



BEHAVIORAL HEALTH DATA UPDATE

Tracy Dompeling
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April 24, 2025



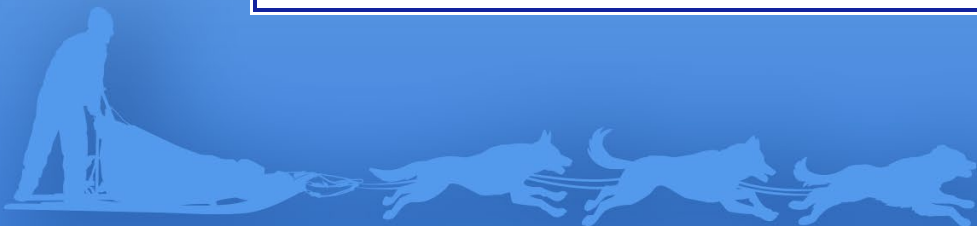
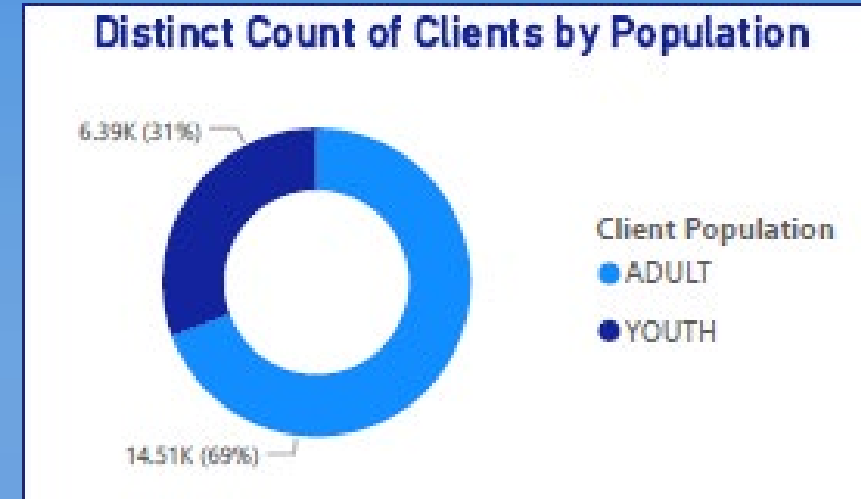
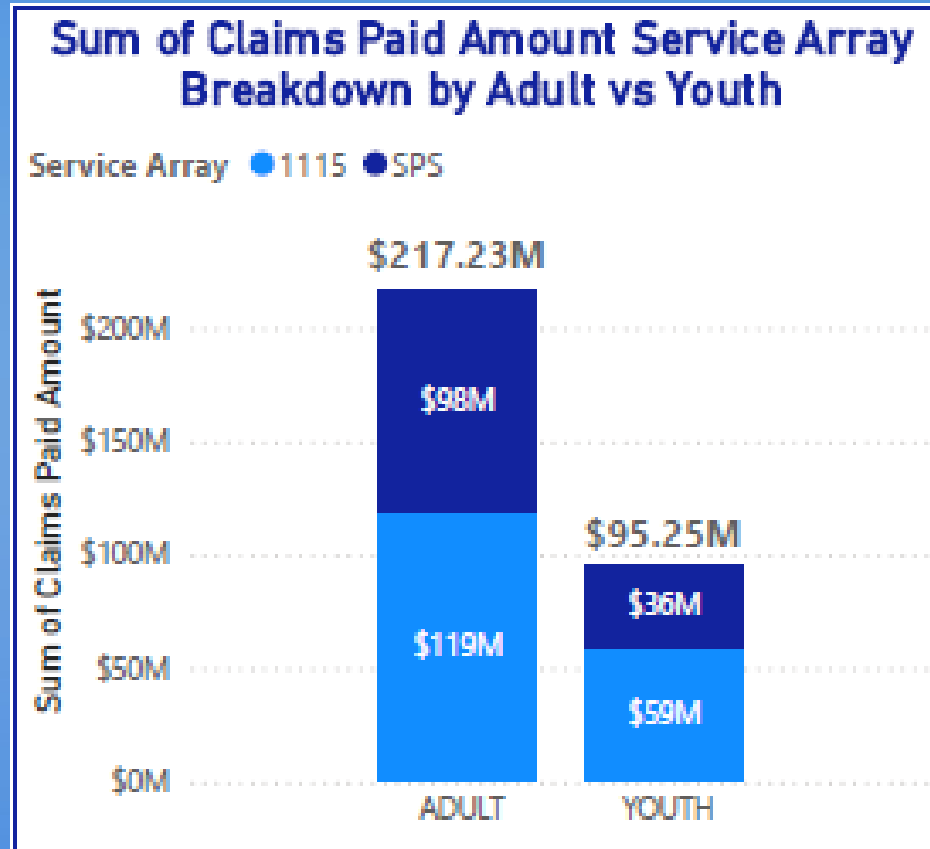
OUTLINE

1. Medicaid Utilization
2. Overdose Data
3. Suicide Data
4. Crisis Services



MEDICAID UTILIZATION DATA

CLAIMS BREAKDOWN FOR CY2024



TOP DIAGNOSIS GROUPS IN CY2024

Adults

1. Opioid related disorders
2. Alcohol related disorders
3. Other stimulant related disorders
4. Reaction to severe stress, and adjustment disorders
5. Schizophrenia

Youth

1. Reaction to severe stress, and adjustment disorders
2. Attention-deficit hyperactivity disorders
3. Conduct disorders
4. Major depressive disorder, recurrent
5. Major depressive disorder, single episode



