

MEETING AGENDA

Meeting: Board of Trustees
Date: January 31 – February 1, 2024
Time: 9:00 AM
Location: Elizabeth Peratrovich Hall, 320 W Willoughby Ave, Juneau
Teleconference: (844) 740-1264 / Meeting Number: 2634 235 8977 # / Attendee No: #
<https://alaskamentalhealthtrust.org/>
Trustees: Anita Halterman (Chair), Rhonda Boyles, Kevin Fimon, Brent Fisher,
 Agnes Moran, John Morris, John Sturgeon

Wednesday, January 31, 2024

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9:00	Call to Order – Anita Halterman, Chair	
	Roll Call	
	Approval of Agenda	
	Review of Guiding Principles	6
	Ethics Disclosure	
	Approval of Minutes	
	• November 15, 2023	13
	Current Bylaws	33
9:05	Mission Moment	
	Zach Gordon Youth Center	
	• Max Blust	
9:30	Dept of Health / Dept of Family and Community Services	
	• Heidi Hedberg, Commissioner, Department of Health	
	• Kim Kovol, Commissioner, Department of Family and Community Services	
10:30	Break	
10:45	Statutory Advisor Update	40
	• Patrick Reinhart, Executive Director, Governor’s Council on Disabilities and Special Education	
	• Jon Haghayeghi, Executive Director, Alaska Commission on Aging	
	• Stephanie Hopkins, Acting Executive Director, Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse	

Recess

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12:15 **Catered Lunch**

1:10 **Assemble at Alaska State Capitol, Room #519**

1:30 **House Finance Committee Presentation**

Alaska State Capitol, Room #519

Watch: <https://www.ktoo.org/gavel/schedule/> or <https://akleg.gov/#tab5>

3:00 **Site Visit / United Human Services of SE Alaska**

8711 Teal Street, Suite 101 Juneau, AK

4:30 **Recess**

Thursday, February 1, 2024

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8:30	Assemble at Alaska State Capitol, Room #532	
9:00	Senate Finance Committee Presentation Alaska State Capitol, Room #532 Watch: https://www.ktoo.org/gavel/schedule/ or https://akleg.gov/#tab5	
11:30	Call to Order Announcements	
11:35	CEO Update <ul style="list-style-type: none">• Quarterly Grants Report	
12:00	Catered Lunch	
12:30	Public Comment <ul style="list-style-type: none">• For Public Comment Guidelines click here	
1:00	Resource Management Committee Report / Update <ul style="list-style-type: none">• Commercial Real Estate Management & Disposal• TCC Less than Fair Market Value Lease	75
	Recess	
1:30	Site Visit / Aurora Crisis Stabilization Center 3240 Hospital Dr, Juneau (Note: post construction and program launch)	
3:30	Trustee Comments	
3:45	Adjourn	
<u>Additional Documents</u>		
	• Audit & Risk Committee Report	97
	• Finance Committee Report	98
	• Program & Planning Committee Report	100

Future Meeting Dates

Full Board of Trustees / Program & Planning / Resource Management / Audit & Risk / Finance

(Updated – January 2024)

- | | | |
|--------------------------------|---------------------------|------------------------|
| • Audit & Risk Committee | April 24, 2024 | (Wed) |
| • Finance Committee | April 24, 2024 | (Wed) |
| • Resource Mgt Committee | April 24, 2024 | (Wed) |
| • Program & Planning Committee | April 25, 2024 | (Thu) |
| • Full Board of Trustees | May 22-23, 2024 | (Wed, Thu) – Ketchikan |
| | | |
| • Audit & Risk Committee | July 30, 2024 | (Tue) |
| • Finance Committee | July 30, 2024 | (Tue) |
| • Resource Mgt Committee | July 30, 2024 | (Tue) |
| • Program & Planning Committee | Jul 31 – Aug 1, 2024 | (Wed, Thu) |
| • Full Board of Trustees | August 28-29, 2024 | (Wed, Thu) – Anchorage |
| | | |
| • Audit & Risk Committee | October 16, 2024 | (Wed) |
| • Finance Committee | October 16, 2024 | (Wed) |
| • Resource Mgt Committee | October 16, 2024 | (Wed) |
| • Program & Planning Committee | October 17, 2024 | (Thu) |
| • Full Board of Trustees | November 13-14, 2024 | (Wed, Thu) – Anchorage |
| | | |
| • Audit & Risk Committee | January 8, 2025 | (Wed) |
| • Finance Committee | January 8, 2025 | (Wed) |
| • Resource Mgt Committee | January 8, 2025 | (Wed) |
| • Program & Planning Committee | January 9, 2025 | (Thu) |
| • Full Board of Trustees | February 5-6, 2025 | (Wed, Thu) – Juneau |

Future Meeting Dates Statutory Advisory Boards (Updated – January 2024)

Alaska Commission on Aging

ACOA: <http://dhss.alaska.gov/acoa/Pages/default.aspx>

Executive Director: Jon Haghayeghi, (907) 465-4879, jon.haghayeghi@alaska.gov

- Quarterly Meeting: Spring / TBD

Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse

AMHB: <http://dhss.alaska.gov/amhb/Pages/default.aspx>

ABADA: <http://dhss.alaska.gov/abada/Pages/default.aspx>

Acting Executive Director: Stephanie Hopkins, (907) 465-4667, stephanie.hopkins@alaska.gov

- Quarterly Meeting: Spring TBD / Wasilla

Governor’s Council on Disabilities and Special Education

GCDSE: <http://dhss.alaska.gov/gcdse/Pages/default.aspx>

Executive Director: Patrick Reinhart, (907)269-8990, patrick.reinhart@alaska.gov

- Triannual Meeting: February 13-15, 2024 / Juneau

**The Trust's
Guiding Principles /
Mission Statement /
Trust Budget
Process Flowcharts**

Trust Guiding Principles

To improve the lives of Trust beneficiaries, The Trust is committed to:

Education of the public and policymakers on beneficiary needs;

Collaboration with consumers and partner advocates;

Maximizing beneficiary input into programs;

Continually improving results for beneficiaries;

Prioritizing services for beneficiaries at risk of institutionalization or needing long-term, intensive care;

Useful and timely data for evaluating program results;

Inclusion of early intervention and prevention components in programs;

Provision of reasonably necessary beneficiary services based on ability to pay.

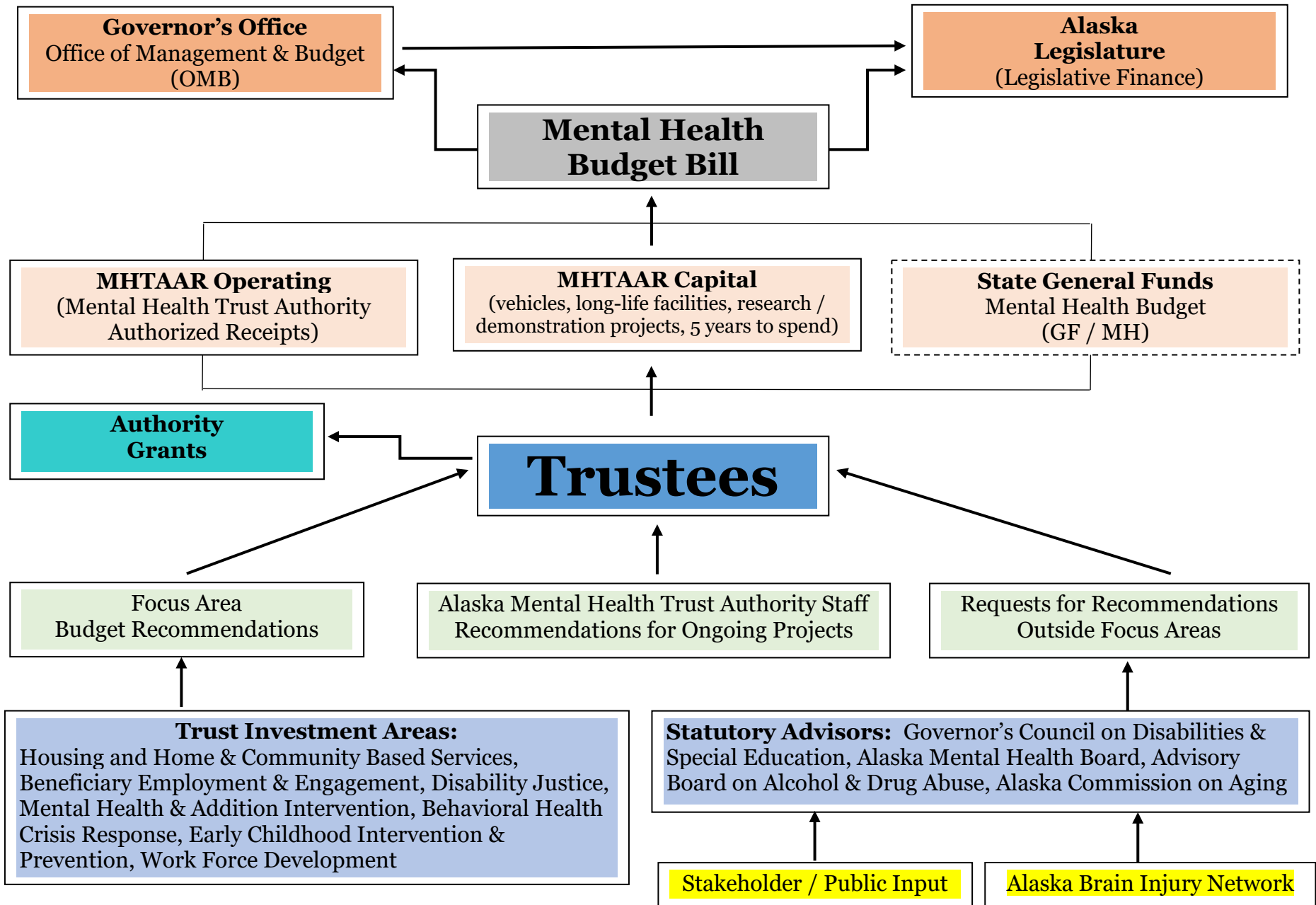
Approved 5-12-09, Board of Trustee meeting

Trust Mission Statement

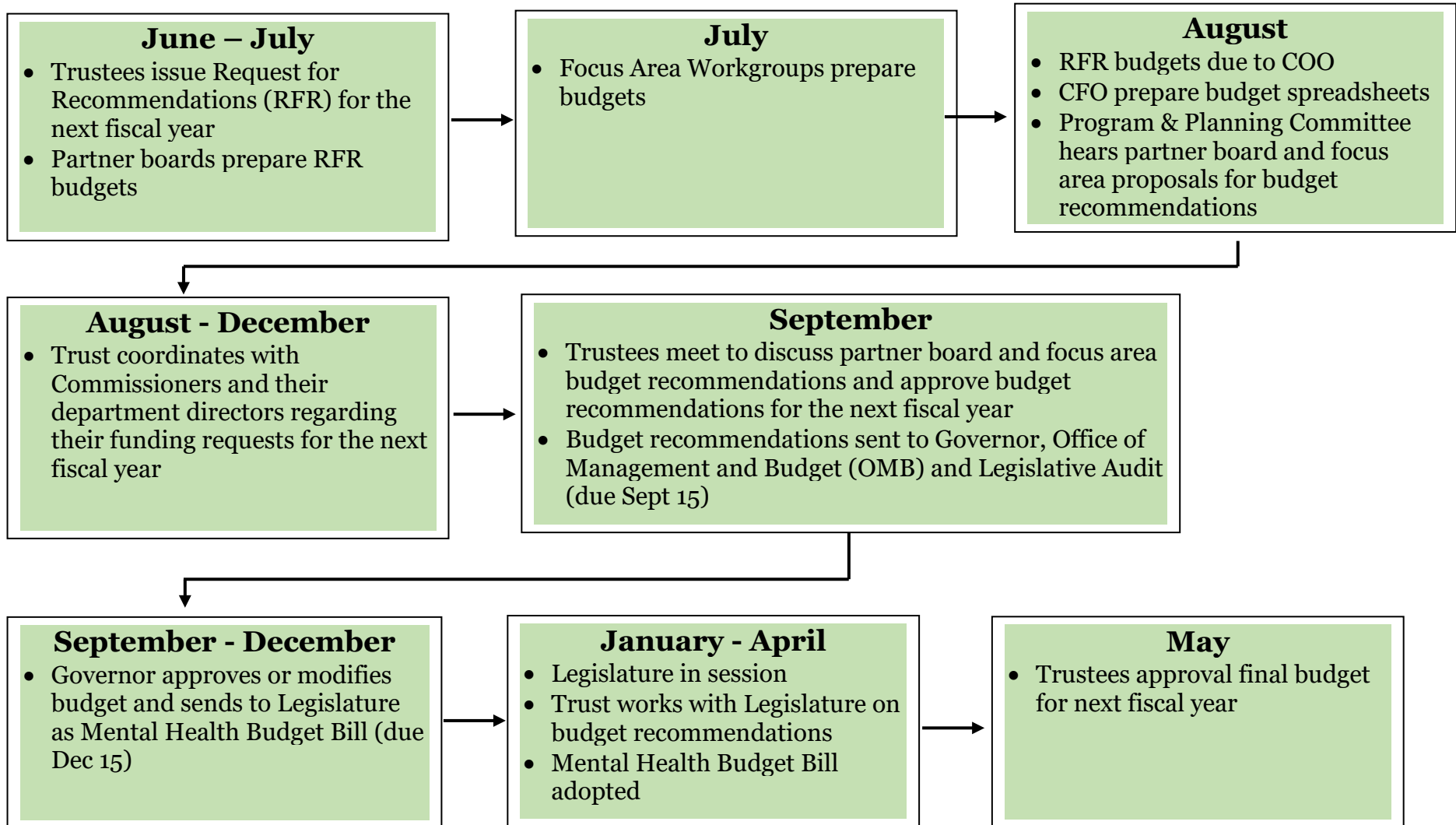
The Alaska Mental Health Trust Authority (The Trust) administers the Mental Health Trust to improve the lives of beneficiaries. Trustees have a fiduciary responsibility to protect and enhance trust assets in perpetuity for the beneficiaries. The Trust provides leadership in advocacy, planning, implementing and funding of the Comprehensive Integrated Mental Health Program; and acts as a catalyst for change.

Approved 5-12-09, Board of Trustee meeting

Alaska Mental Health Trust Authority Budget Process



Annual Mental Health Budget Bill Process

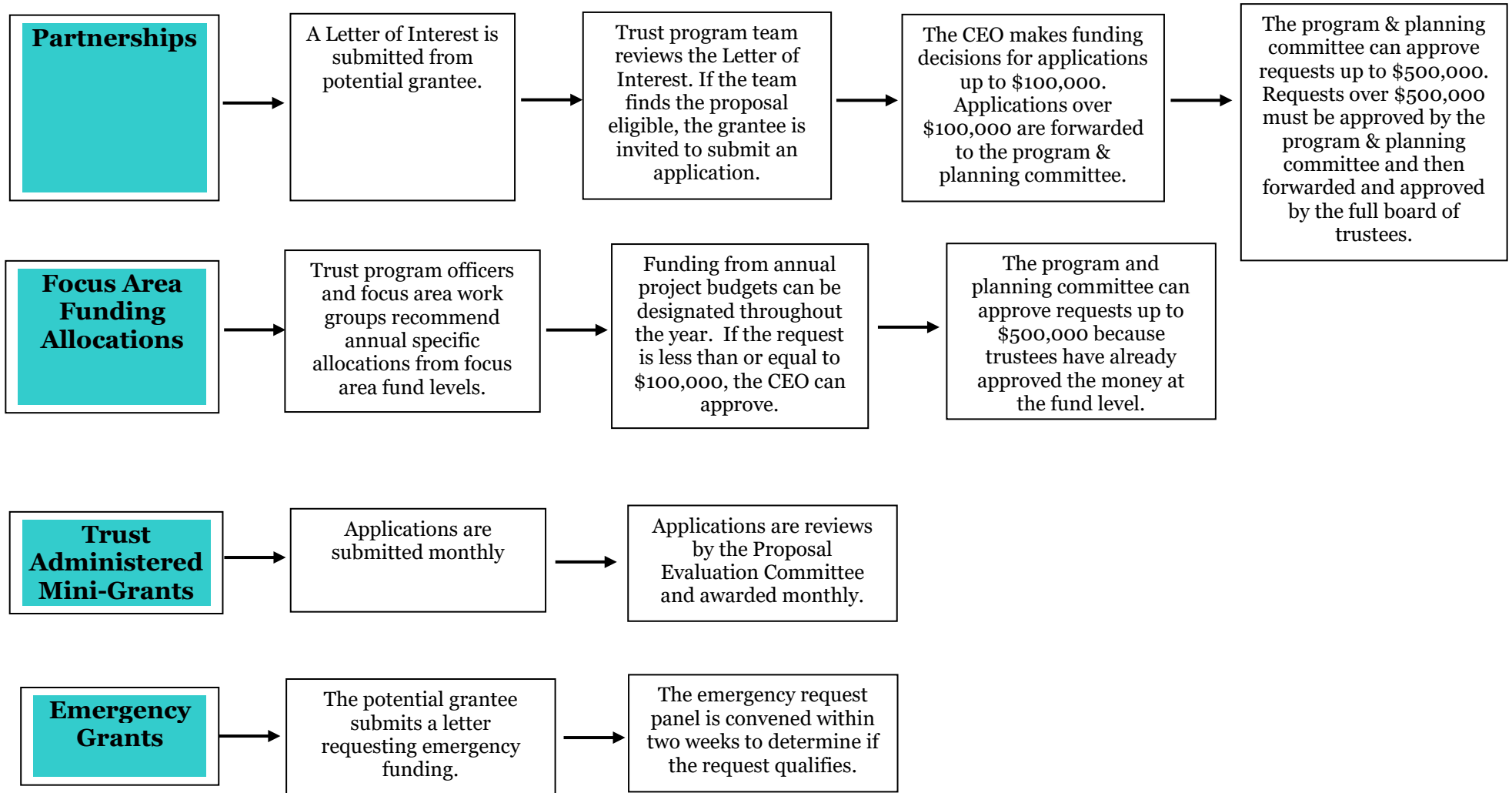


Note: timeline represents those items in the green boxes in the chart entitled “Alaska Mental Health Budget Process”

01/23/2019

Grant Approval Process for Authority Grant Funds

All annual budgets are approved by the full board of trustees at the September meeting



Note: this chart depicts those items included in the teal box labeled "Authority Grants" on the chart entitled "Alaska Mental Health Trust Authority Budget Process"

Revised: 01/23/2019

Alaska Mental Health Trust Annual Calendar

TRUSTEES	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Scheduled full board meeting & prep												
Scheduled committee meetings & prep												
APOC filing due 3/15												
Officer elections												
Board evaluations												
CEO evaluation												

LEGISLATURE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Budget finalization with departments												
Trust advocacy trainings												
House/Senate Finance budget presentation												
Legislative session												

PROGRAM	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Focus area budget updates, stakeholder mtg												
Request for recommendations (RFR) issued												
Statements of Intent / grant agreements												
Trust/DBH quarterly meetings												
Small projects												
Grant quarterly reports												
Rural Outreach (<i>every 2yrs</i>)												

LAND OFFICE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Resource field season												
Real estate BOV/appraisals												
Fall land sale												
Quarterly reports												
Ft. Knox audit (<i>every 2yrs</i>)												

ADMINISTRATION	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Fiscal year end & re-appropriation												
External audit												
Operating budget due 9/15												
Trust annual report												
Contract renewals												
OMB measures												
Asset allocation annual review												

ADVISORY BOARDS	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Statutory Advisory Board - ACoA												
Statutory Advisory Board - AMHB/ABADA												
Statutory Advisory Board - GCDSE												

**Minutes for the
November 15, 2023
Full Board of Trustees
Meeting**

**ALASKA MENTAL HEALTH TRUST AUTHORITY
FULL BOARD COMMITTEE MEETING
November 15, 2023
8:30 a.m.**

**Hybrid Meeting Originating at:
Alaska Mental Health Trust Authority
3745 Community Park Loop, Suite 200
Anchorage, Alaska 99508**

Trustees Present:

Anita Halterman, Chair
Brent Fisher
Kevin Fimon
John Sturgeon
John Morris
Rhonda Boyles

Trust Staff Present:

Steve Williams
Katie Baldwin-Johnson
Julee Farley
Eric Boyer
Miri Smith-Coolidge
Michael Baldwin
Allison Biastock
Kelda Barstad
Valette Keller
Carrie Predeger
Janie Ferguson
Luke Lind
Kat Roch

Trust Land Office staff present:

Jusdi Warner
Jeff Green
Blain Alfonso
Ashley Oien
Chandler Long
David MacDonald
Karsten Eden
Katie Vachris
Marisol Miller
Pam Cawley
Pete Mueller
Sarah Morrison
Sean O'Guinn

Also participating:

Stephanie Hopkins; Ian Casey; Justin Tornos; KaShawn Gold; Jim Myers; Kathy Craft; Patrick Reinhart; Stephanie Wheeler; John Springsteen; Ivan Moore; Michelle Kiese; Malan Paquette; Sarah Koogle; Tamar Ben-Yosef; Karl Soderstrom; Jon Haghayeghi; Edra Morledge; Brenda Moore; Rennee Schofield; Anthony Cravalho.

