

MEETING AGENDA

Meeting: Board of Trustee
Date: November 17-18, 2021
Time: 8:30 AM
Location: online via webinar and teleconference
Teleconference: (844) 740-1264 / Meeting Number: 2455 725 6534 # / Attendee No: #
<https://alaskamentalhealthtrust.org/>
Trustees: Chris Cooke (Chair), Verné Boerner, Rhonda Boyles, Kevin Fimon,
Brent Fisher, Anita Halterman, John Sturgeon

Wednesday, November 17, 2021

Page No.

8:30a	Call to Order – Chris Cooke, Chair Roll Call / Announcements / Approval of Agenda Review of Guiding Principles Ethics Disclosure Approval of Minutes <ul style="list-style-type: none"> August 5, 2021 August 25-26, 2021 Current Bylaws	6 13 17
8:40	Mission Moment The Glory Hall <ul style="list-style-type: none"> Mariya Lovischuk, Executive Director of The Glory Hall Sara Chapell, Donor Relations Director of SAIL Joan O'Keefe, Executive Director of United Human Services of Southeast Alaska and SAIL 	
9:10	Staff Report CEO Update	
9:30	Trustee Training Open Meetings Act, Department of Law <ul style="list-style-type: none"> Gene Hickey, Department of Law 	hand-out
10:45	Break	
11:00	Audit & Risk Committee Report / Update <ul style="list-style-type: none"> FY21 Audit Approval 	50 hand-out
11:30	Finance Committee Report / Update <ul style="list-style-type: none"> FY22 Payout TADA Transfer Limit 	53

Wednesday, November 17, 2021 (continued)

Page No.

11:45	Lunch Break	
12:30	Public Comment	
	• For Public Comment Guidelines click here	
1:00	Statutory Advisor Update Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse	60
	• Bev Schoonover, Executive Director	
1:45	Statutory Advisor Update Governor's Council on Disabilities and Special Education	77
	• Myranda Walso, Acting Executive Director	
2:30	Break	
2:45	Statutory Advisor Update Alaska Commission on Aging	104
	• Lisa Morley, Executive Director	
3:30	Communications Update	106
4:15	Trustee Comments	
4:30	CEO Transition	
	Executive session – (if necessary) <i>In accordance with the Open Meetings Act, AS 44.62.310(c).</i>	
	Recess	

Thursday, November 18, 2021

Page No.

9:00a Call to Order – Chris Cooke, Chair

Roll Call

Announcements

9:05 CEO Transition (continues)

Executive session – (if necessary)

In accordance with the Open Meetings Act, AS 44.62.310(c).

Adjourn

Additional Documents

- | | |
|--|-----|
| • Resource Management Committee Report | 125 |
| • Program & Planning Committee Report | 126 |

Future Meeting Dates

Full Board of Trustee / Program & Planning / Resource Management / Audit & Risk / Finance

(Updated – November 2021)

- | | | |
|--|--|--|
| <ul style="list-style-type: none"> • Full Board of Trustee | <p>November 17-18, 2021</p> | <p>(Wed, Thu) – Anchorage</p> |
| | | |
| <ul style="list-style-type: none"> • Audit & Risk Committee • Finance Committee • Resource Mgt Committee • Program & Planning Committee • Full Board of Trustee | <p>January 5, 2022
January 5, 2022
January 5, 2022
January 6, 2022
January 26-27, 2022</p> | <p>(Wed)
(Wed)
(Wed)
(Thu)
(Wed, Thu) – Juneau</p> |
| | | |
| <ul style="list-style-type: none"> • Audit & Risk Committee • Finance Committee • Resource Mgt Committee • Program & Planning Committee • Full Board of Trustee | <p>April 20, 2022
April 20, 2022
April 20, 2022
April 21, 2022
May 25, 2022</p> | <p>(Wed)
(Wed)
(Wed)
(Thu)
(Wed) – TBD</p> |
| | | |
| <ul style="list-style-type: none"> • Audit & Risk Committee • Finance Committee • Resource Mgt Committee • Program & Planning Committee • Full Board of Trustee | <p>July 26, 2022
July 26, 2022
July 26, 2022
July 27-28, 2022
August 24-25, 2022</p> | <p>(Tue)
(Tue)
(Tue)
(Wed, Thu)
(Wed, Thu) – Anchorage</p> |
| | | |
| <ul style="list-style-type: none"> • Audit & Risk Committee • Finance Committee • Resource Mgt Committee • Program & Planning Committee • Full Board of Trustee | <p>October 19, 2022
October 19, 2022
October 19, 2022
October 20, 2022
November 16-17, 2022</p> | <p>(Wed)
(Wed)
(Wed)
(Thu)
(Wed, Thu) – Anchorage</p> |

Future Meeting Dates Statutory Advisory Boards (Updated – November 2021)

Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse

AMHB: <http://dhss.alaska.gov/amhb/Pages/default.aspx>

ABADA: <http://dhss.alaska.gov/abada/Pages/default.aspx>

Executive Director: Bev Schoonover, (907) 465-5114, bev.schoonover@alaska.gov

- Executive Committee – monthly via teleconference (Fourth Wednesday of the Month)
- Winter Meeting: Early February 2022 / Juneau (tentative)

Governor's Council on Disabilities and Special Education

GCDSE: <http://dhss.alaska.gov/gcdse/Pages/default.aspx>

Acting Executive Director: Myranda Walso, (907)269-8990, myranda.walso@alaska.gov

- Winter Meeting: January 31 – February 1, 2022 / location TBD

Alaska Commission on Aging

ACOA: <http://dhss.alaska.gov/acoa/Pages/default.aspx>

Executive Director: Lisa Morley, (907) 465-4879, lisa.morley@alaska.gov

- Winter Meeting: November 16-17, 2021 / location TBD

**The Trust's
Guiding Principles /
Mission Statement /
Trust Budget
Process Flowcharts**

Trust Guiding Principles

To improve the lives of Trust beneficiaries, The Trust is committed to:

Education of the public and policymakers on beneficiary needs;

Collaboration with consumers and partner advocates;

Maximizing beneficiary input into programs;

Continually improving results for beneficiaries;

Prioritizing services for beneficiaries at risk of institutionalization or needing long-term, intensive care;

Useful and timely data for evaluating program results;

Inclusion of early intervention and prevention components in programs;

Provision of reasonably necessary beneficiary services based on ability to pay.

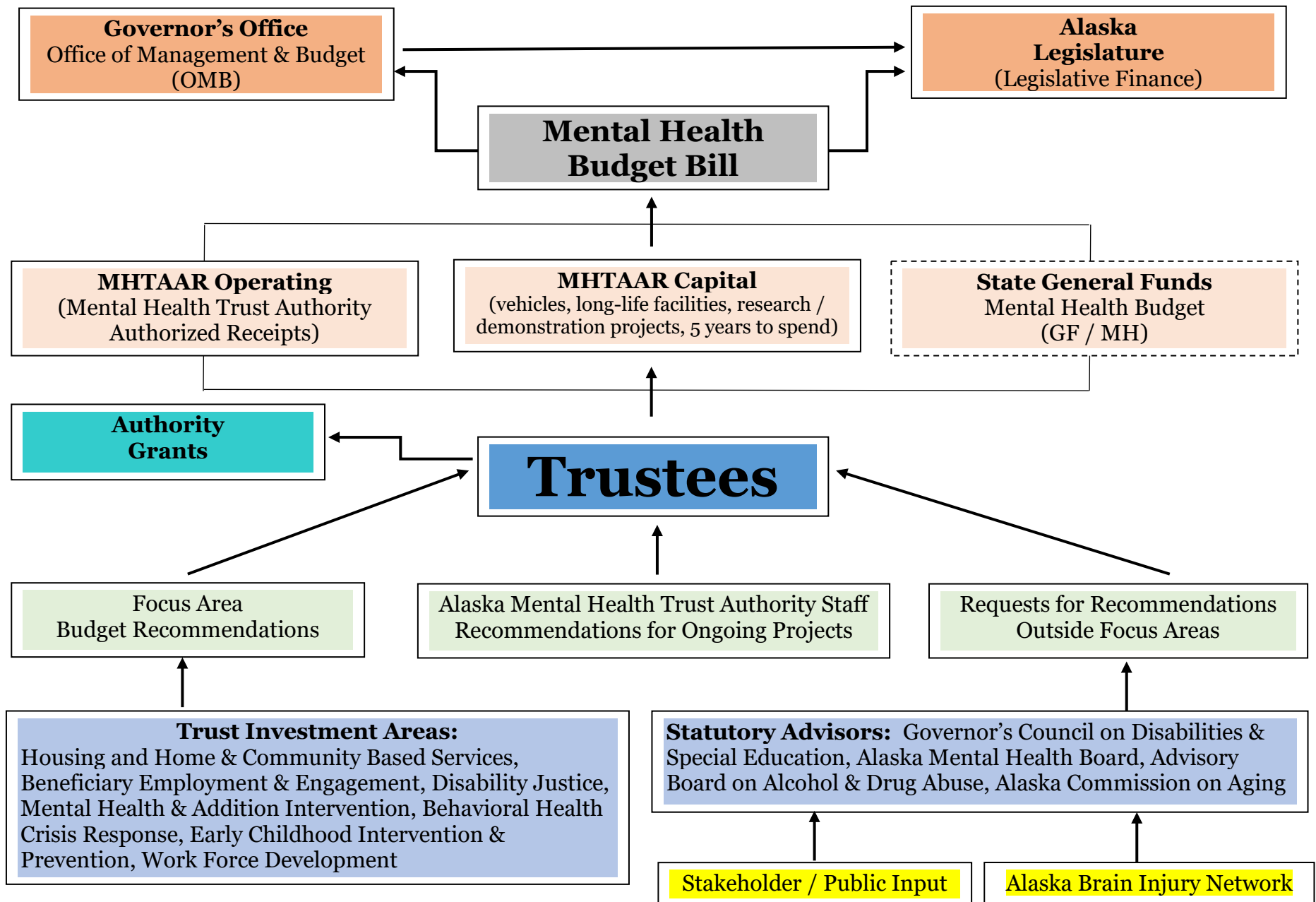
Approved 5-12-09, Board of Trustee meeting

Trust Mission Statement

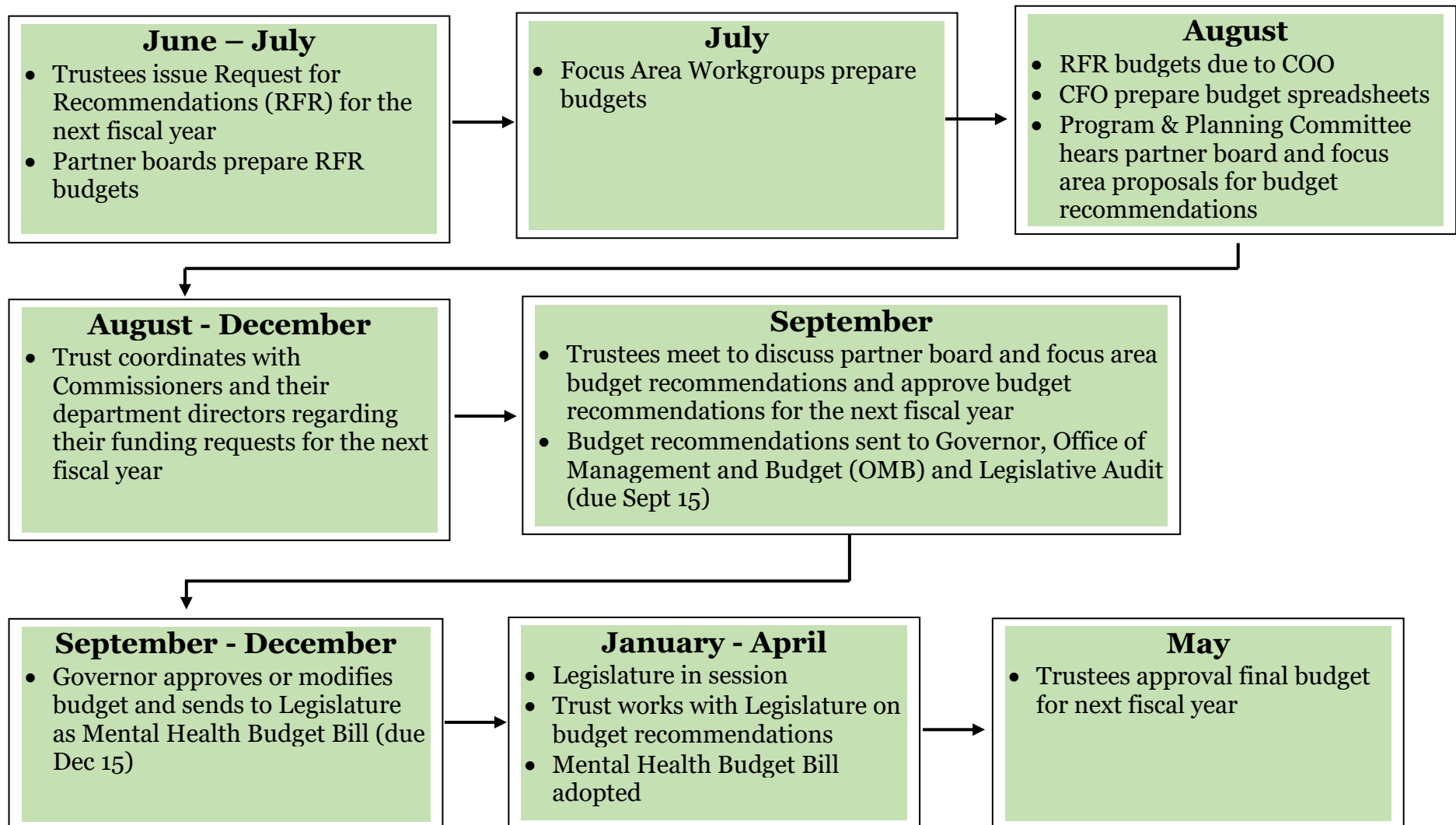
The Alaska Mental Health Trust Authority (The Trust) administers the Mental Health Trust to improve the lives of beneficiaries. Trustees have a fiduciary responsibility to protect and enhance trust assets in perpetuity for the beneficiaries. The Trust provides leadership in advocacy, planning, implementing and funding of the Comprehensive Integrated Mental Health Program; and acts as a catalyst for change.

Approved 5-12-09, Board of Trustee meeting

Alaska Mental Health Trust Authority Budget Process



Annual Mental Health Budget Bill Process

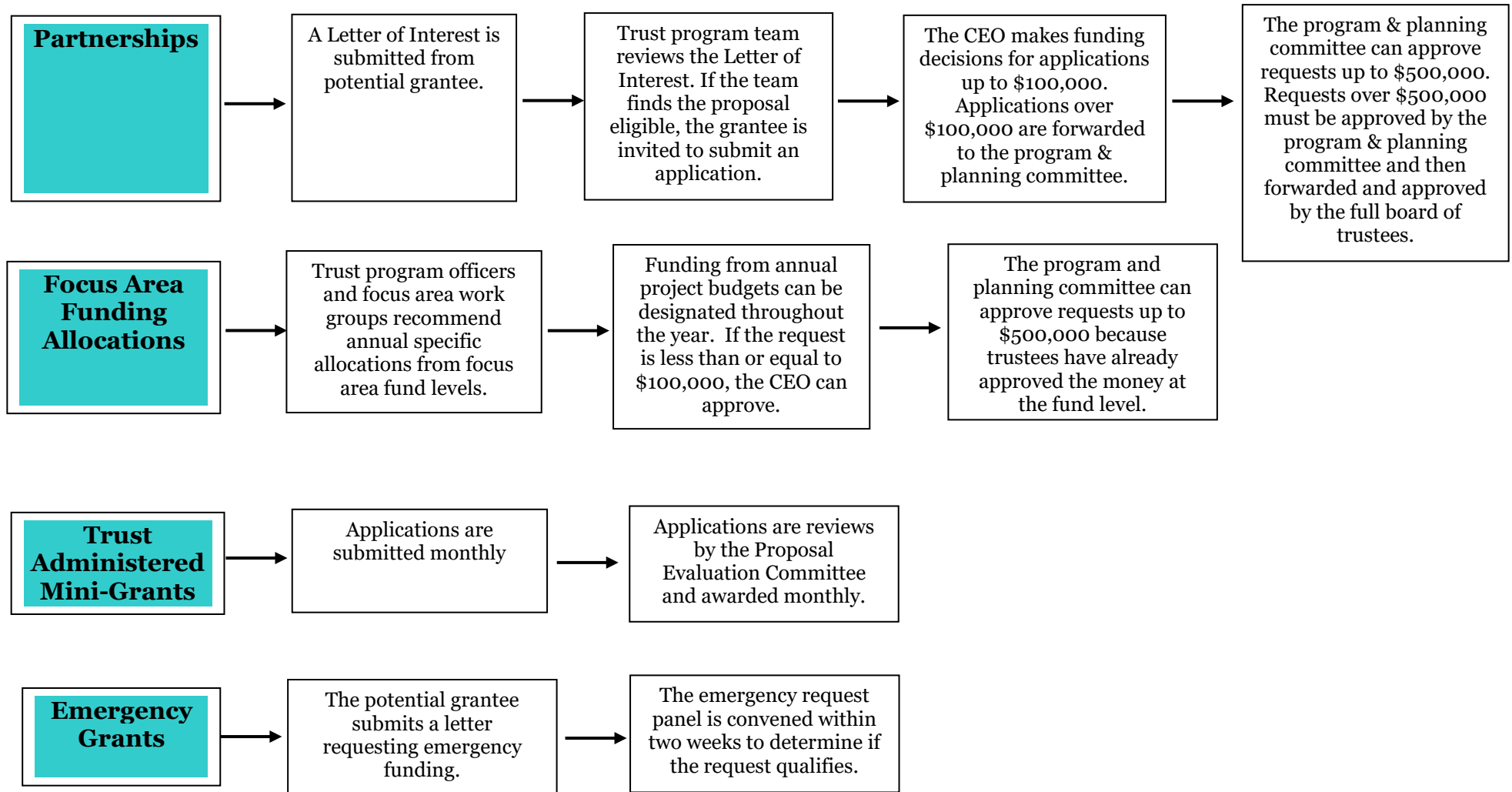


Note: timeline represents those items in the green boxes in the chart entitled “Alaska Mental Health Budget Process”

01/23/2019

Grant Approval Process for Authority Grant Funds

All annual budgets are approved by the full board of trustees at the September meeting



Note: this chart depicts those items included in the teal box labeled "Authority Grants" on the chart entitled "Alaska Mental Health Trust Authority Budget Process"

Revised: 01/23/2019

Alaska Mental Health Trust Annual Calendar

TRUSTEES	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Scheduled full board meeting & prep												
Scheduled committee meetings & prep												
APOC filing due 3/15												
Officer elections												
Board evaluations												
CEO evaluation												

LEGISLATURE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Budget finalization with departments												
Trust advocacy trainings												
House/Senate Finance budget presentation												
Legislative session												

PROGRAM	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Focus area budget updates, stakeholder mtg												
Request for recommendations (RFR) issued												
Statements of Intent / grant agreements												
Trust/DBH quarterly meetings												
Small projects												
Grant quarterly reports												
Rural Outreach (every 2yrs)												

LAND OFFICE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Resource field season												
Real estate BOV/appraisals												
Fall land sale												
Quarterly reports												
Ft. Knox audit (every 2yrs)												

ADMINISTRATION	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Fiscal year end & re-appropriation												
External audit												
Operating budget due 9/15												
Trust annual report												
Contract renewals												
OMB measures												
Asset allocation annual review												

ADVISORY BOARDS	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Statutory Advisory Board - ACoA												
Statutory Advisory Board - AMHB/ABADA												
Statutory Advisory Board - GCDSE												

**Minutes for the
August 5, 2021
Full Board of Trustee
Meeting**

ALASKA MENTAL HEALTH TRUST AUTHORITY

SPECIAL FULL BOARD MEETING

2:00 p.m.

August 5, 2021

Teleconference

Originating at:

**3745 Community Park Loop, Suite 120
Anchorage, Alaska**

Trustees Present:

Chris Cooke, Chair

Verne' Boerner

Brent Fisher

Anita Halterman

John Sturgeon

Rhonda Boyles

Kevin Fimon

Trust Staff Present:

Mike Abbott

Steve Williams

Carol Howarth

Miri Smith-Coolidge

Valette Keller

Katie Baldwin-Johnson

Mike Baldwin

Josephine Stern

Becky Carpenter

Trust Land Office;

Jusdi Doucet

Hollie Chalup

Also participating:

Kristin Vandagriff; Bev Schoonover; Myranda Walso.

PROCEEDINGS

CALL TO ORDER

CHAIR COOKE called the meeting to order and began with the roll call. All trustees were present.

ANNOUNCEMENTS

CHAIR COOKE announced that on Monday, August 2nd, information was received that Kevin Fimon had been officially appointed to serve on the Alaska Mental Health Trust Authority board. He stated that this is an appointment to fill a vacancy which, under the statutes, means that Mr. Fimon can be seated immediately and take part in all trustee matters as a full member of the board. He added that Mr. Fimon is subject to legislative confirmation when the Legislature is next in session. He welcomed Mr. Fimon.

MR. FIMON stated that he was honored to be part of the trustee board and hoped to be of some help.

APPROVAL OF THE AGENDA

CHAIR COOKE moved to the agenda with one alteration, a typo which is the plan that the executive session will include the legislative audit discussion and also an update on a personnel matter. He asked for a motion.

MOTION: A motion to approve the agenda with the two adjustments was made by TRUSTEE HALTERMAN; seconded by TRUSTEE STURGEON.

TRUSTEE BOERNER pointed out the need for a roll-call vote since there were some trustees on the phone.

CHAIR COOKE called the roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boerner, yes; Trustee Fisher, yes; Trustee Boyles, yes; Trustee Fimon, yes; Trustee Sturgeon, yes; Trustee Halterman, yes; Trustee Cooke, yes.)

ETHICS DISCLOSURES

CHAIR COOKE asked for any ethics disclosures. There being none, he moved to the first item on the agenda, and recognized Mike Abbott.

FY23 BUDGET DISCUSSION

MR. ABBOTT updated the board on the progress made in decisions with the Governor's office related to a couple of areas in the FY23 budget. He explained that last year the recommendations to the Administration for General Fund spending were not received as well as hoped. Since then, staff has been working to try to make the FY23 recommendations more productive. Towards that end, he and Steve Williams met twice with the Governor's chief of staff, the director of the Office of Management, Budget, and other Administration officials in order to help them understand the recommendations made, the objectives of the recommendations, and what made them unsuccessful. He continued that in those meetings a significant amount of common ground that the Trust and the Administration could work together on were identified to make the

recommendations productive. The Administration made two requests: First is to consider working with the Administration on a jointly funded effort, partially by the State, with opioid litigation settlement funds and partially by the Trust to jointly fund substance abuse treatment programming in Alaska. There was an immediate agreement that the Trust would like to be a part of that conversation and would be happy to consider potential Trust funding for such an effort. He stated that the second request was that prior to the board taking final action on General Fund recommendations for FY23, to meet with the Governor and his team in advance. That was agreed to, as well. He added that the Governor's office deserves a lot of credit for learning a lot about the Trust that they did not know as well as they should have. He added that there was a clear understanding and recognition of the independence and the autonomy of the Trust, and a recognition in terms of ultimate utilization of Trust funds needs to be a cooperative effort rather than the more directed effort. He concluded his report.

CHAIR COOKE thanked Mr. Abbott for the valuable information. He asked for a motion to go into executive session.

EXECUTIVE SESSION

MOTION: A motion that the board go into Executive Session to discuss the Trust's response to the confidential Legislative Budget & Audit Committee management letter and regarding personnel matters in accordance with the Open Meetings Act, AS 44.62.310(c) was made by TRUSTEE HALTERMAN; seconded by TRUSTEE STURGEON.

After the roll-call vote, the MOTION was APPROVED. (Trustee Boerner, yes; Trustee Halterman, yes; Trustee Sturgeon, yes; Trustee Fimon, yes; Trustee Fisher, yes; Trustee Boyle, yes; Trustee Cooke, yes.)

MR. ABBOTT requested that he, Carol Howarth, Jusdi Doucet, and Steve Williams from the staff join the trustees in Executive Session for the first agenda item. And that Valette Keller join, along with himself, for the second agenda item.