TOP SERVICES IN CY2024

Adults

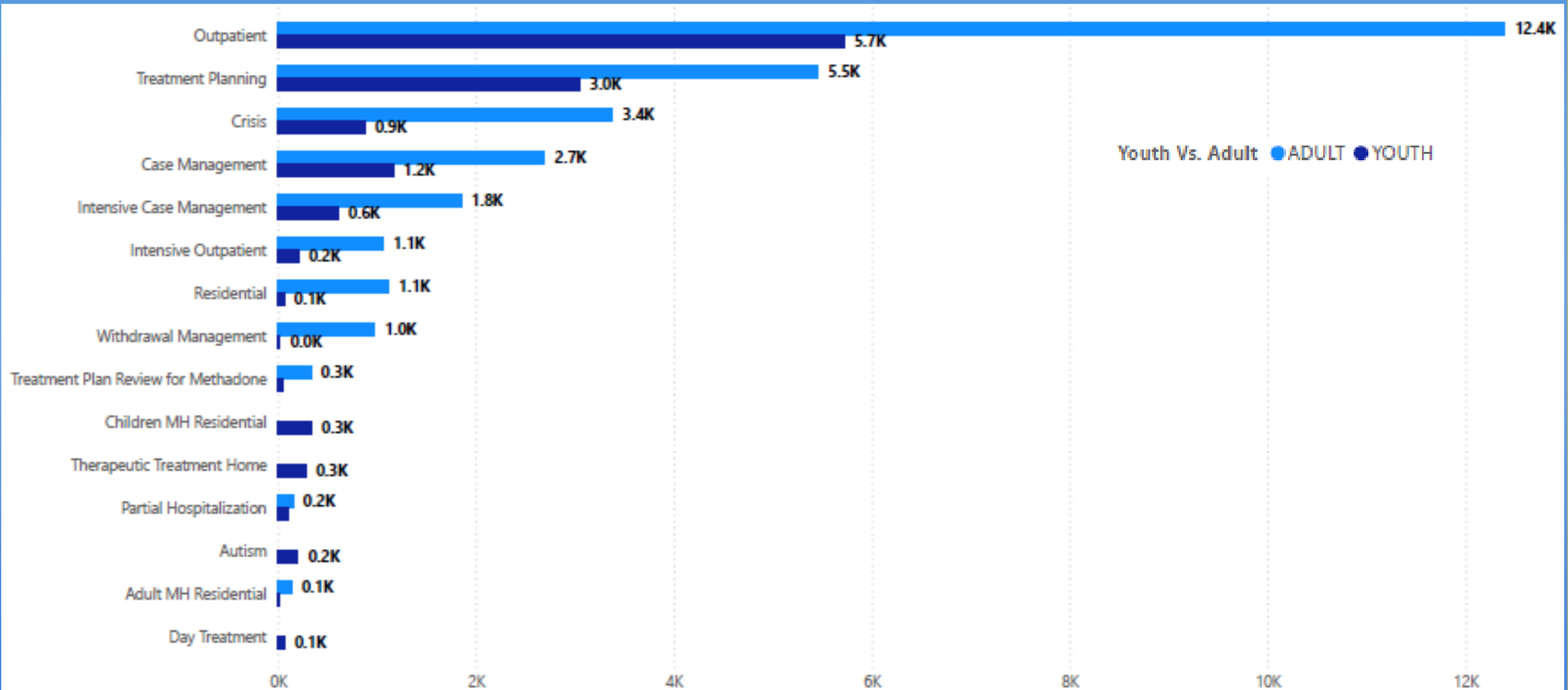
1. Methadone Administration and/or service
2. Psychotherapy, Individual
3. SUD Clinically Managed Medium-Intensity Residential ASAM 3.5
4. SUD Clinically Managed Low-Intensity Residential ASAM 3.1
5. Intensive Case Management - MH

Youth

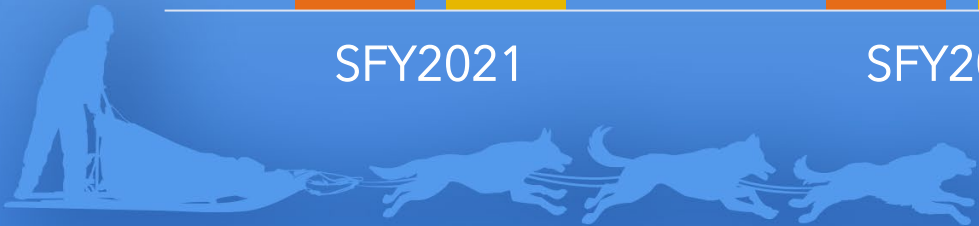
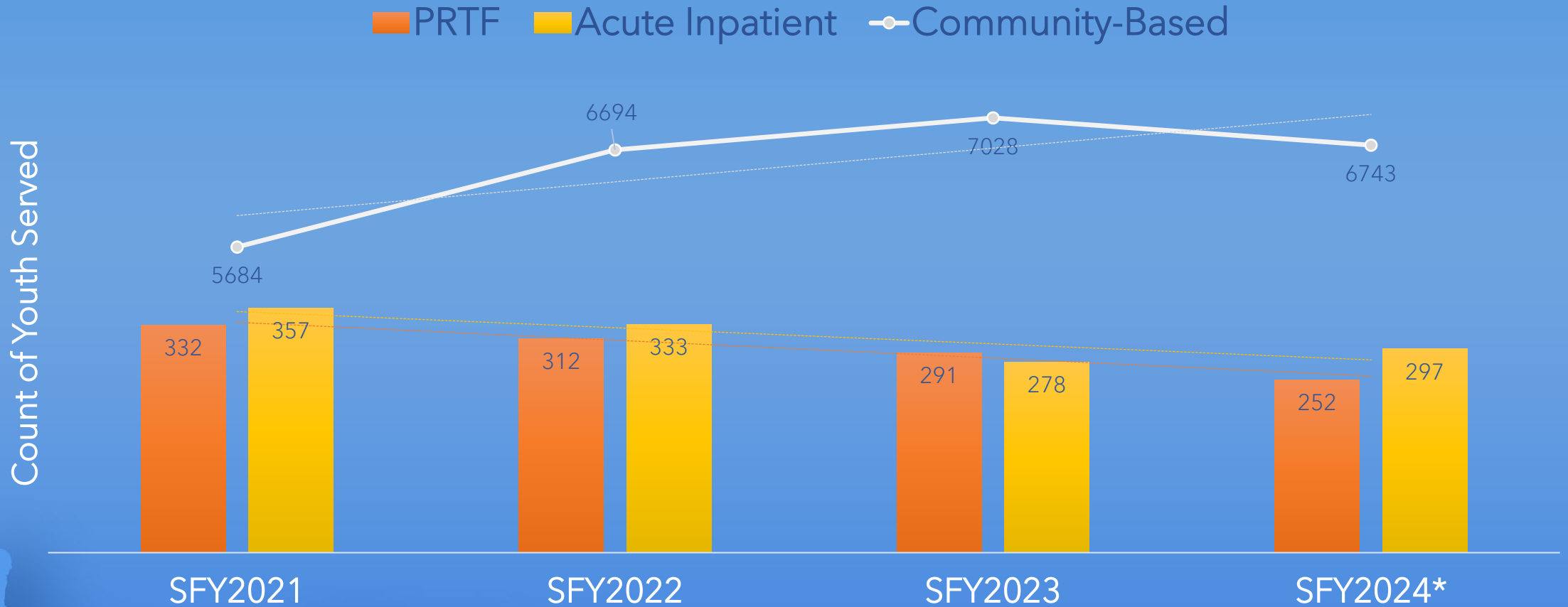
1. Therapeutic Treatment Homes
2. Children's MH Residential Treatment Level 2
3. Psychotherapy, Individual
4. Community & Recovery Support Services - Individual
5. Therapeutic BH Services - Group



