

MEETING AGENDA

Meeting: Board of Trustees
Date: November 16-17, 2022
Time: 8:30 AM
Location: online via webinar and teleconference
Teleconference: (844) 740-1264 / Meeting Number: 2455 270 6084 # / Attendee No: #
<https://alaskamentalhealthtrust.org/>
Trustees: Anita Halterman (Chair), Verné Boerner, Rhonda Boyles, Kevin Fimon,
Brent Fisher, Agnes Moran, John Sturgeon

Wednesday, November 16, 2022

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8:30	Call to Order – Anita Halterman, Chair Roll Call / Announcements / Approval of Agenda Review of Guiding Principles Ethics Disclosure Approval of Minutes <ul style="list-style-type: none">• August 24-25, 2022 Current Bylaws	6 13 43
8:40	Mission Moment TABI Advisory Council <ul style="list-style-type: none">• Lucy Cordwell, Council Member• Nona Safra, Council Member	
9:10	Staff Report CEO Update	
9:30	Communications Update <ul style="list-style-type: none">• Allison Biastock, CCO	50
10:15	Break	
10:30	Trustee Training Open Meetings Act, Department of Law <ul style="list-style-type: none">• Gene Hickey, Department of Law	96
11:45	Lunch	

Wednesday, November 16, 2022 (continued)

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12:30	Statutory Advisor Update	127
	<ul style="list-style-type: none"> • Bev Schoonover, Executive Director, Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse • Jon Haghayeghi, Executive Director, Alaska Commission on Aging • Patrick Reinhart, Acting Executive Director, Governor's Council on Disabilities and Special Education 	
2:00	Break	
2:15	Audit & Risk Committee Report / Update	192
2:20	BDO FY22 Financial Audit	195
2:45	Finance Committee Report / Update	197
	<ul style="list-style-type: none"> • FY23 Payout 	
3:00	Resource Management Committee Report / Update	203
	<ul style="list-style-type: none"> • Disposal of Trust Parcel CRM-1138-01 	
3:15	Program & Planning Committee Report / Update	209
	<ul style="list-style-type: none"> • Alaska Behavioral Health Mobile Crisis Team (Fairbanks) 	
3:30	Trust Technical Assistance Resources	219
	<ul style="list-style-type: none"> • Kelda Barstad, Trust Program Officer • Jimael Johnson, Trust Program Officer 	
4:00	Break	
4:15	Public Comment	
	<ul style="list-style-type: none"> • For Public Comment Guidelines click here 	
	Recess	

Thursday, November 17, 2022

Page No.

- 12:30** **Call to Order – Anita Halterman, Chair**
Roll Call
Announcements
- 12:35** **Trustee Comments**
- 12:50** **CEO Annual Performance Evaluation**
Executive session – (if necessary)
In accordance with the Open Meetings Act, AS 44.62.310(c).
- Adjourn**

Future Meeting Dates

Full Board of Trustee / Program & Planning / Resource Management / Audit & Risk / Finance

(Updated – November 2022)

- | | | |
|--------------------------------|-----------------------------|------------------------|
| • Full Board of Trustee | November 16-17, 2022 | (Wed, Thu) – Anchorage |
| | | |
| • Program & Planning Committee | January 5, 2023 | (Thu) |
| • Audit & Risk Committee | January 6, 2023 | (Fri) |
| • Finance Committee | January 6, 2023 | (Fri) |
| • Resource Mgt Committee | January 6, 2023 | (Fri) |
| • Full Board of Trustee | January 24-25, 2023 | (Tue, Wed) – Juneau |
| | | |
| • Audit & Risk Committee | April 19, 2023 | (Wed) |
| • Finance Committee | April 19, 2023 | (Wed) |
| • Resource Mgt Committee | April 19, 2023 | (Wed) |
| • Program & Planning Committee | April 20, 2023 | (Thu) |
| • Full Board of Trustee | May 24-25, 2023 | (Wed, Thu) – TBD |
| | | |
| • Audit & Risk Committee | July 25, 2023 | (Tue) |
| • Finance Committee | July 25, 2023 | (Tue) |
| • Resource Mgt Committee | July 25, 2023 | (Tue) |
| • Program & Planning Committee | July 26-27, 2023 | (Wed, Thu) |
| • Full Board of Trustee | August 29-30, 2023 | (Tue, Wed) – Anchorage |
| | | |
| • Audit & Risk Committee | October 19, 2023 | (Thu) |
| • Finance Committee | October 19, 2023 | (Thu) |
| • Resource Mgt Committee | October 19, 2023 | (Thu) |
| • Program & Planning Committee | October 20, 2023 | (Fri) |
| • Full Board of Trustee | November 15-16, 2023 | (Wed, Thu) – Anchorage |

Future Meeting Dates

Statutory Advisory Boards

(Updated – November 2022)

Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse

AMHB: <http://dhss.alaska.gov/amhb/Pages/default.aspx>

ABADA: <http://dhss.alaska.gov/abada/Pages/default.aspx>

Executive Director: Bev Schoonover, (907) 465-5114, bev.schoonover@alaska.gov

- Executive Committee – monthly via teleconference (Second Tuesday of the Month)
- Winter Meeting: January 11, 2023 / TBD

Governor's Council on Disabilities and Special Education

GCDSE: <http://dhss.alaska.gov/gcdse/Pages/default.aspx>

Acting Executive Director: Patrick Reinhart, (907) 269-8990, patrick.reinhart@alaska.gov

- Winter Meeting: February 14-16, 2023 / TBD

Alaska Commission on Aging

ACO: <http://dhss.alaska.gov/acoa/Pages/default.aspx>

Executive Director: Jon Haghayeghi, (907) 465-4879, jon.haghayeghi@alaska.gov

- Winter Meeting: December 5-6, 2022 / via webinar

**The Trust's
Guiding Principles /
Mission Statement /
Trust Budget
Process Flowcharts**

Trust Guiding Principles

To improve the lives of Trust beneficiaries, The Trust is committed to:

Education of the public and policymakers on beneficiary needs;

Collaboration with consumers and partner advocates;

Maximizing beneficiary input into programs;

Continually improving results for beneficiaries;

Prioritizing services for beneficiaries at risk of institutionalization or needing long-term, intensive care;

Useful and timely data for evaluating program results;

Inclusion of early intervention and prevention components in programs;

Provision of reasonably necessary beneficiary services based on ability to pay.

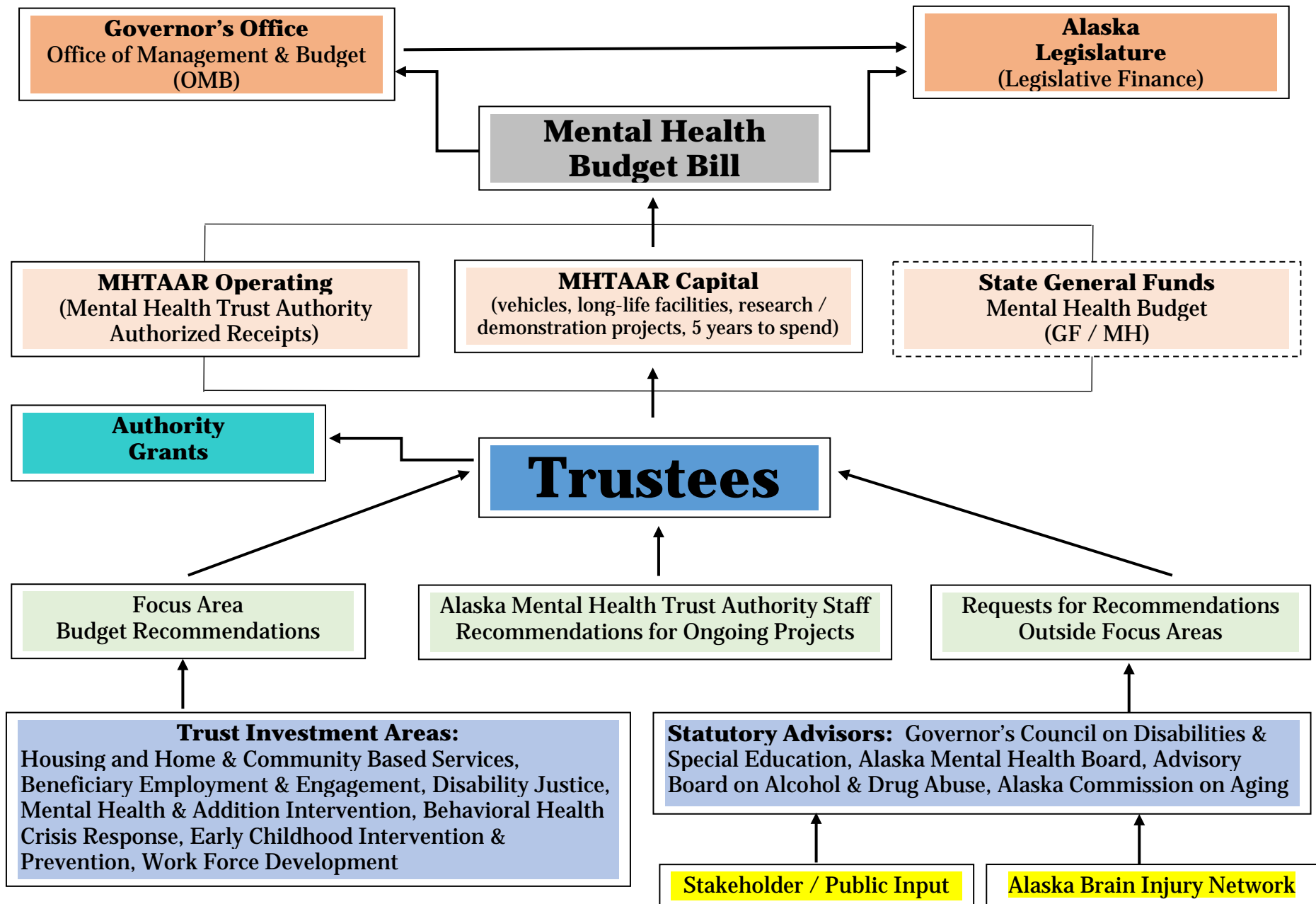
Approved 5-12-09, Board of Trustee meeting

Trust Mission Statement

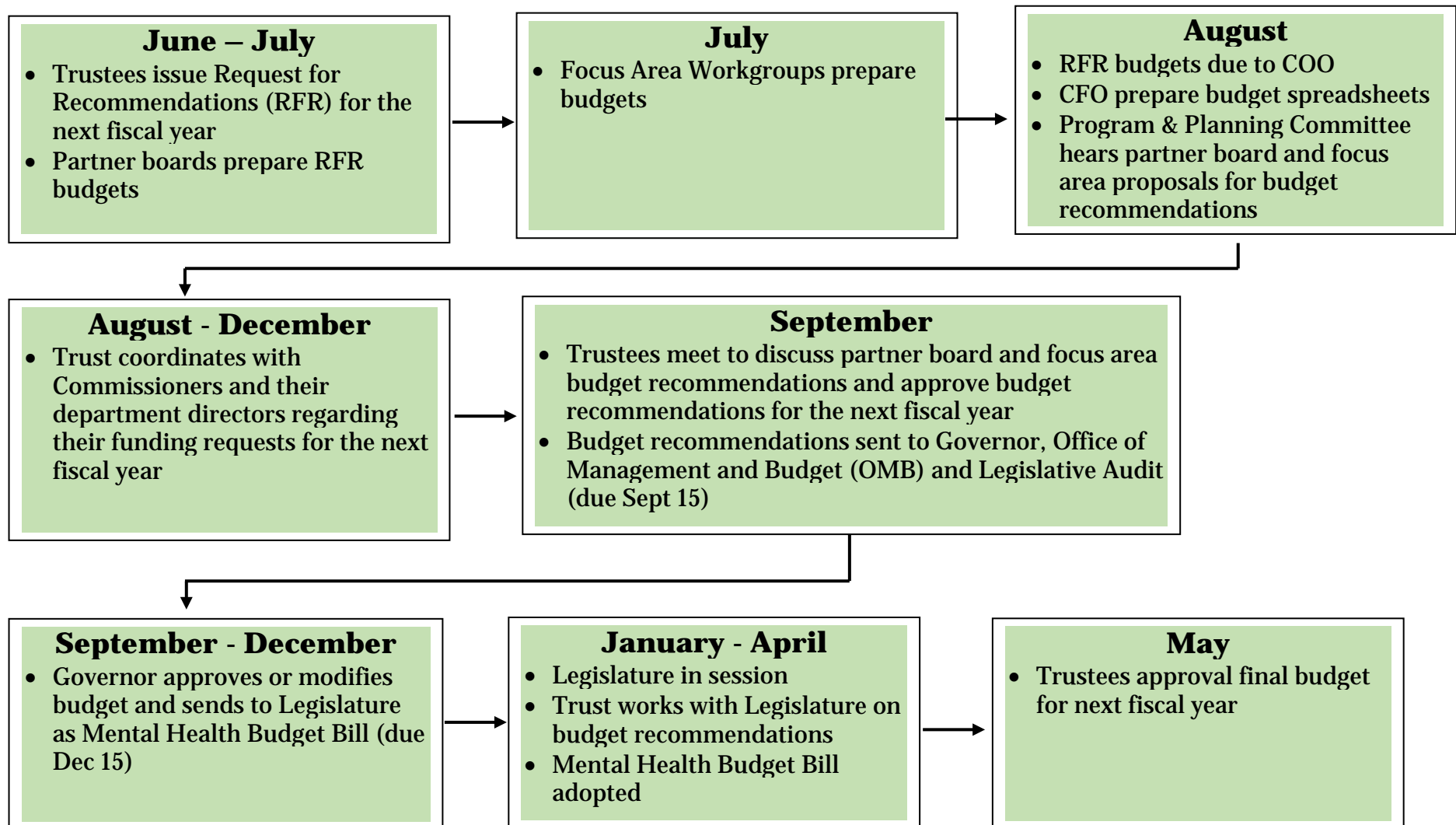
The Alaska Mental Health Trust Authority (The Trust) administers the Mental Health Trust to improve the lives of beneficiaries. Trustees have a fiduciary responsibility to protect and enhance trust assets in perpetuity for the beneficiaries. The Trust provides leadership in advocacy, planning, implementing and funding of the Comprehensive Integrated Mental Health Program; and acts as a catalyst for change.

Approved 5-12-09, Board of Trustee meeting

Alaska Mental Health Trust Authority Budget Process



Annual Mental Health Budget Bill Process

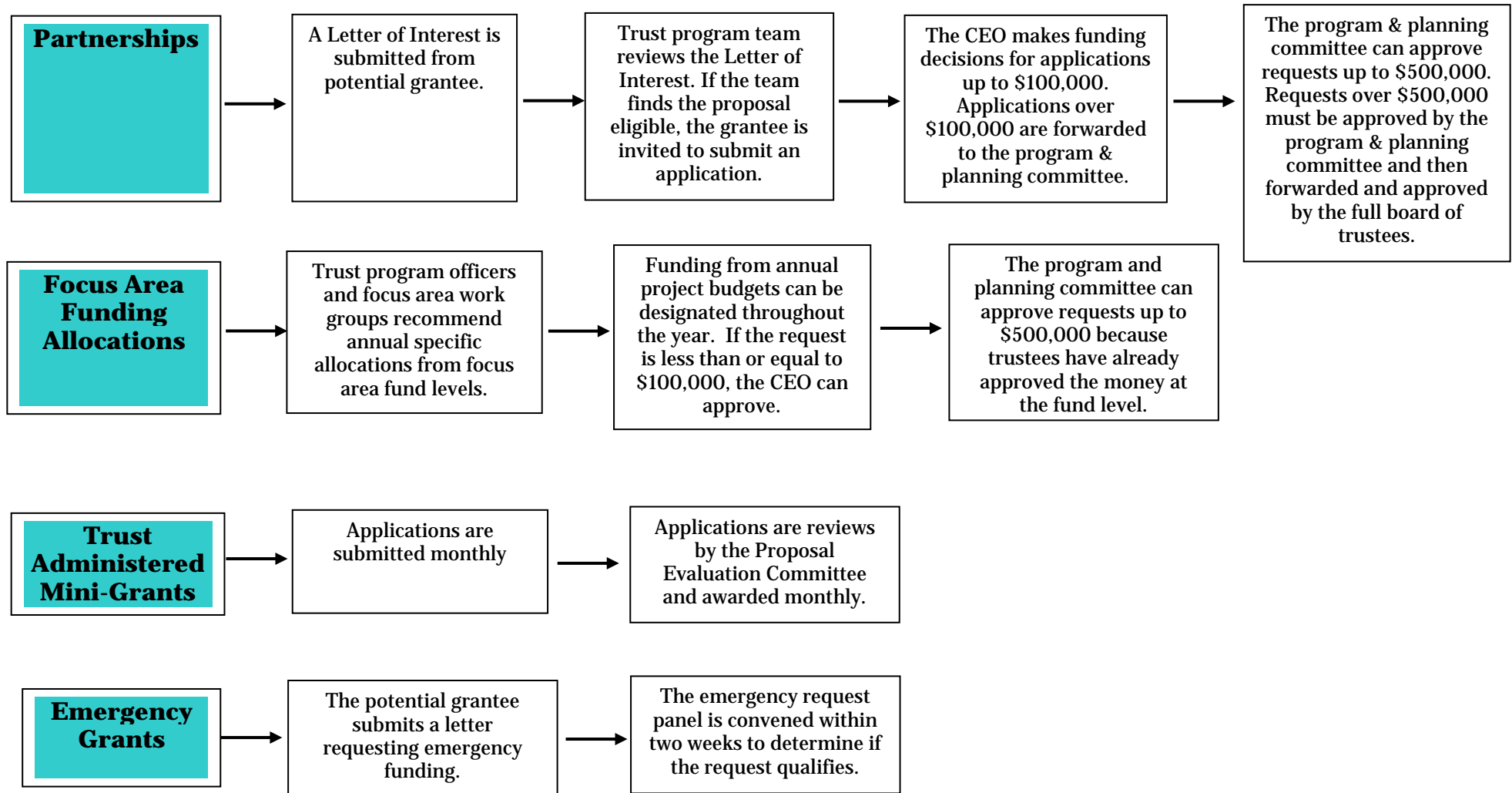


Note: timeline represents those items in the green boxes in the chart entitled "Alaska Mental Health Budget Process"

01/23/2019

Grant Approval Process for Authority Grant Funds

All annual budgets are approved by the full board of trustees at the September meeting



Note: this chart depicts those items included in the teal box labeled "Authority Grants" on the chart entitled "Alaska Mental Health Trust Authority Budget Process"

Revised: 01/23/2019

Alaska Mental Health Trust Annual Calendar

TRUSTEES	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Scheduled full board meeting & prep												
Scheduled committee meetings & prep												
APOC filing due 3/15												
Officer elections												
Board evaluations												
CEO evaluation												

LEGISLATURE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Budget finalization with departments												
Trust advocacy trainings												
House/Senate Finance budget presentation												
Legislative session												

PROGRAM	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Focus area budget updates, stakeholder mtg												
Request for recommendations (RFR) issued												
Statements of Intent / grant agreements												
Trust/DBH quarterly meetings												
Small projects												
Grant quarterly reports												
Rural Outreach (every 2yrs)												

LAND OFFICE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Resource field season												
Real estate BOV/appraisals												
Fall land sale												
Quarterly reports												
Ft. Knox audit (every 2yrs)												

ADMINISTRATION	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Fiscal year end & re-appropriation												
External audit												
Operating budget due 9/15												
Trust annual report												
Contract renewals												
OMB measures												
Asset allocation annual review												

ADVISORY BOARDS	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Statutory Advisory Board - ACoA												
Statutory Advisory Board - AMHB/ABADA												
Statutory Advisory Board - GCDSE												

**Minutes for the
August 24-25, 2022
Full Board of Trustees
Meeting**

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD OF TRUSTEES MEETING

August 24, 2022

8:30 a.m.

WebEx Videoconference/Teleconference

Originating at:

**Alaska Mental Health Trust Authority
3745 Community Park Loop, Suite 200
Anchorage, Alaska 99508**

Trustees Present:

Anita Halterman, Chair
Verne' Boerner
Brent Fisher
Rhonda Boyles
Kevin Fimon
Agnes Moran
John Sturgeon

Trust Staff Present:

Steve Williams
Katie Baldwin-Johnson
Carol Howarth
Miri Smith-Coolidge
Kelda Barstad
Michael Baldwin
Eric Boyer
Valette Keller
Autumn Vea
Allison Biastock
Kat Roch
Luke Lind
Debbie DeLong
Travis Welch
Jimael Johnson
Carrie Predeger

Trust Land Office staff present:

Jusdi Warner

Also participating: Patrick Reinhardt; Lesley Thompson; Meridith Griggs; Charity Carmody; Beverly Schoonover; Jennifer Smerud; Lisa Cauble; Kara Thrasher-Livingston; Don Habeger; Amanda Metivier; Angel Gonzales; Adam Crum; Kim Kovol; Erin O'Boyle; Genia Demetriades; Chris Cooke.

PROCEEDINGS

CALL TO ORDER

CHAIR HALTERMAN called the meeting to order and began with a roll call. There was a quorum to do business. She asked for a motion to approve the agenda.

APPROVE THE AGENDA

MOTION: A motion to approve the agenda was made by TRUSTEE STURGEON; seconded by TRUSTEE MORAN.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Fisher, yes; Trustee Moran, yes; Trustee Sturgeon, yes; Trustee Boerner, yes; Chair Halterman, yes.)

CHAIR HALTERMAN stated that the agenda was approved as written. In the packet was a copy of the Guiding Principles, the Trust Mission Statement and the budget process flow charts. She asked if there were any questions about the Guiding Principles, Mission Statement or anything of that nature.

ETHICS DISCLOSURES

CHAIR HALTERMAN asked for any ethics disclosures. There being none, she moved to the approval of minutes.

APPROVAL OF MINUTES

MOTION: A motion to accept the minutes of May 25, 2022, was made by TRUSTEE FIMON; seconded by TRUSTEE STURGEON.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Fisher, yes; Trustee Moran, abstained; Trustee Sturgeon, yes; Trustee Boerner, yes; Chair Halterman, yes.)

CHAIR HALTERMAN stated that the bylaws were listed on page 35 and added that an election process would begin. She pointed out the policies that address the election process of the Chair, Vice Chair and Secretary. She continued that some motions would be made with regard to the executive team moving forward into the upcoming year. The positions are elected by the majority vote which is normally this time of year. The officers' terms of office commence upon adjournment of this meeting. She opened the floor for nominations for the position of Chair.

MOTION: TRUSTEE STURGEON nominated TRUSTEE HALTERMAN for Chair; seconded by TRUSTEE BOERNER.

CHAIR HALTERMAN asked three times for any other nominations for the position of Chair. There being none, she asked for the roll-call vote.

The roll-call vote: Trustee Boerner, yes; Trustee Fisher, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes. Trustee Halterman was elected Chair.

CHAIR HALTERMAN stated that the next position was the Vice Chair, and she asked for nominations.

MOTION: TRUSTEE FIMON moved the nomination of TRUSTEE BOYLES for Vice Chair; seconded by TRUSTEE STURGEON.

CHAIR HALTERMAN asked three times for any other nominations for the position of Vice Chair. There being none, she asked for the roll-call vote.

The roll-call vote: Trustee Boerner, yes; Trustee Fisher, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes. Trustee Boyles was elected Vice Chair.

CHAIR HALTERMAN stated that the next position is nomination of the Secretary position. She asked for a motion.

MOTION: TRUSTEE BOYLES made a motion to re-elect Trustee Fisher as Secretary; seconded by TRUSTEE FIMON.

CHAIR HALTERMAN asked three times for any other nominations for the position of Secretary. There being none, she asked for the roll-call vote

The roll-call vote: Trustee Boerner, yes; Trustee Fisher, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes. Trustee Fisher was elected Secretary.

CHAIR HALTERMAN stated that the board elections were finalized and welcomed the members of the executive team. She stated appreciation for their support. She moved to the Mission Moment and recognized Jimael Johnson.

MISSION MOMENT

MS. JOHNSON stated that Amanda Metivier and Angel Gonzalez were there from the Child Welfare Academy and Facing Foster Care in Alaska. Their discussion and experiences with the foster care system were intended to help continue the conversation from the last several months. She stated that Amanda was the director of the Child Welfare Academy and adjunct faculty in Human Services at UAA. She is an alumni of Alaska's foster care system and has dedicated her career and personal life to child welfare. She cofounded the foster-youth-led nonprofit Facing Foster Care in Alaska in 2003, and currently serves on the board of directors. She has been a foster and adoptive parent to teens for more than a decade. She recognized Amanda Metivier.

MS. METIVIER thanked Ms. Johnson and stated that she wanted to share about Facing Foster Care in Alaska with her colleague, Angel Gonzalez. She stated that she was a cofounder of FFCA which has been around as a nonprofit for about 20 years. It was borne out of a passion for young people, and she came together with some of her peers to start this effort and this organization. She continued that they had done a lot with the Trust over the years and were heavily involved with some of the kids' advocacy efforts along the way. She moved on and highlighted some of the core pieces of work done and stated that she is now the director of the Child Welfare Academy at UAA, which does the training for all the State child protection staff,

tribal partners, technical assistance, work with legal parties involved in child welfare, and we formally partner with Facing Foster Care in Alaska through the Office of Youth Empowerment. On average, they work with about 300 current and former foster youth across the state. She added that Ms. Gonzalez would talk a bit about their structure. She stated that peer support is a big part of their work and is a lifeline and support network for foster youth and alumni throughout the state. She continued that they do a training called “strategic sharing” that teaches young people how to share their stories and experiences in a way that is safe, empowers them, but will also have an impact on the system. Young people regularly share their experiences with child welfare staff and legal parties.

MS. GONZALEZ stated that she is the current board president for Facing Foster Care in Alaska and worked her way up. She started off on the youth board as the Anchorage regional representative, and then joined the adult board. She had been with FFCA since she was 17, and it is amazing to see the growth and change. It was really a youth-led organization. The youth board and members get together at a quarterly retreat and come up with a workplan on how to better the system. She continued that then the youth board presents their ideas to the board of directors, and the board does all of the behind-the-scenes work to try and get those things moving.

MS. METIVIER talked about the two boards and how they operated. They can hold seats on the youth leadership board between the ages of 15 and 24, and all members have voting rights between those ages. She explained that once a member is over 24, they become elders and do not hold voting rights. This is to keep the organization youth centric, led by young people with their young voices and their passions. She asked for any questions.

TRUSTEE STURGEON thanked them for their presentation and asked if the Board could possibly understand the journey of the average foster child, the challenges they face, and what their life looks like during the foster care system and after they are out of the foster care system.

MS. METIVIER replied that every experience that brings families to be involved in the system is unique. In Alaska that is oftentimes related to substance abuse and the effects of that which could potentially be domestic violence or other abuses in the home. She continued that, typically, once a child is removed, a relative search happens within 30 days. The State tries to identify family for that child to live with. She explained that there is a pretty severe shortage of foster homes throughout the state. While awaiting the search for family or family friends, that child is living in a shelter, a hotel, in offices, or emergency foster care placement that could be temporary to two weeks or 30 days. The goal of foster care is always to be temporary. Parents are supposed to have a case plan initiated within the first 60 days, with the goal of reunification. The federal and state timelines say that children are only supposed to be in foster care for 12 to 24 months, and then move to reunification or an alternate plan through adoption or guardianship or another planned permanent living arrangement. She added that Alaska has pretty slow timelines to permanency, and she spoke about the reasons for that. She explained the college fund their office manages, and also vocational training support for young people that transition out of foster care. The most successful are those with organic connections, not systems connections. When in foster care, the system is the support network. In leaving the system, that whole support network just disappears; the resources expire.

TRUSTEE FISHER asked if there was any data available that indicates what communities

generate the most foster children, and then what communities are providing the most foster parents.

MS. METIVIER replied that most of this is public information, and is also available on the Web site for the Office of Children's Services. They have a data dashboard that will show reports of harm that come in, investigations initiated, and then removal. She stated that, in recent years, the highest rate of removals were in the western region, in the Bethel area; about 15 percent. She continued that, of the majority of children in foster care, about half are in Anchorage. The highest rates of children in the system are in Anchorage. They move to more urban areas.

TRUSTEE FIMON asked about the next step to prepare and get more foster parents. He asked if there was a kind of fix that the Trust could do to help.

MS. GONZALES replied that she was on the Governor's Council as the co-chair, and we have gathered a group of people together to try and improve the system and repair the turnover.

MS. METIVIER talked about the efforts underway to do media ads. Last year a grant was received through American Recover Act funds, and we were able to run commercials across the state and social media and other streaming media services to try to recruit foster families. She added that there were a number of entities coming together to create a statewide network. There is also work that needs to be done with building trust within communities. There should be more support for unlicensed relative caregivers.

TRUSTEE STURGEON asked what happens to the children if a poor job is done. What effect would this have on society as far as homelessness, among other things.

MS. GONZALES replied that the chances of failure highly increase because the supports are not in place. The chance of incarceration, of homelessness are increased because supports are not in place. She stated that she has worked at Covenant House for three years and has seen youth placed at Covenant House as placement. She continued that a youth should never be placed in a homeless shelter for placement because there is not structure, no rules, and they come and go as they please. They are targeted for sex and drug trafficking because they are vulnerable.

TRUSTEE MORAN stated that she liked the youth-centered approach. She asked, from the youth perspective, about the highest impact for focusing on their needs.

MS. GONZALES replied that the Trust is meeting the needs. The youth want the basics and just want to know that they are cared about and provided for.

TRUSTEE MORAN asked about having a staff position in each community that would focus on continuing contact or to assist in meeting those needs.

MS. GONZALES replied that it was done case by case.

MS. METIVIER added that it would be like support in communities. Historically, it was a network of peer support and advocacy and training and really bringing young people together across the State. The pandemic caused a crisis, which she explained.

TRUSTEE MORAN stated that the empowering thing about this program is the peer action of it. She asked if they found it difficult to identify consistent streaming funds for peer support and peer training.

MS. METIVIER replied that there is always a need, and especially with peer-support-type work.

MS. BALDWIN-JOHNSON asked for more information on reunification and the support that families need in order to reunify.

MS. METIVIER replied that about 50 percent of cases do move to reunification, with children reunited with their parents or a previous caregiver. There is not a lot of support for kinship providers, and it really depends on what is available within their community.

CHAIR HALTERMAN thanked Ms. Metivier and Ms. Gonzalez, and stated appreciation for what they do, which is important for the youth. There have a lot of improvements in the foster care system in Alaska, which she noted. She recognized Mr. Williams.

CEO UPDATE

CEO WILLIAMS stated that this is the time of the year for the external financial audit, and BDO is doing the audit of the operations. He stated appreciation for the work that both offices and staff are engaged in. It is very important and time-consuming. He continued that the finalization of the audit is anticipated toward the end of September and would end up in the Finance Committee in October, and then come to the Board for acceptance at the November board meeting. He talked about the budget and highlighted that the Trust Land Office was getting ready to engage in the annual fall land sale. He moved to the September conference and stated that the speakers were finalized. He stated that two of the keynote speakers were coming from NAMI. A third keynote was Haley Moss, a young attorney who experiences autism, whose keynote will focus on inclusion and embracing diversity and neuro diversity. He added that registration is open and there are about 150 registrants currently. He stated that it was a recognition day for former Trustee Chair Chris Cooke and also Teri Tibbett, a huge instrument of advocacy for the Trust beneficiaries. There is a training that beneficiaries can sign up for that she spearheaded and is the power of voice; the voice of individuals who often do not have a place at the table to share their stories and their voices. Teri is retiring at the beginning of October, and the amount of positive impact that she has had is countless and cannot be overstated.

CHAIR HALTERMAN asked for some insight in a future meeting of the different flavor for what folks need in the mini-grants post pandemic. She thanked Teri Tibbett for her service. She moved to the Commissioner updates, and noted that Commissioner Crum and Commissioner Kovol were both in the room.

COMMISSIONER UPDATES

CEO WILLIAMS introduced Commissioner Crum, the Department of Health; and Commissioner Kovol, the Department of Family & Community Services. He explained that the Trust, at least twice a year, invites the Commissioners as advisers to the Trust, to meet with trustees to talk about a variety of issues related to beneficiaries, the partnerships, and to work with the Department to identify assistance and strategies.

COMMISSIONER CRUM stated that this was the first time that he and his counterpart, Commissioner Kovol with the Department of Family & Community Services, were introduced. Health and Social Services were separated to make sure that Alaskans were better served. This was done by focusing on the care provided. He explained that the Department of Family and Community Services provides care in the community and in facilities 24/7. And the Department of Health primarily focuses on payment, process and programs. Public health, Medicaid and public assistance are under the Department of Health, and that is what they are working on. He continued that Medicaid is the single largest budget item in the State, and it depends on the budget year whether it is an up year or a down year. If it is a down year, Medicaid draws all the attention, and that was a detriment to the other important services that Health and Social Services did provide. He added that through this role he has been able to sit down with the boards of many of the partner organizations to tackle some very large items together. He pointed out that any priority worked on is moot without a workforce. There is a need for individuals who want to come to work and be part of the process. The issues are the same across public assistance and the eligibility technicians: not enough behavioral health clinicians; not enough health-care providers. We are trying to work on this. He stated appreciation for the Trust's interest in this area, but we need more support and help across the board in order to meet the mission sets. There have been conversations with staff, and there is a need for a very focused approach from now until the legislative session with some big ideas that can be brought forward on how this could be done. He appreciated the continued support of the Trust and the Division of Public Health in funding for the comp plan coordinator. This is an item of ongoing success with good relationships across the board. He stated that a very important item is complex patients. There are a lot of different definitions on what that would mean. He went through a couple of case examples, which is critical because a lot more efforts need to be done. A long-term plan on how to formally address issues like this is needed. He pointed out that the upcoming Improving Lives Conference will have a plenary session on this with representatives, which is very important. He moved to developmental disabilities and autism and some of the issues, especially highlighting the lack of adolescent treatment facilities in the state. He added that HB 127, the crisis stabilization bill, was a very big success and thanked the Trust staff and Board for their support. He also talked about possible items across the board for long-term health and some budgetary asks. He looked forward to some more conversations and stated his appreciation for everything.