PROCEEDINGS

CALL TO ORDER

CHAIR HALTERMAN called the Full Board meeting to order and began with a roll call. She noted that Trustee Moran was excused, and asked for any announcements.

CEO WILLIAMS alerted trustees that after lunch there would be two motions that came from the Program & Planning Committee, with backup memos included in the packet on pages 73 and 83.

APPROVAL OF AGENDA

CHAIR HALTERMAN also noted that Trustee Morris would need to leave at 2:30, and he was excused. She recommended that Trustee Morris give his trustee comments before the statutory advisor updates. She entertained a motion to approve the agenda.

MOTION: A motion to approve the agenda was made by TRUSTEE STURGEON; seconded by TRUSTEE MORRIS.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Fisher, yes; Trustee Morris, yes; Trustee Sturgeon, yes; Chair Halterman, yes.)

REVIEW OF GUIDING PRINCIPLES AND ETHICS DISCLOSURES

CHAIR HALTERMAN noted the Guiding Principles in the packet and asked for any ethics disclosures. There being none, she continued to the approval of minutes of August 29–30, 2023.

APPROVAL OF MINUTES

MOTION: A motion to approve the minutes from the August 29-30, 2023, meeting was made by TRUSTEE STURGEON; seconded by TRUSTEE MORRIS.

There being no objection, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Fisher, yes; Trustee Morris, yes; Trustee Sturgeon, yes; Chair Halterman, yes.)

MOTION: A motion to approve the minutes from the October 9, 2023, meeting was made by TRUSTEE STURGEON; seconded by TRUSTEE MORRIS.

There being no objection, the MOTION was APPROVED (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Fisher, yes; Trustee Morris, yes; Trustee Sturgeon, yes; Chair Halterman, yes.)

CHAIR HALTERMAN stated that the current bylaws were included in the packet as a reference for trustees and the public.

MISSION MOMENT

CHAIR HALTERMAN continued to the Mission Moment and asked Eric Boyer to introduce the next presentation.

MR. BOYER stated that he is pleased and excited to introduce Justin Tturnos, the director of

behavioral health at The Arc. The Arc of Anchorage is located in the Community Park Loop block and is a social-service organization that has been providing support for Trust beneficiaries for decades in Anchorage and Alaska. They serve people who experience developmental and intellectual disabilities, as well as for behavioral health. He also recognized Ian Casey, the chief executive officer of The Arc. There was a transition over the last year, and Ian Casey has a long history with the Arc in the chief finance officer role, and now the CEO. There is a really good partnership with Mr. Casey and his staff and the work they do with the beneficiaries. He asked Mr. Tsumos to continue.

MR. TSURNOS stated that he oversees the residential and outpatient programs. He continued that, currently, they provide outpatient services, community recovery support services, as well as case management and psychotherapy, to assist individuals with skill-building, counseling, coaching, and other supportive services to help prevent relapse and improve self-sufficiency and recovery from behavioral health disorders. He added that they now have adult mental health residential from the 1115 waiver for individuals 18 and older experiencing acute mental health needs, who may have been unsuccessful in outpatient, or were at-risk while living in their community directly before or after inpatient psychiatric hospitalization or reentering the community from incarceration. AMHR includes services provided in a therapeutically structured peer-to-peer support, 24 hours, seven days a week, supervised. Currently there are two homes where support is being provided to the community. He introduced KaShawn who successfully completed AMHR Level 1 and is now participating in AMHR Level 2.

MR. GOLD stated that he is at AMHR to get treatment. He continued that he came from API; completed 90 days in AMHR 1; and is now participating in AMHR 2. He added that his goal is to complete AMHR 2 and to live independently.

MR. TSURNOS stated that was quick and asked for any questions.

CHAIR HALTERMAN asked for any questions. She stated appreciation for what the Arc does. She thanked the young man that just spoke and added appreciation for the challenging position to be in to talk about his story.

MR. GOLD thanked the Chair.

MR. BOYER talked about some of the background when the trustees approved a capacity treatment access grant for over \$200,000 several years ago that went to the Arc of Anchorage to expand and start up this exact program. It is a really integrated team that works at the community level and was one of the first organizations in Anchorage to access that 1115 waiver for residential care. He gave a little background on that so that the newer trustees understand the impact that comes along with considering an approval.

CHAIR HALTERMAN thanked Mr. Boyer for the background and was glad to see the sustainability of these programs for the pursuance of the 1115 demonstration waivers. This is the kind of systems reform the Trust is very engaged in with the partners to ensure these things happen, and to find a sustainable source of income to maintain these programs long-term.

TRUSTEE FIMON asked how many people were currently running through that program.

MR. TSURNOS replied that currently there were five beds for AMHR Level 1 that are

completely full. There are three beds for AMHR Level 2, that are also completely full. He explained that they were recently approved for an assisted living license to open another five beds for AMHR 2, as well. We are just waiting for the level of care approval for Medicaid. He added that there is also a waiting list. While the higher level of care is not available, we are working with peer support, the outpatient, and CRSS to still remain engaged as much as possible until a bed does become available.

TRUSTEE FIMON thanked Mr. Turnos for the work they do, and for the information.

CHAIR HALTERMAN asked about the kind of demand they were seeing and how much growth potential could be met to meet the needs in the community.

MR. TURNOS replied that his wish is to serve anyone on the waitlist right now. He stated that, currently, the waitlist remains double. It is hard to keep track of the waitlist because most of the individuals are homeless or in that population. We also coordinate with other agencies in keeping track of the clients.

CHAIR HALTERMAN asked for any other questions. There being none, she thanked Mr. Turnos for the presentation. She continued to the CEO Update.

STAFF REPORT

CEO UPDATE

CEO WILLIAMS stated appreciation for everyone's patience in doing this meeting remotely. He went over a few reminders about virtual meetings and then congratulated Jeff Green and his wife, Lauren, and son, Isaac, on the expansion of their family with Baby Luke. He continued that the Trust is in the middle of the trustee recruitment process. Trustee terms are five years, and if a trustee wishes to serve a second five-year term, they can, but they need to go through the process of the interview; the appointment by the Governor; and then, confirmation by the Legislature. He added that the first terms of Trustees Sturgeon and Fisher are over. Both of them have submitted their applications for reconsideration and reappointment, and they are going through the process again. There are also a handful of other folks that have applied, and the nomination panel met this week to review the applications that were received. He noted that the nomination panel is made up of a representative named by the Trust; a representative named by the Governor's Council on Special Education and Disabilities; a person from the Alaska Commission on Aging; someone that represents the Alaska Mental Health Board; someone representing the Advisory Board on Alcoholism and Drug Abuse; and then a representative named by the Alaska Native Health Board. The nomination panel reviews all the applications and decides on which applications rise to the level of interviews. Then, ultimately, the panel sends a letter of recommendation to the Governor for consideration. He stated that the first step is the application process; and the second step is reviewing those applications, and determining who they want to interview. The panel met yesterday, identified the applicants, and will start scheduling interviews with the panel. He added that the goal is to have the interview process completed before Thanksgiving, and to get a letter of recommendations to the Governor before the end of November. He was also glad that Trustees Sturgeon and Fisher are interested and put their names back in for reconsideration and reappointment.

CHAIR HALTERMAN thanked Kevin Fimon for being the representative from the Trust serving on that panel.

CEO WILLIAMS stated that his next update was about the Trust Authority operations. He noted that two program officers submitted resignations for other opportunities: Jimael Johnson and Travis Welch. Also, Autumn Veal, who was on the data evaluation/planning side of the house, submitted her resignation. He added that all three of them left for wonderful opportunities for their own professional growth. It is always exciting, and we are always supportive in seeing that happen. He talked about the reduction in program capacity, going from a staff of seven down to a staff of four. They are at a 57 percent capacity in the programmatic section of the house, and are looking at the current vacant positions, reevaluating the position descriptions to make sure they are accurate, and to identify if there is anything that needs to change within the position descriptions, and then to make adjustments in moving forward. He also noted that Ms. Warner and Ms. Farley are working with Trustee Morris, as the chair of the Finance Committee, to look at how to present the financial dashboard which gives the trustees the financial picture of the Trust, both in terms of approved funding, expenditures, what is going on with the Trust Land Office and their generation of revenue, how the investments at the Permanent Fund and the Department of Revenue and the Treasury Division are doing. He added that it is very important and detailed information, and we are working to get the information to put it into graphics that will illustrate the information visually, while still maintaining the background and the detailed information from which those charts and graphs are generated. He continued that it is being worked on with the anticipation of having some ready for the January committee meetings. He stated that they are also working with Trustee Morris and Ms. Farley in looking at the commercial real estate and how it has performed over time. They are using a hypothetical comparison to the way the funds had been invested with the Permanent Fund against the commercial real estate.

CHAIR HALTERMAN asked about recruitment which, as a general rule for State government, is challenging right now. With regard to the turnover, is that the largest turnover within the program staff, or is this something that was encountered before. She also asked if the trustees could do anything to help.

CEO WILLIAMS replied that he recollected having two positions vacant in a given period historically. But he believed this is a first in terms of having three vacant positions. He stated that typically the staff at the Trust are here because of the mission, the work, and the collegiality with their peers in the Trust Authority Office and the Trust Land Office. There is not a lot of turnover. He added that he is optimistic and hopeful that those positions will be filled as quickly as possible. He stated that we are fortunate that the Trust has a good reputation in the community, with State partners, and other partners, and that people do pay attention to opportunities that present themselves. He continued that this is the time of year that we work on the annual report, and we have been working on a refresh of how that information is presented. He also talked about looking at the operational elements of what is seen as a growth potential for the Trust Authority Office and the space needed in an environment that seems to be changing from where it was pre-COVID in terms of where people work. He looked forward to having conversations with the TLO and bringing the trustee voice and guidance into that conversation in the future, as well. He also stated his anticipation toward the December 15th release of the Governor's FY25 budget. He continued that they will be looking at this budget and how it will impact the beneficiaries, the programs and services that support them, and how it compares to the recommendation that the trustees put forward for State General Fund dollars for programs and services. That will be the kickoff for the next phase of budget development for FY25 and the advocacy. He moved to Crisis Now and alerted trustees that he would provide a more detailed update later. He continued that on Friday, the Department of Health, Department of

Family and Community Services, the Trust, and the contractors at Agnew::Beck and their team are doing a presentation to Senate Judiciary that is required related to the legislation related to patient rights. He anticipated that it will be a very good conversation with the committee. Highlighted will be the process that was used to develop the report that was released, and then making some recommendations. He added that there were over 90 recommendations in that report for what the Legislature and others could do to improve the system of care related to psychiatric patient rights. He noted that at the end of this month is the annual Reducing Recidivism Conference, which is a Trust-funded conference that is part of the disability justice focus area that the trustees approved the funding for in the budget. He continued with a brief outline on the plans for the upcoming work, including the two-year budget cycle.

CHAIR HALTERMAN thanked CEO Williams, and moved to the next topic.

RURAL OUTREACH REPORT

CEO WILLIAMS stated that they had successfully pulled off the 2023 Rural Outreach Trip on November 1 through 3. He thanked Valette, Allison, Debbie, the team at Agnew::Beck, and others that were involved in the logistics, planning, and the execution of the trip. We were able to get out to the YK region and Bethel in November. He continued that the weather cooperated, and we were not only able to get to Bethel, but were also able to get out to the four outlying villages. We were able to really understand how the tribal health system works at the village level and, in some cases, some of the villages have a subregional clinic, but in other cases, the villages only have a health clinic. We also found out how that connects to the hub of Bethel and the healthcare provided there. He added that it was a successful trip, and he wanted to provide an opportunity for some dialogue from the trustees that joined them on the trip, from staff and some observations. He talked about the goals of the trip. It was important to understand culture, to understand values, and to also understand the place. He added that it was good to get out to the Bethel region. In some opening remarks CEO Dan Winkelman from YKHC, shared that the Trust has a pretty rich and strong connection to the YK region, but we had not done a rural outreach trip to this region in Trust history. He continued that he sent trustees a link to some comments and an interview with John Malone, one of the original trustees with a strong connection to the region, that has been maintained over time. He stated that there were 23 participants on the trip which included legislators, staff, partners and representatives from the departments. He continued that they had always tried to have a good mix of policy-level leadership on these trips because not all of these individuals had ever been out to a hub community, let alone a village. Scott York, CEO of API, and Steven Bookman, an attorney that works for API, had their first experiences out there. They interact with and provide services or advocate for beneficiaries that come from communities in the region. He added that being able to expose them to an experience that gives them a sense of place as they provide care or advocate is important. The same could be said for anyone on the list; this was huge for them. He stated that we split up in teams and went to 16 different site visits. Not everyone was able to go to every site. We visited everything from a women's domestic violence shelter to the Bethel Winter House which provides shelter for houseless people, as well as YKCC, the Kuskokwim Correctional Center, and the DJJ youth facility. We visited programs and sites that provide services to all of the beneficiary cohorts. He shared some photos from the trip. He added that YKHC graciously donated the space, the food, hosted a reception, and CEO Dan Winkelman provided an overview of the YK region and how YKHC and the healthcare system operates within the region. There were several board members from YKHC at the reception, and at each of the site visits to the outlying villages. He continued through the photos and the slides of the trip. He asked Trustee Fisher to share some of his experiences.

TRUSTEE FISHER stated that it was a good trip and interacting with the local folks, both in Bethel and Toksook Bay, was part of it. He was very impressed with one of the private initiatives, although a lot of things seen were funded through the health systems, State government or Federal government. The youth initiative there for schooling is pretty impressive. He continued that a group of the nine largest organizations in the Bethel area saw a need to develop local talent and technical skills and to put together a program that is funded by all of them. He commented on the hospitality received in every place he went; everyone was so kind, helpful and very willing to answer any questions that anyone in the parties had. He added that he, personally, felt very welcomed where he went. He added that all the people he saw and interacted with in the healthcare center were all Alaska Natives and were very competent and capable. The other impressive facility is the school. It began as a boarding school, and is over 50 years old, and is kept in very good condition. Almost all the staff there are also Alaska Native. There was a community meeting in the tribal center, and he was impressed with the number of people that attended and with their questions and comments. He added that many of the comments could have been heard here in Anchorage, which was interesting because they do not have access to the same support groups and resources that are available in Anchorage. It was also interesting that they wanted to do self-management. He stated that he would be interested in understanding why each participant was invited to participate in that trip, and it could just be written so other trustees could see it as well. He would also like to know the cost of the trip to understand the balance. He totally saw the value in that trip for himself personally. He wanted to understand the expenses associated in balance with the funds given to organizations that treat the beneficiaries. Overall, he enjoyed the trip, visiting and learning about every person that he talked to there.

CEO WILLIAMS stated that they were working on a summary report of the trip that will include some of the information. Other pieces of information could be provided for the trustees in terms of costs and things like that. He continued that Trustee Morris went out to Napakiak and asked if he would share some takeaways.

TRUSTEE MORRIS stated that he made it out to Napakiak and made it back. He thanked the staff for organizing a very well-organized and incredibly informative trip. It was a great opportunity for him to get to meet people where they live. He did not know any other way that he would have been able to do that without this trip. It was interesting to see how much we all have in common, despite living in very different places; the unique issues facing folks in the village and the different generations' response to that. It was a fantastic trip, and he looked forward to being able to go on the next one.

CEO WILLIAMS stated that Trustee Fimon was with him out in St. Mary's and asked him to share some thoughts and reflections.

TRUSTEE FIMON stated that he really enjoyed the trip and thanked all for the organization. He thought that the variety of folks that went was valuable. His takeaway was: It was all about relationships. It was great to get out there and meet or re-meet some of the folks known from the past, but also to see some of the people that traveled from Bethel with us to go out and see their cousins, friends and people. He enjoyed that. He added that he respected the boldness of various administrators who were not shy about asking and letting us know about needs and what we could do to help them. He stated that it was his honor to go to St. Mary's. He was also taken by the fact they are very proud to have one of their own be the superintendent at the school, and the

pride of the Elder that spoke about that. He was happy to hear some of the stories and just gather some information for a better understanding of what the beneficiaries are dealing with.

CEO WILLIAMS asked if any of the other trustees had any questions or curiosities based on what had been shared.

CHAIR HALTERMAN added that she had heard a lot of feedback about this rural outreach trip. There has been a lot of activity by the folks that were participants in the trip within a lot of social media posts that shared a lot of insight about this experience and the benefits gained from going out to those rural communities, and seeing what they were up against in areas they had not visited before. She also appreciated Trustee Fisher's request to understand that relationship for each of the participants. It will be beneficial for all trustees to understand the role of each of those participants and why they are important participants in rural outreach trips like this, and how the Trust partners with them. Thank you for the feedback from all of you. It will be helpful in reflecting in the future about what is gained from these kinds of experiences. It had been a long time since a rural outreach trip had been done, and this had been on a back burner for a long time. This project was envisioned by Chris Cooke, a former chair of the board of trustees, to go out to the Bethel region many years ago.