CLIENTS BY SERVICE TYPE IN CY2024

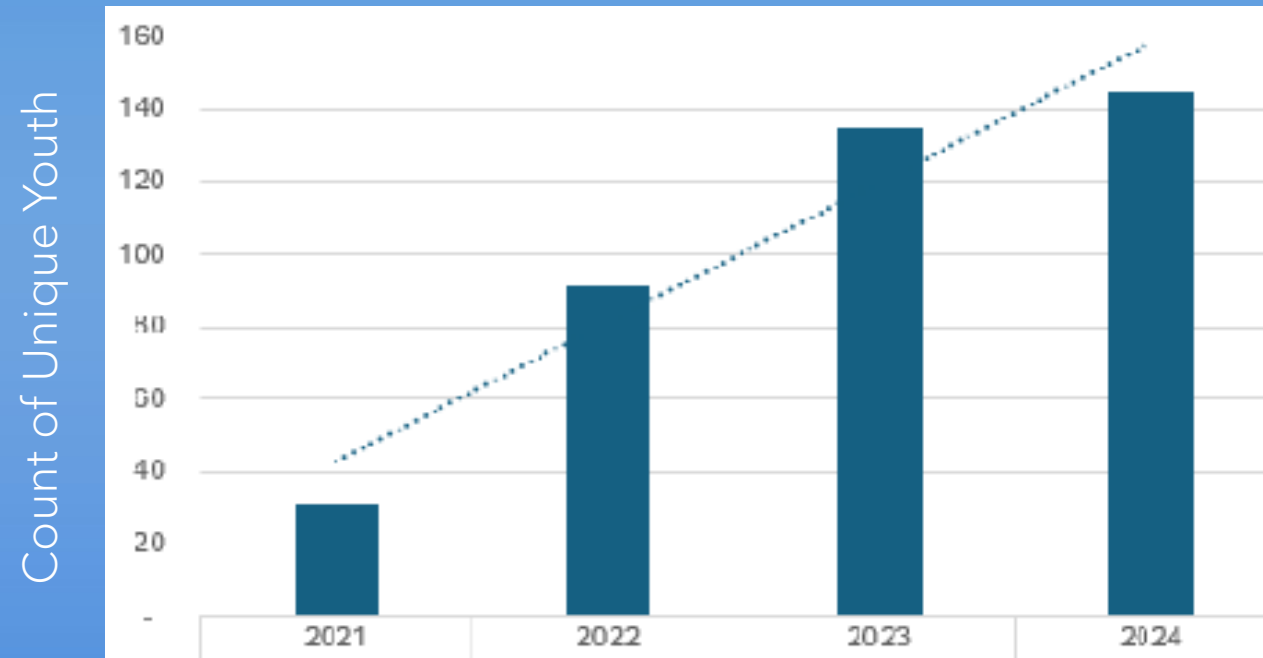


YOUTH SERVED IN BEHAVIORAL HEALTH FACILITIES



*Providers have up to one year to submit claims, so this may not include all youth served in SFY2024.