COMMISSIONER KOVOL stated that she was the Acting Commissioner for the newly minted Department of Family & Community Services, and she thanked the trustees for the privilege of meeting with all and speaking this morning. She continued that Commissioner Crum touched on a lot of pieces that intersect between the two departments and that is how they function going forward. She continued that they meet weekly in their executive leadership team with both DOH and DFCS, because many of their responsibilities blend together. Those meetings have been very productive with a lot of communication. She talked about possible items across the board for long-term health, with budgetary asks being the most important. She stressed that her background had been about 25 years in direct services. She had a belief in the cross-sectionality of public health, public safety and social services, which blend at all times. She talked about going around the state visiting all of the sites and those experiences. The staff are amazing, but they need support. She shared that one of her beliefs was if they were not taking care of staff, they cannot take care of the client. There have been some discussions on what that looks like. She stressed that they are looking at reexamining their role with UAA and strengthening that relationship to insure that they are doing stronger student placements to hires. Alaskans do the best work, and we want to hire as many of these students as possible.

TRUSTEE BOYLES stated her compliments to the commissioners and what they have done. Her concern was about the lack of workers, and she asked how long this problem would be here. She received the answer of 10 years. She asked if there has been some thinking outside the box regarding the lack of workers with both long-term and short-term plans.

COMMISSIONER CRUM replied that there is roughly a 15-percent vacancy rate across most State agencies with some as high as 20 and 30 percent. There have been a lot of conversations as to hiring with minimum qualifications. It is not getting less talented people; it is getting people in the door with a willingness and an aptitude to take on roles.

TRUSTEE FIMON congratulated both commissioners. He commented on the staffing issues and thanked both for being here.

TRUSTEE BOERNER welcomed and thanked both commissioners, and looked forward to discussions in moving forward with the immediate and long-term plans.

CHAIR HALTERMAN stated appreciation for the amount of work that goes into trying to develop the workforce recommendations and was impressed to hear the movement in some right directions with regard to the case management for some of the more complex populations. She looked forward to hearing recommendations as they move forward with some changes in those areas.

TRUSTEE BOYLES asked if they were developing a paperwork plan and asked how the Trust could help with that.

COMMISSIONER CRUM replied that this was a complex issue, and it depended upon the group worked with and the population served. He explained more fully going into the different definitions and the barriers involved.

COMMISSIONER KOVOL talked about standing up a complex care unit within the two departments dealing with the coordination. She noted that she was personally involved in those cases. The question is what is in the best interest of the patient, and is the safety of the community being insured around the patient.

CEO WILLIAMS acknowledged the work that the leadership from both departments have done with the leadership at the Trust to start really looking at the issues in this area. He stated that there is active communication between the Trust and the departments to try and do exactly what Commissioner Kovol and Commissioner Crum described, determining the information needed to put down on paper in forming a plan, and then looking forward to helping put that plan into place. The definition of complex care is foundational.

CHAIR HALTERMAN asked Commissioner Crum for any final comments.

COMMISSIONER CRUM gave a heads-up to the Trust that the Governor's People First initiative was an Administrative Order which enacted a number of councils. Those councils, including the Council on Homelessness and the Council on Human and Sex Trafficking, have had fantastic engagement and will be moving forward policy recommendations for possible

regulatory and statutory change, and also budget recommendations to help address those concerns. He added that they will have some budgetary asks of the Trust.

COMMISSIONER KOVOL added that there are two other councils, Missing and Murdered Indigenous Persons and the Parent/Foster-Parent Collaborative, which has been meeting diligently. The four councils need to have reports to the Governor by October.

CHAIR HALTERMAN thanked all and called a break.

(Break.)

CHAIR HALTERMAN called the meeting back to order, moved to the Resource Management Committee report, and asked Jusdi Warner to introduce the topic.

RESOURCE MANAGEMENT COMMITTEE REPORT

MS. WARNER asked to have a trustee put a motion on the table.

CHAIR HALTERMAN asked for Trustee Boyles to move the motion.

MOTION: The Alaska Mental Health Trust Authority Board of Directors concurs with creating a pool of approximately 88 subdivision lots and small-to-large-tract parcels to be subdivided that may be disposed of through the TLO's statewide land sale program motion was made by TRUSTEE BOYLES; seconded by TRUSTEE STURGEON.

CHAIR HALTERMAN noted that the Resource Management Committee took action on 7/26, and this was in front of the Board at the committee level.

MS. WARNER stated that this consultation was brought before the Resource Management Committee in July, and it supports the land sale programs, including the competitive land sale, the negotiated land sale, and the over-the-counter land sales. She continued that this was a proactive approach for the TLO to have adequate inventory for those programs. It is 88 parcels, but there are some large tracts of land that will be subdivided into much smaller parcels which will create a larger inventory for the Trust Land Office to sell the land and generate revenue.

CHAIR HALTERMAN asked for any questions. There being none, she moved forward with a roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Boerner, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN moved to Motion No. 2.

MOTION: A motion for the Alaska Mental Health Trust Authority Board of Trustees to concur with the disposal of the timber in the Icy Bay Area on Trust land was made by TRUSTEE FIMON; seconded by TRUSTEE MORAN.

MS. WARNER stated that this consultation was also brought before the Resource Management

Committee in July and entails giving the Trust Land Office the ability to negotiate the sale of all remaining timber at Icy Bay. Yak Timber is interested in purchasing some of the timber at Icy Bay in a smaller unit, but they may want to expand. This would give the Trust Land Office the ability to expand that sale if they choose to request that. She reminded the trustees that the camp would not be on Trust land, and they would make every effort to mitigate the risks through contract language.

CHAIR HALTERMAN asked for any questions. There being none, she moved to the roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Boerner, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN moved to the Finance Report, and recognized Carol Howarth and Steve Williams.

FINANCE COMMITTEE REPORT AND UPDATE

MS. HOWARTH stated that at the July 25 Finance Committee Meeting there were two motions brought to trustees. They were related to FY24 agency budgets for the Trust Land Office and the Trust Authority. These two amounts would be incorporated into the discussion later with the overall budget. The amounts for the Trust Authority were \$4,624,370; and for the Trust Land Office, \$5,019,000. She explained that the FY25 agency budgets are capped at the same level as this upcoming year and will be revised in getting ready for approval of the FY25 budget next year. She stated that there was a discussion with regard to the commercial real estate, and Harvest did its performance review of the assets and a hold/sell recommendation. She continued that they moved into Executive Session to provide the Trust Land Office time to give details about the Rulon asset. Harvest was invited back to provide perspective on Rulon, which they highly evaluated, and provided opportunities for questions and answers.

CHAIR HALTERMAN asked if the first motion would be moved.

MOTION: A motion that the Board of Trustees approve the FY24 Trust Authority Office MHT agency budget of \$4,624,370 was made by TRUSTEE MORAN; seconded by TRUSTEE BOYLES.

CHAIR HALTERMAN asked for any questions. There being none, she did a roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Boerner, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN moved to the second motion.

MOTION: A motion that the Board of Trustees approve the Trust Land Office agency budget for FY24 in the amount of \$5,019,100 was made by TRUSTEE MORAN; seconded by TRUSTEE BOYLES.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Boerner, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CEO WILLIAMS moved to the commercial real estate discussion regarding updated information and a follow-up on the commercial real estate asset. He began with a recap from where things were left since the Finance Committee meeting and what went on since then. He continued that Harvest will come back with some specific information as a result of the discussions and specifically regarding the Rulon White building in Ogden, Utah, where the IRS is the current tenant. He stated that the current purpose of the commercial real estate portfolio and evaluating and affirming that this is the current long-term strategy of durable, spendable income is a strategy the Board wanted to move forward with.

CHAIR HALTERMAN called a break for technical problems.

(Pause in Proceedings.)

CHAIR HALTERMAN resumed the meeting.

CEO WILLIAMS continued with his information and asked Trustee Fisher if there were any comments he wanted to add.

TRUSTEE FISHER stated that the meetings were to get further clarification, identify the kinds of additional information that was needed. It was a very good meeting and staff had been very cooperative at the TAO, TLO, and then bringing in Harvest. He continued that this was very important information that would help the trustees to look at the presented information to decide on moving forward in deciding if a decision needs to be made.

CHAIR HALTERMAN turned it over to Harvest.

MS. O'BOYLE stated that she was delighted to be there and introduced Genia Demetriades, also online. She began with a review of Harvest's role; the policy guidelines and investment criteria given to Harvest; the impacts on asset sales; the current conditions; the IRS lease renewal, which is very important; and their hold/sell recommendation. She continued that Rulon was a great asset. It has a long-term, Triple A government credit lease, with a contractual rent increase scheduled within the next 12 to 14 months that will increase the cash flow of the asset. There is durable income with valuation increases with plenty of room on the long-term lease. She asked Ms. Demetriades to continue.

MS. DEMETRIADES shared her experience and background, and was very familiar with how long it takes the Government to make and change strategic plans, and the difficulty of getting the necessary funding and how that impacts short-term and long-term planning. In analyzing the situation at Rulon, she reviewed all of the available studies, projections and papers published by the IRS over the past 20 years regarding their move from paper to electronic returns and the impact on their processing centers. She continued explaining her research and analysis.

MS. O'BOYLE stated that this is a great asset, a Triple A, government credit tenant providing durable income in an incredibly volatile time. She continued that they felt that it was a

premature time to sell and have a dedicated team working hard and wanting to make sure their fiduciary duty is met and maximizes benefits to the beneficiaries.

A question-and-answer discussion ensued.

CHAIR HALTERMAN asked CEO Williams to wrap up.

CEO WILLIAMS thanked Ms. O'Boyle and Ms. Demetriades for their presentation. He stated that this type of conversation was helpful for all to understand where they currently sit in an economic environment that is not stagnant. Part of his recommendation was to review the current purpose and new development for the strategies around the commercial real estate that could include reviewing the revenue generation expectations for the individual or the portfolio; to develop proposed structured strategies with a projected timeline; to look at current and proposed strategies as a component of the Trust's overall revenue picture; where we need to go for the beneficiaries; and to establish a timeline related to that.

CHAIR HALTERMAN called for the lunch break.

(Lunch break.)

CHAIR HALTERMAN called the meeting back to order and stated that this time on the agenda is to acknowledge service for our former chair. Chris Cooke was a trustee from April, 2017, through May, 2022. He was board chair from April, 2020, through January, 2022, and was Program & Policy Chair from October, 2017, to October, 2019. She went through some highlights of Chris' service, who was a constant voice and advocate for the Trust's work and the impact on Rural Alaska. His shared experience as a judge living in Bethel were used to help inform and guide board staff to discussion about beneficiary needs and the work that needed to be done in Rural Alaska. His legal background was very much appreciated. He was instrumental in helping develop the responses for the 2018 and 2021 Legislative Audits. He was the catalyst behind the Trust hosting and sponsoring the Improving Lives Conference at the Dena'ina Center. She continued that Chris' contributions to the Trust and the beneficiaries were significant and much appreciated. She acknowledged Chris, thanked him for his service, and presented him with a gift.

MR. COOKE thanked everyone and stated that he thoroughly enjoyed his years on the Board. What made it enjoyable and satisfying was all the contributions that all the other board members made, the camaraderie and ability to work together, as well as the dedicated staff with whom we had the privilege of working with. He continued that it was an honor to be on the Board, and stated his appreciation for the recognition.

(Applause.)

CHAIR HALTERMAN asked if any trustees wanted to make a comment to Chris.

TRUSTEE BOYLES thanked Chris and asked that he spend the afternoon as counsel.

TRUSTEE STURGEON stated that, when he first came on the Board Chris was his mentor. After his first meeting, his head was swimming and he asked how long it would take to get up to

speed. He continued that he was still getting up to speed. He added that Chris was a great board member, kind of the conscience of the Board. He asked great questions and always did his homework. It was an honor to serve with him, and he wished him the best in his real retirement. He made it clear that he requested a three-hour roast for him and instead he got a plaque. He thanked him for all the work he did on the Board.

MR. COOKE replied that John had reminded him many times that he was not the guy to go to for retirement advice.

TRUSTEE FISHER stated appreciation for the orientation he was given when he came on the Board.

TRUSTEE BOERNER thanked Chris for taking his personal time during the mentoring process when she first joined the Board. It meant a lot to her. She stated that it was hard to process that she had the longest tenure, and for a while it was the two of them. She had also joined at a time when there was a good level of transition with the Board and with leadership and everything that was happening with the Legislative Audit. She thanked him for all of the advocacy he put forward for Rural Alaska and Alaska Natives, and thanked him for his service and leadership.

CEO WILLIAMS acknowledged Chris for not only the voices mentioned in Trustee Halterman's introduction, which were shared with us and our partners and the public who was listening about the needs of Rural Alaska and thinking about beneficiaries statewide. He thanked him personally as a mentor. He watched and worked with him and believes that he is in the CEO seat because of some of the things that he learned from Chris.

CHAIR HALTERMAN stated that she would miss Chris sincerely and stated appreciation for his voice and his public service. She also thanked him on behalf of the beneficiaries.

MR. COOKE thanked all for the kind words and for the dedication to the mission of the Trust. This experience went through a lot of changes, particularly during those years in some of the most senior positions. As important as it is to select and hire good people, it is also important to retain them. The continuity and the benefit of the experience that people have in staff positions, as well as on the Board, is hard to quantify. He added that he was looking forward to the statewide conference and hoped for an invitation.

CHAIR HALTERMAN thanked Mr. Cooke and moved to the statutory adviser updates. She asked CEO Williams to do the introductions.

STATUTORY ADVISER UPDATES

CEO WILLIAMS stated that Patrick Reinhart was present, as well as Lesley Thompson from the Alaska Commission on Aging, and Bev Schoonover from the Alaska Mental Health Board and the Advisory Board on Alcoholism and Drug Abuse. He continued that they would provide their quarterly update and do a joint presentation together.

MR. REINHART stated that he was the interim director of the Governor's Council on Disabilities and Special Ed and began with the two legislative bills. One was HB 133, which is achieving a better life experience or ABLE Act update. It allows individuals who experienced a significant disability before the age of 26 to put aside money in a tax-advantaged savings account

that does not impact their Social Security and Medicaid eligibility. This is a great program. Congress went through some updates on the ABLE Act and Alaska wanted to make sure that the State could follow along with those updates without having to go back to the Legislature. At this point, up to \$16,000 per year could go into this ABLE account, and it could go up to \$500,000 over a life span. Once there is \$100,000 in the account, the Social Security income could be affected, but Medicaid eligibility would not be impacted. He added that this was Alaska ABLE to Save Month, and we are promoting across the state that it is a good opportunity to put money aside into savings. He stated that the other bill was SB 185, which eliminates the minimum wage exemption that occurred for paying people with disabilities lower than minimum wage. He talked about the many things in crisis: Transportation services, especially in small, rural urban areas; home and environmental mods; the accessibility improvements; not enough providers; home- and community-based services; direct service professionals are in crisis. He thanked the Trust Training Cooperative, the investments made year in and year out, and thanked the Trustees for the continued investment in these critical programs. He talked about the federal compliance issue for the Governor's Council because they do more than being a developmental disabilities council. This was dropped with some good advocacy in D. C. The Council is working on the job description for the executive director, which had not been updated in 15 years. He added that they are also working on a conference with the State Independent Living Council in September. SESA, the Special Education Service Agency, has a new executive director, Olivia Yancey; and the SEAP panel was rebuilt and will be meeting October 4.

CEO WILLIAMS stated that the federal compliance issue was a very significant issue and acknowledged Patrick for coming and taking the leadership to get with the Federal agencies that have representatives that were raising the issue to try and explain how the Governor's Council works in Alaska and how it is in compliance with the DD Act. It was no easy feat. It was a time-consuming effort that involved the Department of Law, the Disability Law Center, and the Trust working to explain how this worked in Alaska.

CHAIR HALTERMAN moved to the Alaska Mental Health Board/Advisory Board on Alcoholism and Drug Abuse.

ALASKA MENTAL HEALTH BOARD/ADVISORY BOARD ON ALCHOLISM AND DRUG ABUSE

MS. SCHOONOVER apologized for missing the last meeting and for not being there in person. She began with some brief updates of AMHB, ABADA, talked about the legislative session, and then gave some brief comments on the proposed budget. She continued that their board is having a full board meeting in Fairbanks, October 11-13, 2022, and asked for updates on Crisis Now, HB 172 and the proposed fiscal year '24-'25 budget. She sent out a special invitation to the trustees to come to the meeting and see how their board operates. She highlighted the launch of 988, the three digit suicide prevention and crisis line which replaced the 10-digit national suicide prevention crisis number. The majority of the calls go to the Careline in Fairbanks, but does route to another national suicide prevention life line center if there is no answer. The Careline is doing an amazing job collecting data, and she applauded the Division of Behavioral Health and staff for lifting this huge effort and all the staff at the Trust who helped, as well. She talked about the Mental Health and Alaska Schools Assessment which is a Trust-funded project. She added that Phase II is coming out soon. They are also working with the Governor's Advisory Council on Opioid Remediation and added that Chair Halterman was involved in the leadership of that, as well as Trust staff.

CHAIR HALTERMAN moved to the Alaska Commission on Aging.

ALASKA COMMISSION ON AGING

MS. THOMPSON stated that she had been with the Commission on Aging for 15 years. Recently there was some turnover of the executive director, and we are invested in the new executive director, John Haghayeghi, who was ill for this meeting. She continued that the Commission on Aging is able to do what they do because of Trust funding. She read the mission of the Commission on Aging. She felt that they did a good job in all of the areas, and we have an amazing Commission made up of 11 people. It was exciting to see a lot of people step up and take ownership of different areas. The goal was to get them more engaged because they have so many skills and abilities. She continued that up next is the State Plan for Aging. Every four years they are required to do a new State plan from the Federal Government, which is a very extensive process and takes everyone to be involved. She added that there is an upcoming meeting in Anchorage October 3-6, and we have about 10 listening sessions to do during those two days. She stated that John Lee, the director of Senior and Disability Services, has left the State and, currently, Tony Newman is stepping up in the acting status for SDS. She added that they are also doing a senior survey. It will be sent to the Senior Voice, a newsletter, and also to many of the senior centers, Title 6, which is Native American, Native Alaskan funding, and then to specific providers.

CEO WILLIAMS shared some brief comments on the presentations and recognized Ms. Baldwin-Johnson.

MS. BALDWIN-JOHNSON asked what interventions the boards recommend to use with their population engaged in the homelessness issue and folks not being housed.

MR. REINHART replied that there was very little other than initial involvement by the Council with the Housing First model.

MS. THOMPSON replied that the Commissioners have talked about holding a listening session in a homeless shelter or just walk around and get some ideas from people who were homeless.

MS. SCHOONOVER replied that Brian Wilson, who runs the Alaska Housing and Homelessness Coalition, used to work in our office. Something they did was advocate for specifically housing and housing supports for folks with the extra COVID appropriation money, and they increased their number of housing vouchers distributed through behavioral health providers. She stated that they are very supportive of the Housing First project and other projects that had developed over the past few years. They also advocate for budget items that support housing and homelessness. She added that it is an interesting issue that overlays much of what they do.

MS. BALDWIN-JOHNSON thanked them and stated that the homelessness issue spans all of the beneficiary groups, and it is not a solution that any one has all the answers. A lot of folks are working on it. She stated that continuing to be engaged with the constituents that they represent and the folks residing in different communities across the state would be helpful to continue to engage in dialogue with all that are working on that issue.

CHAIR HALTERMAN called a break.

(Break.)

CHAIR HALTERMAN called the meeting back to order and moved to the Introduction of Early Intervention, Prevention and Child Welfare updates.

INTRODUCTION OF EARLY INTERVENTION, PREVENTION AND CHILD WELFARE UPDATES

MS. BALDWIN-JOHNSON explained that program staff were asked to consider some increases to the early childhood intervention and prevention priority area. The recommendation for that total suggested amount was \$800,000. No official action was taken. What do individuals need in order to support youth that are engaged, not only in the foster care system, but to prevent youth from entering the foster care system and to support families? She noted that by increasing the early childhood intervention there was the need to look at other budgeted line items that were discussed. She asked Ms. Johnson to continue.

MS. JOHNSON stated that there was a great deal of excitement from the partners when the opportunities here were talked about. There was a recognition that this investment could potentially start to shift the system in a different direction for kids in foster care and their families. Alaskan kids in the system until they age out are Trust beneficiaries and are experiencing a high level of trauma that impacts their brain development, which could lead to substance use, homelessness, and, in some instances, lifelong disabilities. The plan for the proposed funds was to create a better system of support for both those youth in the foster care system, but also try to back it up for better support for the families that are at risk or already involved with the child welfare system that, with some support, could stabilize and not have to back into foster care. The goal is to stop the phone calls before they go to OCS, and to keep those kids in a stable home with those families. There are kids and families that are at risk that could be better supported before they get to that crisis point, before being removed from their homes. She walked through the memo of some of the recommended activities for the proposed funding.

A question-and-answer discussion ensued.

CEO WILLIAMS stated that there was no motion on the floor. This was a follow-up to the request to gather the information and come forward with ideas.

MS. JOHNSON continued covering the content in the memo. She introduced Dr. Charity Carmody, the facilitator of the Alaska Impact Alliance, which is a collaborative that has come together looking at ways to build infrastructure in the child welfare system that can better support the needs of the families and kids.

DR. CARMODY stated that she was grateful for the group and for the time given to the Trust. She introduced herself and stated that she is a local businesswoman. She wrote a letter to the Trust a few months ago with suggestions or thoughts on prevention work for child welfare. She shared her journey to show how she got to the Alaska Impact Alliance work, began as an effort to gather at a table and start a statewide collaborative to stop duplicating things, stop working in silos, start demanding effective and evidence-based practices. They began looking at models

occurring in other states that were working, how to get sustainable funding and be able to qualify for the Family First Prevention Services Act reimbursement. This group is now over 170 people invited every month to a meeting via Zoom, and we hear about new practices and what was happening in the state and what was happening outside the state. She added that the things that had been put before the Trust for projects were a result of that. There is some exciting momentum with standardized assessments, standardized data and systems. She continued her story and asked the Trust to partner with them.

TRUSTEE BOERNER stated that the story was completely moving and very, very powerful and thanked her for sharing the background. She added that she was a bit speechless from what was shared.

TRUSTEE FISHER stated appreciation to Dr. Carmody, and he was very interested in learning more about what she was doing and how we could help.

CHAIR HALTERMAN also thanked Dr. Carmody for stepping up for these young people. She asked Ms. Johnson to continue.

MS. JOHNSON thanked Dr. Carmody and stated that the Impact Alliance is identified as one of the primary recipients of the proposed funds to build more of this infrastructure and to support kids that are aging out of the system who do not have access to basic needs and funding to help support those basic needs.

TRUSTEE MORAN stated appreciation for the work of Dr. Carmody. One of her concerns is that this organization is not even two years old, and a significant investment is being made in them. There is no track record that this is the group that will move things forward. She asks if this is the right group, or if there are any others.

DR. CARMODY replied that the Impact Alliance is going to become a 501(c) (3), but is not new. The members of the Alliance are not new people to the system. For the first time this is a collaborative group of very tenured professionals coming at it together. The investment is not in the Alliance as an organization, but in the collective projects of the agencies that have been around for the entire time. It is every agency that is child-serving as part of the Alliance. She stated that the Legislature put \$200,000 in for the work of the Alliance, recognized as a collaborative approach from agencies and communities and tribes. The OCS has put in \$200,000 and had been funding just this beginning gathering of people. She added that they are in the middle of gathering the group to form the board right now and will have bylaws. Each project or network within the Alliance will have a different scope, and there will be MOUs.

TRUSTEE STURGEON thanked Dr. Carmody for all the work she does and for her moving presentation.

CHAIR HALTERMAN moved into the budget deliberations.

BUDGET DELIBERATIONS

MS. BALDWIN-JOHNSON stated that the FY24-'25 budget was included in the board packet. It was the budget that was reviewed at the Program & Planning Committee.

CEO WILLIAMS stated that there were two motions and, if it was the will of the board, to call the alternate budget which will match what is in the budget, which includes \$800,000.

MS. BALDWIN-JOHNSON went through the process of walking through the budget.

MR BOYER talked about the mental health and addiction intervention which were both Authority Grant line items. The Authority Grant is a flexible group of money that has not all been determined. Third was disability justice.

MR. WELCH spoke about the budget lines in the disability justice focus area.

MS. HOWARTH introduced Kat Roch, the budget controller, who had a bit more information on the budget process and the ability to make changes.

MS. ROCH stated that if there were changes to the MHTAAR funds after this budget is submitted in September it can be revisited and amended and still have it go through the normal process without having to schedule with LB&A or that process.

The budget discussion and explanation continued.

PUBLIC COMMENT

CHAIR HALTERMAN stated that it was the Public Comment period and noted that there was one written public comment from Faith Meyers that was in the packet. It is for the Board's consideration. She asked Ms. Smith-Coolidge if there were any folks online.

MS. SMITH-COOLIDGE replied that there were some people that might be interested in public comment, but we did not have anyone flagged at this time.

CHAIR HALTERMAN noted that the public comment period allows individuals to inform and advise the Board and trustees about issues, problems or concerns. She asked if there was anyone in the room or online that would like to give public comment. Hearing none, she ended the public comment period on the agenda. She noted that public comment could be submitted via email, mail or fax. She moved back to the trustees to continue the finance discussion.

TRUSTEE FIMON thought that the discussion was to redirect the ship and address a topic that Trustee Sturgeon and others think is important. We heard all morning and a month ago how important that we all believe it is. Everyone sees that we want to get some attention towards the foster care program and that was what the staff and all have done. He stated that was what he was here for and studied about the last 32 days to get working on and ready to do. He was hoping to see a motion that reflected this and have a discussion. We have not even done a motion.

CHAIR HALTERMAN stated that there were three options at this point. One is to make the motion to exclude the additional early intervention strategies; the next option was to move forward a budget that includes the early education and intervention strategies with the \$800,000; and the alternative option is to present a whole new budget that does not remove any of the \$800,000 but includes an increase in \$800,000 for the foster care. If the third option is taken, staff would need to come back with a different motion and a different budget and bring it

forward tomorrow. She stated that she needed a sense from the Board about which budget and the direction to take. She asked Trustee Fisher for his sense of which direction he supported.

TRUSTEE FISHER replied that he did not have a problem with increasing the budget, but then after some discussion to decide on the right option.

TRUSTEE BOERNER replied that she was okay with that also.

MS. HOWARTH pointed out that approximately half of the \$800,000 is MHTAAR and that half of MHTAAR does get submitted on the 15th. She added that this is still no final FY24 budget.

TRUSTEE MORAN stated she was fine with the increase.

TRUSTEE FIMON stated that he was more concerned about having the discussion about where to direct the funds and not necessarily looking for an increase of the budget.

TRUSTEE STURGEON stated that he would go with the option of adding the \$800,000. He continued that the Board will go through the budget line by line, and it can always be modified.

TRUSTEE BOYLES agreed with Trustee Sturgeon.

CHAIR HALTERMAN agreed to look at a budget with an \$800,000 increase, and to begin the conversations tomorrow. Staff can prepare the budget and motions accordingly. She recessed the meeting.

TRUSTEE BOERNER thanked all.

(AMHTA Full Board meeting recessed at 4:30 p.m.)

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD OF TRUSTEES MEETING

August 25, 2022

8:30 a.m.

WebEx Videoconference/Teleconference

Originating at:

**Alaska Mental Health Trust Authority
3745 Community Park Loop, Suite 200
Anchorage, Alaska 99508**

Trustees Present:

Anita Halterman, Chair
Verne' Boerner
Brent Fisher
Rhonda Boyles
Kevin Fimon
Agnes Moran
John Sturgeon

Trust Staff Present:

Steve Williams
Katie Baldwin-Johnson
Carol Howarth
Miri Smith-Coolidge
Kelda Barstad
Michael Baldwin
Eric Boyer
Valette Keller
Autumn Vea
Allison Biastock
Kat Roch
Luke Lind
Debbie DeLong
Travis Welch
Jimael Johnson
Carrie Predeger

Trust Land Office staff present:

Jusdi Warner

Also participating: Patrick Reinhardt; Lesley Thompson; Meridith Griggs; Charity Carmody; Beverly Schoonover; Jennifer Smerud; Lisa Cauble; Kara Thrasher-Livingston; Don Habeger; Amanda Metivier; Angel Gonzales; Adam Crum; Kim Kovol; Erin O'Boyle; Genia Demetriades; Chris Cooke.

PROCEEDINGS

CALL TO ORDER

CHAIR HALTERMAN called the meeting to order and began with the roll call. There was a quorum to do business. She asked for any announcements.

TRUSTEE BOERNER stated that she was currently checked in for a flight to Baltimore for some of her classes. She asked to be excused from the return call at 3:15.

CHAIR HALTERMAN excused Trustee Boerner.

TRUSTEE FISHER stated that after the site visit, he would not be able to call back. He asked for permission to be excused from that portion.

CHAIR HALTERMAN excused Trustee Fisher. She asked for any other announcements. There being none, she moved to the Trust Authority Revenue forecast and recognized Mr. Williams.

TRUST AUTHORITY REVENUE FORECAST

CEO WILLIAMS stated that a Trust Authority Revenue forecast, an updated budget sheet, and a sheet with motions that relate to that budget spreadsheet were provided. He thanked all for the discussion, conversation related to the memo about the foster care work with the partners, and he also appreciated the staff adapting quickly and modifying the budget for deliberations. He began with Ms. Howarth giving an update on the FY24 and '25 revenue forecast.

CFO. HOWARTH went through the four components that calculate the estimate forecast for revenue, which brings up the proposed budget, which then left an unobligated amount.

CEO WILLIAMS stated that the budget was deliberately and intentionally gone through with all the stakeholders and staff in the process. Some Trust funds were left unobligated for any unanticipated event. In order to deploy the funds, staff has to come back to the trustees for approval. He added that the unobligated funds should not be viewed as a resource, but to be held for very specific and immediate purposes. He stated that staff supported the use of unobligated funds to increase the budget by \$800,000 for the strategies related to foster care and child welfare.

A brief discussion ensued.

MOTION: A motion that the Full Board of Trustees appropriate MHTAAR, MHT Admin and Authority Grant Funds for FY2024 in the amount of \$39,192,600. This consists of \$19,469,100 of MHTAAR and MHT Admin and \$19,723,500 of Authority Grants. These funds are to be used for the programs and activities described in the detailed FY2024 through FY2025 budget recommendations document prepared for the August 24 and 25, 2022, Board of Trustees' meeting. Included in this motion is a recommendation by the Full Board of Trustees for a State of Alaska appropriation of \$9,933,000 of General Fund/Mental Health Funds and \$8,100,000 of other funds for FY2024 was made by TRUSTEE BOERNER; seconded by TRUSTEE STURGEON.

CHAIR HALTERMAN asked CEO Williams to begin the discussion.

CEO WILLIAMS turned the meeting over to Ms. Baldwin-Johnson.

MS. BALDWIN-JOHNSON began by reflecting on what was done at the Program & Planning Committee. She continued that, in response to yesterday's wishes, the budget before the board includes the increases to the foster care areas and also returned to the areas previously suggested for reduction. She walked through each of the sections and replied to any comments and questions.

TRUSTEE FISHER asked about the specifics of Line 35, optimizing information technology and data analytics, and Lines 36 and 37, developing targeted outcome data and IT application.

MS. BARSTAD explained that section encompassed two projects that were working to inform the practices of Senior and Disability Services with the Department of Health. She continued explaining the specifics.

A brief discussion ensued.

MS. BALDWIN-JOHNSON continued on to the Other Priority Areas; she began with Workforce Development. She asked Eric Boyer to talk about the Alaska Training Cooperative.

MR. BOYER stated that the funding was at full capacity, and we worked with the University and the Training Cooperative to transition that to a process to some General Fund/Mental Health dollars which successfully went through the Legislature and was signed off by the Governor.

A question-and-answer discussion continued.

MR. FISHER asked about the mix of how this money would be used.

MR. BOYER replied that, in this priority area, it was a combination of infrastructure capacity funding for some of the organizations through either the University or the State Department of Health. He continued through and replied to questions as they came up.

The discussion continued.

MS. BALDWIN-JOHNSON moved to the strategy on line 30, Ensure Accurate Identification of Social-Emotional Needs for Children and Their Caregivers.

TRUSTEE MORAN asked about the different strategies recommended on Line 32. She asked how they complimented one another; how they supplanted; and how they all played together.

MS. JOHNSON replied that the Line 32 strategies were focused on school-age children and school systems K through 12. She explained that the difference in the memo, which focused on a younger population for more of the preventative opportunities related to child welfare and foster care. It is specifically going to the Department of Education and Early Development which serve children from pre-K through 12th grade.

MS. BALDWIN-JOHNSON moved to the strategy to reduce instances and impact of Adverse

Childhood Experiences, otherwise known as ACEs. She continued through the budget and answered questions.

The discussion continued with clarifications and comments from the trustees.

CEO WILLIAMS talked about the six changes and began with Treatment Access and Recovery Supports which was on Page 4, Row 12.

MOTION: A motion to reduce the current proposed budget by \$100,000 for the Treatment Access and Recovery Support was made by TRUSTEE FISHER.

CHAIR HALTERMAN stated there was a motion on the floor and asked for a second.

Hearing none, the motion failed for lack of a second.

CEO WILLIAMS moved to Row 25, Page 4, Child and Youth Crisis Response System of Care and Technical Assistance, those \$200,000 of Authority Grant funds were added back into the budget based on yesterday's conversation.

CHAIR HALTERMAN asked for any motions to make any adjustments in this particular program area.

MOTION: A motion to reduce Child and Youth Crisis Response System and Care and Technical Assistance budget line item by \$200,000 was made by TRUSTEE FISHER.

CHAIR HALTERMAN stated there was a motion on the floor and asked for a second.

Hearing none, the motion failed for lack of a second.

CEO WILLIAMS stated that the next item was on Page 6, Row 36. The project title was Addressing Comorbid Health and Addiction Issues Prominent within Severe and Persistently Mentally Ill Populations. It was an MHTAAR grant to the Department of Corrections for \$150,000.

CHAIR HALTERMAN asked for any questions or adjustments.

MOTION: A motion to reduce the addressing Comorbid Health and Addiction Issues Prominent with Severe and Persistently Mentally Ill Populations by \$150,000 was made by TRUSTEE FISHER.

CHAIR HALTERMAN stated there was a motion on the floor and asked for a second.

Hearing none, the motion failed for lack of a second.

CEO WILLIAMS stated that the next item is on the same page in the Disability Justice focus area. It is Row 47, Reentry Transition Supports. The original amount of \$300,000 in Authority Grant was restored.

CHAIR HALTERMAN asked for any discussion, questions, comments or amendments in this area. There were none.

CEO WILLIAMS stated that the next item is in the Housing and Home- and Community-Based Services focus area on Page 8, Row 18. \$100,000 of Authority Grant funds for supportive housing projects was added, which brought the total back to the original amount of \$750,000.

