



'Super Advocate' Advocacy Training

Juneau – NEW DATE!!
Wednesday, February 6

Time: 9:00-4:00pm (lunch included)

Location: St. Ann's Parish Hall
430 5th Street (downtown Juneau)

Cost: Free!

To register, contact: 907-465-4765
or by email:

advocacy.coordinator@mhtrust.org

Please register in advance. Thanks!

This free one-day training offers tools and hands-on practice for advocating for policy and funding decisions that affect Trust beneficiaries (people with mental illness, substance use disorders, intellectual/developmental disabilities, Alzheimer's disease and related dementia, traumatic brain injury, fetal alcohol spectrum disorders). Who is this training for? Peers and people with disabilities, family members, providers of services, administrators, and others interested in advocating for issues that affect well-being for Alaskans.

- Tools for successful meetings with policymakers (Legislators, Assembly, Councils, School Board)
- Tips for speaking on a public panel or testifying before a public committee
- Refine your personal story for the best impact
- Updates on current public policy and funding issues affecting people with disabilities
- Tips for advocacy from home
- Opportunities for advocacy at the state and local level

Sponsored by:

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**Alaska Mental Health
Trust Authority**



Alaskan Seniors
Living Longer Growing Stronger
from the Alaska Commission on Aging