YOUTH ACCESSING HOME-BASED FAMILY TREATMENT (HBFT) SERVICES

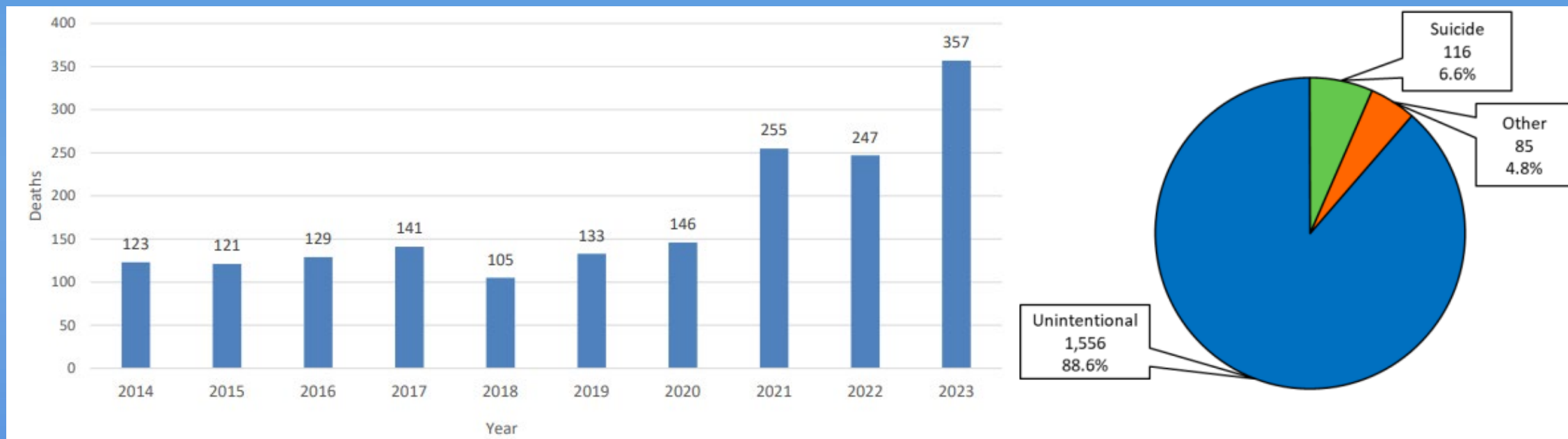


*2024 is accurate up to December 9th

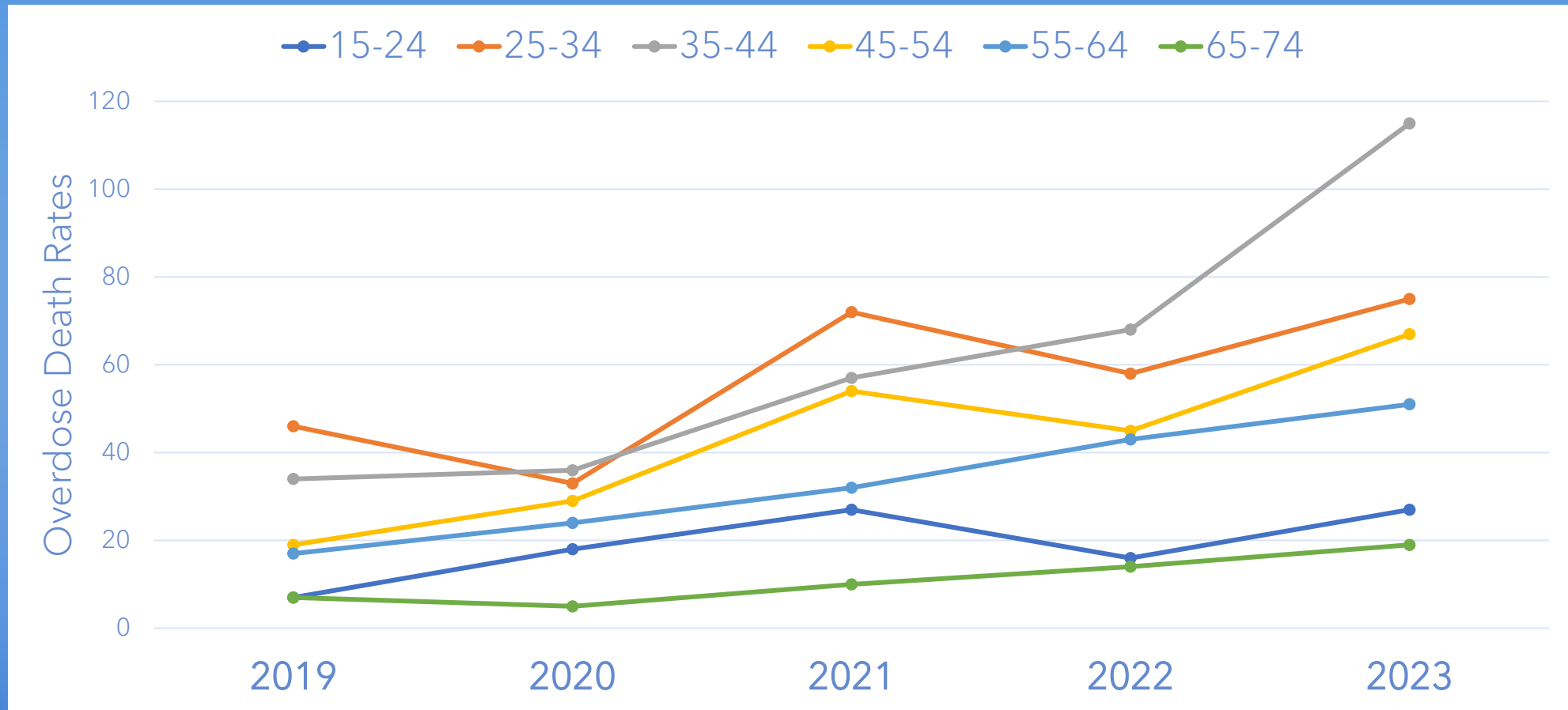


OVERDOSE DATA

OVERDOSE DEATHS BY YEAR AND BY INTENT

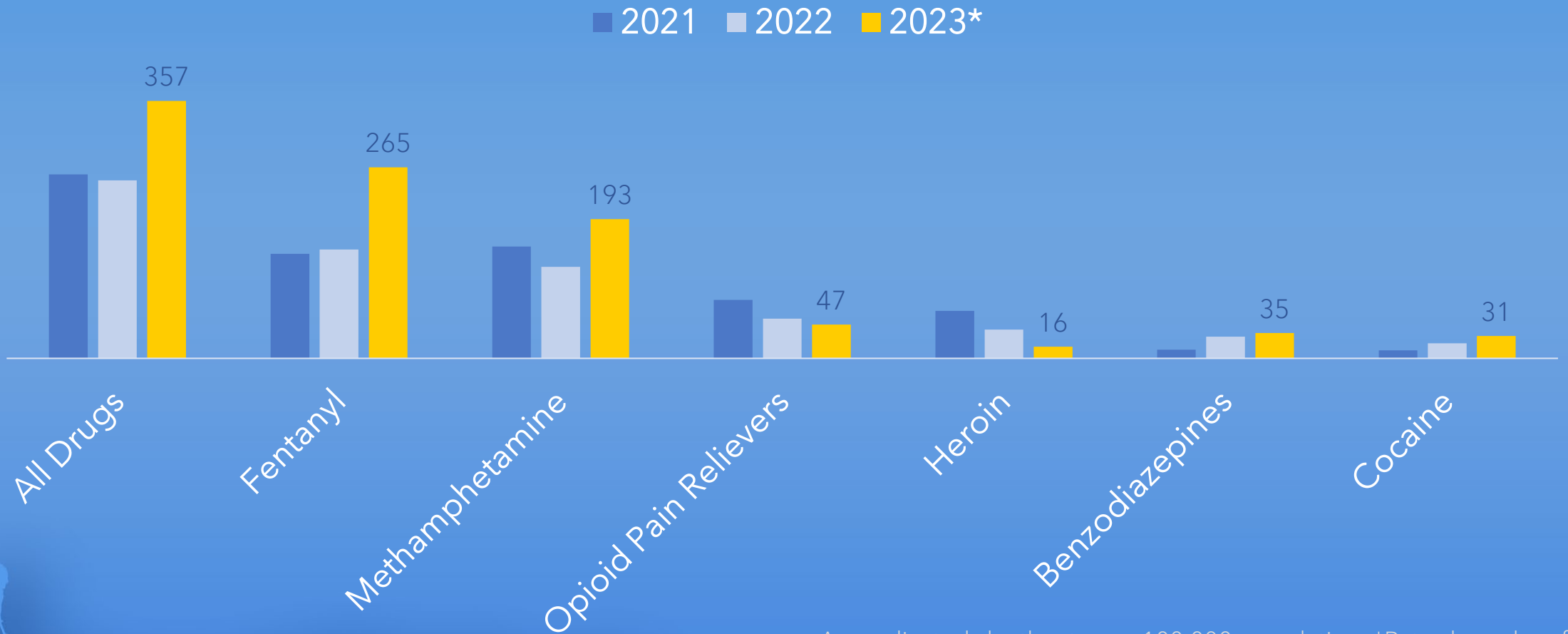


OVERDOSE DEATHS BY AGE GROUP



Age-adjusted death rate per 100,000 population. Rates based on fewer than 6 events are not reported. Rates based on fewer than 20 events are statistically unreliable and should be used with caution.

OVERDOSE DEATHS BY DRUG

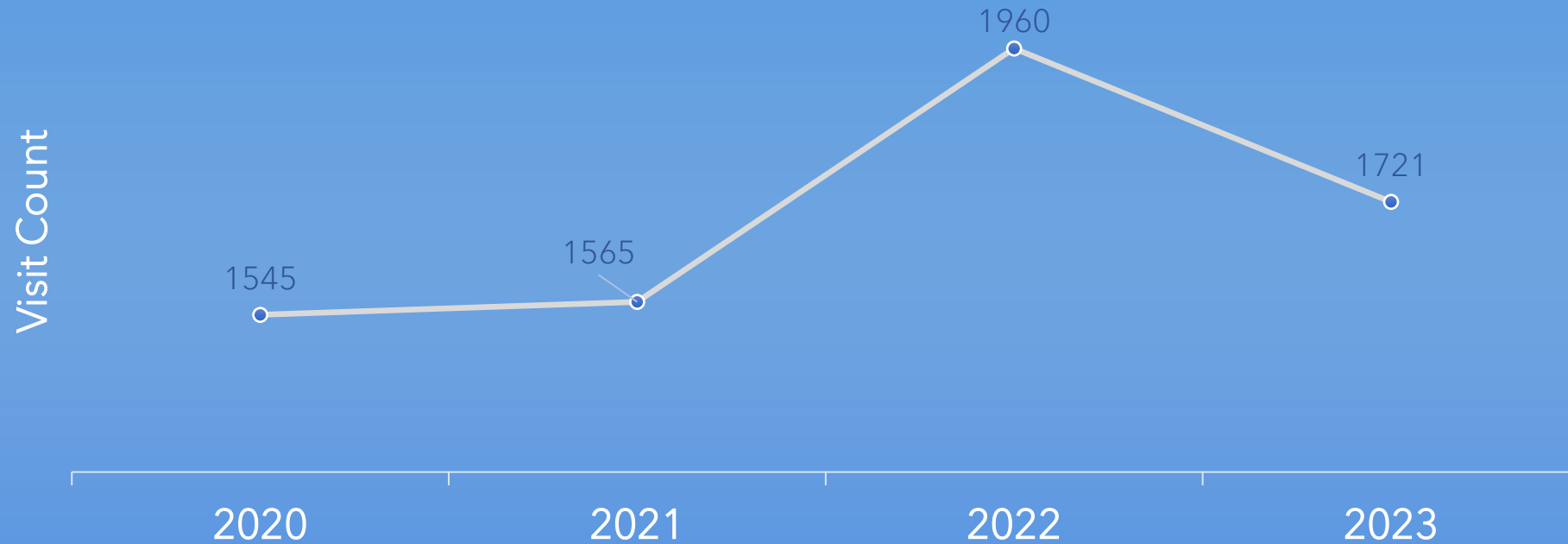


Age-adjusted death rate per 100,000 population. *Rates based on fewer than 6 events are not reported. Rates based on fewer than 20 events are statistically unreliable and should be used with caution.