CHAIR HALTERMAN asked for any questions or recommendations in this area.

MOTION: A motion to reduce the supportive housing project budget line item by \$100,000 was made by TRUSTEE FISHER; seconded by TRUSTEE FIMON.

TRUSTEE STURGEON asked that staff to explain again what this is all about and what the consequences would be.

MS. BARSTAD explained that this line item focused on supportive housing projects and, typically, supports up and coming capital projects, but may also support services for supportive housing. These projects require both the housing units and supportive services to be considered a supportive housing project.

A discussion ensued.

CHAIR HALTERMAN called the vote.

After the roll-call vote, the MOTION FAILED. (Trustee Moran, no; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, no; Trustee Boerner, no; Trustee Fisher, yes; Chair Halterman, no.)

CHAIR HALTERMAN called for a ten-minute break.

(Break.)

CHAIR HALTERMAN called everyone back to their seats and stated that there was one more item to get through. She recognized CEO Williams.

CEO WILLIAMS drew the trustees' attention to Page 9, Row 14, under workforce development. Row 14 is the Alaska Center for Rural Health and Workforce where \$150,000 MHTAAR funds were added back in for this project.

CHAIR HALTERMAN asked if there was a motion to make any adjustments.

MOTION: A motion that the Alaska Center for Rural Health and Workforce area line item be reduced by \$150,000 was made by TRUSTEE FISHER; seconded by TRUSTEE FIMON.

TRUSTEE BOERNER stated support for restoring the \$150,000. Workforce is a definite issue in Alaska urban areas and is extremely challenging in rural areas. She continued that she could not ethically cut this when the Trust has the funds to support it.

A discussion ensued.

CHAIR HALTERMAN called the question.

After the roll-call vote, the MOTION FAILED. (Trustee Fisher, yes; Trustee Boerner, no; Trustee Moran, no; Trustee Fimon, no; Trustee Sturgeon, no; Trustee Boyles, no; Chair Halterman, no.)

CHAIR HALTERMAN moved back to the original motion over the revised budget, which was the replacement memo that was supplied this morning. She recognized Trustee Moran.

MOTION: A motion to amend the budget for Line 37 on Page 10, Foster Care and Child Welfare System Improvements by removing the \$400,000 was made by TRUSTEE MORAN; seconded by TRUSTEE BOYLES.

TRUSTEE MORAN stated that she was uncomfortable putting this great of an investment into an organization that does not even have a 501(c)(3).

CEO WILLIAMS clarified that this has been referred to as a bucket of money and are Authority Grant funds that are not designated to any organization. He stated that currently this organization would not be able to be funded because it is not a nonprofit.

The discussion continued.

CHAIR HALTERMAN stated that this was educational, and discussion was helpful. She restated that motion and called the vote.

After the roll-call vote, the MOTION FAILED. (Trustee Boerner, no; Trustee Fisher, no; Trustee Moran, yes; Trustee Fimon, no; Trustee Sturgeon, no; Trustee Boyles, no; Chair Halterman, no.)

CHAIR HALTERMAN stated that it was a good discussion and moved back to the memo that was presented. She continued that before she called for the question she asked for any other questions or comments regarding the budget. She did a roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Boerner, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN stated that the fiscal year '24 budget moved forward as modified.

CEO WILLIAMS thanked the trustees for the support of the budget and for the conversation and the dialogue that happened. It demonstrated the interest of the trustees in these areas; the interest of the beneficiaries; the concerns that people have of understanding how we are most effectively and directly going to meet the needs of beneficiaries, which is beneficial for him as the CEO. He added that it was also beneficial to all the staff and for the public to understand and hear what is being done and why.

CHAIR HALTERMAN thanked CEO Williams and said it was 10 minutes to lunch. She asked to break early.

MS. BALDWIN-JOHNSON stated that lunch was early, and we're to be on the bus at 12:00 and at the facility by 12:30.

After discussion, it was decided to continue on to fiscal year '25.

TRUSTEE FIMON stated concern on talking about a \$39 million budget and doing it in about 10 minutes.

CEO WILLIAMS stated that the Trust operates a two-year budget cycle, and we have to produce a second-year budget. He explained that these are placeholder numbers and placeholder projects. The amount of money could be more than \$39 million by the time this is reviewed next year, and it could be less. The trustees will walk through the entire budget again next spring and summer.

MOTION: A motion that the Full Board of Trustees appropriate MHTAAR and MHT Admin and Authority Grant funds for fiscal year 2025 in the amount of \$39,000,000. This consists of \$19,247,400 of MHTAAR and MHT Admin, and \$19,753,500 for Authority Grants. These funds are to be used for the programs and activities described in the detailed FY24-'25 budget recommendations document prepared for the August 24-25, 2022, Board of Trustees meeting. Included in this motion is a recommendation for the Full Board of Trustees for a State of Alaska appropriation of \$9,499,100 of GF/MH funds and \$8,100,000 of other funds for fiscal year 2025 was made by TRUSTEE BOYLES; seconded by TRUSTEE FIMON.

CHAIR HALTERMAN asked if the trustees were ready for the question or wanted to have a comment.

TRUSTEE STURGEON recommended that, since the numbers were close, to focus on areas that were different between the two budgets.

MS. BALDWIN-JOHNSON stated that her plan was to focus on change. She began with the mini-grants on Page 2. There is a reduction which is the true cost of administering the contract and there were no other changes on the page. She moved to Page 3, the nonfocus area allocations, Capital Requests. There are no budgeted dollars in FY25.

MS. BARSTAD explained that deferred maintenance and essential program equipment are projects that in the past have flip-flopped. One is funded one year, and the other is funded the subsequent year.

MS. BALDWIN-JOHNSON moved to Row 56, the Trust Conference, and stated that there was an increase in the amount from \$30,000 in FY24 to proposed \$150,000.

MS. BIASTOCK stated that the total between '24 and '25 for the Trust Conference is \$180,000, which is the same amount that was approved for the current conference being planned. Since this

is the first one, they were in the process of determining what the real budget for putting together a conference would be.

MS. BALDWIN-JOHNSON moved to Page 4, Row 24, Access and Referral Network. The reduction for '25 is intended with a recommendation for a GF/MH increment to support that. She continued to Page 5, Line 12, Public Guardian Position, OCS Transition had a slight adjustment for FY25.

CEO WILLIAMS pointed out in Row 24 the proposal was to transition Trust funding for the Juneau Mental Health Court to State General Fund/Mental Health dollars.

MS. BALDWIN-JOHNSON moved to Page 6, Row 34 where there was an increment of \$200,000 for an occupational therapist in DJJ youth facilities. She stated that Row 35, Addressing Comorbid Health Addiction Issues, Prominent within Severe and Persistent Mentally Ill Populations, this is a position, and the adjustment reflected a slight increase.

MR. WELCH talked about the current discussions with the Department of Corrections on moving the funding on Line 44 from the Trust budget into their General Fund budget through the GF/MH recommendations. The discussions were still ongoing.

MS. BALDWIN-JOHNSON continued to Page 7, Beneficiary Employment and Engagement and explained it was a beneficiary employment conference that worked with the Governor's Council and other partners anticipating that FY25 would be the right year to target planning for that and getting it underway. Row 11, IPS Supported Employment, increased from '24 by \$150,000, for a total of a \$300,000 recommendation. Then Row 27, Beneficiary Employment Technical Assistance and planning had a reduction in FY25. That is because there were some additional higher costs anticipated in '24, and once established the costs will reduce. She then moved to Page 8, Housing and Home- and Community-Based Services which had no recommended changes. Page 9, other priority areas, Row 9, the Alaska Training Cooperative had a slight reduction in MHTAAR with a corresponding increase recommendation for GF/MH.

A brief question-and-answer discussion ensued.

MS. BALDWIN-JOHNSON stated that she missed the increment of \$85,000 on Page 2, Line 45, Beneficiary ACES Data Collection, a new strategy that is a data collection that looks at adverse childhood experiences. It is a survey that is being worked on with partners in planning for '25.

CHAIR HALTERMAN thanked Ms. Baldwin-Johnson for the clarification. She moved to Motion No. 2 that was on the table and called the roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boerner, yes; Trustee Fisher, yes; Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN stated that the recommendation passed.

CEO WILLIAMS thanked the trustees for the approval of the FY25 budget and recognized that this conversation will be had again next spring. He talked about the visit to Hiland Mountain and

stated that, because it is a correctional facility, no bags, phones or personal belongings are allowed.

CHAIR HALTERMAN thanked the trustees for the good dialogue over the budget and stated that this had been one of the most detailed conversations had about the budget. She stated appreciation for the questions, the amendments and the dialogue.

(Lunch break, and the Trustees had a site visit to Hiland Mountain Correctional Facility.)

CHAIR HALTERMAN stated that there were two points of order to finish up the business. She continued that there was a motion before moving to trustee comments, the final agenda item.

MOTION: A motion requesting the CEO, in concert with the Chair of the Finance Committee, work with the TLO, the CFO, and Harvest Capital to review the CRE Investment properties and develop recommendations for the management process of any or all CRE investment properties was made by TRUSTEE BOYLES; seconded by TRUSTEE MORAN.

CHAIR HALTERMAN asked, for the purpose of discussion, if there were any questions or discussions with regard to the motion.

TRUSTEE BOYLES stated that a lot of time was spend on the CRE investments in the last few meetings, and she felt the need to have a more concise, cohesive approach to articulating what should or should not be done relative to the commercial real estate investments.

TRUSTEE FIMON stated that he would need a good, compelling reason to sell anything that was beyond fear/speculation. He welcomed the discussion and hoped to have continued discussion. He believed that there were things on both sides to be brought forward so a more informed decision could be made. He continued that the market conditions were so whipsawing that by the time the decision, made 14 months prior, was executed, there would be questions on whether it was the right time to sell. He stated appreciation for this being brought up.

CHAIR HALTERMAN stated that she did text Trustee Fisher a copy of the motion before it was read, and he is aware because this will impact his committee and it would be a work effort he would have to undertake. She added that she would brief him on the outcome at the end of the meeting.

TRUSTEE MORAN stated that, being the new person, it would be valuable to go through the process for education. She continued that she has heard very differing positions just in the short time she was here.

CEO WILLIAMS acknowledged Ms. Warner and her leadership in talking about this which will help provide some clarity and direction in working with the Finance Committee Chair and staff to come back with something that would provide options for the trustees to consider.

MS. WARNER shared appreciation for the idea of the continued conversation, and she looked forward to coming up with some options for trustees to consider.

CHAIR HALTERMAN asked for anything further from the trustees. There being none, she called the question.

After the roll-call vote, the MOTION was APPROVED. (Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN thanked everyone and moved to the Trustee Comment Period.

TRUSTEE COMMENTS

TRUSTEE BOYLES thanked the trustees for working so well together. She continued that they all had different opinions and different backgrounds and will not always agree, but she truly respects the Trust. There is a full component, and she is enjoying it.

TRUSTEE STURGEON echoed the words of Trustee Boyles. He stated that it was a good experience with some good discussion that ended with a good product. He stated that it was obvious the kind of job staff did not only in preparing the packet but also in their recommendations. He stated his appreciation for all the hard work done in putting all this together.

TRUSTEE FIMON thanked his fellow trustees, especially the ones doing the remote, for staying involved and coming forward with their ideas. He stated that even though they each come from different places, the end product is not that much different. He continued that they are unified and innovative. He added that the whole idea is to do their fiduciary duty and help the beneficiaries and carry forward the mission. He is proud of always feeling that was what was being done. He thanked the Chair and the CEO for the great leadership throughout the two days and stated appreciation for the tour. He also thanked staff for a very productive meeting.

CEO WILLIAMS thanked the Board for the dialogue, the conversation, the thoughtful consideration of the budget that was presented, and for challenging staff with the questions they had. It means that staff makes sure that they are understood and also helps them gain more insight and information on direction and policy. He also thanked the staff, both the TLO and the Trust Authority Office, who were involved in the meeting and for doing the work to prepare the budget. The last thing, for the record, was that the budget that they all approved, while presented by the staff, was work that extended out beyond the offices. There was input from the community providers, from the State partners, from beneficiaries that presented a set of recommendations beyond staff experience and beyond what was seen as necessarily the needs.

CHAIR HALTERMAN entertained a motion.

MOTION: A motion to adjourn the meeting was made by TRUSTEE STURGEON; seconded by TRUSTEE MORAN.

After the roll-call vote, the MOTION was APPROVED. (Trustee Moran, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Boyles, yes; Chair Halterman, yes.)

CHAIR HALTERMAN adjourned the meeting.

(AMHTA Full Board meeting adjourned at 2:55 p.m.)

Current Trust Bylaws

1
2
3 ALASKA MENTAL HEALTH TRUST AUTHORITY
4 BYLAWS
5

6
7 ARTICLE I
8 NAME
9

10 The name of this organization is the Alaska Mental Health Trust Authority.
11

12
13 ARTICLE II
14 PURPOSE OF THE AUTHORITY
15

16 The Alaska Mental Health Trust Authority acts in the best interest of the beneficiaries
17 of the trust. It is accountable to:

- 18 (a) Provide for sound governance, fiduciary oversight and direction in achieving the
19 mission of the Trust Authority;
20 (b) Ensure an integrated, comprehensive mental health program for the State of Alaska
21 in partnership with Department of Health and Social Services (DHSS); and
22 (c) Preserve, protect, and grow the trust corpus and administer trust assets.
23
24

25 ARTICLE III
26 BOARD OF TRUSTEE MEMBERSHIP AND TERMS OF OFFICE
27

28 Section 1. Trust Authority board of trustees composition:

- 29 (a) The Trust Authority shall be governed by its board of trustees.
30 (b) The Trust Authority board of trustees, hereafter referred to as the board, consists of
31 seven members appointed by the governor in accordance with AS 47.30.016 and
32 confirmed by the legislature.
33

34 Section 2. Term of office, vacancies, and removal:

- 35 (a) The members of the board serve staggered five-year terms. A member shall continue
36 to serve until the member's successor is appointed and confirmed by the legislature.
37 (b) A vacancy occurring in the membership of the board shall be filled within 60 days by
38 appointment of the governor for the unexpired portion of the vacated term.
39 (c) The governor may remove a member of the board only for cause per AS 47.30.021.
40 (d) Except for a trustee who has served two consecutive five-year terms, a member of
41 the board may be reappointed. A member of the board who has served two
42 consecutive five-year terms is not eligible for reappointment to the board until one
43 year has intervened as per AS 47.30.021(d).
44
45

ARTICLE IV
BOARD OF TRUSTEE DUTIES

Section 1: The role of the board is to:

- (a) Set the vision for the organization;
- (b) Set policies for the organization, including adoption of regulations as appropriate under AS 47.30.031;
- (c) Adopt charters that define the role, authority, operating procedures, duties, and responsibilities of the board and standing committees; and
- (d) Approve contractual agreements with advisors as defined in statute and the settlement agreement, specifically Alaska Permanent Fund Corporation (APFC), Department of Natural Resources (DNR), and Statutory Advisory Boards.
- (e) Fulfill the duties listed in AS 37.14.007(b)(1)-(12).

Section 2: The board will conduct business in accordance with AS 47.30.036.

ARTICLE V
OFFICERS AND DUTIES

Section 1. The board, by a majority vote of its membership, shall annually elect a Chair, Vice Chair, and Secretary from its membership.

Section 2. The officers will be elected by a majority vote at the annual budget approval meeting, and officers' terms of office commence upon adjournment of that meeting. Officers' terms of office end effective at adjournment of the meeting in which new officers are elected.

Section 3. Officers may be re-elected to the office in which they serve by vote of the membership of the board as above. The board's intention is to allow board members the opportunity to serve in officer roles in support of ongoing board development. To that end, no member may serve more than 2 consecutive terms in the same office except as provided for by affirmative vote of 5 board members.

Section 4. If the office of the Chair becomes vacant, the Vice Chair succeeds to the office of the Chair and serves until an election held at the next board meeting. The newly elected Chair will serve until the next annual election.

Section 5. Except for the office of Chair, if an office of the board becomes vacant, an election shall be held to fill the vacancy at the next regular meeting following the vacancy. The officer will serve until the next annual election.

Section 6. The duties of the officers shall be as follows:

(a) Chair

- 1. Call all meetings. Preside at all meetings.
- 2. Appoint chairs of committees and committee members.

3. Serve as ex-officio (voting) member of all committees, but may not concurrently serve as board Chair and chair of any standing committee, with the exception of the Executive Committee.
4. Act as primary spokesperson for the board.
5. Act as one of the official spokespersons for the Trust Authority, together with the Chief Executive Officer (CEO), when requested by the Chief Communications Officer.

(b) Vice Chair

1. Assist the Chair in the discharge of his/her duties.
2. Perform the duties of the Chair in the absence or incapacity of the Chair.
3. Perform other duties as assigned by the board.

(c) Secretary

1. Assume duties of the Chair when Chair and Vice Chair are unavailable.
2. Perform other duties as assigned by the board.
3. Assure that the records of board proceedings are maintained in accordance with these bylaws and in accordance with AS 37.14.007(b)(2) and the Records Management Act (AS 40.21).

ARTICLE VI
MEETINGS

Section 1. The board will hold four regular meetings each fiscal year. Committees will meet as necessary to accomplish their responsibilities.

Section 2. Special or emergency meetings of the board may be held at such time and place as the Chair may order; or upon the written request to the Chair of any four trustees.

Section 3. Reasonable public notice of board and committee meetings shall be provided in accordance with AS 44.62.310. Meetings of the board and its committees are subject to the Open Meetings Act, AS 44.62.310 and 44.62.312.

Section 4. A quorum at all board meetings shall consist of four board members. A quorum at committee meetings is a majority of the committee's members.

Section 5. No member of the board may designate a proxy.

Section 6. The board will schedule at least one period for public comment during each regularly scheduled board meeting.

Section 7. Formal actions by the board are accomplished through adoption of motions.

ARTICLE VII
COMMITTEES OF THE BOARD

There will be five standing committees of the board. Standing committee chairs and members will be appointed by the Chair after polling the board regarding individual trustee's interest and ability to serve. A member may serve as chair of only one standing committee at any time except as a stand-in until the next regularly scheduled board meeting. Standing committees will have a minimum of 3 committee members. The board chair may designate ad hoc committees to accomplish special purposes. Persons other than board members may serve on the board's ad hoc committees; however, such persons may not be voting members of such committees, only appointed board members may vote on committee actions. Committee recommendations will be reported to the board for action at the next regular board meeting.

Section 1. The Executive Committee of the board is composed of three board officers, the Chair, the Vice Chair, and the Secretary. The Executive Committee will:

- (a) Ensure development of policies for governing the Trust Authority for approval by the board.
- (b) Oversee implementation of governance policies at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.
- (c) The Executive Committee will meet only as needed.

Section 2. The Resource Management Committee will, in consultation with the CEO and Executive Director (ED) of the TLO:

- (a) Ensure development of policies for protecting, enhancing, and managing the trust's non-cash resources in the best interests of the beneficiaries for approval by the board.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.

Section 3. The Program and Planning Committee will, in consultation with the CEO and Executive Director (ED) of Mental Health Policy and Programs.:

- (a) Ensure development of policies to meet needs and improve the circumstances of beneficiaries; and recommends to the board for approval.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

Section 4. The Finance Committee will, in consultation with the CEO and Chief Financial Officer (CFO):

- (a) Ensure development of policies for investment and fiscal management for approval by the board.
- (b) Oversee implementation of approved investment and fiscal management policies on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

- 1 Section 5. The Audit and Risk Committee will, in consultation with the CEO and CFO:
- 2 (a) Ensure development of policies for managing the annual audit process and
- 3 identifying and addressing organizational risk for approval by the board.
- 4 (b) Oversee implementation of approved audit and risk management policies on behalf
- 5 of the board in accordance with Trust Authority statutes and regulations and the
- 6 committee charter adopted by the board.

7

8

9 ARTICLE VIII

10 CHIEF EXECUTIVE OFFICER

11

12 Section 1. The board shall select and employ a Chief Executive Officer as provided by law.

13

14 Section 2. The Chief Executive Officer is responsible for day-to-day operations of the Trust

15 Authority including planning, organizing, coordinating, and directing all activities

16 necessary to enable the Trust Authority to exercise its powers and duties, and

17 fulfill the purpose of the Trust Authority. The CEO will operate and conduct the

18 business and affairs of the Trust Authority according to the statutes, regulations,

19 bylaws, policies, and charters adopted by the board. The CEO duties and

20 responsibilities shall be set forth in a CEO Job description to be adopted by the

21 board.

22

23 Section 3. The Chief Executive Officer shall oversee administration of the contract with the

24 Trust Land Office on behalf of the Trust Authority to ensure compliance with

25 AS 37.14.009(a)(2).

26

27

28 Section 4. The board will evaluate the Chief Executive Officer's performance annually in

29 writing. The board will define the process for conducting annual reviews and

30 include it in the Board Operations Manual.

31

32 Section 5. Termination of employment of the Chief Executive Officer is by majority vote of

33 the board.

34

35

36 ARTICLE IX

37 PARLIAMENTARY AUTHORITY

38

39 Unless otherwise provided by law or these bylaws, the board's procedures shall be

40 governed by Robert's Rules of Order Newly Revised. The Chair may appoint an appropriate

41 person to serve as parliamentarian.

42

43

44 ARTICLE X

45 ETHICS

46

47 Board members are required to comply with the Alaska Executive Branch Ethics Act

48 (AS 39.52) and AS 47.30.016(c)(2).

1
2
3 ARTICLE XI
4 AMENDMENT OF BYLAWS
5

6 These bylaws may be amended at any meeting of the board. Amendment of these
7 bylaws requires 5 affirmative votes of board members provided that written notice and
8 copies of the proposed amendment have been submitted to the members 30 days prior to
9 the meeting, or by unanimous vote without notice.
10

11
12 ARTICLE XII
13 DEFINITIONS
14

15 In these bylaws,
16

17 **The Alaska Mental Health Trust** means the sum of all assets owned by the Alaska
18 Mental Health Trust as established by the Alaska Mental Health Trust Enabling Act, P.L. 84-
19 830, 70 Stat. 709 (1956) and the Mental Health Settlement Agreement (June 10, 1994),
20 including cash and non-cash assets.
21

22 **The Alaska Mental Health Trust Authority (the Trust Authority)** means the entity
23 charged with administering the trust, as trustee, is governed by a seven-member board. (AS
24 37.14.007, AS 47.30.011, AS 47.30.016)
25

26 **The Trust Land Office (TLO)** means the unit of the Alaska Department of Natural
27 Resources that is charged with managing the trust's natural resources, land, and other fixed
28 assets. (AS 44.37.050)
29

30 **Regular Meeting** means a board meeting that is scheduled at the annual budget
31 meeting to occur during the succeeding year, provided that a regular meeting that is
32 rescheduled on reasonable notice to the public is still a regular board meeting.
33

34 **Special Meeting** means any board meeting other than a regular meeting, including
35 an emergency meeting.
36

37 **Emergency Meeting** means any board meeting conducted for the purpose of
38 addressing time sensitive matters that may not be capable of resolution within the statutory
39 or delegated authority of the Executive Committee or the CEO. If an emergency meeting is
40 conducted on less than the customary public notice, public notice shall be published as
41 soon as practicable. If the agenda of an emergency meeting is not available in advance, the
42 agenda will be published as soon as practicable after the emergency meeting.

Mary Jane Michael, Chair

Laraine Derr, Secretary

Communications Update

Communications Program Update

Allison Biastock, Chief
Communications Officer

November 16, 2022



Trust
Alaska Mental Health
Trust Authority

What we'll cover today

- Brief update on standing communications tools and campaigns
- Trust communication highlights
- Improving Lives Conference debrief



Trust Communications Goals

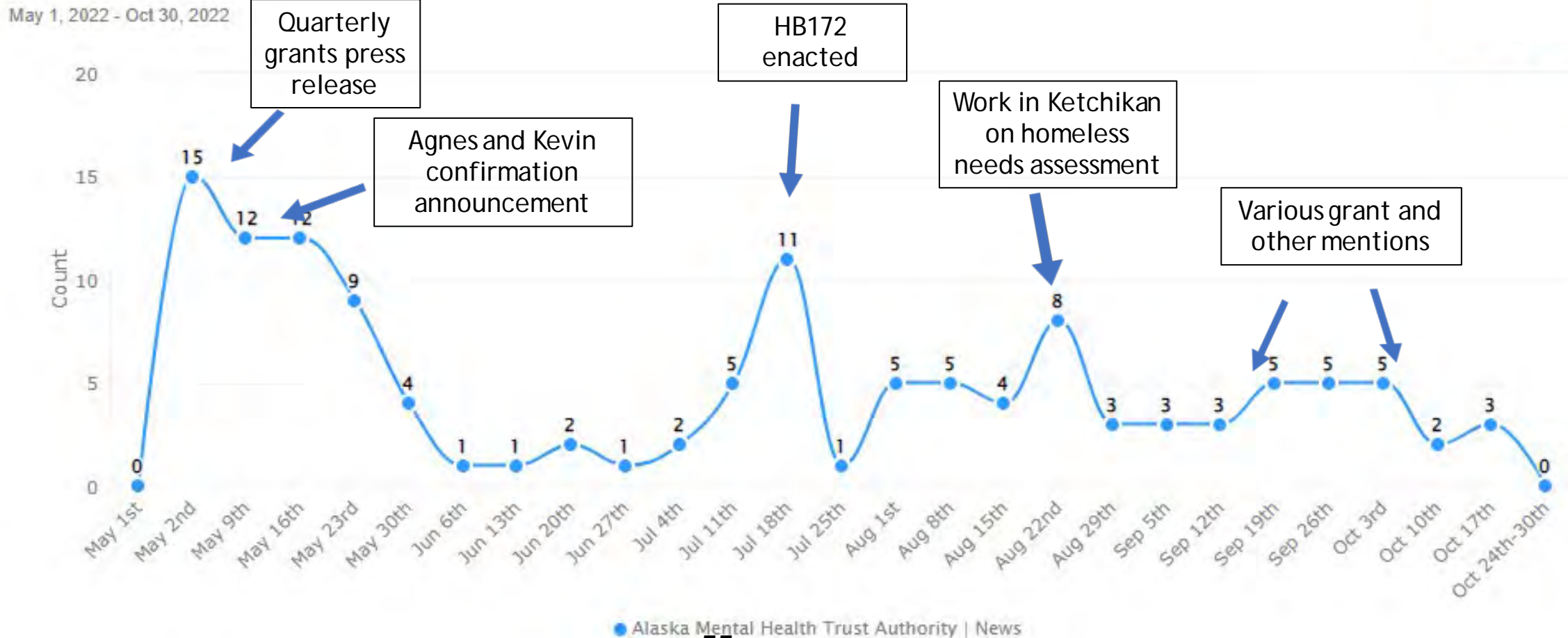
- Reduce stigma related to Trust beneficiaries
- Increase understanding and positively impact perceptions of the Trust, the Trust's mission, and TLO activities
- Increase awareness of issues critical to beneficiaries



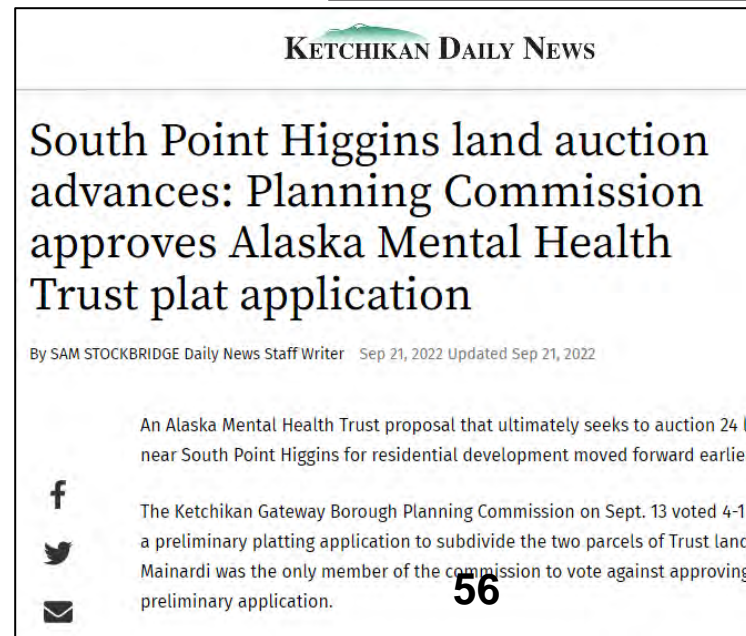
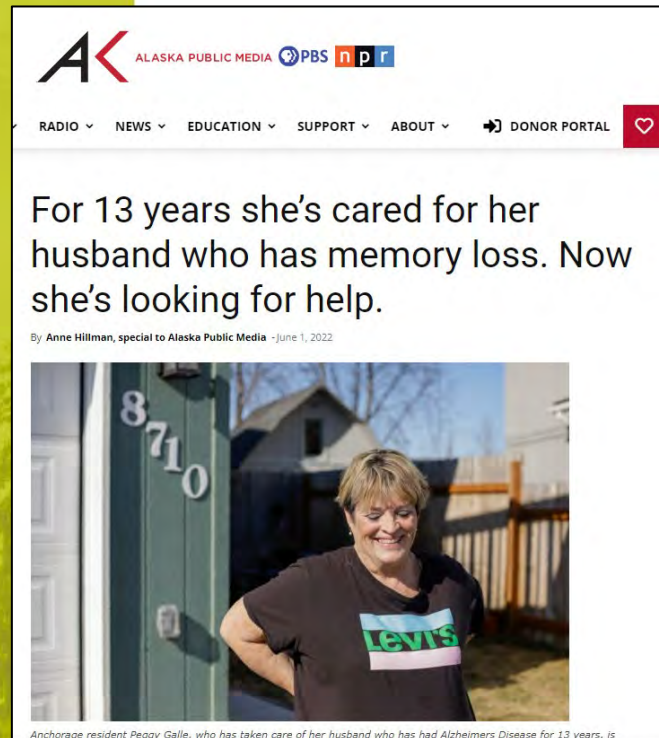
Trust Communications Tools



Earned Media

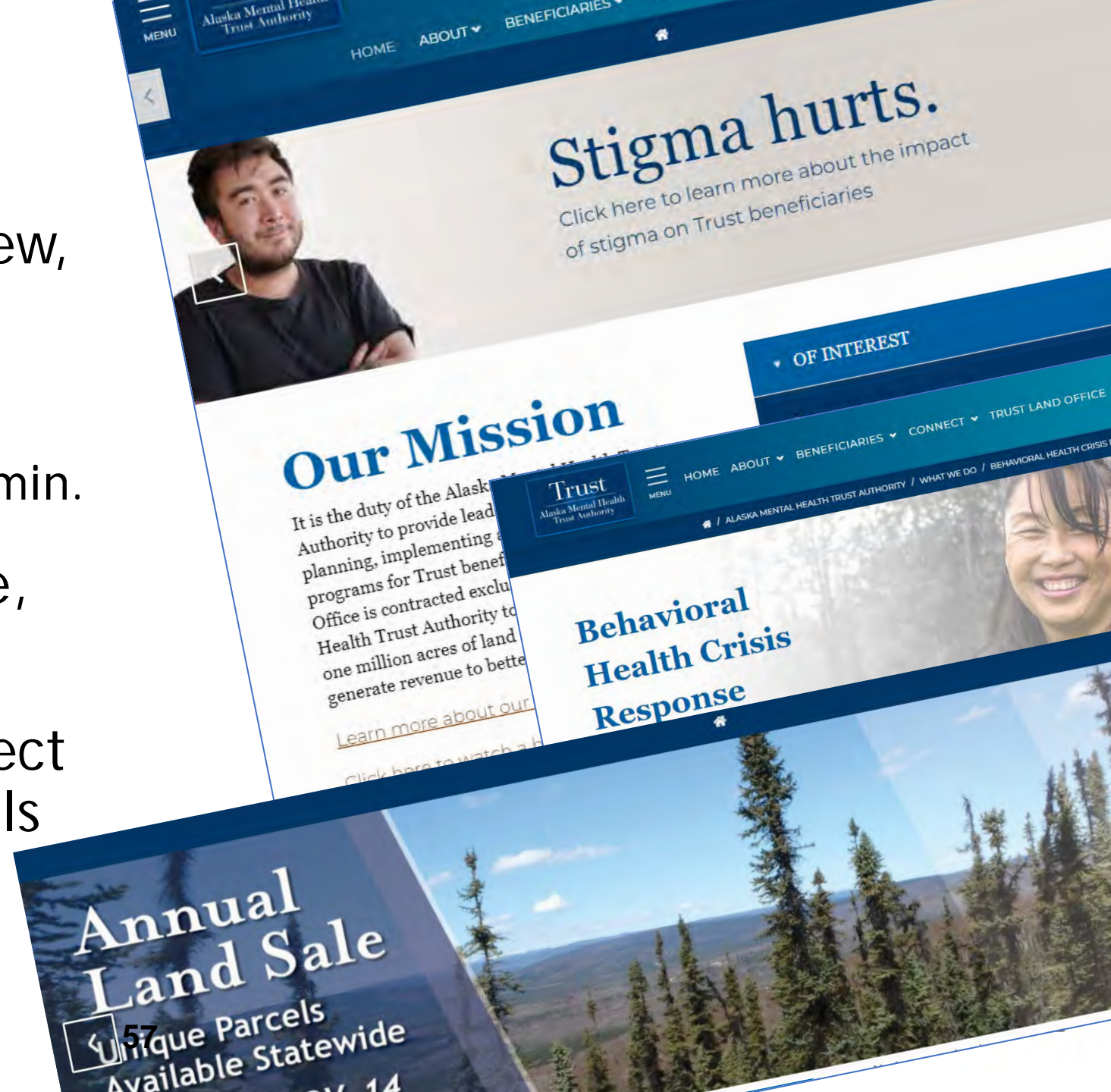


Earned Media



Webpage

- 95K total users, most new, in the last year
 - Increase over prior year
 - Average visit close to 2 min.
- Top pages: fall land sale, homepage, OTC sales
- Traffic coming from direct visits, searches, referrals



Trust Social Media



- Facebook: 6,039 followers (+2.8%)
- Instagram: 1,114 followers (+4.8%)
- Reach (2022 to-date)
 - Facebook 217,337 (+64%)
 - Insta 10,942 (-17.4%)
- Meta algorithm
- TLO Facebook
 - TLO Business Page
 - TLO Land Sales Page



Paid Media: Stigma Campaign

- Video PSAs featuring Kristin, Bob, Skylair and Bobby - beneficiary voices
- Related digital and social
- Developed considering research
- November 2021 - June 2022
 - Digital display
 - Cable TV
 - Connected TV/YouTube
 - Social
- Assets to be used in again in FY23, starting in December



Paid Media: About the Trust/Lands Campaign

- Increased awareness of activities on Trust lands
- “Uniquely Alaskan Approach to Mental Health Funding”
- March – June 2022
 - Radio
 - Digital display
 - Print
 - Paid social
 - YouTube
- Will begin campaign again in spring 2023.