CHAIR HALTERMAN recognized Allison Biastock for a communications update.

COMMUNICATIONS UPDATE

MS. BIASTOCK began by acknowledging and thanking her colleagues at both the Authority Office and the Trust Land Office, with a special shoutout to Valette Keller who supports much of the work that will be discussed. She went through the communication goals and stated that they consistently work to increase the understanding of this unique organization: How we earn, manage, and deploy the resources. She mentioned the website, which is hugely important in the work and is often the first stop for folks learning about the Trust. She moved to social media and stated they continue to maintain Trust Facebook and Instagram accounts, with the bulk of the activity being on the Authority pages. Social media remains a very low-cost way to message and boost earned media. It is a space with an audience that wants to follow the Trust, and it is a smart place to be. We do a variety of posts, some preplanned and some in the moment. They can be educational and focused on collected data. She stated that trustees had asked about the comments on social media and how many were positive and negative. She replied that the most common interaction with a Facebook post is a "like" or a "love." In the last 90 days, there were 478 reactions on posts, and 34 comments. She also talked about some of the comments unrelated to the post, but critical of another component of the work, which may be around things like land development. She added that, generally, it is right-sized for this organization, and we will continue the program. She continued to the media campaigns. The lands campaign, "About the Trust" campaign, began in the fall of 2020. Followed were trustee directions to help increase the understanding of the unique role of the Trust and Trust lands; specifically, how revenues generated from Trust lands help support Trust beneficiaries. She talked about a 30-second animated video that was created last year that helps viewers understand not only how revenues are generated on Trust lands, but how those revenues are then used to support our work on behalf of Trust beneficiaries. She shared some of the outcomes of the campaign. She added that since the video was recently created, the plan is to use it again this winter. She also talked about the radio spots, as well. She stated that we are currently in the process of meeting with partners to collect photos and videography of beneficiaries, as well as partners for this effort. It is a great opportunity for the Trust to engage with grantees and partners in help promote these important

messages. We also anticipate developing two to four video spots, as well as digital materials, using the photos collected and direct quotes from beneficiaries as part of this effort. She was excited to have this underway, and to share those materials with trustees at the next update.

CEO WILLIAMS underscored trustee and staff communication about things like stigma.

MS. BIASTOCK stated that the role of staff and how they communicate with partners and the audiences that they have the opportunity to engage with cannot be understated. She moved to some highlights from the four-part series which was sponsored content initiative in the Daily News. It had offered updates to work that is happening as part of the Crisis Now initiative. She moved to the new e-newsletter, which was launched this fall, noting that it is a great way to improve awareness of the work and to get more play out of the materials already being produced. The hope is for a quarterly newsletter. She moved to a short report on the plans beginning for the next Improving Lives Conference. The final highlight was some work getting underway to develop some simple marketing materials for Trust carbon resources. The TLO has begun mapping the forest resources in Southeast Alaska, knowing there are tens of thousands of acres that are conducive to this type of work. The majority of the acres of Trust forest are healthy and fast-growing, and they can sequester carbon very quickly. That information, coupled with the unique mission and how the revenue would be generated and how they support some of Alaska's most vulnerable residents, is very compelling. She then continued with the stigma survey. A significant component of the media work centered on the reduction of stigma experienced by the beneficiaries. This year they contracted with Alaska Survey Resource to conduct a survey on this issue. This was the second time this specific survey had been conducted. She noted that there was a PDF of the complete executive summary in the handouts received yesterday.

MR. MOORE gave a brief context of what was being done with the survey research and asked for any questions. He added that it was a great project to do in this format.

CHAIR HALTERMAN thanked them both and was glad to see the addition of Public Radio. She stated that it would be interesting to see the impacts of that over time. She asked the trustees for any questions.

TRUSTEE FISHER asked when the survey was done and what the specific negatives were.

MR. MOORE replied that it was fielded right at the beginning of June.

MS. BIASTOCK stated that the executive summary was shared and there is a 200-some-page document with all the detailed information and crosstabs available. She continued that she would provide a copy of that to anyone interested.

TRUSTEE FIMON thanked Ms. Biastock for the report. He agreed that the more awareness a person has, the odds are that there would not only be more positives, but also some negatives.

CHAIR HALTERMAN called a break.

(Break.)

CHAIR HALTERMAN called the meeting back to order and moved to the Finance Committee report. She recognized Julee Farley, the new CFO.

FINANCE COMMITTEE REPORT/UPDATE

MS. FARLEY stated that this was her first time working with the Full Board, and asked for a trustee to read the motion.

MOTION: The Board of Trustees approve the Finance Committee's recommendation to authorize the transfer of \$30,240,200 from the Alaska Permanent Fund Corporation budget reserve account to the Mental Health Settlement Income Account to finance the Fiscal Year 2024 base disbursement payout calculation. The CFO may fulfill this motion with one lump sum or multiple transfers. The motion was made by TRUSTEE FIMON; seconded by TRUSTEE BOYLES.

MS. FARLEY stated that the calculations for this payout were included. It was a 4.25 percent average market value from the prior years for the Alaska Permanent Fund Corporation investment balance. She asked for any questions.

CHAIR HALTERMAN stated that it was a pretty straightforward transaction, and we had the full discussion during the committee meeting. Seeing no questions from the trustees, she called the question.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Morris, yes; Trustee Fisher, yes; Chair Halterman, yes.)

AUDIT & RISK COMMITTEE REPORT/UPDATE

TRUSTEE FIMON moved to the Audit & Risk Committee report from the discussions of the October 20, 2023, meeting. He stated that BDO would do a presentation of the audit report and financials, and he introduced Michelle Kiese.

MS. KIESE stated that she is the assurance director at the BDO office in Anchorage. She continued that Bikky asked her to present the audit wrap-up documents and to go over a few things on the financials. She began with the status of the audit and stated that the audit of the financial statements as of and for the year ended June 30, 2023, had been completed. The audit was conducted in accordance with Generally Accepted Auditing Standards in the United States of America and Government Auditing Standards issued by the Comptroller General of the United States. The objective of the audit is to obtain reasonable, but not absolute, assurance about whether the financials are free from material misstatements. The scope of work performed was substantially the same as that described earlier in the audit planning communication. An unmodified opinion on the financials was issued, and we released the report dated November 14th. She added that an unmodified opinion is the best opinion that can be received, which is always good. She continued that they also issued their report on internal control over financial reporting and on compliance and other matters, based on an audit of financial statements performed in accordance with Government Auditing Standards. All records and information requested by BDO are freely available for inspection, and management's cooperation was excellent. They received full access to all information requested while performing the audit, and acknowledged the full cooperation extended to them by all levels of Trust personnel throughout the course of the work. She then went over the results of the audit, which she summarized and talked about the Trust's significant accounting practices and policies. The accounting practices and policies were appropriate, comply with Generally Accepted Accounting Principles and

industry practice, and were adequately described within Note 1. The summary of recently issued accounting pronouncements was included in Note 17 to the Trust financial statements. There were no changes in significant accounting policies and practices during FY23. Management did not make any significant changes to the process or significant assumptions used to develop these accounting estimates in '23. No significant or unusual transactions or any transactions of which there was a lack of authority or guidance were identified. She continued that there were no uncorrected misstatements. There were two corrected misstatements that were included in the RUP letter. She moved to the next area, which was internal control over financial reporting. She stated that, in conjunction with the audit of the financial statements, it was noted that there were no material weaknesses. She explained that there were no significant changes to the plan audit strategy or significant risks that were initially identified and previously communicated to those charged with governance as part of the audit planning communications. She also noted on that page that there were no disagreements with management. There were also no significant difficulties encountered during the audit. She then moved to the financial statements and continued through, explaining and commenting as she went through. She explained the summary of the audit results, and that they issued an unmodified opinion. Over internal control of financial reporting there was one significant deficiency identified, which she explained and pointed out. She stated that there were two findings last year, and Finding 2022-001 was similar to and also pertained to the \$8 million adjustment that has to be booked. There was also a component with GASB 87. She noted that 2022-002 had been resolved.

TRUSTEE FIMON thanked Kat Roch, the budget controller, and also Julee Farley, the new CFO, who did get involved. He also stated appreciation to all the people involved.

MOTION: A motion for the Board of Trustees to accept the Alaska Mental Health Trust Authority basic financial statements and Government Accounting Standards auditor's report for the year ending June 30, 2023, was made by TRUSTEE FIMON; seconded by TRUSTEE MORRIS.

TRUSTEE FIMON commented that from his position of Audit Chair that he believed it was the history that at some point in time, once an audit was completed and signed off that it was posted. He wanted to be sure they all knew.

CHAIR HALTERMAN stated that this will be a public document once the trustees made their final recommendations and voted to accept the audit.

CFO FARLEY added that BDO is a true expert in the field, and they were a pleasure to work with. It is good to go through this process every year, and though it may never be the highlight of the year, it certainly is very important work. She also reiterated her kudos to Kat Roch as acting CFO, who handled a majority of the audit.

CHAIR HALTERMAN thanked Ms. Farley for recognizing the work that staff does on the audits. She called a roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Morris, yes; Trustee Fisher, yes; Chair Halterman, yes.)

CHAIR HALTERMAN noted that the motion was passed, and called a lunch break.

(Lunch).

CHAIR HALTERMAN called the meeting back to order, and moved to Public Comment.

PUBLIC COMMENT

CHAIR HALTERMAN stated that it was the time on the agenda for Public Comment and added that a written comment was received from Faith Meyers and was part of the trustee's packet. The public comment period was from 12:30 until 1:00 o'clock. The public comment period allows individuals to inform and advise the Board of Trustees about issues, problems, or concerns. It is not a hearing. She continued through the rules of public comment and stated that the Chair maintains the right to stop public comment that contains inappropriate or inflammatory language and/or behavior. She asked if anyone identified themselves for public comment in the room.

MS. SMITH-COOLIDGE replied that no one identified themselves in the room, but there may be one or two online.

MS. BEN-YOSEF stated that she is Tamar Ben-Yosef, the executive director for the All Alaska Pediatric Partnership. She continued that they are a statewide nonprofit, and the lead agency for the program Help Me Grow Alaska. She was called in to just thank the Board of Trustees and the Mental Health Trust for their continued support of the Trust program, Help Me Grow Alaska. This program was launched in 2018, and we operate a call center for families. She added that there has been an increase in the calls and cases opened in the call center, doubling from year to year. She took the opportunity to share some of the latest caseload and shared a quote from the most recent evaluation that was done for Help Me Grow Alaska. She stated that, to date, they have had 3,362 new cases open. A case can include anywhere from four to ten interactions with the family, on average. She added that, while that was the number of cases, the number of actual calls were much higher than that. For the year 2023, there were 1,329 new cases, with 122 new cases open in the last 30 days. Normally, there would be a slowing down in October and November, but this year the numbers continue to steadily climb. One of the recent responses received was "My son is finally on the path to getting the help he needs for his difficulties in school and at home. I had been trying for a couple years to get him help, and it was not until I was told about Help Me Grow from his pediatrician that I actually had someone listen to me." There have been many similar responses, and we are able to do this work thanks to the continued support from the Mental Health Trust.

CHAIR HALTERMAN thanked Ms. Ben-Yosef for her work and stated appreciation for hearing testimony from the beneficiaries. She asked for anyone else online that would like to give public testimony or public comment. Hearing none, she stated they would keep the public comment period open but will continue to work because of the tight schedule. She moved to the Program & Planning Committee update, and recognized Katie Baldwin-Johnson.

PROGRAM & PLANNING COMMITTEE REPORT/UPDATE

MS. BALDWIN-JOHNSON stated that before them were the motions for the Full Board to consider beginning with True North Recovery Mat-Su Valley Mobile Crisis Team and then the Alaska Behavioral Health Fairbanks Mobile Crisis Team. The Program & Planning Committee recommended that the Full Board consider approval of those projects.

MOTION: A motion was made for the Full Board of Trustees to approve a \$750,000 FY24 Mental Health and Addiction Intervention Focus Area allocation to True North Recovery, Inc., for the Year 2 Mobile Crisis Team Project. These funds will come from the FY24 Crisis Continuum of Care budget line. The motion was made by TRUSTEE BOYLES; seconded by TRUSTEE STURGEON.

CHAIR HALTERMAN stated that this was discussed in the Program & Planning Committee, and we allowed some time for any follow-up questions.

MS. BALDWIN-JOHNSON stated that they did not have additional information to add, and the partners were online.

CHAIR HALTERMAN asked the trustees for any questions or comments.

TRUSTEE MORRIS reiterated his thoughts from when this was voted on in committee. He believes that the mobile crisis team is a very good effort, but the utilization remains below capacity. He stated that it seemed premature to be adding a second \$750,000 to the same site, and same unit which was underutilized.

A brief discussion ensued.

CHAIR HALTERMAN called for the vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Morris, no; Trustee Fisher, yes; Chair Halterman, yes.)

CHAIR HALTERMAN congratulated the True North Recovery folks and looked forward to getting additional feedback on how it would all roll out. She moved back to Public Comment to see if there was anyone online interested in giving public comment. She stated that she would hold public comment open for the next nine minutes. She asked for the introduction of the next motion.

MOTION: The Full Board of Trustees approves a \$750,000 FY24 Mental Health and Addiction Intervention Focus Area allocation to the Anchorage Community Mental Health Services, Inc., d/b/a Alaska Behavioral Health, for the Fairbanks Mobile Crisis Team Project. These funds will come from the FY24 Crisis Continuum of Care budget line. The motion was made by TRUSTEE BOYLES; seconded by TRUSTEE STURGEON.

CHAIR HALTERMAN made a final call for anyone online to give public comment. She took time to thank Faith Meyers for always weighing in and giving public comment. She stated appreciation for the fact that Ms. Meyers is a wonderful public advocate for those with behavioral health challenges. She continued that it was 1:00 o'clock, and Public Comment had concluded. She noted that written comments can be submitted via email, fax or mailed. She resumed with the Program & Planning Committee, and asked Mr. Boyer for any additional commentary.

MR. BOYER stated that this came forward with the Alaska Behavioral Health Fairbanks Mobile

Crisis Team which serves the City of Fairbanks, but also outside of the boundaries of that. He noted that Jim Myers, the chief executive officer, and Sarah Koogler, the director of adult services, were from their offices in Fairbanks. He gave a brief background, and asked for any further questions.

CHAIR HALTERMAN asked for any questions or comments from trustees.

TRUSTEE MORRIS clarified comments from the previous vote that he did not respond to at the time. There was a comment made that I was concerned about the cost of a response, and the math was \$268 per response. In Mat-Su the response was \$1500 per response and was worth it. He stated that the reason he voted no is because there were only a fraction of responses per day. The situation in Fairbanks is significantly more, and the funding seems more appropriate.

CHAIR HALTERMAN asked Mr. Boyer for his observations in the budgets between the two very different projects in different communities.

MR. BOYER replied that the comparison is the two different regions, and he was encouraged that there would be some different data the next time coming before the trustees around what is happening in the Mat-Su.

CHAIR HALTERMAN called the question.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boyles, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Morris, yes; Trustee Fisher, yes; Chair Halterman, yes.)

STATUTORY ADVISOR UPDATE ALASKA COMMISSION ON AGING

MR. HAGHAYEGHI thanked everyone for their time and extended a special thank you to the Trust. This last year had been quite productive. Two exciting pieces of news to start out with was that the State Plan for Senior Services had been officially implemented on October 1st. That was finalized, and we are now working on getting versions of the State plan produced and then working on getting the document accessible for posting online. The next news was the completion of the legislative audit. The findings have not yet been made public, but we are pleased with the recommendations. There will be more updates on that the next time there is a quarterly meeting. He added that a big chunk of the work of these two projects was done over the last year. The State Plan would not have happened without the support of the Trust. He moved to the Alaska Commission on Aging, which is centered around ensuring the dignity and independence of Alaska seniors. We work to assist seniors in leading useful and meaningful lives through the planning efforts, advocacy efforts, education, interagency operation, and formal recommendations that are made to the Governor and to the Legislature. He continued that there were some changes in the Commission composition and, at this point, we have two public vacant seats. We were hoping for some representation from the Coastal communities, as well as from Alaska Natives. He talked about Alzheimer's Awareness Month and then talked about a few facts of the senior demographics in the population which is expected to grow by 500 percent. He talked about the noninvasive diagnosis, and other procedures and their advancements.

TRUSTEE MORRIS looked at the significant increase in the senior population and asked if there were enough healthcare providers, geriatricians, primary-care physicians, people to take care of

this population.

MR. HAGHAYEGHI replied no. People have to travel to major hub communities like Anchorage or Juneau in order to receive specialized care, including geriatric care. It is already an issue.

TRUSTEE MORRIS stated that it seemed to be the time to try to increase the supply of providers, and the access to care as distinct from a time to cut costs.

MR. HAGHAYEGHI added that if the problem is not addressed sooner rather than later, the problem will become much costlier. He pointed out that this subpopulation of Alaska is growing, and they have a tremendous impact on the economy as a whole. This significant chunk of population contributes significantly to the economy of Alaska.

TRUSTEE FISHER asked how Alaska compares to the rest of the United States in the field of geriatrics. He explained that there is a ration of patients to doctors needed for every specialty. There is one pediatric endocrinologist in Alaska because the population is just not big enough to warrant having more than one. Understanding the ratios when looking at raw numbers versus percentages is really valuable information when looking at supporting what can be best done for the aging population. He added that this is very good information, and that is good for us to know.

TRUSTEE MORRIS reflected on some of the comments and stated that there was an observation that things have changed in Alaska in the healthcare arena over the past 20 years. There are more specialists here than 20 years ago, and that is a good thing. He stated that he believes that there are significant opportunities now, through regulatory reform, to leverage policy making reform to access to care. Those efforts would have a broad buy-in of the healthcare community in Alaska. He added that this is an opportune moment to plan ahead for this aging population.

TRUSTEE FISHER commented on how to provide better resources to the senior population: we have to be more serious about telemedicine in the state of Alaska. He talked about the services and how to provide them using the part-time basis, and the telemedicine basis.

CHAIR HALTERMAN agreed on advocating for increased use of telemedicine and added that, on a federal level, they are looking at additional allowances for Medicare use.

MR. HAGHAYEGHI stated that the audit was completed and added that the next board meeting was December 4 and would be all virtual. He continued through his report and talked about the two available public seats.

TRUSTEE BOYLES stated that she had to leave, and apologized.

CHAIR HALTERMAN excused Trustee Boyles, and called a break.

(Break.)

CHAIR HALTERMAN called the meeting back to order. She stated that Trustee Morris was still on the phone, but would be dropping off soon. She continued that they were at the next statutory advisory update from Stephanie Hopkins, acting executive director for the Alaska

Mental Health Board and Advisory Board on Alcoholism and Drug Abuse.

