



# 'Super Advocate' Advocacy Trainings

**Thursday, Nov. 8**  
(Disability Justice Focus)

**Time:** 9:00-4:00pm (lunch included)  
**Location:** PCHS - Kenai  
805 Frontage Rd.  
2<sup>nd</sup> floor Conference Room  
**Cost:** Free!

OR

**Friday, Nov. 9**  
(Trust Beneficiary Focus)

**Time:** 9:00-4:00pm (lunch included)  
**Location:** PCHS - Soldotna  
230 E. Marydale Dr.  
2<sup>nd</sup> floor Conference Room  
**Cost:** Free!

These free one-day trainings offer tools and hands-on practice for advocating for policy and funding decisions that affect Trust beneficiaries (people with mental illness, substance use disorders, intellectual/developmental disabilities, Alzheimer's disease and related dementia, traumatic brain injury, fetal alcohol spectrum disorders). Who is this training for? Peers and people with lived experience, family members, providers of services, administrators, and others, interested in advocating for vulnerable Alaskans.

- Tools for successful meetings with policymakers (legislators, assembly/council members, school boards).
- Tips for speaking on a public panel or testifying before a public committee.
- Refining your personal story.
- Updates on current public policy and funding issues affecting Trust beneficiaries.
- Tips for advocacy from home.
- Opportunities for advocacy.

**To register, contact:**  
907-465-4765, or by email:  
[advocacy.coordinator@mhtrust.org](mailto:advocacy.coordinator@mhtrust.org)  
*Please register in advance. Thank you!*

Sponsored by:

**Trust**

**Alaska Mental Health  
Trust Authority**



**Alaskan Seniors  
Living Longer Growing Stronger**  
from the Alaska Commission on Aging

