

# Trust

---

Alaska Mental Health  
Trust Authority

## Crisis Now Stabilization Services in Alaska

# Radically transforming mental health

Good crisis care prevents suicide and provides help for those in distress. It cuts the cost of care, reduces the need for psychiatric acute care, hospital ED visits and police overuse.



# What is the Crisis Now model?

Four core services in a crisis continuum  
deployed as full partners with law  
enforcement, hospitals, community and  
first responders.



# Core Elements of Crisis Care

- Regional or statewide crisis call centers coordinating in real time (Care Traffic Control)
- Centrally deployed, 24/7 mobile crisis teams
- Short-term, “sub-acute” residential stabilization programs
- Essential crisis care principles and practices



# Contract Outcomes With RI

- Trust contractor RI International spent three weeks in Alaska
- Engagement of key stakeholders - Anchorage, Mat-Su, and Fairbanks
- The Trust funded an Alaska Immersion site visit to Phoenix, AZ to review Crisis Now programs
- Finished Evaluation and Recommendations Report the week of December 23
- Completed report sent to partners at DHSS and will be released to the public by January 2



# AZ Immersion Highlights





# AZ Immersion Highlights

- Group makeup and dynamics
- Visiting the Crisis Stabilization Center
- The crisis services difference
- Recovery oriented care
- Reflections from immersion team (Trustees, Staff, and others present)
- Hurdles to overcome
- Regional vs. Statewide



# Crisis Now Report Recommendations

- Crisis System Accountability and Performance Metrics
- Support alignment statewide around policy and regulatory elements, that support Crisis Now implementation in Alaska
- Exploration of funding options for startup costs
- Full implementation of the Crisis Now elements: Crisis Call Center, Mobile Crisis Team, and Crisis Response Center
- Workforce Development



# Crisis Now Next Steps

- Support alignment statewide
- Statute and policy needs
- Facilitation/support of local planning and implementation
- Capital, equipment and start-up needs
- Needs for the Crisis Now model
- Urban and rural Alaska



# Questions?

