Keep Them Safe
Alaska is number one in the US in gun deaths

Veterans: Press 1
1-800-273-TALK (8255)

National Suicide Prevention Lifeline
1-877-266-HELP (4357)

Alaska Careline
Call 911 for emergencies
Suicide Warning Signs

These are common warning signs that someone is at risk of suicide:

• Threatening to hurt or kill him or herself, or talking about wanting to hurt or kill him or herself.
• Looking for ways to kill himself or herself by seeking access to firearms, pills or medications, or other means.
• Talking or writing about death, dying or suicide when these actions are out of the ordinary for the person.
• Acting recklessly or engaging in risky activities—seemingly without thinking.
• Experiencing dramatic mood changes.
• Expressing feelings of purposeless or seeing no reason for living.

Firearms Safety Checklist

• Properly storing your firearm and ammunition can reduce the risk of suicide and unintentional injury.
• Keep firearms unloaded and ammunition in a place that cannot be accessed by children and unauthorized adults.
• Store ammunition separate from firearms.
• Regularly reassess to ensure safe storage of firearms, especially during periods of increased stress or emotional crisis.
• When someone feels overwhelmed in a crisis, safely and securely storing firearms can provide critical life-saving moments between impulse and action.

Information is from the American Association of Suicidology