Refining your personal story for the most impact
- Tips for advocacy from home
- Updates on current issues

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