ALASKA MENTAL HEALTH BOARD/ADVISORY BOARD ON ALCOHOLISM AND DRUG ABUSE

MS. HOPKINS stated that she is the acting executive director of the Alaska Mental Health Board, Advisory Board on Alcoholism and Drug Abuse and the Statewide Suicide Prevention Council. She explained that the Alaska Mental Health Board and Advisory Board on Alcoholism and Drug Abuse are charged with planning and coordinating behavioral health services funded by the State of Alaska. The joint mission of AMHB and ABADA is to advocate for programs and services that promote healthy, independent, and productive Alaskans. She explained that they met quarterly, and the fall meeting is typically held in a rural community. In October, they have their elections for the upcoming year, and Renee Schofield will be the chair of ABADA. AMHB would be chaired by James Savage, one of the tour guides during the site visit to the Day One Center in Wasilla in May. She continued that the boards would get to work on committees in December and added an ad hoc committee on food and nutrition, and one on board development, in addition to the standing executive and advocacy committee. They would also have committees starting on psychiatric care and federal legislation pertaining to mental health, suicide, and substance use. She stated that there were some exciting things planned for the boards in the upcoming year, and we would love to have a full roster. She also talked about the staff updates. She added that they hoped to be posting the vacant staff support positions soon. It was currently being retooled to be focused more on consumer engagement. She gave a short report of their meeting in Valdez, and the presentations from community providers. She announced that their chair, Brenda Moore, was stepping down from the boards after 19 years of service. She had been around for the joining of the two boards and probably hired 20 executive directors. She was also around for the passage of landmark legislation. Her leadership is a huge part of the reason why that chaos and ship was righted. She recognized Brenda's services and thanked her for all that she has given to the boards.

CEO WILLIAMS thanked Ms. Hopkins for her comments and sincere compliments. He also stated appreciation for Ms. Hopkins stepping up to fill the role of permanent executive director. He also recognized Brenda Moore and stated that she was one of those individuals that always has the beneficiary perspective at the forefront. She also brought a voice to that, not only through her lens, but through people with lived experience. He wanted her to know that she was that voice since he first met her in 2005, and he thanked her.

MS. BALDWIN-JOHNSON echoed all of the comments and appreciation for Brenda and recognized what a powerful voice she had been in advocating on behalf of Trust beneficiaries. She was a leader with Christian Health Associates and was a faith-based and community-initiative advocate and consultant for quite some time. She added that Brenda would be missed, and she thanked her for all of her service.

MS. MOORE thanked all for the kind words and noted that it was an amazing 19 years. She shared how the last few months were for Ms. Hopkins and the executive committee, and she thanked the Trust for all of their support. It was a stressful, difficult time, and Stephanie has done an amazing job. She added that she would not be in the middle of it anymore, but will still be watching.

CHAIR HALTERMAN stated that Brenda would be very missed and asked for any comments or questions from the trustees. She thanked them, and recognized Mr. Reinhart.

GOVERNOR'S COUNCIL ON DISABILITIES AND SPECIAL EDUCATION

MR. REINHART stated that Jenna Crafton, their chair, sent her apologies for not being able to join the meeting. He began with an update of some of their committees. He stated that the big news was a \$10 million, five-year grant from the Federal Government, the Rehab Services Administration, to really push the envelope on getting youth with disabilities lined up for a career and employment track. It is super exciting. The Department of Education and Early Development applied for the grant. The partners in this grant were the State Independent Living Council doing the youth leadership forum across the state. This will be training youth with disabilities on becoming leaders, conducting a youth aviation academy, and then doing community emergency response team training for young people with disabilities. He then moved to SAIL, Southeast Alaska Independent Living, which will expand their rec works program to support the Kenai Peninsula Independent Living Center to replicate that very successful job-training and confidence-building program they have for youth with disabilities. He continued going through some of the other successful programs and activities. He talked about the recent Best Job Fair Symposium that was at the Fairview Rec Center, and then shared an interview of Duane Mayes, the director of DVR.

(Video played for the record.)

MR. REINHART moved on to Project SEARCH. This is a year-long training program for young people with intellectual and developmental disabilities. They are all based in hospitals. The one in Anchorage is at Providence Hospital. There were 11 interns this year, and most of them came from the program right downstairs from the Trust. This will be their last year of participation in the Anchorage School District because they will get nine months of intensive training in three different internships, and will do rotations. He noted that the Anchorage Project SEARCH got a national award in July at the national conference from the National Project SEARCH Program for 100 percent employment of every one of their interns. That means full employment. Many of the interns have gone on to full-time jobs, including benefits, and many at the hospital itself, and other places, as well. He then mentioned microenterprise, a Trust-funded program. We work very closely with the Center for Human Development on awarding these microenterprise grants. He explained that there were nine applications received this last solicitation, and eight of them were funded. He then talked about the community inclusive supports committee, and we did ask for recognition from the congressional delegations. They provided it for National Direct Service Professional Week. He continued through his presentation, explaining as he went through. He also mentioned their colleagues for the Alaska Association on Developmental Disabilities and some of the highlights for them. They were supported with a grant. It was an inaugural event, very well attended, and attendees had to be a direct service professional. It was a huge success. He then discussed the federal bills and issues they support. He talked about the occupational code bill, the FASD Respect Act that Senator Murkowski submitted with Senator Klobuchar from Minnesota, and we are supporting that. He then went through the upcoming events and the dates of the council meetings.

CHAIR HALTERMAN asked for any questions or comments from trustees.

TRUSTEE FIMON thanked Mr. Reinhart for his presentation, and stated appreciation for his depth of experience and knowledge.

TRUSTEE COMMENTS

TRUSTEE STURGEON stated that it was a very interesting meeting, and he learned a lot. He thanked the staff and stated appreciation for the effort in putting these together and all the presentations and all the presenters. He thanked them very much, and headed to the airport.

TRUSTEE FIMON thanked staff, all those that presented, and for all the information. He was also happy to reflect on the outreach trips, which was very meaningful. He thanked all for that and thanked his fellow trustees for all the good input that they bring in, as well.

CHAIR HALTERMAN stated that Trustees Morris and Boyles were excused.

TRUSTEE FISHER thanked the staff who were able to put this together in spite of the weather conditions. It seemed to go off without any issues, that we could quickly move into a virtual-mode board meeting, and get all the information out that needed to be delivered; allowing beneficiaries and other community members to participate no matter the weather conditions. He stated appreciation for the information, the education, and added the rural outreach visit to Bethel. That was a valuable experience, and he appreciated the opportunity to participate and become acquainted with the people that live there that have to deal with the issues that are part of living in a rural and village environment.

CHAIR HALTERMAN thanked staff. There has been a lot of activity with the Trust over the last few months, and behind the scenes there is always work going on. She appreciates the flexibility of moving into a virtual mode for the safety of everyone that participates in the meetings. It could not be done this way without the support of staff, and she appreciated everyone in the room that makes this happen. She stated appreciation for all the statutory advisory board executive directors and representatives that came and presented. These meetings are always informative, and hearing what is going on with the advisory groups is very helpful. She also liked seeing progress towards removing folks off that waitlist. She thanked the trustees. The feedback received from trustees inside and outside of this room helps form future conversations. She asked for a motion to adjourn the meeting.

MOTION: A motion to adjourn the meeting was made by TRUSTEE FISHER; seconded by TRUSTEE FIMON.

After the roll-call vote, the MOTION was APPROVED. (Trustees Morris, Boyles, Sturgeon, and Moran were excused. Trustee Fimon, yes; Trustee Fisher, yes; Chair Halterman, yes.)

CHAIR HALTERMAN adjourned the meeting.

(Alaska Mental Health Trust Authority Full Board of Trustees meeting adjourned at 3:05 p.m.)

Current Trust Bylaws

1
2
3 ALASKA MENTAL HEALTH TRUST AUTHORITY
4 BYLAWS
5

6
7 ARTICLE I
8 NAME
9

10 The name of this organization is the Alaska Mental Health Trust Authority.
11

12
13 ARTICLE II
14 PURPOSE OF THE AUTHORITY
15

16 The Alaska Mental Health Trust Authority acts in the best interest of the beneficiaries
17 of the trust. It is accountable to:

- 18 (a) Provide for sound governance, fiduciary oversight and direction in achieving the
19 mission of the Trust Authority;
20 (b) Ensure an integrated, comprehensive mental health program for the State of Alaska
21 in partnership with Department of Health and Social Services (DHSS); and
22 (c) Preserve, protect, and grow the trust corpus and administer trust assets.
23
24

25 ARTICLE III
26 BOARD OF TRUSTEE MEMBERSHIP AND TERMS OF OFFICE
27

28 Section 1. Trust Authority board of trustees composition:

- 29 (a) The Trust Authority shall be governed by its board of trustees.
30 (b) The Trust Authority board of trustees, hereafter referred to as the board, consists of
31 seven members appointed by the governor in accordance with AS 47.30.016 and
32 confirmed by the legislature.
33

34 Section 2. Term of office, vacancies, and removal:

- 35 (a) The members of the board serve staggered five-year terms. A member shall continue
36 to serve until the member's successor is appointed and confirmed by the legislature.
37 (b) A vacancy occurring in the membership of the board shall be filled within 60 days by
38 appointment of the governor for the unexpired portion of the vacated term.
39 (c) The governor may remove a member of the board only for cause per AS 47.30.021.
40 (d) Except for a trustee who has served two consecutive five-year terms, a member of
41 the board may be reappointed. A member of the board who has served two
42 consecutive five-year terms is not eligible for reappointment to the board until one
43 year has intervened as per AS 47.30.021(d).
44
45

ARTICLE IV
BOARD OF TRUSTEE DUTIES

Section 1: The role of the board is to:

- (a) Set the vision for the organization;
- (b) Set policies for the organization, including adoption of regulations as appropriate under AS 47.30.031;
- (c) Adopt charters that define the role, authority, operating procedures, duties, and responsibilities of the board and standing committees; and
- (d) Approve contractual agreements with advisors as defined in statute and the settlement agreement, specifically Alaska Permanent Fund Corporation (APFC), Department of Natural Resources (DNR), and Statutory Advisory Boards.
- (e) Fulfill the duties listed in AS 37.14.007(b)(1)-(12).

Section 2: The board will conduct business in accordance with AS 47.30.036.

ARTICLE V
OFFICERS AND DUTIES

Section 1. The board, by a majority vote of its membership, shall annually elect a Chair, Vice Chair, and Secretary from its membership.

Section 2. The officers will be elected by a majority vote at the annual budget approval meeting, and officers' terms of office commence upon adjournment of that meeting. Officers' terms of office end effective at adjournment of the meeting in which new officers are elected.

Section 3. Officers may be re-elected to the office in which they serve by vote of the membership of the board as above. The board's intention is to allow board members the opportunity to serve in officer roles in support of ongoing board development. To that end, no member may serve more than 2 consecutive terms in the same office except as provided for by affirmative vote of 5 board members.

Section 4. If the office of the Chair becomes vacant, the Vice Chair succeeds to the office of the Chair and serves until an election held at the next board meeting. The newly elected Chair will serve until the next annual election.

Section 5. Except for the office of Chair, if an office of the board becomes vacant, an election shall be held to fill the vacancy at the next regular meeting following the vacancy. The officer will serve until the next annual election.

Section 6. The duties of the officers shall be as follows:

- (a) Chair
 - 1. Call all meetings. Preside at all meetings.
 - 2. Appoint chairs of committees and committee members.

- 1 3. Serve as ex-officio (voting) member of all committees, but may not
- 2 concurrently serve as board Chair and chair of any standing committee, with
- 3 the exception of the Executive Committee.
- 4 4. Act as primary spokesperson for the board.
- 5 5. Act as one of the official spokespersons for the Trust Authority, together with
- 6 the Chief Executive Officer (CEO), when requested by the Chief
- 7 Communications Officer.

8
9 (b) Vice Chair

- 10 1. Assist the Chair in the discharge of his/her duties.
- 11 2. Perform the duties of the Chair in the absence or incapacity of the Chair.
- 12 3. Perform other duties as assigned by the board.

13
14 (c) Secretary

- 15 1. Assume duties of the Chair when Chair and Vice Chair are unavailable.
- 16 2. Perform other duties as assigned by the board.
- 17 3. Assure that the records of board proceedings are maintained in accordance
- 18 with these bylaws and in accordance with AS 37.14.007(b)(2) and the Records
- 19 Management Act (AS 40.21).

20
21
22 ARTICLE VI

23 MEETINGS

24
25 Section 1. The board will hold four regular meetings each fiscal year. Committees will meet

26 as necessary to accomplish their responsibilities.

27
28 Section 2. Special or emergency meetings of the board may be held at such time and place

29 as the Chair may order; or upon the written request to the Chair of any four

30 trustees.

31
32 Section 3. Reasonable public notice of board and committee meetings shall be provided in

33 accordance with AS 44.62.310. Meetings of the board and its committees are

34 subject to the Open Meetings Act, AS 44.62.310 and 44.62.312.

35
36 Section 4. A quorum at all board meetings shall consist of four board members. A quorum at

37 committee meetings is a majority of the committee's members.

38
39 Section 5. No member of the board may designate a proxy.

40
41 Section 6. The board will schedule at least one period for public comment during each

42 regularly scheduled board meeting.

43
44 Section 7. Formal actions by the board are accomplished through adoption of

45 motions.

ARTICLE VII
COMMITTEES OF THE BOARD

There will be five standing committees of the board. Standing committee chairs and members will be appointed by the Chair after polling the board regarding individual trustee's interest and ability to serve. A member may serve as chair of only one standing committee at any time except as a stand-in until the next regularly scheduled board meeting. Standing committees will have a minimum of 3 committee members. The board chair may designate ad hoc committees to accomplish special purposes. Persons other than board members may serve on the board's ad hoc committees; however, such persons may not be voting members of such committees, only appointed board members may vote on committee actions. Committee recommendations will be reported to the board for action at the next regular board meeting.

Section 1. The Executive Committee of the board is composed of three board officers, the Chair, the Vice Chair, and the Secretary. The Executive Committee will:

- (a) Ensure development of policies for governing the Trust Authority for approval by the board.
- (b) Oversee implementation of governance policies at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.
- (c) The Executive Committee will meet only as needed.

Section 2. The Resource Management Committee will, in consultation with the CEO and Executive Director (ED) of the TLO:

- (a) Ensure development of policies for protecting, enhancing, and managing the trust's non-cash resources in the best interests of the beneficiaries for approval by the board.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.

Section 3. The Program and Planning Committee will, in consultation with the CEO and Executive Director (ED) of Mental Health Policy and Programs.:

- (a) Ensure development of policies to meet needs and improve the circumstances of beneficiaries; and recommends to the board for approval.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

Section 4. The Finance Committee will, in consultation with the CEO and Chief Financial Officer (CFO):

- (a) Ensure development of policies for investment and fiscal management for approval by the board.
- (b) Oversee implementation of approved investment and fiscal management policies on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

- 1 Section 5. The Audit and Risk Committee will, in consultation with the CEO and CFO:
2 (a) Ensure development of policies for managing the annual audit process and
3 identifying and addressing organizational risk for approval by the board.
4 (b) Oversee implementation of approved audit and risk management policies on behalf
5 of the board in accordance with Trust Authority statutes and regulations and the
6 committee charter adopted by the board.

7
8
9 ARTICLE VIII
10 CHIEF EXECUTIVE OFFICER

11
12 Section 1. The board shall select and employ a Chief Executive Officer as provided by law.

13
14 Section 2. The Chief Executive Officer is responsible for day-to-day operations of the Trust
15 Authority including planning, organizing, coordinating, and directing all activities
16 necessary to enable the Trust Authority to exercise its powers and duties, and
17 fulfill the purpose of the Trust Authority. The CEO will operate and conduct the
18 business and affairs of the Trust Authority according to the statutes, regulations,
19 bylaws, policies, and charters adopted by the board. The CEO duties and
20 responsibilities shall be set forth in a CEO Job description to be adopted by the
21 board.

22
23 Section 3. The Chief Executive Officer shall oversee administration of the contract with the
24 Trust Land Office on behalf of the Trust Authority to ensure compliance with
25 AS 37.14.009(a)(2).

26
27
28 Section 4. The board will evaluate the Chief Executive Officer's performance annually in
29 writing. The board will define the process for conducting annual reviews and
30 include it in the Board Operations Manual.

31
32 Section 5. Termination of employment of the Chief Executive Officer is by majority vote of
33 the board.

34
35
36 ARTICLE IX
37 PARLIAMENTARY AUTHORITY

38
39 Unless otherwise provided by law or these bylaws, the board's procedures shall be
40 governed by Robert's Rules of Order Newly Revised. The Chair may appoint an appropriate
41 person to serve as parliamentarian.

42
43
44 ARTICLE X
45 ETHICS

46
47 Board members are required to comply with the Alaska Executive Branch Ethics Act
48 (AS 39.52) and AS 47.30.016(c)(2).

1
2
3 ARTICLE XI
4 AMENDMENT OF BYLAWS
5

6 These bylaws may be amended at any meeting of the board. Amendment of these
7 bylaws requires 5 affirmative votes of board members provided that written notice and
8 copies of the proposed amendment have been submitted to the members 30 days prior to
9 the meeting, or by unanimous vote without notice.
10

11
12 ARTICLE XII
13 DEFINITIONS
14

15 In these bylaws,
16

17 **The Alaska Mental Health Trust** means the sum of all assets owned by the Alaska
18 Mental Health Trust as established by the Alaska Mental Health Trust Enabling Act, P.L. 84-
19 830, 70 Stat. 709 (1956) and the Mental Health Settlement Agreement (June 10, 1994),
20 including cash and non-cash assets.
21

22 **The Alaska Mental Health Trust Authority (the Trust Authority)** means the entity
23 charged with administering the trust, as trustee, is governed by a seven-member board. (AS
24 37.14.007, AS 47.30.011, AS 47.30.016)
25

26 **The Trust Land Office (TLO)** means the unit of the Alaska Department of Natural
27 Resources that is charged with managing the trust's natural resources, land, and other fixed
28 assets. (AS 44.37.050)
29

30 **Regular Meeting** means a board meeting that is scheduled at the annual budget
31 meeting to occur during the succeeding year, provided that a regular meeting that is
32 rescheduled on reasonable notice to the public is still a regular board meeting.
33

34 **Special Meeting** means any board meeting other than a regular meeting, including
35 an emergency meeting.
36

37 **Emergency Meeting** means any board meeting conducted for the purpose of
38 addressing time sensitive matters that may not be capable of resolution within the statutory
39 or delegated authority of the Executive Committee or the CEO. If an emergency meeting is
40 conducted on less than the customary public notice, public notice shall be published as
41 soon as practicable. If the agenda of an emergency meeting is not available in advance, the
42 agenda will be published as soon as practicable after the emergency meeting.

Mary Jane Michael, Chair

Laraine Derr, Secretary

Statutory Advisor Update

- **Governor's Council on Disabilities and Special Education**
- **Alaska Commission on Aging**
- **Alaska Mental Health Board /
Advisory Board on Alcoholism &
Drug Abuse**

Winter 2024 Trust Meeting

Governor's Council on Disabilities and
Special Education

Patrick Reinhart, Executive Director




GOVERNOR'S COUNCIL ON
DISABILITIES AND SPECIAL EDUCATION



A person wearing a yellow jacket, white helmet, and goggles is shown from the side, using a prosthetic left arm to hold a ski pole. They are on a snowy slope with other people in the background.