(Executive Session from 3:23 p.m. to 5:19 p.m.)

CHAIR COOKE stated that the board is back in session having completed the Executive Session. He noted that no substantive action was taken during the session. No motions or other action items were dealt with. He continued that the Special Board Meeting is back in open session.

MOTION: A motion to adjourn the meeting was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOERNER.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Boyles, yes; Trustee Halterman, yes; Trustee Boerner, yes; Trustee Sturgeon, yes; Trustee Fimon, yes; Trustee Cooke, yes.)

CHAIR COOKE adjourned the meeting.

(The Special Full Board meeting was adjourned at 5:20 p.m.)

**Minutes for the
August 25-26, 2021
Full Board of Trustee
Meeting**

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD MEETING

9:00 a.m.

August 25, 2021

Teleconference

Originating at:

**3745 Community Park Loop, Suite 120
Anchorage, Alaska**

Trustees Present:

Chris Cooke, Chair

Verne' Boerner

Brent Fisher

Anita Halterman

John Sturgeon

Rhonda Boyles

Kevin Fimon

Trust Staff Present:

Mike Abbott

Steve Williams

Eric Boyer

Carol Howarth

Miri Smith-Coolidge

Kelda Barstad

Valette Keller

Katie Baldwin-Johnson

Mike Baldwin

Autumn Veal

Alison Biastock

Luke Lind

Kat Roch

Travis Welch

Jimael Johnson

Trust Land Office:

Wyn Menefee

Jusdi Doucet

Also participating:

Lisa Morley; Bev Schoonover; Lisa Cauble; Kristin Vandagriff; Jenifer Galvan; Keyda Harris; Amy Robinson; Bill Mike; Carmen Wenger; Ian Wright; Jennifer Reed; Commissioner Adam Crum; Deputy Commissioner Sara Longan.

PROCEEDINGS

CALL TO ORDER

CHAIR COOKE called the meeting to order and began with a roll call. All trustees were present.

ANNOUNCEMENTS

CHAIR COOKE asked for any announcements.

TRUSTEE BOERNER announced that this board meeting was her last meeting as President and CEO of the Alaska Native Health Board. She stated that following her last board meeting of the Alaska Native Health Board there was a celebration of her time there. She thanked trustee staff for participating in that and being present. She continued that her purpose for sharing was that she will have some gifts to disclose. She will be notifying the staff about those gifts.

CHAIR COOKE wished Trustee Boerner well in her next adventure of pursuing her graduate degree. He stated that she will not only do well, but will be much better prepared and qualified to return to other leadership positions on behalf of Alaskans. He thanked her for her efforts and asked for any other announcements.

APPROVAL OF THE AGENDA

CHAIR COOKE moved to the agenda and stated that Mr. Abbott had a late change.

MOTION: A motion to approve the agenda was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOYLES.

MR. ABBOTT stated that Commissioner Crum had asked to move his presentation to 2:00 p.m., which would advance the Finance Committee Report and the FY22 Amended Budget Report by 30 minutes each.

CHAIR COOKE called the question and asked for unanimous consent.

There being no objection, the MOTION was APPROVED.

ETHICS DISCLOSURE

CHAIR COOKE moved to the ethics disclosures. Hearing none, he moved to the minutes.

APPROVAL OF MINUTES

MOTION: A motion to approve the minutes from May 26, 2021, was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOERNER.

CHAIR COOKE asked for any corrections or comments.

TRUSTEE HALTERMAN asked about the brief discussion on different points of the presentation and if the conversation had been captured.

CHAIR COOKE stated that it was the presentation on the Commission on Aging and noted that

the discussion did not pertain to any motion or action item. The discussion was captured in the complete transcript of the meeting. He asked if there was an objection to unanimous consent.

There being no objection, the MOTION was APPROVED.

CHAIR COOKE moved to the minutes of June 30, 2021.

MOTION: A motion to approve the minutes of June 30, 2021, was made by TRUSTEE BOYLES; seconded by TRUSTEE HALTERMAN.

There being no objection, the MOTION was APPROVED.

CHAIR COOKE noted for the trustees that in every packet there is a list of future meeting dates, not only for the trustees, but also for the partner boards and for other matters that may be of interest to the trustees. He stated that it is the policy of the board and himself to encourage anyone who is interested in attending these meetings to do so. He encouraged trustees to attend some of the meetings that interest them; request authorization to do that, and whatever expense involved may be paid by the Trust.

TRUSTEE BOERNER thanked the Chair for sharing that. She has attended several of the advisory board meetings and found them to be enriching and very valuable. She also encouraged attending.

TRUSTEE HALTERMAN commented that she had attended many of the board meetings and stated that many of them are virtual. They are very informative and great to listen in, especially when they do the advocacy meetings. There is a lot of discussion with regard to the legislative efforts.

CHAIR COOKE stated that the bylaws are also in the packet, and we would be referring to them in the course of meetings over the next two days. He moved to the Mission Moment.

MISSION MOMENT

MR. BOYER introduced Alaska Behavioral Health, one of our partner organizations. They are a nonprofit community behavioral health provider in Anchorage with an office and campus. He continued that the topic of this Mission Moment is "Peer Support Specialist." Funds from the Trust over the last couple of years supported the buildout of the peer support program, which has had an impact on the beneficiaries. He introduced Jenifer Galvan, a program manager at Alaska Behavioral Health that oversees the Peer Support Services, and Keyda Harris, one of her staff who is a beneficiary and came through the Peer Support Program

MS. GALVAN introduced herself as a Peer Support/Peer Review Manager at Alaska Behavioral Health and had just moved to Anchorage. She survived 12 years of childhood trauma; physical, emotional at the hands of three women that were supposed to love her unconditionally. In 2004 she had successfully completed four brain surgeries and realized the full impact of having that trauma. She had seizures, which were her trauma coping skill. She would seizure and then, being fatigued and exhausted, would check out for a couple hours and come back, and things would be great. When the surgery happened, she had little girls and no will to survive; was not functioning as an adult, and prayed to not wake up. She continued that she met two really

powerful people in her life, her now husband and her late mother-in-law. They were the people who saw that she was broken and loved her without judgment and gave her space to heal. She signed temporary custody of her daughters to her sister for a year. She did her work and took her first college course in interhuman services. Her professor told her to find resources that were unfamiliar to her, and she sought out domestic violence. She stated that she is a trained certified domestic violence advocate and is trained in victims of violent crimes to be a court advocate and call-taker. She continued that she is also trained in sexual trauma and abuse to meet people in the emergency rooms and hand them off with the resources. She learned about peer support in her last course around sexual trauma. Washington State was coming out with their program in 2009, and she drove to Yakima, roomed with two complete strangers, and started her journey as a peer. She added that she continued through her Bachelor's degree and part of her Master's before realizing she would never be a therapist. Peer work was where her heart was, and she did it for ten years in Washington. She was in ACT programs, TLP, did inpatient, worked a suicide hotline, and did anything to make sure people were not alone. When she got her position at Alaska Behavioral Health as the solo peer for the entire agency, she was mortified. She was excited about the new movement of peers, but having to have a criminal background, a drug addiction and a mental health diagnosis as the only way to be a good peer did not match her. She survived trauma, was raised by an addict, both her daughters and sisters were addicted to drugs, but she never picked up a drug in her life. After the conference, she emailed her leadership, told them it was not right and pitched a couple of her papers from college. She told them if they trusted her, she would prove them right. In 2019, the Trust awarded Alaska Behavioral Health a grant, and they got a state-approved curriculum; just under 130 people were trained in the nine months of having that grant. This year they were awarded the contract; they are halfway through with about 170 trained; close to 300 will be trained by the end of the year. She stated that she had met some amazing people and was blessed to train Keyda Harris, who is currently working in Fairbanks. She was one of the fall trainees and was one of the women who showed up with a chip on her shoulder. She took a leap of faith and applied for the job and is just one that ABH lucked out with. The curriculum is approved, and we are in line to have 20 trained trainers for the curriculum around the state by the end of this calendar year. She asked Ms. Harris to tell her story.

MS. HARRIS stated that from the ages of four to 14 she suffered a gamut of abuses. As an adult, her choices continued by choosing people who were like her abusers. She had a variety of mental health diagnoses from those traumas, but had little to no faith in the mental health system because it was always a shuffle from one provider to the next, with always having to retell her story over and over. At the height of COVID, she came across Jen's post on Facebook: "Become a peer support specialist. Tell your story. Share your story," and she applied. She went to the in-person classes, met everyone and met Jen. Immediately, her heart melted because here was a person who understood her completely and what made her how she was. In training, she learned a lot about herself that she did not know, and continually learns about herself through her clients. She shared that they listen to her and absorb her knowledge just like she did through Jenifer. She stated that this peer support training has been the best thing that ever happened in her life, and she is surprised by the turnaround she has made. She continued that it was an amazing journey, and she hoped to continue reaching out by training other peers to do what she does now. She thanked the trustees for having faith in Jenifer, because she has unequivocally changed all of their lives for the better.

CHAIR COOKE thanked both and asked the trustees for any comments or questions.

TRUSTEE HALTERMAN commended both of the ladies for taking a bad situation and finding the silver lining. Keep doing the work you do.

TRUSTEE BOERNER stated a word of appreciation for blazing that trail and broadening our perspectives and horizons. She also found both inspirational and informative the verbalizing that the abuse continued by choosing people similar to the abusers. There is power in the statement of continuing to learn about myself through the clients and no longer to live in trauma repeatedly. She thanked them for sharing.

MR. FIMON thanked Jenifer and Keyda for their powerful stories and that it was important to hear about the impact on one another and on all of the clients. It also speaks to how we all need someone at times that has been through the same things to help learn about ourselves and to also help others.

CHAIR COOKE asked for an overview of what exactly Alaska Behavioral Health is and what they do.

MS. GALVAN stated that Alaska Behavioral Health is not what it was in 2018 when she came on. She continued that there is now a peer program and other entities that have expanded our service population and accessibility. As far as primary services for herself, she came on to the 811 Housing Program, which is a housing voucher that fast-tracks people with a funding source that meets them up to the time they get their Alaska housing voucher. She explained that part of the expectation with that contract was that there was a peer support professional that would support the consumers moving from assisted-living facilities into independent living. It continues to be normalizing struggles of behavioral health and addiction and how trauma and symptoms play into how to respond.

CHAIR COOKE asked Ms. Harris how she learned of ABH and when she started making contact with them.

MS. HARRIS replied that she learned of Alaska Behavioral Health in 2016 when she moved to Alaska, and she has been a beneficiary of the services since that time. She stated that it was always her goal to do what she does now, but she did not know how to go about it. She continued that she had always been very self-aware of her diagnoses and how they affected her. Being a client, she learned how to deal with them. It has been an awesome, wonderful journey, and she has been helped in a myriad of ways.

CHAIR COOKE thanked both for sharing their stories.

MR. ABBOTT stated that Alaska Behavioral Health used to be Anchorage Community Mental Health and was Anchorage's largest community mental health provider. They rebranded in part as a result of Fairbanks' locally based, community mental health provider failing. The State, through a grant, encouraged then Anchorage Community Mental Health to serve Fairbanks, as well.

MR. WILLIAMS talked about how the Trust partnered with Alaska Behavioral Health with

funding. He explained that this is an example of how the catalytic funding was used to develop a new program type for one of the largest community behavioral health service providers in the state. It allowed them to take that funding, develop a curriculum, bring in the peers to help provide the critical services that were needed for the clientele, and expand it. Jenifer developed a curriculum which is being shared with other community behavioral health providers as they start to develop peer support services within the organization. The impacts about being able to empower the individuals who have had these lived experiences, as individuals, as professionals, and to share them. The impacts on the individual beneficiaries cannot be overstated. He shared that this is an example of the sort of impact that the Trust funds can have for the system at large. He also thanked Ms. Harris and Ms. Galvan for sharing their stories.

TRUSTEE BOYLES thanked them for tying that to Bridge and Crisis Now, and being the other arm in Fairbanks.

CHAIR COOKE thanked all again, and moved to the CEO update.

STAFF REPORT AND CEO UPDATE

MR. ABBOTT noted that the comments to the Legislative Auditor related to the preliminary report were submitted, and we are now waiting for the final report from the auditor. He continued that when it comes out it will be posted, along with the response on the website. There will not be any action required of the Trust from this point forward. He continued to some of the highlights, beginning with the effort to refinance some of the commercial real estate assets which has significantly advanced. He added that refinancing opportunities will continue to be evaluated. Any further refinancing would come back to the trustees for authorization. He noted that the comment period for the mineral lease at Ester Dome near Fairbanks has closed, and the TLO is in the process of evaluating those comments and considering the next steps. He mentioned that the U.S. Forest Service Land Exchange is inching positively toward completion. He continued to the gravel lease for a Trust parcel outside of Wasilla. He explained that that was met with significant opposition from local residents, and when the lessee went before the Mat-Su Borough Planning Commission to get the conditional-use permit, it was denied. He added that an appeal of that decision is processing, and it will likely be heard this fall. He moved to the letter from the Governor's Office on the FY23 budget which would be discussed in detail tomorrow, and concluded his report.

TRUSTEE STURGEON asked about the approach to the Planning Commission that is against the material sale.

MR. ABBOTT replied that they are in the process of communicating with the grantees, the partners and stakeholders in the Mat-Su Valley to make sure they are informed about it and making sure that they know about public comment opportunities that may be available. He added that it was uncertain that the Borough would be processing this as a concern on the merits of the gravel pit.

TRUSTEE BOYLES asked about the comments on Ester Dome, if there was a predominant or dominant concern in them.

MR. ABBOTT replied that the review of the comments have not yet been completed in full. He added that the most common concern was the proximity of a potential mine in an area with an

extensive mining history and existing ongoing small-scale operations, that the prospect of a larger-scale operation was disappointing. There will be a more complete report on the comments and responses as the TLO finishes that work.

TRUSTEE STURGEON made a disclosure that he received a copy of the letter with a lengthy call from the Governor's Office, which he had not returned.

TRUSTEE BOYLES stated the same disclosure.

CHAIR COOKE thanked Mr. Abbott for the report, and called a break.

(Break.)

CHAIR COOKE reconvened the meeting and stated that all trustees were present. He recognized Amy Robinson of the Department of Law who spoke about the role of the fiduciary.

MS. ROBINSON introduced herself and stated that she is an assistant attorney general. She added that her supervisor, Chief Assistance Bill Mike, was also on the line. She stated that she read the trustees' bios and was excited to get to know them better because of all the diverse and accomplished backgrounds. She continued, what a fiduciary is; what fiduciary duties are; she briefly discussed the nature of the Alaska Mental Health Trust and the Trust Authority; she identified who the Trust beneficiaries are; identified specific fiduciary duties codified for the Board of Trustees; and discussed how those fiduciary duties are carried out. The definition of a fiduciary is one who transacts business, handles money and property, not for self-interest, but for the benefit of others, implying and necessitating great confidence and trust, and a high degree of good faith. She explained that there is also a fiduciary duty to protect the corpus of the Mental Health Trust Fund.

MR. ABBOTT thanked Ms. Robinson for the support of the work on the Legislative Audit, as well as other projects.

CHAIR COOKE thanked Ms. Robinson for the presentation, the effort and for the materials provided. He recognized Carol Howarth for the Finance Committee Report.

FINANCE COMMITTEE REPORT

MS. HOWARTH stated that at the last meeting the revenue expectation and the budget recommendations were reviewed. Also talked about was last year's performance, preliminarily. She continued that those numbers would not be finalized until the State closes its books at the end of August. She added that after that, the work on the financial reports for the regular audit will begin. She stated that there was one motion presented to the Finance Committee regarding inflation-proofing, which was recommended to present to the Full Board.

MOTION: A motion that the Board of Trustees approve the designation of \$26,300,000 of Alaska Mental Health Trust earnings as principal for the purpose of inflation-proofing was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOERNER.

CHAIR COOKE asked how this related to the recommendation by the Finance Committee where the number \$61,230,300 was in Motion No. 1.

MS. HOWARTH explained that we thought that, using the new statutory method budget reserves, \$61 million could easily be used for inflation-proofing. In fact, using the new methodology there is basically \$26 million available for inflation-proofing to maintain the 400 percent target. She continued that it did not affect the amount of money in the balance; it was just the question of saying what was available. She added that \$26.3 million was a solid number. She explained that the legislative auditors look at the statute being followed. She stated that their reports will vary in distinguishing between realized earnings and nonrealized earnings.

MR. ABBOTT stated that the Legislative Audit helped to clearly understand that there is a difference in Trust earnings. Simply, it is realized versus unrealized, but more complicated than that. Half of the earnings are unrealized and, therefore, not spendable. If they are not spendable, then they cannot be counted as reserves because the reserves exist so that they can be used. That is a statutory obligation and requirement the Trust has. The hope is that earnings will continue to grow, and this can be revisited on an annual basis.

TRUSTEE HALTERMAN called for the question.

CHAIR COOKE took a roll-call vote.

After the roll-call vote, the MOTION was APPROVED. (Trustee Halterman, yes; Trustee Boyles, yes; Trustee Boerner, yes; Trustee Sturgeon, yes; Trustee Fisher, yes; Trustee Fimon, yes; Trustee Cooke, yes.)

CHAIR COOKE called a lunch break, and stated that Public Comment is scheduled after that.

(Lunch break.)

PUBLIC COMMENT

CHAIR COOKE stated that the public comment period allows individuals to inform and advise the Board of Trustees of issues, problems or concerns. It is not a hearing. He went through the format and added that the general public is not in attendance at this meeting because of the ongoing COVID concerns. He added that the public is invited to comment via a phone connection. He asked that if anyone wished to make public comment to please identify themselves.

MS. WENGER stated that she lived in Anchorage. She continued that she is the Program Director for Help Me Grow Alaska, and they were fortunate to be a program supported by the Alaska Mental Health Trust. She shared a story about connecting families to the right care at the right time. She explained that developmental screening uses a standardized validated tool to identify children at risk for development delays. Through the supports provided by the Trust, Help Me Grow Alaska is able to do work across the state to make sure that children have access to developmental screening in their communities. There is a well-trained workforce able to administer those screenings, and calls to staff navigate families for the right care at the right time. She thanked the trustees for their investment in Help Me Grow Alaska, a program of the All Alaska Pediatric Partnership.

CHAIR COOKE thanked Ms. Wenger and he asked for the next person.

MS. SMITH-COOLIDGE stated that two people named Eli and Ian would like to talk.

A SPEAKER commented on the Mental Health Trust lease on Ester Dome, the public-use area. This decision has the potential of devaluing inheritances and decreasing the quality of a childhood. This land being looked at is part of this proposed lease agreement. A mine of substantial size on this hill would severely impact the neighborhood. The speaker talked about the impact on his extended family and that four generations of his family lived there. He added that it all would be destroyed with the mine.

CHAIR COOKE thanked the speaker and recognized Ian Wright.

MR. WRIGHT stated he was a resident at Richard Berry Drive and lives a quarter mile away from the proposed lease sales. He noted that his wife had testified at the July 21st meeting over the need for more mental health support services in Fairbanks. The potential need for land on Ester Dome is the wrong approach for generating the revenue it needs. He stated that it is the wrong approach, wrong deal, wrong time, and the wrong place.

CHAIR COOKE thanked Mr. Wright and asked for anyone else to make public comment.

MR. FAY stated that he has lived for 35 years at Elliott Highway in Fairbanks. He testified that he was not against mining, but was against the potential for mining to intrude into Fairbanks' residential properties. He continued that, on a personal note, it is important to his entire family, which is behind Ester Dome. They would all be impacted by this and will continue to fight this. He expressed that this project had the potential to ruin this area as a recreational resource. In closing, he stated that it was his opinion that this project was far too close to Fairbanks and would open the door for development that would not be positive for the community. He encouraged reconsideration or at least a redesign of this lease. He thanked them for the opportunity to be heard.

CHAIR COOKE thanked Mr. Fay and recognized Mara, the next speaker.

A SPEAKER stated that she lived in Fairbanks, in the Goldstream Valley. She continued that she was a former exploration geologist and worked on some of prospects on Ester Dome. She echoed and supported all of the comments made by the previous speakers, and also all of the others that may have written to the Trust during the comment period. She raised a concern after going through Millrock's financials, which are accessible on their website. Her concern is that the Mental Health Trust would even consider leasing to a company that has no financial ability to undertake what they say they are going to do, and that their subsidiaries are newly formed. She added that Felix Gold was formed by two gentlemen with no history in exploration of mining. She stated her dismay in that it seemed that due diligence on either of these companies was not done.

CHAIR COOKE thanked the speaker and asked if there was someone else in the queue.

A SPEAKER stated that she was a resident of Ester Dome and lives in the small neighborhood that is surrounded and, in theory, is supposed to be safe from development because it is above a beautiful area that is Mental Health Trust land. This area and trails are beautiful, and people

have been making use of them hiking and biking, which is great for mental health. She talked about the Native land and appreciated having been able to add comments to the letters that have already been sent.

CHAIR COOKE recognized the next speaker.

A SPEAKER commented on the Ester Dome mining being considered. He stated support for the Mental Health Trust position and understood that trustees have an advisory role. Industrial mining is devastating to residential property owners, and he urged the Trust to suspend the lease, sale. Most importantly, public hearings should be held to hear what the neighbors have to say and to consider the economic and growth potential of residential neighborhoods in the lease area.

CHAIR COOKE thanked the caller and asked for anyone else wishing to make public comment. He recognized Jennifer Reed.

MS. REED stated appreciation for the Trust's efforts to provide mental health services to Alaska's residents. She stated support for that mission. She continued that she was a resident of the Goldstream Valley, and this is a whole community health issue, the Alaska community. There are needs across the state for mental health services, but to utilize such an inappropriate area to generate revenue for Mental Health Trust resources is unconscionable. The Trust should recognize its responsibility to be transparent. She added that the community, for the purpose of mental health resource development, deserves more than the method that is moving forward. She asked to not forward leases to Felix Gold and to consider other ways resources can be generated through Trust lands by working with the community to enhance the tourism potential and other recreational opportunities that exist in the Goldstream Valley.

CHAIR COOKE thanked Ms. Reed and asked for anyone else for public comment.

MS. SMITH-COOLIDGE stated there is someone named Janna who would like to make public comment.

A SPEAKER echoed the comments that were made before. She also echoed the comments she sent in her written public testimony. She urged all to move slowly and cautiously on this. There are not a lot of good recreational activities that can be done in an area as unique as Ester Dome and Goldstream Valley. Lower-income folks rely on this which does benefit not only their health and well-being, but also the community's. She added that she is a lawyer in town, and this would impact multiple neighborhoods. She hoped that the Trust would use its wisdom and consider all impacts on many households.

CHAIR COOKE thanked the caller and asked for any additional persons wishing to make public comment.

A SPEAKER stated that there are several people who would like to make comments, but have not been able to join on the phone.

CHAIR COOKE understood the technological challenges. There being no one else requesting to make public comment, he called the public comment period on the agenda to an end. He added that if there are any additional people who have not been heard, written comments are always

welcome. He called a recess.

(Break.)

FY22 AMENDED BUDGET RECOMMENDATIONS

CHAIR COOKE moved to the FY22 amended budget recommendations and asked for the motion.

MOTION: A motion for the Full Board to approve increasing the Fiscal Year '22 budget by \$1,596,300. These increases will include \$317,200 of Agency funds; \$74,100 of MHTAAR funds; and \$1,205,000 of Authority Grant funds, and are outlined in the table below, was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOERNER.

CHAIR COOKE asked Mr. Abbott to continue.

MR. ABBOTT stated that this was talked about at the Program & Planning Committee meeting, and we are in the fortunate circumstance of having significantly more available revenue in FY22 than was thought when the budget was built. He called attention to the revenue estimate for FY22 which identified the different categories of revenues available. He went through explaining how it was calculated, and then explained that the anticipated payout would be \$26,435,000. He continued that, assuming support for the motion, there would still be \$1 million of unobligated funds yet to allocate during the year. He assured the trustees that staff would bring proposals to make sure that all of that would be allocated during the year. He added that FY23 will be discussed tomorrow, and it also has significantly more revenue than was previously thought.

CHAIR COOKE recognized Steve Williams.

