



Alaska Mental Health Trust Update  
November 2021

# Trustee Updates

- State of Alaska Suicide Data-2020 Update
- What we are Watching-Legislative Session 2022
- Upcoming Meeting Dates





# STATE OF ALASKA SUICIDE DATA 2020

Data Source:  
State of Alaska, Division of Public Health,  
Health Analytics and Vital Records

# ALASKANS LOOK OUT FOR EACH OTHER

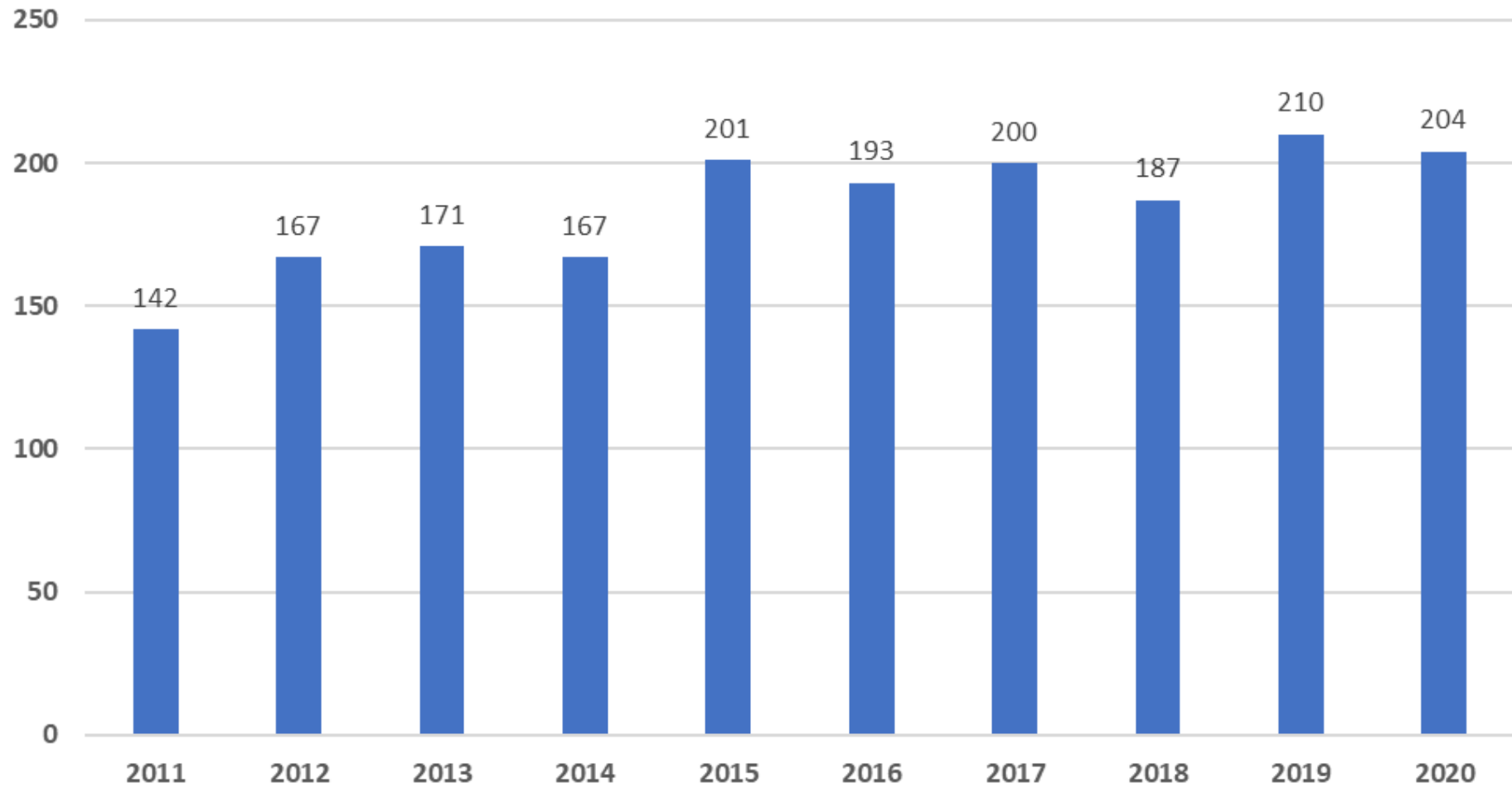


If you are feeling  
stressed, depressed, or  
suicidal, ask for help.