Topics Addressed

- Some FY 25 budgetary Issues for persons with IDD
- Council's priorities for 2024 legislative session
- GCDSE Updates



Early Intervention/Infant Learning Programs (EI/ILP) Budget

\$9,743.6 (\$1859.1 Fed, \$758.1 I/A Rcpts, \$7,425.5 GFMH, \$460.0 MHTARR)

- Serves Children 0-3 with developmental disabilities with a 50% delay or more (hoping this changes)
- Provides specialized services for infants and toddlers to increase functional abilities
- High risk because of \$7.42 M of GF/MH, but federal Maintenance of Effort (MOE) requirements mitigate this
- Under Council enabling statute, the GCDSE runs and staffs the advisory board for the ILP program, i.e. Interagency Coordinating Council (ICC), providing \$110.0 K RSA

Governor's Council on Disabilities and Special Education Budget

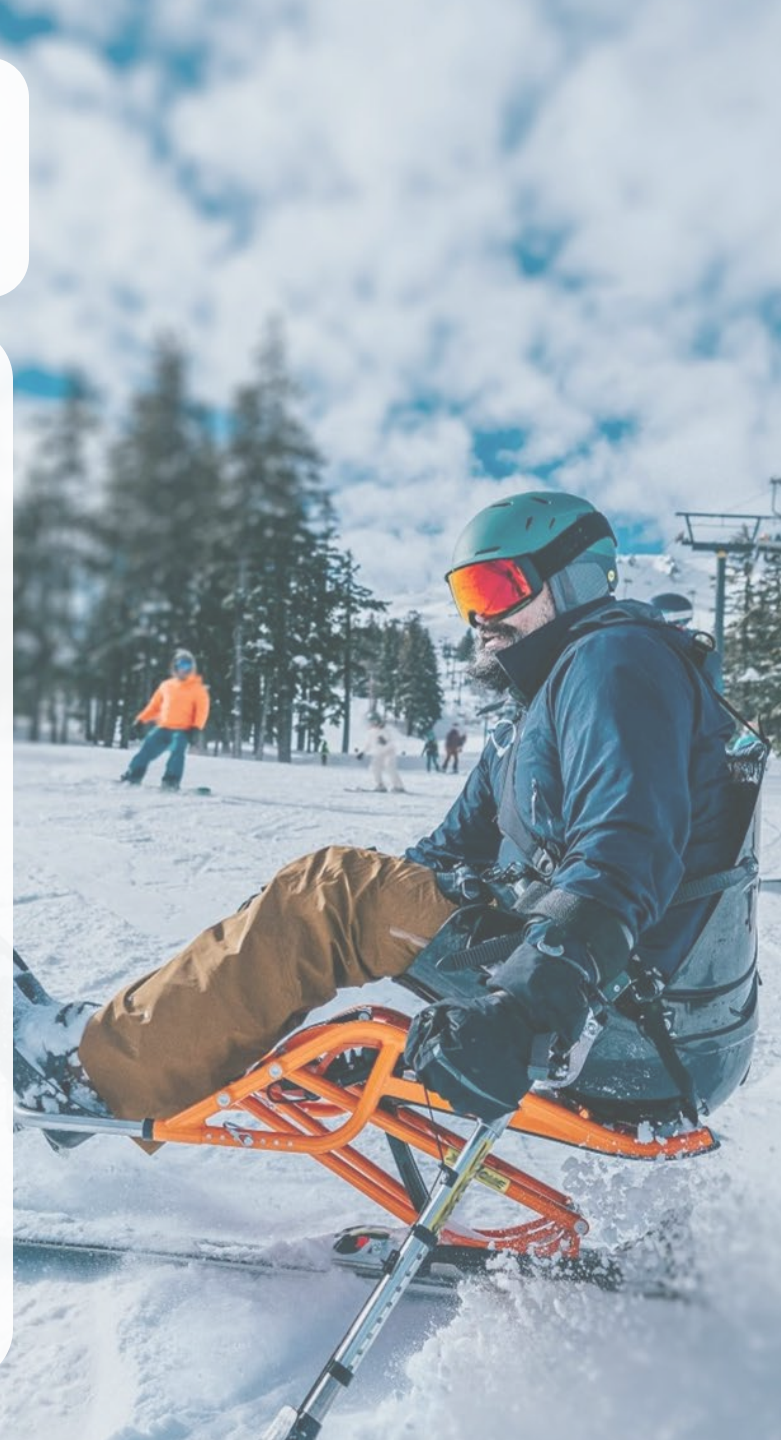
\$1,686.6 (\$948.4 Fed, \$481.4 I/A Rcpts, \$79.6 GFMH, \$ 184.5 MHTAAR)

Down \$300 K from four years ago

- We have 8 positions, but only enough identified funding for 7, down from 10 four years ago).
- \$430.0 K Living Well grant ends Sept. 30
- IA receipts: \$300 K Identified. Up from prior year with new DIF employment grant RSA from DEED
- GFMH: \$29.6 K –Governor reduced \$50.0. We need \$200.0 total
- MHTARR: \$184.5 for GCDSE Research Analyst (100%) and partial Planner Position

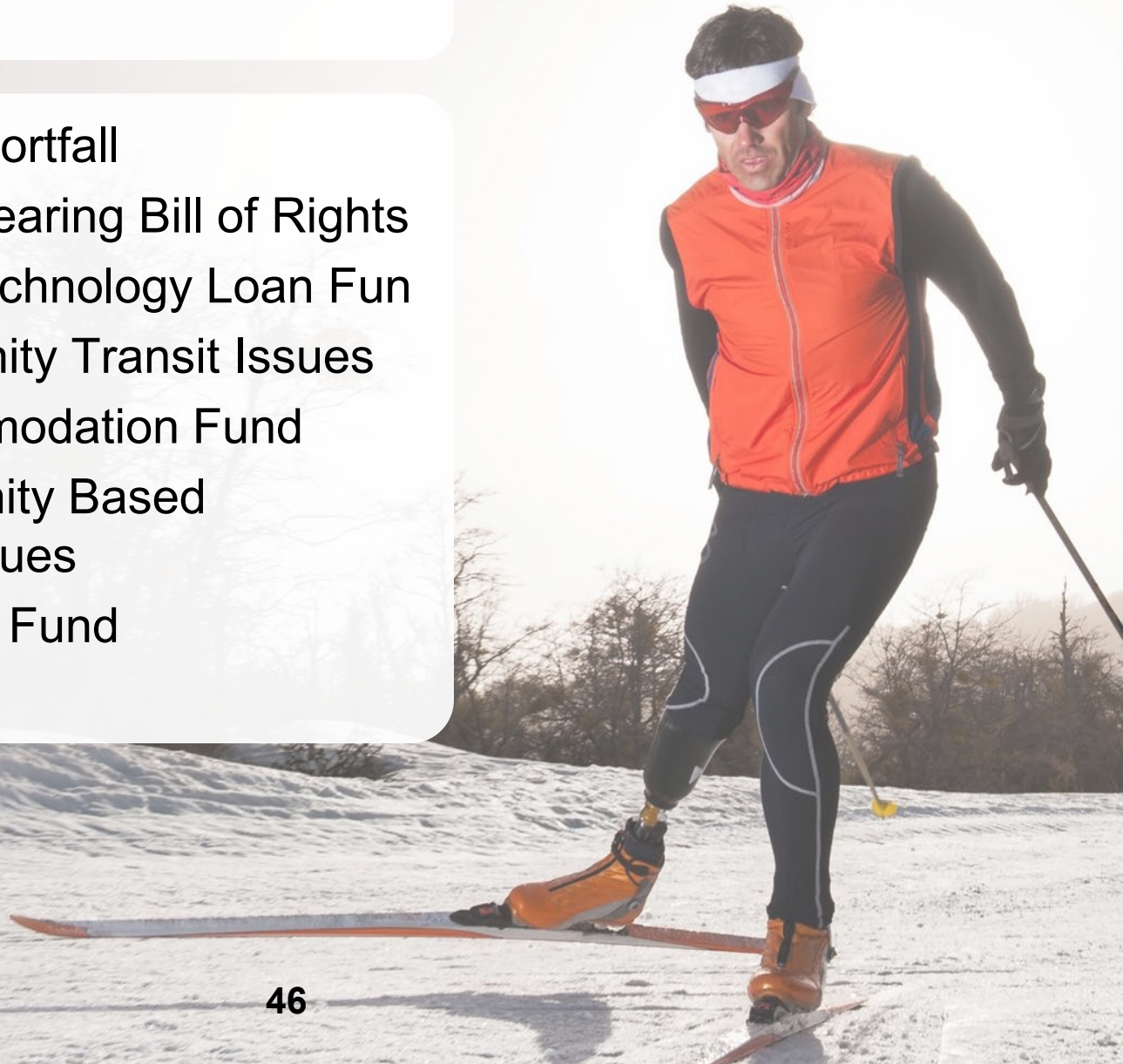
Overview of FY 25 Budget Capital

- Transportation State Match not in Governor's Budget— **\$0 in FY 24**
- **\$1,300.0** (\$1,000.0 GFMH/\$300.0 MHTAAR) Coordinated Transportation funding in budget – **Governor increased by \$50.0.**
- **\$500.0** (\$250.0 GFMH/\$250.0 MHTARR) Essential Program Equipment
- **\$1,150.0** (\$1,150.0 GFMH) Home Mods & Upgrades—**Governor decreased by \$575.0**
- **\$3,700.0** (\$1,750.0 AHFC/\$1,750.0 GFMH/\$300.0 MHTARR) Special Needs Housing Grants—**Governor decreased by \$1,750.0 GFMH for total of \$1,950.0**
- **\$10,150.0** (\$6,350.0 AHFC/\$2,850.0 GFMH/\$950.0 MHTARR) Homeless Assistance Program—**Governor decreased by \$2,850.0 GFMH for total of \$6,350.0**



Legislative Priorities

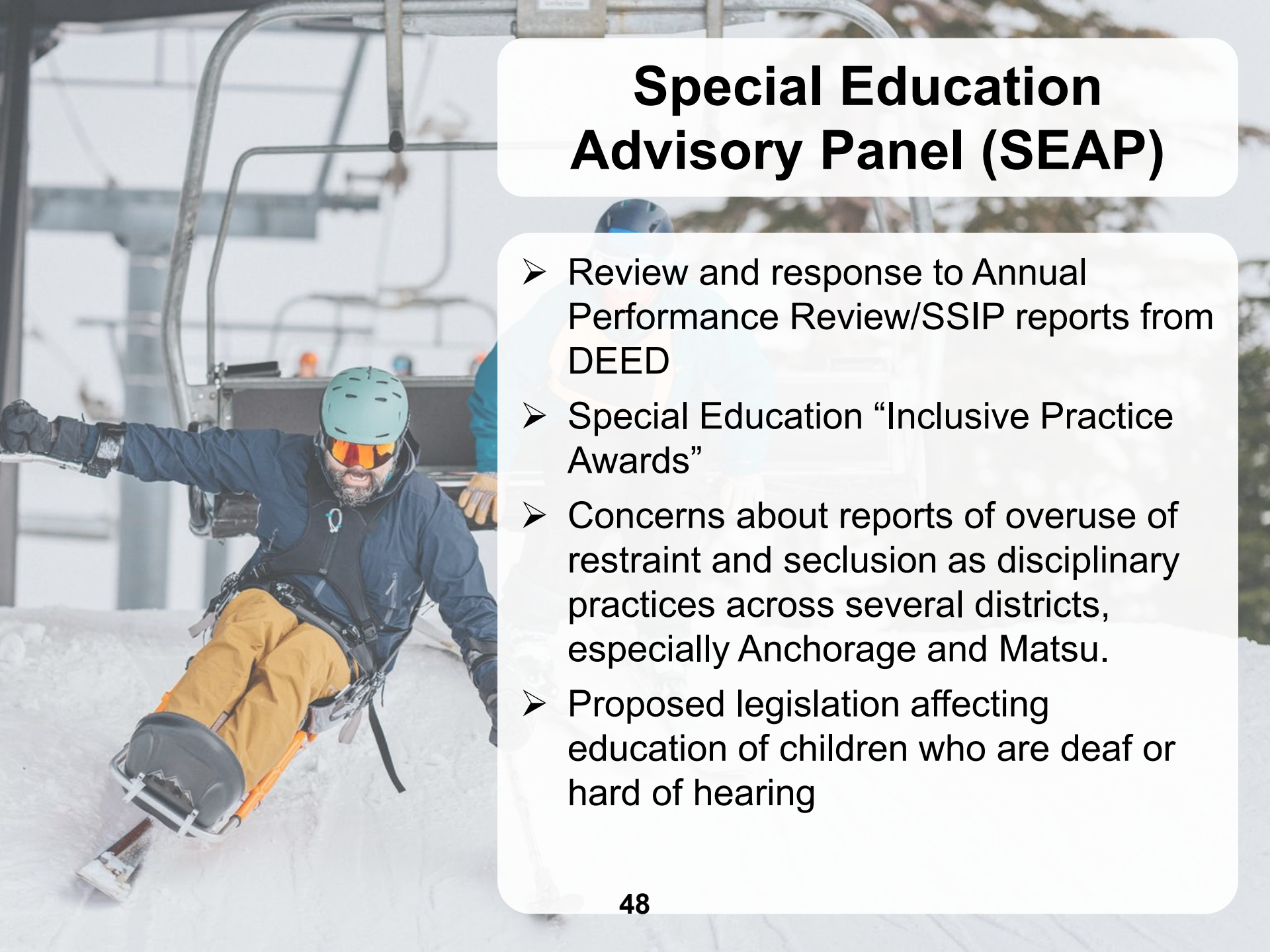
- Council's Budget shortfall
- Deaf and Hard of Hearing Bill of Rights
- Appeal Assistive Technology Loan Fun
- Public and Community Transit Issues
- Centralized Accommodation Fund
- Home and Community Based Services/Waiver Issues
- Civil Legal Services Fund



A person with a prosthetic left leg is skiing down a snowy slope. They are wearing a blue jacket, yellow pants, a teal helmet, and orange goggles. They are using a prosthetic ski pole in their left hand. The background shows a ski lift structure and other skiers in the distance.

GCDSE News & Events

- Special Ed. Conference) Feb.6
Anchorage (Hilton)
- Council Meeting Feb. 13-15
- Key Campaign, Feb. 27-29
- National Disability Policy Seminar,
April 8-10.
- Full Lives Conference, April 11-12,
Anchorage

A person wearing a blue jacket, yellow pants, a teal helmet, and orange goggles is riding a ski lift. They are smiling and have their arms outstretched. The background shows a snowy mountain slope and other ski lift structures.

Special Education Advisory Panel (SEAP)

- Review and response to Annual Performance Review/SSIP reports from DEED
- Special Education “Inclusive Practice Awards”
- Concerns about reports of overuse of restraint and seclusion as disciplinary practices across several districts, especially Anchorage and Matsu.
- Proposed legislation affecting education of children who are deaf or hard of hearing

Community Inclusion and Supports (CISS) Committee

- Plan to host listening session for housing
- DD Minigrant Reviews
- DD awareness month (March)
Proclamation Submission
- Housing First training in Atlanta (April)
- Supported Decision Making workgroup
and activities



Community Inclusion and Supports Committee

- Number of individuals on the IDD only Registry: 331 individuals, 301 of whom are also on or offered a spot on the ISW
- Number of individuals on both the IDD and ISW Registries--109 individuals
- Number of individuals on the ISW only Registry—17
- Enrolled with the different waivers:
- There are currently 2,114 individuals on, or currently offered a spot on the IDD waiver
- There are currently 585 individuals on, or currently offered a spot on the ISW waiver
- FY 24 IDD draws: 50 people for IDD waiver, 109 people for ISW.