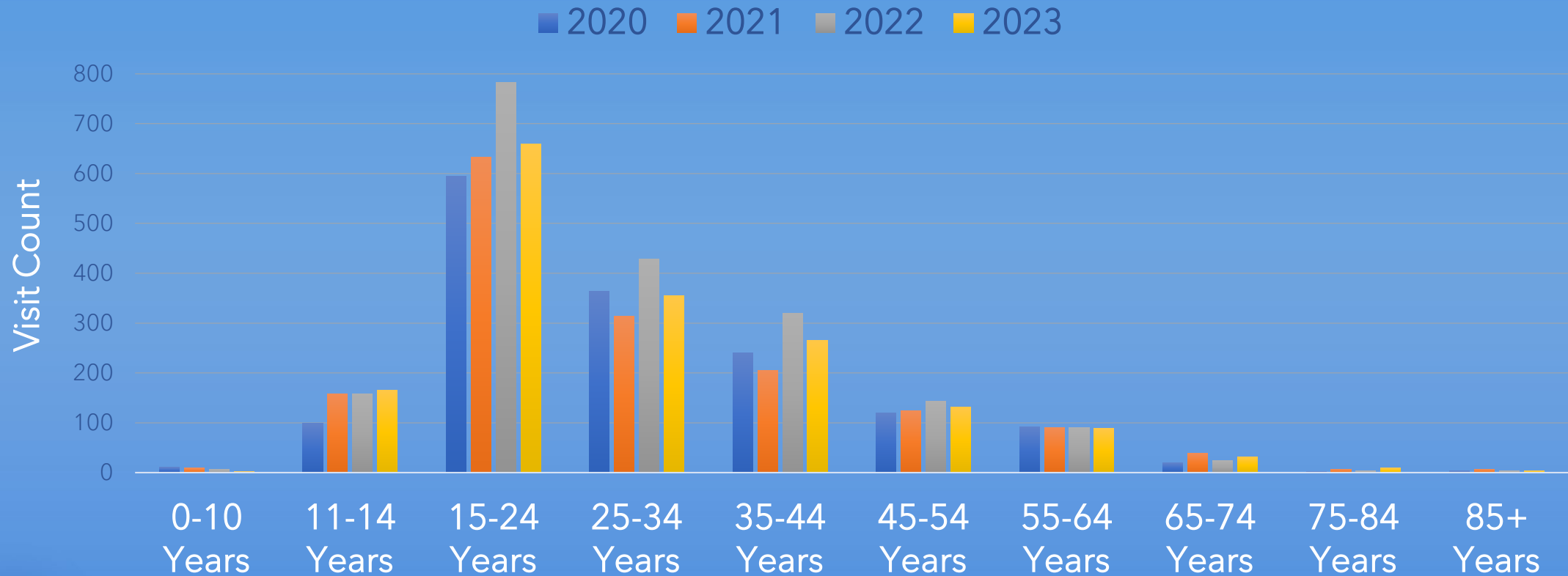
SUICIDE DATA

SUICIDE ATTEMPTS OVERALL



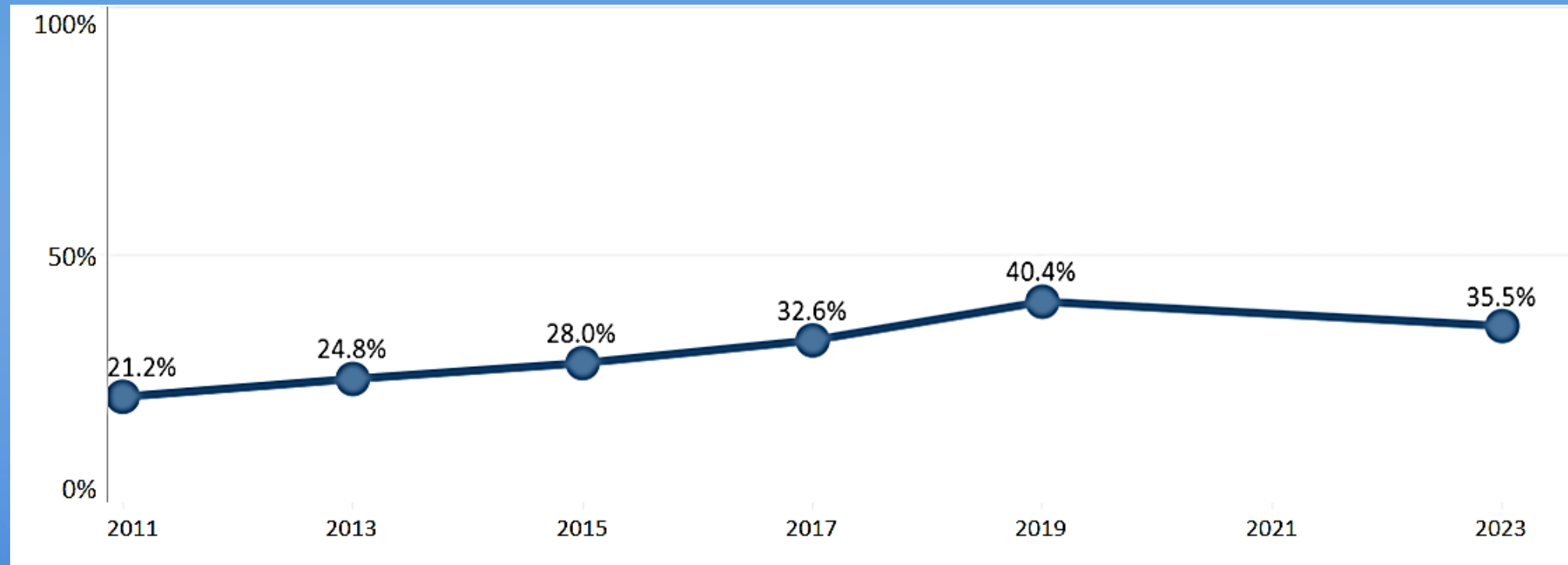
Data from Alaska's Syndromic Surveillance platform. E.D. visits are non-fatal cases only; visits identified using mix of ICD-10 codes and keywords targeting suicide attempts (though other suicidal behaviors may also be included)