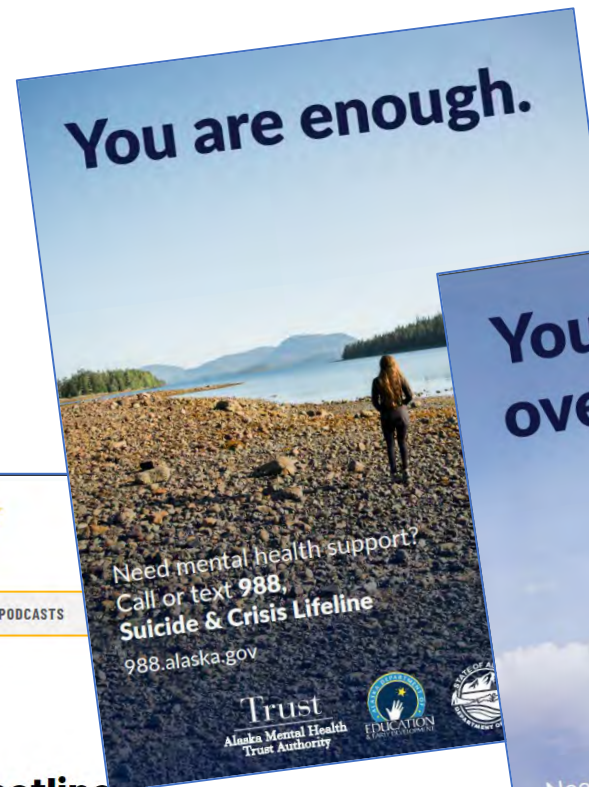


A Uniquely Alaskan Approach to Mental Health Funding

The Alaska Mental Health Trust Authority owns one million acres of land across the state, including in Interior Alaska. The Trust has a responsibility to generate revenue through selling and developing these lands to support grant making and other activities to improve the lives of Trust beneficiaries in the Fairbanks area and across Alaska.



Highlight: 988 Messaging



Highlight: AKPM Suicide Prevention Videos

- AK Public Media's Mental Health Content Initiative



How to Talk About Suicide | There's Hope. There's Help.



Combating Loneliness | There's Hope. There's Help.



Normalizing Mental Health | There's Hope. There's Help.

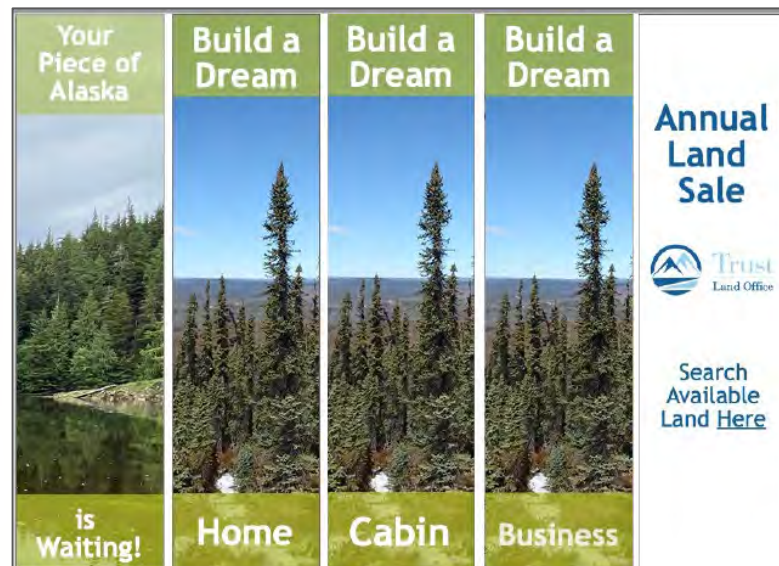
There's hope.
There's help.



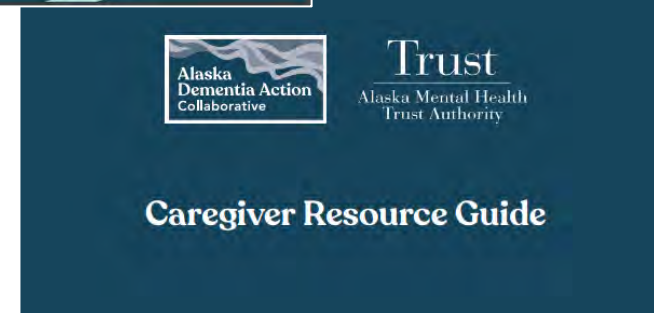
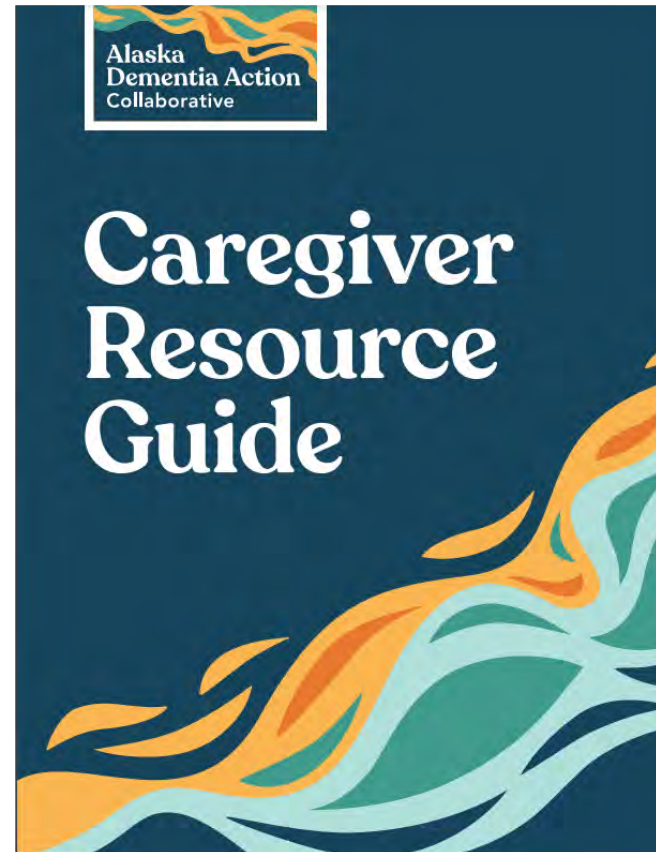
Make the Connection: Veterans | There's Hope. There's Help.

Highlight: TLO Fall Land Sale

- Annual mini-campaign to promote available parcels for sale
 - Digital
 - Print
 - Google key words
 - Social
- Great ad performance in 2022



Highlight: Senior Voice Insert



Conference Debrief

Improving Lives
The Alaska Mental
Health Trust Authority
Tuesday, September 27 and
Wednesday, September 28, 2022
Denaina Civic and Convention Center
Anchorage, Alaska

Event Basics

Key Objectives

- Meet trustee direction
- Meaningful opportunity for partners/beneficiaries
- Create space for networking and idea sharing
- Unique and valuable content

Planning

- Started from scratch, hired event contractor
- Key partner engagement
- Conference theme development
- Call for presentations
- Event promotion

Format

- 2 full days
- Plenary/keynote plus breakout sessions
- CEU opportunities
- Exhibitors
- Networking reception
- Pre-conference workshops



Event Basics

Promotion

- Website
- Email
- Direct mail
- Partner engagement

Budget

- Trustees approved \$180K
- Total cost \$137K
 - \$30K ticket revenues
- Biggest expenses
 - Venue/Food
 - Audio/Visual Services
 - Contract support
 - Travel scholarships
 - Print/marketing

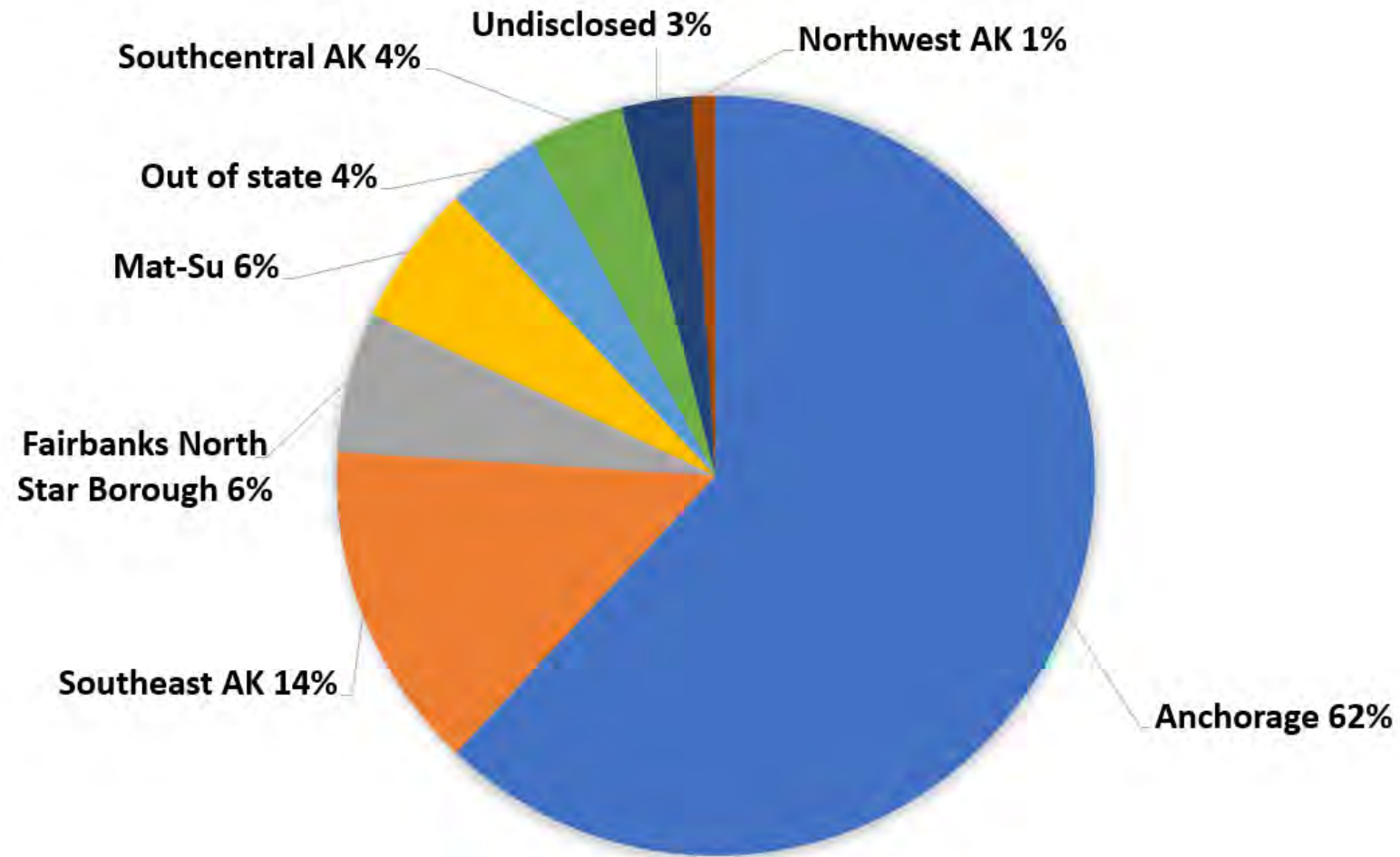


Attendee Data

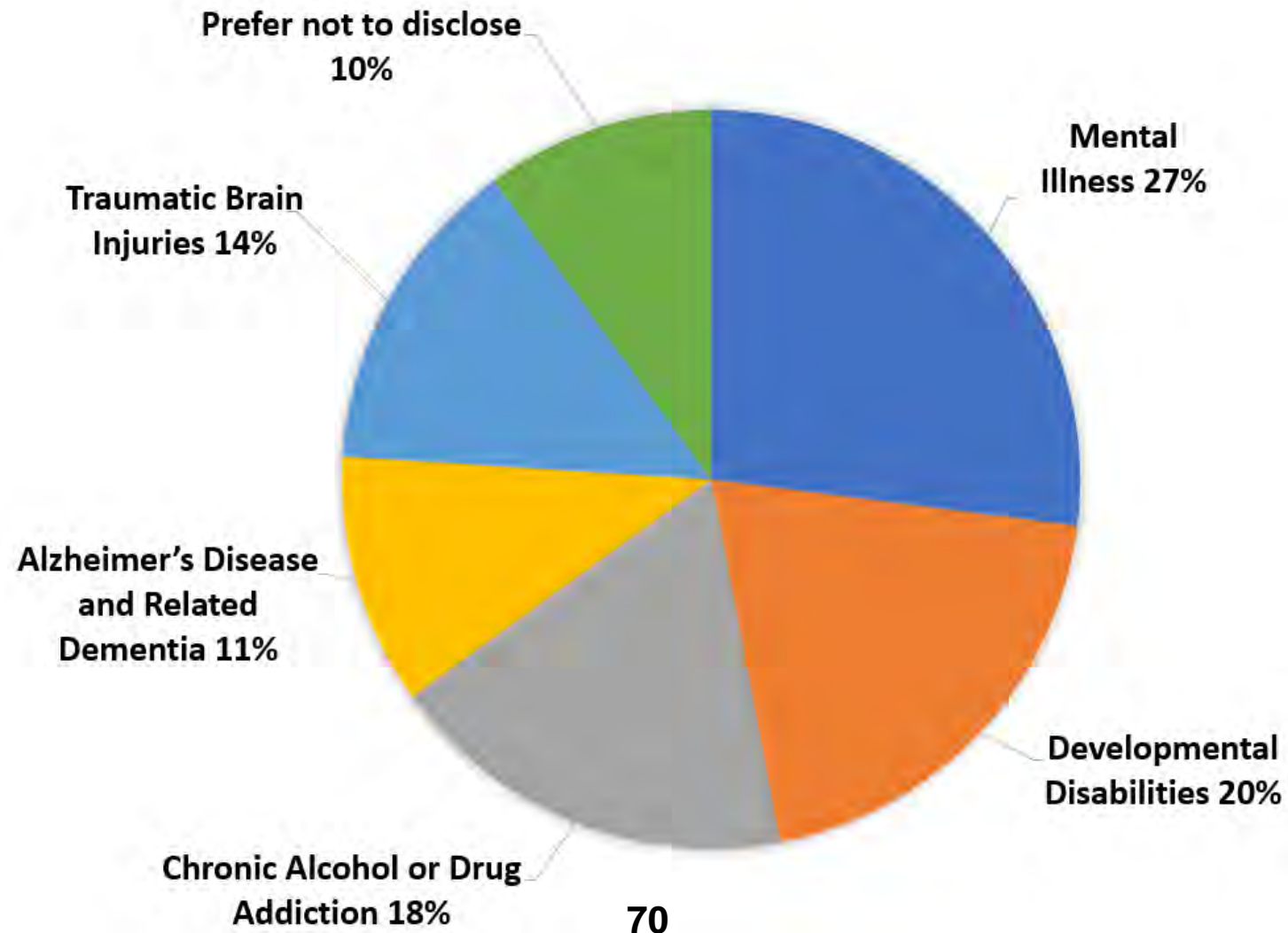
- 340 on-site attendees
- 232 paid registrations
- 94 comped registrations
 - Presenters, volunteers, Trust staff
- 63 registration scholarships
- 24 travel scholarships
 - Transportation and hotel reimbursement not to exceed \$1,000



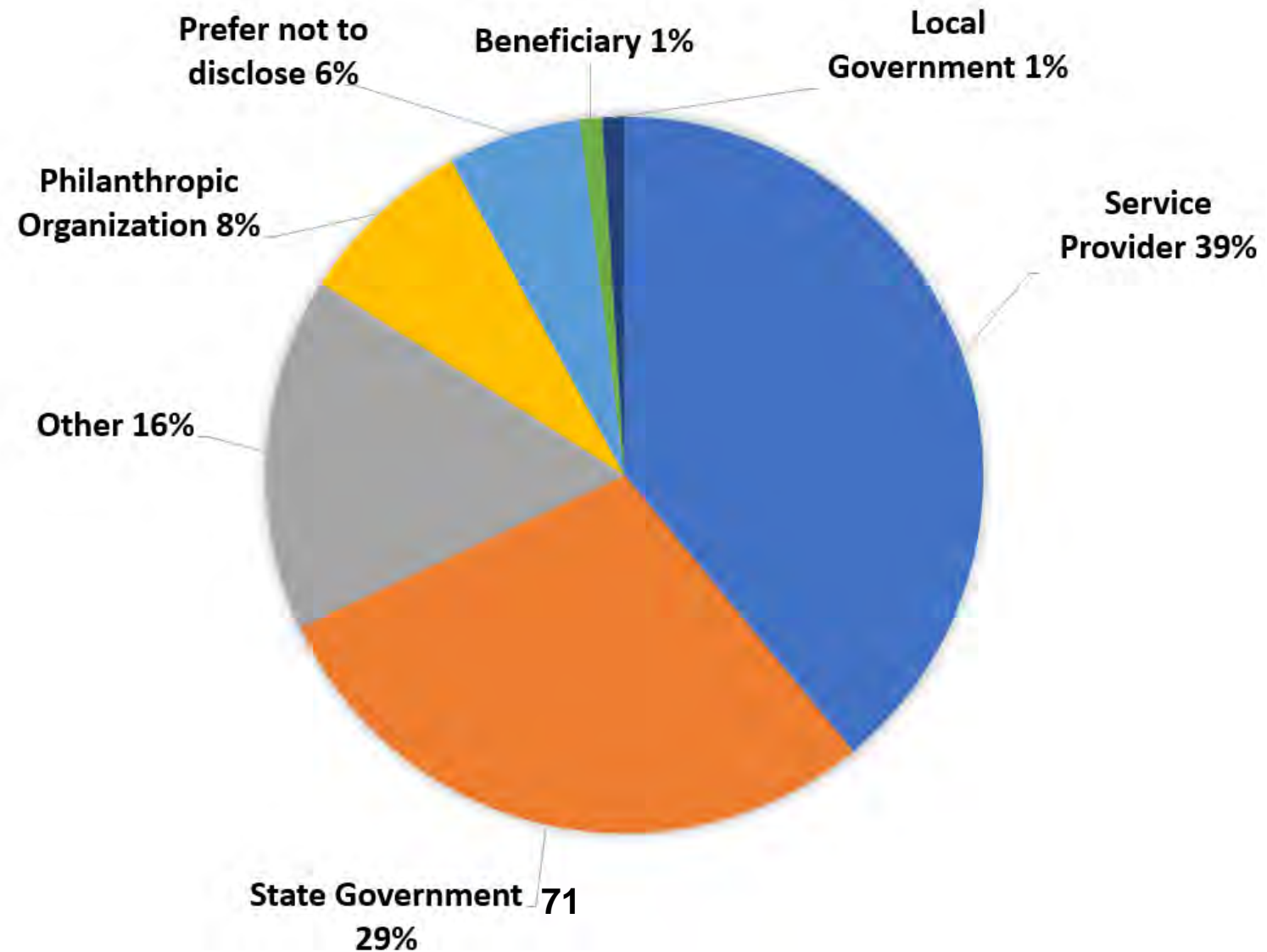
Attendee locations



Beneficiary group(s) attendees identify or work with



Which sector do attendees work in



Presentation Data

- Call for abstracts due July 15, 2022
- Received 61 proposals
- Reviewed for relevance to our beneficiaries and the conference themes and quality
- 32 total presentations
- 79 total presenters
- 25 total hours of education

Plenary Keynote Presentations

You Are Not Alone: What First Person Experience and Storytelling Can Do to Change Attitudes and Increase Awareness Around Mental Illness

- Dan Gillison, Jr., Chief Executive Officer, the National Alliance on Mental Illness (NAMI)
- Ken Duckworth, Chief Medical Officer, NAMI



Plenary Keynote Presentations

Granting Access:
Dismantling Ableism and
Embracing
Neurodiversity

- Haley Moss, attorney and neurodiversity expert



Plenary Panel Presentations

Serving Alaskans with Complex Needs

Steve Williams, the Trust (moderator)

Dr. Anne Zink, Alaska Department of Health
(moderator)

- Kristy Becker, Alaska Psychiatric Institute
- Kim Champney, Alaska Association on Developmental Disabilities
- Adam Crum, Alaska Department of Health
- Rick Ellsasser, Southcentral Foundation
- Jared Kosin, Alaska Hospital & Healthcare Association
- Nicole Nelson, Crossroads Counseling & Training Services



Plenary Panel Presentations

Transforming Behavioral Health Crisis Response in Alaska

Thea Agnew Bemben, Agnew::Beck Consulting (moderator)

- Michelle Baker, Southcentral Foundation
- Jacob Butcher, Matcom Dispatch
- Renee Rafferty, Providence Alaska
- Karl Soderstrom, True North Recovery

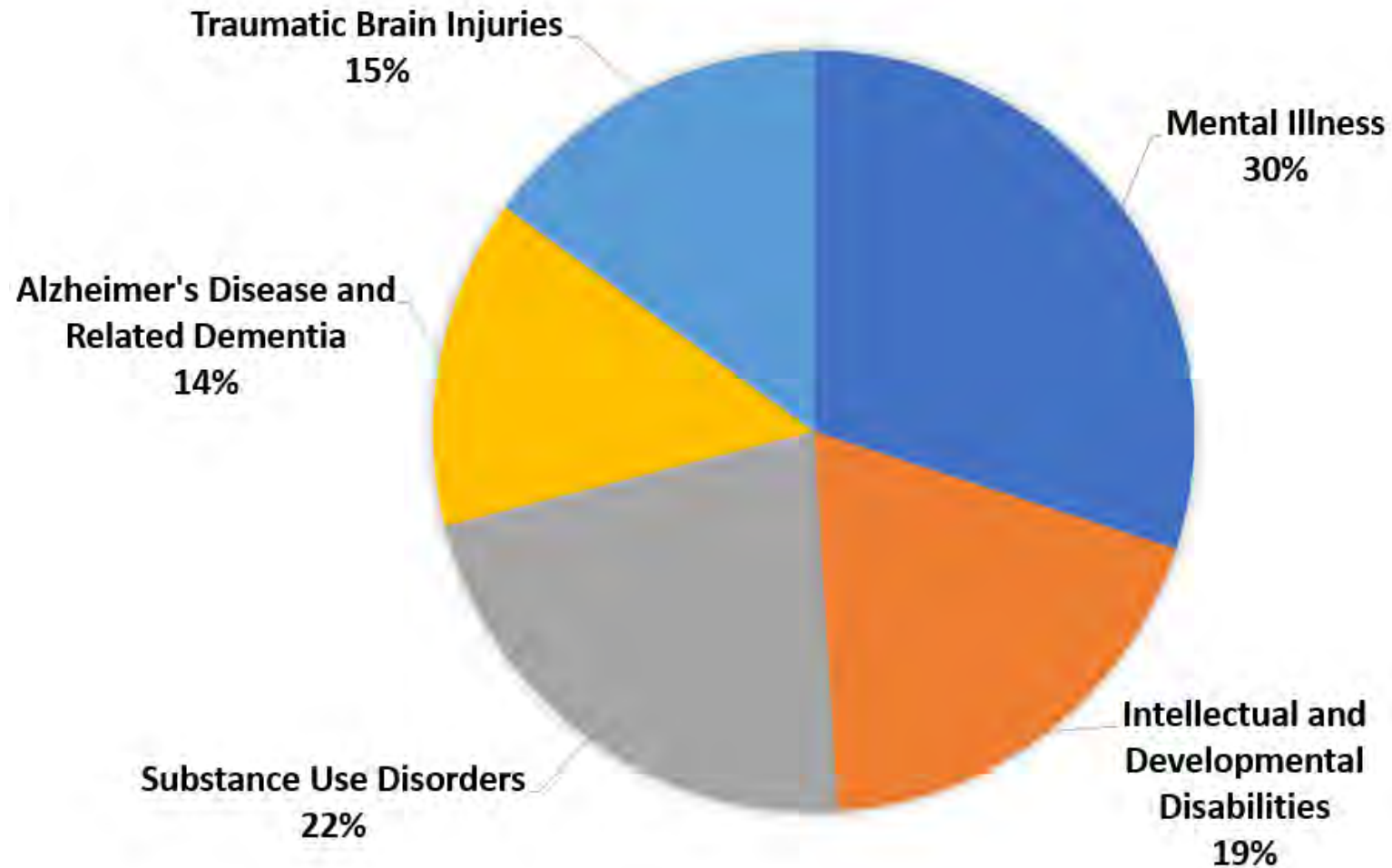


Breakout Presentations

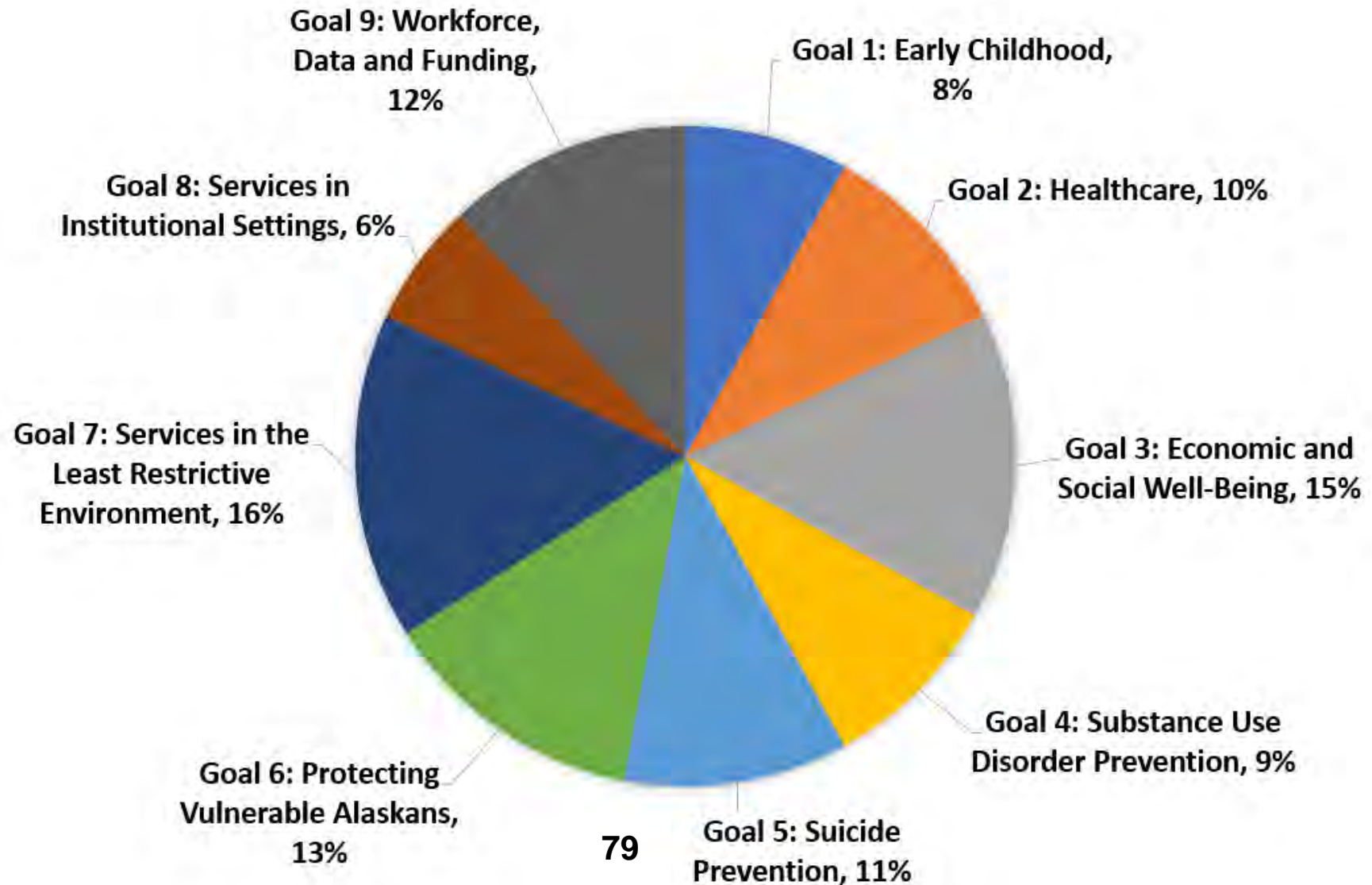
- 29 breakout sessions
- 61 presenters
- 3 rooms



Breakout Presentations: Beneficiary Groups



Breakout Presentations: Comp Plan Goals



Continuing Education Units

- Facilitated through the Alaska Training Cooperative, UAA Center for Human Development
- Offered by the National Association of Social Workers - Alaska Chapter
- 7.25 CEUs available to be earned
- 49 attendees received total of 193.25 CEUs



THE ALASKA
TRAINING
COOPERATIVE



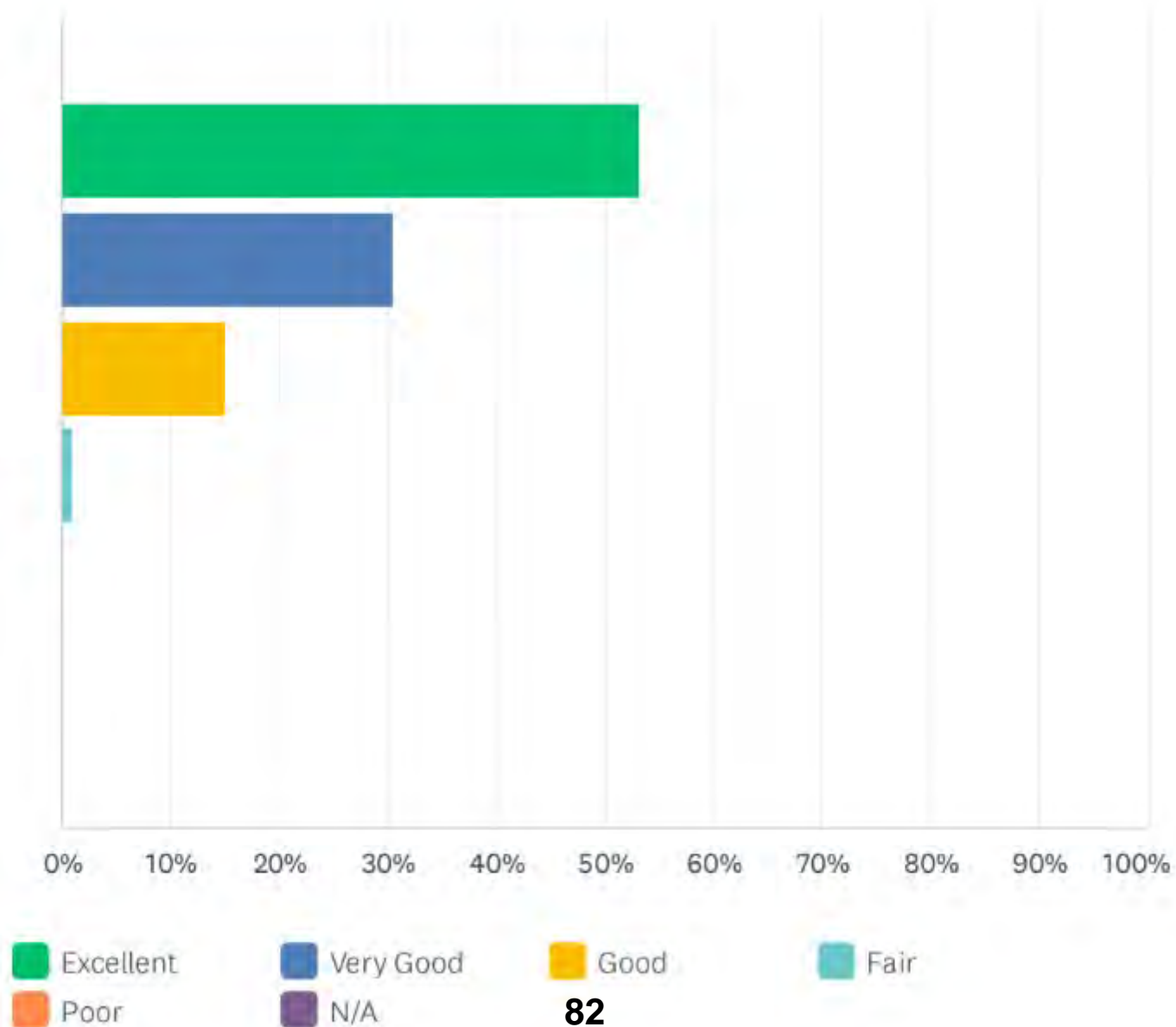
UAA Center for
Human Development
UNIVERSITY of ALASKA ANCHORAGE

