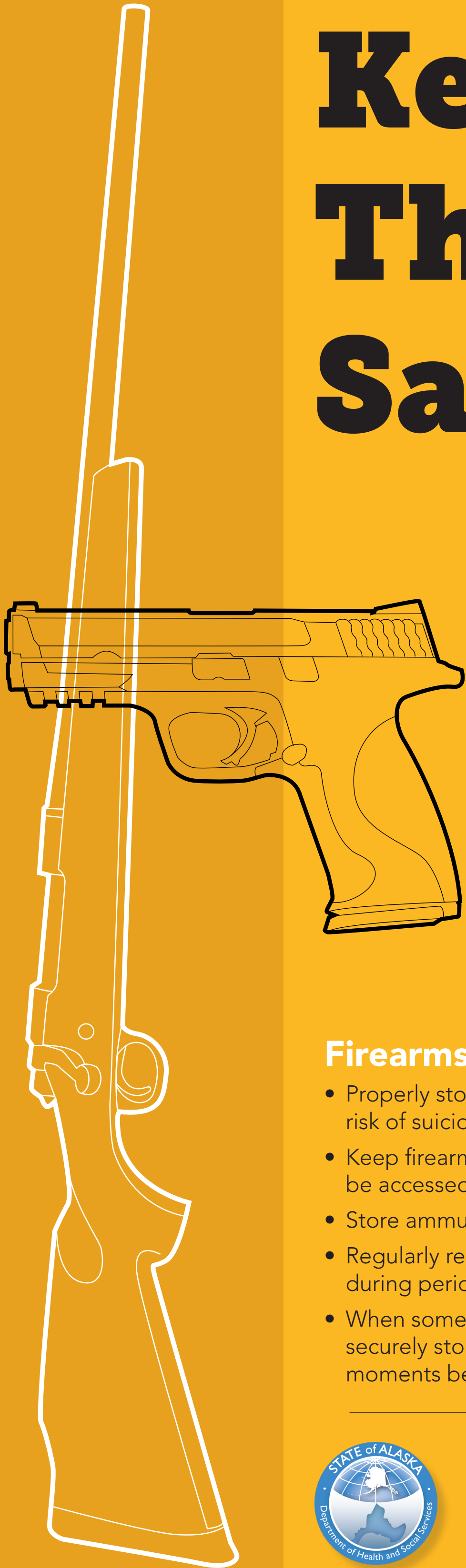


Keep Them Safe

Safely and securely storing firearms can provide critical life-saving moments between impulse and action.



Alaska is number one in the US in gun deaths

- Alaskans die by guns at almost double the national rate.
- Nearly 2/3 of all suicides in Alaska involve firearms.
- Alaskans are four times more likely to die by suicide from a firearm than in a homicide.
- Nearly 1/3 of all suicide deaths by firearm in Alaska are by someone who has experienced at least one mental health condition such as depression, anxiety disorder, or bipolar disorder.
- Those living in households where firearms are stored locked have a lower risk of suicide than those where firearms are stored unlocked.

Firearms Safety Checklist

- Properly storing your firearm and ammunition can reduce the risk of suicide and unintentional injury.
- Keep firearms unloaded and ammunition in a place that cannot be accessed by children and unauthorized adults.
- Store ammunition separate from firearms.
- Regularly reassess to ensure safe storage of firearms, especially during periods of increased stress or emotional crisis.
- When someone feels overwhelmed in a crisis, safely and securely storing firearms can provide critical life-saving moments between impulse and action.



Trust
Alaska Mental Health
Trust Authority

**Call 911 for
emergencies**
Alaska Careline
1-877-266-HELP (4357)

**National Suicide
Prevention Lifeline**
1-800-273-TALK (8255)
Veterans: Press 1