



'Super Advocate' Advocacy Training

**Kenai – at PCHS
Friday, September 27**

Time: 9:00-4:00pm (lunch included)

Location: Peninsula Community Health Services (PCHS)
805 Frontage Rd., Kenai

Cost: Free!

To register, contact: 907-465-4765

or by email:

advocacy.coordinator@mhtrust.org

Please register in advance. Thanks!

This free one-day training offers tools and hands-on practice for advocating for public policy and funding decisions that affect Trust beneficiaries (people with mental illness, substance use disorders, intellectual/developmental disabilities, including fetal alcohol spectrum disorders, Alzheimer's disease and related dementia, traumatic brain injury). This training is for peers and people with lived experience, family members, providers of services, administrators, and others interested in advocating for vulnerable Alaskans.

- Tools for successful meetings with policymakers (Legislators, Assembly/Councils, School Boards)
- Tips for speaking on a public panel or before a public committee
- Refining your personal story for the most impact
- Tips for advocacy from home
- Updates on current issues affecting Trust beneficiaries
- Tips for advocacy from home
- Opportunities for advocacy

Sponsored by:

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**Alaska Mental Health
Trust Authority**



**Alaskan Seniors
Living Longer Growing Stronger**
from the Alaska Commission on Aging