Attendee Post-Event Survey Results

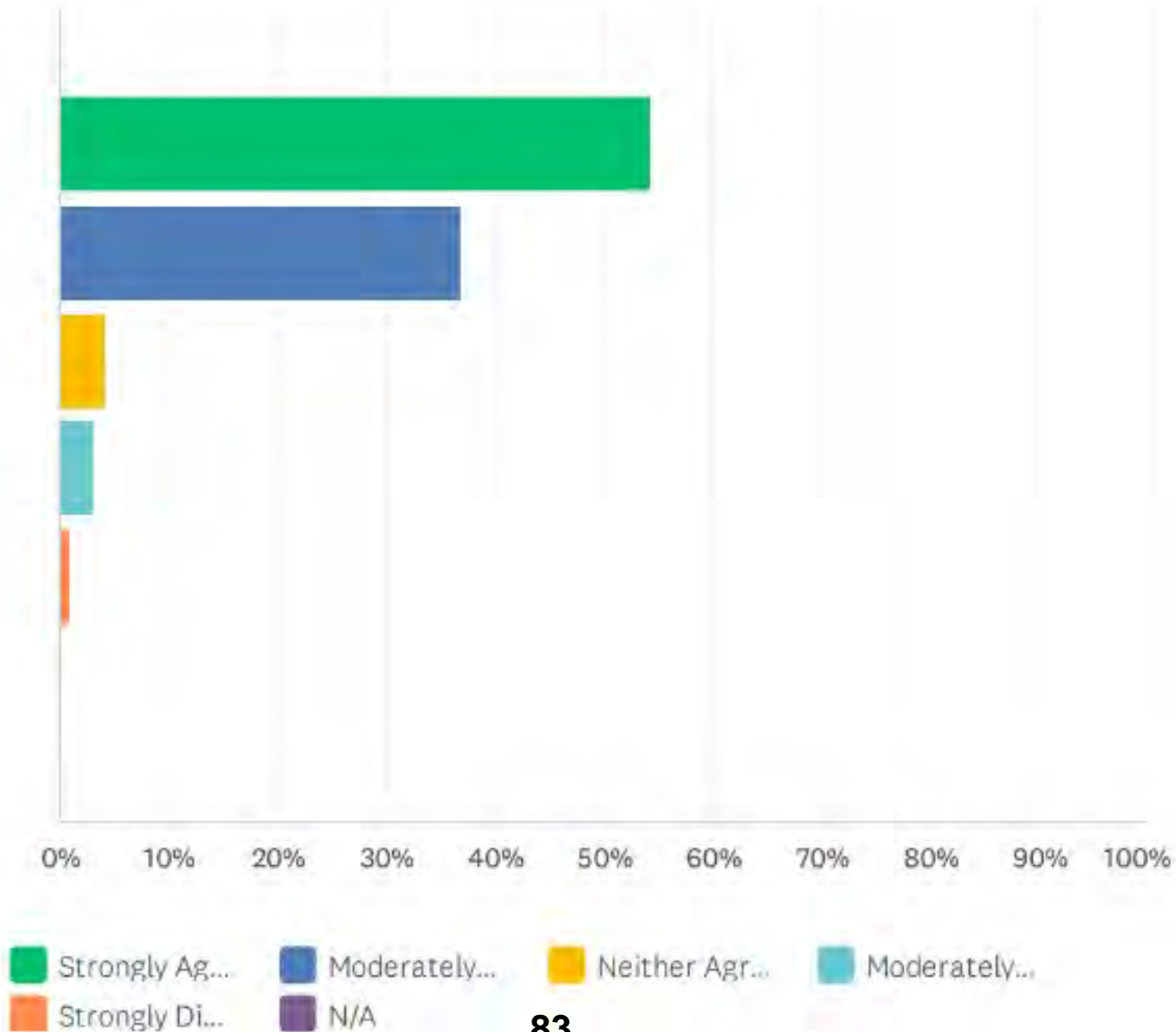
- Electronic survey
- Strong response solicitation
- 92 responses
 - 89% attendees
 - 26% speakers (overlap with attendees)
 - 6% exhibitors



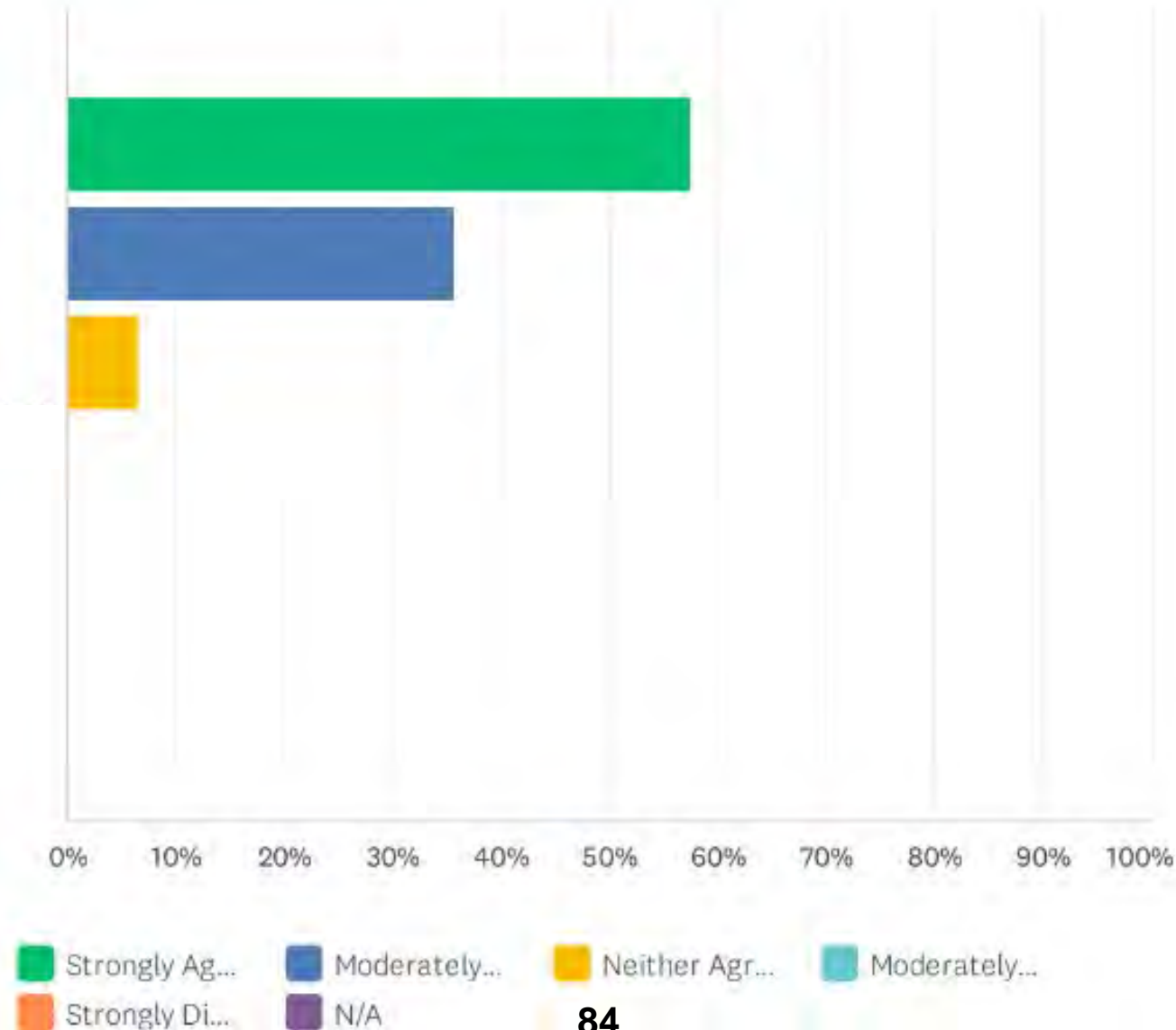
What was your overall experience of the conference?



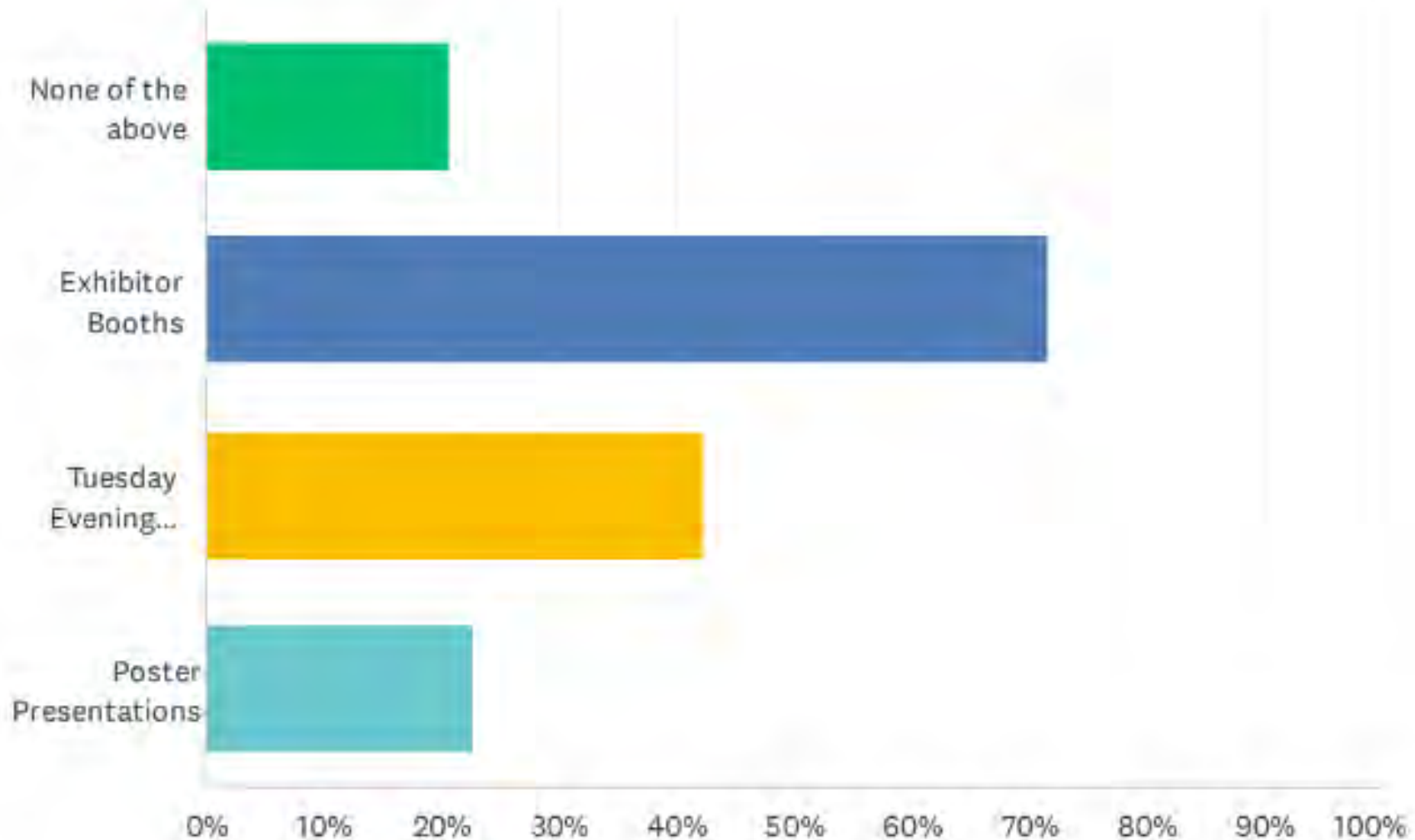
I found the level of depth of information appropriate for my current knowledge and understanding.



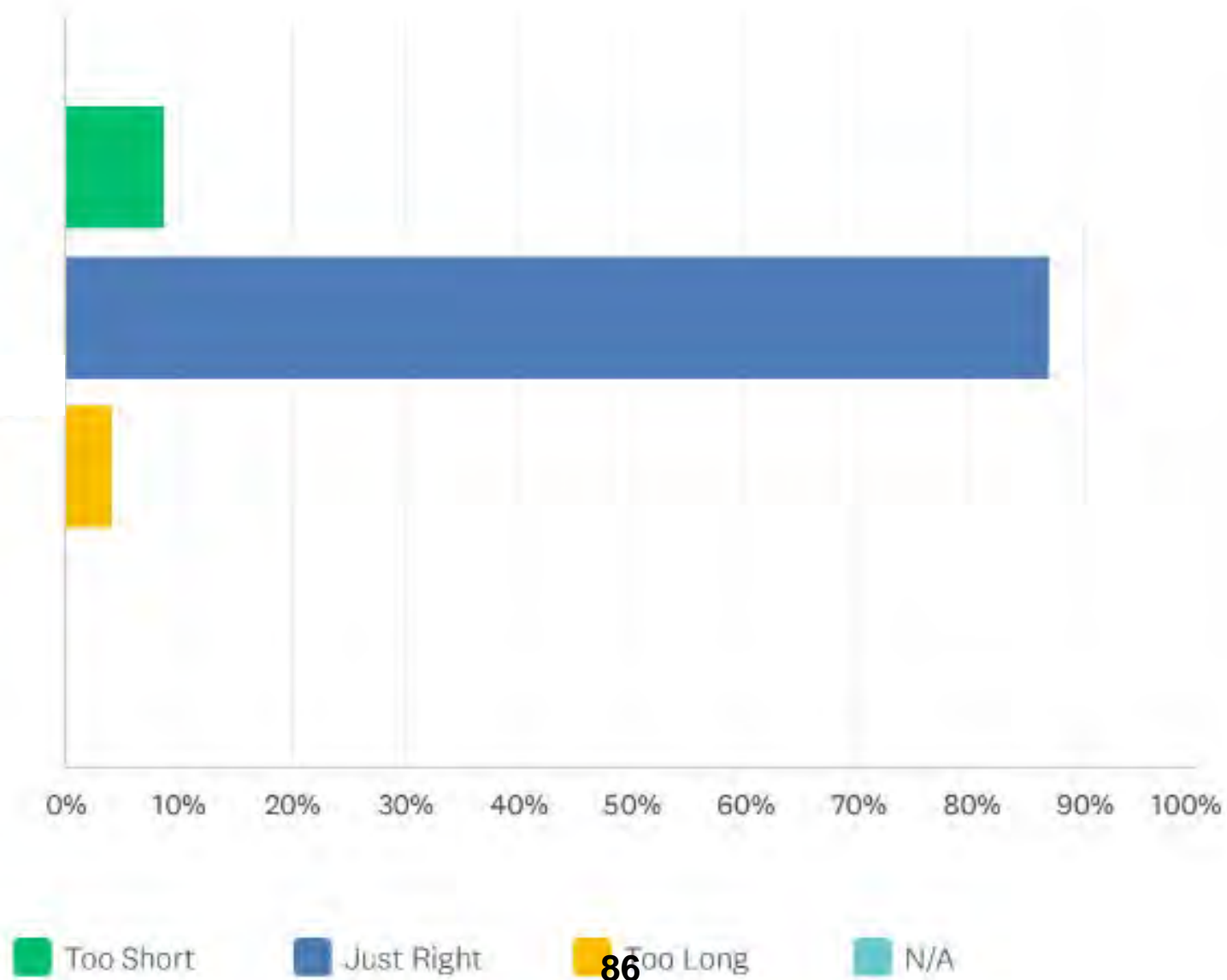
The conference was relevant to and aligned with my expectations.



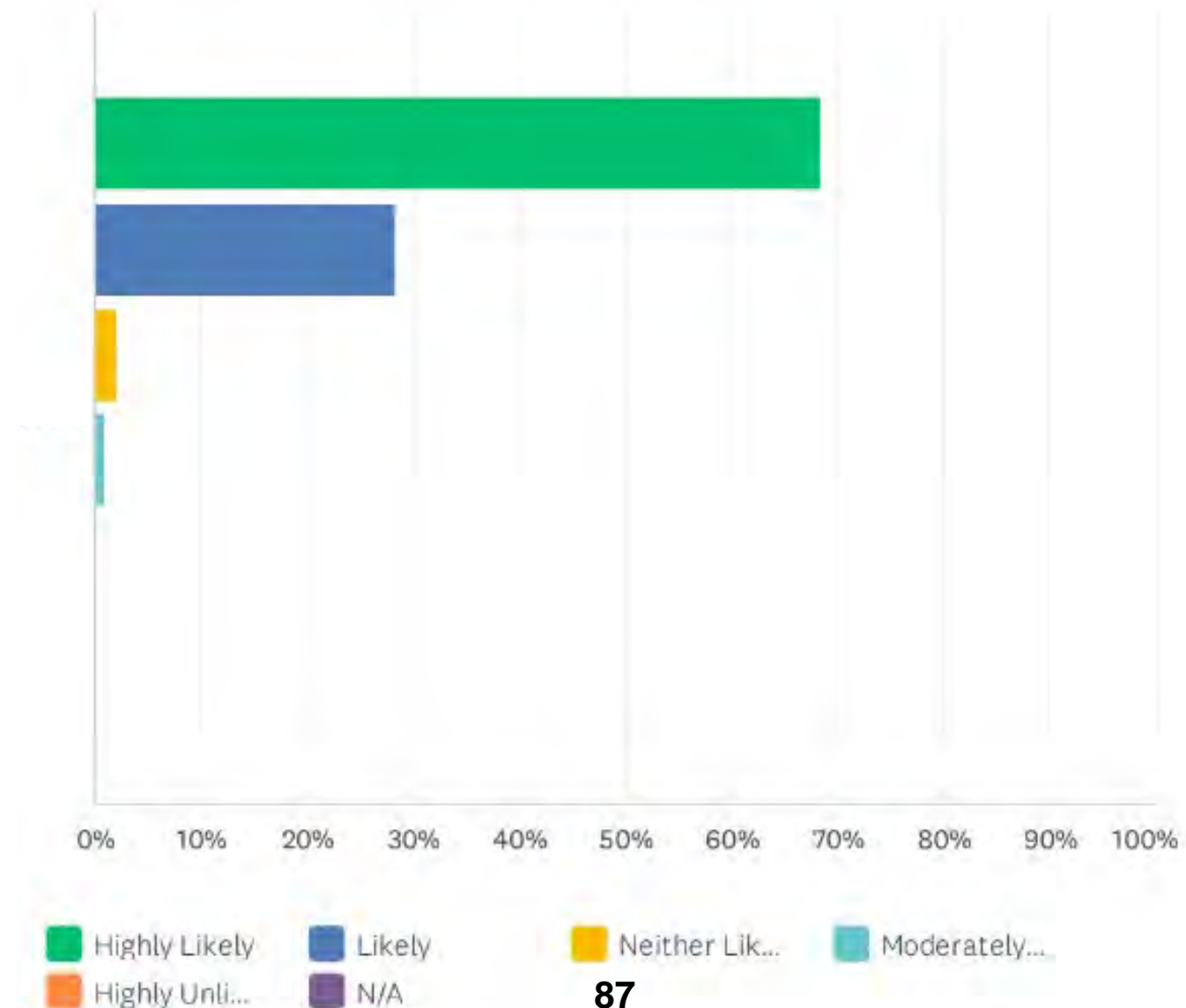
Did you participate in any of the attendee networking events? (Check all that apply)



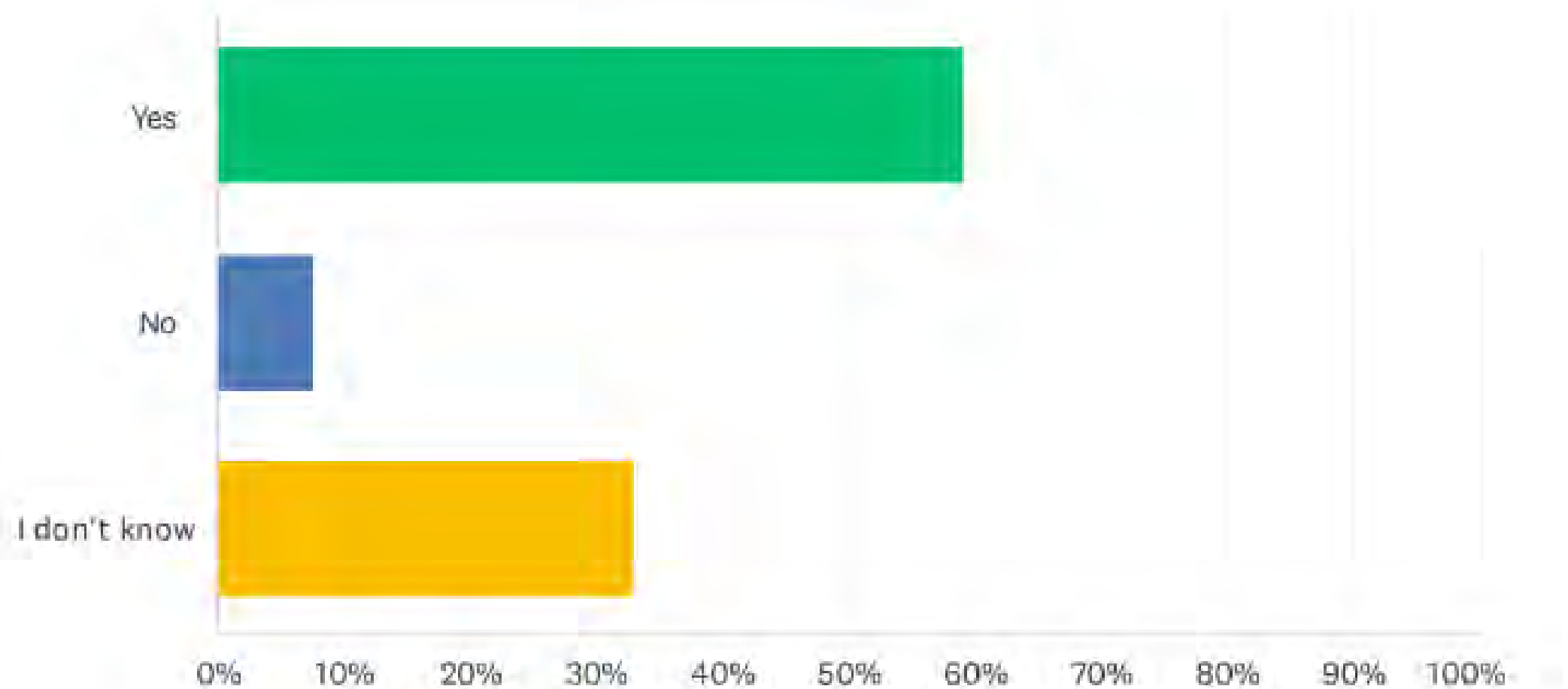
How was the length of the conference?



How likely are you to recommend this conference to a professional colleague/coworker?



Did the conference provide content that was not available through other conferences or training opportunities in Alaska?



Were there any topics you would have liked to see that were not included? If so, please list them below.

Sample of responses (of 62 total)

- I would have liked to see more topics about leveraging technology in clinical and nonclinical practice.
- Cross discipline collaboration/visioning.
- I wanted more guidance on where to go from here. I was so energized by the content, but because of the wide variety of topics (all beneficiaries), I wanted some ideas about next steps, or ways to get involved.
- Practical skill building. i.e. be trained on using and interpreting TBI screening, etc.
- Additional intervention strategy presentations.
- Housing and employment options for individuals with disabilities.
- Medication treatment options for addiction, where can the families go for help.
- I would have loved specific sessions on evidence-based intervention ideas for specific diagnoses, or resources to complete these trainings.

What is one thing you learned at the conference that you will use to help improve the lives of Trust beneficiaries?

Sample responses (of 75 total)

- Shifting our organization to incorporate more people with lived experience at every level.
- What stood out was that most providers are very concerned about economics. I would wish it were not so.
- I learned about various entities and resources in the community that I was unaware of prior to the conference. I have already reached out and am working on collaborating for future trainings/ serving patients.
- Incorporating culture and research/evaluation into activities involving Trust beneficiaries.
- New technical processes and options to connect beneficiaries with relevant services.
- Continue to advocate for infant & early child mental health and TBI services.
- I enjoyed the discussions about bridging the gap between service entities and am excited to see what kind of progress is made in the upcoming year.

Positive comment themes

- Appreciation for opportunity to engage and network
- Compliments on event execution and venue
- Exceeded expectations
- Liked the collaborations that were highlighted
- Appreciated the variety of topics presented
- Praise for keynote speakers



Constructive comment themes

- Too much content presented concurrently
- Not enough unallocated time during lunches to have conversations
- 30-minute presentations were too short
- No common theme throughout the multiple presentations
- Not enough information on _____.
- Climate/food related



Key Takeaways

- Predominantly very positive feedback
- Met event objectives
- Under budget
- Scholarships allowed more participation
- Networking portions well-attended
- Cross-beneficiary representation
- Contractor a must
- Great interest in presenting





RurAL CAP @RurALCAP · Sep 28

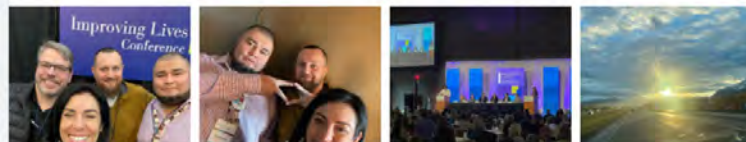
Michael Daniels, Rural Housing Manager and Rob Marx, Supportive Housing Director attended the [@AlaskaTrust](#) Improving Lives Conference to collaborate with partners on innovative practices that strengthen Alaska's continuum of care. [#ILC2022](#)



Kara Lee Nelson is with Bobby Dorton and 4 others at Dena'ina Civic and Convention Center.

1d - Anchorage, AK - 

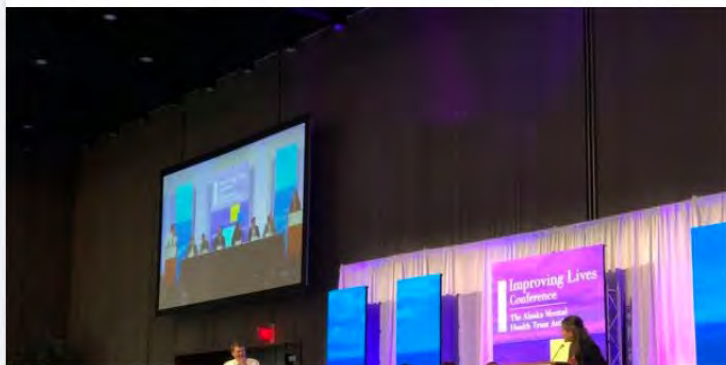
Impactful Alaska Mental Health Trust Authority Improving Lives Conference. Look forward to next year!!



Recover Alaska

2d.

We are at the [Alaska Mental Health Trust Authority](#) Improving Lives Conference. It's their first conference and the schedule is AMAZING and so centered on people and the needs in Alaska that so often get moved to the bottom of the priority list. Huge thanks to the Trust for putting this on, and to all the presenters and attendees. Nice to be learning and sharing in person again!



Schedule of Events

Schedule of Events

Day One | Tuesday, September 27, 2022



North Star Behavioral Health

1d-③

The North Star team was so honored to have the opportunity to attend the [Alaska Mental Health Trust Authority Improving Lives Conference](#) this week and connecting with various providers and Trustees and to hear ways we can bridge the gaps and improve lives for all Alaskans.

#improvinglives #mentalhealthmatters #mentalhealthawareness #suicideprevention



Anne Zink @annezinkmd · Sep 28

Jena Crafton is a visionary and a change maker! She is a champion of disability services and she used art to share her vision of a healthy happy community.

#ILC2022 @AlaskaTrust



Alaska Hospital & Healthcare Association

September 27 at 2:37 PM ·

AHHA team members Jared Kosin and Elizabeth King were honored to present at [Alaska Mental Health Trust Authority's](#) Improving Lives Conference today. Fantastic sessions and speakers today and more to come tomorrow!



Thank You

Questions?



Trustee Training

Open Meetings Act

Overview for Alaska Mental Health Trust Authority

November 16, 2022

Eugene F. Hickey

Senior Assistant Attorney General

State of Alaska Department of Law

Overview: Format for Today, Format of the Act

- Format for Today's presentation:
 - topic slides
- What is the Open Meetings Act?
 - AS 44.62, Administrative Procedures Act, Article 6: Open Meetings of Governmental Bodies
 - AS 44.62.310. Government meetings Public
 - AS 44.62.312. State Policy Regarding Meetings
 - AS 44.62.319. Short Title
- Enacted 1959; Amended 1990, 1991, 1994, 2000, 2009.
- Short title, AS 44.62.319, states that AS 44.62.310 – 319 may be cited as the "Open Meeting Act"
- OMA for short
- Exceptions/Exclusions
- Executive Sessions
- Violations + Penalties

Overview: Purpose of the Act

AS 44.62.312: State policy regarding meetings

(a) It is the policy of the state that

(1) the governmental units mentioned in AS 44.62.310(a) exist to aid in the conduct of the people's business;

(2) it is the intent of the law that actions of those units be taken openly and that their deliberations be conducted openly;

(3) the people of this state do not yield their sovereignty to the agencies that serve them;

(4) the people, in delegating authority, do not give their public servants the right to decide what is good for the people to know and what is not good for them to know;

(5) the people's right to remain informed shall be protected so that they may retain control over the instruments they have created;

(6) the use of teleconferencing under this chapter is for the convenience of the parties, the public, and the governmental units conducting the meetings.

(b) AS 44.62.310(c) and (d) shall be construed narrowly in order to effectuate the policy stated in (a) of this section and to avoid exemptions from open meeting requirements and unnecessary executive sessions.

Overview: Government Meetings Public

- **AS 44.62.310(a)**

(a)All meetings of a governmental body of a public entity of the state are open to the public except as otherwise provided by this section or another provision of law. Attendance and participation at meetings by members of the public or by members of a governmental body may be by teleconferencing. Agency materials that are to be considered at the meeting shall be made available at teleconference locations if practicable. Except when voice votes are authorized, the vote shall be conducted in such a manner that the public may know the vote of each person entitled to vote. The vote at a meeting held by teleconference shall be taken by roll call. This section does not apply to any votes required to be taken to organize a governmental body described in this subsection.

Presumption

- Meetings of a governmental body of a public entity are open to the public
- Closed sessions are permitted only if an exception applies, or another law so provides
- Materials considered by the governmental body in a meeting should be available to the public, even at teleconference locations

What constitutes a “meeting”?

AS 44.62.310(h) In this section,

- (2) “meeting” means a gathering of members of a governmental body when
- (A) more than three members or a majority of the members, whichever is less, are present, a matter upon which the governmental body is empowered to act is considered by the members collectively, and the governmental body has the authority to establish policies or make decisions for a public entity; or
- (B) more than three members or a majority of the members, whichever is less, are present, the gathering is prearranged for the purpose of considering a matter upon which the governmental body is empowered to act, and the governmental body has only authority to advise or make recommendations for a public entity but has no authority to establish policies or make decisions for the public entity;

What's a governmental body?

AS 44.62.310(h) provides:

- (1) “governmental body” means an assembly, council, board, commission, committee, or other similar body of a public entity with the authority to establish policies or make decisions for the public entity or with the authority to advise or make recommendations to the public entity; “governmental body” includes the members of a subcommittee or other subordinate unit of a governmental body if the subordinate unit consists of two or more members;

What's a public entity?

AS 44.62.310(h) provides:

- (3) “public entity” means an entity of the state or of a political subdivision of the state including an agency, a board or commission, the University of Alaska, a public authority or corporation, a municipality, a school district, and other governmental units of the state or a political subdivision of the state; it does not include the court system or the legislative branch of state government.

What is a Meeting? Essentials

- More than three members or a majority, whichever is less
- Applies to committees
- Applies if policies or decisions are considered, even if not prearranged
- Applies to prearranged consideration of recommendations or advice, even if the body lacks independent authority to act

Required Notice

AS 44.62.310(e) - Reasonable public notice shall be given for all meetings required to be open under this section. The notice must include the date, time, and place of the meeting and if, the meeting is by teleconference, the location of any teleconferencing facilities that will be used. Subject to posting notice of a meeting on the Alaska Online Public Notice System as required by AS 44.62.175(a), the notice may be given using print or broadcast media. The notice shall be posted at the principal office of the public entity or, if the public entity has no principal office, at a place designated by the governmental body. The governmental body shall provide notice in a consistent fashion for all its meetings.

Notice

- Issues:
 - Form of notice?
 - Days in advance?
- Notice must be published on Alaska Online Public Notice System (AS 44.62.175(a)).
- Radio PSAs + biannually published schedule of meeting dates = okay
1992 Op. Att’y Gen. (Dec. 30) (Jerry Covey)
 - Note: post-1994 amendments expressly allow for print *or* broadcast notice.
- How much notice?
 - No bright line in statute
 - 1992 AG Opinion: *minimum* 3 days’ notice for previously unscheduled, unannounced meetings. *Id.*
- Make meeting agenda available to the public
1986 Op. Att’y Gen. (July 17) (Marvin Weatherly)

Timing of Notice

- Agency should be consistent in the timing and manner of public meetings
- General rule is at least a week, but in appropriate circumstances a shorter period may be acceptable
 - Response to legislative inquiries
 - Litigation matters
 - Time-sensitive personnel or financial matters

What is “Reasonable Public Notice”?

- Contains date, time and place of meeting, including teleconferencing information
- Posted on AOPNS, at the agency’s offices, and optionally publicized in print and broadcast media
- Email and physical mailing lists are common
- Objective is to reach as many interested persons as possible

Government Meetings Public- Exceptions in Statute

- AS 44.62.310(d) :

(d) This section does not apply to

(1) a governmental body performing a judicial or quasi-judicial function when holding a meeting solely to make a decision in an adjudicatory proceeding;

(2) juries;

(3) parole or pardon boards;

(4) meetings of a hospital medical staff;

(5) meetings of the governmental body or any committee of a hospital when holding a meeting solely to act upon matters of professional qualifications, privileges, or discipline;

(6) staff meetings or other gatherings of the employees of a public entity, including meetings of an employee group established by policy of the Board of Regents of the University of Alaska or held while acting in an advisory capacity to the Board of Regents;

(7) meetings held for the purpose of participating in or attending a gathering of a national, state, or regional organization of which the public entity, governmental body, or member of the governmental body is a member, but only if no action is taken and no business of the governmental body is conducted at the meetings; or

(8) meetings of municipal service area boards established under [AS 29.35.450--29.35.490](#) when meeting solely to act on matters that are administrative or managerial in nature.

Executive Session and Privileges

Executive Session

AS 44.62.310(b) If permitted subjects are to be discussed at a meeting in executive session, the meeting must first be convened as a public meeting and the question of holding an executive session to discuss matters that are listed in (c) of this section shall be determined by a majority vote of the governmental body. The motion to convene in executive session must clearly and with specificity describe the subject of the proposed executive session without defeating the purpose of addressing the subject in private. Subjects may not be considered at the executive session except those mentioned in the motion calling for the executive session unless auxiliary to the main question. Action may not be taken at an executive session, except to give direction to an attorney or labor negotiator regarding the handling of a specific legal matter or pending labor negotiations.

What Can you Discuss in Executive Session

- AS 44.62.310(c) :
- (c) The following subjects may be considered in an executive session:
- (1) matters, the immediate knowledge of which would clearly have an adverse effect upon the finances of the public entity;
- (2) subjects that tend to prejudice the reputation and character of any person, provided the person may request a public discussion;
- (3) matters which by law, municipal charter, or ordinance are required to be confidential;
- (4) matters involving consideration of government records that by law are not subject to public disclosure.

Privileges and Confidential Materials

- Attorney client- falls under AS 44.62.310(c)
- Deliberative Process
- Confidential Materials

Executive Sessions

- As a matter of policy, should be used infrequently
- Matter to be discussed must be specifically described in public, without compromising the need for confidentiality
- Board must affirmatively vote to go into executive session
- No action may be taken in executive session, except to provide direction to an attorney in a specific legal matter

Subjects for Executive Session

- Matters the immediate knowledge of which would have an adverse effect on the finances of the agency
- Matters that tend to prejudice the reputation and character of any person, except that the person may request a public discussion
- Matters that are by law confidential
- Matters involving consideration of government records that by law are not subject to public disclosure

Actions Taken and Violations

What is an action under the Act?

