

MEETING AGENDA

Meeting: Board of Trustee
Date: May 8-9, 2019
Time: 8:00 AM
Location: Wedgewood Resort, 212 Wedgewood Dr, Fairbanks
Teleconference: (844) 740-1264 / Meeting Number: 809 111 949 # / Attendee No: #
<http://thetrust.webex.com>
Trustees: Mary Jane Michael (Chair), Verné Boerner, Chris Cooke, Laraine Derr, Paula Easley, Ken McCarty, John Sturgeon

Wednesday, May 8, 2019

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8:00	Call to Order – Mary Jane Michael, Chair	
	Roll Call	
	Approval of Agenda	
	Review of Guiding Principles	6
	Ethics Disclosure	
	Approval of Minutes	
	• January 3, 2019	13
	• January 30-31, 2019	19
	Current Bylaws	50
	Board Elections	
8:20	Mission Moment	
	Breadline	
8:45	Staff Report	
	CEO Update	
9:15	Statutory Advisor Update	57
	• Patrick Reinhart, Executive Director, Governor’s Council on Disabilities and Special Education	
	• Lesley Thompson, Planner, Alaska Commission on Aging	
	• Bev Schoonover, Acting Executive Director, Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse	
10:15	Break	
10:30	Finance Committee Report / Update	75
	• Real Estate Options Follow-up	

Wednesday, May 8, 2019 (continued)

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**11:00 Asset Management Policy Statement / Resource Management
Strategy Update**

- Mike Abbott & Andrew Stemp

11:45 Resource Management Committee Report / Update

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12:00 Catered Lunch

1:00 Recess

4:30 Public Comment

- For Public Comment Guidelines click [here](#)

Recess

Thursday, May 9, 2018

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12:15	Catered Lunch	
12:45	Call to Order Announcements	
12:50	Communications Update	
1:20	Approvals	
	• Set Free Alaska / Homer SUD	82
	• Alaska Public Media	87
1:50	Program & Planning Committee Report / Update	92
2:05	Trustee Training	
	• Tim Parker, Department of Administration	
3:05	Trustee Comments	
3:15	Adjourn	
 <u>Additional Documents</u>		
	• Finance Committee Report	75
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	• Program & Planning Committee Report	92

Future Meeting Dates

Full Board of Trustee / Program & Planning / Resource Management / Audit & Risk / Finance

(Updated – April 30, 2019)

- | | | |
|--------------------------------|----------------------------|------------------------|
| • Audit & Risk Committee | <cancelled> | |
| • Finance Committee | April 17, 2019 | (Wed) |
| • Resource Mgt Committee | April 17, 2019 | (Wed) |
| • Program & Planning Committee | April 18, 2019 | (Thu) |
| • Full Board of Trustee | May 8-9, 2019 | (Wed, Thu) – Fairbanks |
| | | |
| • Program & Planning Committee | July 30-31, 2019 | (Tue, Wed) |
| • Audit & Risk Committee | August 1, 2019 | (Thu) |
| • Finance Committee | August 1, 2019 | (Thu) |
| • Resource Mgt Committee | August 1, 2019 | (Thu) |
| • Full Board of Trustee | August 28-29, 2019 | (Wed, Thu) – Anchorage |
| | | |
| • Full Board of Trustee | November 6-7, 2019 | (Wed, Thu) – Anchorage |
| | | |
| • Audit & Risk Committee | January 3, 2020 | (Fri) |
| • Finance Committee | January 3, 2020 | (Fri) |
| • Resource Mgt Committee | January 3, 2020 | (Fri) |
| • Program & Planning Committee | January 3, 2020 | (Fri) |
| • Full Board of Trustee | January 29-30, 2020 | (Wed, Thu) – Juneau |

Future Meeting Dates Statutory Advisory Boards (Updated – April 30, 2019)

Alaska Mental Health Board / Advisory Board on Alcoholism and Drug Abuse

- Executive Committee – monthly via teleconference (First Wednesday of the Month)
- September 23-27, 2019 – Kenai or Anchorage <tentative>

Governor's Council on Disabilities and Special Education

- May 14, 2019 – ZOOM/Webinar/Teleconference
- Oct 2-3, 2019 - Anchorage (pre-meeting for Autism Ad Hoc on Oct 1)

Alaska Commission on Aging

- May 1, 2019 by video/teleconference
- September 12-15, 2019 – ACOA Rural Outreach

**The Trust's
Guiding Principles /
Mission Statement /
Trust Budget
Process Flowcharts**

Trust Guiding Principles

To improve the lives of Trust beneficiaries, The Trust is committed to:

Education of the public and policymakers on beneficiary needs;

Collaboration with consumers and partner advocates;

Maximizing beneficiary input into programs;

Continually improving results for beneficiaries;

Prioritizing services for beneficiaries at risk of institutionalization or needing long-term, intensive care;

Useful and timely data for evaluating program results;

Inclusion of early intervention and prevention components in programs;

Provision of reasonably necessary beneficiary services based on ability to pay.

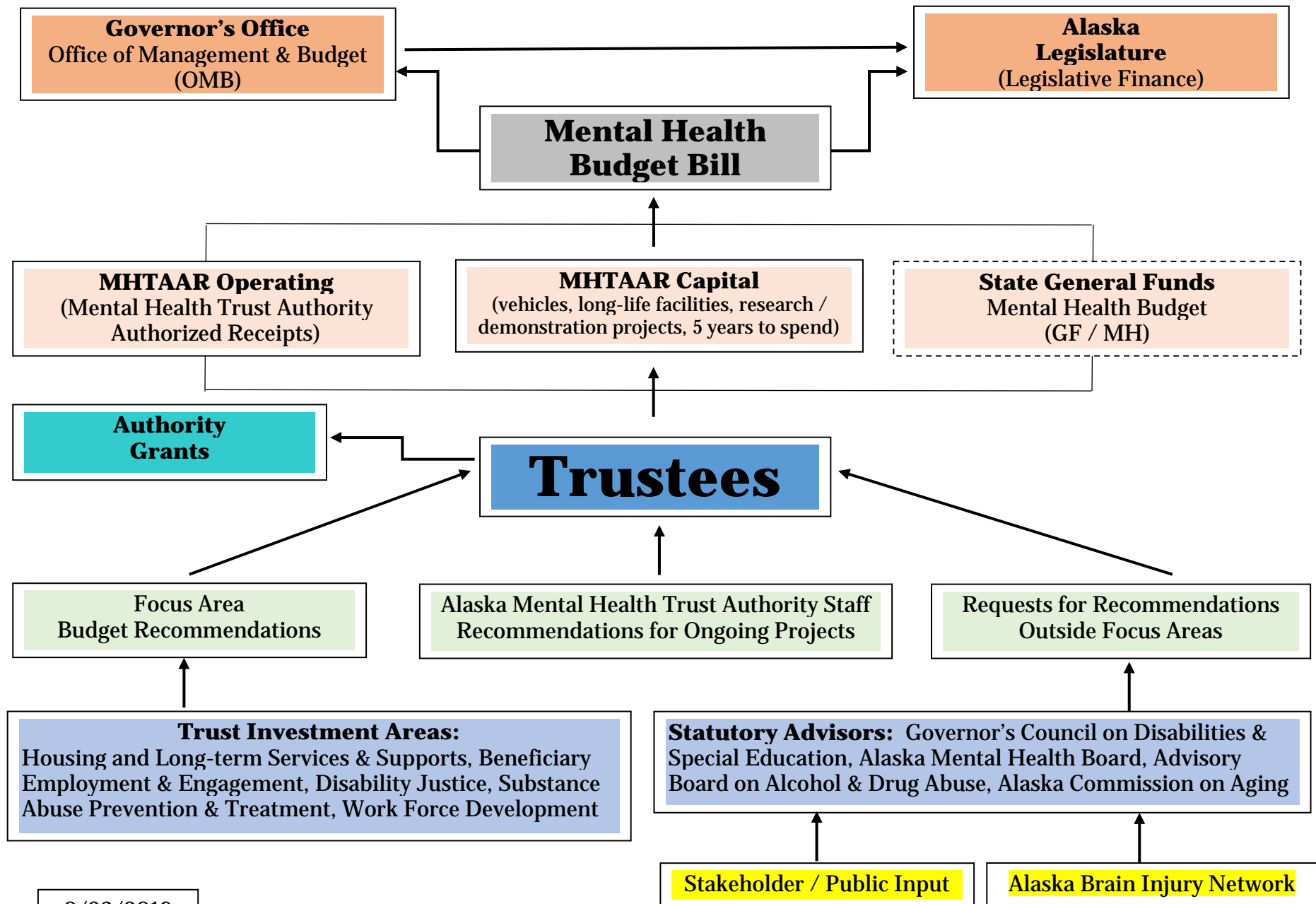
Approved 5-12-09, Board of Trustee meeting

Trust Mission Statement

The Alaska Mental Health Trust Authority (The Trust) administers the Mental Health Trust to improve the lives of beneficiaries. Trustees have a fiduciary responsibility to protect and enhance trust assets in perpetuity for the beneficiaries. The Trust provides leadership in advocacy, planning, implementing and funding of the Comprehensive Integrated Mental Health Program; and acts as a catalyst for change.