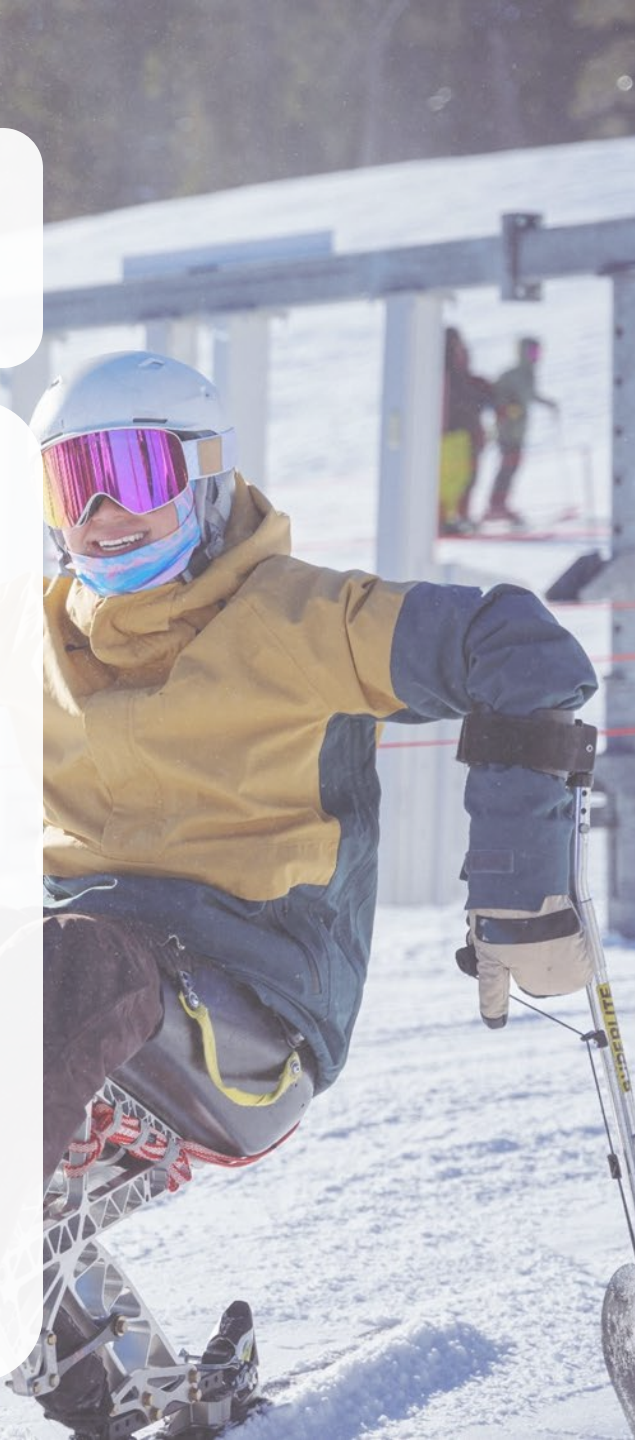


Project SEARCH Employment Training Program



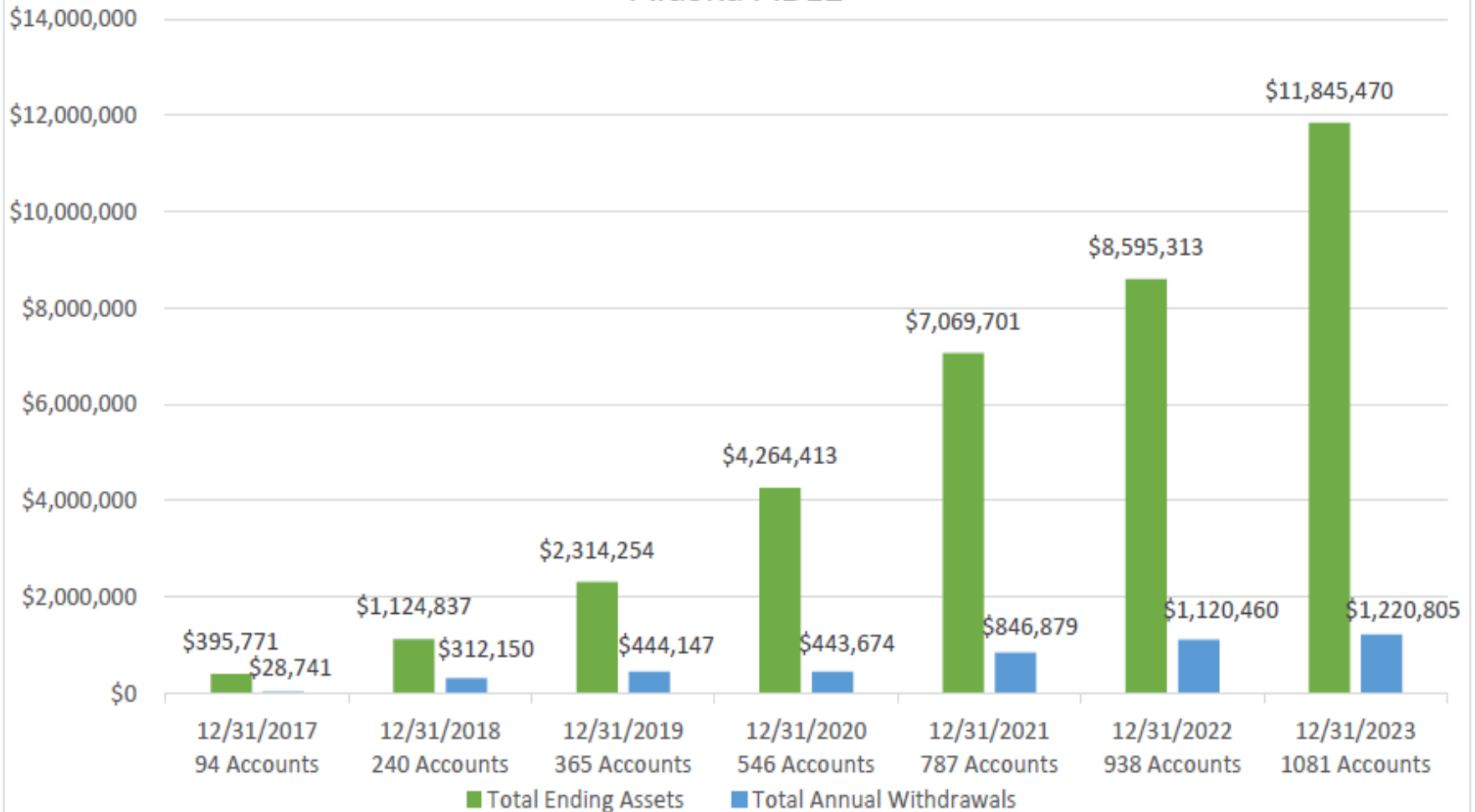
Alaska ABLE Update

- Allows \$18,000 in annual deposits (2024 tax year)
- Current account balances are limited to \$400,000
- Allows transfer from 529 College Accounts to ABLE account without tax penalty
- Accounts offer six investment choices, and charges \$14.50 per quarter. Can be opened online, or by paper; checking account with debit card option.
- Alaska ABLE as of Dec. 31, 2023-- accounts increased by 15% to 1,081 total.
- Average account value was \$10,957 (increase 20%) with total assets in AK at \$11,845,470



Alaska ABLE Update (cont.)

Alaska ABLE



Questions?

Patrick Reinhart,
Executive Director

**Governor's Council on Disabilities
and Special Education**

550 West 7th Ave,
Suite 1220
Anchorage, AK 99501

907-269-8999 desk
907-727-6610 Cell

health.alaska.gov/gcdse/
Patrick.Reinhart@alaska.gov



GOVERNOR'S COUNCIL ON
DISABILITIES AND SPECIAL EDUCATION



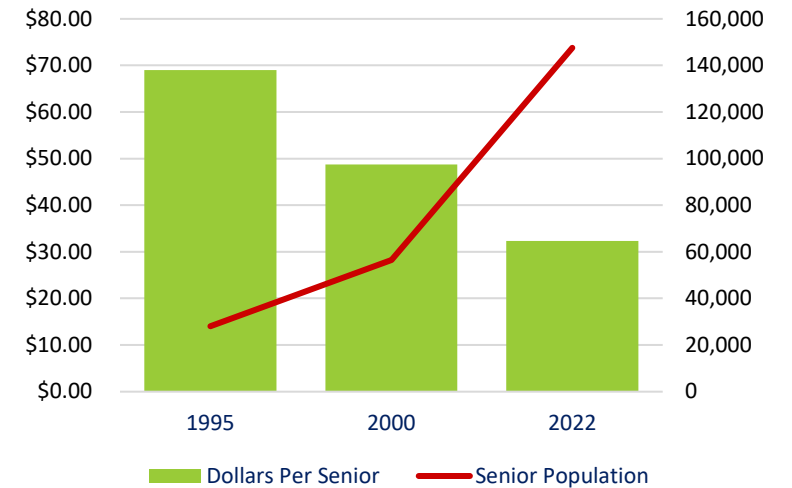
Alaska Commission on Aging

PRESENTATION TO THE ALASKA MENTAL HEALTH TRUST AUTHORITY

JANUARY 31, 2024

Funding Needs for Senior Services

Older Americans Act
Inflation Adjusted Dollars Per Alaska Senior
and Senior Population
1995 to 2022





Addressing the Senior Housing Crisis

Senior Citizens Housing Development Fund (SCHDF) Overview:

- **Funding Status:** \$3 million from General Fund in the Governor's Budget, with an increase of \$1.25 million.
- **Impact from 2001 to 2023:**
 - Constructed 1,756 new senior housing units statewide.
 - Averages 76 new units per year.
 - Added 40 new units in FY2023.
- **Program Importance:**
 - Key grant program for safe, quality, affordable senior housing.
- **Commission Stance:**
 - Supports proposals to increase access to affordable housing for seniors.



Importance of the Senior Benefits Program

- **FACING SUNSET DATE:** CONTINUATION CRUCIAL FOR SENIOR WELL-BEING.
- **VITAL STATE-FUNDED INITIATIVE:** PROVIDES FINANCIAL ASSISTANCE TO LOW-INCOME SENIORS AGED 65 AND OLDER IN ALASKA.
- **BASIC LIVING EXPENSE SUPPORT:** ASSISTS WITH ESSENTIAL COSTS LIKE FOOD, HEATING, AND HEALTHCARE.
- **ELIGIBILITY BASED ON INCOME:** DIFFERENT TIERS FOR VARIED MONTHLY PAYMENT LEVELS, AIDING SENIORS ACROSS VARIOUS INCOME BRACKETS.
- **THREE LEVELS OF PAYMENT:** CORRESPONDING TO 75%, 100%, AND 175% OF THE FEDERAL POVERTY LEVEL.
- **RECOMMENDED ACTION:** ADVOCATE FOR THE PROGRAM'S REAUTHORIZATION TO ENSURE ONGOING SUPPORT.

Solving the Nursing Shortage



- **SEVERE NURSING SHORTAGE:** ALASKA FACES A SIGNIFICANT NURSING SHORTAGE, WITH VACANCIES IMPACTING HEALTHCARE ACCESS AND QUALITY.
- **NURSE LICENSURE COMPACT (NLC) BENEFITS:** ALLOWS RECIPROCITY FOR NURSES FROM 39 OTHER STATES, INCREASING ALASKA'S ABILITY TO RECRUIT NURSES.
- **ADDRESSING GROWING NEEDS:** ALASKA PRODUCES ONLY A FRACTION OF THE NURSES NEEDED ANNUALLY, WITH DEMAND EXPECTED TO GROW.
- **IMPACT ON SENIOR CARE:** SHORTAGE ADVERSELY AFFECTS SENIOR HEALTHCARE, INCREASING RISKS AND STRESS FOR FAMILY CAREGIVERS.
- **LEGISLATIVE ACTION:** ENCOURAGE THE PASSAGE OF THE NURSE LICENSURE COMPACT BILL TO ENHANCE THE HEALTHCARE WORKFORCE, PARTICULARLY FOR SENIORS.

Enhancing Senior Mobility

Accessible Transportation:	Essential for senior health, food access, and social engagement.
Inadequacies in Current System:	Insufficient public transport options. Challenges faced by local senior programs and non-profits.
Need for Increased Funding:	Critical for programs requiring state match. Supports essential infrastructure and maintenance.
Infrastructure and Safety Issues:	Address broken sidewalks, drainage issues, and snow removal.
Tailored Community Needs:	Address diverse needs of urban, rural, and remote areas.
Recommended Action:	Enhance funding for infrastructure and maintenance. Uphold state match commitments for federal programs. Ensure safe, accessible transportation for seniors.



Advocating for the Commission's Continuation

- PROPOSAL FOR EXTENSION TO 2032
- AUDIT FINDINGS: EFFECTIVENESS AND EFFICIENCY
- COMMISSION'S ACHIEVEMENTS IN ADVOCACY AND PLANNING
- RECOGNIZING AREAS FOR IMPROVEMENT
- IMPORTANCE OF EXTENSION FOR ALASKA'S SENIORS



Empowering Alaska's Seniors

- **CRITICAL ROLE OF LEGISLATION IN SENIOR WELFARE**
 - Ensuring dignity and independence of seniors
 - Addressing unique challenges in Alaska
- **IMPORTANCE OF SUPPORT SERVICES**
 - Housing, transportation, and healthcare
 - Need for increased funding
- **COMMISSION ON AGING'S EXTENSION PROPOSAL**
 - Backed by legislative audit findings
- **CALL TO ACTION**
 - Support legislative initiatives
 - Engage with the legislature for senior advocacy
- **CONCLUSION**
 - Together, we champion the dignity, independence, and quality of life for Alaska's seniors

Thank you! Soon to come for ACoA:



Annual Report



Senior
Snapshot



Legislative
Priorities



Upcoming
Meeting Dates

Census Area	Jul-21	Jul-22	Jul-23
Aleutians East Borough	523	590	533
Aleutians West Census Area	645	681	659
Anchorage Municipality	56,640	58,590	59,149
Bethel Census Area	2,447	2,516	2,631
Bristol Bay Borough	217	221	222
Chugach Census Area	1,568	1,646	1,660
Copper River Census Area	826	822	816
Denali Borough	425	425	442
Dillingham Census Area	802	848	861
Fairbanks North Star Borough	17,346	17,863	17,769
Haines Borough	896	919	924
Hoonah-Angoon Census Area	815	815	800
Juneau City and Borough	7,259	7,464	7,604
Kenai Peninsula Borough	17,108	17,666	18,003
Ketchikan Gateway Borough	3,383	3,465	3,450
Kodiak Island Borough	2,547	2,623	2,662
Kusilvak Census Area	871	890	912
Lake and Peninsula Borough	249	256	261
Matanuska-Susitna Borough	22,639	23,846	24,631
Nome Census Area	1,352	1,410	1,444
North Slope Borough	1,306	1,317	1,288
Northwest Arctic Borough	980	973	1,003
Petersburg Borough	1,018	1,046	1,051
Prince of Wales-Hyder Census Area	1,599	1,619	1,657
Sitka City and Borough	2,108	2,187	2,176
Skagway Municipality	264	268	254
Southeast Fairbanks Census Area	1,716	1,777	1,770
Wrangell City and Borough	744	744	754
Yakutat City and Borough	189	183	182
Yukon-Koyukuk Census Area	1,255	1,269	1,264
Grand Total	149,737	154,939	156,832



Statutory Advisor Update

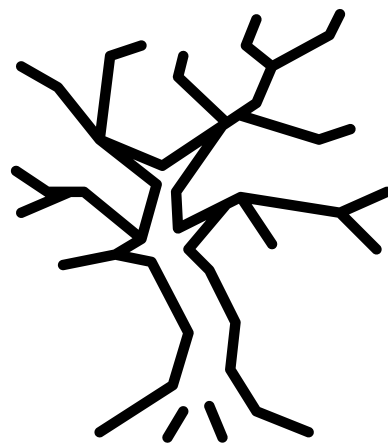
Stephanie Hopkins, Acting Executive Director

Alaska Mental Health Board, Advisory Board on Alcoholism and Drug Abuse,
Statewide Suicide Prevention Council

2024 Action Plan



Board Priorities



Evaluation



Consumer Engagement



Empathy and Understanding

2024 Legislative Priorities



Priority Bills

HB 119 MARIJUANA TAX (HOUSE RULES)

SB 89/HB 176 AGE FOR TOBACCO/NICOTINE/E-CIG; TAX E-CIG (SEN. STEVENS AND REP. HANNAN)

HB 15/ SB 103 PEER SUPPORT COUNSELING PROGRAM (REP. JOSEPHSON AND SEN. DUNBAR)

Advocacy Committee



Every Monday



12:00pm-1:00pm



Email

advocacy.coordinator@alaska.gov

for Zoom link and materials.

Joint Advocacy

Every Friday, 12:15pm



Community-Based Services

Trust
Alaska Mental Health
Trust Authority

Alaskan Living Longer Seniors Growing Stronger
From the Alaska Commission on Aging

January 2023

Essential community-based services offer Alaskans with disabilities and behavioral health conditions the opportunity to receive care in their home or their community, rather than in institutions or other isolated settings.

Community-based services are critical for Alaskans with intellectual and/or developmental disabilities, behavioral health disorders, dementia, and traumatic brain injuries. Some of these services are provided via telehealth or are distance delivered.

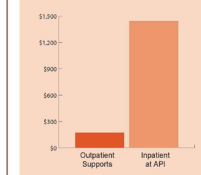
These services might include:

- Personal care services and respite
- Mental health treatment and recovery services
- Addiction treatment and recovery services
- Case management
- Job coaching and employment assistance
- Peer support
- Reentry and transition services
- Home-delivered and congregate meals
- Transportation
- Day habilitation
- Assisted living

Community-based services are more cost effective than institutional care for people with disabilities

- When funding for community-based services is reduced or eliminated, Alaska's most vulnerable citizens are more likely to "fall through the cracks." When this happens, they

Average Cost per Day per Person of Outpatient Support and Inpatient Support



Workforce

Trust
Alaska Mental Health
Trust Authority

Alaskan Living Longer Seniors Growing Stronger
From the Alaska Commission on Aging

January 2023

Alaska's behavioral health workforce is the foundation of care for Alaskans with disabilities and behavioral health conditions. A robust and compensated workforce helps keep Alaskans out of expensive institutional care and improves the health of Alaska's communities.

Who Are Alaska's Behavioral Health Professionals?

Behavioral health professionals work for both public and private organizations, Tribal, federal, local, and state entities in both urban and rural communities. These professionals contribute to a healthy workforce and strong Alaskan economy. The goal of a continuum of care is that all Alaskans have access to the right level of service, at the right place, at the right time.

- Direct Support Professionals (DSPs) and Personal Care Assistants (PCAs) provide long-term services that assist with daily living, systems navigation, non-clinical rehabilitation, etc.
- Case Managers and Care Coordinators assist with accessing services, treatment, housing, and employment support, etc.
- Community Health Aides and Behavioral Health Aides offer primary, emergency, and behavioral health care in rural communities.
- Behavioral Health Clinicians provide mental health and addiction treatment, assessments, crisis care, and prevention services.
- Peer Support Specialists are people with lived experience of a disability who provide mentorship and other support.
- Psychiatrists, Geriatricians, Neurologists are skilled in assessing and managing the specialized medical needs of people with behavioral health disorders and other disabilities.

An adequate workforce not only helps ensure Alaskans have access to care, but also is necessary in meeting many health policy objectives.

Behavioral Health Services

Trust
Alaska Mental Health
Trust Authority

Alaskan Living Longer Seniors Growing Stronger
From the Alaska Commission on Aging

January 2023

Behavioral health services for people experiencing mental illness and substance misuse disorders should follow a continuum of care that offers prevention, timely interventions, treatment and community-based services — minimizing the need for expensive acute-level care and institutionalization.

Continuum of Care

- A functional continuum of care offers a consistent and integrated system delivering behavioral healthcare services to individuals — from prevention and screening, to brief intervention, to acute care, to peer supports, and to long-term health and recovery.
- The goal of a continuum of care is that all Alaskans have access to the right level of service, at the right place, at the right time - resulting in positive health impacts.
- Receiving services in the least restrictive setting, as close to home as possible, leads to more meaningful lives for Alaskans, as well as cost efficiencies for state government.

Prevention: A Cost-Effective and Effective Approach

- Community-based services are less expensive than residential or institutional care and can be equally, or more, effective.
- Typically, the earlier behavioral health conditions and developmental disabilities are identified and individuals are connected with needed supports and services, the better the outcomes will be.

Supportive Housing

Trust
Alaska Mental Health
Trust Authority

Alaskan Living Longer Seniors Growing Stronger
From the Alaska Commission on Aging

January 2023

Housing and support services for Alaskans with mental health conditions and disabilities provide opportunities for people to live independently and productively in their communities.

Access to housing and housing with support services improves lives, saves money, and reduces the likelihood that people with disabilities will experience homelessness or need more expensive care in emergency rooms, nursing homes, psychiatric hospitals, out-of-state institutions, or prisons.

Permanent Supportive Housing (PSH)

Permanent Supportive Housing is long-term, community-based housing with ongoing rental assistance and optional supportive services for people experiencing both homelessness and mental health conditions, addiction, and/or multiple disabilities. PSH is an evidence-based housing intervention.

Rapid Re-Housing (RRH)

RRH, optimally informed by a Housing First approach, rapidly connects people experiencing homelessness with short term financial assistance and case management that helps them access the services needed to maintain stable housing and meet other goals. RRH is an evidence-based practice that serves veterans, families, and individuals, and reduces the instances of future homelessness.

Medicaid Health Coverage

Trust
Alaska Mental Health
Trust Authority

Alaskan Living Longer Seniors Growing Stronger
From the Alaska Commission on Aging

January 2023

Medicaid health coverage, including prevention, telehealth, substance misuse and mental health services, is essential for Alaskans who meet the federal income requirements.

Medicaid offers health coverage for eligible Alaskans unable to afford healthcare, or who are at risk of institutionalization.

- Medicaid covers eligible low-income families, children, pregnant women, people with disabilities, elderly, blind, and certain adults between the ages of 19 and 64 years.
- Early, preventative support for vulnerable Alaskans is the responsible approach.

