

Presentation to the Alaska Mental Health Trust Authority



Alaska Commission on Aging
January 24, 2016

I am not old... she said, I am rare. I am the standing ovation at the end of the play. I am the retrospective of my life as art... You think I am waiting to die... But I am waiting to be found. I am a treasure. I am a map. And these wrinkles are imprints of my journey... Samantha Reynolds

Presentation Overview

- Budget impacts for Senior Services, FY2018 Governor's Budget and Federal Appropriations
- ACoA priority recommendations for Senior Trust beneficiaries and other vulnerable Older Alaskans
- Overview of legislation of interest that may affect Senior Trust beneficiaries and other seniors at-risk
- ACoA Special Projects and Collaborations
- Alaska Commission on Aging board update
- Wrap-Up with remaining questions and discussion

Budget Impacts for Senior Services

Governor's FY2018 Budget and Corresponding Federal Appropriations



**State Budget Overview of Programs Serving Older Alaskans:
Comparison of FY2017 Enacted Budget & Governor's Proposed
FY2018 Budget (December 2016)**

Program	Enacted FY2017 Budget	Proposed FY2018 Governor's Budget	\$ Change FY2017 & FY2018
Senior Community Based Grants (Senior & Disabilities Services)	\$17,084.0 Total \$9,977.1 GF \$6,706.9 Federal \$100.0 I/A Receipts \$300.0 MHTAAR	\$17,057.5 Total \$9,977.1 GF \$6,706.9 Fed \$73.5 I/A Receipts \$300.0 MHTAAR	-\$26.5 Total -\$26.5 I/A Receipt
Senior Benefits Payment Program (Public Assistance)	\$20,029.3 Total \$20,029.3 GF	\$19,986.1 Total \$19,986.1 GF	-\$43.2 Total -\$43.2 GF
Medicaid Services (Senior and Disabilities Services)	\$542,263.3 Total \$251,967.9 GF \$289,227.0 Federal \$1,068.4 Other	\$550,479.4 Total \$252,217.9 GF \$297,193.1 Federal \$1,068.4 Other	+\$8,216.1
Medicaid Adult Dental (Medicaid Services)	\$15,650.2 Total \$2,882.6 GF \$12,767.6 Federal	\$15,650.2 Total \$2,882.6 GF \$12,767.6 Federal	No \$ Change

**State Budget Overview of Programs Serving Older Alaskans:
Comparison of FY2017 Enacted Budget & Governor's Proposed
FY2018 Budget (December 2016)**

Program	Enacted FY2017 Budget	Proposed FY2018 Governor's Budget	\$ Change FY2017 & FY2018
General Relief/Temporary Assisted Living (Senior & Disabilities Services)	\$7,323.9 Total \$7,323.9 GF	\$7,141.4 Total \$7,141.4 GF	-\$182.5 Total -\$182.5 GF
Alaska Pioneer Homes (Alaska Pioneer Homes)	\$60,711.6 Total \$49,672.9 GF \$631.0 Federal \$10,407.7 Other	\$61,101.2 Total \$50,018.3 GF \$631.1 Federal \$10,451.8 Other	+\$389.6 Total +\$345.4 GF +\$0.1 Federal +\$44.1 Other
Office of Long-Term Care Ombudsman (AMHTA)	\$859.2 Total \$454.2 GF \$405.0 Other	\$873.4 Total \$463.3 GF \$410.1 Other	+\$14.2 Total +\$9.1 GF +\$5.1 Other
Alaska Commission on Aging (Senior & Disabilities Services)	\$538.7 Total \$72.2 GF \$0 Federal \$466.5 Other	\$406.1 Total \$71.6 GF \$214.9 Federal \$119.6 Other	-\$132.6 Total -\$0.6 GF +\$214.9 Federal -\$346.9 Other
AHFC Senior Housing Program	\$3,500.0 Total \$1,750.0 AHFC \$1,750.0 Other	\$2,750.0 Total \$1,000.0 AHFC \$1,750.0 Other	-\$750.0 Total -\$750.0 AHFC

DHSS Capital Budget Joint Items for Programs Serving Trust Beneficiaries: Comparison of FY2017 Enacted Budget & Governor's Proposed FY2018 Budget (December 2016)