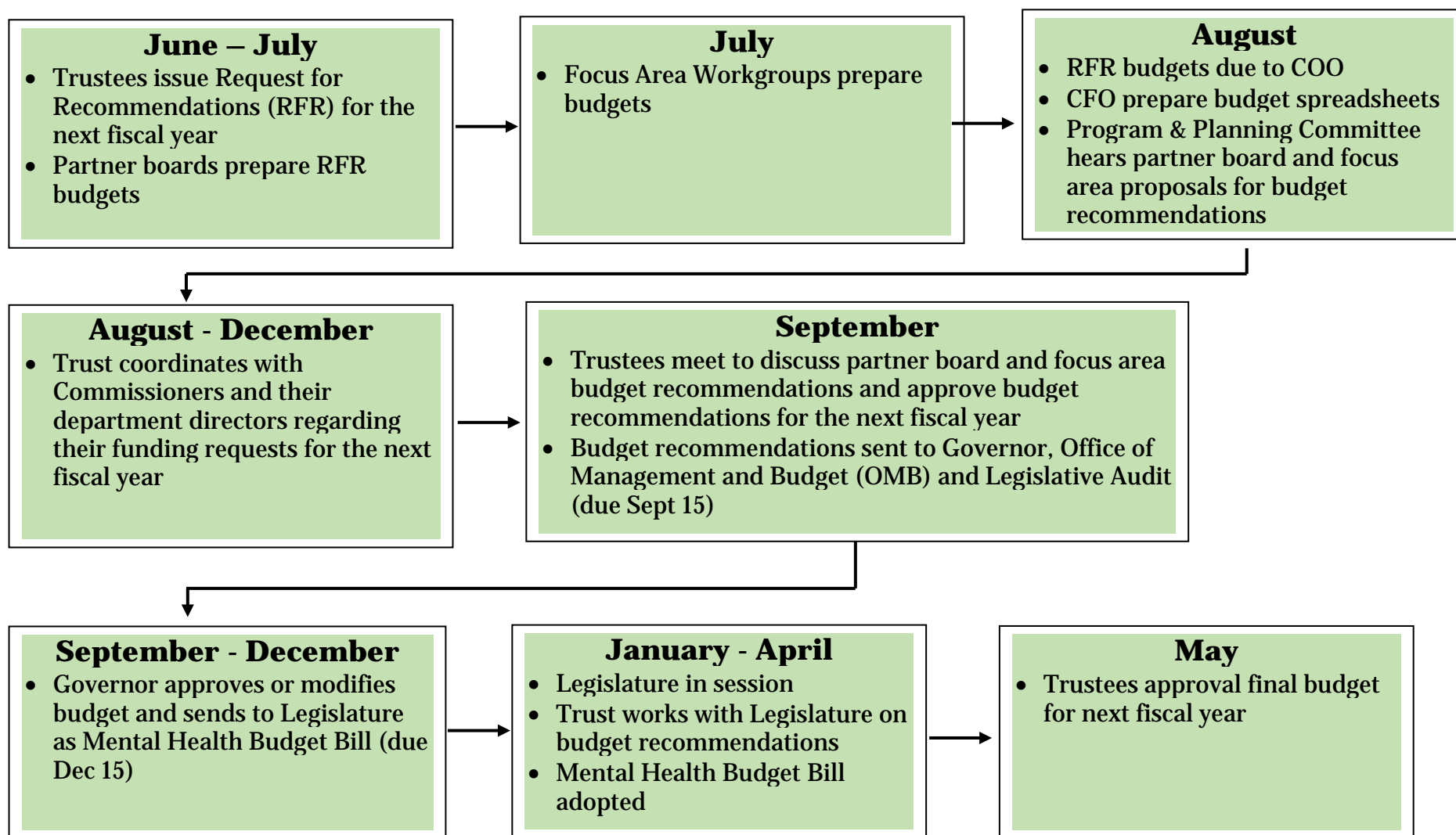
Approved 5-12-09, Board of Trustee meeting

Alaska Mental Health Trust Authority Budget Process



0/23/2019

Annual Mental Health Budget Bill Process

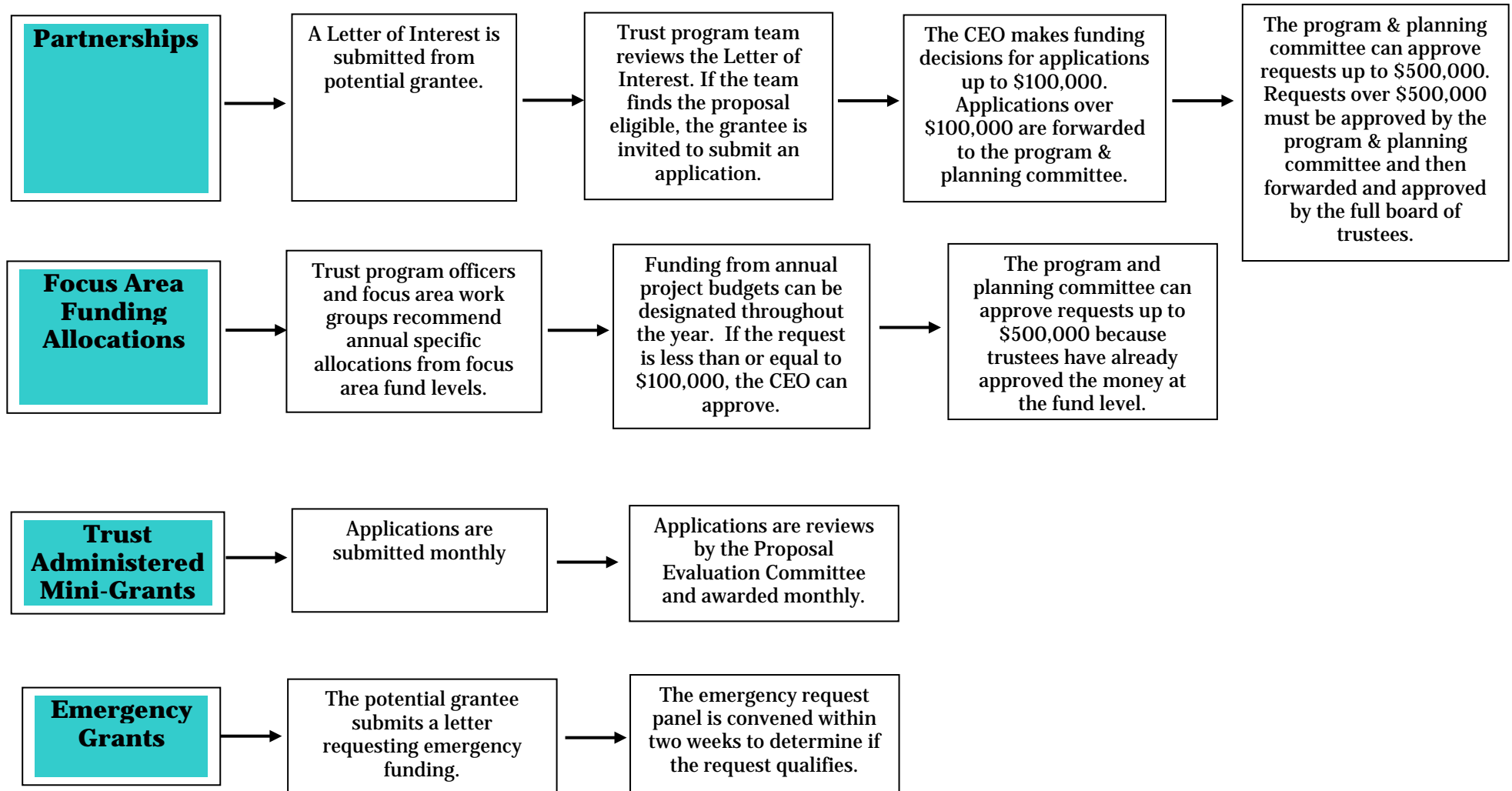


Note: timeline represents those items in the green boxes in the chart entitled “Alaska Mental Health Budget Process”