MR. WILLIAMS stated that a short narrative was included that gave a synopsis for how each of the proposed increases would be allocated. He went through all of the recommendations, answering questions as he went along.

TRUSTEE HALTERMAN asked if the Trust funds are being leveraged to pursue Federal funds for some of the at-risk populations with regard to housing.

MS. BARSTAD stated that, for the rapid rehousing, this specific project is not directly leveraged with Federal HUD funding. She added that a way to leverage the service component and figure out how to combine the 1115 waiver services with the housing assistance that this grant would provide is being pursued. There is a federal component, but not necessarily where it is expected.

MR. WILLIAMS continued going through the recommendations, explaining as he went along.

CHAIR COOKE asked for any further questions regarding the proposed amendments to the budget.

TRUSTEE BOERNER called the question.

After the roll-call vote, the MOTION was APPROVED. (Trustee Sturgeon, yes; Trustee Fisher, yes; Trustee Fimon, yes; Trustee Boerner, yes; Trustee Boyles, yes; Trustee Halterman, yes; Trustee Cooke, yes.)

CHAIR COOKE called a recess.

(Break.)

CHAIR COOKE reconvened the meeting and welcomed Commissioner Adam Crum, Department of Health and Social Services.

COMMISSIONER CRUM thanked all for having him back and that it was good to see everyone in person. He stated that there are a couple of items being worked on and began with the reorganization of the department. This has been an ongoing conversation over the interim between sessions and was approved by Governor Dunleavy in January of 2021. This will continue to be pursued, and he added that some changes were pointed out by Legal. He continued that this opportunity is being used to reach groups directly: child welfare groups, child advocacy, Alaska Native Tribal organizations. He shared a metaphor of going to a really nice deli and getting a sandwich that comes with an olive with a toothpick on top. That olive is the Commissioner's Office, and all that is being proposed is to cut the sandwich in half and to add another olive -- taking the existing Health and Social Services structure and really aligning it. Taking the groups that provide patient care services, Juvenile Justice, Alaska Psychiatric Institute, the Pioneer Homes, Office of Child Services, these groups that provide 24/7 direct patient care in a facility and in the community, and on the other side, Medicaid services, health-care services, Division of Behavioral Health, Division of Public Assistance and Senior and Disability Services would align into the Department of Health. We are working with them and the Division of Public Health because this is more about program management, process and payment. He continued that in looking at Health and Social Services, the sheer size of it does not really allow for good, effective management across the board. He pointed out that it is the opposite of a power grab; Alaskans are given a disservice with the current structure. There is not enough time and energy to truly work with stakeholders within the community, with advocates and with legislators to really address issues. He talked about the cost, the current budget and providing the right level of management, resource and compensation. He also stated the need to actually engage and empower the local tribes and communities to step up and enter the space as much as possible. This is not about growing government; it is about appropriate government. There is a need to step in front of this, insert leadership over on that side to work with Federal partners to step into this. This is a conversation that has been had around Alaska, and it will continue. He talked about the Crisis Now model and was proud to say that the Anchorage Fire Department got signed up as an 1115 provider under Medicaid, which is a tremendous asset to have. In looking toward this, he would like to work together and perhaps there are training opportunities that can be done with the Trust as Alaskans are further encouraged to step into the behavioral health world. He stated that he would be glad for any questions or dialogue.

CHAIR COOKE thanked the Commissioner.

TRUSTEE HALTERMAN asked for an update about where the State is on the cyberattack and where AKAIMS is.

COMMISSIONER CRUM stated that in May there was a cyberattack that hit Health and Social Services that was very disruptive towards the systems. It was a very sophisticated break. Federal law enforcement partners are on it, and they are not even allowed to talk about which agencies are involved. He added that the process is hardening their systems, and we have to manually take backup information, reinsert it and build up a server behind a fire wall. He explained this more fully.

TRUSTEE BOERNER thanked the Commissioner for the update. She asked if the Commissioner would provide a current picture as to where staffing is considering the COVID surge; and if the front-line staff is experiencing more challenges in their own mental health.

COMMISSIONER CRUM replied that, in looking at the health-care system overall in Alaska, it is in a unique spot because a lot of professionals exited the field in 2020. It was the overall burden of the new protocols, redesigning systems as they went along. Declaring a public health emergency was allowed, which ended the disaster declaration.

MR. ABBOTT received a letter from the Governor, and one of his recommendations is that the Trust join with the Department to work on a plan to utilize, among other resources, opioid litigation settlement funds. The letter suggested that the Commissioner was available to help discuss the details of that.

COMMISSIONER CRUM replied that one of the ideas is the success in a lawsuit against opioid producers, and we joined in and accepted that. They were also successful in reaching the 90 subregions around the state and getting the community leaders to agree to join the State, which means the maximum benefit from the settlement. He added that at this time there are no dollars tied to that, and the time frame is unknown.

MR. WILLIAMS thanked the Commissioner. He noted that Crisis Now is a partnership which the Governor sponsored some legislation on last session, and the Trust is working closely with the Department on that. It is a key piece of legislation to forward those efforts. He stated that it was also great working with the team and other staff throughout the Department on a number of joint efforts related to some of the things that the trustees will be looking at in the FY23 budget recommendations. He reminded the trustees that the Trust had been working closely with the Department on some of the issues encountered related to API. The trustees approved funding to turn around some of the things identified in the Morris lawsuit, and he assured all that there is a good flow of communication back and forth, and they will be kept informed.

CHAIR COOKE thanked the Commissioner for being here today, noting that he was welcome anytime. He commented that the last time he saw the Commissioner was in Rampart, Alaska, on the Yukon River. He encouraged the trustees and others in Government to take advantage of any opportunity that may come along to get out to the other parts of Alaska, the rural areas, to villages, to see the places and people that we only hear about.

COMMISSIONER CRUM looked forward to being at more meetings to have conversations like this. He thanked the Board for what they do and appreciated the time here. He stated he would be glad to come back and address them again.

CHAIR COOKE called a five-minute break.

(Break.)

CHAIR COOKE continued that the next item on the agenda is the Resource Management Committee report.

RESOURCE MANAGEMENT COMMITTEE REPORT

CHAIR COOKE stated that there was a memo with the motion. He asked for a motion.

MOTION: A motion that the Alaska Mental Health Trust Authority Board of Trustees approve the proposed revisions to the 2005 Memorandum of Understanding between the Department of Natural Resources and the Alaska Mental Health Trust Authority was made by TRUSTEE STURGEON; seconded by TRUSTEE BOERNER.

MR. ABBOTT introduced Deputy Commissioner Sara Longan from DNR. He stated that she was instrumental in helping advance this amended MOU for final consideration, and we are grateful that she could be here in case there were any questions from the trustees for the Department of Natural Resources. He also reminded all that this is the contract that describes the relationship between the Trust and the Department of Natural Resources that caused the TLO to be created, and it generally describes its work. He added that this was the third iteration of this document, and it does not represent any significant changes to the status quo. It primarily memorializes an incredibly efficient and productive relationship between the Trust Authority and the Department as lived through the Trust Land Office. He strongly endorsed this MOU and the relationship it extends.

MR. MENEFEE stated, for the record, that this was reviewed in detail during the Resource Management Committee, and he went through all the changes. He continued that this will help clarify processes, management principles, organizational structures, and delegated duties. He added that one of the main things it spells out is: Here are the duties of the TLO. The past MOU did not have that. The key about having an MOU like this in place is if there are changes of CEOs, executive directors, changes in the Commissioner's office, to have a congruent document that can be referenced on how to behave with each other. He stated that once these revisions are in place, it will stay current for many years, just like the last one did.

MR. STURGEON agreed. A lot of time was spent on it, and Jusdi did a great job of hitting all the high points.

MR. MENEFEE asked Deputy Commissioner Longdan for any comments.

DEPUTY COMMISSIONER LONGAN thanked Mr. Menefee, the Trust Land Office, Mr. Abbott and the Board for the interest in taking up the MOU. There was a longstanding, productive and a consistent relationship between DNR, the Trust Land Office, and the Mental Health Trust. She thanked all for the support on the MOU, and for inviting her.

MR. ABBOTT stated that, assuming the motion passes, the next step would be to sign it.

TRUSTEE HALTERMAN called the question.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fisher, yes; Trustee Sturgeon, yes; Trustee Fimon, yes; Trustee Boerner, yes; Trustee Boyles, yes; Trustee Halterman, yes; Trustee Cooke, yes.)

MR. ABBOTT stated that this would be the last opportunity as a group to appreciate the long and amazing service of Wyn Menefee as Trust Land Office Executive Director. Mr. Menefee's retirement is Tuesday, and this is the last Trust meeting to have a chance to work with him directly.

CHAIR COOKE stated that he and Mr. Menefee are the only ones in the room that remember when he became the director of the TLO. He talked about the great job of leadership in that office since that time, and everyone, both past and current, are the beneficiaries of Mr. Menefee's hard work, organizational skills and clear and thorough presentations. He pays attention to detail and has the interest of the Trust at heart at all times. The Trust appreciates everything he has done for all these years.

TRUSTEE STURGEON wished Mr. Menefee a joyful retirement and complimented him on the fantastic job he had done. He stated that he talked with Mr. Menefee about every Friday for his briefing and was always impressed with his grasp of the issues. He thanked him for all of his hard work.

TRUSTEE BOERNER stated that she only knew Mr. Menefee in this TLO role and commented that he addressed it with patience and the willingness to share knowledge. She thanked him for his service, his approach, the mentoring and the comforted way in which he approached it, giving time for all to adjust.

DEPUTY COMMISSIONER LONGAN stated that Mr. Menefee was kind, and is a true statesman. He took the job at the Trust Land Office, and prior to that he was a colleague at DNR. The bump in the road was when DNR lost Mr. Menefee. They served in the Department for many years together, and he was a mentor, a friend and a strong leader. He will be missed. She congratulated him.

MR. MENEFEE stated appreciation for all the kind words. He added that the only reason he had any credibility was because of the TLO staff and complimented them for being such a professional, dependable staff. They made him shine. He continued that it had been wonderful to serve with the Trust and to be involved with such a noble mission, and to be able to see that we could actually contribute in a meaningful way to the beneficiaries and to the State. It was a wonderful career to have had in doing that through DNR, and then at the Trust Land Office. He thanked all and stated that he would very much enjoy his retirement.

MR. ABBOTT stated that to make sure the trustees know that the Trust Land Office will remain in good hands, it was learned this morning that the Governor signed off on the appointment of Jusdi Doucet as the new Trust Land Office Executive Director.

(Applause)

CHAIR COOKE asked for a motion.

MOTION: A motion to recess the meeting was made by TRUSTEE HALTERMAN.

CHAIR COOKE recessed the meeting.

(Alaska Mental Health Trust Authority Full Board Meeting recessed at 3:15 p.m.)

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD MEETING

12:30 p.m.

August 26, 2021

Teleconference

Originating at:

**3745 Community Park Loop, Suite 120
Anchorage, Alaska**

Trustees Present:

Chris Cooke, Chair

Verne' Boerner

Brent Fisher

Anita Halterman

John Sturgeon

Rhonda Boyles

Kevin Fimon

Trust Staff Present:

Mike Abbott

Steve Williams

Eric Boyer

Carol Howarth

Miri Smith-Coolidge

Kelda Barstad

Valette Keller

Katie Baldwin-Johnson

Mike Baldwin

Autumn Veal

Alison Biastock

Luke Lind

Kat Roch

Travis Welch

Jimael Johnson

Trust Land Office:

Wyn Menefee

Sarah Morrison

Jusdi Doucet

Also participating:

Lisa Morley; Bev Schoonover; Lisa Cauble; Kristin Vandagriff.

PROCEEDINGS

CALL TO ORDER

CHAIR COOKE called the meeting back to order and noted that all trustees were present.

ANNOUNCEMENTS

CHAIR COOKE asked for any announcements. There being none, he moved to the FY23 budget deliberations, and asked for a motion.

FY23 BUDGET DELIBERATIONS

MOTION: A motion that the Full Board of Trustees approve the MHTAAR Mental Health Trust Administration and Authority Grant for fiscal year '23 in the amount of \$35,521,900. This consists of \$17,887,200 of MHTAAR and MHT Admin and \$17,634,700 of Authority Grants. These funds are to be used for programs and activities described in the detailed fiscal year '23 budget recommendations document prepared for the August 25 and 26, 2021 Board of Trustees' meeting. Included in this motion is a recommendation by the Full Board of Trustees for the State of Alaska appropriation of \$17,036,500 of GF/MH funds and \$8,138,100 of other funds for fiscal year '23, was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOERNER.

CHAIR COOKE continued that the matter was open for discussion, and recognized Mr. Abbott.

MR. ABBOTT stated that this is one of the biggest decisions of the year, and we spent a long time talking about it at the committee meetings a month ago. He continued that there have also been a lot of developments since this topic was last discussed. One of the important pieces of that was a communication received from the Governor, and staff has a recommendation for how to address the Governor's recommendations. He explained that all of the recommendations are exactly the sort of dialogue that should take place between the Administration and The Trust, and we hope that this will continue going forward. This is progress in improving the relationship with the Administration and creating a collegial, constructive relationship that was envisioned during the settlement and the drafting of the legislation that caused the Authority to come into existence. He broke the Governor's proposal into five separate recommendations that the Trust was asked to consider. The first is labeled State General Funds FY23. The Governor recommended that the Trust reduce the amount of General Funds it recommended that the State expend in support of the State's Comprehensive Integrated Mental Health Plan, the COMP plan. He explained that the Trust has a statutory obligation to make recommendations in order to see the program implemented. The Governor asked the Trust to reconsider the FY23 recommendations made last year before the FY23 budget is finalized. There is a recommendation from staff for reductions in the FY23 GF/MH recommendations that would bring the total into the range suggested by the Governor. He recommended an amendment to the motion to insert the alternate numbers in the GF/MH column in the FY23 budget. The change would bring the \$17,036,500 GF/MH recommendations down to \$7,431,500; a reduction of almost \$10 million.

CHAIR COOKE ruled to defer the detailed consideration of any change in the budget motion regarding General Funds until the entire review of the Governor's budget was completed.

MR. ABBOTT moved to the second topic and stated that it appears that the State is optimistic of the receipt of some amount of funds. The Governor suggested that the Trust, the State, and potentially other funding partners work together to use a combination of funds cooperatively in order to have the greatest impact possible on the opioid issues. He continued that this made sense, but there is not enough detail available to recommend a budget item. He recommended beginning discussion with the Commissioner and his designees on a program that would give greater clarity to how the funds could be used. Then an amendment could be considered at the next Program & Planning Committee meeting in October.

A brief discussion ensued.

MR. ABBOTT moved on to the specific projects category. The next one was funding for housing options for elderly Alaska Natives with mental health issues. This is a project that the Administration had not discussed, and we have not been approached by the State for funding of this type in the past. He stated that General Funds were being proposed with the Trust involved specifically requesting support of a State General Fund allocation of \$500,000. This could be made a part of the General Fund recommendations.

Questions and a discussion ensued.

MR. ABBOTT stated that he would propose and strongly endorse the project the Governor described, and commit to work on it. He moved on to the fourth request. The Governor's letter indicated frustration in his ability to get State land out of State ownership and into private ownership. The process the State uses for general State lands is rigorous, onerous, and is a difficult process to actually execute. The Trust is a lot different with greater flexibility in decisions and execution on the arrangements. He talked about the challenges which led to a discussion. He moved to the fifth proposal in the Governor's letter, which had to do with the 988 Suicide Prevention Mental Health Crisis Hotline. He explained that Congress passed Federal legislation designating 988 as the phone number for national suicide prevention and mental health crisis support system access. Very few states have this system in place, and Alaska does not. He continued that Federal legislation requires that there be such a system in place by July 16, 2022. He stated that the Trust has been part of the Department's planning effort with a possibility of this 988 system being a potential component of the Crisis Now system that is trying to be developed. He added that a phone-based system is the first line of contact for the Crisis Now model; and a planning effort is underway, but is still in the early stages. He continued that the Trust could and should be an active participant, but we are not comfortable recommending a \$1.5 million commitment without knowing more about the program.

CHAIR COOKE asked about the next move on this.

MR. ABBOTT proposed authoring and being a signatory on a letter back to the Governor describing the recommendations he brought forward with modifications from the trustees. He would draft it, and prepare it for delivery within a week. The tone of the letter would express appreciation for the engagement with the Governor on these important issues, and then some pages of specific responses to the individual proposals to follow.

A brief discussion ensued.

TRUSTEE HALTERMAN pointed out that the letter from the Governor was written to the Chair, and stated that it would be more palatable if the response came from the Chair.

CHAIR COOKE completed the review of the Governor's letter and moved to the proposed adjustments for reductions to the General Fund/MH component of the FY23 budget proposal. He asked for an amendment.

MOTION: A motion that the Board consider adjusting the General Fund request from \$17,036,500 to \$7,431,500 of GF/Mental Health was made by TRUSTEE HALTERMAN; seconded by TRUSTEE BOERNER.

CHAIR COOKE moved to a discussion of the proposed amendment.

MR. ABBOTT clarified, for the record, that the total was amended, and it is clear that staff has the authority to make the appropriate individual line adjustments as described in the memo. He stated that five reductions in the roughly 20 lines that have GF/MH recommendations are being proposed. They total a \$3.1 million reduction in the Crisis Now grant line. He talked about a new GF/MH request and lowering it from \$4 million to \$900,000. He added that the reduction is only in the GF/MH recommendation. The level of Trust funding, the largest single programmatic expenditure in the budget, would continue.

MR. WILLIAMS moved to the Alaska Justice Information Center which is housed at the University of Alaska. The recommendation is to zero out that \$225,000. This does not reduce the capacity or the operations of the Alaska Justice Information Center as it is currently operating in FY22. The reason the increment was in there was to be able to expand the operations and capacity of it. He moved to the next one, which is the holistic defense, which was to expand. Zeroing out the GF/MH will not impact the current service level or capacity of this project.

MR. ABBOTT stated there were three more items. The first two are the two AHFC-run programs, special needs housing grants and homeless assistance projects, SNHG and HAP. The recommendation is to reduce the earlier preference and match what AHFC is putting into their budget. He moved to the last one, the Alaska Training Cooperative. In the workforce-development area the total program expense is approximately a million dollars. He continued that the Trust has been the complete funder of that for 20 years. He explained in more detail and recommended maintaining the 10 percent reduction for another year.

TRUSTEE STURGEON suggested putting \$500,000 back in the budget, and made it a friendly amendment to Trustee Halterman's motion.

MR. ABBOTT explained that this is a proposal to amend the amendment, to add a \$500,000 GF/MH recommendation to the Housing and Long-Term Services and Supports focus area for the Department of Health and Social Services to engage in planning for rural assisted-living housing development.

MOTION: A friendly amendment was made by TRUSTEE STURGEON to put back \$500,000 in the budget for the Housing and Long-Term Services and Supports focus area; seconded by TRUSTEE BOERNER. It was accepted by TRUSTEE

HALTERMAN, who brought the original motion, and by TRUSTEE BOERNER, the second.

MR. ABBOTT recommended that the General Funds would be directed to AHFC as opposed to DHSS for this motion.

A discussion ensued.

CHAIR COOKE explained that the amendment would be to replace the last full line of the pending motion: State of Alaska appropriation of \$7,931,500. He called the question on the amendment.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fimon, yes; Trustee Fisher, yes; Trustee Sturgeon, yes; Trustee Boerner, yes; Trustee Boyles, yes; Trustee Halterman, yes; Trustee Cooke, yes.)

CHAIR COOKE moved to the main motion, which encompassed the entire budget proposal.

MR. ABBOTT described the organization of the big spreadsheet in detail. He stated that if the budget was adopted as proposed, with the amendments added, there would still be about \$1.7 million left in unobligated for future funding decisions going forward. He added that the recommendation is that the trustees would likely be able to do whatever in support of the Governor's recommendations and still adopt the budget recommended today.

A brief discussion ensued.

TRUSTEE STURGEON called the question.

CHAIR COOKE stated that he would like to address one item in respect to the budget, particularly the amendment changes, and make his own motion. He passed the gavel to Trustee Halterman to assume the Chair.

CHAIR HALTERMAN agreed.

TRUSTEE COOKE called attention to Page 9 of the budget line 25, an adjustment to the budget for \$460,000 in a grant to go to the Department of Health and Social Services to deal with intensive at-risk early intervention services. After reading the proposal, he talked about it being an unproven program. A new program that would hire four staff to do some studies and evaluate high-risk families and employing Child Protective Services folks to address the needs of those families. He explained the reasons for his concerns.

MOTION: A motion to delete that \$460,000 item from the budget or, alternatively, put that into the new budget category of studying needs and opportunities and ways to provide elder housing throughout Alaska was made by TRUSTEE COOKE; seconded by TRUSTEE FIMON, for the purpose of discussion.

TRUSTEE BOERNER stated appreciation for some of the comments that Trustee Cooke brought forward. She spoke in opposition to the motion because, even today, there was a spectacular

very powerful visit that really highlighted complete vulnerability, and the fact that we create a system that forces our acuity to higher and higher levels before responding. She talked about her personal interventions and coming from that spectrum. She continued that earlier intervention is worth the investment. Her response is based on fact that if there is no intervention beforehand, that there is a forced creation of our own beneficiaries.

TRUSTEE STURGEON stated, respectfully, that he would not support the motion. His wife, who was actually Alaska's Teacher of the Year, has been a first-grade teacher for 46 years and he has heard every day the importance of early intervention.

CHAIR HALTERMAN asked for any further questions or comments.

TRUSTEE COOKE did not disagree with the need as a social need, but he thought that this program proposal is particularly sketchy.

CHAIR HALTERMAN clarified that this vote is on the amendment to strike \$460,000 from the intensive at-risk early intervention services. She called the vote.

After the roll-call vote, the MOTION FAILED. (Trustee Fimon, no; Trustee Fisher, no; Trustee Sturgeon, no; Trustee Boerner, no; Trustee Boyles, yes; Trustee Cooke, yes; Trustee Halterman, no.)

(The gavel was returned to Chair Cooke.)

MR. WILLIAMS stated that this program will serve Trust beneficiaries, has been tried and utilized in other states and has demonstrated outcomes. It was an oversight that the materials were not provided.

TRUSTEE HALTERMAN stated that she was struggling with the adult dental portion of the budget, primarily because the questions she asked were trying to get to the root of understanding who is being served with the adult dental.

MR. ABBOTT stated that the program only serves Trust beneficiaries through the different providers that are granted through these budget lines. The providers may serve nonbeneficiaries, but the funds are only used on Trust beneficiaries for services that are deemed critical.

A discussion ensued.

CHAIR COOKE called the vote on the main motion.

After the roll-call vote, the MOTION was APPROVED. (Trustee Fimon, yes; Trustee Fisher, yes; Trustee Sturgeon, yes; Trustee Boerner, yes; Trustee Boyles, yes; Trustee Halterman, yes; Trustee Cooke, yes.)

CHAIR COOKE stated that the budget for FY23 was approved, and called a break.

(Break.)

CHAIR COOKE reconvened the meeting and stated that all trustees were present. He continued that next on the agenda was the CEO transition.

MR. ABBOTT stated that the purpose of this conversation is to bring the trustees up to speed on the state of the work that has been done, and then make progress towards and complete the consideration of any changes to the position description that was last comprehensively rewritten three years ago. He continued that the trustees agreed to securing the services of a search firm to help identify candidates for consideration. A scope of services limited to the identification of candidates was developed with Trustee Halterman. The services of a contractor will be gained in the next couple of weeks. They will help in advertising and recruiting a pool of candidates to be considered. He went through the timeline and hoped that the process would proceed with a candidate on track to begin no later than the middle of January when his retirement would take effect. He moved to the description that generally reflects the expectations described in the Board and CEO charters.

A discussion and questions on the process ensued.

CHAIR COOKE stated that he had asked Trustee Halterman to lead the search process. He asked her to describe how this is moving forward.

TRUSTEE HALTERMAN replied that she and Ms. Keller were reviewing the RFP language and have made sure that the posting was in compliance with some legal challenges. A slight adjustment was made, and it was posted. She stated that they were in the process of collecting information from entrusted recruiting agencies that will screen applicants and send them forward. She asked for some advice on how to proceed when there are applicants.

The discussion continued.