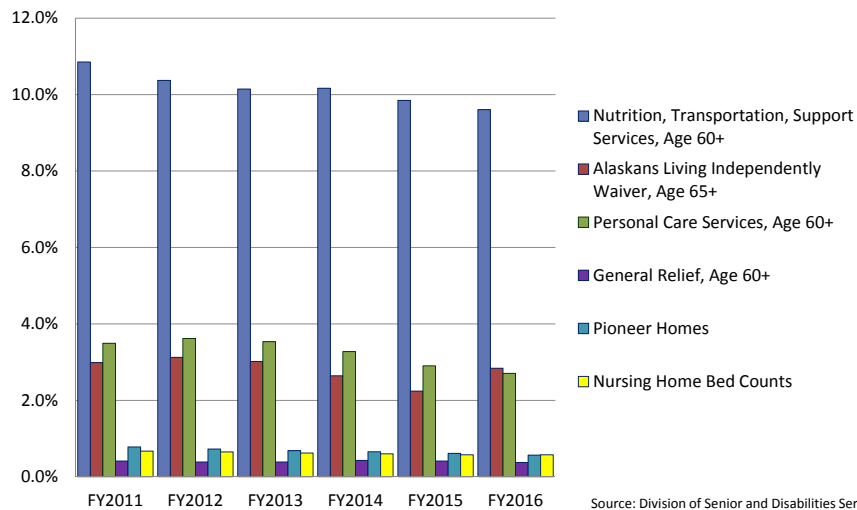
Program	Enacted FY2017 Budget	Proposed FY2018 Governor's Budget	\$ Change FY2017 & FY2018
Home Modification & Upgrades to Retain Housing (DHSS FMS Facilities Section)	\$1,050.0 Total \$250.0 GF \$500.0 GF/MH \$300.0 Other	\$1,050,000 Total \$500.0 GF \$300.0 GF/MH \$250.0 MHTAAR	No change
Deferred Maintenance	\$0 Total	\$250.0 Total \$250.0 MHTAAR	+\$250.0 Total +\$250.0 MHTAAR

Count and Percent of Seniors Receiving Long-Term Support Services, Comparison of FY2015 & FY2016

Program	Number of Seniors and (Percent of Senior Population Served FY2015)	Number of Seniors and (Percent of Senior Population Served FY2016)	Increase / Decrease FY2015 & FY2016
Nutrition, Transportation Support Services, Age 60+	11,859 (10.2%)	11,571 (9.2%)	-288 (-1.0%)
Alaskans Living Independently Waiver, Age 65+	1,678 (2.2%)	1,428 (1.8%)	-250 (-0.4%)
Personal Care Services, Age 60+	3,496 (2.9%)	3,261 (2.6%)	-235 (-0.3%)
General Relief, Age 60+	498 (0.41%)	451 (0.36%)	-47 (-0.5% change)
Pioneer Homes, Age 65	460 (0.61%)	424 (0.54%)	-36 (-.7%)

Data Source: Division of Senior & Disabilities Services, the Alaska Pioneer Homes, Department of Labor and Workforce Development Research and Analysis, Population Estimates, 60+

Percent of Alaska Seniors Receiving Long-Term Support Services, FY2012-2016



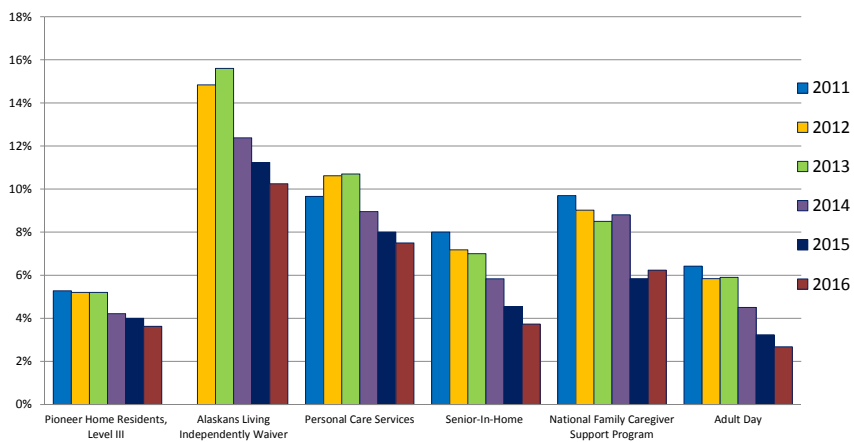
Source: Division of Senior and Disabilities Services; Alaska Pioneer Homes; and Health Care Services, Licensing & Certification