SUICIDE ATTEMPTS BY AGE

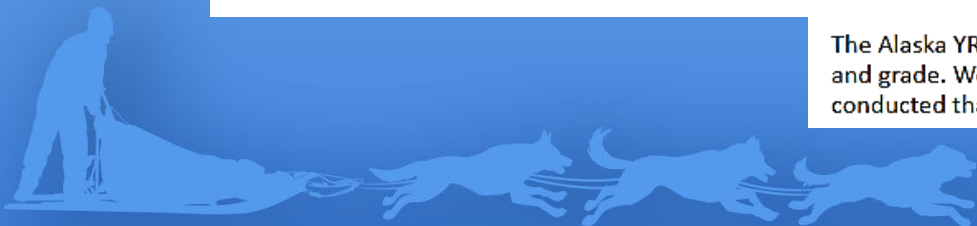


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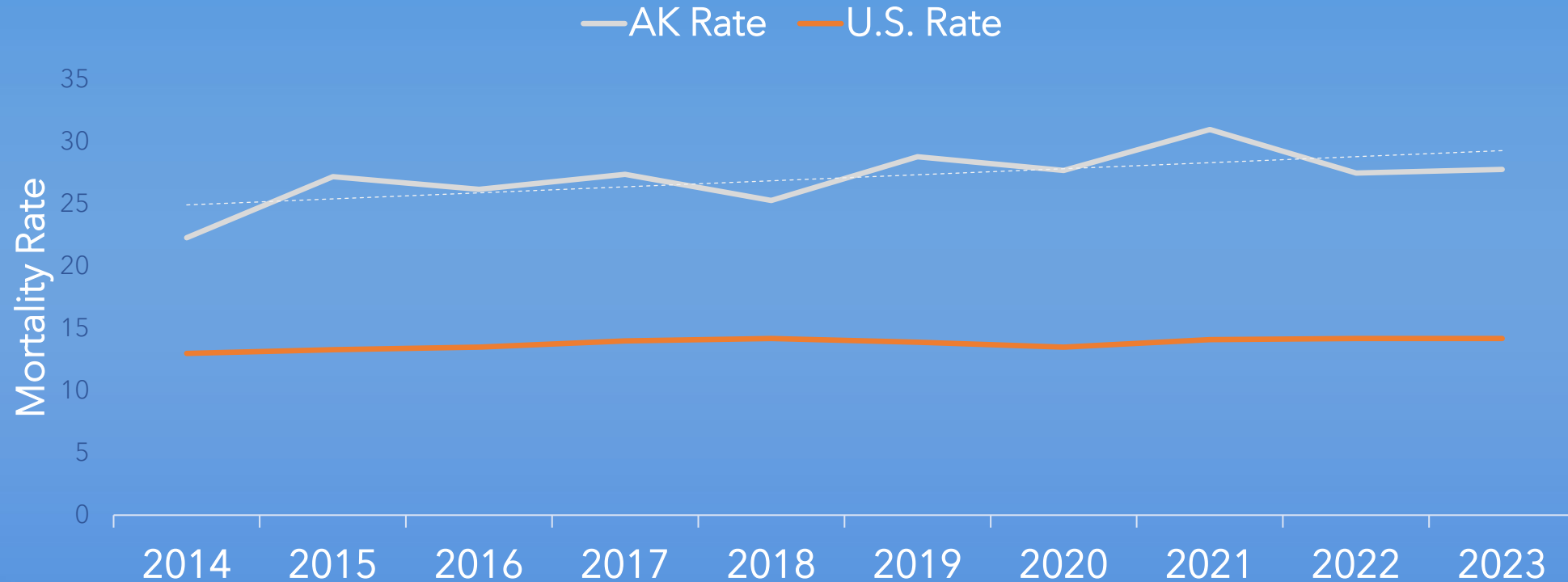
PERCENTAGE OF YOUTH REPORTING THAT THEY SERIOUSLY CONSIDERED ATTEMPTING SUICIDE SOMETIME DURING THE PREVIOUS 12 MONTHS



The Alaska YRBS program evaluated long-term linear trend using logistic regression model, controlling for sex, race/ethnicity, and grade. We use a p-value of 0.05 to determine significance. The 2021 results are not available as the YRBS was not conducted that year.

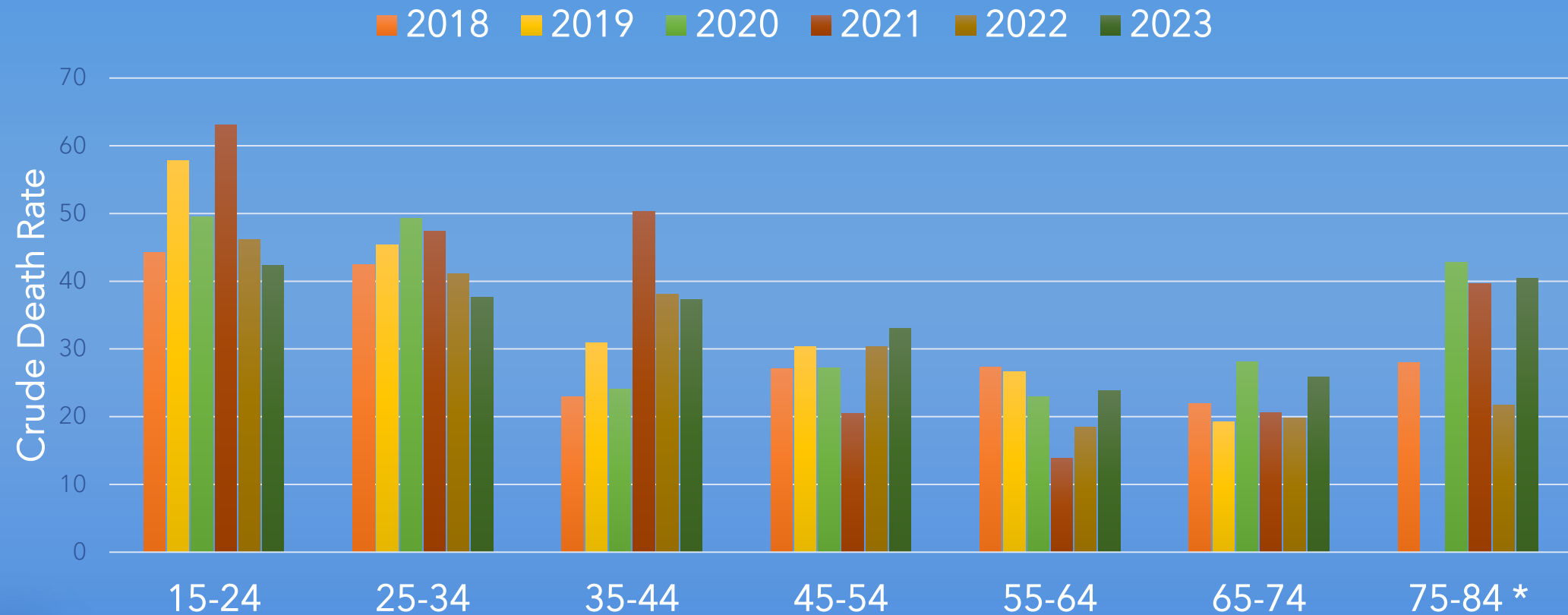


SUICIDE MORTALITY, ALASKA AND USA



All rates are events per 100,000, adjusted by year 2000 U.S. population level.