01/23/2019

Grant Approval Process for Authority Grant Funds

All annual budgets are approved by the full board of trustees at the September meeting



Note: this chart depicts those items included in the teal box labeled "Authority Grants" on the chart entitled "Alaska Mental Health Trust Authority Budget Process"

Revised: 01/23/2019

Trust Annual Calendar

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Board Administration												
Trustee reports due to APOC – Mar 15			XX									
Trustee committee assignments					XX							
Officer elections									XX			
Board evaluations										XX	XX	
CEO evaluation											XX	
Trust Administration												
Legislature convenes	XX											
Trustees present budget to House/ Senate Finance Committees	XX	XX										
Legislature adjourns				XX								
Request for Recommendations (RFR) issued to partner boards April 30				XX								
Fiscal year ends June 30						XX						
Fiscal year begins July 1							XX					
RFRs due from partner boards July 30							XX					
Advocacy Summit											XX	
Staff drafts Trust office budget for next fiscal year								XX				
Staff coordinates w/DHSS on budget								XX	XX	XX	XX	XX
Trustee meeting to approve next fiscal year budget									XX			
Trust budget recommendations due September 15 to Governor/ Legislative Finance									XX			
Financial audit begins							XX					
Financial audit completed										XX		
Staff coordinates with OMB/DHSS on budget recommendations										XX	XX	XX
Trustees meet to finalize budget											XX	
Governor's budget released December 15												XX

04/17/15

**Minutes for the
January 3, 2019
Full Board of Trustee
Meeting**

ALASKA MENTAL HEALTH TRUST AUTHORITY

SPECIAL FULL BOARD MEETING

January 3, 2019

11:06 a.m.

Taken at:

**3745 Community Park Loop, Suite 120
Anchorage, Alaska**

OFFICIAL MINUTES

Trustees Present:

Mary Jane Michael, Chair

Laraine Derr (via Speakerphone)

Paula Easley

Carlton Smith

Chris Cooke

Verne' Boerner

Jerome Selby (via Speakerphone)

Trust Staff Present:

Mike Abbott

Steve Williams

Miri Smith-Coolidge

Kelda Barstad

Andy Stemp

Luke Lind

Michael Baldwin

Carrie Predeger

Katie Baldwin-Johnson

Jimael Johnson

Valette Keller

Eric Boyer

Autumn Veal

Trust Land Office:

Wyn Menefee

Jusdi Doucet

Sarah Morrison

Paul Slenkamp

Aaron O'Quinn

PROCEEDINGS

CALL TO ORDER

CHAIR MICHAEL called the meeting to order and acknowledged that all the trustees are present. She asked for any announcements. There being none, she moved to approval of the agenda.

APPROVAL OF AGENDA

MOTION: A motion was made to approve the agenda by TRUSTEE COOKE;
seconded by TRUSTEE BOERNER.

MR. ABBOTT asked to add a brief CEO report at the end of the agenda.

There being no objection, the MOTION was approved.

ETHICS DISCLOSURES

There were no ethics disclosures.

CHAIR MICHAEL recognized Wyn Menefee to introduce the Forest Service Exchange.

FOREST SERVICE EXCHANGE

MR. MENEFEE stated that there have been multiple discussions with the Board over time about the Forest Service Exchange. A Federal bill and a State bill were done to approve this exchange. He continued that now it comes back to the Board to get a final approval. He asked Aaron O'Quinn to go through the presentation.

MR. O'QUINN recognized Paul Slenkamp for the tremendous job of going through the data, temporary inventory and appraisal data and distilling it down to numbers that lay folks can understand. He continued and walked through what had been done on the exchange so far, where the process is, and that this is specifically seeking some approvals from the Board that are required by the State law. In Phase I appraisals, two large parcels in Ketchikan that were given to the Forest Service in exchange for about 2400 acres on Naukati, on Prince of Wales Island, were completed. The BLM completed the surveys of the Federal Phase I lands. He added that some trespass issues were identified, largely in Petersburg and Wrangell, which are 70 percent resolved. All title reviews and environmental clearances are complete for Phase I. In Phase II appraisals, which were for the bulk of the remaining land, need to be done. Some minor boundary adjustments based on things discovered during inspection need to be made. The environmental inspections have a six-month time limit and will have to be renewed, revisited and updated. He stated that \$6.3 million was asked for from the Board to complete the process. To date, \$3.3 million has been spent and, in general, everything is right on schedule. What is needed today is a Board decision to make the State law that authorizes the exchange effective. He continued that the TLO's recommendation is that the Board of Trustees approve the exchange. He walked through the analysis on the revenue challenges on the existing Trust land.

MR. SLENKAMP stated that this appraisal was extremely complicated with 11 years spent on this project and it was impossible to really determine what this value-for-value exchange would look like until the Phase I appraisal was received. The belief is that the Trust will at least receive 10,880 acres of Naukati, which is prime timberland. A lot of time and effort to identify lands

that will have long-term value to the Trust and provide ongoing revenue was done. He added that \$15.4 million has been identified from the Naukati lands that will be returned. There is also a large young growth component coming through on this property which will provide additional revenue.

CHAIR MICHAEL asked if was there any ability to have compensation with land, with the \$6.3 million associated with the exchange.

MR. SLENKAMP replied that the point of the legislation was that the Trust Authority would compensate all associated costs of the land exchange.

MR. MENEFEE noted that costs were shaved wherever they could be, but we are obligated by the laws to actually pay for those costs.

MR. SLENKAMP explained the complicated appraisal process. He continued and stated that he worked through the Phase II parcels trying to determine timber value. There is extraordinary timber in the Petersburg parcel, almost 50 million board feet; another 38 million board feet on the Deer Mountain parcel. He sees some very good equity coming through that for initial value balancing.

TRUSTEE EASLEY commented that she is grateful that Mr. Slenkamp did not retire sometime back. Since she was involved in this project from inception, she made the motion to approve the land exchange.

MOTION: A motion that the Alaska Mental Health Trust Authority Board of Trustees approve the land exchange contemplated by the Alaska Mental Health Land Exchange Act of 2017 as required by 2020 SLA 17 Section 6(a)3 was made by TRUSTEE EASLEY; seconded by TRUSTEE SELBY.

There being no objection, the MOTION was approved.

MOTION: A motion upon the Board approval of the land exchange in MOTION 1, and in recognition that the executive director of the Trust Land Office has completed the best interest decision required by 22 SLA 17 Section 6(a)1(2) have occurred and 22 SLA 17 an actively legislature approving the exchange contemplated by the Alaska Mental Health Land Exchange Act of 2017 shall take effect was made by TRUSTEE EASLEY; seconded by TRUSTEE COOKE.

(P29 L3-15)

TRUSTEE SMITH stated that this was a big deal and called for a standing ovation.

(Standing ovation.)

There being no objection, the MOTION was approved.

MR. MENEFEE stated appreciation for the comments and sentiments. He continued that they are proceeding forward to get the letter to the lieutenant governor signed, and are looking forward to getting Phase I done.

CHAIR MICHAEL thanked them for the good work and stated appreciation from the Board.

TRUSTEE SELBY commended Mr. Menefee and his staff for their perseverance on this matter. He also commended them on their alertness of reviewing that appraisal which made a significant financial difference to the Trust. He added that, in addition to accomplishing the exchange, they made a much better exchange in terms of value for the Trust, which is very significant.

CEO REPORT

CHAIR MICHAEL recognized Mike Abbott.

