

Trust

Alaska Mental Health
Trust Authority

Stakeholder Input Focus Area Investments FY 2018 + 19

Webinar
July 20, 2016

Process Overview

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|---------------|---|
| May 6 | Introductory Webinar: Trust staff introduces the process |
| May 25 | Preparation Webinar: Trust staff provide an overview of the current priorities, expectations from stakeholders and July work session to selected stakeholders |
| July 6-7 | Work Session: Invited participants work with Trust staff in 2-day work session |
| July | Program team incorporates results from work session |
| July 20 | Results Webinar: Program team shares the results with stakeholders |
| August 9-10 | Trust staff present draft budgets to trustees |
| August | Trust staff incorporate trustee feedback |
| September 7-8 | Trustees approve FY18 + 19 budgets |

JULY 6 - 7 WORK SESSION

Attendees

| | | |
|-------------------|------------------|-------------------|
| Michelle Bartley | David Branding | Laura Brooks |
| Kate Burkhart | Randall Burns | John Cannon |
| Patricia Carr | Diane Casto | Lisa Cauble |
| Scott Ciambor | Denise Daniello | Zack Fields |
| Karl Garber | Morgen Jaco | Lance Johnson |
| Duane Mayes | Debbie Miller | Brenda Moore |
| Sherrie Hinshaw | Paul Cornils | Brian Wilson |
| Brad Myrstol | Nikole Nelson | Carrie Collins |
| Tony Piper | Patrick Reinhart | Stephanie Rhoades |
| Adam Rutherford | Gwen Sargent | Roy Scheller |
| Elizabeth Schultz | Mariko Selle | John Skidmore |
| Daniel Delfino | Mike Sobocinski | Karen Ward |
| Rob Wood | Tina Marie Woods | Kathy Craft |

Mission & Principles

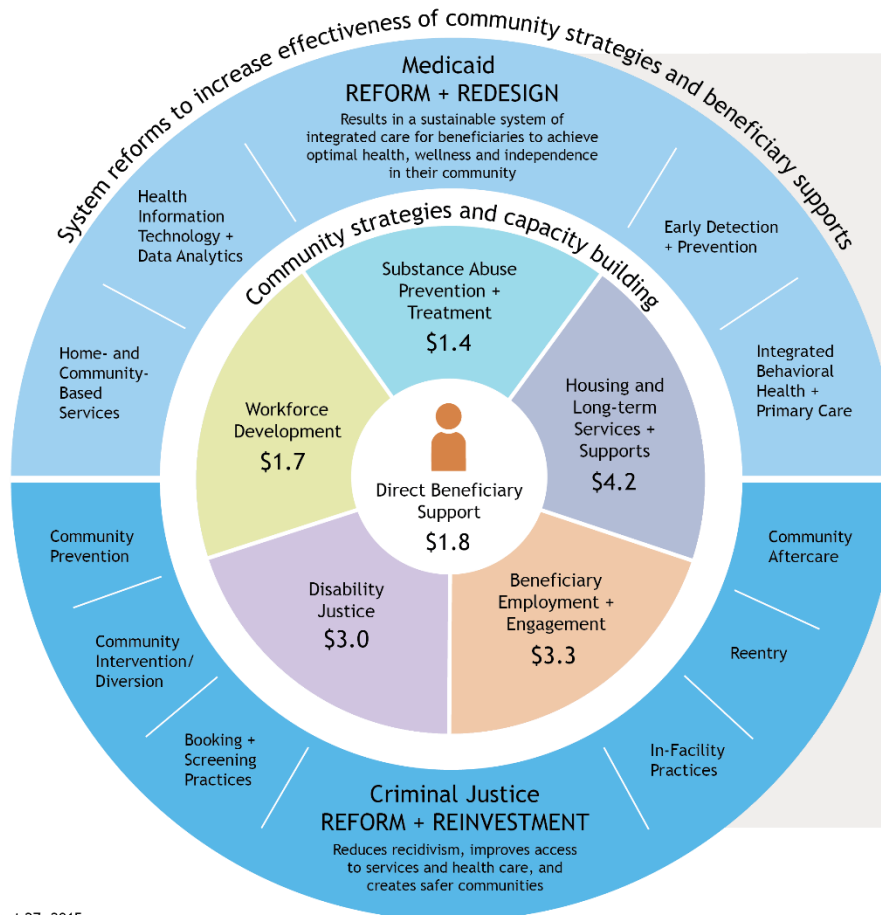
The Trust's mission is to improve the lives of beneficiaries through advocacy, planning, implementing and funding a Comprehensive Integrated Mental Health Program.