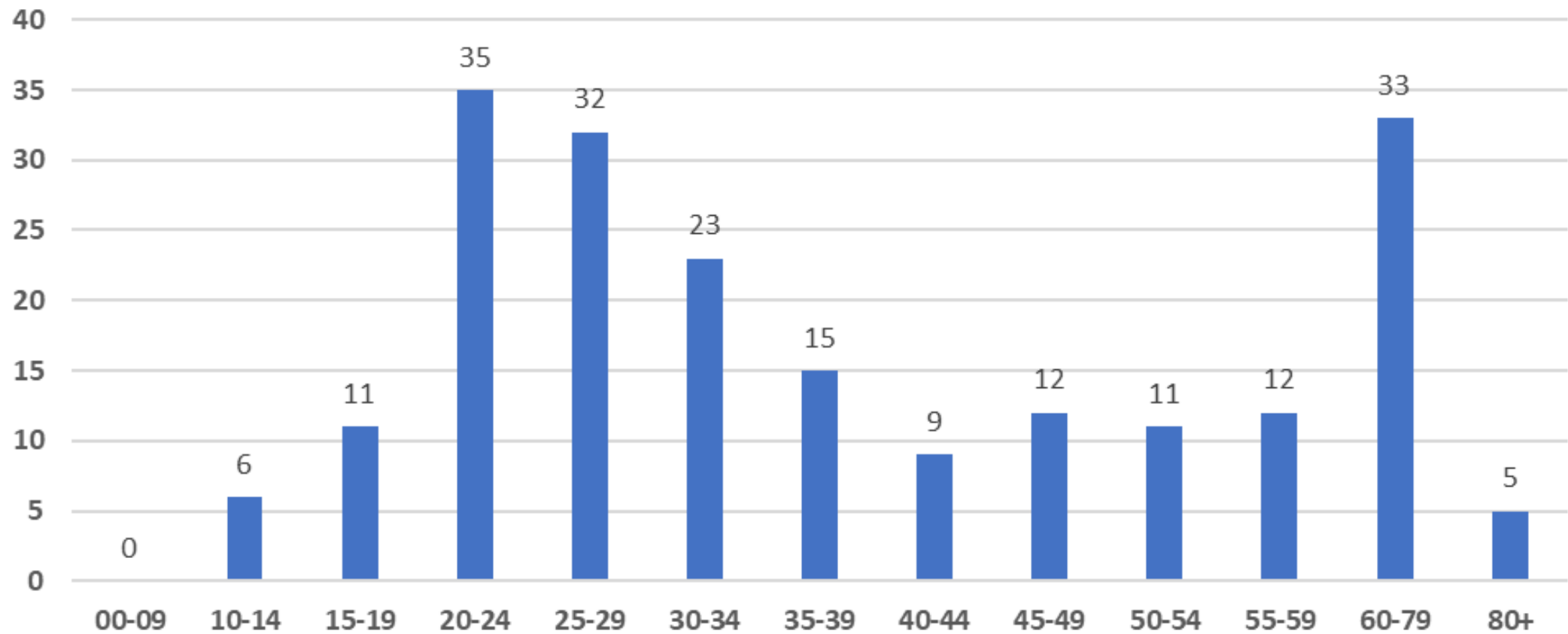
 **CARELINE** 877-266-HELP (4357)

Alaska's suicide prevention and someone-to-talk-to-line.