Count and Percent of Senior Trust Beneficiaries with Alzheimer’s Disease and Related Dementias (ADRD) Receiving Select Long-Term Support Services, Comparison of FY2015 & FY2016

Program	Number of ADRD Seniors and (Percent of ADRD Population) Served in FY2015	Number of ADRD Seniors and (Percent of ADRD Population) Served in FY2016	Increase / Decrease FY2015 and FY2016
Adult Day	207 (3.2%)	182 (2.7%)	-25 (-0.5%)
Senior In-Home	291 (4.5%)	254 (3.7%)	-37 (-0.8%)
Family Caregiver Supports	374 (5.8%)	424 (6.2%)	+50 (+0.4%)
Personal Care Services	512 (8.0%)	510 (7.5%)	-2 (-0.5%)
Alaskans Living Independently Waiver	719 (11.2%)	697 (10.3%)	-22 (-0.9%)
Pioneer Homes	274 (4.3%)	247 (3.6%)	-27 (-0.7%)

Source: Division of Senior & Disabilities Services and the Alaska Pioneer Homes

Percentage of Seniors Receiving Select Services who have Alzheimer’s Disease and Related Dementias, FY2011-FY2016



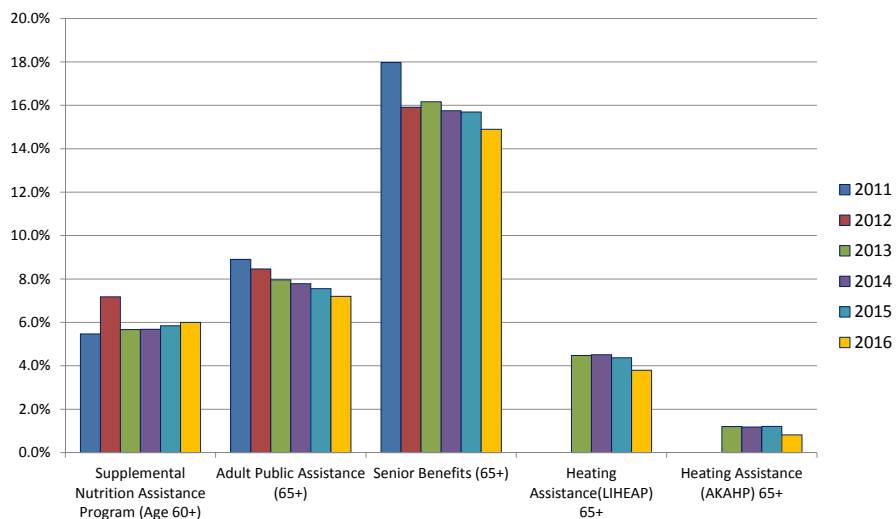
Source: Alaska Pioneer Homes and Division of Senior and Disabilities Services

Count and Percent of Senior Population Receiving Financial Assistance, Comparison of FY2015 & FY2016

Program	Number of Seniors and (Percent of Senior Population) Served, FY2015	Numbers of Seniors and (Percent of Senior Population) Served, FY2016	Increase / Decrease FY2015 & FY2016
Senior Benefits (Age 65+)	11,746 (15.7%)	11,784 (14.9%)	+38 (-0.8%)
Supplemental Nutrition Assistance Program (Age 60+)	7,042 (5.8%)	7,573 (6.0%)	+531 (+0.2%)
Adult Public Assistance (Age 65+)	5,657 (7.6%)	5,713 (7.2%)	+56 (-0.4%)
Low Income Home Energy Assistance Program (LIHEAP) (Age 65+)	3,273 (4.3%)	3,020 (3.8%)	-253 (-0.5%)
Alaska Affordable Heating Program (AKAHP) (Age 65+)	906 (1.2%)	649 (.82%)	-257 (-0.38%)

Data Source: Division of Public Assistance and Department of Labor and Workforce Development Research and Analysis, Population Estimates, 60+

Percentage of Senior Population Receiving Financial Assistance, FY2011-FY2016



Data Source: Division of Public Assistance

What is the estimated cost to provide long-term support services for seniors?