MS. KELLER stated that the company will mainly recruit, and we have asked them to do a high-level, first-pass screening, but to still give us the full list of names, flagging those that may be a good fit. She added that background checks were not included in the RFP, which looked at widening the net and getting as many names and applications as possible.

MR. ABBOTT suggested that Trustee Halterman consider taking on one other trustee, along with Ms. Keller, to cull the applications.

TRUSTEE HALTERMAN asked for any objections to Trustee Fisher working on this project.

TRUSTEE BOERNER replied no objection, and offered to support the process after August 31st.

MR. ABBOTT stated that three would be the limit before this would get into an open meetings condition.

The discussion continued.

TRUSTEE HALTERMAN recommended one adjustment to the position description -- including a section that states that risks for audit and risk be identified, and policies developed with the

Board that align with the Trust's mission and vision to ensure that risks are mitigated, and that policies are implemented and evaluated.

MR. ABBOTT stated that this does a great job as currently presented, and he had no significant changes to recommend.

The discussion continued.

CHAIR COOKE stated that there was no need for an action for this. It was just approving a job description. He continued that time was set aside for executive session, but there is no need for that. He moved to the Board elections and trustee comments. He noted that the bylaws say that there are three officers elected annually: A Chair, Vice Chair and Secretary. Officers are to be elected by majority vote at the annual budget-approval meeting, which is this meeting. Officers' terms of office commence upon adjournment of that meeting. He stated that it had been his privilege to serve as Chair during the past year and a half. He has thoroughly enjoyed being on the Board, and was honored to have been the Chair. He continued that his term will officially end on March 1st, and that he did not intend to seek reappointment to the Board. He explained that he would like to continue as Chair while going through the CEO selection process, put to rest the Legislative Audit issues, while continuing discussions with the Administration about budget matters, if the Board concurred. He moved to the nominations.

NOMINATIONS:

TRUSTEE BOERNER nominated Trustee Cooke to continue in the role of Chair in the way he described.

CHAIR COOKE called for any nominations for the position of Chair three times. Hearing none, he closed nominations for Chair, and asked for any nominations for Vice Chair.

TRUSTEE BOERNER nominated Trustee Halterman for Vice Chair.

CHAIR COOKE asked for any other nominations for the office of Vice Chair three times. Hearing none, he closed nominations for Vice Chair. By unanimous consent, Trustee Halterman is Vice Chair. He continued that the third office is for Secretary, and asked for any nominations.

TRUSTEE HALTERMAN nominated Trustee Boyles for the office of Secretary.

CHAIR COOKE asked for any other nominations for the office of Secretary three times. Hearing none, the nominations for Secretary are closed. Trustee Boyles was elected as Secretary for the Board of Trustees for the next year.

(Applause.)

TRUSTEE COMMENTS

CHAIR COOKE told a story about the newest member of the Supreme Court going first, and then recognized Trustee Fimon, the newest trustee, for his comments.

TRUSTEE FIMON thanked the staff for their hard work and appreciated the patience they had with him. He appreciated Mr. Abbotts' candor, straightforwardness and honesty about what he

may have been up against and for all the information. He stated that the preparation has been phenomenal, including the quick turnaround of the information received after the Governor's letter. He noted how well the Board of Trustees respect and communicate with each other. He added that he is a bit overwhelmed, but appreciated the learning experience.

TRUSTEE FISHER stated that it was a great meeting, and he was impressed with everyone being amicable to one another. Staff is great, and he appreciated the way they made the trustees as comfortable as possible. He thanked Trustee Fimon for being the new guy.

TRUSTEE STURGEON thanked staff for all the hard work and making the trustees' job easy, and for making the trustees look good.

TRUSTEE BOERNER (speaking Native language) began with the staff, the work they do, and stated that it was inspiring and appreciated. She continued that she appreciated the diversity of thought the trustees have, sharing different perspectives, helping the critical thinking aspects that goes towards meeting the needs of the beneficiaries. She added that it is done with respect and admiration, and is highly valued. She stated that the Mission Moments are always inspirational, and thanked Rob.

TRUSTEE BOYLES thanked the staff and also thanked Mr. Abbott and Mr. Williams. She talked about last year and the lack of communication with the Governor. She enjoyed the presentation from the Department of Law because it was a good reminder of the priorities. That presentation needs to be foremost in our minds in administering the Trust solely in the interest of the beneficiaries.

TRUSTEE HALTERMAN stated that she came into this meeting with a bit of anxiety about the budget session, especially in light of the Governor's request for consideration. She appreciated the time staff put in to be able to be responsive with additional insight to the Board. She thanked staff and appreciated the court reporter's clarity and insight in how the Board functions. She missed the in-person interactions with everyone and stated that it is critical, allowing relationships to forge. She feels that she has a room full of friends and appreciated that.

CHAIR COOKE stated that he overlooked the business of the Chair appointing Committee Chairs at the annual meeting. He reappointed the current Committee Chairs: Trustee Sturgeon to Resource; Trustee Boerner to Planning; and Trustee Halterman to Finance and Risk Management. Hearing no objection, they are reappointed. He concurred with all that was said about staff, the presenters, Mission Moment, and added that they had just passed a budget for \$35 million. He added that they all did a good job. He stated that the organization is in good shape, and he appreciated everyone's efforts. He asked for a motion to adjourn.

MOTION: A motion to adjourn the meeting was made by TRUSTEE HALTERMAN; seconded by TRUSTEE STURGEON.

There being no objection, the MOTION was APPROVED.

(Alaska Mental Health Trust Authority Full Board meeting adjourned at 4:05 p.m.)

Current Trust Bylaws

1
2
3 ALASKA MENTAL HEALTH TRUST AUTHORITY
4 BYLAWS
5

6
7 ARTICLE I
8 NAME
9

10 The name of this organization is the Alaska Mental Health Trust Authority.
11

12
13 ARTICLE II
14 PURPOSE OF THE AUTHORITY
15

16 The Alaska Mental Health Trust Authority acts in the best interest of the beneficiaries
17 of the trust. It is accountable to:

- 18 (a) Provide for sound governance, fiduciary oversight and direction in achieving the
19 mission of the Trust Authority;
20 (b) Ensure an integrated, comprehensive mental health program for the State of Alaska
21 in partnership with Department of Health and Social Services (DHSS); and
22 (c) Preserve, protect, and grow the trust corpus and administer trust assets.
23
24

25 ARTICLE III
26 BOARD OF TRUSTEE MEMBERSHIP AND TERMS OF OFFICE
27

28 Section 1. Trust Authority board of trustees composition:

- 29 (a) The Trust Authority shall be governed by its board of trustees.
30 (b) The Trust Authority board of trustees, hereafter referred to as the board, consists of
31 seven members appointed by the governor in accordance with AS 47.30.016 and
32 confirmed by the legislature.
33

34 Section 2. Term of office, vacancies, and removal:

- 35 (a) The members of the board serve staggered five-year terms. A member shall continue
36 to serve until the member's successor is appointed and confirmed by the legislature.
37 (b) A vacancy occurring in the membership of the board shall be filled within 60 days by
38 appointment of the governor for the unexpired portion of the vacated term.
39 (c) The governor may remove a member of the board only for cause per AS 47.30.021.
40 (d) Except for a trustee who has served two consecutive five-year terms, a member of
41 the board may be reappointed. A member of the board who has served two
42 consecutive five-year terms is not eligible for reappointment to the board until one
43 year has intervened as per AS 47.30.021(d).
44
45

ARTICLE IV
BOARD OF TRUSTEE DUTIES

Section 1: The role of the board is to:

- (a) Set the vision for the organization;
- (b) Set policies for the organization, including adoption of regulations as appropriate under AS 47.30.031;
- (c) Adopt charters that define the role, authority, operating procedures, duties, and responsibilities of the board and standing committees; and
- (d) Approve contractual agreements with advisors as defined in statute and the settlement agreement, specifically Alaska Permanent Fund Corporation (APFC), Department of Natural Resources (DNR), and Statutory Advisory Boards.
- (e) Fulfill the duties listed in AS 37.14.007(b)(1)-(12).

Section 2: The board will conduct business in accordance with AS 47.30.036.

ARTICLE V
OFFICERS AND DUTIES

Section 1. The board, by a majority vote of its membership, shall annually elect a Chair, Vice Chair, and Secretary from its membership.

Section 2. The officers will be elected by a majority vote at the annual budget approval meeting, and officers' terms of office commence upon adjournment of that meeting. Officers' terms of office end effective at adjournment of the meeting in which new officers are elected.

Section 3. Officers may be re-elected to the office in which they serve by vote of the membership of the board as above. The board's intention is to allow board members the opportunity to serve in officer roles in support of ongoing board development. To that end, no member may serve more than 2 consecutive terms in the same office except as provided for by affirmative vote of 5 board members.

Section 4. If the office of the Chair becomes vacant, the Vice Chair succeeds to the office of the Chair and serves until an election held at the next board meeting. The newly elected Chair will serve until the next annual election.

Section 5. Except for the office of Chair, if an office of the board becomes vacant, an election shall be held to fill the vacancy at the next regular meeting following the vacancy. The officer will serve until the next annual election.

Section 6. The duties of the officers shall be as follows:

(a) Chair

- 1. Call all meetings. Preside at all meetings.
- 2. Appoint chairs of committees and committee members.

3. Serve as ex-officio (voting) member of all committees, but may not concurrently serve as board Chair and chair of any standing committee, with the exception of the Executive Committee.
4. Act as primary spokesperson for the board.
5. Act as one of the official spokespersons for the Trust Authority, together with the Chief Executive Officer (CEO), when requested by the Chief Communications Officer.

(b) Vice Chair

1. Assist the Chair in the discharge of his/her duties.
2. Perform the duties of the Chair in the absence or incapacity of the Chair.
3. Perform other duties as assigned by the board.

(c) Secretary

1. Assume duties of the Chair when Chair and Vice Chair are unavailable.
2. Perform other duties as assigned by the board.
3. Assure that the records of board proceedings are maintained in accordance with these bylaws and in accordance with AS 37.14.007(b)(2) and the Records Management Act (AS 40.21).

ARTICLE VI
MEETINGS

Section 1. The board will hold four regular meetings each fiscal year. Committees will meet as necessary to accomplish their responsibilities.

Section 2. Special or emergency meetings of the board may be held at such time and place as the Chair may order; or upon the written request to the Chair of any four trustees.

Section 3. Reasonable public notice of board and committee meetings shall be provided in accordance with AS 44.62.310. Meetings of the board and its committees are subject to the Open Meetings Act, AS 44.62.310 and 44.62.312.

Section 4. A quorum at all board meetings shall consist of four board members. A quorum at committee meetings is a majority of the committee's members.

Section 5. No member of the board may designate a proxy.

Section 6. The board will schedule at least one period for public comment during each regularly scheduled board meeting.

Section 7. Formal actions by the board are accomplished through adoption of motions.

ARTICLE VII
COMMITTEES OF THE BOARD

There will be five standing committees of the board. Standing committee chairs and members will be appointed by the Chair after polling the board regarding individual trustee's interest and ability to serve. A member may serve as chair of only one standing committee at any time except as a stand-in until the next regularly scheduled board meeting. Standing committees will have a minimum of 3 committee members. The board chair may designate ad hoc committees to accomplish special purposes. Persons other than board members may serve on the board's ad hoc committees; however, such persons may not be voting members of such committees, only appointed board members may vote on committee actions. Committee recommendations will be reported to the board for action at the next regular board meeting.

Section 1. The Executive Committee of the board is composed of three board officers, the Chair, the Vice Chair, and the Secretary. The Executive Committee will:

- (a) Ensure development of policies for governing the Trust Authority for approval by the board.
- (b) Oversee implementation of governance policies at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.
- (c) The Executive Committee will meet only as needed.

Section 2. The Resource Management Committee will, in consultation with the CEO and Executive Director (ED) of the TLO:

- (a) Ensure development of policies for protecting, enhancing, and managing the trust's non-cash resources in the best interests of the beneficiaries for approval by the board.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.

Section 3. The Program and Planning Committee will, in consultation with the CEO and Executive Director (ED) of Mental Health Policy and Programs.:

- (a) Ensure development of policies to meet needs and improve the circumstances of beneficiaries; and recommends to the board for approval.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

Section 4. The Finance Committee will, in consultation with the CEO and Chief Financial Officer (CFO):

- (a) Ensure development of policies for investment and fiscal management for approval by the board.
- (b) Oversee implementation of approved investment and fiscal management policies on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

- 1 Section 5. The Audit and Risk Committee will, in consultation with the CEO and CFO:
2 (a) Ensure development of policies for managing the annual audit process and
3 identifying and addressing organizational risk for approval by the board.
4 (b) Oversee implementation of approved audit and risk management policies on behalf
5 of the board in accordance with Trust Authority statutes and regulations and the
6 committee charter adopted by the board.

7
8
9 ARTICLE VIII
10 CHIEF EXECUTIVE OFFICER
11

12 Section 1. The board shall select and employ a Chief Executive Officer as provided by law.
13

14 Section 2. The Chief Executive Officer is responsible for day-to-day operations of the Trust
15 Authority including planning, organizing, coordinating, and directing all activities
16 necessary to enable the Trust Authority to exercise its powers and duties, and
17 fulfill the purpose of the Trust Authority. The CEO will operate and conduct the
18 business and affairs of the Trust Authority according to the statutes, regulations,
19 bylaws, policies, and charters adopted by the board. The CEO duties and
20 responsibilities shall be set forth in a CEO Job description to be adopted by the
21 board.
22

23 Section 3. The Chief Executive Officer shall oversee administration of the contract with the
24 Trust Land Office on behalf of the Trust Authority to ensure compliance with
25 AS 37.14.009(a)(2).
26
27

28 Section 4. The board will evaluate the Chief Executive Officer's performance annually in
29 writing. The board will define the process for conducting annual reviews and
30 include it in the Board Operations Manual.
31

32 Section 5. Termination of employment of the Chief Executive Officer is by majority vote of
33 the board.
34
35

36 ARTICLE IX
37 PARLIAMENTARY AUTHORITY
38

39 Unless otherwise provided by law or these bylaws, the board's procedures shall be
40 governed by Robert's Rules of Order Newly Revised. The Chair may appoint an appropriate
41 person to serve as parliamentarian.
42
43

44 ARTICLE X
45 ETHICS
46

47 Board members are required to comply with the Alaska Executive Branch Ethics Act
48 (AS 39.52) and AS 47.30.016(c)(2).

1
2
3 ARTICLE XI
4 AMENDMENT OF BYLAWS
5

6 These bylaws may be amended at any meeting of the board. Amendment of these
7 bylaws requires 5 affirmative votes of board members provided that written notice and
8 copies of the proposed amendment have been submitted to the members 30 days prior to
9 the meeting, or by unanimous vote without notice.
10

11
12 ARTICLE XII
13 DEFINITIONS
14

15 In these bylaws,
16

17 **The Alaska Mental Health Trust** means the sum of all assets owned by the Alaska
18 Mental Health Trust as established by the Alaska Mental Health Trust Enabling Act, P.L. 84-
19 830, 70 Stat. 709 (1956) and the Mental Health Settlement Agreement (June 10, 1994),
20 including cash and non-cash assets.
21

22 **The Alaska Mental Health Trust Authority (the Trust Authority)** means the entity
23 charged with administering the trust, as trustee, is governed by a seven-member board. (AS
24 37.14.007, AS 47.30.011, AS 47.30.016)
25

26 **The Trust Land Office (TLO)** means the unit of the Alaska Department of Natural
27 Resources that is charged with managing the trust's natural resources, land, and other fixed
28 assets. (AS 44.37.050)
29

30 **Regular Meeting** means a board meeting that is scheduled at the annual budget
31 meeting to occur during the succeeding year, provided that a regular meeting that is
32 rescheduled on reasonable notice to the public is still a regular board meeting.
33

34 **Special Meeting** means any board meeting other than a regular meeting, including
35 an emergency meeting.
36

37 **Emergency Meeting** means any board meeting conducted for the purpose of
38 addressing time sensitive matters that may not be capable of resolution within the statutory
39 or delegated authority of the Executive Committee or the CEO. If an emergency meeting is
40 conducted on less than the customary public notice, public notice shall be published as
41 soon as practicable. If the agenda of an emergency meeting is not available in advance, the
42 agenda will be published as soon as practicable after the emergency meeting.

Mary Jane Michael, Chair

Laraine Derr, Secretary

Audit & Risk Committee Report / Update

To: Chris Cooke, Chair
Through: Mike Abbott, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: October 22, 2021
Re: Audit & Risk Committee Report

REQUESTED MOTION

The Board of Trustees accept the Alaska Mental Health Trust Authority Basic Financial Statements and Government Accounting Standards Auditor's Report for the year ended June 30, 2021.

Meeting Summary:

There has been one Audit & Risk Committee meeting since the last full board meeting, occurring on October 20, 2021. The meeting was attended via the online WebEx platform by trustees Anita Halterman (chair), Vernè Boerner, Rhonda Boyles, Chris Cooke, Kevin Fimon, Brent Fisher and John Sturgeon.

The meeting was called to order at 8:30 am by Trustee Halterman.

Annual Audit Presentation: Michelle Kiese, BDO Assurance Senior Manager, joined by Bikky Shrestha, BDO Assurance Partner, presented the Audit Wrap Up for the fiscal year 2021. Ms. Kiese reported that audited financials had been submitted to the State, the full financial statements had not been finalized, and BDO expected to issue an unmodified opinion. BDO complemented the Trust on its cooperation. Ms. Kiese pointed out two corrected misstatements, one related to real estate equity value, and one related to Icy Cape funding. It was noted that the Trust had improved its financial closing process over prior years, but internal controls needed to be improved to assist in year-end closing. Ms. Kiese reviewed key financial results: assets, liabilities, revenue and net position.

In response to Trustee Cooke's question about disclosure of statutory net income, it was pointed out that statutory net income was annually disclosed in the footnotes of the financial statements, and that the Legislative Auditor's concern was focused on the quarterly financial reports presented to Trustee's by staff.

Carol Howarth explained that the annual audit would be finalized by the end of October, and Trustees would accept the annual audit at the November board meeting, after which the audited financials would be released to the public.

Staff Report: Carol Howarth stated that the review of risk management policies had been postponed until there was a full board of trustees. With Trustee Fimon's appointment a work session could be considered by Trustees, pending the ability to meet in person. She reported that the TLO would be initiating audits or reviews of the commercial real estate LLCs, in alignment with best practices.

Audit & Risk Committee was adjourned shortly after 9:00 am. The next scheduled meeting of the Audit & Risk Committee is ***January 5, 2022.***

Finance Committee Report / Update

To: Chris Cooke, Chair
Through: Mike Abbott, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: August 22, 2021
Re: Finance Committee Report

REQUESTED MOTION 1

The Board of Trustees authorizes the transfer of \$26,510,300 from the Alaska Permanent Fund Corporation Budget Reserve account to the Mental Health Settlement Income Account to fund the FY2022 annual payout disbursement calculation. The CFO may execute this motion with one lump sum or multiple transfers.

REQUESTED MOTION 2

The Board of Trustees approves setting a target level for Trust Authority Development Account funds at \$1,009,500.

REQUESTED MOTION 3

The Board of Trustees authorizes the Chief Financial Officer to periodically transfer TADA funds that exceed the target level to the Mental Health Trust principal account managed by the Alaska Permanent Fund Corporation.

Meeting Summary:

There has been one meeting of the Finance Committee since the last board report, occurring on October 21, 2021. The meeting was attended via the online WebEx platform by trustees Anita Halterman (chair), Vernè Boerner, Rhonda Boyles, Chris Cooke, Kevin Fimon, Brent Fisher and John Sturgeon. Rhonda Boyles was excused from a portion of the meeting.

The meeting of the Finance Committee was called to order by Trustee Halterman at 10:00 am.

Asset managers' FY2021 reviews and outlooks

Statutory Advisor Update – Alaska Permanent Fund Corporation (APFC): Angela Rodell, CEO, presented a look-back of the Alaska Permanent Fund's (APF) performance, noting that the Trust is a beneficiary of the same growth patterns as the APF. She emphasized that the Trust's assets, currently \$720 million, are accounted for separately and not affected by any transactions or withdrawals from the APF.

Recently, APF has not seen dips in value like that seen in 2008/2009. It also has not seen returns like FY2021's historical high of 29.73% return. Performance in 2021 was driven primarily by a 52.4% return

in the *private equity/special opportunities* asset class, followed by the *public equity* asset class with a 36.2% return. Over the last 9 months, the Trust's funds under management have followed a nice trajectory, all up, while in the past there have been quarterly ups and downs. Ms. Rodell reviewed performance against APFC's benchmarks, which includes a passive index, a performance benchmark, and the objective of exceeding inflation by 5 percentage points. She noted that inflation is on the rise: FY21 needed to meet or exceed 10.39% return to cover the "CPI +5" expectation, which, with the 29.73% return, it did.

Ms. Rodell reviewed the historical changes in asset allocation, which is approved by the state Legislature, noting that the last legislative change shifted allocations from specific security classes to adherence to the prudent investor rule. APFC trustees have five-year allocation strategies, which are reviewed and reconfirmed annually. Currently 60% is allocated to growth. She explained it takes time for a strategic allocation to reach fruition. In response to a question regarding how the APFC shifted asset allocations over time, Ms. Rodell noted that change had generally been managed by taking funds out of stocks.

In response to a clarifying question about the *risk parity* asset class, Ms. Rodell explained that APFC has two external asset managers working to achieve the same risk adjusted return as equities using lower risk methods—fixed income bonds financed with some debt—which should offset changes in equity values.

Ms. Rodell spoke to rebalancing strategy. The managers avoid overallocation to a specific class from a risk perspective. They will change asset class weights to maintain the risk balance, and that in turn will generate the return aligned with the risk-return targets. As a long-term investor it is important to be strategic, versus tactically responding to short-term market changes.

Ms. Rodell closed her remarks noting that the upcoming challenge is how to maintain the fund balances achieved to date at a time when we are looking at increasing inflation and lower economic growth.

Mike Abbott noted that APFC's management is low cost, with the Trust paying its proportional share of the overhead required to manage the funds.

Department of Revenue, Treasury Division Update: Steve Sikes, Investment Officer, provided an overview of the scope of services the state Treasury Division provides as the state's bank and trust manager for multiple funds, including the Trust. Like APFC, the Trust enjoys an extremely low fee basis for Treasury's services. He reviewed funds under management: three accounts managed for near-term availability within the GeFONSI fund, totaling \$23.8MM¹, and \$61.4MM in reserves managed with a medium 5-7 year holding period. The former is focused on capital preservation, the latter, capital preservation and growth.

The Trust's operating funds (GeFONSI) generated a 0.09% return in FY21, and Trust reserves under Treasury's management generated a 21.28% return in FY21. Returns on reserves since inception have averaged 6.61% per year, including years when the asset allocation was not including the more risky classes of domestic equity (now at 33%) and international equity (now at 23%).

Mr. Sikes reminded the Trust that the time horizon for holding investments is important for risk tolerance—those funds needed sooner (GeFONSI with up to 2 years holding) have different investment objectives than reserves (with a 5-7 year time horizon), or APFC managed funds (with 7-20 year

¹ Per a later discussion, year-end adjustments for funds in transit would have increased the balance from \$23.8MM to \$48.2MM.

horizon). He confirmed that the reserves, for which asset allocation is set by Trustees, is in alignment with the Asset Management Policy Statement.

Mr. Sikes shared a number of charts, noting that in economic terms, improvements in Gross Domestic Product and the unemployment rate are strong. However the labor force has dropped 2% since the pandemic, and inflation is rising. There is debate regarding whether inflation is transitory or permanent. The Federal Reserve is anchoring short term rates, and manipulating long-term rates by buying \$120 billion of bonds per month. All eyes are on the November Fed meeting, as rates will increase if the Fed backs off its interventions. This will not bode well for equity values.

Mr. Sikes noted that although our funds are managed with an expectation of moderate risk, they are at higher risk due to current economic dynamics. With lower returns expected, diversification and asset allocation is key. He stated that the Trust should expect meaningful real returns (returns adjusted for inflation) from both DOR at 3% and APFC at 4.2%. And while real returns might be lower than the Trust's long-term target, he encouraged the Trust not to lose sight of the fact that the Trust has benefitted from high returns of prior years that have provided a strong basis for lower growth.

