



'Super Advocate' Advocacy Training

9/27 Kenai – at Peninsula Community Health Services
10/15 Palmer – at Knik Tribal Council Building
10/16 Anchorage – at Alaska Mental Health Trust Building
10/17 Wasilla – at Mat-Su Health Foundation
10/31 Fairbanks – at Morris Thompson Cultural Center
11/1 Fairbanks – at The Bridge
11/5 Kotzebue – at Maniilaq Health Services
11/7 Nome – at Norton Sound Regional Hospital
Juneau – TBA

To register, contact:
907-465-4765, or by email:
advocacy.coordinator@mhtrust.org
Please register in advance. Thank you!

For more info, go to:
[www.alaskamentalhealthtrust.org/
jointadvocacy](http://www.alaskamentalhealthtrust.org/jointadvocacy)

This free one-day training offers tools and hands-on practice for advocating for public policy and funding decisions that affect Trust beneficiaries (people with mental illness, substance use disorders, intellectual/developmental disabilities, including fetal alcohol spectrum disorders, Alzheimer's disease and related dementia, traumatic brain injury). This training is for peers and people with lived experience, family members, providers of services, administrators, and others interested in advocating for vulnerable Alaskans. Train-the-Trainer opportunity available.

- Tools for successful meetings with policymakers (Legislators, City/Village Councils, School Boards)
- Tips for speaking on a public panel or before a public committee
- Refining your personal story for the most impact
- Tips for advocacy from home
- Updates on current issues
- Opportunities for advocacy

Trust
Alaska Mental Health
Trust Authority



Alaskan Living Longer **Seniors Growing Stronger**
from the Alaska Commission on Aging