MR. ABBOTT distributed two quarterly reports. One which described the TLO consultations that have been made the previous quarter, under the CEO's authority, and the other quarterly report with the grant authorizations will also be included. Notable on the grant authorizations are the earthquake recovery grants that were recently made. He stated appreciation for the program team staff for working quickly in concert with a couple of other partner agencies for gathering information about affected nonprofits, many of which were Trust partners, and coming up with a way to measure the impact the earthquakes had, and then to immediately deploy funds to offset near-term financial impacts of the earthquake. He continued that only happened because staff knows the partners well and the Board has given the authority to act nimbly in that regard. He stated that he will be going to Ketchikan with the primary purpose of delivering a thank you message to the community for supporting the Southeast Land Exchange. He reported that it is essentially complete and underway. He continued that there is a big ad going in the Ketchikan Daily News and hoped to be able to do a couple of media interviews to deliver the same message. From there he will head to Juneau to meet with a group of community leaders that Trustee Smith has arranged, and also hoped to meet with the Permanent Fund leadership while out there. He recognized some important employment milestones among Trust team members: Debbie DeLong had her five-year anniversary as a state employee, all of which was at the Trust; Michael Baldwin met his ten-year anniversary, all as a Trustee employee; Katie Baldwin also met her ten-year anniversary; Valette Keller celebrated her ten-year anniversary as a state employee, four of which were for the Trust; and Luke Lind, longest tenured employee, had his 15th anniversary as a state employee, all at the Trust. He asked all to thank them.

(Applause.)

TRUSTEE COOKE asked if there has been any kind of update from the Governor's office about the nominations that were submitted for reappointment or appointment to the Board.

MR. ABBOTT replied that there has been no update from the Governor's office. He added that he has heard indirectly through different channels that the recommendations are under consideration, but no information about the timing.

TRUSTEE BOERNER thanked the CEO and staff for the presentations done both for the mental health directors and for ANHB. She also thanked him for his upcoming travels and the work done there, and offered congratulations to everyone that has put in the years and efforts for the Trust.

TRUSTEE SELBY commended the staff for continuing to do an outstanding job of getting the

work done, and some of the things on the agenda are pretty significant accomplishments.

TRUSTEE DERR agreed with a ditto.

MOTION: A motion to adjourn the meeting was made by TRUSTEE COOKE;
seconded by TRUSTEE BOERNER.

There being no objection, the MOTION was approved.

(Special Full Board Meeting adjourned at 11:53 a.m.)

**Minutes for the
January 30-31, 2019
Full Board of Trustee
Meeting**

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD MEETING

January 30, 2019

11:00 a.m.

Taken at:
320 West Willoughby Avenue
Juneau, Alaska

OFFICIAL MINUTES

Trustees Present:

Mary Jane Michael, Chair
Paula Easley
Carlton Smith
Chris Cooke
Verne' Boerner
Laraine Derr
Jerome Selby (via Speakerphone)

Trust Staff Present:

Mike Abbott
Katie Baldwin-Johnson
Kelda Barstad
Alison Biastock
Eric Boyer
Jimael Johnson
Steve Williams
Miri Smith-Coolidge
Andy Stemp
Travis Welch

Trust Land Office:

Wyn Menefee
Jusdi Doucet

Also participating: Ken McCarty; Joe Riggs; Dave Blanding; Cindee Brown-Mills; Bob Coghill; Commissioner Adam Crum; Deputy Commissioner Al Wall; Denise Daniello; Sharon Fishel; Stuart Goering (via Speakerphone); Lori Grassgreen; Rosemary Hagavig; Brenda Moore; Gennifer Moreau-Johnson; Patrick Reinhart; Bev Schoonover; Pat Sidmore; John Sturgeon; Charlene Tautfest; Teri Tibbett; Al Wall; Bridget Weiss.

PROCEEDINGS

CALL TO ORDER

CHAIR MICHAEL called the meeting to order and began with a roll call. She acknowledged that all the trustees were present and introduced the two new Trust appointees, Joe Riggs and Ken McCarty. She moved to approval of the agenda.

APPROVAL OF AGENDA

MOTION: A motion was made to approve the agenda by TRUSTEE DERR; seconded by TRUSTEE COOKE.

There being no objection, the MOTION WAS APPROVED.

ETHICS DISCLOSURES

CHAIR MICHAEL asked for any ethics disclosures.

There were no ethics disclosures.

APPROVAL OF MINUTES

MOTION: A motion was made to approve the minutes of October 17, 2018, by TRUSTEE DERR; seconded by TRUSTEE COOKE.

There being no objection, the MOTION WAS APPROVED.

MOTION: A motion was made to approve the minutes of November 14, 2018, by TRUSTEE COOKE; seconded by TRUSTEE EASLEY.

There being no objection, the MOTION WAS APPROVED.

CHAIR MICHAEL stated that the current bylaws are in the packet. She recognized and welcomed Commissioner Crum and asked if he would introduce his guest.

STATUTORY ADVISOR UPDATE

COMMISSIONER CRUM introduced his deputy commissioner, Albert Wall. He stated that it has been an eventful eight weeks since he took this position. He continued that behavioral health in Alaska is a very important item and a key component of the Administration. He talked about addressing behavioral health as a whole and walked through some of the progress being made on the comp plan and other items. There was an assessment on how to successfully implement the 1115 waiver, and he thanked all for those fundings. He gave a short synopsis of his background and education in public health. He stated that he had the benefit of putting together a very talented team and asked Albert Wall, deputy commissioner, to introduce himself.

DEPUTY COMMISSIONER WALL stated that he is a native Alaskan, and has been involved in the discussion on behavioral health for many years.

MR. ABBOTT thanked the Commissioner and Deputy Commissioner and stated that the Trust has enjoyed a very rich and robust relationship with the Department, and we are grateful to hear that interest continuing. He asked for any thoughts on the Administration's plans for the Medicaid program. The other question was about API and the plans going forward.

COMMISSIONER CRUM stated appreciation for the partnership. The budget will be fully released on February 13th, and the focus in the Department is to put forth all possible options dealing first with the costs of the programs. The overall communication is going to be that the government will put forth the plan and there will be public input with the Legislature on what services will be provided for Alaskans. The focus right now is working with the partners at the federal level to find a more specific Alaskan focus while the 1115 waiver is set up. He added that Deputy Commissioner Donna Steward is in charge of the Medicaid side, SDS, EPA. There was a proactive discussion with the seniormost partners in how to maximize and update the federal dollars, different programs.

DEPUTY COMMISSIONER WALL stated that the ASO is not a perfunctory decision. Because there are applicants does not mean that it is the best plan for the State. He continued that process will be analyzed in moving forward to make an assessment as to whether or not the services that will be provided will be the absolutely best for Alaskans, and will save money, provide more service on the street and how well that program will be nested with other efforts in the Department, because there are many. He added that the partners will be involved in that process.

MR. ABBOTT asked about API and the need for it.

COMMISSIONER CRUM replied that one of his personal commitments in taking on his role is understanding the importance of API and continuing care in Alaska. He stated that the long-term goal is to stabilize the situation, to make sure it is safe for patients, safe for employees, and then look at what can be done to increase the capacity aspect, both on the forensic side, as well as the long-term care side.

DEPUTY COMMISSIONER WALL talked about his experiences with the inpatient psychiatric issue, having a first-hand look at the backup in lack of care that is currently the norm for inpatient psychiatric needs. It is devastating to communities and to the people. API is a flash point, but it is not the only problem. The inpatient system of care across the state needs help.

TRUSTEE BOERNER asked for any thoughts or design plans that include addressing issues upstream with regards to API.

DEPUTY COMMISSIONER WALL replied that he has been concerned about the actual legal structure regarding the designated evaluation of treatment centers and the innovation commitment clause. He stated that both of those structures are outdated in the statute. Alaska Statutes 47 and 12 were written many years ago and have not been updated or in keeping with the rest of the nation. He is focused on the legal team researching what the laws currently state, what they require, what is being done versus what is required, and updating those laws to match the rest of the American Psychiatric Association laws of what an acceptable practice are for this process. He continued that the second area of focus is the community partnerships. The third area is to help the communities provide services.

TRUSTEE COOKE stated that the Trust has the interest and the ability to participate in reaching a solution with all the other interested parties in the Department and will help in that effort.

MR. McCARTY asked about any immediate things that will be done to prevent that person that is released to come back the following week because they tried to commit suicide again.

DEPUTY COMMISSIONER WALL replied that he will be discussing that at the ASHNA Behavioral Health Committee next week. He stated that he will be discussing how to better serve the hospitals and how to better serve Alaskans through that process.

CHAIR MICHAEL pointed out that people do better in the community. The reason for the size of API was to not have people institutionalized, and that every person deserved a chance to live in the community. Big facilities are not needed if it can be done in the community. She stated the need for strong agencies and coordination. Every person at API has to be looked at individually as to their needs. The community is where people should live, not in institutions. That has to be kept at the forefront of everything.