Staff Reports

CEO Update: Mike Abbott focused on three upcoming activities.

- First, the Trustees would be reviewing Memorandum of Agreements (MOA) with APFC and Treasury. APFC's MOA is the original agreement. The Trust has not had a MOA with Treasury, and will be provided with examples that Treasury has with other funds.
- Second, staff would be bringing to the Finance Committee recommendations for a mechanism on how to articulate total funding requirements to support beneficiary needs, as recommended by the Legislative Audit. There was discussion regarding how inflation proofing, current spending and future spending needs were interrelated, and care was needed to incorporate all factors in a "no surplus" declaration.
- Third, the asset management review was on track, with the objective of issuing a contract to an independent investment advisory before the end of the calendar year. This contract would focus on asset allocation, reserves, spending, and inflation proofing recommendations. The expectation was that by the April Finance Committee meeting there would be information to review, and Trustees would be integrally involved.

FY21 Performance Review: Carol Howarth reviewed the FY21 performance of the core assets supporting the Trust: land, financial investments, commercial real estate and cash, noting strong performance across all asset classes, remarkable given the uncertainty with which the Trust entered FY21. The 22% increase in assets under management and available for operations brought Trust assets to \$901MM. Core revenue sources generated \$210mm. While the Trust was expecting extraordinary returns from the TLO, due to the Juneau Subport sale, APFC and DOR returns greatly exceeded expectations. CRE assets met expectations. All exceeded benchmarks and plan. The impact on beneficiaries is that the Trust can expect to see, with fair certainty, at minimum a \$2.4MM increase in payout through FY25 over the \$24MM FY21 payout.

Quarter 1, FY2022 Financials: Kat Roch reviewed agency expenditures, authority grants, MHTAAR grants and capital expenditures June through September, noting that at this point, it was premature to forecast full-year performance. Expectations are that regular activities would meet plan, but the impact of COVID-19 could reduce overall expenditures. Grant expenditures, although appearing low, were following the typical trend of a slow ramp up at the beginning of the fiscal year. Carol Howarth reviewed TLO income, with both spendable and principal income expected to come in on plan. DOR and APFC had experienced downturns effective 9/30/21. Principal-based unrealized gains and losses were

\$(7.7MM) and spendable earnings were \$14.3MM, for a total of \$6.5MM earnings year to date. At DOR, reserves were down \$0.43MM. Neither decline was influencing the Trust's overall expectations of \$45-\$46MM in investment earnings at this point in time. Total investments reached \$838MM, with \$524MM in principal, up due to the \$26.3MM authorized transfer of reserves to principal for inflation proofing. Total reserves were \$248MM, available reserves were \$124MM, and the reserve target, based on available reserves, was at 326% of the FY22 proposed payout.

Approvals

Three actions were approved for recommendation to the full board of trustees. The first was the FY22 annual payout from APFC of \$26,510,300. This calculation was based 4.25% of the four-year average of principal and reserve funds under management by APFC and Treasury. The second was to maintain funds to support three existing projects funded by Trust principal income: Icy Cape FY17 and FY18, and the USFS Land exchange. By maintain a balance of \$1,009,500 within the TADA account, resources would be available for previously approved expenditures. The Finance Committee recommended the authorization of the CFO to transfer funds in excess of the \$1,009,500 to APFC.

The Finance Committee adjourned at 1:23 pm. The next scheduled meeting of the Finance Committee is **January 5, 2022**.

MEMO

To: Anita Halterman, Finance Committee Chair
Through: Mike Abbott, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: October 12, 2021
Re: Annual payout transfer
Fiscal Year: 2022

REQUESTED MOTION:

The Finance Committee recommends that the full board of trustees authorize the transfer of \$26,510,300 from the Alaska Permanent Fund Corporation Budget Reserve account to the Mental Health Settlement Income Account to fund the FY2022 annual payout disbursement calculation. The CFO may execute this motion with one lump sum or multiple transfers.

BACKGROUND

The Asset Management Policy Statement outlines a spending policy for determining the Trust's annual available funding. A major component of this annual funding is the withdrawal (or "payout") from budget reserves managed by the Alaska Permanent Fund Corporation (APFC). The annual payout disbursement calculation is:

"An annual withdrawal calculation consisting of 4.25 percent of the rolling four year-end average aggregate net asset value (NAV) of the following:

- Principal invested at APFC
- Budget Reserve invested at APFC
- Budget Reserve invested at DOR"

The calculation for the FY22 payout is as follows:

<i>Fiscal Year</i>	<i>FY Ending NAV</i>
2018	556,593,100
2019	584,419,100
2020	587,908,300
2021	766,169,400
Average NAV:	\$ 623,772,500
	<u>x 4.25%</u>
FY2022 Payout disbursement:	\$26,510,300

This requested payout is \$2,353,200 greater than FY2021.

Budget reserves under APFC management are sufficient to support this FY2022 payout.

To: Anita Halterman, Finance Committee Chair
Through: Mike Abbott, Chief Executive Officer
From: Carol Howarth, Chief Financial Officer
Date: October 12, 2021
Re: Trust Authority Development Account Transfer

REQUESTED MOTION #1:

The Finance Committee recommends the full board of trustees approve setting a target level for Trust Authority Development Account funds at \$1,009,500.

REQUESTED MOTION #2:

The Finance Committee recommends the full board of trustees authorize the Chief Financial Officer to periodically transfer TADA funds that exceed the target level to the Mental Health Trust principal account managed by the Alaska Permanent Fund Corporation.

Background

The Trust Authority Development Account (TADA) was established to facilitate reinvestment of principal income into TLO land improvement projects. Trustees annually approve a minimum target TADA balance necessary to maintain adequate capital for completing previously approved TADA-funded work. Funds in excess of the amount required to complete approved projects are transferred to the Trust's APFC-managed principal account.

Three project authorizations utilizing the TADA are still underway:

Project Funding			
Project	Authorized	Expended	Required
USFS Land Exchange	\$3.1 MM	\$2,271,487	\$ 822,507
Icy Cape FY17	2.0 MM	1,975,614	18,332
Icy Cape FY18	3.0 MM	2,830,897	168,620
Total Funding Required			\$1,009,459

Note: Expended funds are as of 8/31/2021

There are no other authorized projects anticipated to require TADA funding.

As of August 31, 2021, TADA held \$2.3 million. This balance will increase as FY2022 principal revenue from rents, royalties and land sales interest is received and deposited into the TADA.

Recommendation for TADA Funds:

As of this date, the recommended target TADA balance is \$1,009,500.

Funds in excess of the target funding levels shall be regularly transferred to the APFC-managed principal account in compliance with AS 37.14.031 (b) and 20 AAC 40.600.

**Advisory Board on
Alcoholism & Drug
Abuse /
Alaska Mental Health
Board**



Alaska Mental Health Trust Update
November 2021

Trustee Updates

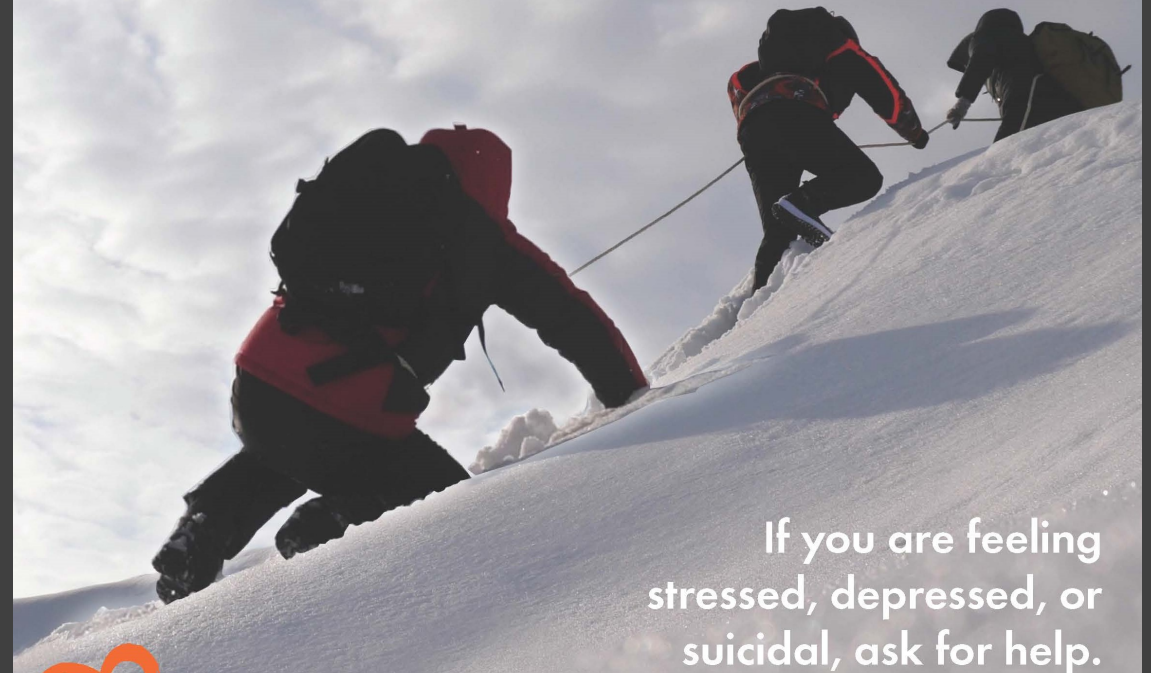
- State of Alaska Suicide Data-2020 Update
- What we are Watching-Legislative Session 2022
- Upcoming Meeting Dates



STATE OF ALASKA SUICIDE DATA 2020

Data Source:
State of Alaska, Division of Public Health,
Health Analytics and Vital Records

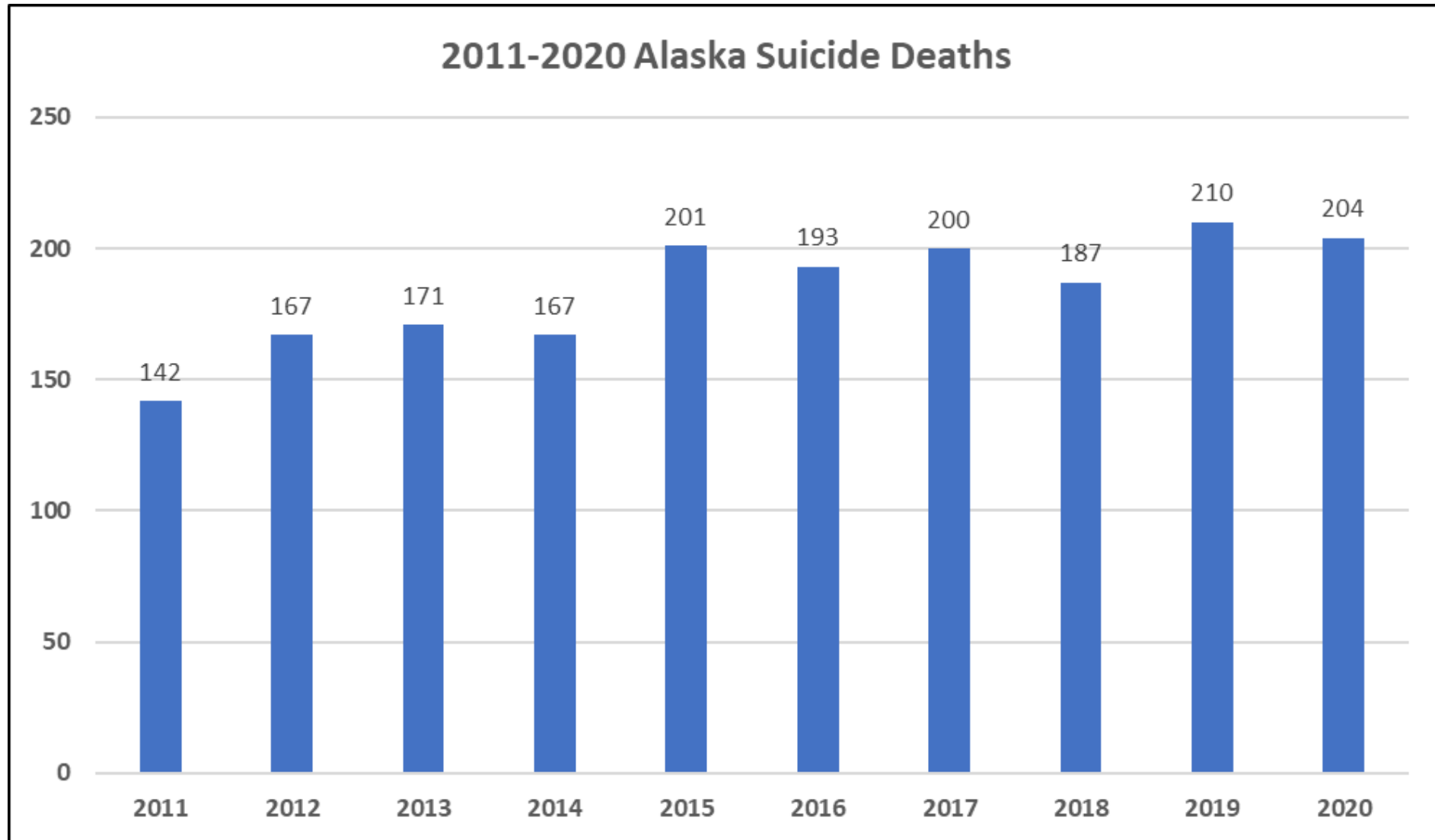
ALASKANS LOOK OUT FOR EACH OTHER



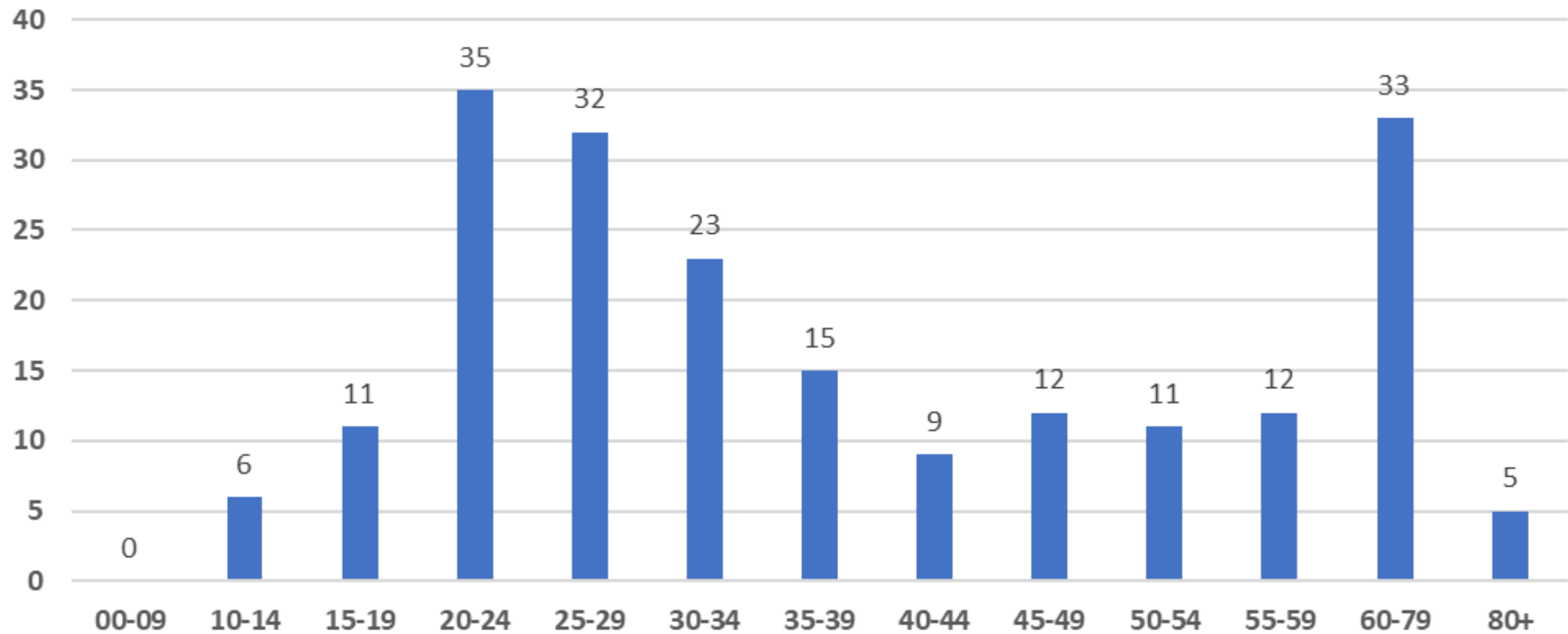
If you are feeling
stressed, depressed, or
suicidal, ask for help.

 **CARELINE** 877-266-HELP (4357)

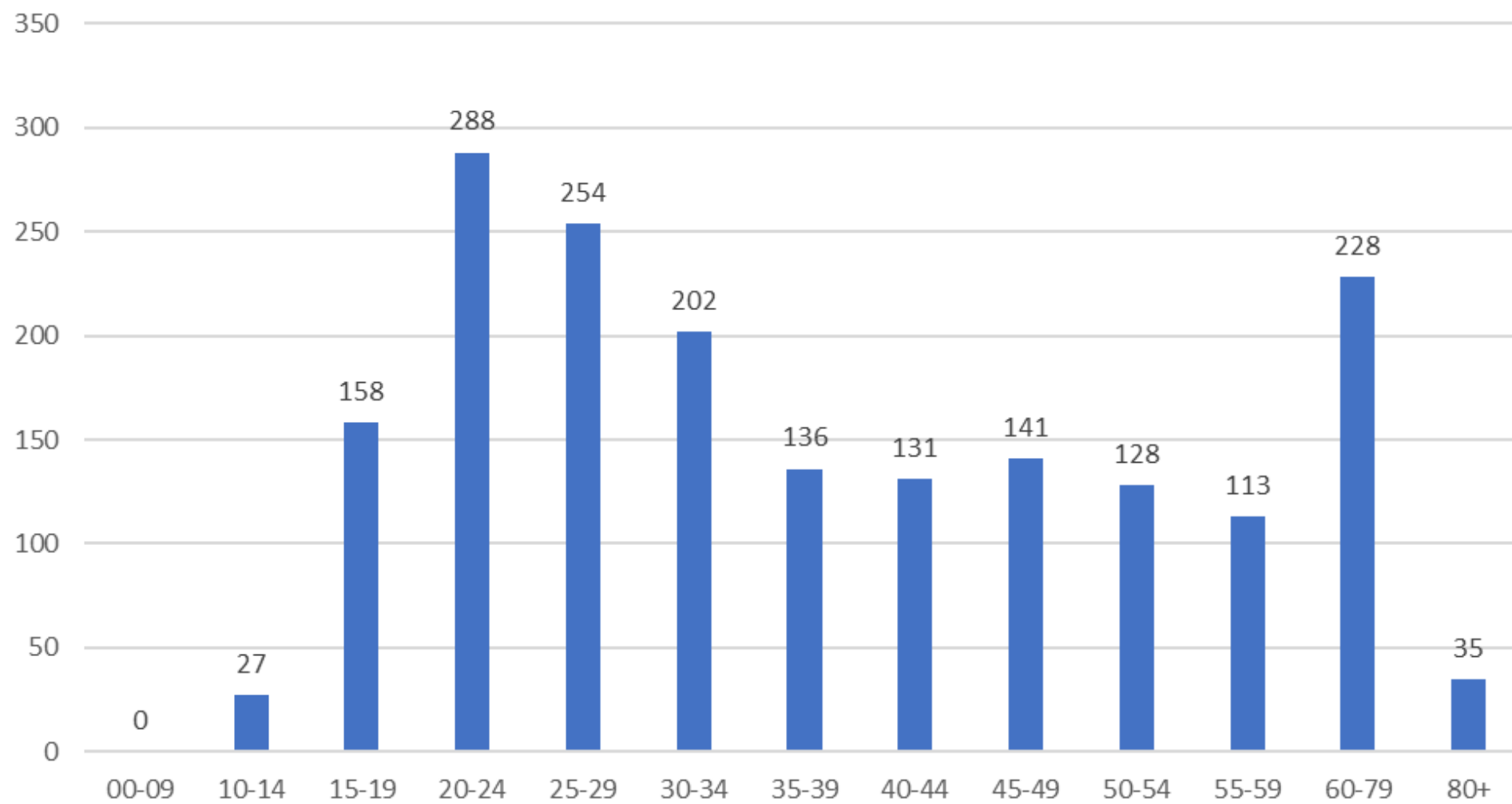
Alaska's suicide prevention and someone-to-talk-to-line.



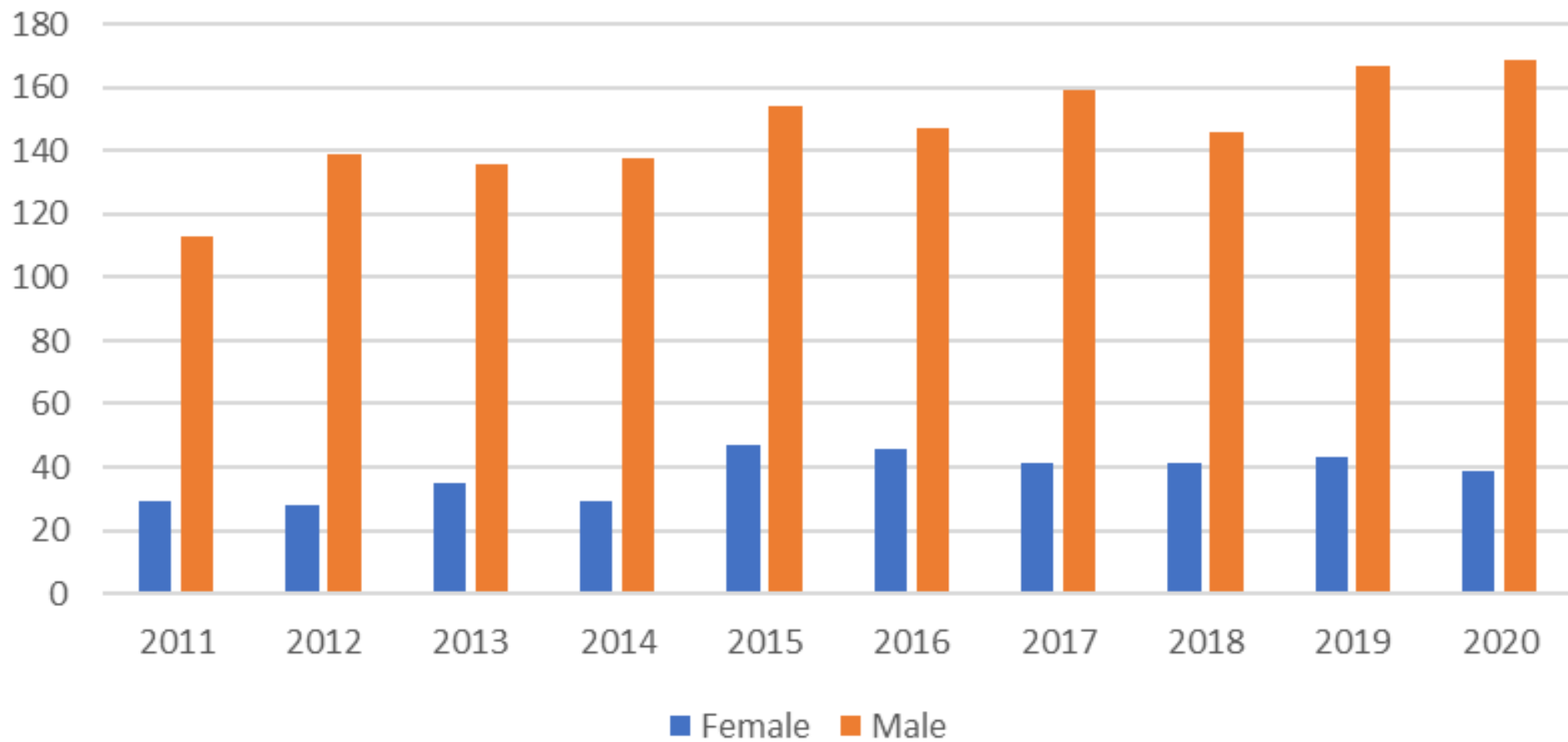
2020 Alaska Suicide Deaths by Age Group (204 Total)