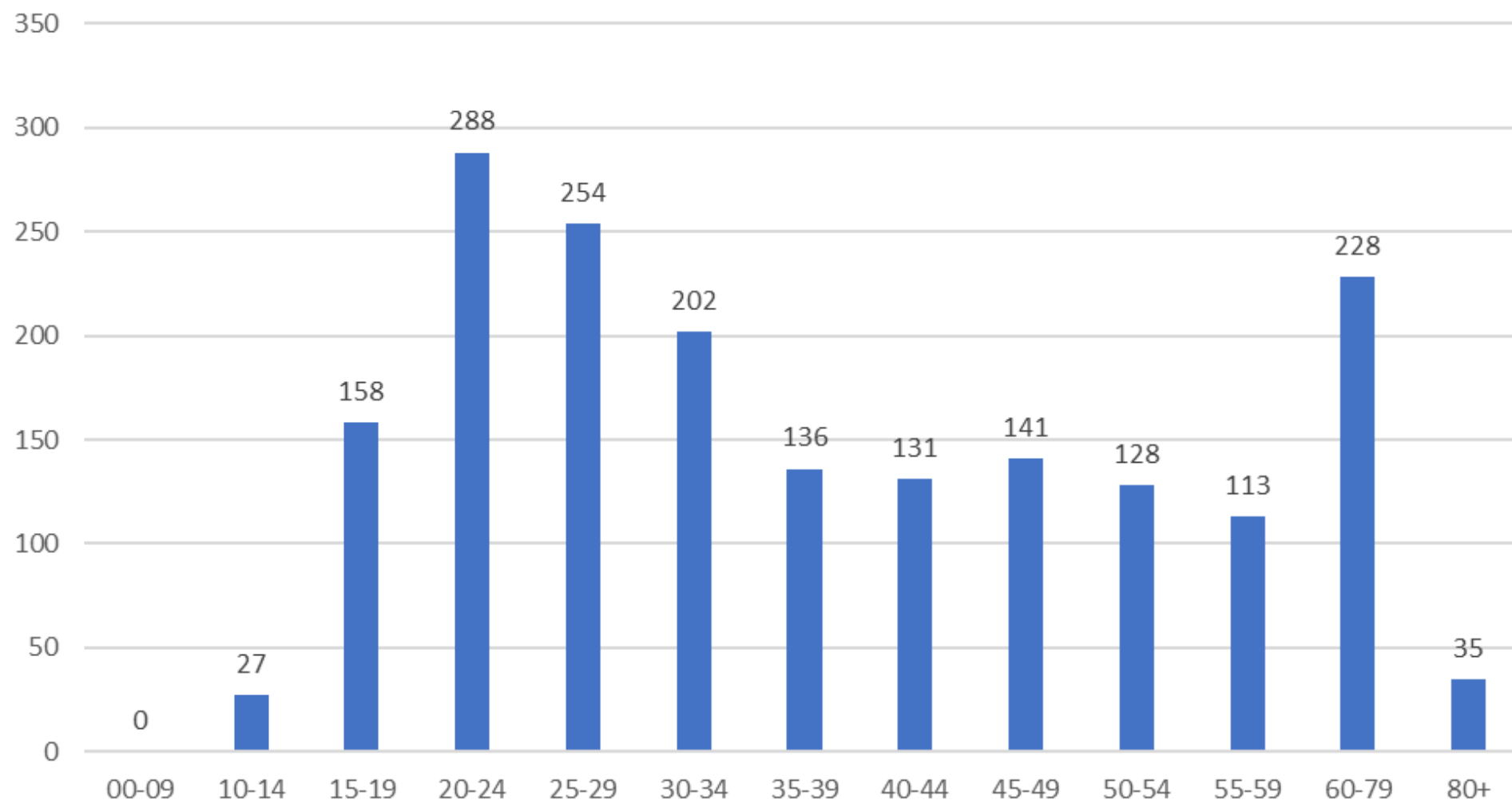
### 2011-2020 Alaska Suicide Deaths