MR. RIGGS stated that he has had numerous discussions on dealing with mental health budgets, mental health, community-based care, private practice, and addressing some of the inefficiencies in Medicaid and private practitioners and increasing the number of practitioners able to take patients. He stated his willingness to continue to chat about it at a later time.

TRUSTEE SMITH stated that he was working at API in the '70s, and it was a different structure, the old structure. This dialogue is facility-centered, and the priority is the need to move away from a facility-centered discussion. This is a high priority.

COMMISSIONER CRUM stated that API is one piece. There is a need to make sure that this is addressed from a local perspective, a provider perspective. How to encourage people to enter in this field. This is step one.

DEPUTY COMMISSIONER WALL stated that in the short time they have been there he has addressed an absolute focus and emphasis on community partnership and caring for individuals in the community. He continued that the therapeutic environment is a huge issue for treatment, and taking someone from a place they are familiar and comfortable in for treatment for a short time and releasing them is not a therapeutic approach. There is a need for a system of care for people who are being discharged from API, a place where they can go and be stable. He added that there are painful decisions that have to be made to provide services for people, and doing no harm in that process. The information is needed from providers, from the Trust, from the partners so that the right decisions can be made to solve the problems, and not do harm.

TRUSTEE SELBY stated that the comments are encouraging, especially in coming up with a plan of action and doing something. He asked them to remember that part of that picture is the community mental health centers in the state, which have systematically been starved out over the last few budget cuts to where they can only do a portion of what they could be doing in the various communities. He added that these community health centers could do quite a bit more if they were adequately funded and provided the support from the State level to do a better and bigger job helping people closer to home.

MS. BALDWIN-JOHNSON circled back to the 1115 related to the substance use disorder question of that application. She asked if there was anything that could be shared in terms of the intent of that, the timeline, and how that will roll out.

MS. MONREAU-JOHNSON announced that the substance use disorder component of the 1115 was approved. In terms of transitioning to those services, there is an implementation plan that is due for approval for those Medicaid, Medicare services, CMS. That approval is due February 19th. She stated that will have a very aggressive timeline for regulations to support the implementation plan. She added that there is also appropriation from the Legislature for enhanced substance use disorder services.

MS. BALDWIN-JOHNSON asked if the primary intent is to expand access to treatment and communities.

MS. MONREAU-JOHNSON replied that the intent is to expand services across the communities, to increase the levels of care, to improve credentialing and the standards of care, and to create regional-based capacity. Those services will be phased in across the state.

DEPUTY COMMISSIONER WALL added that the 1115 allows a few things in behavioral services which have not been done before: Fund the payment of types of services, maybe using the DRG method that allows pay for sets of diagnoses. The other one is an exemption to the IMD from the Federal Government. Right now, Medicaid will not pay for adult treatment in IMD over 16 beds. This waiver will allow an exemption to that. First, the substance abuse providers will be able to bill Medicaid for a set of services in a facility with more than 16 beds, which is revolutionary to treatment done in the past in Alaska.

MS. DANIELLO stated appreciation for this conversation about behavioral health for all Alaskans. She mentioned that behavioral health services for seniors is a real gap in the continuum of care; geriatric psychiatry. She asked if there has been approval for the 65-plus population, the Medicare population of the 1115 waiver.

MS. MOORE replied that the cap at 65 is removed and reclaims that neutrality by expanding that population.

CHAIR MICHAEL thanks both the Commissioner and Deputy Commission for the great dialogue, which is the start of something that will continue in the future.

COMMISSIONER CRUM thanked the Trust and trustees for their service and initiative on this.

CHAIR MICHAEL stated that John Sturgeon, one of the appointees, has joined the meeting. She asked Ms. Johnson to introduce the Mission Moment.

MISSION MOMENT

MS. JOHNSON announced that Pat Sidmore, the long-time AMHB/ABADA staffperson, received an award from the Alaska Public Health Association. It is the Health Achievement Award for his work around adverse childhood experience data translation into more actionable items. This has helped spread the word about adverse childhood experiences and how early

childhood and health and adverse experiences early in life affect lifelong outcomes, as well as the costs related to that.

(Applause and standing ovation).

CHAIR MICHAEL stated how proud she is of this great accomplishment, and thanked him for his hard work.

MS. JOHNSON introduced Dr. Bridget Weiss with the Juneau School District who will speak about some of the trauma-informed schools' work that has been happening in Juneau. This is the second year of a three-year pilot that the Trust has been part of as a collaborative effort. She added that this is a project that the Trust will continue to be involved in for at least the next year, and has also had some sweeping policy implications to date.

DR. WEISS stated that she is in her third week as the superintendent of Juneau Schools.

(Applause.)

DR. WEISS explained that she is a third-generation Juneauite and spent 26 years after college in the state of Washington before returning to the state of Alaska. She spent four years in Fairbanks and returned to Juneau five years ago. She brings her experience from her upbringing here and having time Outside in education. She also talked about the changes that technology has brought to not only education, but also to the safety of the children. She stated that the CLEAR program has made a drastic difference in Juneau. Three elementary schools, Riverbend Elementary, Glacier Valley Elementary, and Harborview, were chosen. They are all Title I schools and have been wonderful pilot places. She continued that one of the powerful pieces of the CLEAR framework is that staff has to opt in; they have to vote and accept a part in this program. This created a strong ownership in all three of these buildings. The program has created a job-embedded format for training that is highly effective. CLEAR brought that training right to the doorstep. The monthly visits with the CLEAR consultants include all staff; it is not just a teacher program. All staff are welcome and are participating in the trainings; bus drivers are included. There are also parent nights being put on creating a high level of parental engagement. She explained the program and activities in greater detail and the impact it is making. The high levels of collaboration are impacting all across the state and allowing these conversations to be had.

MR. McCARTY asked what has been done to create data collections with baselines to show efficacy of the program, and how long is it expected that an effective review can be done.

MR. SIDMORE replied that CLEAR is a three-year model, and staff is surveyed at the end of the first year. We have those results. Looking at the first year's information there is progress among the staff, and that is the really important thing. It is about changing that behavior in staff so they realize when a child is disregulated. That is called flipping their lid, and is about the child's internal experience. In the data from the first year, about 80 percent of the teachers are taking advantage of the consultants, which is typical. That is part of the professional development and changing the culture of the school. The great thing about the CLEAR model is that the teacher invites the consultant, which invites safety, a safe conversation. He continued that there is data coming in with a little bit of positive in some reading scores, which is too soon to see. The first

full year of reading scores will come after the tests that are beginning in April. He added that the plan is to continue to track that, continue doing staff surveys; looking at absenteeism, expulsions, suspensions, and things like that. The data is building.

TRUSTEE BOERNER stated her excitement about the earlier interventions and this activity.

MR. SIDMORE stated that it is important when looking at the framework to also look at the partnerships: the Child Trauma Center, the Association of Alaska School Boards, the Department of Education, the Alaska Mental Health Board, First Alaskans Institute. The historical trauma in the state also played a key role. He continued that what is exciting in this model that does not exist in the other models looked at is the in-depth look at community engagement and family engagement, especially in Alaska.

CHAIR MICHAEL asked about the expulsion rate for drugs, fighting, or weapons, and what this particular consulting agency recommends in terms of schools and expulsion.

DR. WEISS stated that suspensions are tricky. There are mandated suspensions, as an example, with weapons or a variety of different pieces, drug-related offenses. She works closely with principals on this decision. She continued that sometimes it is appropriate; there is a cause and effect to try to help young people understand this is what life deals us, and it needs to be a safe environment. She added that being trauma-informed does allow for some other strategies. Whereas, before, the children would have been excluded much more quickly and we are much slower in doing that now. She stated that Sharon Fishel has been involved in much of this work through DEED.

MS. FISHEL stated that she is from the Department of Education and has been an education specialist there for about 16 years. Prior to that she was in special ed, and also spent time doing behavioral and mental health related issues. She also sits on the Statewide Suicide Prevention Council and the Alaska Mental Health Board as an ex officio. As far as suspensions or expulsions, there are not a lot of expulsions. In FY17, there were about 23,000 suspensions. Only 13 percent of those were nonnegotiables: The weapons, the drugs, and the assault. The rest of them could have been mediated through a trauma-informed school or restorative practices. She explained that AASP and the Department found that schools are always wanting to do trauma-engaged, recreating the wheel. A lot of money is being thrown at this recreating. The CLEAR model shows that. This document has been worked on for about two-and-a-half years, and is finally in the format to be realized to all the school districts to look at and choose what is needed to start making schools build those relationships. It is all about relationships and having positive relationships with students. If those positive relationships are built, and then giving them the skills needed in elementary, middle and high school before getting out in the workforce, those skills are going to transition. She thanked the trustees for going to Yakoosge. It meant a lot to those students, teachers and the principal because there is a stigma in the state associated with attending alternative high schools. The perception is that is where the kids that are crazy and druggies are. She added that part of her mission is to break that perception because these are truly transformed schools.