- Action is not expressly defined, but we get some ideas of what it means from the statute.
- AS 44.62.310(d)(7) (in the context of out of scope activities): meetings held for the purpose of participating in or attending a gathering of a national, state, or regional organization of which the public entity, governmental body, or member of the governmental body is a member, but only if no action is taken and no business of the governmental body is conducted at the meetings.
- AS 44.62.310(b) (in the context of executive sessions): Action may not be taken at an executive session, except to give direction to an attorney or labor negotiator regarding the handling of a specific legal matter or pending labor negotiations.

What is action (2)?

- 310(h)(1) (definition of governmental body): ...body of a public entity with the authority to establish policies or make decisions for the public entity or with the authority to advise or make recommendations to the public entity...

Advice or recommendations is action

- Bodies providing advice or recommendations are within scope of the Act:
 - 1986 AG Opinion found the Placer Mining Advisory Group in scope, which is group of public members (miners, environmentalists) advising state government
 - 1985 AG Opinion found an advisory committee (public and state employees) tasked with evaluating construction bids for aesthetics and making recommendations
 - But, advisory group to the Board of Regents, University of Alaska is out of scope.
- However, note there are no remedies for advice or recommendations made in breach of the Act.

Action taken contrary to Act is Voidable

- 310(f):
 - Requirement for court filing within 180 days of action
 - No naming of member of body in personal capacity
 - Body may cure by holding another meeting, however must conduct a substantial and public reconsideration of the matters considered. (there is case law on this point)
 - Court is given 9 factor balancing test – must weigh (a) public interest in compliance with Act against (b) harm that would be caused to the public interest and to the public entity by voiding action.
 - Curing a violation can take place before or after action is voided

HYPOTHETICALS

I. The AMHTA Board of Trustees schedules a meeting over a two-day period. At the conclusion of day 1 of the Board meeting, the Board is in the middle of discussing a resolution for Board approval, but it fails to finish and vote on the resolution. The vote on the resolution will occur on the next day at the Board meeting. After the session, 4 Trustees go out for a bite to eat. Can they discuss the resolution at dinner?

Hypotheticals continued.

II. The Alaska Medical Licensing Board consists of 7 members appointed by the Governor to develop criteria for medical providers (i.e., doctors, nurses, etc.) in the areas of ethics, performance and professional standards; to determine eligibility for medical licenses in the state and to sanction doctors for failure to meet the standards established by the MLB. Sanctions can consist of license suspension and revocation. Dr. A. Butt, a gastroenterologist, has been charged with violating various standards and comes before the MLB for a disciplinary hearing that may result in the revocation or suspension of his license.

a) Must the MLB meet in a public meeting to decide the discipline?

Hypotheticals continued

III. Five AMHTA Board members are stuck on an elevator on their way to a Trustee meeting and while stuck start to discuss generally mental health treatment issues.

a) Is this a meeting that the Act applies to?

Conclusion

- As a governmental body, AMHTA is expected to operate in public whenever possible
- When in doubt, ask for legal advice before acting
- Questions?

Statutes, Regulations, and Charters

The Alaska Mental health Trust Authority operates in accordance with the statutes as approved by the Alaska Legislature and the regulations and bylaws as approved by the Trust.

Statutes

- AS 37.14.001 – 13.14.099 Special Funds, mental health trust
- AS 47.30.011 – 47.30.061 Alaska Mental Health Trust Authority
- AS 38.05.801 Management of mental health trust land
- **AS 44.62.310 – 44.62.319 Open Meetings Act**

Regulations

- [20 AAC 40](#): Updated 2016

Bylaws

- [Bylaws](#): Adopted October 2017

Policies

- [Asset Management Policy Statement Aug 2019](#)

Statutory Advisor Update

- **Alaska Mental Health Board /
Advisory Board on Alcoholism &
Drug Abuse**
- **Alaska Commission on Aging**
- **Governor's Council on Disabilities
and Special Education**



Alaska Mental Health Board and Advisory Board on Alcoholism and Drug Abuse

Presentation to the Alaska Mental Health Trust

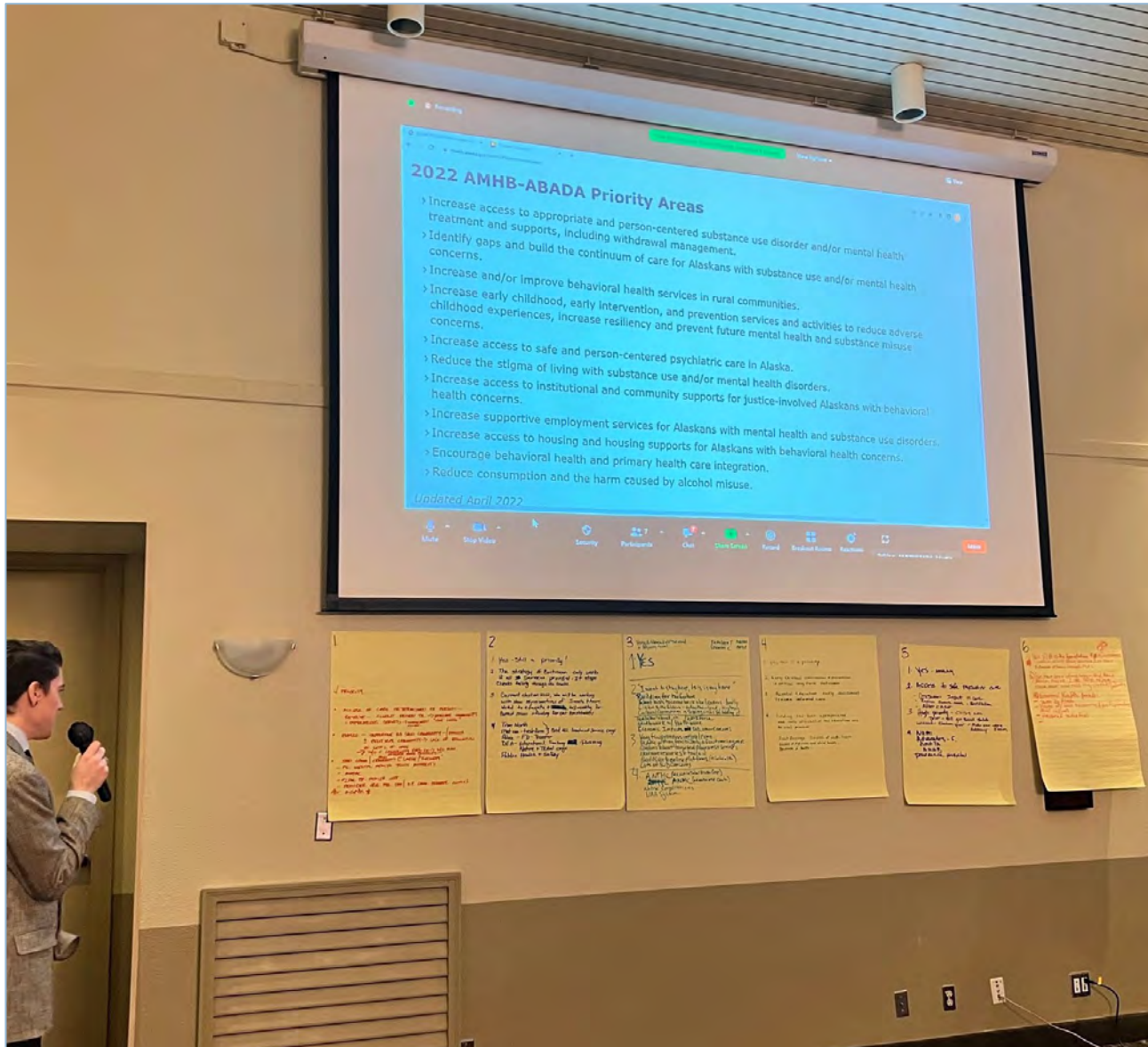
November 2022

Presentation Topics

- AMHB/ABADA Legislative Priorities
- Program and Planning Updates
- Emerging Issues

Who We Are

- The Alaska Mental Health Board (AMHB) and the Advisory Board on Alcoholism and Drug Abuse (ABADA) are statutorily charged with advising, planning and coordinating behavioral health services and programs funded by the State of Alaska.
- The Boards are also tasked with evaluating federal and state laws concerning mental health, alcohol, and other drug and substance misuse prevention and treatment services.
- The Boards are comprised of Governor-appointed citizen volunteers and non-voting state agency representatives.
- AMHB and ABADA work together to advocate for programs and services that promote healthy, independent, productive Alaskans.



Legislative Priorities FY23 *

* almost finalized....

AMHB/ABADA Legislative Priorities

- Increase access to appropriate and person-centered substance use disorder and/or mental health treatment and supports, including withdrawal management.
- Identify gaps and build the continuum of care for Alaskans with substance use and/or mental health concerns.
- Increase and/or improve behavioral health services in rural communities.
- Increase early childhood, early intervention, and prevention services and activities to reduce adverse childhood experiences, increase resiliency and prevent future mental health and substance misuse concerns.
- Increase access to safe and person-centered psychiatric care in Alaska.

Legislative Priorities (Continued)


- Reduce the stigma of living with substance use and/or mental health concerns.
- Increase access to institutional and community supports for justice-involved Alaskans with behavioral health concerns.
- Increase supportive employment services for Alaskans with mental health and substance use concerns.
- Increase access to housing and housing supports for Alaskans with behavioral health concerns.
- Encourage behavioral health and primary health care integration.
- Reduce consumption and the harm caused by alcohol misuse.



Program and Planning Updates

Joint Planning Activities


- Joint Advocacy Network
- HB 172 Legislation and Report
- Suicide Prevention
- Mini-Grant Application Review
- Psychiatric Care Subcommittee
- Comprehensive Integrated Mental Health Program Plan



Crisis Stabilization for Behavioral Health Crisis

House Bill 172 offers a “no wrong door” approach to providing medical care to a person in mental health or substance use crisis by enhancing options for law enforcement and first responders to efficiently connect Alaskans in crisis to the appropriate level of care. HB 172, which passed in 2022, adds additional levels of care for crisis stabilization, and expands access by enabling approved crisis residential facilities to facilitate 72-hour psychiatric evaluations. It defines crisis care facility types and addresses who can deliver individuals to crisis facilities.

CRISIS STABILIZATION – continued on page 2



The House Finance Committee heard bills and budget items throughout the 2022 legislative session that impact Trust beneficiaries—people with mental illness, substance use disorders, intellectual/developmental disabilities, including fetal alcohol spectrum disorders, Alzheimer's disease/dementia, and traumatic brain injury. An advocate is pictured testifying during public testimony on the state budget. Photo courtesy of House Majority Press.

Telehealth Improvements for Alaskans with Disabilities, Dementia, Mental Health and Substance Use Disorders

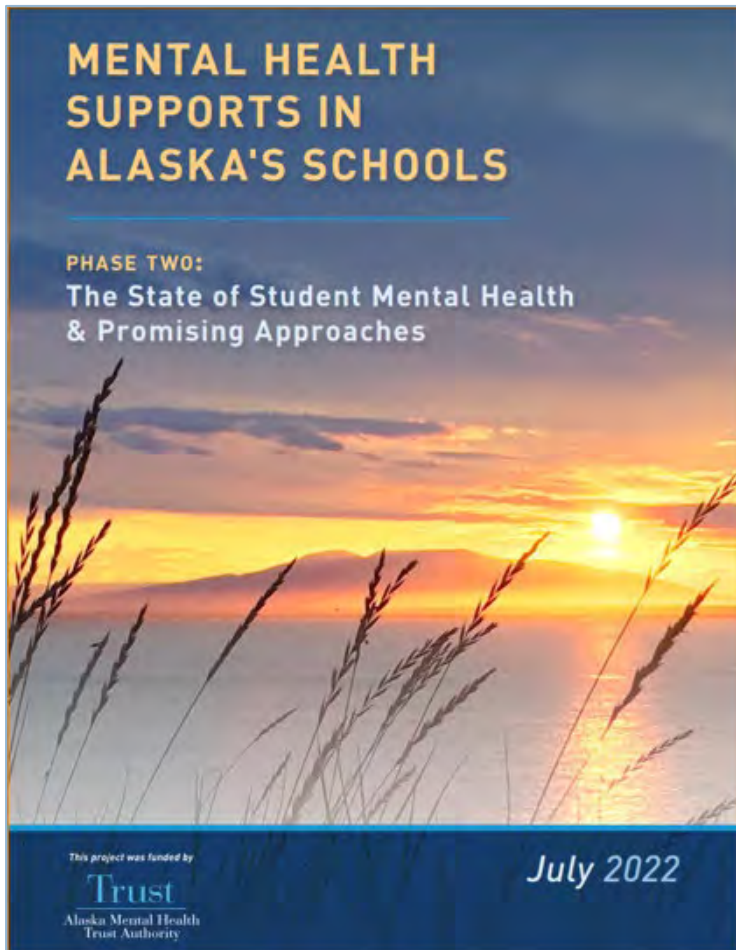
Restrictions for using telehealth for healthcare were relaxed during the state and federal public health emergencies for COVID-19 response. This allowed Alaskans to receive primary medical and behavioral health care by video conferencing, telephone, and online platforms. House Bill 265, which passed in 2022, allows some of these telehealth flexibilities to continue by establishing permanent regulations allowing healthcare to be conducted by telephone or Internet, waiving in-person visits in some cases, and allowing follow-up visits from established medical providers from other states.

TELEHEALTH – continued on page 2

INSIDE THIS REPORT	
1	Crisis Stabilization
1	Telehealth Improvements
3-4	ABLE Act Improvements, Dementia Awareness, and Alcohol Statutes Updated
5-8	Advocates in Action!
7	Other BILL HIGHLIGHTS
8-13	FY23 State Budget
14	Tips for Getting Involved – CONTACT US
ADDENDUM	EDUCATION MATERIALS – Community-Based Services • Behavioral Health Services • Supportive Housing • Employment • Workforce • Medicaid Health Insurance

JOINT ADVOCACY REPORT – July 2022 (revised2) - 1 -

Joint Planning Activities (Continued)



- Alaska Work Matters Taskforce
- Crisis Now
- Mental Health Supports in Schools-Landscape Assessments
- 1115 Waiver Renewal Stakeholder Engagement
- Disability Justice and Reentry Work

Planning and Program Activities

- Alaska Psychiatric Institute Governing Board
- Traumatic and Acquired Brain Injury Workgroup
- Recover Alaska Advocacy Committee
- Alaska Early Childhood Coordinating Council (AECCC)
- 988- Implementation Team, Sustainability Subcommittee, and Communications Subcommittee
- Zero Suicide Steering Committee
- Behavioral Risk Factors Surveillance Survey (BRFSS) and Youth Risk Behavioral Survey (YRBS) Statewide Advisory Committee
- Recover Alaska- Alaska Prevention of Underage Drinking Workgroup
- Adolescent Behavioral Health Care Workgroup

Planning and Program Activities

- Alaska Statewide Violence and Injury Prevention Partnership
- Drug Overdose Death Review Committee
- State Pain Clinic Closure Plan Committee
- Statewide Opioid Work Group
- Member of Opioid Network Steering Committee
- Member of Advisory Workgroup for Family Services Training Center (FSTC)
- Member of Partnership Access Line – Pediatric Alaska (PAL-PAK) Steering Committee
- Member of the Restore Hope in Linkage to Care Collaboration Program Steering Committee



Emerging Issues of Concern

- Missing and Murdered Indigenous People
- Human and Sex Trafficking
- Economic Inequities
- Grandparents Raising Grandchildren
- Increasingly Complex and Co-Occurring Conditions
- Youth Crisis and Youth Residential Supports
- Eating Disorders
- Domestic Violence



Questions or Comments?

Thank you!

Alaska Mental Health Trust

November 16, 2022



Alaska Commission on Aging

Alaska Department of Health

Commission Members

Bob Sivertsen, Public Member, Chair, Ketchikan

Paula Pawlowski, Public Member, Anchorage

Nona Safra, Public Member, Homer

Michael Coons, Public Member, Palmer

Jan Engan, Public Member, Palmer

Bob Pawlowski, Pioneer Home Advisory Board Chair, Anchorage

Pam Samash, Public Member, Nenana

Darlene Supplee, Senior Service Provider, Fairbanks

Anthony Newman, Department of Health, Juneau

Lisa Von Barga, Department of Commerce, Anchorage

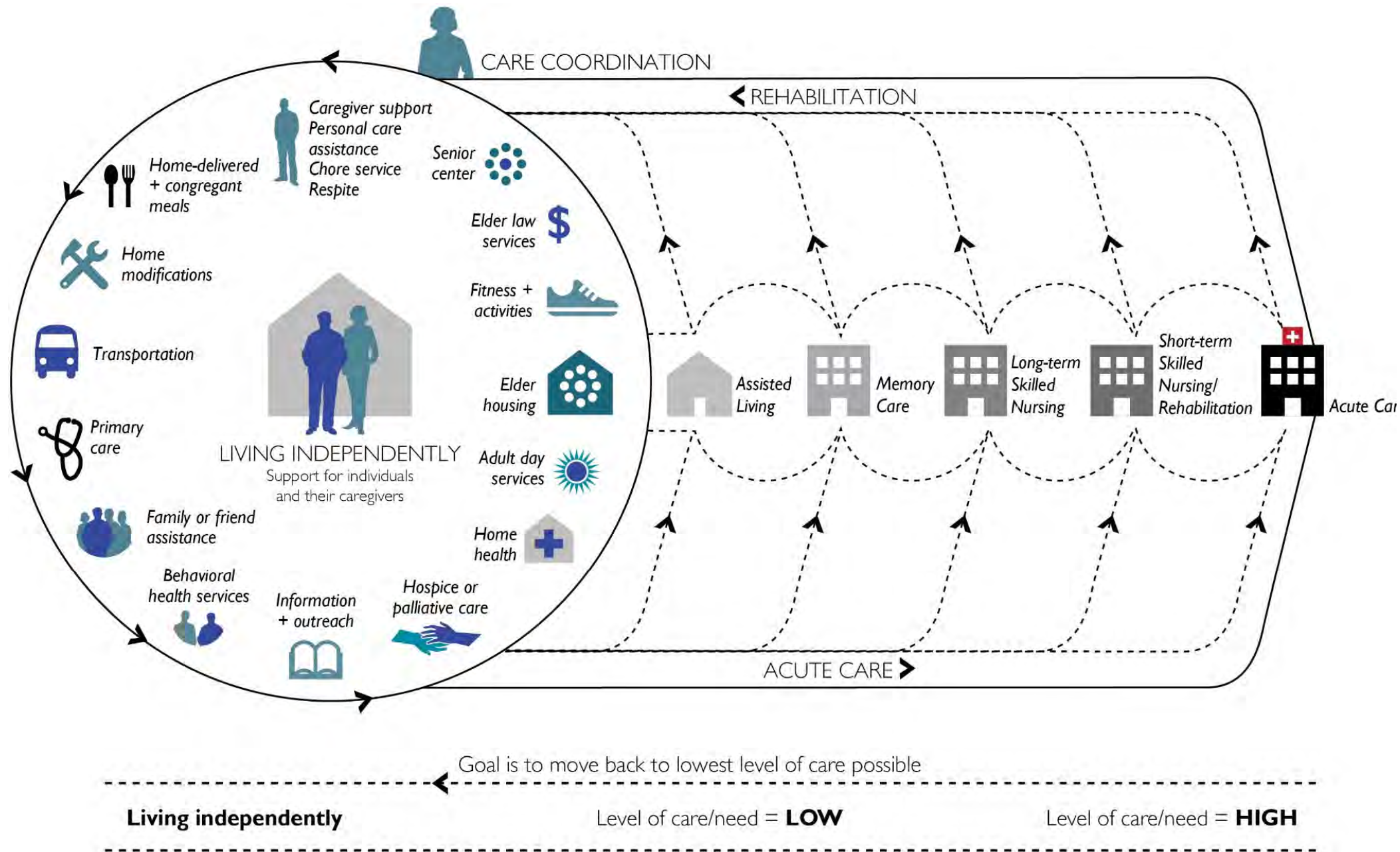
Cheryl LaFollette, Public Member, Fairbanks

The Commission on Aging

“The mission of the Alaska Commission on Aging is to ensure the dignity and independence of all older Alaskans, and to assist them to lead useful and meaningful lives through planning, advocacy, education, and interagency cooperation.”

- Established by Alaska statute in 1981
 - *Advocates* for the needs and concerns of older Alaskans to the Governor, Legislature, Congressional delegation, and the public.
 - *Advises* the Governor, Legislature, Congressional delegation and the public on current and potential programs and services for older Alaskans and their caregivers.
 - *Provides recommendations* to the Alaska Mental Health Trust Authority on programs and services to improve the lives of senior Trust beneficiaries

Long-term Continuum of Care for Seniors



Presentation Outline

- ACoA Updates
- Demographic Trends
- Listening Sessions
- State Plan for Seniors Services
- Survey Data and Plan Timelines
- Rural Outreach - Marty Lange



Updates

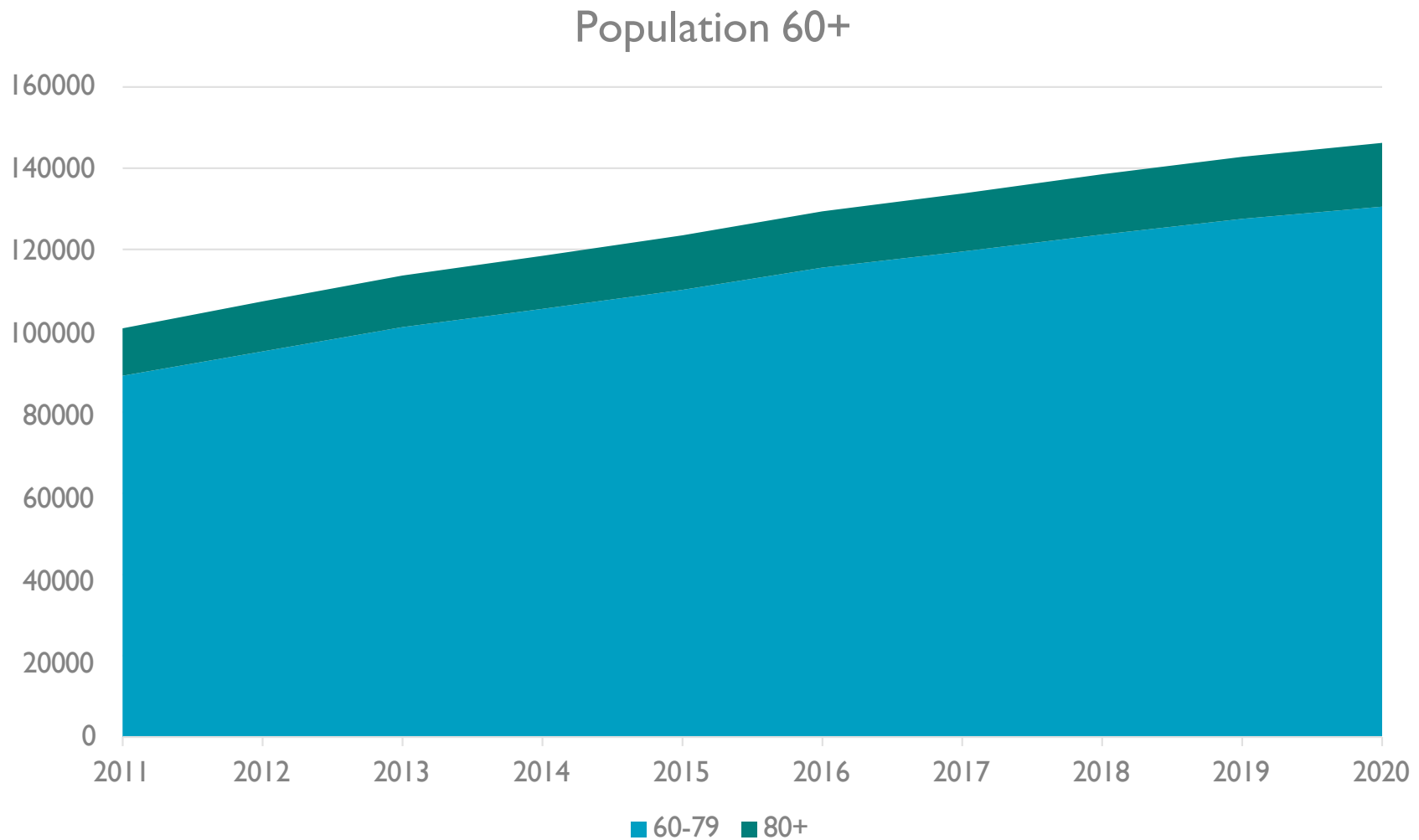


- Fairbanks meeting (and listening sessions) in May of 2022
- Southeast in September of 2022
- Anchorage and Mat-Su Listening Session in October of 2022
- Kodiak Listening Session in November of 2022
- New Rural Outreach Coordinator

Alaska's Senior Population

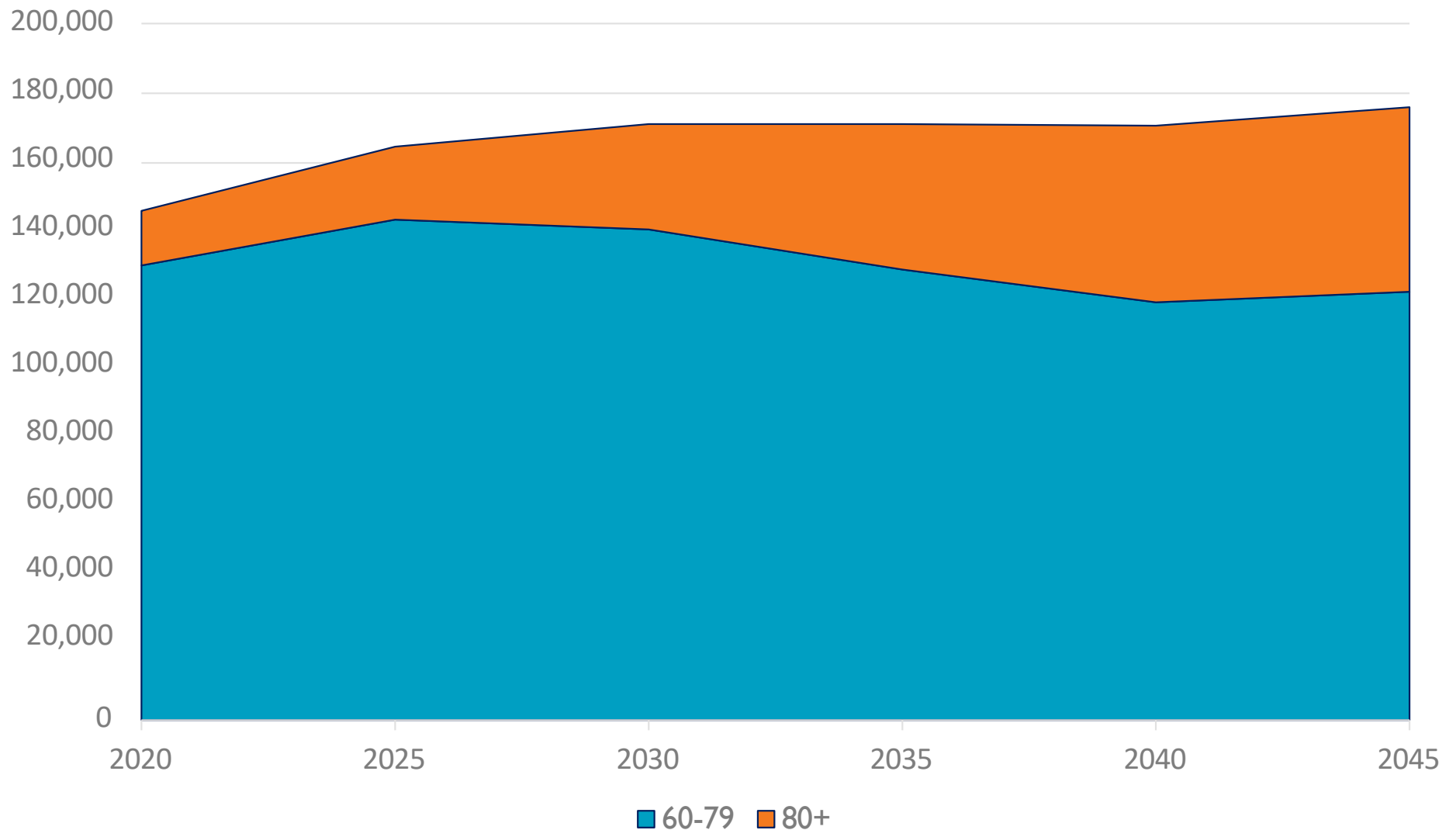
- Alaska has the fastest growing senior population per capita in the nation
- Alaska's senior population increased 56% between 2010 and 2021
- Almost 20% of Alaskans are aged 60 and over
- The proportion of Alaskans 80+ years is expected to grow over the next several decades

2010-2020 Senior Population



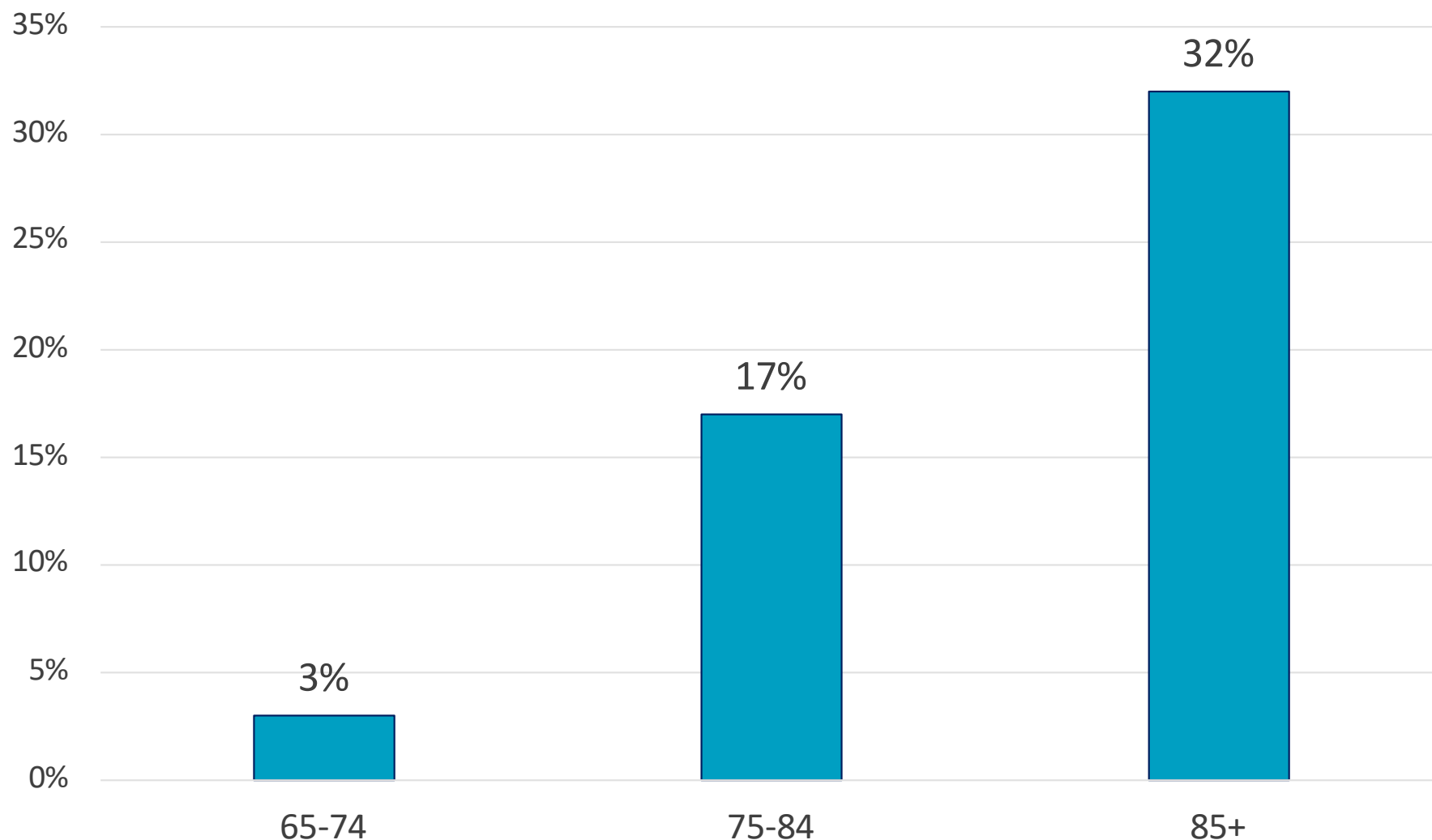
Source: Alaska Department of Labor and Workforce Development: Alaska Population by Age, Sex, Race (Alone or in Combination) and Hispanic Origin

Senior Population Projection



Alaska Department of Labor and Workforce Development Population Projections through 2045

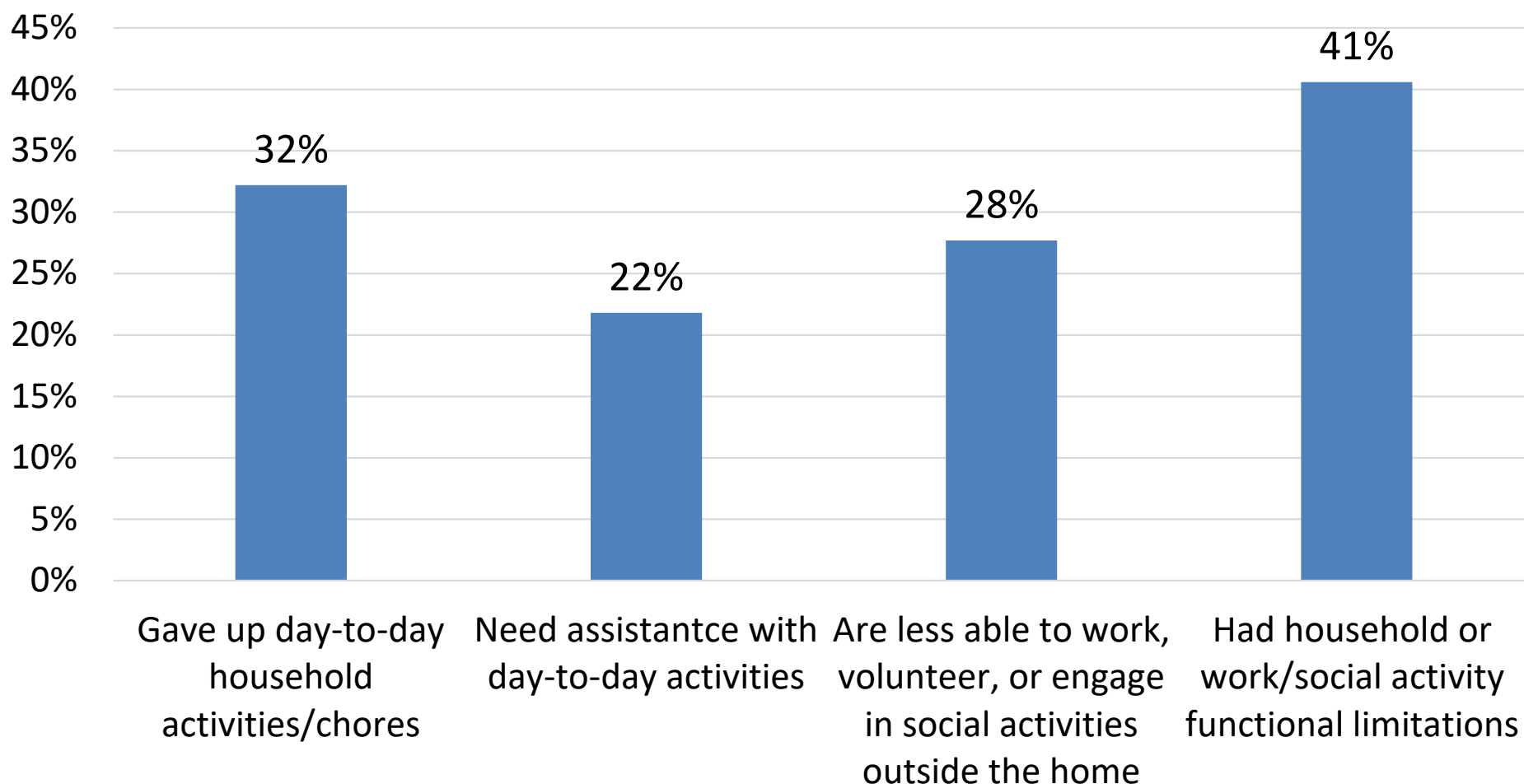
Rates of Alzheimer's Disease Increases with Age



Source: Alzheimer's Association, 2019 Alzheimer's Statistics Facts and Figures Report. Projections. Note: Estimates do not include the related dementia that is not considered Alzheimer's.