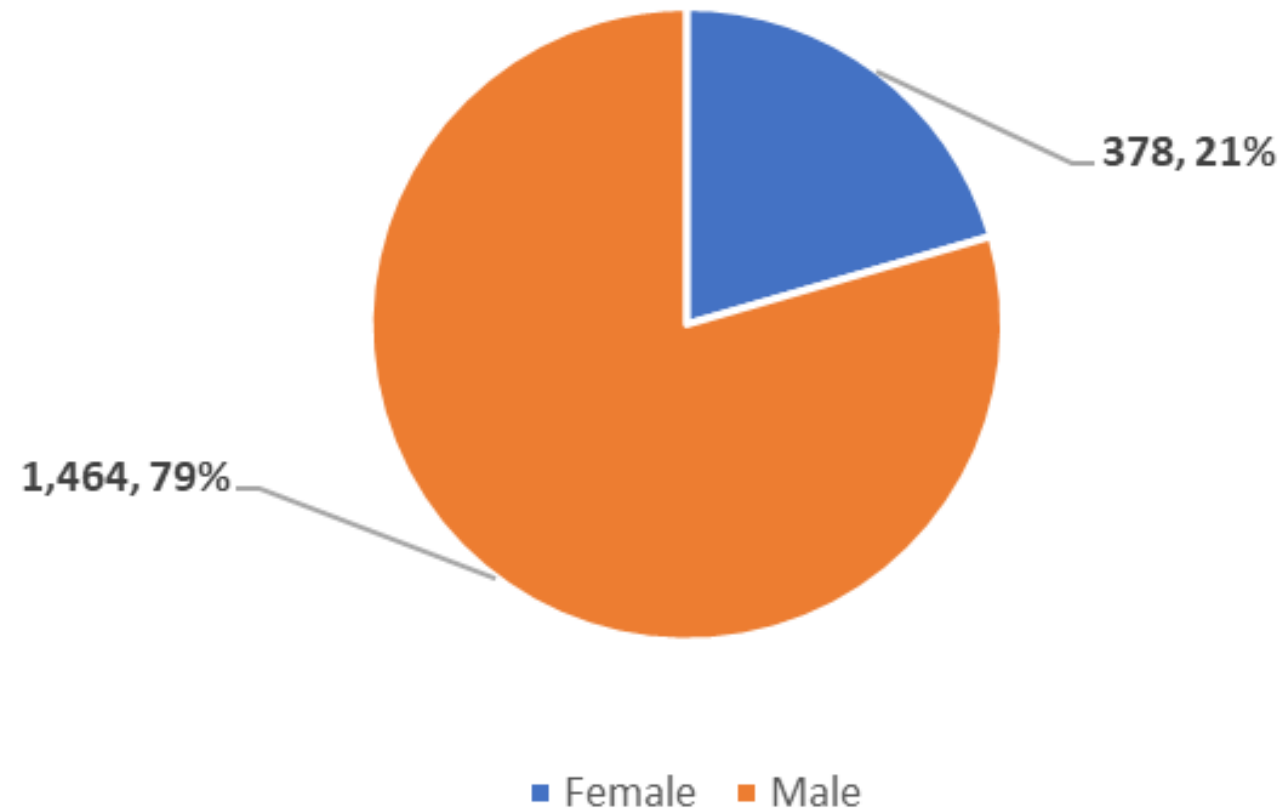
2011-2020 Alaska Suicide Deaths By Age Group



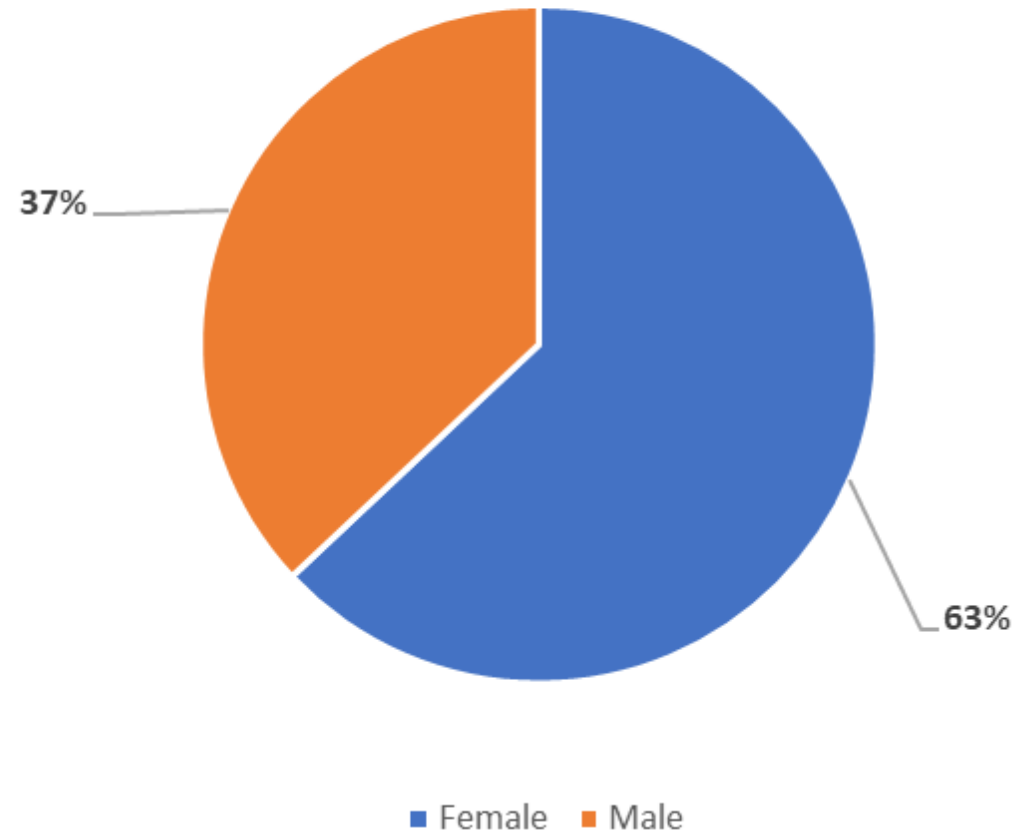
2011-2020 Alaska Suicide Deaths by Gender



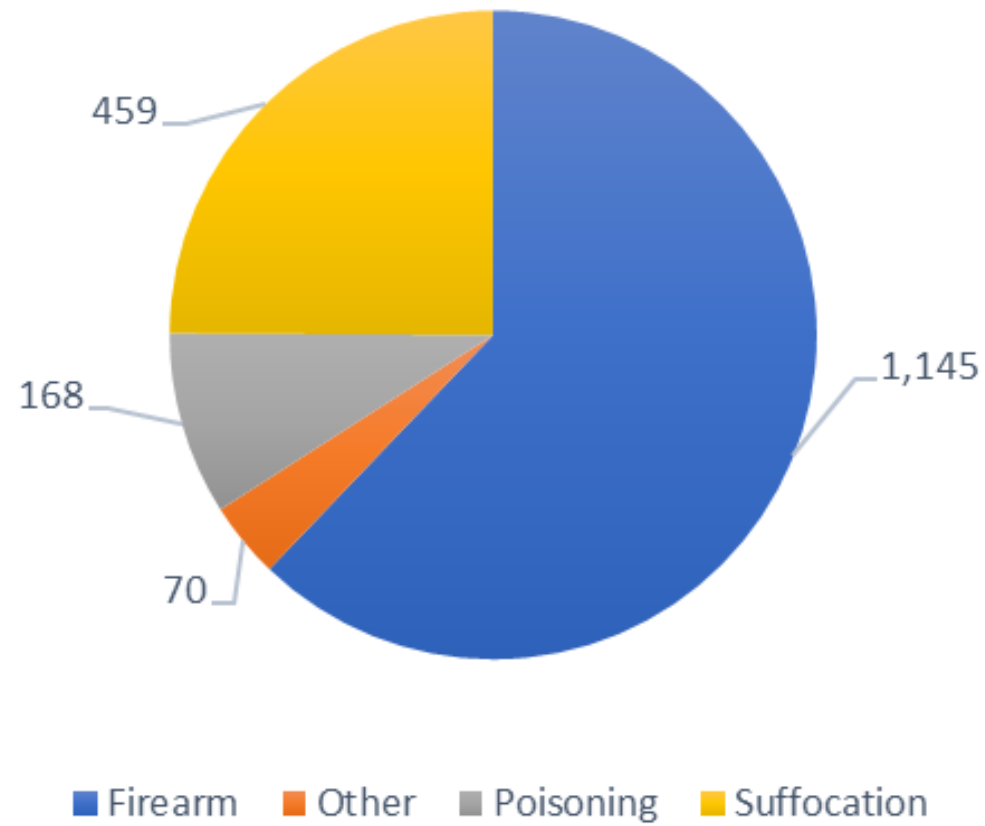
2011-2020 Alaska Suicide Deaths by Gender



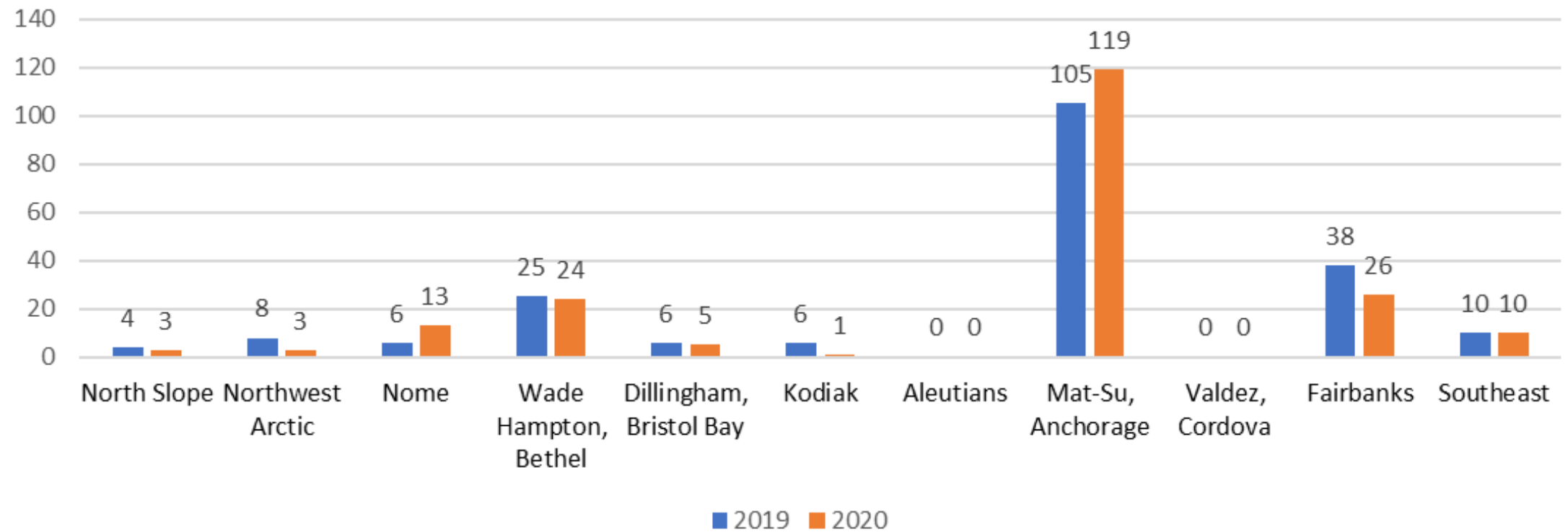
2017-2021 Suicide Attempts Reported by Alaska Emergency Room Departments by Gender



2011-2020 Alaska Suicide Mortality by Method



Suicides by Region 2019 vs. 2020



Statewide Suicide Prevention Activities

5 Year Statewide Suicide
Prevention Plan Update

Zero Suicide Initiative

Alaska Careline and the
transition to the 9-8-8
National Suicide
Prevention Hotline

Crisis Now Initiative

Suicide Awareness,
Prevention and
Postvention Grants

Suicide Prevention-
Community of Practice

Understanding Shared
Risk and Protective
Factors

Training and resources on
suicide prevention
through COVID-19
appropriations and DBH
grant funding

Excellent work and
collaboration at the
community level by
Tribes, behavioral health
providers, schools, and
community coalitions.



WHAT WE ARE WATCHING

Legislative Session 2022



AMHB/ABADA Advocacy Priorities

- Increase access to appropriate and person-centered substance use disorder and/or mental health treatment and supports.
- Reduce consumption and the harm caused by alcohol misuse.
- Increase access to safe and person-centered psychiatric care in Alaska.
- Increase early intervention and prevention activities.
- Reduce the stigma of living with substance use and/or mental health disorders.
- Increase access to institutional and community supports for justice-involved Alaskans with behavioral health concerns.
- Increase supportive employment services for Alaskans with mental health and substance use disorders.
- Increase access to housing and housing supports for Alaskans with behavioral health concerns.
- Encourage behavioral health and primary health care integration.

Legislative Session/Budget Watchlist *

- Crisis Stabilization, Mental Health Facilities (HB 172/SB 124)
- Alcohol Beverage Control, Alcohol Regulations (SB 9)
- Public Schools, Social and Emotional Learning (HB 25)
- Medicaid Funding
- Behavioral Health Grant Funding
- Addressing the Needs of Alaska's Health/Behavioral Health Workforce
- Access to Treatment for Substance Misuse and Co-Occurring Disorders
- Staffing/Organizational Capacity at the State of Alaska

*Not all bills and budget items AMHB/ABADA are tracking are on this list.



Questions/ Comments?



Next AMHB/ABADA Board
meeting tentatively scheduled in
Juneau, in early February 2022.

Thank you!

Governor's Council on Disabilities and Special Education

Governor's Council on Disabilities and Special Education



Trustee Meeting Presentation
November 2021



Myranda Walso
Acting Executive Director



Presentation Outline & Topics

- GCDSE Overview, Responsibilities, & Structure
- Developmental Disability Council
 - Old Five-Year Plan Highlights (2016 – 2021)
 - New Five-Year Plan Highlights (2022 – 2026)
- BEST Employment First 2021 Virtual Job Fair
- Empowerment Through Employment
- Work Matters Task Force
- Special Education Service Agency Update
- Interagency Coordinating Council
- Legislative Priorities



11/9/2021

Governor's Council on Disabilities & Special Education (GCDSE)

2

Current GCDSE Responsibilities & Roles:

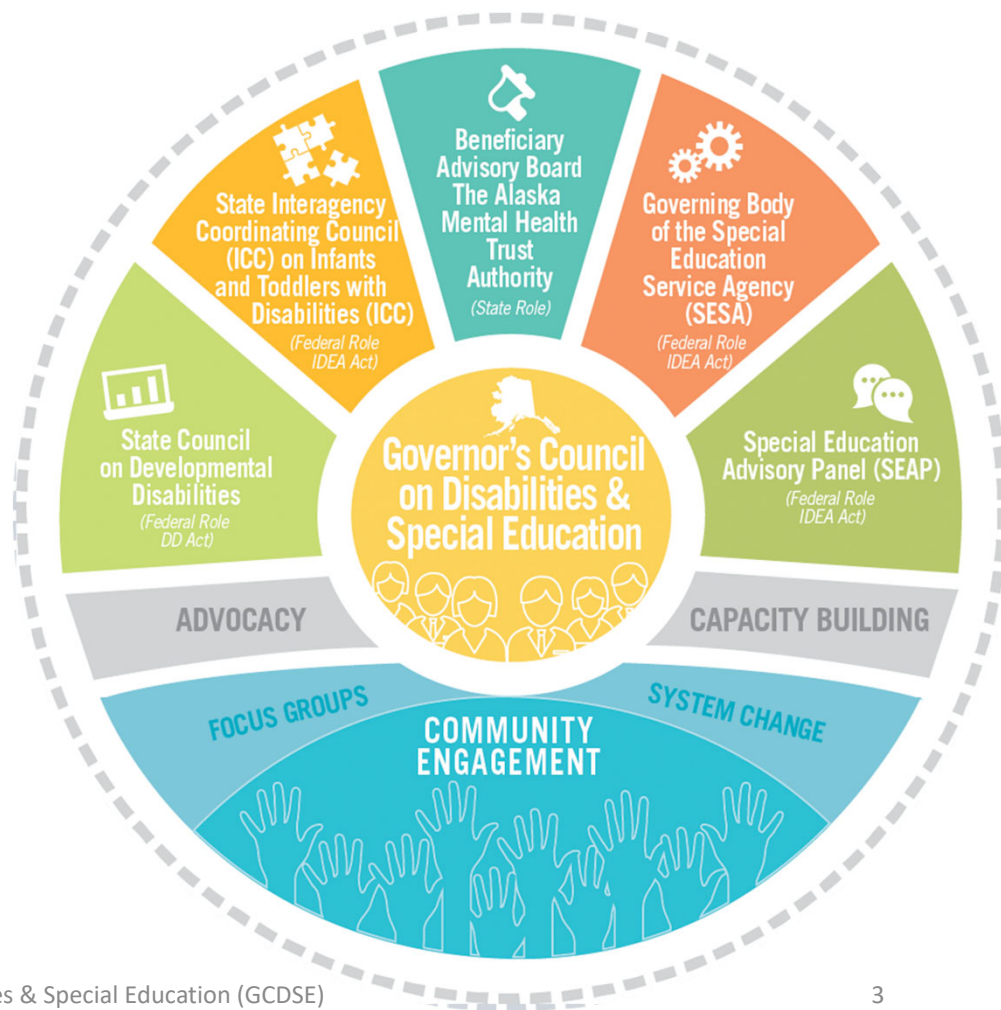
Mission: Creating change that improves the lives of Alaskans with disabilities.

Twenty-Five (25) GCDSE Council members are appointed by the Governor.

The Council fills five separate state and federal roles for the State of Alaska.

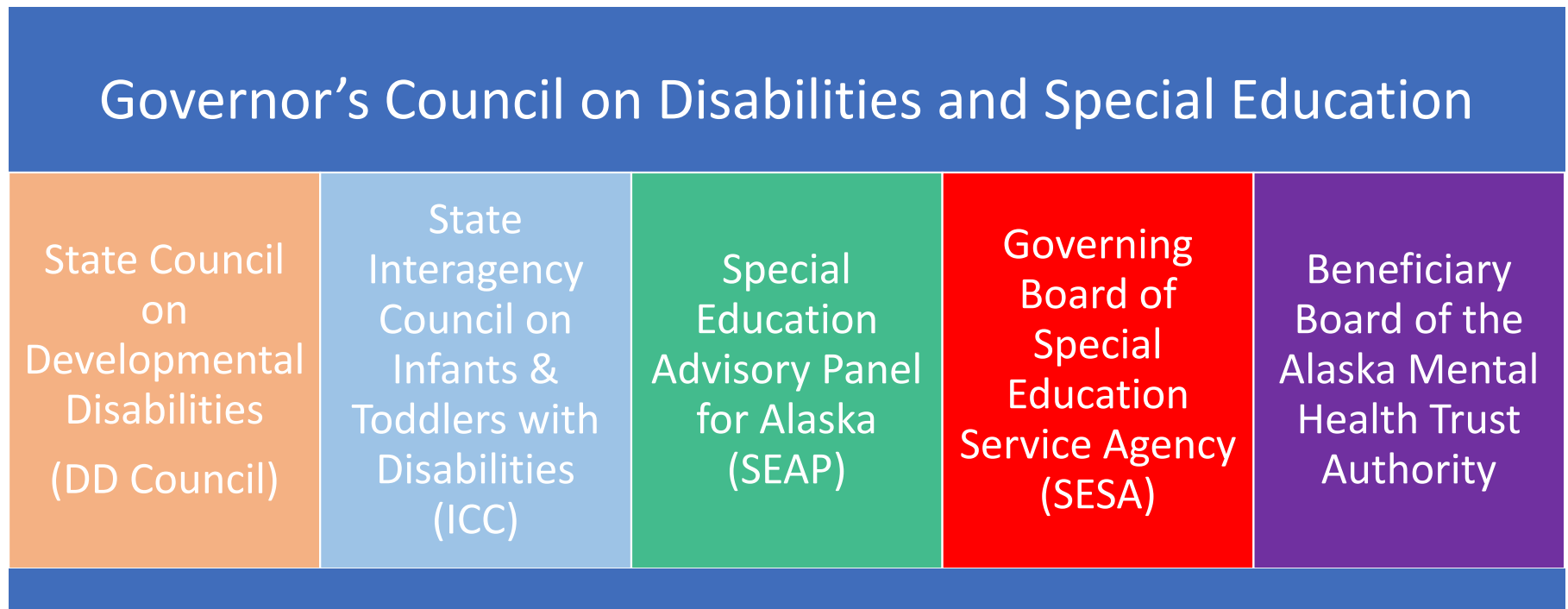
The work of GCDSE falls into three areas:

- 1) Capacity Building
- 2) Advocacy
- 3) Systems Change



GCDSE Statutory Duties – AS 47.80.090

- There are thirteen (13) separate responsibilities assigned to the GCDSE.
- These compliment and overlap with the five (5) State and Federal Roles of the Council.

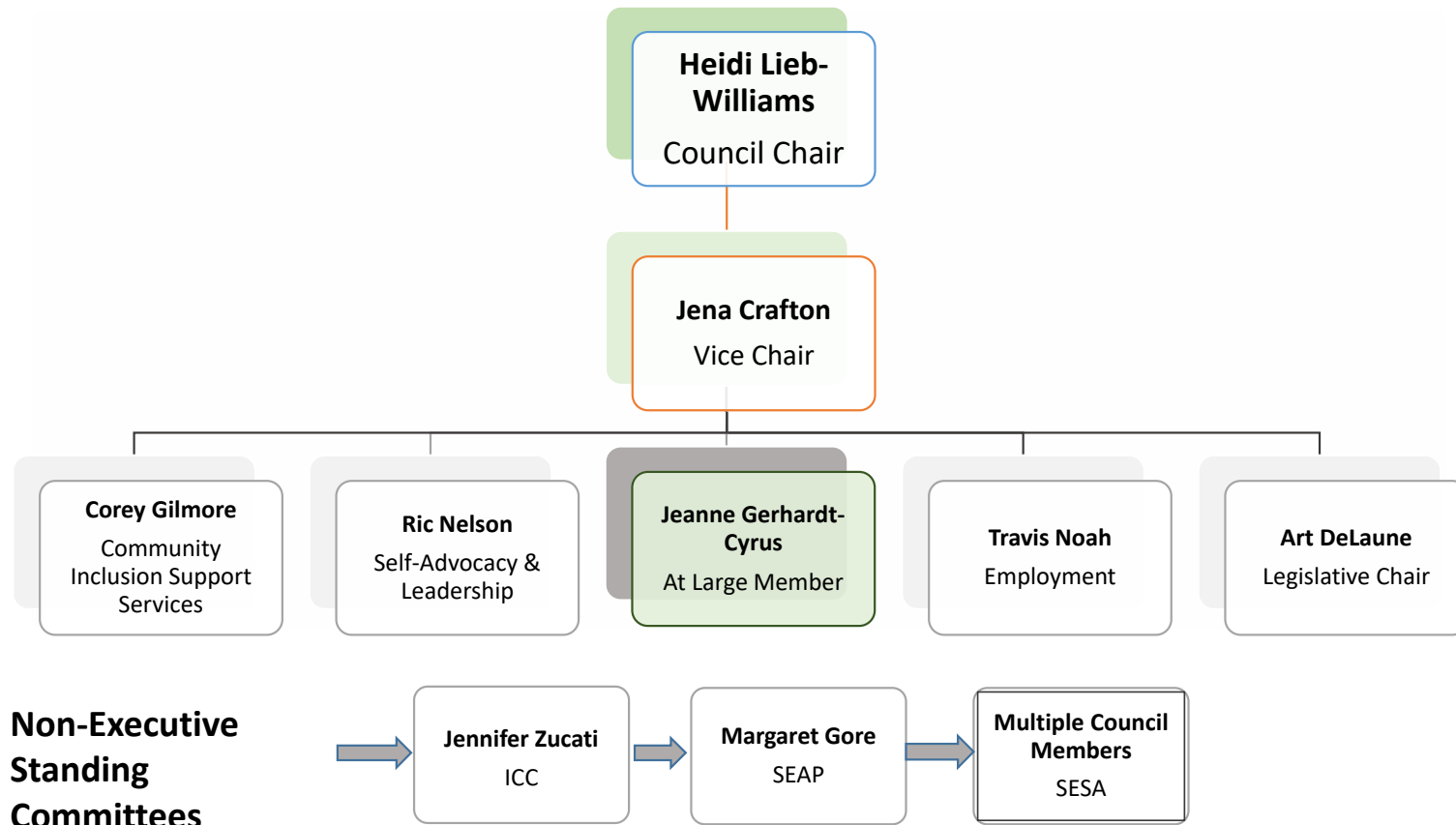


Recent Updates to GCDSE Bylaws & Structure

- The February 2021 Winter Council meeting included significant council member discussion and a first reading of proposed changes to the bylaws ahead of a DD Council New Five-Year Plan (2022 – 2026).
- During the September 2021 Council Meeting, after a second reading, the proposed changes to the bylaws were adopted and planning began for the restructure of multiple standing committees.
- The standing committees for Early Intervention (EIC), Education (ED), and Developmental Disabilities (DD) were removed.
- New standing committees were formed for: Community Inclusion and Support Services (CISS), Self-Advocacy & Leadership (SA&L), and Employment (EMPL).