MS. BALDWIN-JOHNSON asked if DEED can book the data on the mandatory expulsions as regional or community or school districts; to see if there are hot spots where there would be an opportunity for more targeted mediated interventions.

DR. WEISS replied that it is an annual report that school districts do, and she is the person who does the report. She does tweak the different patterns in Juneau and then shares that with the principals and school board each year. She stated that in the PowerSchool student management system, she worked with the PowerSchool folks and added the tracking. She continued that the data is there by district, and is a mandatory requirement to submit numbers.

MS. FISHEL stated that she was not sure of the number, but Alaska Native students are suspended more frequently than white students in the state.

TRUSTEE COOKE stated, on behalf of the board, appreciation for the opportunity to visit YDHS and especially meeting with the students. It was a very positive experience, and all were impressed by the quality of the students and the involvement on so many levels.

CHAIR MICHAEL stated appreciation for all the hard work and that this was a great presentation, and we really enjoyed the morning class tour. She called a lunch break.

(Lunch break.)

CHAIR MICHAEL stated that next on the agenda is the staff report, and asked Mr. Abbott for the update.

STAFF REPORT

MR. ABBOTT talked about the Legislative presentations. There will be a presentation in front of the Senate Finance Committee. He stated that this year he and Chair Michael will start by doing the typical budget overview at 9:00 a.m. Then Senator Stedman would like to explore the Legislative Audit in the Finance Committee setting. Kris Curtis, the Legislative auditor, will be invited to present the audit to the Finance Committee. He continued that he would be called on to describe the Trust's response and the work that has been done since the audit was released last June. He added that this is very different than what has been done in the past few years. The Senator has allocated a full Committee meeting, up to two hours, for this topic.

TRUSTEE EASLEY stated that has never happened before.

MR. ABBOTT replied that Senator Stedman felt this would be the right way to get the issues from the audit out on the table and to describe them. He continued that a similar presentation would typically be made in terms of the budget overview for the House Finance Committee, but there is no House Finance Committee because there is not yet House leadership. He added that the 40 House members have asked for a budget overview presentation before a group of House members, and that would be in a week in the afternoon. He stated that the budget overview will be a slide presentation, and the presentation on the Legislative Audit will be an oral presentation.

CHAIR MICHAEL moved to the Audit & Risk Committee report, and recognized Laraine Derr.

AUDIT & RISK COMMITTEE REPORT

TRUSTEE DERR asked Mr. Stemp to continue.

MR. STEMP stated that there is a report with the requested motion that the Full Board of Trustees accept the Trust audit report as presented by BDO on January 3, 2019. In the packet is a supplemental document called the Audit Wrap-up document that was provided by BDO. It is a formal recap of the presentation and other materials that had been covered in previous meetings. He continued that he reviewed it and it is more for enrichment and documentation and not anything different than what was previously presented. He concluded the report.

MOTION: A motion that the Audit & Risk Committee recommended that the Full Board of Trustees accept the Trust audit report as presented by BDO was made by TRUSTEE DERR; seconded by TRUSTEE SELBY.

There being no objection, the MOTION WAS APPROVED.

TRUSTEE DERR stated that there is nothing else to come before the Trust from the Audit and Risk Committee.

STATUTORY ADVISORY UPDATE
Governor's Council on Disability and Special Education
Alaska Commission on Aging
Alaska Mental Health Board/Advisory Board on Alcoholism and Drug Abuse

CHAIR MICHAEL recognized Patrick Reinhart, the executive director for the Governor's Council on Disability and Special Education.

MR. REINHART stated that the presentation will be done together by the advisory boards. He began that some of what he will talk about is from the Walker budget; Governor Dunleavy's budget related to capital is not yet available. The \$1 million has been there for the last few years for Public and Community Transportation State match. This money is used by the local transportation transit providers who give the beneficiaries rides around in the smaller communities. He added that this money is to help meet the federal match requirements; this is GF money. The other is the \$1.3 million for coordinated transportation funding in the budget; \$1 million of that being the State UGF and \$300,000 MHTAAR. Both of those increases were agreed to in the Mental Health Budget, and it is really appreciated. That gets divided up between many different community service transportation providers, from senior centers to small nonprofits, giving people rides. He continued going through more numbers and stated that those were pointed out because they will be watched when the new budget comes out. He moved to the Governor's Council budget, which is \$1.784 million, down about \$350,000 over the last three years. He gave a short explanation of the Governor's Council, adding that every state has a Developmental Disabilities Council. He added that they are also the State's Special Education Advisory Panel, the Interagency Coordinating Council for Toddlers and Infants with Disabilities, another federally required board under the Individuals with Disabilities Education Act. There are seven positions on the Council, and a new one will be added and paid for by a new federal grant that started in September. The new position is with Senior and Disability Services, and it is going to embed a policy person within to look at all the regulations and paperwork and conditions of participation for providers to see that it is more person-gravitated and person-centered. He then went through the types of services that Senior and Disability Services funds and then more information on the cost of waivers. He moved to the Infant Learning Program and

stated that there is a host of people out there that do not meet any of the requirements of any of the waiver programs or any of the services. He explained that they are people with FASD, traumatic brain injuries, developmental delays and not functioning well in society. This also includes people with Alzheimer's and related dementias. A disservice is being done by not providing some support to the people that get nothing at all. He continued that the waitlist for developmental disabilities has grown significantly in the last few years for a lot of different reasons. The primary one is that developmental disability grants, grant funds, General Fund dollars have gone away. A lot of people have moved on to a Medicaid-funded new waiver, but there are still those who will never be eligible.

CHAIR MICHAEL asked for an update on the waitlist.

MR. REINHART replied that SDS has continued its draw of approximately 50 people per year off the waitlist, and some went off for natural reasons, but the draw does continue.

TRUSTEE EASLEY commended them for the two charts on the costs at the various levels of services. That is the kind of data that the Legislature has wanted for a long time, and that is a good job. She asked if Medicaid has a separate category or pool of money that might be accessed, or should the congressional delegation be asked to go to Medicaid and ask for this to be created.

MR. REINHART explained that SDS created the chart because they have all the data that was requested. He continued that going to Medicaid and getting a special program for a project is not easy. Ten years ago, Medicaid had the Medicaid Infrastructure Grant which is money that had a lot of flexibility to work within the employment area. That no longer exists. It takes a big effort, and the right things need to align for that to happen. He goes through the calendar of different meetings coming up for the Governor's Council.

MS. DANIELLO stated that she is the executive director for the Alaska Commission on Aging and recognized one of the board members, Rosemary Hagavig, and asked that she introduce herself.

MS. HAGAVIG stated that she has lived in Alaska since 1962 and has had the opportunities to be involved all over the state in several organizations, and most recently with the Pioneer Home Advisory Board. She continued that she was elected chair and ended up on the Alaska Commission on Aging.

CHAIR MICHAEL welcomed Ms. Hagavig, and asked about her perception of the Pioneer Home.

MS. HAGAVIG replied that she has been on the board for almost five years, and the last two were particularly productive with the last two division directors. She stated that she was excited to see a lot of activity and a lot of things that needed get done. She continued that the Agnew::Beck study looked at all six Pioneer Homes and their staffing patterns, wage, salary and benefits that are now in implementation mode. There will be some changes. That same level of excellent service must be shown, as well as some increased efficiencies. This is being worked on as a board and the Division. She added that the administrators were met with and expect to be able to meet a goal of 95 percent full, the vacancy effort, by the end of this fiscal. This is a

problem in Sitka and Anchorage. They have struggled with this on and off over the years, and she thinks that those two homes will be really engaged in that. They are also working hard putting together an opportunity to serve a fourth level of service, and that would be behavioral health individuals who are 65-plus with complex behaviors. There is a statewide committee working on that. Another thing was moving towards getting more people qualified under the Medicaid waiver and having less General Fund state assistance money going into the program. Also, in the interest of more efficiency and saving money, the Division is looking at privatizing food service, janitorial and custodial services, using the Juneau model as an example.