Program in FY2016	Number of seniors served	Average annual cost/person	Total Costs
Senior Community Based Grants (age 60+)	27,091	\$435	\$11,784,585
Personal Care Services (age 60+)	3,261	\$18,183	\$59,294,763
Alaskans Living Independently (ALI) Waiver (age 65+)	1,428	\$32,868	\$46,935,504
Alaska Pioneer Homes (December 2016)	Level 1: 54 residents Level 2: 118 residents Level 3: 252 residents	\$77,981 \$103,014 \$161,942	\$57,176,010
Nursing Home Placement (Medicaid recipients only, age 60+)	622	\$153,009	\$95,171,598
Total Costs of Care			\$270,362,460
Total if all seniors eligible for nursing home and the ALI waiver received services in the nursing home.			\$444,480,723

Source: Estimated costs based on information provided by Division of Senior & Disabilities Services (December 2016 & January 2017) & the Alaska Pioneer Homes Occupancy Report (December 2016) and FY2016 legislative presentation.

ACoA Advocacy Priorities

Key Policy and Legislative Recommendations

Bills of Interest



ACoA Policy & Legislative Recommendations

- **Protect Senior Safety Net**
 - Maintain programs to improve access to health care and provide appropriate long-term support services (Legislative Recommendation).
 - Uphold funding for programs, such as Senior Benefits, that provide financial assistance to those most in need (Legislative Recommendation).
- **Provide appropriate supports for Family & other Natural Caregivers**
 - Sustain training, respite, counseling, and other supports provided by the Family Caregivers Support program, SDS Senior Community Grants (Legislative Recommendation).
 - Continue efforts to identify low-tech and high-tech assistive and smart home technologies to promote greater independence and provide caregiver support (Administrative Recommendation).
 - Adopt a uniform family caregiver assessment tool to offer person-centered caregiver support and training (Administrative Recommendation).
- **Improve capacity to serve Senior Trust Beneficiaries with ADRD and other vulnerable older Alaskans**
 - Move forward with the proposed 1915(i) Medicaid State Plan option to target those with dementia and challenging behaviors who live in the community and to increase federal funding for the Pioneer Homes (Administrative Recommendation)
 - Maintain base grant funding for Adult Day, Senior In-Home, and Alzheimer's Disease and Related Dementia Education and Supports program to provide services for those who live in the community and require assistance but are not Medicaid eligible (Legislative Recommendation).

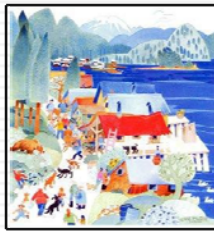
Bills of Interest, as of 1-23-2017

- HB 16, Disability: ID/License and Training Requirements (Rep Thompson)
- HB 43, New Drugs for the Terminally Ill (Reps Grenn, Kawasaki, Gara, Drummond)/SB 19, New Drugs for the Terminally Ill (Senator Wielechowski)
- HB 54, Voluntary Termination of Life by Terminally Ill Individuals (Rep Drummond)
- HB 67, Food Stamps; Work Requirements; Time Limits (Reps Eastman and Rauscher)
- SB 16, Fiduciary Access to Digital Assets (Senator Hughes)
- Protection of Vulnerable Adults (anticipated)

ACoA's Senior Legislative Advocacy teleconferences begin Thursday, January 26 and will be held every other week during session, 9:30 a.m. to 11:00 a.m.

ACoA Special Projects & Collaborations

Governor's Housing Summit Update, Senior Housing Workgroup
 Alaska State Plan for Senior Services, FY2016-FY2019
 Alaska's Roadmap to Address ADRD



Alaska's State Plan for Senior Services, FY2016-FY2019



Alaska's Roadmap to Address Alzheimer's Disease and Related Dementias

Governor's Housing Summit Update Senior Housing Workgroup

Governor's Housing Summit Update event took place at the Alaska Public Health Summit (January 17).