Current Council Member Executive Leadership







The April
Dunn Start
Your Journey
Award



Kristin Vandagriff
Executive Director, Alaska DD Council



Jena Crafton
Alaska

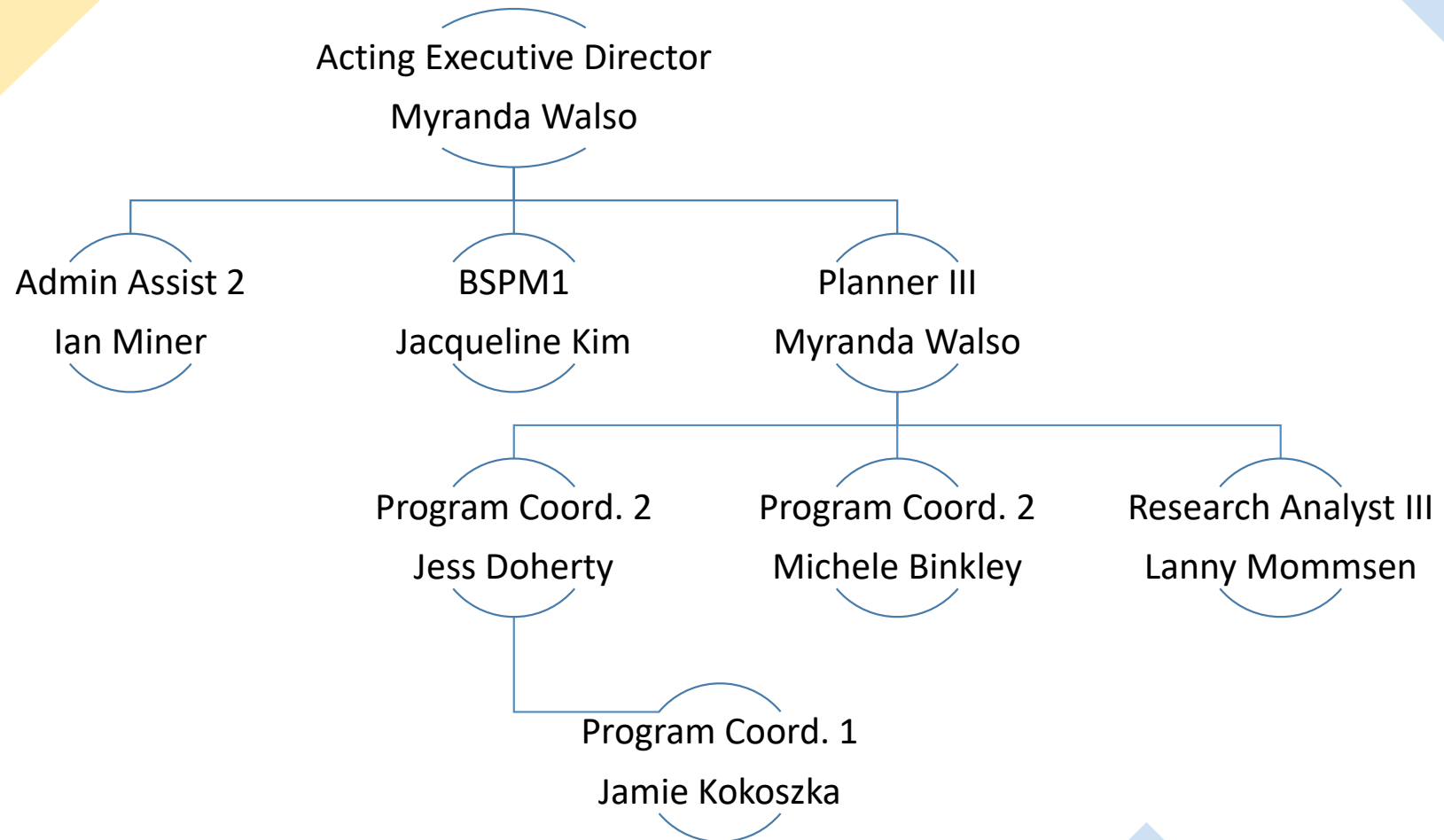
GCDSE – Council Member Spotlight

11/9/2021

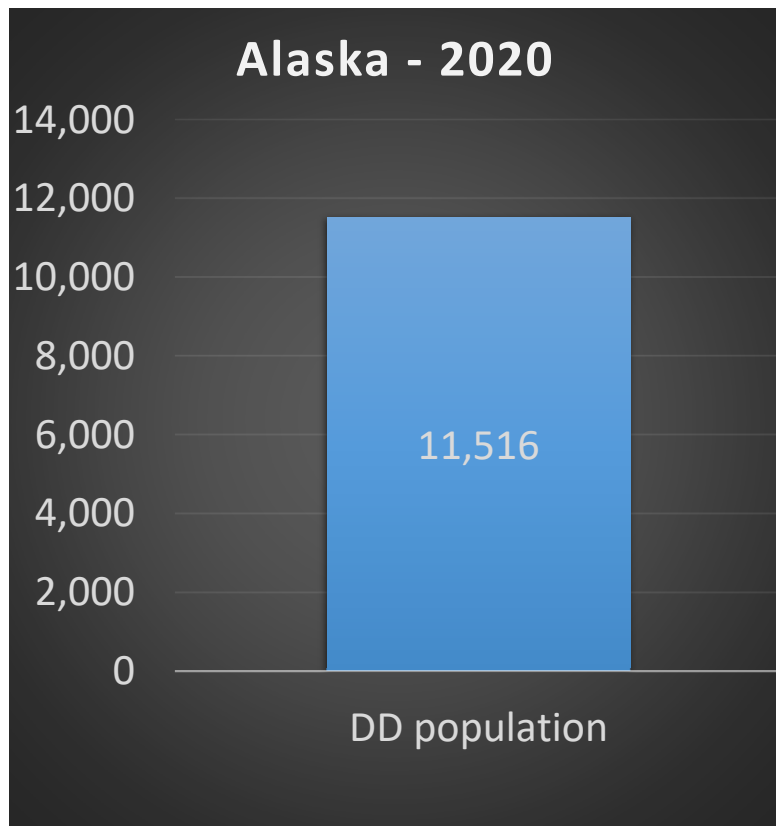
Governor's Council on Disabilities & Special Education (GCDSE)

7

Current Council Staff



Estimated Alaskans with Developmental Disabilities



Data Context & Limitations:

- There is no Alaska-specific data for estimating the prevalence rate of individuals with developmental disabilities (DD).
- According to Alaska Department of Labor & Workforce, the 2020 (most recent year data is available) estimated population of Alaska was: 728,903 (Source: <https://live.laborstats.alaska.gov/pop/>)
- The unavailability of state-specific data on the prevalence of DD is a national issue. Our estimate is based on the widely-used (and accepted) **national prevalence rate of 1.58%** cited in Larson et al (2001).
 - This prevalence rate is twenty (20) years old and is being reviewed nationally.
- **The actual rate may be much higher** due to issues like FASD in Alaska being significantly underreported (but again, we don't have accurate Alaska specific data on FASD).

Old Five-Year Plan (2016 – 2021)

- GOAL # 1: Community Inclusion, Supports, & Services
- GOAL # 2: Employment
- GOAL # 3: Early Intervention
- GOAL # 4: Education
- GOAL # 5: Healthcare
- Workgroups & Ad Hoc Committees:
 - Medicaid Ad Hoc Committee
 - Autism Ad Hoc Committee
 - FASD Workgroup



Old Five-Year Plan (2016-2021) Highlights

Universal Developmental Screening

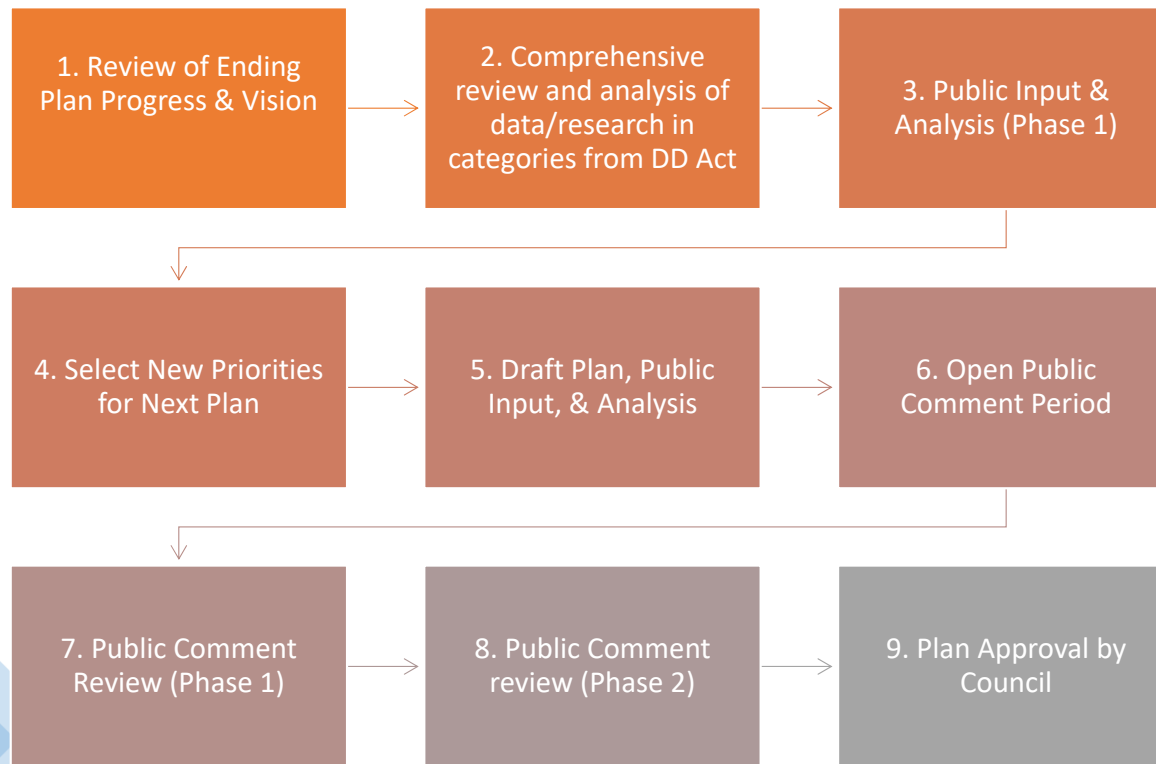
DD Shared Vision & DD Collaborative

Supported Decision Making – Statute

Disability Benefits 101 Website & Trainings

Celebrated 30th Anniversary of ADA

Development Cycle for New FYP



11/9/2021

Governor's Council on Disabilities & Special Education
(GCDSE)

Step Start Timeline (Estimates)

1. October 2019
2. January 2020
3. March 2020
4. May 2020
5. September 2020
6. December 2020
7. February 2021
8. April 2021
9. May 2021
10. September 2021

12

New Five-Year Plan (2022 – 2026) Overview



Goal 1:
Community
Inclusion,
Supports, &
Services

Goal 2: Self-
Advocacy &
Leadership

Goal 3:
Employment

Goal 1 Community Inclusion, Supports & Services

- 1 • Choice & Independence in Long-Term Supports and Services
- 2 • Housing
- 3 • Health & Healthcare
- 4 • Education & Early Development
- 5 • Emerging Needs

Goal 2 Self-Advocacy & Leadership

- 1 • DD Shared Vision Implementation
- 2 • Support Self-Advocacy Organization

Goal 3 Employment

- 1 • Employment First Transition
- 2 • Traditional Transition

Highlights: Year One (2022) Work Plan Activities

- There are 40 separate Activities in the Year One Work Plan
 - Parts: Description, Output, Outcome, Data Evaluation & Measurement
- Activities included cover a broad range of topics including:
 - Supported Decision Making Agreements
 - Increasing Knowledge on Building Social Connections
 - Opportunities for Public Testimony
 - Direct funding for statewide self-advocacy organizations
 - Facilitating Empower Hour Self-Advocate Events
 - Partner on at least 1 Employment activity (i.e. job fair, conference, etc.)
 - Work with partners on plan for collecting baseline data on rural transitions

Business Employment Services Team (BEST) 2021 Virtual Job Fair

- Due to COVID19 Restrictions, unable to have annual Job Fair in person during 2021.
- GCDSE Coordinated with DOL Staff to Organize & Support Fully Virtual Job Fair which was held from March 30th to April 2nd.
- Had participation from over thirty (30) different employers.
- Had attendees/participation from nearly 500 unique IP addresses.

11/9/2021

Business Employment Services Team (BEST)
**Employment First
Virtual Job Fair**
March 30th – April 2nd
Link to Virtual Job Fair
<https://jobs.alaska.gov/jobfairs/virtual.html>

For information, contact:
Anchorage Midtown Job Center
Phone: (907) 269-4759
TTY: (907) 269-4745
Email: midtown.jobcenter@alaska.gov
Alaska is an Employment First state where real wages and real jobs for Alaskans with disabilities are the first and preferred outcomes!
Equal Opportunity Program. ASL provided and other reasonable accommodations are available upon request. For more information or to request a reasonable accommodation, contact Ryan.Scott@alaska.gov.

A proud partner of the
americanjobcenter
network


ALASKA DEPARTMENT OF LABOR
& WORKFORCE DEVELOPMENT


ALASKA DEPARTMENT OF LABOR
& WORKFORCE DEVELOPMENT


BEST


GOVERNOR'S COUNCIL ON
DISABILITIES AND SPECIAL EDUCATION

Governor's Council on Disabilities & Special Education (GCDSE)

17

WEBINAR:

EMPOWERMENT THROUGH EMPLOYMENT AND TRANSITIONS HANDBOOK OVERVIEW

For individuals with disabilities who would like to know more about their employment related options and resources in the state of Alaska.

- Join us for a discussion on Alaska specific employment resources for Alaskans with disabilities.
- Programs and Services available and how you can benefit.
- Opportunities for questions and comments.
- Small and large group discussion.



HOW TO REGISTER:

Register online at:
<https://ticketbud.com/events/176bebd-c7e6-11eb-9d03-42010a717014>

WHEN:

June 30 from 10:00 am - 11:30 am

MORE INFORMATION:

For more information or to request an accommodation, please contact Jamie Kokoszka at jamie.kokoszka@alaska.gov or call 907-269-8990



This project was funded (or funded in part) by a grant from the Alaska Mental Health Trust Authority.

Alaska Mental Health Trust Authority is a state corporation that administers the Alaska Mental Health Trust, a perpetual trust for



Empowerment Through Employment

- In February 2021 the Council developed & led training during the Alaska State Special Education Conference.
- Created & Hosted online webinar for individuals & their families in June 2021 (event flyer in picture)
- Continuing to plan for the next Empowerment Through Employment Conference.
 - Initially planned for March/April 2021, delayed due to COVID19
 - Currently procuring event planner to help organize
 - Expecting to hold conference in mid-March 2022

Work Matters Task Force

- Time-limited workgroup (Goal of submitting actionable report to Office of the Governor in Spring 2022) Co-chaired by DVR Director & GCDSE Executive Director.
- Vision: Alaskans with disabilities have the capacity to become employed and the citizen right to equal access to employment.
- Mission: Employment is a way for Alaskans with disabilities to become economically self-sufficient, live independently, have equity of opportunity, and full participation in their community resulting in meaningful lives of their choosing.

Special Education Service Agency (SESA)



- In 2021 Alaska Legislature Extended SESA Sunset Date
- (1) SESA will continue to provide services until June 30, 2029, including:
 - Itinerant outreach
 - Special education instructional support and training of for special education staff
 - Other specialized services, as appropriate
- (2) Funding (AS 14.30.650 is amended)
 - Increase per-student funding

Interagency Coordinating Council for Infants & Toddlers with Disabilities (ICC)

- GCDSE is the statutorily designated entity responsible for administering and facilitating the work of the ICC.
- ICC Membership requirements are outlined in Federal Law
 - Defined in Part C of IDEA/IDEIA
- Recruitment, appointment, and support for ICC members are provided by GCDSE staff under the direction and oversight of the GCDSE Chair and Executive Committee.

ICC Members
Parent of child 6 years old or younger
Parent of child 12 years old or younger, or experience with programs for infants and toddlers (not including 6 years or younger)
Public or private providers of EI services
State legislature
Personnel preparation
State agency for Early Intervention Services
SEA for preschool services
State Agency for Medicaid and CHIP
Head Start or Early Head Start agency
State agency for childcare
Agency for the State regulation of health insurance
Coordinator of Education of Homeless Children and Youth
State child welfare agency for Foster Care
State agency for children's mental health
Other: State partners
Other: BIA, IHS or Tribal Council

ICC – IDEA American Rescue Plan Act Awards

- **PART C — Infants and Toddlers with Disabilities: \$1, 218,273**
- **Allowable Purposes:** Funds may be used for all allowable purposes under existing IDEA PART C requirements.
- **Stakeholder Feedback to DHSS via GCDSE ICC included:**
 - Recruit and retain early intervention staff by providing professional development opportunities in infant and early childhood mental health competencies and trauma-informed interventions.
 - Improve the statewide ASQ Online system to support developmental screening efforts.
 - Increase access to high-quality inclusive in-home or community-based early childhood education programming.

2021 Council Position Papers- Highlights

- COVID19 Vaccine Allocation Letter – January 2021
- SESA Reauthorization Support Letter – January 2021
- HCBS Position Paper – January 2021
- HCBS ARPA Recommendation Letter – May 2021
- Alaska Medicaid Strategy Preliminary Report Letter – July 2021
- ICC/IDEA ARPA Funding Recommendation Letter – August 2021
- Special Education ARPA Funding Recommendation Letter – August 2021

Legislative Engagement Strategy (2022)

- Due to COVID19, legislative visits were held fully virtually in 2021.
- GCDSE Executive Committee has elected to pursue a hybrid approach for Alaska legislative engagement in 2022, including the hope to resume in-person travel to Juneau as well as continuing virtual interactions with policy makers.
- GCDSE Legislative Priorities will continue to be refined and will build on the priorities set during the first year of this legislature.
- The next Legislative Committee Meeting is scheduled for 11/22/21.

Priorities, Issues, & Concerns (In Development)

SB 215 & HB 133 – Alaska ABLE Act Updates

DSP Workforce Recruitment & Retention

HCBS Importance & Value

HCBS Funding & Sustainability

DHSS Restructure & Reorganization

Questions?

Myranda Walso

Acting Executive Director

550 W 7th Ave, Suite 1230

Anchorage, AK 99507

Phone: 907-269-8990

Email: GCDSE_Staff@alaska.gov

11/9/2021

Governor's Council on Disabilities & Special Education (GCDSE)

26



**GOVERNOR'S COUNCIL ON
DISABILITIES AND SPECIAL EDUCATION**

Alaska Commission on Aging

**Alaska Commission on Aging Report
will be distributed prior to
the Full Board of Trustee meeting
on November 17-18, 2021**

Communications Update

Trust

Alaska Mental Health
Trust Authority

Communications Update

BOARD OF TRUSTEES

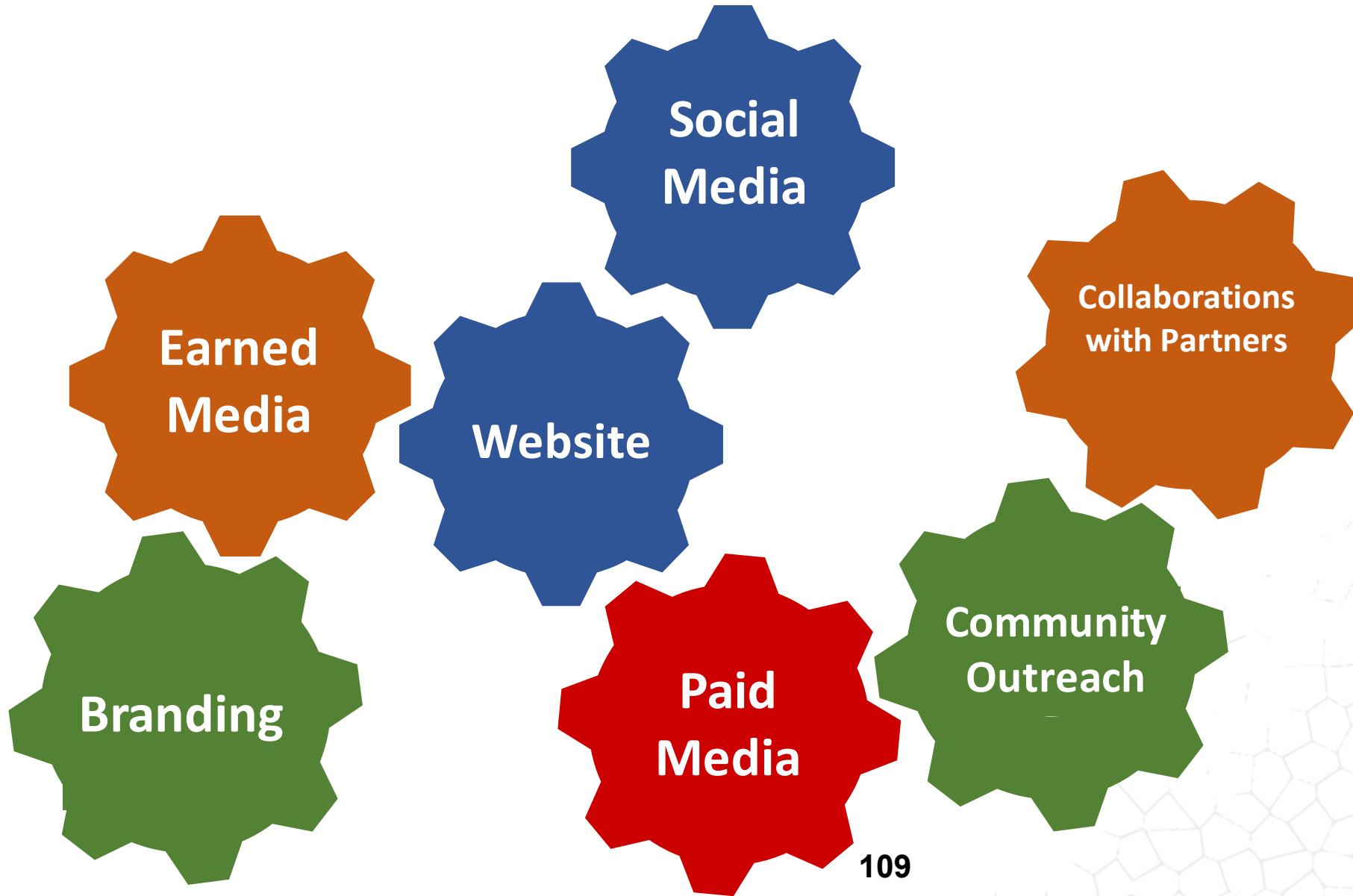
November 17, 2021



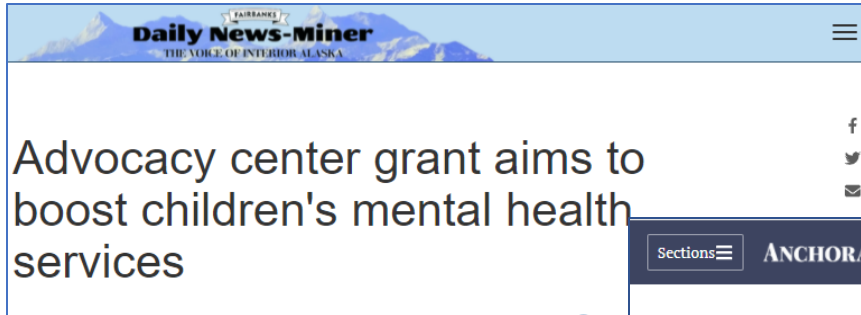
Trust Communications Goals

- Reduce stigma related to trust beneficiaries
- Increase awareness of issues critical to beneficiaries (the Trust as catalyst for change)
- Increase understanding and positively impact perceptions of the Trust, the Trust's mission and TLO activities