CHAIR MICHAEL asked at what age should someone put their name on the waitlist for the Pioneer Home if retiring in Alaska.

MS. HAGAVIG replied on the 65th birthday, and it does make a difference later when the lists are worked on; the people who signed up the earliest are the ones who come to the top of the list. Once on the active list, it becomes a significant factor.

MS. DANIELLO talked about the Alaska Commission on Aging, which is the statewide organization that works to ensure dignity and independence for all older Alaskans. She continued to the rural outreach visit to Nome and Shishmarek and thanked the Trust for those important funds, because this was the first rural outreach trip in a long time. She moved to the board roster and announced there is a full roster. She gave a quick update about the senior population. The new population estimates have been released by the Department of Labor and Workforce Development. She also shared some interesting preliminary data findings. She looked at the enrollment figures for seniors in Medicaid health-care and other services, as well as spending levels. She stated that there were two advocacy priorities going into session: First is to protect the investment in the senior safety net, which is about the Medicaid optional services; second is about addressing senior behavioral health needs. The need has been growing in the communities in the state. She continued that the behavioral health needs for the seniors are not being met, and more is needed to address them. There are four recommendations that are part of the general priority: One is to include adult companion services in a continuum for the Alaskans Living Independently Waiver that would match what was discussed by the House Finance Subcommittee and adding those services for people with developmental disabilities, and to also increase the capacity of Pioneer Home for residents with challenging behaviors. Strengthen the workforce because it is important for providers to be able to recognize more appropriately to seniors with behavioral health needs, and also support the efforts by senior centers and other organizations that are providing activities for both health and wellness. She went through a few of the bills on the watch list, and added that the Senior Legislative Advocacy teleconferences are done every other Thursday. She stated that their meeting will be held in Juneau, February 11-13, and listed their continuing activities.

CHAIR MICHAEL recognized Bev Schoonover.

MS. SCHOONOVER stated that she is the acting executive director of the Alaska Mental Health Board, the Advisory Board on Alcoholism and Drug Abuse, and the Statewide Suicide Prevention Council. She introduced Brenda Moore, chair of the Alaska Mental Health Board.

MS. MOORE talked about the current hiring process. She explained that Alison Kulas was hired as director, served 11 months, had some family issues, and had to move out of state. Ms.

Schoonover has been a planner, and now is planner, director and admin. She stated that the planner has been advertised, we've done some vetting and we hope to have one on board soon. A new administrative assistant started to help relieve some of the pressures. Then, the process of looking for a new executive director will begin.

MS. SCHOONOVER explained that the Advisory Boards are the state agencies charged with planning and coordinating behavioral health services funded by the State of Alaska. The mission is to advocate for programs and services that promote healthy, independent and productive Alaskans. There are two citizen advisory boards which include providers, educators, members of the military, faith-based leaders and business leaders. There are also established seats on the board for folks with little experience with those with mental health and substance abuse issues. She explained that as the State's Behavioral Health Planning Council, they assist in the planning and coordination of prevention, treatment and recovery services in Alaska. They also assist in the evaluation of Alaska's publicly funded behavioral health system and try to educate the public and policymakers about mental health and substance abuse issues. She moved to the three types of legislative advocacy efforts. The first is a joint advocacy effort and work with the Mental Health Trust, the Governor's Council on Disabilities and Special Education, and the Commission on Aging. She continued that they come up with advocacy and legislative priorities for all Trust beneficiaries. The boards also have priorities to bring in front of the Legislature. In statute, they advise and educate the Governor, the Legislature and all Departments on behavioral health matters, and are often called in during the Legislative session to testify in committees on bills and do letters of support. The presentation for fiscal '20 legislative session is much different from past years. There has been no detailed information about proposed bills, and we do not know anything on how the House and Senate will be organized. During the Legislative session, an eye on the 1115 is needed, as well as the criminal justice bills, Medicaid waiver, and anything else that comes up. There is a need for resources and support for behavioral health providers and the behavioral health workforce. One of the priorities is psychiatric care and psychiatric patients' rights. The board's commitments have long been dedicated to early intervention and prevention efforts and have been instrumental in bringing data and information about adverse childhood experiences to the state. One bill that was prefiled was the extension of Statewide Suicide Prevention Council, which is set to sunset on June 30. They would like to keep that going and that bill is proposed to extend the council to 2027. Also anticipated are a lot of changes at the state and systemic changes to the way the State does business. She added that everyone in Alaska is going to become an advocate this Legislative session, and the Trust beneficiaries need a voice in this. It will be important to give a speech of what the Trust does, its role, and the needs of the beneficiaries. It is also important to continue to reach out to the rural and tribal partners and invite them to the table, and make sure they are also represented so that the needs of the beneficiaries in rural and tribal areas are understood. The boards are reminded that their greatest resource is the staff and expertise they bring, and their ability to talk to beneficiaries and get that great all-around information. She introduced Teri Tibbett, the joint advocacy coordinator.

MS. TIBBETT stated that she is the advocacy coordinator for the Alaska Mental Health Board and Advisory Board on Alcoholism and Drug Abuse. Her position is paid for with MHTAAR funds. Most of her job responsibility is to work with the board to do advocacy coordinating and planning. The presentation is on the joint priorities. She explained the methods and approaches used to train people with lived experiences; providers, family members, administrators in health on how to talk and meet with legislators, how to write letters, and how to do advocacy from

home. In the first month of the Legislative session the focus has been on getting people up to the capital and educating legislators about some of the areas of interest that serve Trust beneficiaries. She went through these areas in greater detail, explaining how some of the things that go on in the State government and advocacy tries to give them a basic understanding and basic overview of some of the concerns. She continued that the ask would be to protect Medicaid health insurance of vulnerable and at-risk Alaskans with disabilities, including mental illness, addictions, disorders, the elderly, and people with cognitive impairments.

MR. WILLIAMS added that all the program officers are working in their areas and have been critical in making sure that the information is current, accurate, and conveys the needs of the beneficiaries. It is important that the trustees remember that.

MR. McCARTY asked what is being done to have a standard, reliable assessment for substance assessments and ACM standards.

MS. SCHOONOVER replied that there are two different initiatives that are happening with that now. The first initiative is the 1115 Behavioral Health Waiver. Folks who bill Medicaid will have standardized assessments using the ACM model. The Department of Behavioral Health is working for folks and providers to help develop that and choose the model.

MS. BALDWIN-JOHNSON stated that part of the process is to pull together some of the key stakeholders. The Division and Department have been looking at some of those standard assessments based on evidence and they are valid, reliable and meet those criteria. That is going to be one of the pieces of the Substance Use Disorder portion of 1115.

MR. McCARTY said that raised the question of the data collection listing. There are five different levels of evidence-based, promising practice which is being recognized by having data collection to show that it is a promising practice. He continued with the example of Medicaid-assisted treatment. He added that it has been shown by SAMHSA to be most effective. He asked if there were mechanisms to mitigate this.

MS. BALDWIN-JOHNSON replied that the intent of the Administrative Services Organization is to create efficiencies, control costs, and improve quality. That is moving forward to be as effective as it was in the past.

CHAIR MICHAEL stated that the presentation was helpful and thanked all. She called a ten-minute break.

(Break.)

CHAIR MICHAEL moved to the Finance Committee report.

FINANCE COMMITTEE REPORT

TRUSTEE SELBY stated that he would introduce three items.

MOTION: A motion was made on behalf of the Finance Committee that the Full Board of Trustees approve the FY 2019 payout of \$22,195,000 from Trust Investments by TRUSTEE SELBY; seconded by TRUSTEE DERR.

TRUSTEE SELBY asked Mr. Stemp to provide the report.

MR. STEMP stated that this was the item recommended to the Finance Committee. The Committee met and went through the calculations and moved to recommend approval of the payout at the Full Board meeting.

There being no objection, the MOTION WAS APPROVED.

TRUSTEE DERR stated that there are three new trustee recommendations, and this is the payout from the Permanent Fund. She explained that this is the money that comes out of the Permanent Fund that is recommended every year. Taken out is 4.25 POMV from the Permanent Fund each year.

MR. ABBOTT added that this is the primary revenue stream for the programmatic annual spending. This represents a significant increase over last year, and that is a result of a combination of contributions to the investable resources, as well as strong investment performance.

MR. SELBY stated that the next item is reallocation of focus area grants.