State and local governments pay for their most vulnerable citizens either on the back end with expensive emergency and institutional care, or on the front end with less expensive and more effective community support services.

Providing services in the least restrictive environment ultimately leads to healthier and more meaningful lives for all Alaskans, as well as cost efficiencies for state government.

Supportive services provide access to home and community services which reduce the likelihood that vulnerable Alaskans will become homeless, in crisis, admitted to inpatient care, or need institutional care.

Community-Based Waiver Services (CBWS) for daily and nighttime activities and daily living activities and employment.

Children & Youth: Intervention, Prevention, and Mental Health Supports

Trust
Alaska Mental Health
Trust Authority

Alaskan Living Longer Seniors Growing Stronger
From the Alaska Commission on Aging

January 2023

The sooner families, infants and kids are identified and connected with needed supports, the better their outcomes, as proven by decades of early intervention and brain development research.

Early intervention

- Intervening early in childhood can alter the life course trajectory in a positive direction. Substance abuse and other problem behaviors that manifest during adolescence have their roots in the developmental changes that occur earlier in life.
- While early intervention can be effective at any age, it is compelling when applied early in a person's life, when development is most easily shaped.

Adverse Childhood Experiences (ACEs)

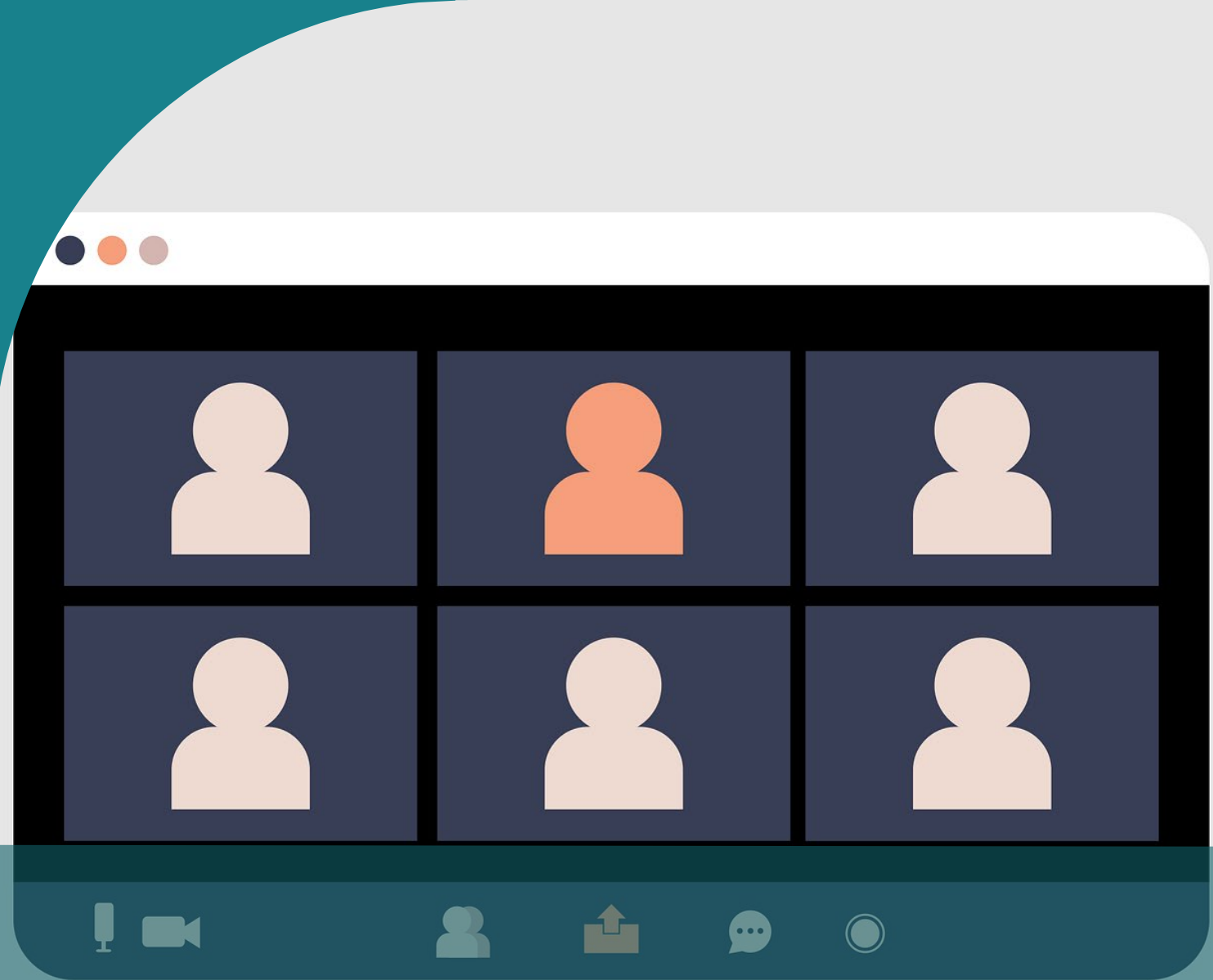
- Adverse Childhood Experiences, or ACEs, include things like physical and emotional abuse, neglect, caregiver behavioral health challenges and household violence.
- Many Alaska children are exposed to trauma early, with 1 in 3 (32%) reported to child welfare before their 7th birthday, according to the Alaska Longitudinal Child Abuse and Neglect (ALCAN Link) study.
- Our current system does not usually intervene until children are at least school age (often late elementary) and can miss critical opportunities for optimally effective early intervention.

Infant Learning Program

The State Infant Learning Program provides early intervention services statewide to over 1,600 children with special needs, age birth to three, who are at risk of developmental delay per year.

Services may include: developmental screening and evaluation; individualized family service plans to outline goals for the family and their child; child development information; home visits; physical, occupational or speech therapy; specialized equipment; and/or referrals to other needed services.

Statutory Advisor Comments



Upcoming Events



- **Advocacy Committee**
 - Every Monday at 12:00pm
 - February 5, 12, 26, 2024
- **Executive Committee**
 - 2nd Monday at 10:00am
 - February 10, 2024
- **Spring Board Meeting**
 - April 16-18, 2024
 - Mat-~~73~~ou Resort & Public Library

Thank You

Stephanie Hopkins,

Acting Executive Director

907-465-4667

Stephanie.Hopkins@alaska.gov

Advocacy.Coordinator@alaska.gov

Advocacy.Coordinator@mhtrust.org

Resource Management Committee Report / Update

Memorandum



To: Anita Halterman, Chair of the Board of Trustees
Through: Steve Williams, Chief Executive Officer
From: Jusdi Warner, Executive Director
Date: January 4, 2024
Subject: January 4, 2024 – Resource Management Committee Meeting Summary

The Resource Management Committee met on January 4, 2024, and received an extensive update of key TLO activities from the Executive Director Report, current updates on the Icy Cape Project, and a Commercial Real Estate Report, which was followed by an Executive Session to discuss the Trust’s Commercial Real Estate assets.

Following the Executive Session the Resource Management Committee passed the following recommendation: *“Resource Management Committee recommends that the Alaska Mental Health Trust Authority Board of Trustees direct the TLO to continue to prudently manage the 7 Commercial Real Estate properties and to return to the Board and recommend disposal of any of those properties when the TLO determines pursuant to its statutory and regulatory directives that those disposals will be in the best interests of the trust and its beneficiaries.”*

There were no consultations or approvals presented to the RMC at this meeting.

Board Action Required: *The following proposed action requiring full board of trustees’ direction was recommended to the full board of trustees at the January 4th RMC Meeting:*

Meeting Summary:

1. Direction – Commercial Real Estate Management and Disposal

MOTION: *The Alaska Mental Health Trust Board of Trustees directs the TLO to continue to prudently manage the 7 Commercial Real Estate properties and to return to the Board and recommend disposal of any of those properties when the TLO determines pursuant to its statutory and regulatory directives that those disposals will be in the best interests of the trust and its beneficiaries.*

cc: Board of Trustees
Steve Williams, CEO Alaska Mental Health Trust Authority
Jusdi Warner, Executive Director, Trust Land Office

Memorandum



To: Anita Halterman, Chair of the Board of Trustees
Through: Steve Williams, Chief Executive Officer
From: Jusdi Warner, Executive Director
Date: October 20, 2023
Subject: October 20, 2023 – Resource Management Committee Meeting Summary

The Resource Management Committee met on October 20, 2023, received an extensive update of key TLO activities from the Executive Director Report, current updates on the Icy Cape Project, a Commercial Real Estate Performance Review, a Forestry Update and Carbon Development Presentation, and a State Land vs. Mental Health Trust Land Presentation. Additionally, the committee received one (1) Approval request jointly presented by TLO and TA staff. The RMC recommended approval to the full board of trustees the proposed action to issue a Less than Fair Market Value Lease to the Tanana Chiefs Conference.

The recommendation requires full board approval and will move to the board of trustees at the January 2024 full board of trustees meeting after the completion of the 30-day public notice.

Board Action Required: *The following proposed action requiring full board of trustees' approval was recommended to the full board of trustees at the October 20th RMC Meeting:*

Meeting Summary:

1. Approval – Tanana Chiefs Conference Less than Fair Market Value Lease

MOTION: *The Alaska Mental Health Trust Board of Trustees approves the annual lease rent of \$30,000 for a 30-year lease with a 10% rent increase every 5 years, of Lot 1, South Fairbanks Subdivision, according to Plat No. 2007-198 in the Fairbanks Recording District, Trust Parcel F1002, in Fairbanks, Alaska, to Tanana Chiefs Conference.*

Anticipated Revenues/Benefits: Tanana Chiefs Conference (TCC) requests a below fair market lease agreement for Lot One (1), South Fairbanks Subdivision, Plat No. 2007-198, which is the location of the Fairbanks Gateway to Recovery Detoxification Program. Staff recommends an annual lease rent of \$30,000 for a 30-year lease with a 10% rent increase every 5 years. TCC currently provides medically managed withdrawal management residential treatment services to Trust beneficiaries at this facility. TCC is also looking to expand its services at the site to add sobering center bed availability, which is part of their strategic planning at this location.

cc: Board of Trustees
Steve Williams, CEO Alaska Mental Health Trust Authority
Jusdi Warner, Executive Director, Trust Land Office

Resource Management Committee Summary
October 20, 2023

MEMO

To: John Sturgeon – Resource Management Committee Chair
Date: October 20, 2023
Re: Request to Lease Trust Land at Less than Fair Market Value
Amount: \$30,000.00
Grantee: Tanana Chiefs Conference
Project Title: Tanana Chiefs Conference Less than Fair Market Value Lease

REQUESTED MOTION:

The Resource Management Committee recommends the Full Board approve the annual lease rent of \$30,000 for a 30-year lease with a 10% rent increase every 5 years, of Lot 1, South Fairbanks Subdivision, according to Plat No. 2007-198 in the Fairbanks Recording District, Trust Parcel F1002, in Fairbanks, Alaska, to Tanana Chiefs Conference.

Assigned Program Staff: Eric Boyer

STAFF ANALYSIS

Tanana Chiefs Conference (TCC) requests a below fair market value lease amount for the property on Lot One (1), South Fairbanks Subdivision, Plat No. 2007-198 on Trust lands, which is the location of the Fairbanks Gateway to Recovery Detoxification Program. Staff recommends an annual lease rent of \$30,000 for a 30-year lease with a 10% rent increase every 5 years. TCC currently provides medically managed withdrawal management residential treatment services to Trust beneficiaries at this property. TCC is also looking to expand its services at the site to add sobering center bed availability, which is part of their strategic planning at this location.

TCC sent a letter to the Trust Authority staff requesting a long-term lease at below market value under 11 AAC 99.110 and 20 AAC 40.710 to continue providing outpatient treatment services to Trust beneficiaries. Expanding sobering center beds is part of their plan for this site. They currently offer the sobering center at a different location, but moving it to this location will allow for a more strategic business plan. The buildings for these services already exist on the property and are used to provide services to Trust beneficiaries. It is expected that all served in the residential setting, as well as those receiving outpatient treatment, are Trust beneficiaries, with the largest percentage experiencing mental illness and addiction. Trust staff has determined that the organization provided sufficient information per 20 AAC 40.710 to warrant a below-market

value lease and that the project aligns with the Mental Health and Addiction Intervention focus area.

Staff recommend the approval of a lease of Trust land at less than the fair market value under 20 AAC 40.710.

COMP PLAN IDENTIFICATION

Goal	Objective	Comments
Goal 4 Substance Use Disorder Prevention	4.3 Treatment & recovery access	

PROJECT DESCRIPTION

The following is excerpted from the prospective grantee’s application.

PROJECT DESCRIPTION

TCC seeks a below fair market lease agreement for the property described as Lot 1, South Fairbanks Subdivision, Plat No. 2007-198, Parcel F1002. TCC operates a medically managed withdrawal management treatment center at this location, supporting the behavioral health community-based services on this parcel. The target service population will be adult beneficiaries, ages 18 and over, experiencing drug/alcohol addiction, mental health issues, and older adults with cognitive disabilities. The following services are currently being delivered at this location.

Following our guiding principle: Ch’eghwtsen’ – “accessible and trusted world-class services provided with unconditional love, compassion, dignity, and respect. Hear Me,” - Tanana Chiefs Conference will continue to use the space to provide Medically Monitored Withdrawal Management Inpatient services for adults (ASAM Level 3.7) under the program name “Gateway to Recovery.” It provides a safe and comforting environment for those needing withdrawal management and is the only program at this level in the Interior.

- Operations are 24 hours a day, seven days a week. The facility has 16 beds, and the length of stay is one to ten days.
- Medical and nursing professionals will deliver services under TCC’s clinical protocols guided by the TCC Medical Director.
- A physical exam will occur within 24 hours of admission, and appropriate laboratory and toxicology testing will be throughout the stay.
- Daily assessments of the patient’s progress through withdrawal management will be conducted in accordance with the clinical protocols, and any treatment adjustments will be documented.
- TCC will accept self-referrals or referrals from another agency if the patients meet the admission requirements.
- The Tanana Chiefs Conference health services department will also provide behavioral health services on-site, including comprehensive assessments and bed-to-bed transfers for patients going to inpatient treatment.

Gateway to Recovery allows people to detox from alcohol and opiates safely and reduces the number of patients going to Fairbanks Memorial Hospital Emergency Department and /or Fairbanks Correctional Center.

The primary outcome of the program will be to provide ongoing support to those who have successfully completed the initial drug and alcohol treatment program and assist them with moving forward as productive citizens.

PARCEL DESCRIPTION

A description of the property the Salvation Army seeks to continue to use is as follows:

Lessee: Tanana Chiefs Conference

Property: Lot 1, South Fairbanks Subdivision, Plat No. 2007-198

Area: 1.84 acres

Address: 650 Younker Court, Fairbanks, AK

Location: Northwest Corner of Younker Court and Cushman Street

Mh parcel: F1002

EVALUATION CRITERIA

TCC uses multiple mechanisms to assess performance. Service delivery data is primarily captured within their electronic health record and the State of Alaska GEMS portals. Data is recorded monthly and typically submitted during the quarterly reporting standards. A diverse and unique set of qualifiers within these portals will generate appropriate service units. Additionally,

Specifically, TCC will seek to identify performance outcomes that reflect nationally recognized best practice standards, accurately capture program challenges and solutions, adhere to the State of Alaska substance use disorder performance standards and practices, reflect the full scope of services provided, and ensure exceptional stewardship of funding. Those will include but not be limited to program attendance, treatment completion, family system participation, conditions that adversely impact recovery, recidivism, waitlist challenges, and/or health concerns that cannot be supported within the Level 3.7 model of care. Program reports are reviewed monthly, quarterly, and annually.

SUSTAINABILITY

The TCC bills Medicaid 1115 waiver services as well as private insurance. TCC is also a Community Behavioral Health Grantee of the Alaska Division of Behavioral Health, all for the purpose of supporting Alaskans in community-based treatment and recovery services.

WHO WE SERVE

The property is currently being used to address the needs of Alaska Mental Health Trust beneficiaries from across the state, not only those in the Fairbanks area. It provides a safe and comforting environment for those needing withdrawal management and is the only program at this level in the Interior.

The TCC treats Trust beneficiaries who are experiencing drug and alcohol addiction and mental illness and who seek intervention. For people with substance use disorders (SUD) who seek treatment, gainful employment is strongly linked to better recovery outcomes.

ESTIMATED NUMBERS OF BENEFICIARIES SERVED EXPERIENCING:

Mental Illness:	200
Substance Abuse	200
Secondary Beneficiaries (family members or caregivers providing support to primary beneficiaries):	500



Trust
Land Office

2600 Cordova Street, Suite 201

Anchorage, AK 99503

Tel 907.269.8658

alaskamentalhealthtrust.org/trust-land-office/

Eric D. Boyer, MPH
Senior Program Officer
Alaska Mental Health Trust Authority
eric.boyer@alaska.gov

October 3, 2023

The Trust Land Office (TLO) has reviewed the request from the Alaska Mental Health Trust Authority Staff, received on October 3, 2023, to determine the suitability of the proposed use of Trust property, estimated fair market value of the property, and use requested by the Tanana Chiefs Conference (TCC).

The parcel involved in the proposed use is F1002 and is legally described as:

Lot 1, South Fairbanks Subdivision, according to the official plat thereof, filed as Plat No. 2007-198, records of the Fairbanks Recording District, Fourth Judicial District, State of Alaska.

The parcel is located at the northwest corner of Younker Court and South Cushman Street, and the primary recorded street address by the Municipality of Anchorage (MOA) is 650 Younker Court in Fairbanks, AK. The site comprises 1.84 acres of land area; it is improved with an approximately 8,678-square foot medical facility that was built in 2008. The property, known as the Fairbanks Detox Center, was most recently used as a resident care and detox facility operated by the Fairbanks Native Association. Serving adults in need of medical detoxification from alcohol and other chemicals, the center provided care from licensed medical staff around the clock, with patients each provided an individual assessment to determine possible treatment needs. The Fairbanks Native Association has vacated the property, with TCC taking over the facility and its operations. TCC also intends on relocating the Fairbanks Sobering Center, presently located at 1300 Moore Street in Fairbanks, into the 650 Younker Court facilities.

Given the specific characteristics of the property as well as its historical use, it is the TLO's conclusion that the parcel is suitable for the proposed use by the TCC.

At the TLO's request, Chris Guinn Appraisers performed a market value appraisal of the property. With a date of value of September 5, 2023, the appraisal concluded that the market value of the property was \$2,900,000 and the annual market rent was \$313,088, triple net (wherein the tenant is responsible for all operating expenses).

Please contact the TLO with any additional questions.

Sincerely,
DocuSigned by:

Jusdi Warner
Jusdi Warner
Executive Director
Trust Land Office

Jusdi Warner
Executive Director, Trust Land Office
Department of Natural Resources
Jusdi.warner@alaska.gov

October 10, 2023

Trust Authority Office (TAO) staff requests the Trust Land Office (TLO) determine whether the Trust land MH Parcel: Lot One (1), South Fairbanks Subdivision, Plat No. 2007-198, Fairbanks, AK, is suitable for the use proposed by the Tanana Chiefs Conference (TCC). This lot contains an approximately 8,678-square-foot building, which is **located on the 'Real Property' at 650 Younker Court** in Fairbanks, Alaska.

