



'Super Advocate' Advocacy Training

Anchorage
Wednesday, October 16

Time: 9:00-4:00pm (lunch included)

Location: Alaska Mental Health Trust Building
3745 Community Park Loop - Anchorage

Cost: Free!

To register, contact:

907-465-4765, or by email:

advocacy.coordinator@mhtrust.org

Please register in advance. Thank you!

For more info, go to:

[www.alaskamentalhealthtrust.org/
jointadvocacy](http://www.alaskamentalhealthtrust.org/jointadvocacy)

This free one-day training offers tools and hands-on practice for advocating for public policy and funding decisions that affect Trust beneficiaries (people with mental illness, substance use disorders, intellectual/developmental disabilities, including fetal alcohol spectrum disorders, Alzheimer's disease and related dementia, traumatic brain injury). This training is for peers and people with lived experience, family members, providers of services, administrators, and others interested in advocating for vulnerable Alaskans. Train-the-Trainer opportunity available.

- Tools for successful meetings with policymakers (Legislators, City/Village Councils, School Boards)
- Tips for speaking on a public panel or before a public committee
- Refining your personal story for the most impact
- Tips for advocacy from home
- Updates on current issues
- Opportunities for advocacy

Trust

Alaska Mental Health
Trust Authority



Alaskan Seniors
Living Longer Growing Stronger
from the Alaska Commission on Aging



GOVERNOR'S COUNCIL
ON DISABILITIES &
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