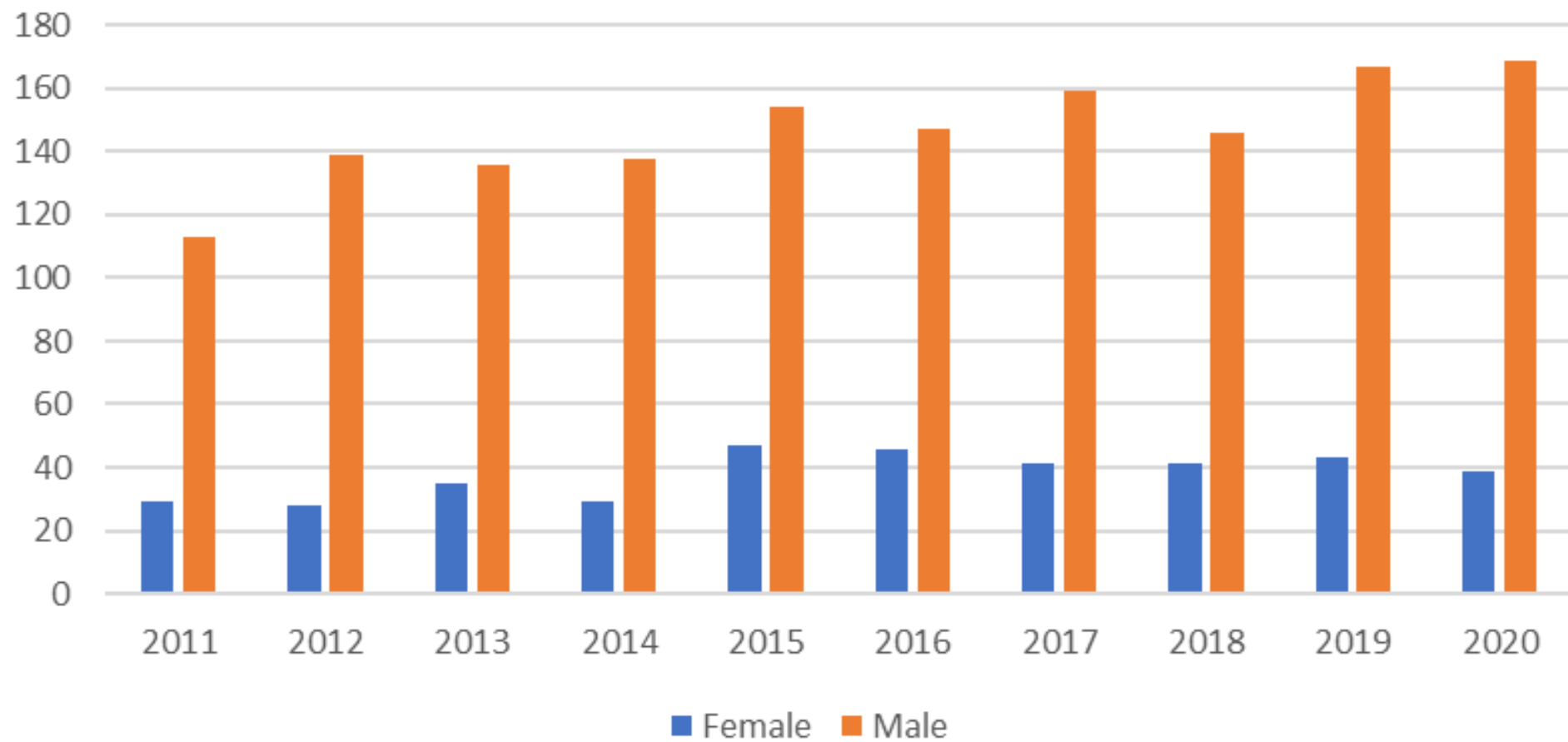
### 2020 Alaska Suicide Deaths by Age Group (204 Total)