TCC has provided a letter requesting a long-term lease for the property below market value under 11 AAC 99.110 and 20 AAC 40.710. TCC operates a medically managed withdrawal management inpatient treatment program existing at this property under the current lease agreement. TCC proposes to expand the services at this location to include a Sobering Center. This service is currently located at another location and would move to this site at 650 Younker Court, Fairbanks, AK, if a lease deal is approved.

The request is attached and summarized below:

1. A letter from the TCC requesting the use of Trust land at less than fair market value, an organization that serves the behavioral health needs of adults experiencing issues with mental health and substance misuse.
2. The request includes the TCC contact information.
3. The request included a sufficient property description to identify the location and area to be used.
4. TCC has requested to pay less than fair market value for the long-term lease of the land to continue providing residential substance use disorder clinical services and sobering center services.
5. The request asks for a 30-year lease.
6. The request asks for a nominal annual lease fee of \$30,000.00.

TAO staff have been working with the TCC over the last several months on a plan for the property that includes the existing medically managed withdrawal management program and a sobering center at the same location. All clients who are admitted to these programs are Trust beneficiaries, and this level of care is the only treatment

service of its kind in the Fairbanks region. This plan would support stabilizing people at these levels and working with them to step down to less restrictive settings in the community. 100% of the people served by the TCC at this location are Trust beneficiaries.

With the information above, the TAO staff have determined that the organization has provided sufficient information as guided by 20 AAC 40.710. Please advise whether the land is suitable for the use proposed by TCC and what the TLO has determined to be the estimated fair market rental value of the use as required by 20 AAC 40.710.

Sincerely,

DocuSigned by:

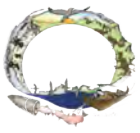
Eric Boyer

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Eric D. Boyer, MPH
Senior Program Officer, TAO

Cc: Steve Williams, CEO TAO
Katie Baldwin-Johnson, COO TAO
Jeff Green, Deputy Director TLO

Committee took Action 10/20/23



September 29, 2023

Eric Boyer, MPH
Senior Program Officer
Alaska Mental Health Trust Authority
3745 Community Park Loop, #200
Anchorage, AK 99508

Subject: Request for use of trust land at less than fair market value at 650 Yonker Court Fairbanks, AK

Organization acting on behalf of a beneficiary:

Brian Ridley
Chief/Chairman
Tanana Chiefs Conference
122 First Avenue
Fairbanks, AK 99701
907-452-8251
brian.ridley@tananachiefs.org

Description of the property that we seek to continue to use:

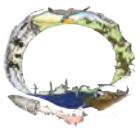
Lot One (1), SOUTH FAIRBANKS SUBDIVISION, Plat No. 2007-198.

The 8,678 square foot building located on the 'Real Property' at 650 Yonker Court in Fairbanks Alaska and the land the building is located on.

The property is currently being used to address the needs of Alaska Mental Health Trust beneficiaries from across the state, not only those in the Fairbanks area. It provides a safe and comforting environment for those in need of withdrawal management and is the only program at this level in the Interior.

Following our guiding principal: Ch'eghwtsen' – "accessible and trusted world-class services provided with unconditional love, compassion, dignity and respect. Hear Me," - Tanana Chiefs Conference will continue to use the space to provide Medically Monitored Withdrawal Management Inpatient services for adults (ASAM Level 3.7), under the program name "Gateway to Recovery"

- Operations are 24 hours a day, seven days a week. The facility has 16 beds and the length of stay is one to ten days.
- Services will be delivered by medical and nursing professionals under TCC's clinical protocols guided by the TCC Medical Director.
- A physical exam will occur within 24 hours of admissions, along with appropriate laboratory and toxicology testing throughout the stay.
- Daily assessments of the patient's progress through withdrawal management will be conducted in accordance with the clinical protocols and any treatment adjustments will be documented.



- TCC will accept self-referrals or referrals from another agency as long as the patients meet the admission requirements.
- Tanana Chiefs Conference health services department will also provide behavioral health services on site, to include comprehensive assessments and bed to bed transfers for patients going to inpatient treatment.

Gateway to Recovery allows people to safely detox from alcohol and opiates and reduces the number of patients going to Fairbanks Memorial Hospital Emergency Department and /or Fairbanks Correctional Center.

Tanana Chiefs Conference would appreciate the Alaska Mental Health Land Trust Authority's consideration for a thirty-year lease at an annual rate of \$30,000 for the Gateway to Recovery Building.

Thank you,

Marilyn Andon

Marilyn Andon
Deputy Director Health Services

cc:

Brian Ridley, Chief/Chairman
Jacoline Bergstrom, Executive Director Health Services

Trust

Alaska Mental Health
Trust Authority



Tanana Chiefs Conference (TCC) Less than Fair Market Value Lease

October 20, 2023

Tanana Chiefs Conference (TCC) Less than Fair Market Value Lease Discussion

- Use of Trust Land at less than Fair Market Value / Program Related Real Estate
- History of Substance Use Disorder Treatment in Fairbanks and the region
- TCC and less than Fair Market Value Lease Request
- Lease Overview



Committee took Action 10/20/23



Use of Trust Land at less than Fair Market Value / Program Related Real Estate

Project/Program Viability

- The project must have a beneficiary serving purpose that forwards the Trust mission and Comp Plan goals
- The requestor must have the capacity to build and/or operate the project
- Funding and plans must be sufficient to indicate a successful build and/or start-up
- The Trust Authority determines the project is ready for a recommendation
- The TLO determines the land is suitable for the proposed use

Process (cont.)

- Trust Authority (with support from the TLO) will inform the Resource Management Committee of their determination
- The Resource Management Committee makes a recommendation on the project
- 20 AAC 40.710(f)(1-6)

In deciding whether to approve a request for the use of trust land under this section, the board will consider

- (1) whether and to what extent that use is consistent with the authority's plan for a comprehensive program;*
- (2) the applicant's ability to implement and carry out the purposes for which the land is to be used;*
- (3) the extent of any economic or other benefit to beneficiaries as a result of the proposed use of the land;*
- (4) the extent of any likely economic impact to the trust as a result of approving use of the land at less than fair market value;*
- (5) comments received from the public regarding the proposed use; and*
- (6) the nature and extent of any administrative burden on the authority or the trust land office to oversee the land or activities on the land.*



Committee took Action 10/20/23



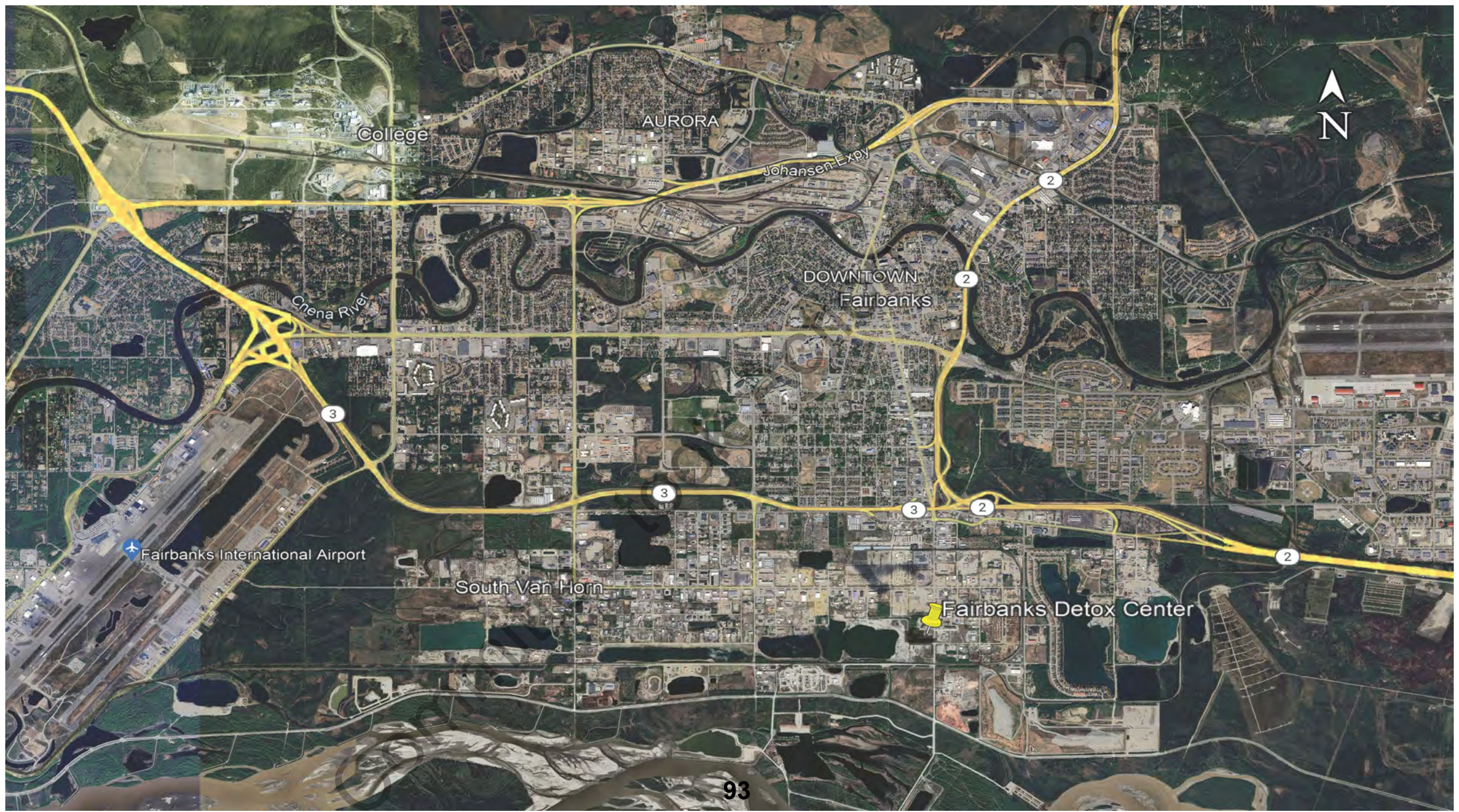
Less than Fair Market Value Lease Request

- TCC currently operates medically managed withdrawal management services at the proposed location, South Fairbanks Subdivision, 650 Younker Court, Fairbanks (MH Parcel F1002)
- TCC is planning to add the Sobering Center to this location
- TCC is providing services to Trust beneficiaries at this location, with the intent and strategic plan to continue these services into the future
- It serves 100% Trust beneficiaries

Request (cont'd)

- TCC treatment services meet the intent of the Trust's Focus Area Mental Health Intervention and Addiction Services
- These services also meet the intent of the Integrated Comprehensive Mental Health Program Plan Goal 4, and Objective 4.3
- TCC has a long History of Serving Trust Beneficiaries in Fairbanks and the surrounding region





College

AURORA

Johansen-Expy



2

2

DOWNTOWN
Fairbanks

Chena River

3

3

3

2

2

Fairbanks International Airport

South Van Horn

Fairbanks Detox Center



Banner Ave

Banner Ave

S Cushman St

Banner Ave

Fairbanks Detox Center

Younker Ct

Younker Ct

Younker Ct

Alta Way

nan St



Thank you!

Questions?

Committee took Action 10/20/23

Additional Documents

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Julee Farley, Chief Financial Officer
Date: January 18, 2024
Re: Audit & Risk Committee Report

Meeting Summary:

The Audit & Risk Committee met on January 5, 2024. The meeting was attended in person by trustees Kevin Fimon (chair), Rhonda Boyles, Brent Fisher, Agnes Moran, John Morris, and John Sturgeon. Trustee Anita Halterman attended via the online WebEx platform.

Board Actions

The Committee had no recommendations to the Board for action.

Risk Management Plan

Continuing the regular review of elements of the Trust's risk management plan to maintain compliance with the Audit & Risk Committee Charter, Chair Fimon requested a staff presentation on Risks Associated with Employee Turnover.

Valette Keller, Administrative Manager for the Trust, and Sarah Morrison, Chief Business Officer at the Trust Land Office, prepared the presentation. Ms. Morrison led the discussion and noted:

- Risks of employee turnover are mitigated through efforts at employee retention and cross-training.
- When employees leave, there is a loss of institutional knowledge and relationships with partners, and decreased efficiency as a new employee is trained.
- During onboarding of a new employee, there is decreased productivity of other staff. Fully developing a new employee will take 1-2 years.
- Employee turnover is currently below historical average for both the Trust and the Trust Land Office.

After a full discussion, Trustee Fimon closed the Committee meeting by expressing appreciation for the valuable presentation and the work of staff to respond to Trustee requests.

The next scheduled meeting of the Audit & Risk Committee is **April 24, 2024.**

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Julee Farley, Chief Financial Officer
Date: January 18, 2024
Re: Finance Committee Report

Meeting Summary

The Finance Committee met on January 4, 2024. The meeting was attended in person by trustees John Morris (chair), Rhonda Boyles, Kevin Fimon, Brent Fisher, Agnes Moran, and John Sturgeon. Trustee Anita Halterman attended via the online WebEx platform.

Board Actions

The Committee had no recommendations to the Board for action.

Financial Dashboard

Julee Farley presented the FY2024 summary through November 2023. At this point in the year, operations expenditures and program activities were slightly below expectations but are expected to be at budget as the year progresses. Sarah Morrison, Chief Business Officer for the TLO, presented an update on financial information for the TLO. TLODA projects were frontloaded with Icy Cape expenditures at \$6.6MM through November 2023. The TLO has collected \$3.7MM of principal and spendable income. Julee Farley noted that year-to-date performance of the Alaska Permanent Fund Corporation (APFC) and DOR Reserves are both ahead of their benchmarks, but lower than expected. Projections through the end of the year have been updated to reflect the lower return environment. Year-to-date investment activity for all investments is \$9.4MM, which is 13% of expected earnings for FY2024.

Inflation Proofing Update

Although inflation proofing is not required by statute, the Asset Management Policy Statement allows for inflation proofing after a 400% reserve target is met. Julee Farley reported that reserves are not yet at this level, and no inflation proofing transfer is recommended at this time.

No Surplus Determination Review

Julee Farley presented an overview of permissible uses of the Trust settlement income account, including the transfer to the general fund of excess funds not needed by the Trust to meet the necessary expenses of the state's integrated mental health program. Although the Trust has sufficient funds to meet current commitments, summary data was presented showing that

spendable assets at the end of FY2023 were lower than Trust commitments at the beginning of FY2024 with the conclusion that the Trust does not have excess funds.

Commercial Real Estate (CRE) Update

Julee Farley provided a short review of the Trust’s commercial real estate investments, noting that the assets are within the time horizon as established in the Asset Management Policy Statement (AMPS.) Although the Finance Committee monitors investment performance of CRE, AMPS specifies that management of CRE is handled by the TLO with the TLO making recommendations regarding the Trust’s real estate investments to Trustees. Confidential information relating to CRE investments will be shared with Trustees at an executive session during the Resource Management Committee on January 4, 2024.

The next scheduled meeting of the Finance Committee is **April 24, 2024.**

To: Anita Halterman, Chair
Through: Steve Williams, Chief Executive Officer
From: Katie Baldwin-Johnson, Chief Operating Officer
Date: January 17, 2024
Re: Program and Planning Committee Report – January 4, 2023

The meeting occurred on January 4, 2024, and was attended by trustees Agnes Moran (chair), John Sturgeon, Kevin Fimon, Rhonda Boyles, and Brent Fisher. John Morris and Anita Halterman attended via Webex.

Meeting Summary

The following items were presented and discussed by the committee.

1) *CEO Update*

Steve Williams (CEO, Alaska Mental Health Trust Authority) provided an update on the following items:

- *FY25 Governor's Budget:* Staff have completed an analysis of the Governor's proposed budget released on December 14th, 2023.
- *Outpatient Competency Restoration Program:* Alaska Psychiatric Institute (API) launched the Outpatient Competency Restoration Program. The Trust provided support for the development of the program.
- *Staffing updates:* Two Trust Authority employees were recognized for state service. Carrie Predeger, Grants Accountability Manager, was recognized for 20 years with the state. Michael Baldwin, Senior Evaluation and Planning Officer, was recognized for 15 years of service.
- *Trust research publication:* Michael Baldwin coauthored a publication in *Advances in Pediatric Research* with Dr. Susan Hemingway at the University of Washington and Marilyn Pearce-Bulger, an Advanced Practice Registered Nurse (APRN), which will be in print sometime in 2024. The publication compares 20+ years of FASD diagnostic team results from Alaska and the University of Washington (approximately 5,000 individuals). This work arose out of one of the Trust's Empowering Hope FASD projects in 2019. Overall, the article validates the diagnostic approach as a reliable system and highlights the feasibility of its use as a public health strategy.
- *Department of Health Behavioral Health Roadmap:* The state of Alaska Department of Health has concluded a series of region-focused stakeholder work sessions to inform the Behavioral Health Roadmap, which looks to improve the continuum of care for youth with behavioral health disabilities. The Department is finalizing a summary document that will be published for public comment before finalization in January/February of 2024.

- *CEO Quarterly Grant Approvals Report:* Trustees will have time to discuss during the January 31-February 1, 2024, Juneau board meeting.

2) *FY25 Governor Budget:* Katie Baldwin-Johnson, COO

- Annually, the Trust completes a review of the Governor's first submission of the administration's proposed budget, released on December 14, 2023. Our first review compares the approved recommendations in the Trust budget submitted by the Trust by September 15, 2023. While the Governor's budget includes support for some of the Trust's recommended use of state general fund mental health (GF/MH) funds, the budget does not include all the trustee's recommended GF/MH increments. Roughly 36% of Trust GF/MH recommendations were included, along with \$800.0 of MHTAAR not approved by trustees. The CEO will work with OMB to discuss options for moving forward and strive to have the GF/MH increments included in the amended budget.

3) *FY26/FY27 Budget Development Process Overview:*

- Katie Baldwin-Johnson provided a high-level overview of the process and timeline for developing the budget recommendations for FY26 and FY27, leading to a draft budget presentation during the July 2024 Program and Planning Committee. The Trust Authority staff will respond to trustee feedback/comment and bring forward a final draft budget for consideration during the August 2024 Board meeting.

4) *Consideration of funding proposals:* Below are the funding requests presented to the Committee and the corresponding actions taken by the committee.

- University of Alaska Anchorage, Center for Human Development: Children's Mental Health Conference, \$50.0 - Approved
- JAMHI Health & Wellness, Inc: Juneau Reentry Coalition Reentry Support Housing Grant, \$57,500.0 - Approved
- Catholic Social Services: (CSS) Behavioral Health, \$200.0 - Approved
- Family Centered Services of Alaska: Residential Treatment Center, Expanding Capacity Project, \$200.0 – Approved

The Program and Planning Committee adjourned at approximately 2:15 p.m. on January 4, 2024. The committee's next meeting is scheduled for April 25, 2024, in Anchorage.