Potential Impacts of ADRD

People 60+ with subjective cognitive decline (SCD) reported that due to their SCD they:



Top 5 Areas of Concern

- Senior housing
- Cost and availability of assisted living
- Help with shopping and chores
- Transportation
- Availability of health care with geriatric training

Older American's Month – Communities of Strength

Alaska Commission on Aging – Listening Sessions – May 5, 2021

Please share an example of how seniors on the Kenai Peninsula have demonstrated they are **Communities of Strength**!

1. Thinking about the past year:

- a. what are some positive things that happened?
- b. what are some challenges you, your friends and family have experienced?
- c. what resources and assistance did you receive? how was it helpful?
- d. what additional assistance would have been helpful?

2. Which areas should be our focus over the next 5 years?

- | | |
|-----------------------------|-----------------------------------|
| Food insecurity | Opportunity for physical activity |
| Housing | Cost of Assisted Living |
| Caregiver support | Availability of Senior Housing |
| Loved one with dementia | Home Maintenance |
| Transportation | Home Modifications |
| In-home support | Help with Medicare |
| Availability of health care | Elder Abuse |
| Information about resources | Help with shopping and chores |
| Personal Income | Loss of vision |
| Job Opportunities | Loss of hearing |
| Substance Abuse Treatment | Opportunity for physical activity |
| Mental Health Treatment | |
| Raising Grandchildren | |

Fairbanks Listening Sessions 2022

Top areas of concern:

1. Transportation services
2. Affordable housing
3. Support services (in home)
4. Availability of assisted living
5. Food insecurity / physical activity



Mat-Su Listening Sessions 2022

Top areas of concern:

1. Transportation services
2. Affordable housing
3. Access to information
4. Inflation
5. Food insecurity / physical activity



Anchorage Listening Sessions 2022

Top areas of concern:

1. Affordable housing
2. Support services (in home)
3. Transportation services
4. Cost of living increases (inflation)
5. Financial abuse / exploitation



State Plan for Senior Services: FY24-27

What is the Alaska State Plan for Senior Services?

- Satisfies a federal requirement for all states receiving federal funds under the Older Americans Act for their senior programs and services.
- Vision statement along with a core set of goals, objectives, strategies, performance measures, and an intrastate funding formula.
- Alaska's plan is a four-year comprehensive plan for senior services including: meals, transportation, homemaker and family caregiver, services safety and protection, adult day, senior housing, vocational training, legal assistance, and more.
- The current plan expires on June 30, 2023.

Biden-Harris Administration Priorities and New State Plan Guidance

- COVID-19 Recovery
- Advancing Equity
- Expanding Access to Home and Community Based Services
- Building a Caregiving Infrastructure



State Plan for Senior Services: FY2024 to 2027

Needs Assessment

Senior Survey

- Targeted survey for Alaskans age 55+
- Used to learn about priorities from a senior perspective

Elder Listening Sessions

- Conversations with Seniors and Public Members
- Targeted questions to identify what is and is not working for seniors in Alaskan Communities.

Provider Survey

- Targeted survey for community-based service provider agencies and community health centers
- Demonstrate the needs and considerations of service providers

Senior survey findings in 2022

Please rate the importance of the following concerns based on how much they affect you.

	VERY IMPORTANT	SOMEWHAT IMPORTANT	LESS IMPORTANT
(c) Maintaining physical health	86.66% 4,457	12.66% 651	0.58% 30
(a) Access to health care	85.05% 4,382	12.97% 668	1.75% 90
(b) Financial security	83.54% 4,279	14.10% 722	2.11% 108
(f) Having enough food to eat	62.50% 3,203	22.95% 1,176	14.40% 738
(d) Fuel costs	60.97% 3,118	28.47% 1,456	10.13% 518
(g) Affordable and accessible housing	58.31% 2,981	21.87% 1,118	18.88% 965

Senior survey findings in 2022

What service(s) do you believe are needed in your community?

	VERY IMPORTANT	SOMEWHAT IMPORTANT	LESS IMPORTANT
(c) Health Care Services	84.25% 4,077	12.77% 618	2.23% 108
(e) Affordable and accessible housing	70.36% 3,400	20.36% 984	8.03% 388
(i) Services for seniors with dementia and support for their families	64.76% 3,122	25.22% 1,216	7.53% 363
(j) Senior protection	64.28% 3,084	24.84% 1,192	8.69% 417
(d) Transportation	60.68% 2,923	30.23% 1,456	8.32% 401

Provider Survey 2022 - Key Findings

Top five issues facing seniors and their families:

- Independent living senior housing
- Assisted transportation
- Assisted living services
- Homemaker assistance

Biggest roadblocks to providers:

- Workforce shortages
- Senior population growth
- Lack of sufficient funding
- Overcoming setbacks from the pandemic

Funding Formula

Allocates Older American Act federal funding within the state for home and community-based services, which is directed to older people with the greatest social and economic need:

- Food and meals
- Transportation
- Caregiver assistance

Five Weight Factors

Component	Definition	Current Weighting
1. Total Senior Population Factor	Age 60+	12.5
2. Minority Factor	Nonwhite and/or Hispanic	12.5
3. Poverty Factor	Below 175% of the Alaska Poverty Level	27.5
4. Frail Factor	Age 80+	25
5. Rural Factor	Urban: MOA, FNSB, MSB Rural: CBJ, KGB, KPB, KIB Remote: Everything else	urban (0), rural (11.25), and remote (22.5).

Notes:

- 5.74% is held for statewide programs, including legal and media services
- Actual funding depending on provider capacity

3.15.19 data	60+ 2017	80+ 2017	Min 2017	Pov 2017	Rural	State General Fund (5-Factor)		Base Allocation of Federal Funding		Total
Weight Factors	12.5	25	12.5	27.5	22.5	\$2,364,691		\$4,770,743		\$7,135,434
						less Reg10	\$2,228,957.74		\$4,496,902.35	
Bethel Census Area	2,133	220	1,783		2,133					
Kusilvak Census Area	761	91	711		761					
Region 1 Total	2,894	311	2,494	484	2,894	4.6%	\$102,782.15	4.87%	\$218,999.14	\$321,781.29
Denali Borough	383	36	63		383					
Fairbanks North Star B	16,135	1,534	2,746		0					
Southeast Fairbanks	1,477	170	278		1,477					
Yukon-Koyukuk	1,165	133	797		1,165					
Region 2 Total	19,160	1,873	3,884	891	3,025	12.8%	\$286,116.58	13.45%	\$604,833.37	\$890,949.95
North Slope	1,096	78	708		1,096					
Region 3 Total	1,096	78	708	32	1,096	1.5%	\$33,495.40	1.74%	\$78,246.10	\$111,741.50
Anchorage	49,066	5,769	13,468		0					
Region 4 Total	49,066	5,769	13,468	2,243	0	29.7%	\$661,060.57	26.35%	\$1,184,933.77	\$1,845,994.34
Kenai Peninsula	14,526	1,547	1,521		7,263					
Valdez-Cordova	1,875	138	435		1,875					
Region 5A Total	16,401	1,685	1,956	984	9,138	15.1%	\$337,532.76	15.15%	\$681,280.71	\$1,018,813.47
Matanuska-Susitna	18,210	1,827	1,975		0					
Region 5B Total	18,210	1,827	1,975	1,118	0	9.9%	\$220,044.50	9.51%	\$427,655.41	\$647,699.91
Aleutian Islands East	396	20	339		396					
Aleutian Islands West	811	27	626		811					
Region 6 Total	1,207	47	965	96	1,207	1.7%	\$38,905.60	0.98%	\$44,069.64	\$82,975.25
Bristol Bay Borough	204	15	105		204					
Dillingham	748	82	587		748					
Kodiak Island	2,271	208	1,013		1,136					
Lake and Peninsula	251	20	172		251					
Region 7 Total	3,474	325	1,877	233	2,339	4.0%	\$89,720.18	7.93%	\$356,604.36	\$446,324.54
Nome Census-Area	1,227	113	941		1,227					
Northwest Arctic	904	119	734		904					
Region 8 Total	2,131	232	1,675	266	2,131	3.3%	\$72,718.96	4.31%	\$193,816.49	\$266,535.45
Haines Borough	779	94	117		779					
Juneau Borough	6,311	644	1,413		3,156					
Ketchikan Borough	3,081	378	828		1,540					
Prince of Wales	1,493	114	621		1,493					
Sitka Borough	1,955	288	562		1,955					
Skagway	242	17	20		242					
Hoonah-Angoon	649	57	265		649					
Petersburg	864	85	126		864					
Wrangell	748	84	150		748					
Yakutat Borough	147	19	89		147					
Region 9 Total	16,269	1,780	4,191	614	11,573	17.3%	\$386,581.03	15.71%	\$706,463.36	\$1,093,044.39
Totals	129,908	13,927	33,193	6,961	33,403	100.00%	\$2,228,957.74	100.00%	\$4,496,902.35	\$6,725,860.09
Region 10 Statewide						165 Reg 10	\$135,733.26		\$273,840.65	\$409,573.91
							5.74%		5.74%	

Moving Forward

Identify SPA Advisory Committee Members

Set Meeting Schedule

Senior Needs Assessment

Develop recommendations for Needs Assessment

Approval of Needs Assessment

Distribution and Data Collection

Input Data

Analyze Data

Present Data from Listening Sessions & Needs Assessments

Develop Goals and Objectives

Address Strategies and Performance Outcomes

Funding Formula

Review Current Funding Formula: Census Data, Regions, Definition for various Factors, Assign Weights to Factors, Distribution of Federal and State Funds

Martin (Marty) Lange



20 years working alongside Latin American Indigenous Groups





GOVERNOR'S COUNCIL ON DISABILITIES AND SPECIAL EDUCATION

Trust Meeting Update

Patrick Reinhart, Executive Director

November 22, 2022

Council Member News

Chair: Heidi Lieb-Williams

Vice Chair: Jena Crafton

New Council Members:

- Caitlin Poindexter, Charisse Millett, Ken Hamrick, Laura Allen, Tony Newman, Sabrina Richmond,

Council Meetings

- Retreat and Special Board Meetings
- Feb 14-16 Juneau
- May: TBD
- October



8th Annual Disability & Aging Summit

Hybrid: Approximately 100 attendees

Other Presentations:

- Elder Panel
- Legislative Panel
- Assistive Technology update
- Aging Process
- Elder Abuse

8TH ANNUAL DISABILITY & AGING SUMMIT

OCTOBER 4-5, 2022



**JOIN US IN PERSON AT THE
SPECIAL OLYMPICS ALASKA
SPORTS, HEALTH AND WELLNESS
CENTER OR ON ZOOM!!**

[REGISTER HERE TODAY!](#)

TOPICS INCLUDE:

- A keynote from Ronnie Reynolds, LPC, on mental health and dementia with the IDD population, discuss mental health vs. mental illness, and the challenges the IDD population face as they age have been made harder with the impact of COVID-19
- Positive Approach to Care, Building Resilience, Assistive Technologies, Elder Abuse, Elder Panel, Legislative Panel and more!

COFFEE CHATS AND FOOD TRUCKS!

- Join us early on Tuesday and Wednesday (in person and on Zoom) and connect with other self advocates and professionals in the field.
- Food trucks will be available on site for in person attendees during lunch hours!



**PRESENTED BY:
THE ALASKA DISABILITY AND AGING COALITION**

Community Inclusion, Supports, and Services Committee (CISS)

- ***Importance of:***
- **Environmental Modifications and Enabling Technologies**
- **Direct Service Professional (DSP)** – importance of DSPs for HCBS
 - Living wage
 - Letter on HCBS Rebasing
- **Self Directed Waivers**
- **Marriage Penalty**



Intellectual and Developmental Disability (I/DD) Registry

- **I/DD Registry:** 423 individuals, 254 of whom are active on the ISW waiver
- **ISW Waiver:** 553 individuals on, or offered a spot
- **I/DD Waiver:** 2,075 individuals on, or offered a spot on the IDD waiver
- **IDD Draws:** For FY23 – 33 for the I/DD waiver, 80 for the ISW waiver
- Approx. as of October 26, 2022

Self Advocacy and Leadership Committee

- Council members attended the Independent Living and Trust conferences, and Trust pre-conference trainings.
- Council chair and Vice-Chair attended the NACDD conference in person over the summer.
- Both advocated before ACL in person that GCDSE was compliant with the DD Act under current structure.

The **advocacy** and **leadership** by GCDSE Council members and staff regarding the DD Act Compliance matter

WORKED!



Self Advocacy and Leadership Committee

- Council members attended the Bill signing to repeal Subminimum Wage statute.
- Empower Hour is back on schedule after year hiatus.
- Upcoming committee activity Legislative Advocacy Training (to complete with Legislative Committee).
- Self-Advocacy Resource and Technical Assistance Center (SARTAC):
<https://www.selfadvocacyinfo.org/>

Peer Power: Empower Hour

- Empower Hour was added to the Council 5-year plan as a Key Activity.
- GCDSE worked with Peer Power to update their contract to address matters related to this project.
- Empower Hour resumed on October 20th, 2022.
 - Participants were excited about the opportunity to be paid to facilitate.
 - Voting was a big topic.
 - Video on ranked choice voting as shared by DLC.

Peer Power: Empower Hour

- Statewide Monthly meetings of self-advocates
- They choose subject matter and speakers
- Self-advocates paid to lead or co-lead events
- Council is contracting with Peer Power to run these

PEER POWER ALASKA
PRESENTS

Empower Hour

20
OCTOBER
2022

7-8PM

For the zoom link, please email peer Power at
peerpower907@gmail.com

Goals:

- To help people with disabilities get to know each other.
- To provide a safe space for people to share difficult things and learn from each other.
- To increase the awareness of people with disabilities about opportunities.
- To have fun.

If you have any questions, please call Ric Nelson at (907) 777-0195

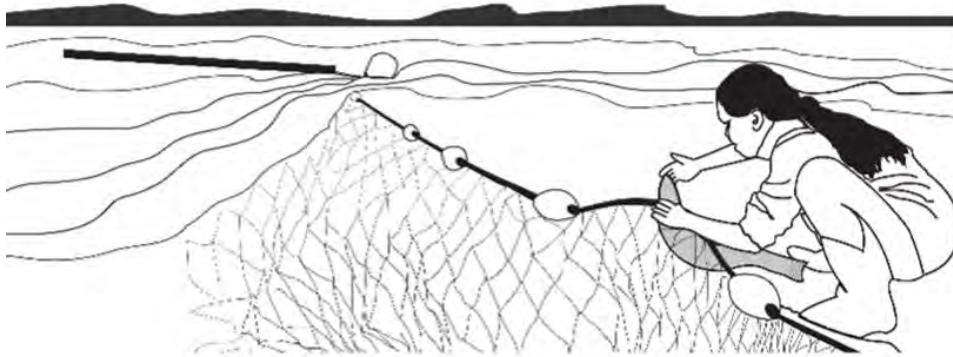
This project was supported, in part by grant number 80DNQ0005-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

Special Education Service Agency (SESA)

- Established 1986, the SESA Council serves as governing Board servicing the entire state of Alaska. They have been reauthorized for 8 more years.
- They host quarterly meetings in their new building in Midtown Anchorage, which includes a lending library.
- Specializes in low incidence disabilities
 - Autism
 - Deaf and hard of hearing
 - Vision impairment
 - Emotional disabilities
 - Multiple disabilities



Alaska Traditional Transitions Curriculum



Nova Picks a Fish graphic by Rain Van Den Berg, based on photo by Robyn Chaney.

A project funded full or in part by the Alaska Mental Health Trust Authority

The curriculum focuses on teens and young adults with disabilities who live in rural Alaska to

- Improve the quality of life
- Connection to local community
- Increase work related skills

Alaska Traditional Transitions Curriculum

The curriculum provides tools teachers can use to incorporate traditional values and knowledge into Individual Education Plans (IEPs) and Transition Plans.

Each curriculum chapter ties to:

- The cultural values and topics from a specific region of Alaska
- Skills that can be used and adapted throughout the state.



Alaska Traditional Transitions Curriculum

Courses Offered

- Financial Literacy and Self-Employment Skills
- Introduction to Dene Athabaskan Beading
- Indigenous Leadership Skills
- Introduction to Traditional Carving
- Salmon: Our Way of Life
- Set-Net Fishing Skills and Cold-Water Safety Skills
- Stewardship and Harvest on the Land
- Traditional Iñupiaq Sewing
- Winter Safety on the Land

Source: You ANTHC Boating Safety PSA <https://www.youtube.com/watch?v=HVDqunmwwn4>

Alaska Traditional Transitions Curriculum

GCDSE seeks to:

- Provide education and outreach by disseminating curriculum across the state.
- Collaborate with curriculum author and partners to provide statewide trainings to parents, guardians, students, teachers, and others.
- Engage with UAA-CHD to develop long term plan for authentic rural transitions for students with disabilities series.
- Develop a pilot using the curriculum, develop and administer surveys to establish a baseline data to measure progress.

Special Education Advisory Panel (SEAP)

- Required under IDEA part B
- Support and Advise DEED
 - Unmet needs
 - Evaluation and data reporting
 - Corrective action plans
 - Developing and implementing policy
- Almost entirely new panel (all but 2 members)
- Training from TAESE (Technical Assistance for Excellence in Special Education)
- Held first meeting in 21 months on October 4, 2022

Interagency Coordinating Council (ICC)

- Required under IDEA Part C
- Support and advise EI/ILP
 - Identify sources of fiscal and other support; promote interagency agreements
 - Collaborate with EI/ILP on transition of toddlers w/disabilities to preschool and other appropriate supports
 - Developing and implementing policy
- Meet's minimum quarterly
- Chair is self-advocate

Intervention/Infant Learning Program (ILP) Success Story



Employment Committee

- Support and monitoring of Project SEARCH sites in Anchorage, Fairbanks and Matsu;
- Keeping up with Employment Transitions for adults and youth;
- Adding new sections to the Rural Transition Curriculum
- Monitoring DB 101 website and determining its value
- Micro Enterprise Grants (one review just held; one more in the spring)
- Review and push for repeal of any employment regulations limiting persons with I/DD operating micro businesses living in group homes



Work Matters Task Force Report

- Presentations and discussions with multiple Department Commissioners, and their leadership team:
 - Commissioner Ledbetter, Department of Labor and Workforce Development
 - Commissioner Crum, Department of Health
 - Department of Administration, Division of Personnel Services
- Presentation to the Trust in January
- Hopefully, presentation to new Legislature
- Ad Hoc group moving recommendations forward to include DVR, Labor, GCDSE, SILC, ABADA/AMHB, ACoA, DVR, DBH and Trust

2022 Statewide Independent Living Council (SILC) Conference

- The Governor's Council on Disability and Special Education (GCDSE) worked in collaboration with multiple agencies to plan and host the 2022 SILC Conference.
 - **Michael Christian** – Statewide Independent Living Council (SILC)
 - **Duane Mayes** – Division of Vocational Rehabilitation (DVR)
- For the first time, it brought together both independent living and disability employment advocates and service providers.



2022 Statewide Independent Living Council (SILC) Conference

- **GCDSE Staff Presentations**
 - Independent Living History and Future Panel Discussion
 - The Alaska Work Matters Taskforce Final Report – What is it?
 - 2022/2023 Priority Updates from the State Boards
- **Keynotes/Notable Speakers**
 - Arizona Youth Leadership Keynote: Melissa Santora and Youth Leaders
 - Independence Through Employment Keynote: John Evans
 - Employment First Keynote: Bobby Silverstein

Legislative Committee

2023 Advocacy Agenda:

- Continued Discussion and prioritization of 2023 State legislative Issues
- Workforce Issues
- Self-Directed Services
- Day habilitation limits
- Grant Funding to fill in gaps of services
- Community and public transportation

Thank you, any questions?



Audit & Risk Committee Report / Update

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: November 4, 2022
Re: Audit & Risk Committee Report

Meeting Summary:

Since the last board report there has been one meeting of the Audit & Risk Committee, occurring on October 19, 2022. The meeting was attended in person by trustees Kevin Fimon (chair), Rhonda Boyles, Brent Fisher, Anita Halterman and John Sturgeon, and via the online WebEx platform by trustees Vernè Boerner and Agnes Moran.

The October 19 Audit & Risk committee was called to order at 8:30 am and included two items:

Audit Planning Year Ending June 30, 2022: Bikky Shrestha, Assurance Partner, and Vasily Shportko, Director, of the Anchorage BDO office, presented preliminary information on the Trust's FY22 financial audit, noting the audit was "clean" and BDO planned to issue an unmodified opinion. In the audit process there were "significant control deficiencies" that were corrected by the Trust: 1) the FY2022 starting trial balance did not match BDO's FY2021 year-end trial balance, requiring an \$8MM adjustment; 2) the land acreage reported required a reduction of 18,000 acres; and 3) in the process of reviewing the new GASB 87 requirement of presenting the economic value of certain leases, BDO identified a) additional leases for inclusion and b) interest rates stated in many of the leases that could be used in the valuation. Trustees, staff and Messrs. Shrestha and Shportko discussed the purpose of GASB 87. For entities that have opted to lease versus own, this reporting puts on the balance sheet the implied value of an asset and the related financing of leased assets as if the assets were owned. In contrast, the Trust Land Office is a lessor of Trust land, and the financial statements now reflect the value of the lessees' future lease payments and the Trust's lease receivables. It does not affect the fundamental financial health of the Trust.

Risk Management Plan: Aligning with Chair Fimon's strategy to quarterly review aspects of the Trust's risk management plan, staff discussed with Trustees how risk management tools are applied in the Authority Grant process. Chair Fimon framed the discussion by noting not all risk is financial; choices related to strategy and planning can mitigate risks. Steve Williams further focused the discussion on the statutes, charters, regulations, and procedures that the Trust adheres to in the day-to-day implementation of the Trust's plans. Carol Howarth initiated the review with a high-level scan of rules and guidelines that apply to a potential grantee's inquiry as it progresses through the approval process to potential grant award, grant

monitoring and grant completion. Trustee questions and comments included discussion on a) public input on and awareness of Trust's grant making, and how input from advisory boards and community partners is factored into grant making, b) understanding the Trust's approach to building awareness of grant eligibility for new applicants, both for profit and not for profit, and c) improving Trustee understanding of approval limits for staff and trustees, and how performance metrics demonstrate beneficiary focus.

The next scheduled meeting of the Audit & Risk Committee is ***January 6, 2023.***

BDO FY22 Financial Audit

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: November 8, 2022
Re: FY2022 Financial Audit Acceptance

MOTION

The Board of Trustees accepts the Alaska Mental Health Trust Authority Basic Financial Statements and Government Accounting Standards Auditor's Report for the year ended June 30, 2022.

The Trust's auditor, BDO USA, LLP, with completion of its audit for the year ended June 30, 2022, provides trustees with an opinion that the Trust has presented fairly, in all material respects, the financial position of the Trust.

The audited financial statements and notes provide the Independent Auditor's Report, Management's Discussion & Analysis, Basic Financial Statements and Notes, Required Supplementary Information related to the Public Employees' Retirement System (PERS), Government Auditing Standards Auditor's Report, and the Trust's Audit Responses.

Finance Committee Report / Update

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: November 7, 2022
Re: Finance Committee Report

Meeting Summary

There has been one meeting of the Finance Committee since the last board report. It occurred on October 19, 2022. The meeting was attended in person by trustees Brent Fisher (chair), Rhonda Boyles, Kevin Fimon, Anita Halterman, and John Sturgeon and via the online WebEx platform by trustees Agnes Moran and Vernè Boerner. John Sturgeon was excused for the afternoon segment of the meeting.

Board Action Required: *On October 19, 2022 the Finance Committee approved a recommendation to the full board of trustees to transfer Trust funds from the Alaska Permanent Fund Income Account of Trust Budget Reserves to the Mental Health Trust Settlement Income Account. This committee action requires full board of trustees' approval.*

MOTION

The board of trustees approve the Finance Committee's recommendation to authorize the transfer of \$28,420,500 from the Alaska Permanent Fund Corporation Budget Reserve account to the Mental Health Settlement Income Account to finance the FY2023 base disbursement payout calculation. The CFO may fulfill this motion with one lump sum or multiple transfers.

Financial Dashboard

Blain Alfonso, TLO Administrative Manager joined Carol Howarth in presenting the first quarter 2023 financial summary. At this point in the year, expectations were that agency expenditures, grant awards, planned capital projects and TLO revenue would remain on plan: operations were project at \$35.6MM, Icy Cape investments would reach \$7.5MM of the \$10MM authorized, and the TLO would generate \$10.6MM in principal and spendable income. First quarter investment performance of Alaska Permanent Fund Corporation (APFC) managed investments, the majority of the Trust's reportable assets, were not available.

A finalized dashboard incorporating APFC 1st quarter data follows this committee report. Investments managed by APFC and State of Alaska Treasury Division (DOR) had large swings in the first quarter, ending with a \$27.5MM loss. Full year expectations remain for 7% and 5.6% returns for funds managed by APFC and DOR, respectively. Total cash and investments closed the quarter at \$799.8MM. Budget reserves stood at \$131.7MM. After adjusting for commitments, spendable reserves were \$94.2MM. While the 400% reserve target requires \$113.7MM in spendable reserves, the Trust remained in a comfortable position to financially support budget requirements of the next several years despite market volatility.

FY2022 Performance Review

Staff reviewed assets (unaudited) under management, which closed the year down relative to FY2021. Performance of the investments managed by APFC, DOR and the Trust Land Office (TLO), closing at \$857MM in assets under management, were aligned with expectations when viewed from a perspective of long-term trend. The Trust closed the year with \$532 million in Trust principal, up \$33 MM due to \$7.2MM of land principal income and \$26.3MM in earnings reserves contributed during the year. Financial investment earnings were negative \$27MM and negative \$9MM for APFC and DOR, respectively, offset partially by \$10MM in land revenue and \$9MM in CRE investment gains.

Statutory Advisor Update

Valerie Mertz, Acting Executive Director of APFC, joined by Jacki Mallinger, Senior Portfolio Accountant, provided Trustees with an update on Trust principal and budget reserves managed for the Trust. Reviewed were APFC's statutory management obligations to the Trust; and historical perspective of fund values, realized earnings and earnings withdrawals, asset allocation, and total and realized returns. The funds managed by APFC, while generating a negative 1.32% return in FY2022, exceeded the Performance Benchmark of negative 3.24%. Within asset classes, by and large APFC outperformed benchmarks for both 1-year and 3-year investment horizons. It was noted that while markets are down, expect volatility and hold course with a long-term perspective on overall returns.

DOR Treasury Update

Shane Carson, State Investment Officer at DOR, reviewed assets under management: market expectations and performance of cash and budget reserves totaling \$75.7MM at FY2022 year-end. In FY2022, cash, managed within the state's General fund and Other Non-Segregated Investments (GeFONSI) pool, generated a negative 1.47% return, 0.03% below its benchmark. Budget reserves, with a year-end balance of \$51.5MM, posted a negative 13.27% return, 0.14% above benchmark. It was noted that the change in asset allocation effective FY2023 from 60% equity/40% fixed income to 70% equity/30% fixed income added more growth potential to the portfolio, and the increase in risk could be absorbed due to the time horizon for investment.

Staff had subsequent conversation with DOR in follow-up to a question raised about holding cash given short-term investment yields and high volatility in other investments. It was recommended that the Trust maintain its established investment discipline, noting that while

markets as a whole are volatile, the asset classes within funds under management are performing differently—some well, some poorly—at a given point in time.

Payout Approval

Trustees were asked to approve the FY2023 revenue distribution from APFC-managed budget reserves in the amount of \$28,420,500, which is 4.25% of the Trust's principal and budget reserves' average balance over the prior four years. After assurance that the 4.25% had been stress-tested for sustainability, the motion was unanimously approved.

Commercial Real Estate

As follow-up to Trustee action in August 2022 directing Finance Chair Fisher and Steve Williams to provide a recommendation to the board on the management of the commercial real estate portfolio (CRE), trustees were provided with 1) a historical review of the investment intent at inception of the CRE strategy, 2) an overview of investment guidelines in place through the Asset Management Policy Statement, and 3) an update on where the project team (Steve Williams, Jusdi Warner, Carol Howarth and Harvest Capital) is progressing.

The next scheduled meeting of the Finance Committee is **January 6, 2023**.

Alaska Mental Health Trust

YTD & Projected FY2023 Activity
September 30, 2022

FINAL

TRUST EXPENDITURES

Operations	July-Sept	Oct-June	Full Year Projected Total	Approved Budget	Full Year Expected Variance From Plan Above(Below)	Outlook
Administrative Activities						
Trust Authority Office	\$ 791,800	\$ 3,588,525	\$ 4,380,325	\$ 4,430,325	\$ (50,000)	Slightly below plan
Trust Land Office	805,600	4,125,000	4,930,600	4,930,600	-	
Total Admin. Costs	\$ 1,597,400	\$ 7,713,525	\$ 9,310,925	\$ 9,360,925	\$ (50,000)	
Program Activities						
MHTAAR	\$ 949,927	\$ 7,861,373	\$ 8,811,300	\$ 8,811,300	\$ -	On plan
Authority Grants	2,285,812	15,153,888	17,439,700	17,439,700	-	
Total Program Costs	\$ 3,235,739	\$ 23,015,261	\$ 26,251,000	\$ 26,251,000	-	
Total Regular Activities	\$ 4,833,139	\$ 30,728,786	\$ 35,561,925	\$ 35,611,925	\$ (50,000)	

Capital Projects (Budget Reserves)						
	Total Investments Through Sept	Investments Expected Oct-June	Projected Total Invested through FY23	Approved Budget	Remaining Budget	Outlook
Beneficiary Facilities	\$ -	\$ -	\$ -	\$ 3,655,000	\$ 3,655,000	PRI Funds Available
TLODA Projects	3,574,800	3,925,200	7,500,000	10,000,000	6,425,200	Icy Cape Development
Total Special Projects	\$ 3,574,800	\$ 3,925,200	\$ 7,500,000	\$ 13,655,000	\$ 10,080,200	

TRUST RECEIPTS

	July-Sept	Oct-June	Full Year Projected Total	Full Year Plan	Full Year Expected Variance From Plan Above(Below)	Outlook
Trust Land Office						
Trust Land Office-Income	\$ 1,674,200	\$ 1,693,900	\$ 3,368,100	\$ 3,368,100	\$ -	On plan
Trust Land Office-Principal	1,402,200	5,845,600	7,247,800	7,247,800	-	
Total Land Office Activity	\$ 3,076,400	\$ 7,539,500	\$ 10,615,900	\$ 10,615,900	\$ -	
Investment Activity						
Unrealized Earnings on Principal at APFC	(26,825,300)					APFC Total Return Forecast: Lo 0.8%, Mid 7%, Hi 14.1%
Statutory Earnings at APFC	1,587,500					
APFC	\$ (24,537,900)	\$ 85,030,600	\$ 60,492,700	\$ 60,492,700	\$ -	Statutory Return Forecast: Lo 5.1%, Mid 6.4%, Hi 7.95%
DOR Earnings Reserves	(2,981,000)	5,874,600	2,893,600	2,893,600	-	DOR Return Forecast: 5.6%
Commercial Real Estate	354,300	905,700	1,260,000	1,260,000	-	High volatility
GeFONSI Interest	54,600	253,400	308,000	308,000	-	On plan
Total Investment Activity	\$ (27,110,000)	\$ 92,064,300	\$ 64,954,300	\$ 64,954,300	\$ -	GeFONSI Target Return: 2.51%

TRUST RESOURCES

RESERVES & PAYOUT

Trust Cash & Investments	September 30		September 30
Mental Health Trust Fund	\$ 532,817,500	Total Reserves	\$ 177,440,571
APFC-Managed Non-Spendable Reserves	44,380,400	Total Available Reserves	131,660,200
APFC-Managed Spendable Reserves	83,137,500	TLODA Allocation	(5,360,000)
Total APFC Managed Funds	\$ 660,335,400	Beneficiary Facilities Allocation	(3,655,000)
Trust Reserves at DOR	48,522,700	Estimated FY23 Payout	(28,420,500)
Commercial Real Estate Investments	73,394,100	Available Reserves	\$ 94,224,700
Total Investments	\$ 782,252,200		
Trust Authority Development Account	1,237,800	Reserve Target: 400% Payout	\$ 113,682,000
Central Facility Fund	1,336,900	Available Reserves as a % of Payout	332%
Operating Funds	15,018,900	Amount Above (Below) Target	\$ (19,457,300)
Total Resources	\$ 799,845,800		

MEMO

To: Brent Fisher, Finance Committee Chair
Through: Steve Williams, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: October 11, 2022
Re: Annual payout transfer
Fiscal Year: 2023

REQUESTED MOTION:

The Finance Committee recommends that the full board of trustees authorize the transfer of \$28,420,500 from the Alaska Permanent Fund Corporation Budget Reserve account to the Mental Health Settlement Income Account to finance the FY2023 base disbursement payout calculation. The CFO may fulfill this motion with one lump sum or multiple transfers.