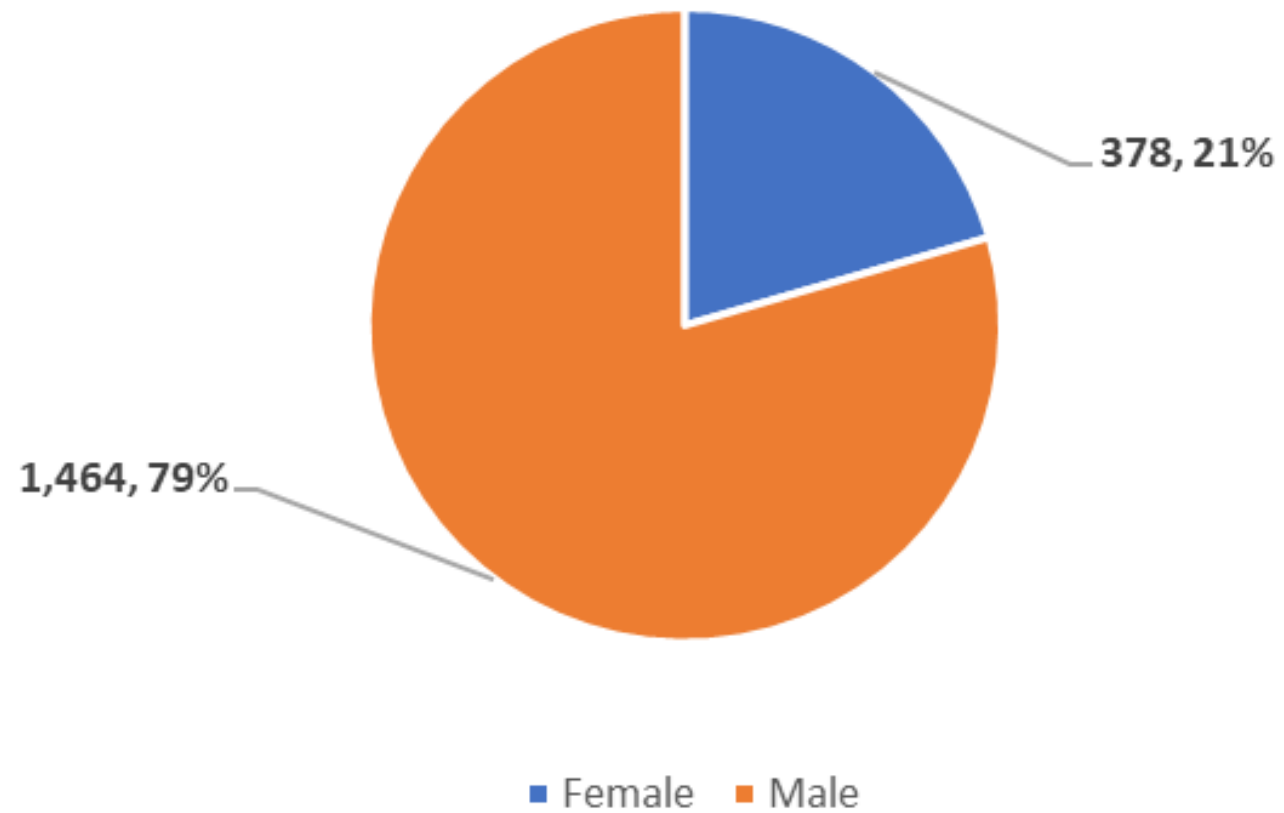
## 2011-2020 Alaska Suicide Deaths By Age Group