The Trust is committed to:

- Education of the public and policymakers on beneficiary needs
- Collaboration with consumers and partner advocates
- Maximizing beneficiary input into programs
- Continually improving results for beneficiaries
- Prioritizing services for beneficiaries at risk of institutionalization or needing long-term, intensive care
- Useful and timely data for evaluating programs
- Inclusion of early intervention and prevention components

Investments

Beneficiary, Community and System



Key Outputs

Beneficiaries access quality, integrated, whole person health care

Decrease in youth alcohol and substance use and adult binge drinking and illicit substance use

Develop a well-qualified and sustainable workforce to meet the current and future behavioral health and healthcare needs of beneficiaries, their families and communities

Reduce adult and youth involvement in the criminal justice system and reduce criminal recidivism

Beneficiaries achieve integrated employment and have access to quality peer support services

Beneficiaries can access safe and affordable housing with appropriate community-based social services to maintain tenancy

Results

Beneficiaries have improved health

Adults and children are free of the burdens created by alcohol and substance abuse

Alaska's workforce meets beneficiary and employer needs

The criminal justice system effectively accommodates the needs of victims and offenders who are Trust beneficiaries

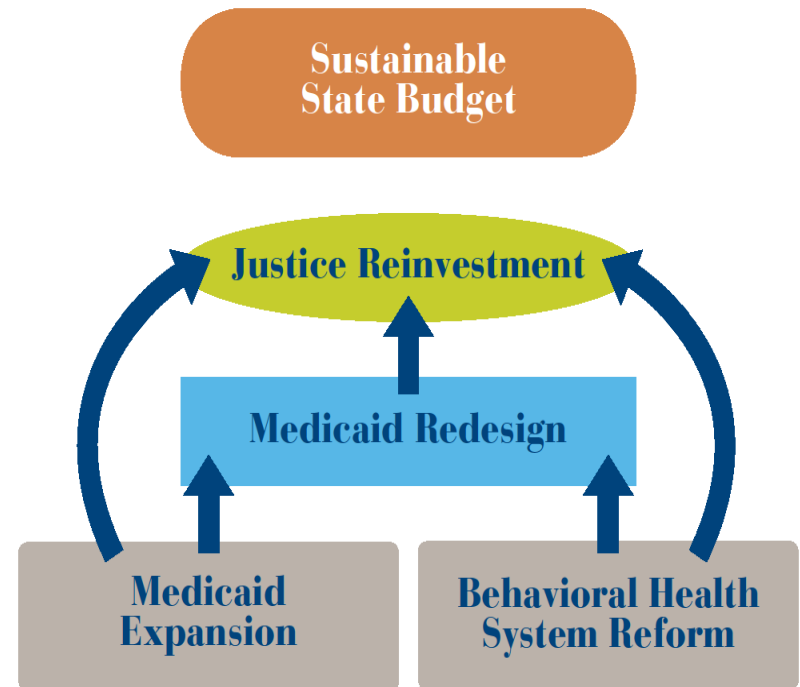
Beneficiaries are employed or meaningfully engaged in their communities

Beneficiaries maintain stable, safe housing

Day 1 Objective: Understand Trust's Current Priorities, How They Affect Beneficiaries, and How to Ensure the Reforms are Successful

1. **Medicaid Redesign**
2. **Criminal Justice Reinvestment**

Multi-prong approach: expanding and redesigning Medicaid and reforming the behavioral health system are the foundation to successful criminal justice reform.



| MEDICAID REFORM | | | |
|-----------------|---------------|-------|------------|
| Impact | Opportunities | Risks | Strategies |

Break Out Session: Medicaid Reform

How will system reforms affect Trust beneficiaries?