SUICIDE MORTALITY BY AGE



*Missing values are rates having <6 events, which are not reported.
Crude death rates are per 100,000.
Age categories shown may impact suicide death rates.
Data from Alaska Health Analytics and Vital Records 2023 report.



CRISIS SERVICES

MEDICAID CRISIS SERVICES IN CY2024

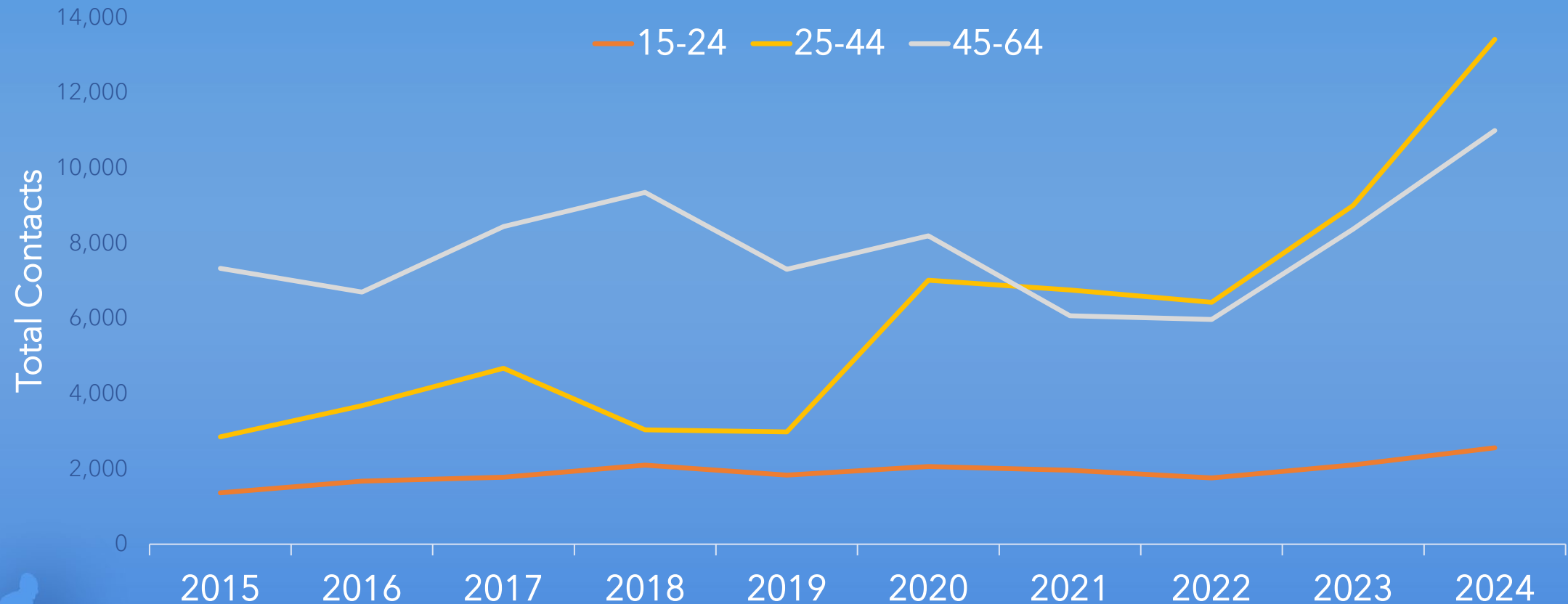
Youth Vs. Adult Service Description	ADULT		YOUTH		Total	
	Claim Paid Amount	Count of Client ID	Claim Paid Amount	Count of Client ID	Claim Paid Amount	Count of Client ID
23 Hour Crisis Stabilization [60 min]	\$1,794.04	7	\$10,343.61	7	\$12,137.65	14
Crisis Intervention Mental Health Services	\$6,266,321.87	245	\$133,821.32	5	\$6,400,143.19	249
Crisis Residential Stabilization [daily]	\$664,883.1	88	\$102,680.5	21	\$767,563.6	109
Mobile Outreach and Crisis Response Service Follow Up BH	\$299.32	2	\$320.7	1	\$620.02	3
Mobile Outreach and Crisis Response Service Follow Up SUD	\$8,777.5	26	\$21.38	1	\$8,798.88	27
Mobile Outreach and Crisis Response Services	\$57,978.48	218	\$8,475.88	34	\$66,454.36	252
Total	\$7,000,054.31	536	\$255,663.39	61	\$7,255,717.7	596



