Alaska Department of Corrections

HMCC WOMEN'S INTEGRATED CARE UNIT





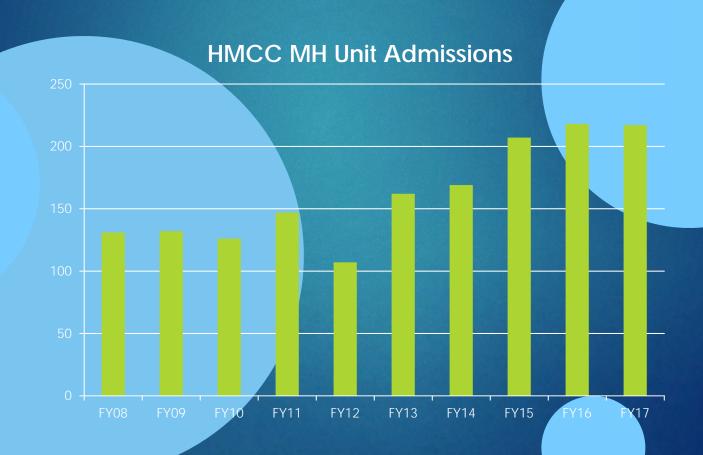
A growing need

- The Department of Corrections remains the largest behavioral health provider in the state.
- There has been a 19% increase in the number of offenders diagnosed with Severe & Persistent Mental Illness (SPMI) since FY08.
- There is a rapidly growing number of dually diagnosed offenders entering the system.
- They come to DOC with more complicated medical and psychiatric needs due to the increased use of street drugs—spice, heroin and meth; as well as increased prescription drug use.
- The number of opioid related overdoses is on the rise.

The growing needs of female offenders

- Female Beneficiaries represent 30% of Trust Beneficiaries served within DOC.
 - DOC has 840 female Beneficiaries in custody on any given day.
- The number of female Beneficiaries being served in DOC continues to increase.

There has been a 65.6% increase in Beneficiary admissions to the women's acute unit since 2008.



Women in rural communities are placed in segregation while they wait for an acute mental health bed to become

available.



Because DOC has outgrown space for acute treatment of women, female offenders with SPMI are frequently placed in segregation for their safety while awaiting placement on the acute unit.

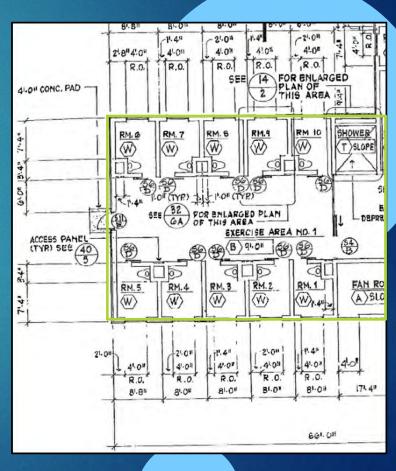


- The State has declared a state of emergency related to the opioid epidemic we are facing.
- Alaska's alcohol mortality rate is 3x the national average.
- Female beneficiaries do not have equivalent detox services available in DOC and therefore must go through acute withdrawal in the men's infirmary.

21 years ago, with a \$1m investment from the MHTA, DOC developed and staffed the first dedicated mental health

unit for female offenders.

The women's acute mental health unit, a former segregation unit retrofitted to serve as a treatment unit, is always full and often overcapacity.



- ▶ 850 SF unit
- ▶ 425 SF day room







10 cells with 18 beds





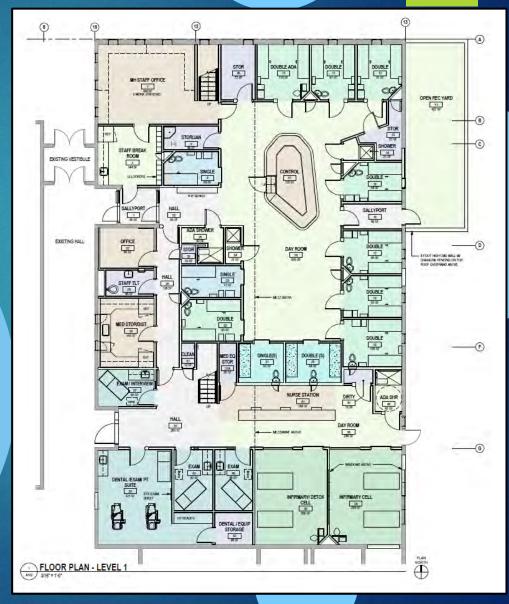


300 SF outdoor rec space

Because of the disparity between men's and women's mental health treatment, the increased number of mentally ill females held in segregation and because of the safety concern for those who experience acute withdrawal, the Department has developed a plan to remodel an existing area of HMCC to meet the increasing needs of these offenders.

Where we are headed

- ▶ 3801 SF unit
- ▶ 27 beds
 - **23** MH beds
 - 4 detox beds
- > 905 SF day room
- 427 SF outdoor rec space
- A group tx room
- 3 private interview rooms



Benefits of an integrated care unit

- Decrease the number of SPMI being placed in segregation.
- Parity for female beneficiaries and safe space for female prisoners to medically detox.
- Reduce the wait time for SPMI offenders in rural areas to get to treatment.
- Provide a more therapeutic environment.
- Shared resources.
- Provide true integrated care for Beneficiaries.
 - Many present with significant complex medical issues/conditions.
 - Dementia
 - Serious suicide attempts requiring medical attention
 - ► End of life patients needing palliative care

The investment

- ► HMCC Integrated Care Unit Project Estimate: \$3.89m
 - ► Mental Health Unit \$2.29m
 - Medical Unit \$1.6m
- ▶ Total spent on the HMCC Integrated Unit:
 - \$105,462 to date
 - ▶ \$161,091 pending
 - ► Environmental safety scans are complete.
 - Preliminary architectural drawings are complete.
 - Revisions and design modifications are underway.



Thank you for your continued support.