## 2011-2020 Alaska Suicide Deaths by Gender

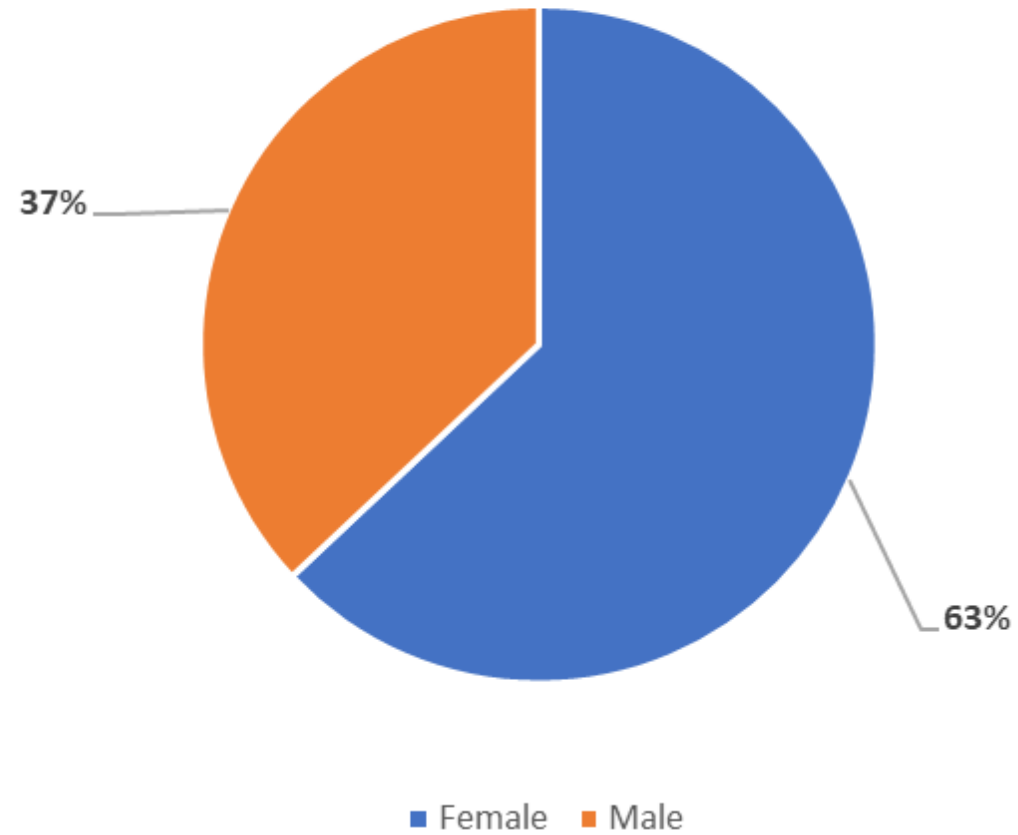


## 2011-2020 Alaska Suicide Deaths by Gender

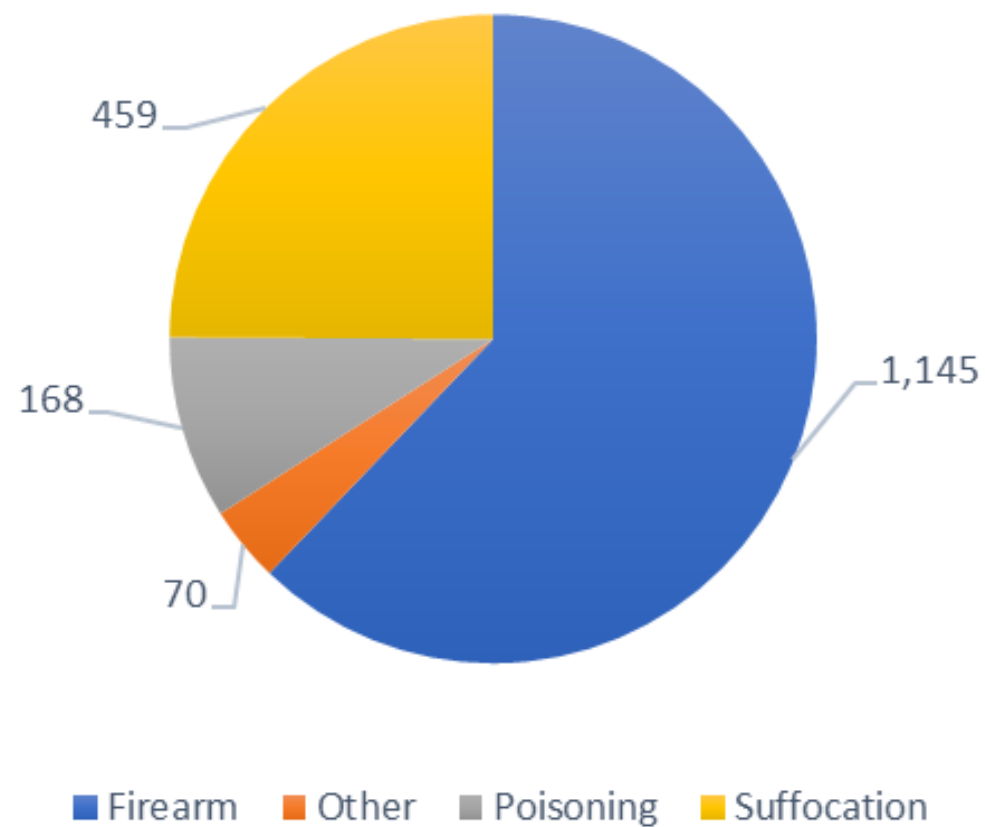




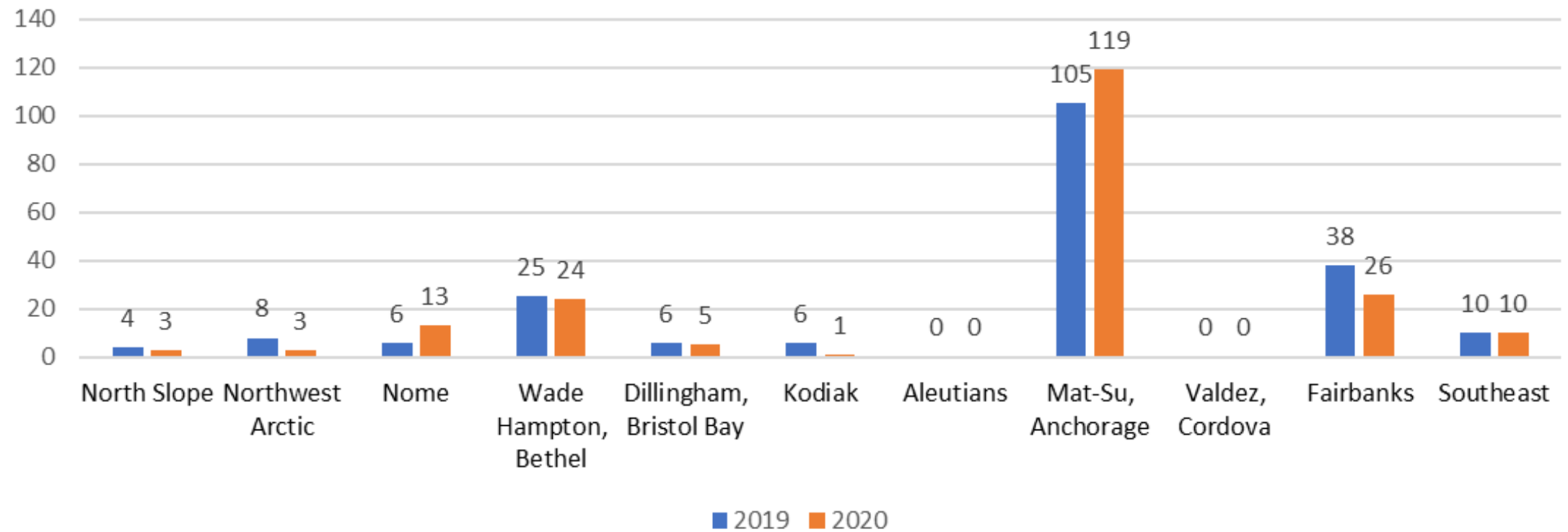
## 2017-2021 Suicide Attempts Reported by Alaska Emergency Room Departments by Gender



## 2011-2020 Alaska Suicide Mortality by Method



### Suicides by Region 2019 vs. 2020



# Statewide Suicide Prevention Activities

5 Year Statewide Suicide  
Prevention Plan Update

Zero Suicide Initiative

Alaska Careline and the  
9-8-8 National Suicide  
Prevention Hotline

Crisis Now Initiative

Suicide Awareness,  
Prevention and  
Postvention Grants

Suicide Prevention-  
Community of Practice

Understanding Shared  
Risk and Protective  
Factors

Training and resources on  
suicide prevention  
through COVID-19  
appropriations and DBH  
grant funding

Excellent work and  
collaboration at the  
community level by  
Tribes, behavioral health  
providers, schools, and  
community coalitions.



# WHAT WE ARE WATCHING

Legislative Session 2022



# AMHB/ABADA Advocacy Priorities

- Increase access to appropriate and person-centered substance use disorder and/or mental health treatment and supports.
- Reduce consumption and the harm caused by alcohol misuse.
- Increase access to safe and person-centered psychiatric care in Alaska.
- Increase early intervention and prevention activities.
- Reduce the stigma of living with substance use and/or mental health disorders.
- Increase access to institutional and community supports for justice-involved Alaskans with behavioral health concerns.
- Increase supportive employment services for Alaskans with mental health and substance use disorders.
- Increase access to housing and housing supports for Alaskans with behavioral health concerns.
- Encourage behavioral health and primary health care integration.



# Legislative Session/Budget Watchlist \*

- Crisis Stabilization, Mental Health Facilities (HB 172/SB 124)
- Alcohol Beverage Control, Alcohol Regulations (SB 9)
- Public Schools, Social and Emotional Learning (HB 25)
- Medicaid Funding
- Behavioral Health Grant Funding
- Addressing the Needs of Alaska's Health/Behavioral Health Workforce
- Access to Treatment for Substance Misuse, Mental Health and Co-Occurring Disorders
- Staffing/Organizational Capacity at the State of Alaska

\*Not all bills and budget items AMHB/ABADA are tracking are on this list.



# Questions/ Comments?



Next AMHB/ABADA Board  
meeting tentatively scheduled in  
Juneau, in early February 2022.

Thank you!