- Integration of primary care and behavioral health
- Better access to appropriate level of care
- Greater flexibility in programs to meet beneficiary needs
- Increased coordination of care will lower costs and improve health outcomes
- Housing

MEDICAID REFORM AND REDESIGN

Impact

Opportunities

Risks

Strategies

What are the opportunities?

- Help more people enter stable, permanent housing (with or without supportive services) and stop cycle of crisis
- Increased use of telehealth and tele-behavioral health
- Payment reform can help better match the available payments to the cost of care, especially incentivizing care at lower level settings
- Integration between primary care and behavioral health, if successful, can solve significant barriers to better care
- Increase access to behavioral health system and better health information sharing
- Use data to better proactively identify at risk people, invest in housing, etc.

MEDICAID REFORM AND REDESIGN

Impact

Opportunities

Risks

Strategies

What are the risks?

- If people do not have access to supportive housing and employment, it will be very difficult to stop the crisis cycle and reduce emergency services
- Greater challenges exist in rural communities to develop and sustain needed services
- Not having the right people engaged in the planning and rollout of reforms
- Lack of qualified skilled workforce to meet current and increased demand of services
- Concerns about the resiliency of organizations to adapt to the significant systems change and service delivery

MEDICAID REFORM AND REDESIGN

Impact

Opportunities

Risks

Strategies

How can we ensure reforms are successful and produce positive results for beneficiaries?

- Invest in workforce capacity: training, recruitment and retention, cross-training and inter-disciplinary work
- Better coordination among sectors, provider teams, and working as a team
- Improve information systems and information sharing
- Invest in housing, especially permanent supportive housing
- Reduce emergency/crisis care by helping people enter the system at routine level of care, prevention, crisis respite care
- Use technical assistance to support rural providers in offering comprehensive services to beneficiaries
- Reduce administrative burden

CRIMINAL JUSTICE REFORM AND REINVESTMENT

Impact

Opportunities

Risks

Strategies

Break Out Session: Criminal Justice Reform

How will system reforms affect Trust beneficiaries?

- Reduce contact with criminal justice system
- Reduce criminal recidivism
- More beneficiaries will remain in their communities
- More efficient and cost effective criminal justice system will allow for a wider array of services

CRIMINAL JUSTICE REFORM AND REINVESTMENT

Impact

Opportunities

Risks

Strategies

What are the opportunities?

- Look at all of the resources that are being used for reentry and ensure they are being used in a coordinated and efficient way
- Reentry and housing and homeless coalitions can coordinate resources and efforts to improve impact
- Enroll Trust beneficiaries in Medicaid
- Help shape the pre-trial diversion program and improve access to community based services
- Prioritize adults coming out of corrections for health home and behavioral health services

CRIMINAL JUSTICE REFORM AND REINVESTMENT

Impact

Opportunities

Risks

Strategies

What are the risks?

- Focusing on reentrants could divert attention and resources from prevention efforts
- Communities lack capacity or critical services to support returning citizens
- Barriers to housing and employment opportunities for returning citizens
- Not having access to a skilled workforce
- Current system is not structured to be flexible and adaptable to meet needs of individuals released from corrections

CRIMINAL JUSTICE REFORM AND REINVESTMENT

Impact

Opportunities

Risks

Strategies

How can we ensure reforms are successful and produce positive results for beneficiaries?