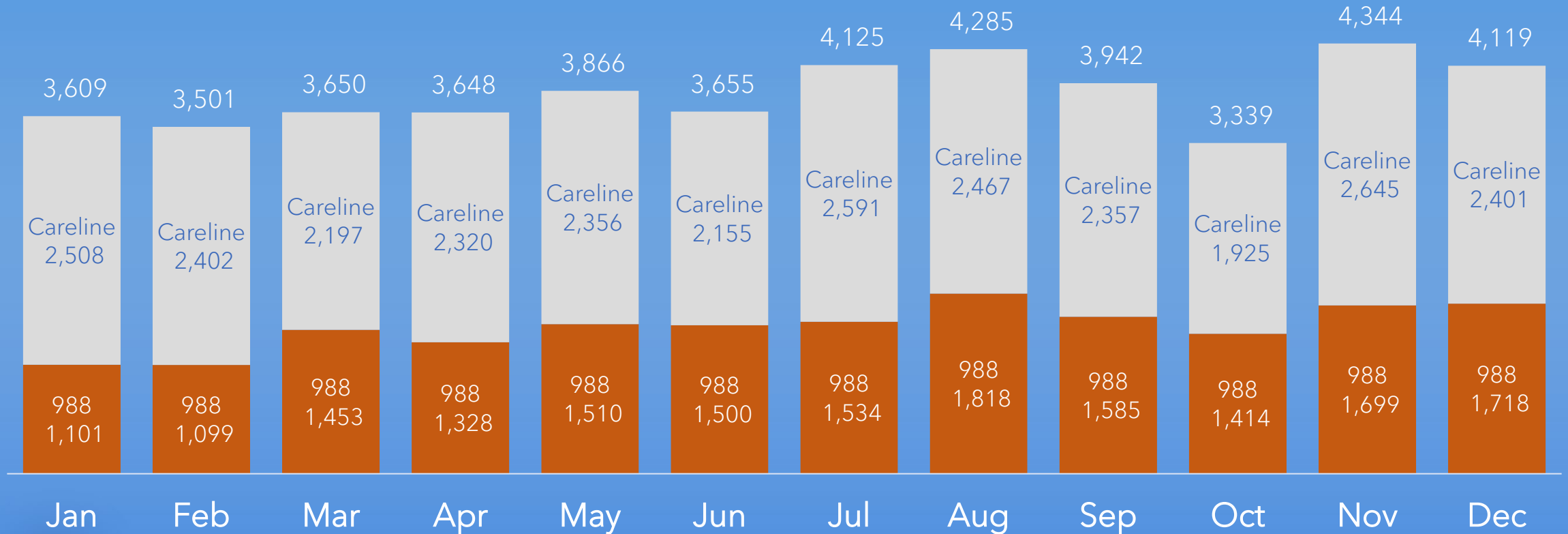
CARELINE CONTACTS BY YEAR



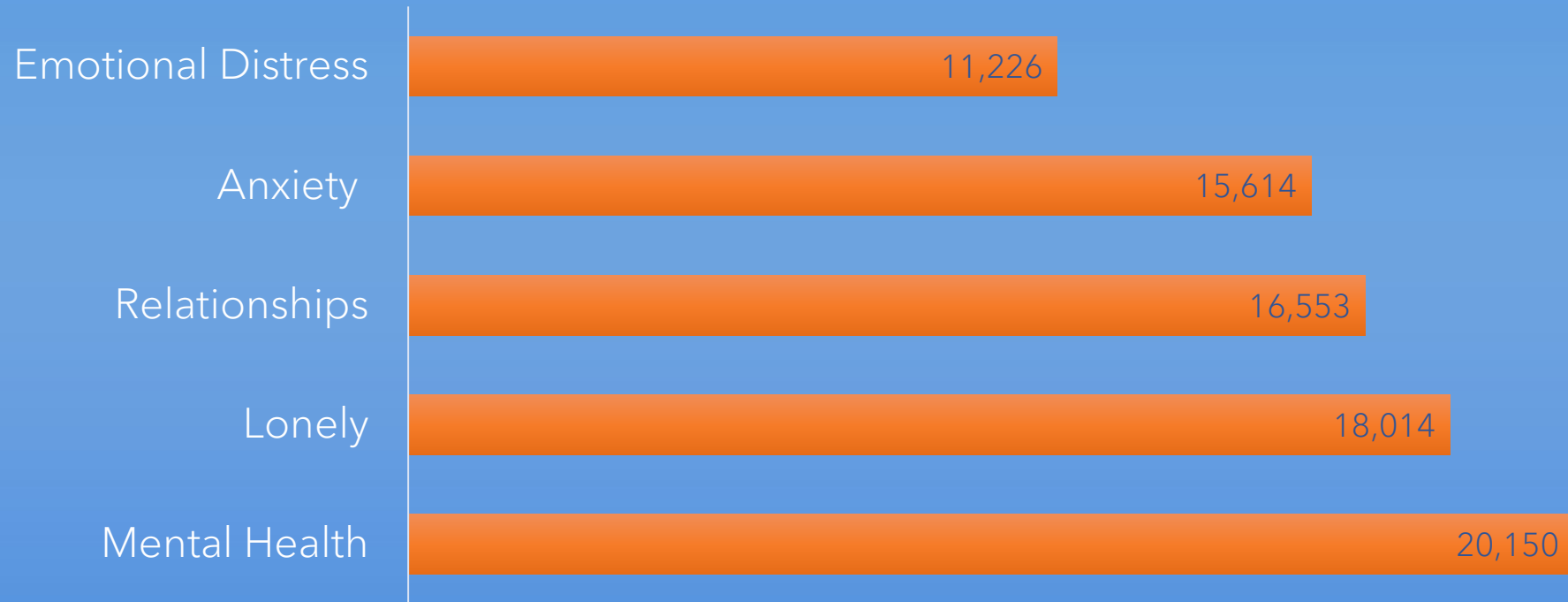
CARELINE CONTACTS BY YEAR AND BY AGE GROUPS



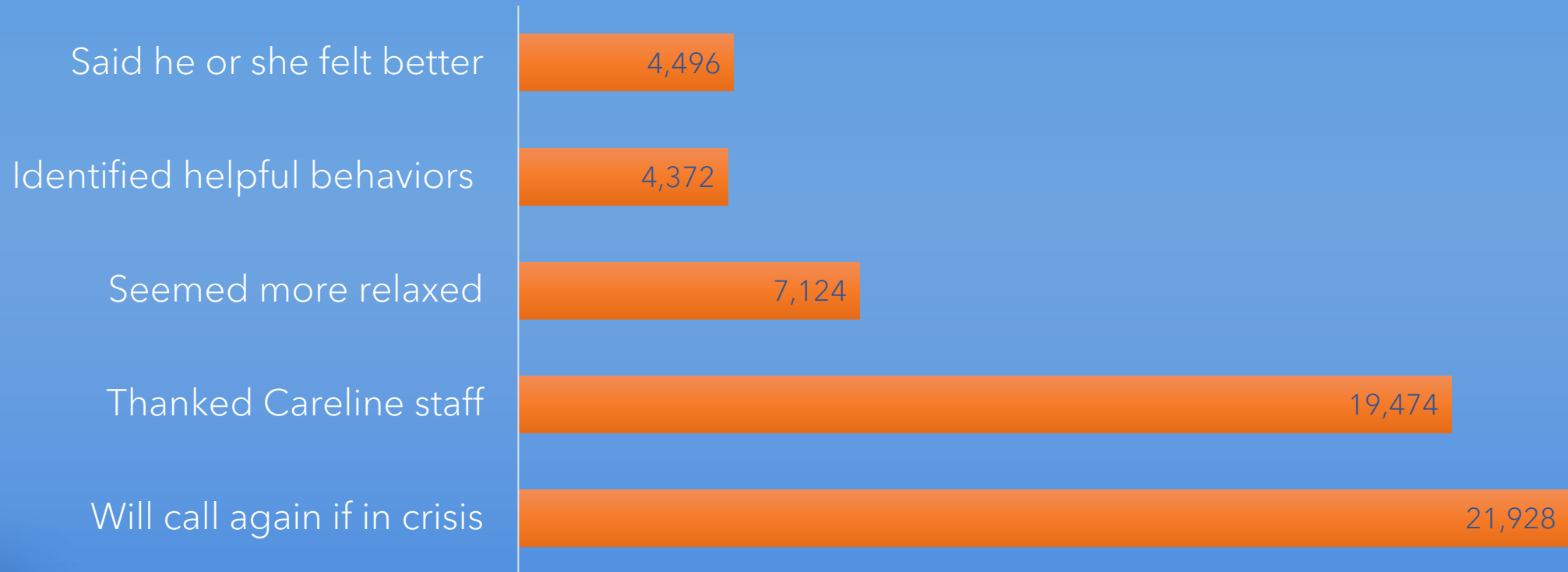
2024 CALLS ROUTED TO CARELINE BY MONTH



2024 CARELINE CALLS: TOP 5 PRESENTING ISSUES



2024 CARELINE CALLS: TOP 5 OUTCOMES



LESS THAN 1% OF CALLS TO CARELINE REQUIRE 911 DISPATCH

Calls requiring 911 Dispatch (2024)	Count
For suicide risk with caller consent	118
For suicide risk without caller consent	111
For third party suicide risk	15
Unrelated to suicide risk	44
Total	288





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