BACKGROUND

The revenue determination for supporting the Trust's annual budget is outlined in the Asset Management Policy Statement. The Trust's primary funding is based on a "spending policy" that allows the Trust to draw 4.25% of the four-year average net asset value (NAV) of 1) principal and budget reserve year-end investment balances managed by the Alaska Permanent Fund Corporation (APFC) and 2) the budget reserve year-end investment balance managed by the Department of Revenue. The spending policy establishes that this withdrawal (or "payout") comes from APFC budget reserves.

The calculation for the FY23 payout and drawdown from APFC budget reserves is as follows:

	<i>FY Ending NAV</i>
FY 2019	\$584,419,400
FY 2020	587,908,300
FY 2021	766,169,400
FY 2022	736,377,000
Average NAV:	\$ 668,718,500
	<u>x 4.25%</u>
Payout disbursement calculation (<i>rounded</i>):	\$28,420,500

This requested payout is \$1,910,200 above that authorized in FY2022. Budget reserves under APFC management are sufficient to support this FY2023 payout.

Resource Management Committee Report / Update

Memorandum



To: Anita Halterman, Chair of the Board of Trustees
Through: Steve Williams, Chief Executive Officer
From: Jeff Green, Deputy Director
Date: November 2, 2022
Subject: October 19, 2022 – Resource Management Committee Meeting Summary

The Resource Management Committee met on October 19, 2022, received an extensive update of key TLO activities from the Executive Director Report and was presented current updates on the Icy Cape Project. Additionally, the committee received two (2) Consultations presented by TLO staff. Under the board delegated authority, the RMC concurred with the TLO recommendation to dispose of a 280-acre parcel in Fairbanks and a 67-acre parcel in Juneau. Only the one (1) consultation requiring full board concurrence moves to the board of trustees for concurrence.

Board Action Required: *The following proposed action requiring full board of trustees' approval was recommended to the full board of trustees at the October 19th RMC Meeting:*

Meeting Summary:

1. Consultation Item B – Disposal of Trust Parcel CRM-1138-01 – MHT 9101132

MOTION: *“The Alaska Mental Health Trust Authority Board of Trustees concur with the Trust Land Office recommendation for the Executive Director to dispose of Trust parcel CRM-1138-01 through a negotiated sale or subsequent disposal.”*

Anticipated Revenues/Benefits: This proposal provides the Executive Director an opportunity to dispose of the property for \$1,075,000. This is 30% above the appraised fair market value of the parcel. In addition, the applicant intends on financing with the TLO, providing further revenue from the interest generated over the term of the contract.

cc: *Board of Trustees
Steve Williams, CEO Alaska Mental Health Trust Authority
Jusdi Warner, Executive Director, Trust Land Office*



To: John Sturgeon, Chair
Resource Management Committee
From: Chandler Long, Senior Project Manager
Date: 10/19/2022
Re: MHT 9101132 - Disposal of Trust Parcel CRM-1138-01
Fiscal Year: 2023

Consultation

Proposed RMC Motion:

"The Resource Management Committee recommends that the Alaska Mental Health Trust Authority board of trustees concur with the Trust Land Office (TLO) recommendation for the Executive Director to dispose of Trust parcel CRM-1138-01 through a negotiated sale or subsequent disposal."

Background:

Revenue Projections: \$1,075,000.

Transaction/Resource: The proposed action is to dispose of a parcel through a negotiated sale to the applicant, Glacier Property Development LLC. In the event the parcel is not sold to the applicant, the parcel may be reoffered in a future land sale, through a competitive or over-the-counter sale, a negotiated sale, or through a negotiated or competitive lease at or above fair market value.

Property Description/Acreage/MH Parcel(s): Trust parcel CRM-1138-01 consists of 67 acres legally described as:

T. 40 S., R. 64 E., COPPER RIVER MERIDIAN, ALASKA

SECTIONS 1 AND 12:

T. 40 S., R. 65 E., COPPER RIVER MERIDIAN, ALASKA

SECTIONS 6 AND 7: THAT PORTION OF U.S. SURVEY NO. 3765 LYING
NORTH OF THE NORTH BOUNDARY OF THE APPROVED MUNICIPAL
ENTITLEMENT ADL 101676.

CONTAINING 67.106 ACRES, MORE OR LESS

ACCORDING TO THE SURVEY PLAT ACCEPTED BY THE UNITED STATES
DEPARTMENT OF THE INTERIOR, BUREAU OF LAND MANAGEMENT IN
WASHINGTON, D.C. ON OCTOBER 16, 1961.

The physical location of the parcel is a waterfront lot along Tee Harbor and uplands above the Glacier Highway, north of Auke Bay in Juneau, AK.

General Background: The applicant applied for a negotiated land sale in May of 2022. A different negotiated land sale application for this parcel, serialized as MHT 9101126, was received in April of 2022 yet subsequently withdrawn in September 2022. The applicants both had commercial interest in the property. The Juneau area continues to be a sought-after area, particularly for housing and tourism development.

The Visitor Industry is up and growing in Southeast Alaska. According to surveys conducted by Southeast Conference, business leaders in the visitor sector report a strong forecast in coming years and the most positive outlook of any industry in the region.

The subject parcel is a larger lot that is split by the Glacier Highway right-of-way. Direct access from the highway is developable and power available. The terrain varies from suitable for development to steeply sloping. The east side of the highway is mountainous which allows for continuous ocean views on the parcel.

The parcel has approximately 8.5 acres of waterfront and 47 acres of upland property, for a total of 55.5 unencumbered acres outside the Glacier Highway right-of-way. The parcel is currently zoned for single family and duplex dwellings by the City & Borough of Juneau (CBJ).

Due to these characteristics, it appears suitable for disposal, either through the proposed negotiated sale or by other means of disposal if determined to be in the best interest of the Trust and its beneficiaries.

Anticipated Revenues/Benefits: This proposal provides the Executive Director an opportunity to dispose of the property for \$1,075,000. This is 30% above the appraised fair market value of the parcel. In addition, the applicant intends on financing with the TLO, providing further revenue from the interest generated over the term of the contract.

Anticipated Risks/Concerns: Concerns include the applicant defaulting on the contract. Risks will be mitigated through a purchase and sale agreement which includes contemporary language to limit risks to the Trust, ensure performance by the buyer, and allow for termination in case of default with retention of the parcels in Trust ownership.

Project Costs: \$0.

Due Diligence: The purchase price was determined by an appraisal completed by Southeast Appraisal Services, LLC on May 9, 2022. The appraisal determined the fair market value of the parcel to be \$826,000. The parcel will be sold at a premium of 30% above the appraised value to compensate for not selling the parcel through a competitive process. Standard contract documents were reviewed by the Attorney General's office; no separate independent review was required.

Alternatives: The alternatives include holding the parcel for development and/or sale in the future or disposing through a competitive or negotiated lease. These alternatives could potentially miss selling at the higher end of the market and delay receipt of revenues from both principal and income. A

delay in sales may result in additional costs and risks to the Trust without significant increases in value.

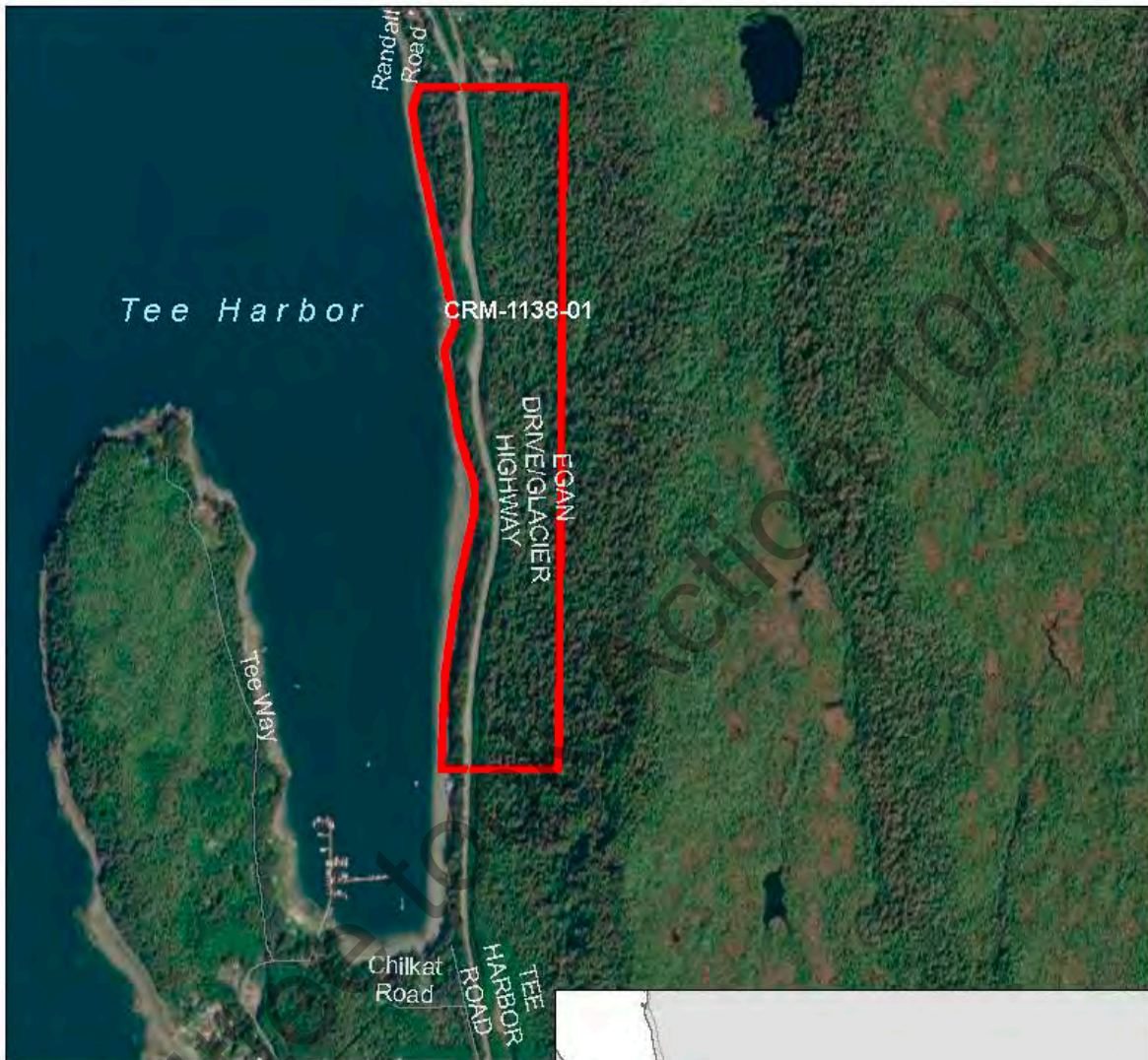
Consistency with the Resource Management Strategy: The proposal is consistent with the “Resource Management Strategy for Trust Land” (RMS), which was adopted October 2021 in consultation with the Trust and provides for the TLO to maximize return at prudent levels of risk, prevent liabilities, and convert nonperforming assets into performing assets.

Trust Land Office Recommendation: The Trust Land Office recommends that it is in the Trust’s best interest to offer this parcel by negotiated sale. If not sold or determined to not be in the best interest of the Trust and its beneficiaries, the parcel may be disposed of in the future through the TLO’s land sale programs, negotiated sale, or through a negotiated or competitive lease.


Applicable Authority: Alaska Statutes AS 37.14.009(a), AS 38.05.801, 11 AAC 99; Resource Management Strategy.

Trust Authority Consultation: This briefing document fulfills the consultation requirements that are applicable to the transaction. In the event that significant changes to the transaction are made necessary by the public notice process, the Trust Authority will be consulted regarding the changes.

Exhibit A:



Disposal of
CRM-1138-01, MHT 9101132

 MHT 9101132

0 0.2 0.4 0.6 0.8 1 Miles



Program & Planning Committee Report / Update

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Katie Baldwin-Johnson, Chief Operating Officer
Date: **November 8, 2022**
Re: Program and Planning Committee Report

The meeting occurred on October 20, 2022 and was attended by trustees Verné Boerner (chair), Anita Halterman, John Sturgeon, Brent Fisher, Kevin Fimon, Rhonda Boyles and Agnes Moran. Verné Boerner and Agnes Moran participated remotely.

Board Action Required: *On October 20, 2022 the Program & Planning Committee approved a recommendation to the full board of trustees to approve a FY23 Mental Health & Addiction Intervention Focus Area allocation in the amount of \$801,039.00 to Anchorage Community Mental Health Services, Inc dba Alaska Behavioral Health for the Fairbanks Mobil Crisis Team. This committee action requires full board of trustees' approval.*

MOTION

The board of trustees approve the Program & Planning Committee's recommendation to approve the \$801,039 FY23 Mental Health & Addiction Intervention focus area allocation to Anchorage Community Mental Health Services, Inc. dba Alaska Behavioral Health for the Fairbanks Mobile Crisis Team project. These funds will come from the FY23 Crisis Continuum of Care budget line.

Meeting Summary:

The following items were presented and discussed by the committee.

1) CEO Update

Steve Williams (CEO, Alaska Mental Health Trust Authority) provided an update on the following items:

- A brief update on the Trust *Improving Lives* conference. Roughly 350 people attended, survey feedback is currently being analyzed and a more in-depth presentation is scheduled for the November 16, 2022 board of trustees meeting.
- Trust outreach to new lawmakers to educate them about the Trust and its unique role in state government. The Trust is exploring opportunities with partners to jointly educate lawmakers about the healthcare system, in particular behavioral health. The Trust is engaged with partner advisory boards around joint advocacy priorities that impact all beneficiary groups.
- An update on Board of Trustee recruitment noting that applications are due November 4th. The Nomination Panel will meet in November, interview candidates and submit a letter with recommendations to the Governor for consideration.

- An update on recruitment for a Trust Program Officer position noting that recruitment period closes on Monday, October 24, 2022.
- The Trust's recent hosting of community partners from Juneau on an immersion visit of the crisis system in Arizona. Participants included representatives from the City and Borough of Juneau, Police Department, Fire Department/EMS, Bartlett Hospital, Southeast Regional Health Corporation- Behavioral Health, and JAMHI Health and Wellness. The Trust continues its work with the community of Juneau to implement the crisis now framework.
- Trust work with the Department of Health and the Alaska Hospital and Healthcare Association on enhanced opportunities for collaboration for Alaska's hospitals on care for patients with acute psychiatric and complex behavioral healthcare issues.
- An update on Trust staff participation in the Alaska Mental Health Board/Advisory Board on Alcoholism and Drug Abuse meeting held in Fairbanks October 11-13, 2022. The Trust met with the Alaska State Troopers (AST) detachment command in Fairbanks and discussed expansion for the Fairbanks Mobile Crisis Team response area beyond the City of Fairbanks and into AST jurisdiction.
- The Governor's Council on Disabilities and Special Education (GCDSE) retreat held in Girdwood on October 13th-15th of 2022. Trust CEO, Steve Williams, presented to council members the history of how the GCDSE became a statutory advisory board to the Trust and their role in advising the Trust on the needs of Trust beneficiaries with disabilities.

2) *COMP Plan in Action: Traumatic Brain Injury*

Kelda Barstad, Trust Program Officer, facilitated a panel presentation focused on Traumatic Brain Injury (TBI). Dr. Adam Grove, Katie Jacques with Southcentral Foundation and Lucy Cordwell with the Center for Human Development provided an overview of Brain Injury in Alaska, the Traumatic and Acquired Brain Injury Advisory Council (TABI), the FY21-24 State Plan for Brain Injury and progress to date. In summary, Alaska has the highest rates of Traumatic Brain Injury in the nation and while there is progress being made, the state can do better by establishing more resources in state for detection, prevention and treatment of brain injury.

3) *Governor's Task Force Updates*

An update was provided on Trust participation on three Governor-led task forces:

- *The Governor's Advisory Council on Opioid Remediation*
The Council is reviewing public comment and preparing a final report to submit to the Department of Health Commissioner by December 1, 2023. Anita Halterman is representing the Trust on this Council.
- *The Alaska Council on the Homeless*
Sub-committees have been established focusing on housing development, support services, education, prevention and data. Additional committee work is needed to develop recommendations to bring to the full Council. The timeline for submission of the report to the Governor will be determined after committees have progressed on their agendas. Anita Halterman is representing the Trust on this Council.

- **The Governor's Council on Human and Sex Trafficking**

The Council submitted a report with recommendations to the Governor by September 30, 2022. The Council is currently awaiting feedback on its report from the Governor. Verné Boerner is representing the Trust on this Council.

4) *Sitka Hítx'i Sáani (Little Houses) Cabin Project*

Kelda Barstad, Trust Program Officer, Andrew Hinton and Lenise Henderson of the Sitka Homeless Coalition provided a project update on the Sitka Little Houses Cabin Project. Construction is slated to commence in the spring of 2023 with a targeted timeline for completion of cabin construction by September of 2023 and final campus completion by December of 2023. The project has received strong support from many Sitka community partners advocating to see this housing project come to fruition.

5) *Mental Health Supports in Alaska's Schools*

Jimael Johnson, Trust Program Officer, Beverly Schoonover with the Alaska Mental Health Board/Advisory Board on Alcoholism and Drug Abuse, and Sharon Fishel and Pat Sidmore with the Department of Education and Early Development presented on the second phase of the Mental Health Supports in Alaska Schools study, which addresses the state of student mental health, promising approaches for school settings and key findings.

6) *Approvals*

Below are the funding requests that were presented to the Committee and the corresponding actions taken by the Committee.

- Alaska Behavioral Health Mobile Crisis Team, Fairbanks (\$801,039) – Recommended for approval to the board of trustees at the November board of trustees meeting
- True North Day One Center, Mat-Su (\$255,000) – Approved
- True North Mobile Crisis Team, Mat-Su (\$499,591.24) – Approved
- HB 172- Mental Health Facilities & Medications: Report to the Legislature – contract funding (\$300.0) – Approved
- Volunteers of America, At Risk Youth Rapid Re-Housing (\$150.0) – Approved

The Program and Planning Committee adjourned at approximately 3:30pm on October 20, 2022. The next meeting of the committee is currently scheduled for *January 5, 2023*.

MEMO

To: Verné Boerner - Program & Planning Committee Chair
Date: October 20, 2022
Re: FY23 Mental Health & Addiction Intervention Focus Area Allocation
Amount: \$801,039.00
Grantee: Anchorage Community Mental Health Services, Inc dba Alaska Behavioral Health
Project Title: Fairbanks Mobile Crisis Team

REQUESTED MOTION:

The Program & Planning Committee recommends that the full Board of Trustees approve an \$801,039 FY23 Mental Health & Addiction Intervention focus area allocation to Anchorage Community Mental Health Services, Inc. dba Alaska Behavioral Health for the Fairbanks Mobile Crisis Team project. These funds will come from the FY23 Crisis Continuum of Care budget line.

Assigned Program Staff: Travis Welch

STAFF ANALYSIS

This request is for continued support of the Fairbanks Mobile Crisis Team (MCT). With support from the Trust, Alaska Behavioral Health (AKBH) will be able to provide MCT response consisting of a clinician and a peer support specialist in Fairbanks – which is consistent with the Crisis Now model. When an individual is experiencing a behavioral health crisis, MCT response can divert them from emergency rooms and the criminal justice system, and instead help them at a community level.

Approving this request will provide funding for 4 fulltime clinicians, 4 peer support specialists, and clinical supervision and administrative support. The AKBH Fairbanks MCT will continue to provide mobile crisis services 24-hours per day, 7 days per week to all people within the City of Fairbanks and some of the outlying areas. Fairbanks is one of the three communities prioritized for implementation of the Crisis Now service array, and this project will help lead the design and implementation of MCTs in other cities around the state.

During its first year of operation, the Fairbanks MCT was able to keep 83% of individuals in crisis in the community instead of moving to a higher level of care and/or interacting with the criminal justice system. This rate outperforms national data on MCTs which estimates that 70% of those in crisis can have their needs met in community.

Last year the City of Fairbanks, with support from the Trust, began collaborating with Alaska Behavioral Health and The Bridge (via their parent agency Interior Alaska Center for Non- Violent Living) to staff and implement best practices for operating MCTs. With the help of the Fairbanks emergency response services (dispatch, police, fire), the MCT has become an integral part of the emergency response system. Alaska Behavioral Health is now overseeing both the peer support and clinical components of the Fairbanks MCTs, hence a single application for MCTs in the Fairbanks community.

This project represents the first Crisis Now MCT in Alaska that operates with fidelity to the nationally recognized Crisis Now best practice framework. The MCT team not only showcases how the Crisis Now model can be adapted for use in an Alaskan community, but directly impacts more than 1,000 Alaskans (including Trust beneficiaries) from this region.

MCTs are a critical component of the Crisis Now framework, and with these requested funds, AKBH will be able to provide the behavioral health clinicians and peer support specialists necessary to implement this important level of care. It is likely that some level of Trust funding may be required for a period of 2-3 years while AKBH refines operations and learns to fully maximize Medicaid revenue. the Trust and other partners are working with the State in addressing the low Medicaid reimbursement rate for MCT work. This proposal is recommended by the Trust program staff for full funding.

COMP PLAN IDENTIFICATION

Goal	Objective	Comments
Goal 2 Healthcare	2.1 Access & receive quality healthcare	The mobile crisis teams will also impact Goals 4, 5, and 6

PROJECT DESCRIPTION

The following is excerpted from the prospective grantee’s application.

PROJECT DESCRIPTION

Individuals in crisis need the right care, in the right setting, and when they need it. To provide a comprehensive crisis system of care, there must be a crisis call center, a mobile crisis team, and a crisis response center in order to provide multiple opportunities for intervention at less intensive levels of care. This grant proposal specifically focuses on requesting funding to continue running one portion of the behavioral health crisis system of care, the mobile crisis team, which provides crisis services to any person in Fairbanks in their home, workplace, or any other community-based location. The essential functions of the team include triage and screening (explicit screening for suicidality); assessment; de-escalation/resolution; peer support; coordination with medical and behavioral health services; collaboration with families and natural supports, information and referrals; transportation; and crisis planning and follow-up. The mobile crisis team also addresses recovery needs and provides trauma-informed care with a specific focus on suicide prevention.

As discussed in the Crisis Now Alaska Mental Health Trust Report, Fairbanks needs a comprehensive crisis response system, as it is essential to provide timely access to crisis services and meet individuals where they are experiencing the crisis. If a crisis system of care is in place, individuals are often diverted from higher levels of care, law enforcement, and the criminal justice system. If an adequate crisis system of care is not in place, as noted in the Crisis Now Consultation Report by RI International, the burden on law enforcement and the criminal justice system adds to incidences of crises associated with violence, suicide, alcohol, opioid overdose, mental illness, and homelessness.

In response to this need, AKBH (in partnership with the Bridge) began one part of the behavioral health crisis system of care, a mobile crisis team, in Fall 2021. This team served Fairbanks by providing mobile crisis services through triage/screening, assessment, de-escalation, coordination with community services, and crisis planning and follow-up. In order to adhere to best practices for operating a mobile crisis team, per SAMHSA's National Guidelines for Behavioral Health Crisis Services, the team fully incorporate peers (in collaboration with the Bridge) within the mobile crisis team; responded where the person was at and did not restrict services to select locations within Fairbanks or during particular days/times; and connected individuals to facility-based care as needed through warm hand-offs and coordinating transportation when the situation warrants transition to other location. The request for funding this year is not focused on implementation but on sustaining and expanding Alaska Behavioral Health's Fairbanks mobile crisis team.

During the prior year, Alaska Behavioral Health has expanded our Peer Support Services, and through Jen Galvan, developed a hub for training peers statewide. Based on this experience and capacity, and the efficiency achieved by having a single coordinated response, especially in times of crisis, Alaska Behavioral Health's proposal includes the integration of AKBH Peer Support Specialists within the Fairbanks Mobile Crisis Team at AKBH.

The Fairbanks community, including the Fairbanks Fire Department, the Fairbanks Police Department, and the Fairbanks Emergency Communication Center, continue to be supportive of the mobile crisis team. Currently, the Fairbanks Emergency Communication Center is dispatching the Fairbanks mobile crisis team and is using the response levels developed by Alaska Behavioral Health to dispatch the calls.

The response levels include the following:

- Level 1 Response - Law Enforcement response required with MCT accompanying or staging. This level indicates situations that are too dangerous to deploy without the scene first being secured by law enforcement. It is also key in these situations to have a response within the shortest amount of time possible. The caller is in imminent danger to self- and/or others.
- Level 2 Response: MCT Lead with law enforcement staging near the scene. This level indicates situations where MCT staff enter the environment first, but law enforcement is immediately available if needed.
- Level 3 Response: MCT Lifeline – Law Enforcement on standby via phone call. A call will be stacked for law enforcement with all information and waiting for MCT to advise if law enforcement is needed. Law enforcement will not respond until requested by MCT.

- Level 4 Response: MCT without law enforcement on standby. Law enforcement will still be aware of the MCT call.
- Level 5 Response: MCT clinicians may respond to secure site (school, hospital, clinic, etc.) without a peer support specialist. Residences are not considered secure sites.

The implementation of the Fairbanks mobile crisis team has resulted in individuals who are experiencing a behavioral health crisis getting the right care in the right setting, when they needed it. Since October 2021 through May 2022, there were 340 calls. Of the calls, 5% were Level 1, 14% were Level 2, 24% were Level 3, 42% were Level 4, and 14% were Level 5. Of those call, 81% were responded to without law enforcement involvement. Additionally, 83% of individuals in crisis were able to stay in the community instead of moving to a higher level of care and/or interacting with the criminal justice system.

EVALUATION CRITERIA

To measure project success, AKBH will continue to track the following performance metrics: the number of calls; the number of individuals served; the number of calls per response level; the response time from dispatch to arriving on scene; the time spent on scene; the outcome/disposition of the crisis (community, hospital, law enforcement involved, etc.); and the demographics of those served.

SUSTAINABILITY

Various studies suggest that mobile crisis services are effective at diverting people in crisis from psychiatric hospitalization and/or reducing arrests, are effective at linking suicidal individuals discharging from the emergency department to services and are often better (than hospitals) at linking people in crisis to outpatient services. Studies have showed that this diversion has resulted in a 23% lower average cost per case than police intervention and a reduction of costs associated with inpatient hospitalization by approximately 79% in a six-month follow-up period after the crisis episode.

Regarding sustainability, this service will continue to rely on grant funds and other funding sources as a piece of the services operating revenue due to Alaska's current reimbursement rate for crisis episodes. Currently, the budget outlines the cost of running a full 24/7 mobile crisis team (including clinicians, peers, and clinical management) to be \$1,056,700. The budget includes approximately 1032 annual crisis episodes of care (based on Agnew-Beck's numbers and the RI Report). The 1115 Waiver provides \$175.64 per call out which could result in \$181,260 in revenue. Additionally, there is an option to bill short-term crisis intervention services (STCIS), which is a time-based code (every 15 minutes is \$31.44), if a crisis takes a significant amount of time to resolve. Alaska Behavioral Health is requesting \$801,039 to fund the Fairbanks 24/7 mobile crisis team (to include clinicians, peers, and clinical management). There is also funding potential through the State of Alaska Division of Behavioral Health through the RFP process for MCT grants. We are expecting an RFP to be released to the public soon, and AKBH will be reviewing them for potential proposals.

WHO WE SERVE

The Fairbanks mobile crisis team provides necessary crisis services to beneficiaries which include those who are mentally ill (i.e. those diagnosed with schizophrenia, delusional disorder, mood disorders, anxiety disorders, somatoform disorders, personality disorders, dissociate disorders, and other psychotic or severe and persistent mental disorders); chronic alcoholics suffering from psychosis; and other persons needing mental health services. As highlighted in the Alaska Statutes, the integrated comprehensive mental health program, for which expenditures are made by The Trust, gives priority in service delivery to persons who, because of a mental disorder, may require or are at risk of hospitalization or are experiencing such a major impairment of self-care, self-direction, or social and economic functioning that they require continuing or intensive services. By providing mobile crisis team services in Fairbanks, Trust beneficiaries who are in crisis have received the right care, in the right setting, when they needed it. Beneficiaries are better off, as the mobile crisis team has led to a decrease in use and interaction between Trust beneficiaries and emergency departments, jails, and police, and has also increased linkage to appropriate care and treatment through triage/screening, assessment, de-escalation, coordination with community services, and crisis planning and follow-up.

ESTIMATED NUMBERS OF BENEFICIARIES SERVED EXPERIENCING:

Mental Illness:	300
Substance Abuse	150
Secondary Beneficiaries(family members or caregivers providing support to primary beneficiaries):	100
Number of people to be trained	50

BUDGET

Personnel Services Costs	\$752,225.00
Personnel Services Costs (Other Sources)	\$0.00
Personnel Services Narrative:	Clinical Management 0.2 \$26,600 Clinician (24/7) 4.3 FTE \$435,375 Peer (24/7) 4.3 FTE \$290,250
Equipment Costs	\$3,614.00
Equipment Costs (Other Sources)	\$0.00
Equipment Costs Narrative:	Electronics
Other Costs	\$45,200.00
Other Costs (Other Sources)	\$0.00
Other Costs Narrative:	Training \$10,000 Contract \$35,200 Vehicle operational cost/maintenance

Total Amount to be Funded by the Trust	\$801,039.00
Medicaid 1115 Waiver MCT	\$181,260
AKBH is anticipating the opportunity to apply for MCT funds from DBH who is potentially releasing an RFP in the near future.	TBD
AKBH- In kind	MCT vehicles and Office Space for the teams.

OTHER FUNDING SOURCES

Total Leveraged Funds	\$982.299
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Trust Technical Assistance Resources

Technical Assistance and Grant Writing/Proposal Development

Kelda Barstad, Program Officer
Jimael Johnson, Program Officer

Trust
Alaska Mental Health
Trust Authority

FY2023 Budget

	A	B	C	D	E	F	G	A	AI	AJ	AK	AL	AM
5	Non-Focus Area Allocations						Type	FY23 Approved (5/25/2022)					
6			Dept/RDU Component (or recipient)	Trans Type	IncT Begin	IncT End	Operating (O) / Capital (C) / Audit Grant (AG)		Sum of MHTAAR/MHT Admin & AG	MHTAAR/MHT Admin	Authority Grant	GF/MH	Other
48	Consultative & Technical Assistance Services												
49	Grant-writing technical assistance		Contract Services				AG		200.0	-	200.0	-	-
50	Technical assistance for beneficiary groups & Trust initiatives		Contract Services				AG		510.0	-	510.0	-	-
51	Communications						AG		400.0	-	400.0	-	-
52	Subtotal								1,110.0	-	1,110.0	-	-

Why these programs were created

- The contract services concept was created over 14 years ago to provide resources to respond more quickly to emerging needs.
- Objectives:
 - Build partner agency capacity to serve beneficiaries
 - Assist agencies to support Trust sponsored initiatives and Focus Areas



An aerial photograph of a river winding through a dense, green forest. The river is a light brown color, contrasting with the dark green of the trees. A small bridge is visible in the distance, crossing the river. The image is framed by a large, semi-circular white shape on the right side.

Grant Writing/Proposal Development Contract

What Type of Work is Requested?

- Funding Opportunity Research
- Grant Writing/Proposal Development
- Pre-Development
- Grant Writing Training *new this year*



Who is Our Grant Writer/Proposal Development Contractor?

- Denali Daniels & Associates awarded current FY23 contract through competitive RFP process
 - *Previously awarded to Agnew::Beck (through FY22)*
- Current contract has annual renewal option FY24-27

FY23 Project Examples

- **All Alaska Pediatric Partnership**
 - New Venture Fund - \$200,000 *AWARDED*
 - Early childhood governance and financing systems development
- **OPT-In Kiana**
 - Community youth center pre-development support to quantify costs and plan for needs of potential funders
- **Department of Health**
 - Federal (ACF) Preschool Development Grant - \$24,000,000 *PENDING*
 - Improve early childhood service quality and access including mental health supports



FY22 Project Examples

- **UAA College of Health: Federal (EDA) Workforce - \$4,000,000 *AWARDED***
 - Building renovation to expand workforce programs
- **Stone Soup Group: Federal (HRSA) Family to Family Health Information Center - \$483,000 *AWARDED***
 - Support and connect beneficiary families with needed services
- **JAMHI: Federal (SAMHSA) Community Behavioral Health Center Improvement - \$4,000,000 *NOT AWARDED***
 - Improve and expand mental community mental health services
- **Covenant House: Federal (SAMHSA) Transitional Living & Maternal Group Home - \$250,000 *PENDING***
 - Housing and supports for homeless beneficiary youth

FY22 Projected ROI = 58:1



Technical Assistance Contract

Who are Our Contractors?

Contractors are selected through a competitive RFP process.

Our current contractors are:

- Actionable Data Consulting
- Agnew Beck Consulting
- Applegate Consulting and Advocacy
- Raviant Consulting
- Resource Data, Inc.
- Rider Consulting
- The Stellar Group
- Stantec Architecture, Inc.
- Steve Fishback, Architect



What Type of Work is Requested?

The Trust has grouped the most requested technical assistance into 7 areas of expertise.

- Non-Profit Governance and Operations
- Fund Development and Financial Management
- Information Technology
- Capital Pre-Development
- Incorporating Beneficiary Lived Experience
- Supportive Housing
- Crisis Continuum of Care



FY22 Project Examples

- *AK Generation Rehabilitation*: Project Development and Concept Paper for Recovery Housing
- *Volunteers of America*: Kinship Support Services Medicaid Billing Analysis
- *Pacific Community of Alaska*: Strategic Plan for New Non-Profit
- *Restore, Inc*: 23 Hour Crisis Stabilization Cost Model
- *Community Connections*: Pre-Development for Prince of Wales Service Center



FY22 Performance

- 22 projects initiated
- 18 projects completed (Projects can span fiscal years, so those started in late FY22 continue.)
- 24 agencies served
- 9 different communities served: Anchorage, Bethel, Fairbanks, Homer, Juneau, Ketchikan, MatSu, Nome, Prince of Wales
- 7 projects served statewide
- \$510,000 estimated cost for all projects
- Average project cost is \$23,182





Questions?