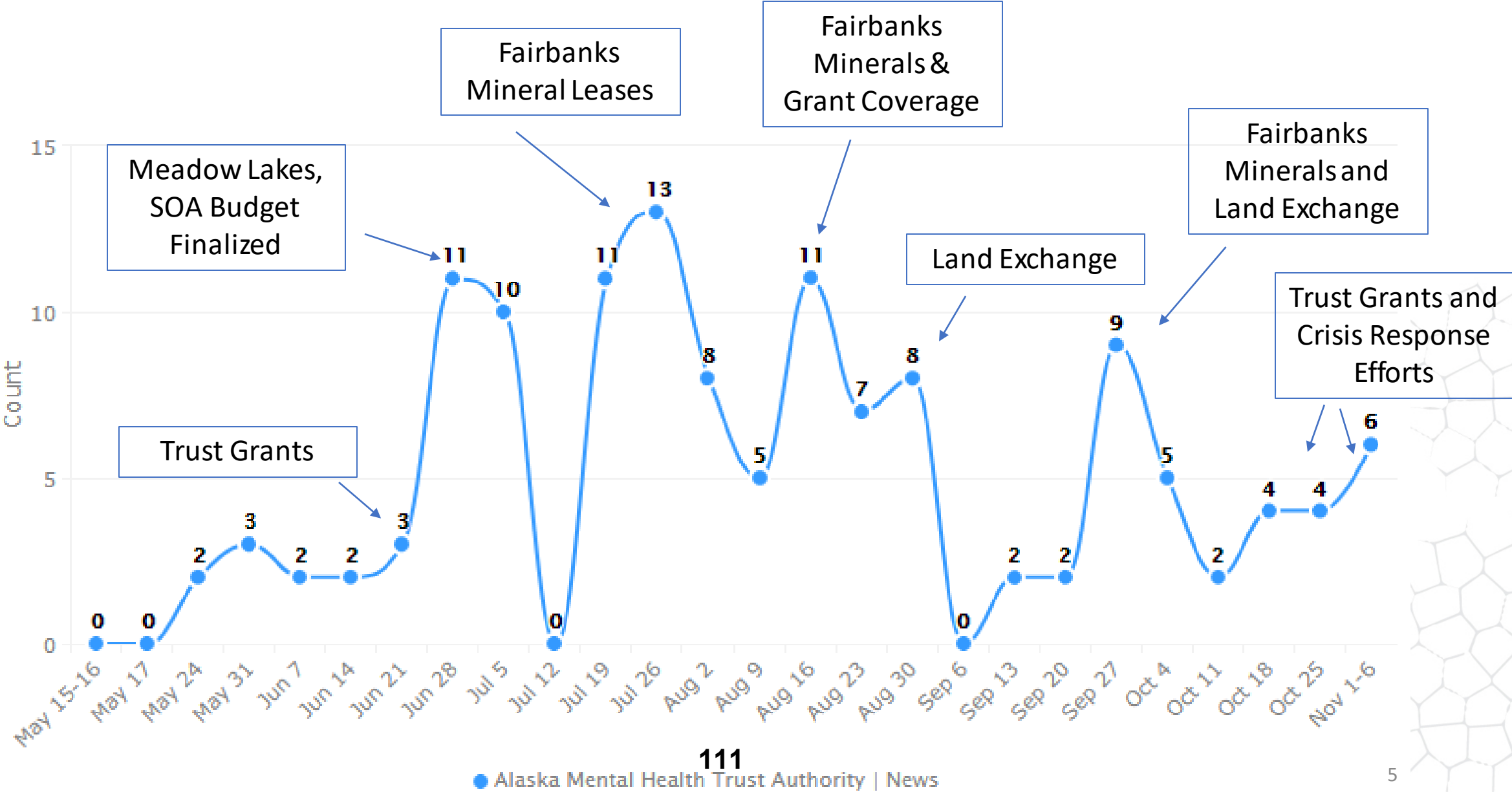
Communications Tools



Earned Media



Earned Media



Webpage & Analytics

A quality online presence is essential.

alaskamentalhealthtrust.org informs our partners and beneficiaries, supports our brand, and is a valuable communications and marketing tool.

What do we look for?

- How many visitors?
- How did they reach us?
- What are they visiting?



Social Media

Facebook: 5,834 followers

Instagram: 1,022 followers

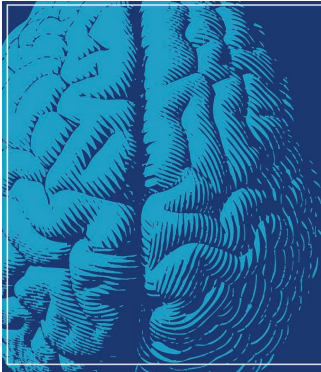
Highlight: Instagram reach increased 128% since May 2021

High performers:

- Beneficiary/Community Quotes
- Scorecard
- Design posts
- News article links



Social Media: Look & Feel




WHAT ARE THE EFFECTS OF TRAUMATIC BRAIN INJURY?

Trust
Alaska Mental Health Trust Authority

WHEN IT COMES TO DRINKING, WHAT IS TOO MUCH?

#ALCOHOLAWARENESSMONTH

Trust
Alaska Mental Health Trust Authority



MY LIFE HAS BEEN IMPACTED BY MENTAL ILLNESS. YOU ARE NOT ALONE.

Trust
Alaska Mental Health Trust Authority

How does a mineral lease help fund expanded access to addiction treatment in Alaska?



Trust
Alaska Mental Health Trust Authority

Photo courtesy of the Trust Land Office

OWN A PIECE OF ALASKA

Trust Land Office
Fall Land Sale

Sept. 14 - Nov. 16, 2020



PURCHASE TRUST LANDS OVER THE COUNTER

Trust
Land Office



Trust

Alaska Mental Health Trust Authority



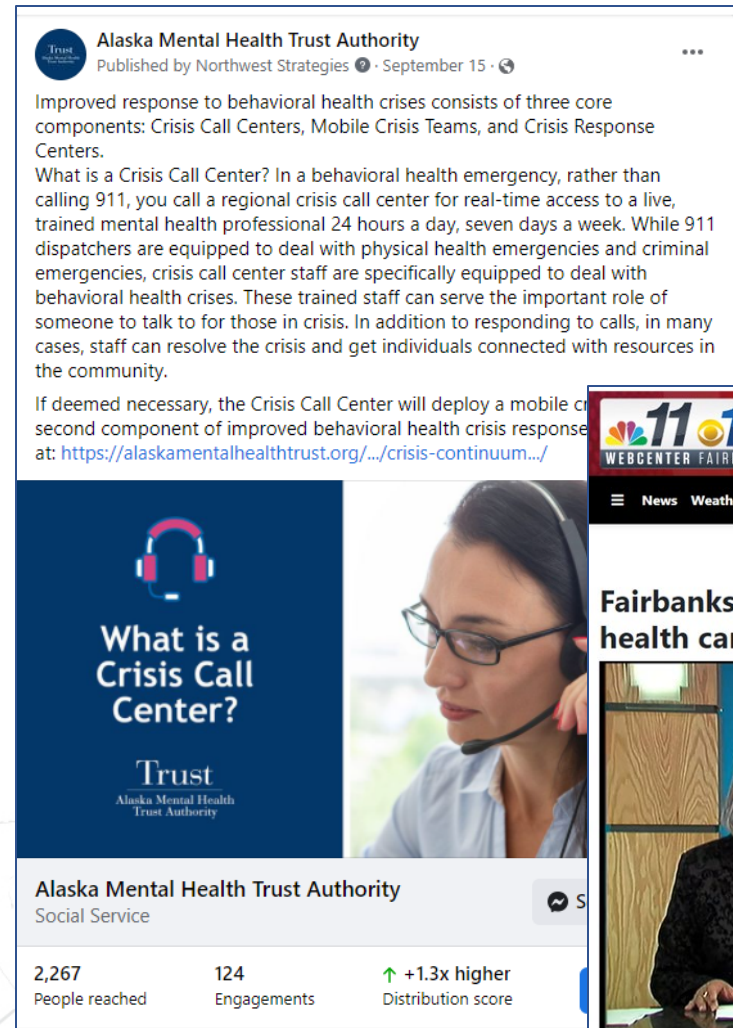
Trust
Alaska Mental Health Trust Authority

STIGMA impacts access to care.

Highlight: Crisis Response Communications

Implementation of the Crisis Now model is a priority initiative for the Trust.

- Messaging
- Partner engagement
- Multi-faceted communications strategy
 - Branding
 - Earned media
 - Webpage
 - Boosted social
 - Sponsored content



Alaska Mental Health Trust Authority
Published by Northwest Strategies · September 15 ·

Improved response to behavioral health crises consists of three core components: Crisis Call Centers, Mobile Crisis Teams, and Crisis Response Centers.

What is a Crisis Call Center? In a behavioral health emergency, rather than calling 911, you call a regional crisis call center for real-time access to a live, trained mental health professional 24 hours a day, seven days a week. While 911 dispatchers are equipped to deal with physical health emergencies and criminal emergencies, crisis call center staff are specifically equipped to deal with behavioral health crises. These trained staff can serve the important role of someone to talk to for those in crisis. In addition to responding to calls, in many cases, staff can resolve the crisis and get individuals connected with resources in the community.

If deemed necessary, the Crisis Call Center will deploy a mobile crisis team, the second component of improved behavioral health crisis response. Learn more at: <https://alaskamentalhealthtrust.org/.../crisis-continuum.../>

What is a Crisis Call Center?

Trust
Alaska Mental Health Trust Authority

Alaska Mental Health Trust Authority
Social Service

2,267 People reached 124 Engagements ↑ +1.3x higher Distribution score



11 13
WEB CENTER FAIRBANKS

10°
Fairbanks, AK

News Weather Sports Livestream Contests

ADVERTISEMENT

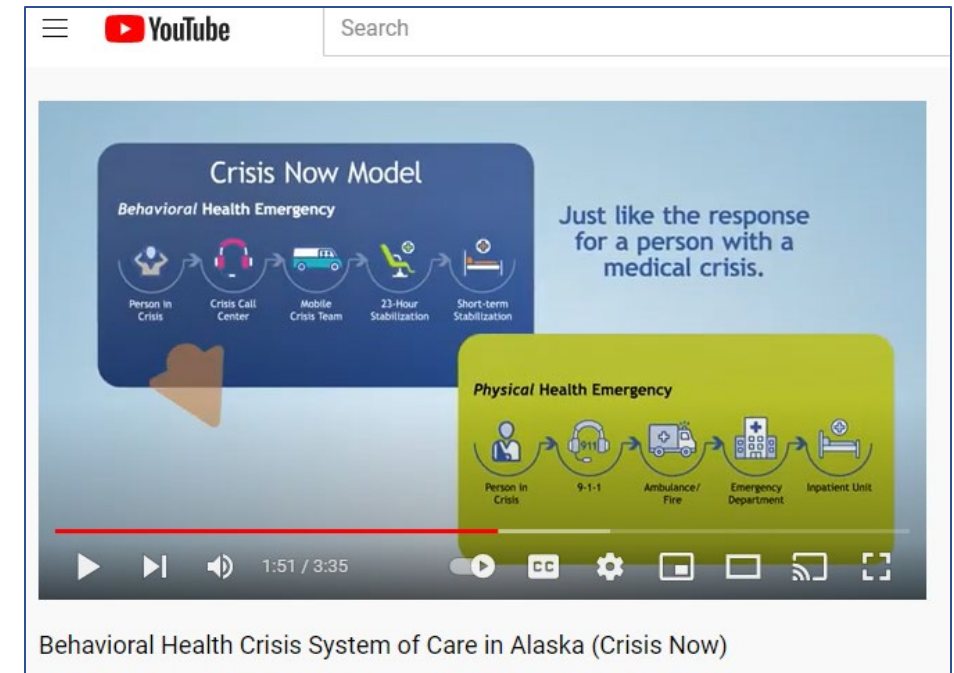
Fairbanks adopts 'Crisis Now' model of mental health care

By Alex Bengel
Published: Oct. 14, 2021 at 4:41 PM AKDT

Crisis Response Communications

New:

- Crisis Now video
- Alaska News Source sponsored content



Trust Land Office Communications and Marketing Support

- Land Sales
- Media
- Graphics support
- Social media

Alaska Trust Land Office
Published by Laura Barber • September 17 •

General permits for use of Trust lands are now available for purchase on our website. Permits are necessary for all multi-day, non-commercial, recreational activities on Trust land that include: Overnight recreational use (such as camping), motorized use (max. curb weight of 1,500 lbs.), firewood harvest, subsistence trapping access, and aircraft landing. Get your permit online today at alaskamentalhealthtrust.org/landpermits

Recreate on Trust Lands



Your Piece of Alaska



is Waiting!

Annual Land Sale



Search Available Land [Here](#)

THANK YOU PETERSBURG!

Following more than a decade of planning and public input, the Alaska Mental Health Trust Authority (Trust) and the United States Forest Service (USFS) have finalized a major land exchange in Southeast Alaska. The land exchange, authorized by both state and federal legislation, swapped approximately 17,980 acres of Trust land for approximately 18,494 acres of USFS lands.

The Trust has been engaged with the USFS since 2005 to ensure that Trust lands and assets provide the greatest return for its beneficiaries, while providing economic benefits to local communities, preserving viewsheds, public safety, ecosystem services, recreational opportunities, and other interests near populated areas.

The Benefits to Petersburg
The exchange included conveyance of Trust lands to the USFS in Petersburg, including the backdrop of the Mithkof Highway, and other Southeast communities. The Trust lands conveyed to the USFS along the Inside Passage and near communities are preserved for public use and scenic viewsheds.

The USFS lands conveyed to the Trust on Prince of Wales Island and around Upper George Inlet behind Ketchikan came from USFS timberlands and deemed suitable for timber harvest and development. The Trust can now proceed with its statutory mandate to generate revenue by developing its newly conveyed lands.

The Trust wants to thank all of those who worked so hard to overcome significant challenges and make this exchange happen. The list of those individuals and organizations who played a role in this success is long, and includes the Borough of Petersburg, Alaska's congressional delegation, the Alaska Legislature, environmental organizations, the Mithkof Homeowner's Association, the USFS, and all the community stakeholders who participated in the process.



The Trust Mission at Work in Petersburg
At the Trust, our overarching mission is to provide mental health programs and resources to those who need it most, our beneficiaries, including many in Petersburg. The Alaska Mental Health Trust Authority is a state corporation that administers a perpetual trust created to ensure that Alaska has a comprehensive mental health program to serve people with mental illness, developmental and intellectual disabilities, substance use disorders, Alzheimer's disease and related dementia, and traumatic brain injuries. We are proud to support organizations such as Petersburg Mental Health Services, Inc. that work to improve outcomes for Trust beneficiaries.

This land exchange will provide a return to the Trust that will help fund those programs and resources for years to come. For more information about the Trust, please visit alaskamentalhealthtrust.org.

Trust
Alaska Mental Health Trust Authority

About the Trust Campaign

- Statewide campaign to increase public understanding of our responsibility to generate revenues from Trust lands, and how revenues are used for beneficiaries.
- Trust Land Office and Trust Authority imagery and messages
- Kicks off this month



A uniquely Alaskan approach to mental health funding.



Revenue from over one million acres of



Alaska Mental Health Trust lands



fund grants and other activities



that improve the lives of Trust beneficiaries.

About the Trust Campaign

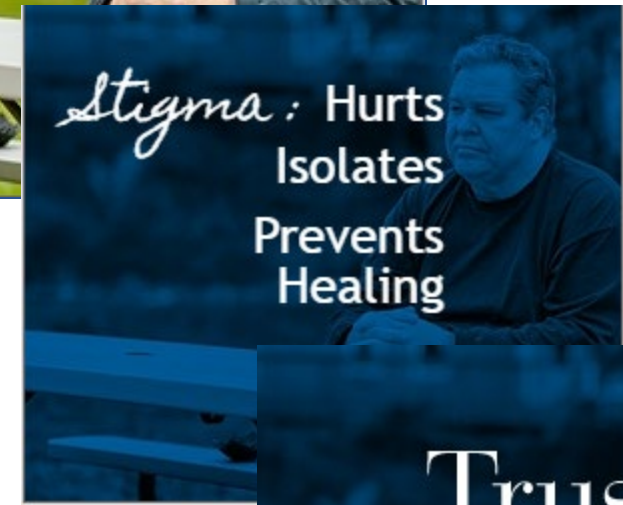
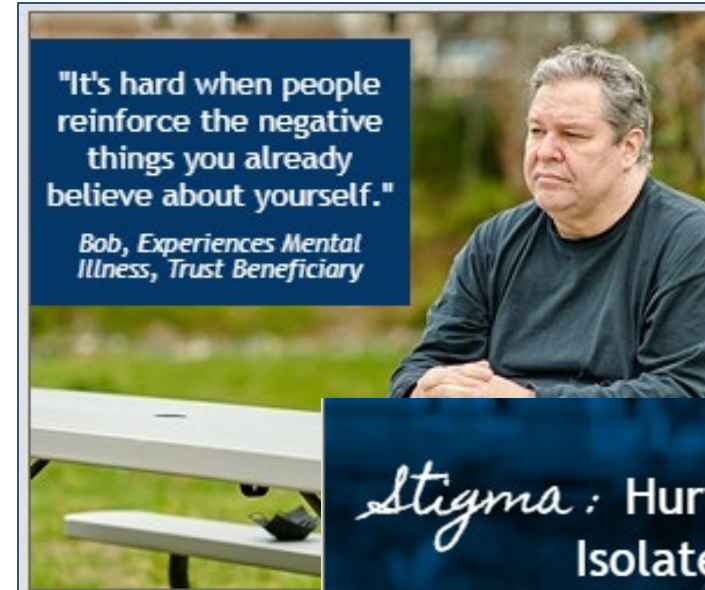
Statewide multi-media campaign

- Radio
- Print
- Digital
- Social
- YouTube



Stigma Campaign, 2021

- Considered 2021 research
- Increase awareness of the negative impacts of stigma
- Focus on beneficiary voices
- Statewide investment

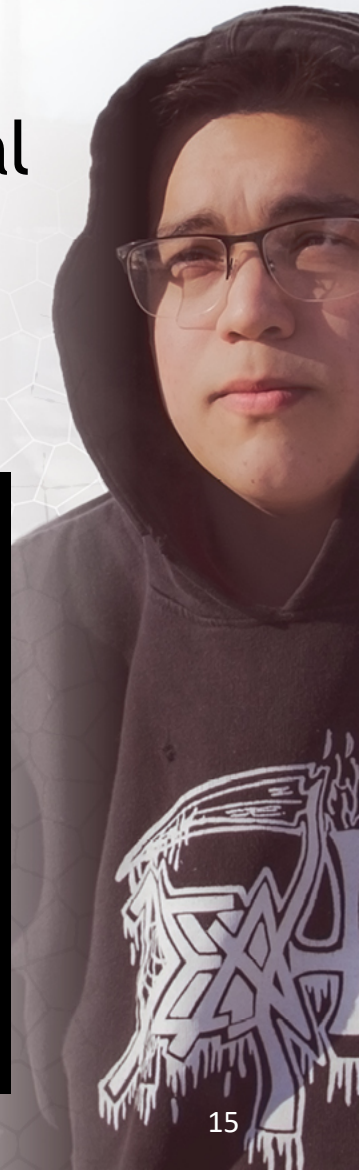


Stigma Campaign

- Launching in November 2021
- Multi-media: cable TV, connected TV, digital, YouTube, social



We asked Kristin about
stigma
Here's what she said...



What's Coming Up?

- Annual Report and Grant Investment Report
- Legislative related communications
- Joint Advocacy with Partner Advisory Boards
- Trustee rural trip
- Mental Health Conference

Trust

Alaska Mental Health
Trust Authority

Thank you

Questions?



Additional Documents

Memorandum



To: Chris Cooke, Chair of the Board of Trustees
Through: Mike Abbott, Chief Executive Officer
From: Jusdi Doucet, Executive Director
Date: **November 2, 2021**
Subject: October 20th, 2021 – Resource Management Committee Meeting Summary

The Resource Management Committee met on October 20th, 2021, received a brief update of key TLO activities from the Executive Director Report. Additionally, the committee was presented current updates on the Icy Cape Project, the history and current status of the USFS/AMHTA Land Exchange and finally, was given a presentation on the Trust Timber Resources.

No Consultations or Approvals were presented at this committee meeting.

cc: Board of Trustees

To: Chris Cooke, Chair
Through: Mike Abbott, Chief Executive Officer
From: Steve Williams, Chief Operating Officer
Date: November 10, 2021
Re: Program and Planning Committee Report

The meeting occurred on October 20, 2021 and was attended by trustees Verné Boerner (chair), Chris Cooke, Anita Halterman, Rhonda Boyles, John Sturgeon, Brent Fisher and Kevin Fimon. Due to the COVID-19 pandemic the meeting was not held in person, rather it was held using video and teleconference technologies.

Meeting Summary:

The following items were presented and discussed by the committee.

The meeting opened with a *Mission Moment* provided by Susanna Marchuk, Director of Careline Alaska and a beneficiary who has accessed its services. Susanna provided an overview of Careline Alaska, the State's suicide prevention and someone to talk to line for someone in crisis. Susanna's presentation was followed by a beneficiary who offered her testimony on the use of Careline's services. She shared how it helped her personally in a time of crisis and its important role in preventing suicide.

1) *Comprehensive Integrated Mental Health Program Plan (Comp Plan) update*

Autumn Veal (Trust Data and Evaluation Officer) provided the committee a general overview and update on Comp Plan work and activities. The presentation included:

- a deep dive into *Goal 4: Substance Abuse Disorder Prevention* and *Goal 5: Suicide Prevention* of the Comp Plan;
- connecting objectives under these two goals to the work of the Trust (e.g. work with Set Free Alaska, True North, Careline Alaska and the Trust's work with DHSS' to implement *Crisis Now* framework in identified communities); and,
- an update on and explanation of the *Alaska Scorecard 2020*.

2) *State of Alaska Opioid Efforts update*

Adam Crum (Commissioner, Dept. of Health & Social Services), Elana Habib (Dept. of Health & Social Services, Div. of Public Health DPH - Office of Substance Misuse & Addiction Prevention) and Theresa Johnson (Dept. of Health & Social Services, Div. of Behavioral Health) presented to the Committee. The topics covered in the presentation included:

- the status of the 14 state (including Alaska) settlement agreement with Johnson and Johnson and three major pharmaceutical distributors of prescription opioids;
- overview of the trajectory of prescription opioid use to misuse to Opioid Use Disorders (OUD), including heroin, in the United States;
- science of addiction and the impacts on the brain;
- the negative impacts of stigma on the treatment of addiction;

- an overview of the Alaska Statewide Opioid Action Plan; and,
- information on addiction treatment services available in Alaska.

3) *988 Implementation update*

Leah Van Kirk (Program Coordinator II, Dept. of Health & Social Services – Div. Behavioral Health) provided the Committee on overview of the planned implementation of 988 in Alaska. The topics covered in the presentation included:

- what 988 is, how will it work and the 988 State planning grants;
- an overview of suicide in Alaska;
- information on available Call Center data (2018 – 2020); and,
- an overview of the 988 State Implementation Plan.

There were no approval requests presented to or actions taken by the Committee.

The Program and Planning Committee adjourned at approximately 4:00pm on October 20, 2021. The next meeting of the committee is currently scheduled to be either ***January 5 or 6, 2022.***