- Integrate employment and meaningful engagement
- Need for an ideological shift by DOC/public safety and the public to viewing prisons as part of the community and the health issues faced by some individuals involved in the correctional system Inter-agency collaboration
- Implement culturally-relevant, evidence-based practices, including a comprehensive diversion system
- Expand use of evidence-based criminogenic risk screening and assessment activities

DAY 1 THEMES

Medicaid Reform

- Better coordination among sectors, provider teams, and working as a team
- Invest in housing, especially permanent supportive housing
- Reduce emergency/crisis care by helping people enter the system at routine level of care, prevention, crisis respite care
- Invest in workforce capacity
- Improve information systems and information sharing

Criminal Justice

- Support and promote the cultural and ideological shift of DOC's role in successful reentry into communities
- Educate and shift the public's perception to view prisons as part of the community
- Importance of implementing culturally relevant evidence-based practices, including a comprehensive diversion system
- Housing
- Promote improved reentry coordination and collaboration between communities and DOC
- Reentry versus prevention

Overarching Themes

- Increase public/community understanding of importance of how these system reforms affect Trust beneficiaries
- Support communities in their capacity to address and implement a continuum of care
- Address the social determinants of health that are critical
- Importance of inter-agency collaboration
- Access to a fully-qualified and competent workforce

Day 2

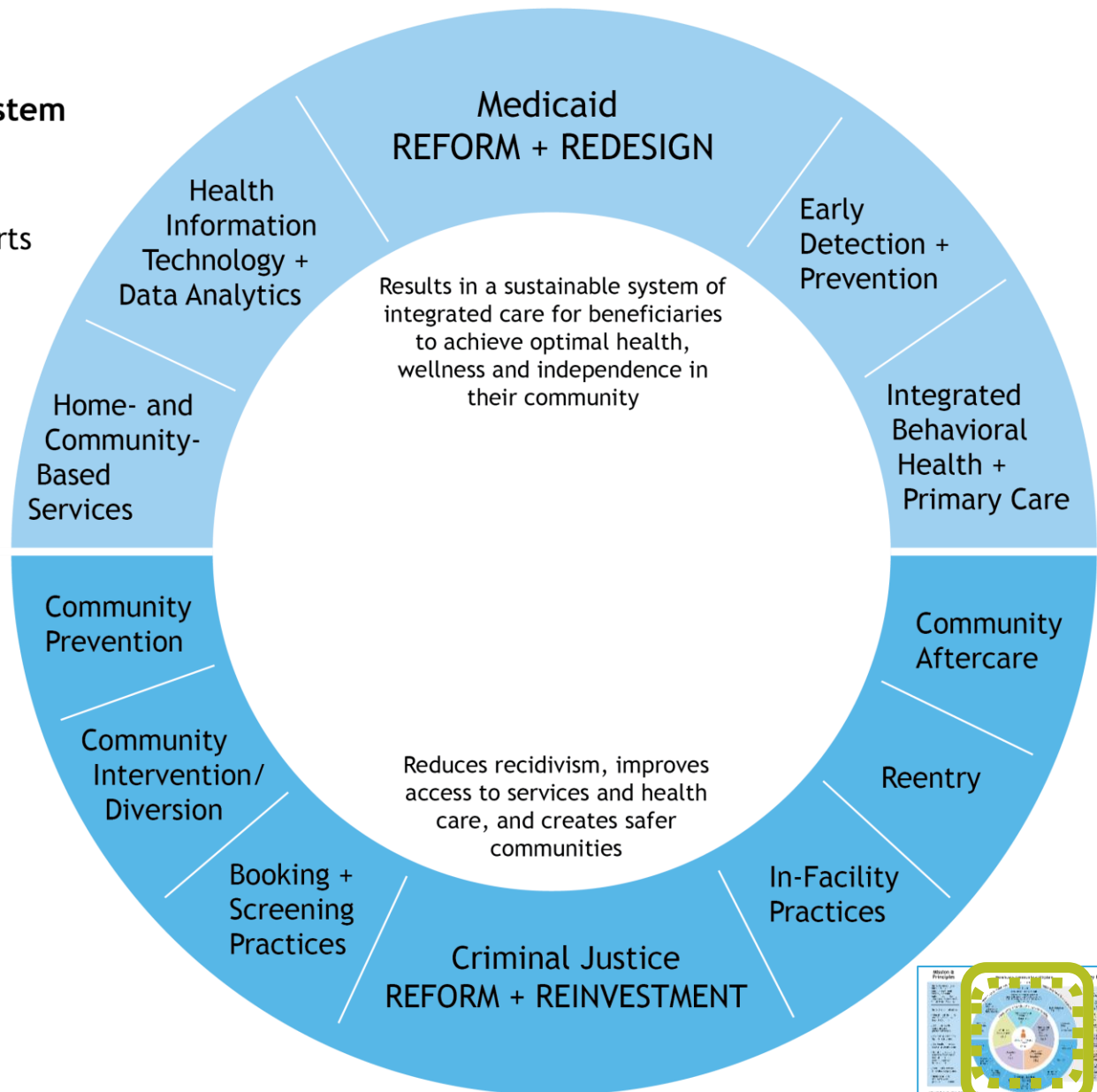
Identify strategies that are critical to the success for these system changes