Senior Housing Workgroup identified as one of 6 focus groups presenting efforts to date. Efforts highlighted from the senior housing workgroup include:

- Implementation of housing-related strategies in the State Plan for Senior Services and the ADRD Roadmap including:
 - Improved awareness about renovation loan options to make accessibility improvements through community education events (AHFC Senior Housing)
 - Explore use of "cash and counseling" method for Medicaid recipients to use funds to pay for environmental modifications to improve accessibility (Division of Senior and Disabilities Services).
 - Completion of 53 HomeMAP assessments for seniors to identify ways to improve home accessibility (State Independent Living Centers)
 - Restoration of capital funding for AHFC's Senior Citizen Development Fund (ACoA, AK Association of Housing Authorities, AgeNET, and other partners)
- Pilot a roommate finder service for seniors – Two regions are considering this option.
- Advocacy for sunrise legislation for the Alaska Commission on Aging was successful with passage of SB 124.

Alaska State Plan for Senior Services, FY2016-FY2019 Implementation Progress Report

- Annual State Plan for Senior Services implementation meeting was held on December 6, 2016 with 27 partner agency representatives attending.
- State Plan has 6 goals, 28 corresponding objectives, and 52 performance measures.
- Meeting purpose: Partner agencies to review progress made with implementation of State Plan strategies and to discuss their FY2018 plans with other agency partners.
- Implementation activities reported focused on low-cost strategies to achieve positive outcomes.
- A written implementation report will be distributed to policy makers in February.

Implementation of Alaska's Roadmap to Address ADRD, Progress Update

- The annual ADRD Roadmap meeting was held on December 9, 2016 with approximately 40 participants attending.
- Key Takeaways from the meeting:
 - ▣ Progress was reported for many of the Roadmap's goals and recommendations with action items planned for 2017.
 - ▣ DHSS and the Trust are working with HCBS Strategies and Agnew::Beck to identify another Medicaid authority to serve persons with ADRD and evaluating the prospects of a limited benefit package for the 1915(i).
 - ▣ A draft implementation report has been developed.

ACoA Board Update

- New Commissioner Appointments
- Alaska Commission on Aging Board Meeting



Introducing Linda Combs, ACoA Commissioner Appointed September 2016, Public Member Seat



PROFESSIONAL WORK EXPERIENCE:

- ❖ Elected as Palmer City Council Deputy Mayor, October 2016

COMMUNITY SERVICE:

- ❖ Elected as Palmer City Council Member for 2nd term, October 2014
- ❖ Served as "First Lady" to Palmer 2004-2010
- ❖ Awarded the Community Service Award from Census, 2010
- ❖ Employed by St. Michael Catholic Church, 2001-2009
- ❖ Member of the Mat-Su Hospice Foundation, 2007-2008
- ❖ Employed by the Valdez School District, 1981-1986

Welcome Back Banarsi Lal, ACoA Commissioner Appointed September 2016, Public Member Seat



PROFESSIONAL WORK EXPERIENCE:

- ❖ Retired Director of Behavioral Health Services, Fairbanks Native Association, 1996-2000
- ❖ Director of Alcoholism and Drug Abuse Services, Fairbanks Native Association, 1975-1996
- ❖ Employed by Fairbanks Resource Agency, 1972-1975
- ❖ M.A. in Psychology from Agra University India and MSW from Lucknow University, India. Honorary Doctorate awarded by the University of Alaska, Fairbanks

COMMUNITY SERVICE:

- ❖ Alaska Commission on Aging, former Commissioner and Board Chair
- ❖ Chair, Pioneer Home Advisory Board & Board Member
- ❖ Chair, Fairbanks North Star Borough Senior Citizens' Advisory Commission
- ❖ Fairbanks North Star Borough Health and Social Services Commission
- ❖ Governor's Council on Disabilities and Special Education
- ❖ Advisory Board on Alcoholism and Drug Abuse

Thank you. Questions?



*Alaska Commission on Aging Legislative Advocacy & Rural Outreach Meeting
February 6-10, 2017*