- What is working?
- What do we need to do differently?

Investments

Beneficiary, Community and System

System reforms to increase effectiveness of community strategies and beneficiary supports



What's working?

| | |
|---|--|
| Training law enforcement and other first responders in interacting with beneficiaries | Investment in coordinating and increasing access to training resources |
| APIC - Assess Plan Identify Coordinate | Community reentry coalitions |
| Investment in increasing awareness and understanding of a beneficiary's benefits | Incentive programs that attract and retain workforce |
| Beneficiary run organizations are meeting a critical niche in the continuum of care | Therapeutic court model |
| Home- and community-based services systems reform | Supportive housing |
| Implementation of pre-employment transition services | DOLWD position to support coordination with DOC |
| Behavioral health aide workforce | Assertive Community Treatment Teams |
| Outreach to businesses to increase employment opportunities for beneficiaries | |

What do we need to do differently?

| | |
|---|---|
| Develop alternatives to incarceration for beneficiaries who require protective custody | Expand peer support and paraprofessional workforce and increase capacity of beneficiaries to become part of the workforce |
| Increase use of evidence-based practices | Integrate treatment and criminogenic risk factors assessment into community providers service models for beneficiaries |
| Need to focus resources on effective prevention practices | Continue to build capacity for internships and practicums |
| Establish a pool of flexible funds to incentivize providers to address individual beneficiary needs | Identify and implement enhanced diversion programs |
| Catalyze and coordinate funders to increase development | Invest in development and retooling of existing workforce with new competencies and skills |
| Expand mental health services in prisons | Increased use of data to identify and work with priority populations and track outcomes |
| Scale up programs that are working: re-entry, rental vouchers, etc. | Ensure that individuals are able to work at the top of the licensure |
| Maximize coordination of various funding sources: Medicaid, WIOA, educational funds, etc. | Intentional coordination across housing and reentry coalitions |

The Trust can also help support reforms by:

- Serving as a convener for important cross-disciplinary discussions
- Shaping a positive public dialogue around reform and the importance of community inclusiveness
- Encouraging use of evidence-based practices and targeting investments where they are likely to have the most impact possible

FY18-19 Budgets ... Next Steps

- Total funding available is similar to FY17 based on current projections. However, funding for focus areas will not be static
- Must take into consideration trustee approved funding for Medicaid reform, approximately \$3 million for each year, FY18 and FY19
- Staff are working through the recommendations from group and developing a detailed budget for trustee consideration
- This group will be emailed a link when the budget is posted on the Trust website for the trustee planning committee meeting

What We Heard From Participants

I really appreciate the Trust's focus on outputs and results and would like to encourage continued focus in the area of measurable outcomes – moving beyond outputs. As we get better with outcomes, we stand a chance of really understanding what Alaskan evidence based practices are and ensuring that are our investments truly have the most impact possible.

If we don't have the workforce, reform will not work.

Recruitment and retention efforts are critical to our community providers being able to staff their organizations.

One thing that I've taken away is a mindset: what can I do to collaborate better and work smarter and remove redundancies? We need to collaborate in order for all of us to be successful.

Rural resource development is key. Unless we have the rural resources, criminal justice reform won't matter. The biggest reason kids recidivate is because we take them out of their environment and culture. We need to help them find value in themselves through employment and help keep their resources in rural sites.

Thank You.

Trust

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