MOTION: A motion was made on behalf of the Committee that the Full Board of Trustees authorize the transfer of \$450,000 in unallocated FY17 and FY19 Authority Grant Funds into the FY19 Focus Area Authority Grants; \$200,000 will be allocated to Substance Abuse Prevention and Treatment; \$150,000 will be allocated to Housing and Long-Term Services and Supports; and \$100,000 will be allocated to Beneficiary Employment and Engagement by TRUSTEE SELBY; seconded by TRUSTEE COOKE.

MR. STEMP stated that discussed during the Finance Committee was to take some action internally to bring some ideas forward to the trustees on how to bring money into service on behalf of the beneficiaries faster and help keep things going in several different areas. He continued that this is an opportunity for the Trust to do more in the current year to meet some significant needs and still have a relatively modest impact on the future. He thanked all from the finance side to all the program team for their efforts in helping complete this process.

MR. ABBOTT stated that this action represented an effort to take unused Authority Grant funds that were not allocated or spent as grants in that year. There are some relatively significant needs that can be addressed in the near term, and the recommendation is to employ those funds immediately in FY19. He continued that one of the more challenging complexities of the Trust's budgeting process is the way lapsed funds are dealt with. He added that he and Mr. Stemp are committed to bringing forth recommendations on how this could be improved.

CHAIR MICHAEL asked for any discussion. There being none, she asked for any objections to the motion.

There being no objection, the MOTION WAS APPROVED.

TRUSTEE SELBY stated that the third and final item is the real estate holdings and the options that staff developed for consideration. He continued that this is more appropriately a Full Board discussion because there are several board policy issues that are involved in the overall discussion that the board needs to ultimately set policy for. He asked Mr. Abbott to present the options.

MR. ABBOTT moved to the “review of real estate options.” This conversation started at the Finance Committee a few weeks ago, and it is sourced with one of the issues that was identified in the Legislative Audit. It has to do with the concern that the Trust was not authorized to use the revenue stream that was used when the commercial real estate investments were acquired between 2010 and 2016. Roughly, \$40 million of principal was used, in addition to some debt, to acquire the seven real estate properties. All seven are still owned, and six of them have debt on them. This is a review of options to address the audit concerns expressed about the ownership of the estate. Their primary compliance-related concern was that the Trust used its investment funds that should have been managed by the Permanent Fund on the Trust’s behalf. He continued that there are eight options described that address the concerns in the audit. He added that in terms of process and time, this not a decision item.

CHAIR MICHAEL asked for any questions from the trustees or any further clarification.

TRUSTEE COOKE stated that the TLO should have the financial analysis of the impact of pursuing various options on the real estate, the costs and benefits with each option.

MR. ABBOTT replied that level of more detailed evaluation will be done with a smaller list of options. He asked Mr. Stemp to go through the options.

MR. STEMPEL stated that there are eight options: The first is to maintain the current course and continue to manage the portfolio and distribute the proceeds back to support the programs. There is a list of benefits and drawbacks for consideration.

MR. ABBOTT stated that the key element is not to change the funding type for these moneys, and continue using the principal that was originally invested. He added that the Department of Law is on-line to respond to inquiries about some of these options.

MR. GOERING stated that this is an area where it is unlikely that anyone is going to be able to give a definitive answer. There are some broad differences of opinion from the people who are motivated, those in the Legislative function and Audit Committee and the auditors. He continued that the board has gone on record of having a different perspective on a lot of these issues and, as a result, are sort of depending upon the Court, which everyone would prefer to avoid. He considered the Board’s concern as expressed in the response to the Legislative Audit, as well as the concerns the auditors had in their report.

CHAIR MICHAEL thanked Mr. Goering, and moved to the second one.

MR. STEMPEL stated that Option 2 is to divest the real estate holdings. This would be a carefully considered series of sales as opportunities present themselves, and would exit over time. Option

3 would be transferring the real estate assets to a separately managed account with the Permanent Fund Corporation. This would be holding the seven properties as real estate investments. The process and costs of hiring a manager were looked at, and the total combined cost estimate to the Trust was approximately \$700,000. He added, that recommendation was that the costs in the budget would not be absorbed without adversely impacting the programs. The advice and recommendation from the previous meeting were to defer action and see if the results of the process would work itself out. The Permanent Fund was helpful and supportive in arranging things.

TRUSTEE SELBY reminded all the analysis on the cash flow netted about \$1.7 million of revenue that went directly to beneficiary programming. The cost of having the Permanent Fund manage it for about \$700,000 would reduce the revenue to about \$1 million of net revenue available for programs. This put into perspective what that option would do in terms of cash flow for beneficiary programming.

MR. STEMP stated that Option 5 would be to maintain the real estate holdings and take cash from the Trust reserves equal to the amount of the original principal investment and transfer that to the Permanent Fund for an investment.

TRUSTEE SELBY stated that taking cash reserves and paying this off seems the best option for the board. He explained this in detail, and stated that this would have zero financial impact for the board in that it resolves the audit, which is important.

TRUSTEE COOKE stated that this option seems the best because there is money available in reserve, and this would not have any adverse impact. He continued that clarification would be needed to be sure that this satisfied the legal requirements.

MR. GOERING stated that there are some issues with the audit besides the simple fact of funding. The audit identified some issues with how the properties were being managed. He continued that simply transferring funds to the Trust fund is half of the equation. The other half is whether the properties were being managed consistently with the way that real estate is typically managed.

MR. STEMP stated that Option 6 would be maintaining the real estate holdings and then creating a reimbursement schedule; making a series of payments over time. Option 7 is the hybrid strategy; a partial sale with one or more of the more mature properties being sold as a down payment on that reimbursement schedule, and a series of payments until the total amount of the original principal investment was reached. Option 8 would be expansion of the existing real estate portfolio based on selectively acquiring new properties in the future. That will allow spreading some of the expenses of managing the properties over a greater base of the assets. Those are the eight options for consideration currently.

MOTION: A motion to include Option 3, Option 5, and Option 6 for staff to bring back with further information with risks and costs was made by TRUSTEE DERR; seconded by TRUSTEE SELBY.

MR. GOERING suggested a roll call vote.

MR. ABBOTT stated that there is not notice for an action item, and viewed this as direction to the staff. There is no action that will execute any Trust activity. It is simply guidance to the staff for preparation for a Board action at some point in the future.

TRUSTEE EASLEY asked how he would handle being asked about the legal opinion of investing in real estate.

MR. ABBOTT replied that in his review of the Trust's activity from 2008 and beyond, when these commercial real estate investments were contemplated, was that the Trust considered a variety of perspectives, including legal opinions, and that the Trust was confident that it had the authority to take the steps it took.

MOTION: A motion was made to postpone the prior motion by TRUSTEE COOKE; seconded by TRUSTEE SMITH.

CHAIR MICHAEL called the vote:

The MOTION was passed unanimously (EASLEY, BOERNER, COOKE, DERR, SMITH, SELBY, MICHAEL).

CHAIR MICHAEL recessed the meeting until tomorrow.

(Alaska Mental Health Trust Authority Full Board Meeting adjourned at 5:33 p.m.)

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD MEETING

January 31, 2019
8:30 a.m.

Taken at:
320 West Willoughby Avenue
Juneau, Alaska

OFFICIAL MINUTES

Trustees Present:

Mary Jane Michael, Chair
Paula Easley
Carlton Smith
Chris Cooke
Verne' Boerner
Laraine Derr
Jerome Selby (via Speakerphone)

Trust Staff Present:

Mike Abbott
Katie Baldwin-Johnson
Kelda Barstad
Alison Biastock
Eric Boyer
Jimael Johnson
Steve Williams
Miri Smith-Coolidge
Andy Stemp
Travis Welch

Trust Land Office:

Wyn Menefee
Jusdi Doucet

Also participating: Ken McCarty; Joe Riggs; Dave Blanding; Cindee Brown-Mills; Bob Coghill; Commissioner Adam Crum; Deputy Commissioner Al Wall; Denise Daniello; Sharon Fishel; Stuart Goering (via speakerphone); Lori Grassgreen; Rosemary Hagavig; Brenda Moore; Gennifer Moreau-Johnson; Patrick Reinhart; Bev Schoonover; Pat Sidmore; John Sturgeon; Charlene Tautfest; Teri Tibbett; Al Wall; Bridget Weiss.

PROCEEDINGS

CHAIR MICHAEL resumed the meeting and went back to the Finance Committee. She stated that there was a motion that was tabled, and asked for further discussion.

MOTION: A motion was made to bring the motion back on the floor by TRUSTEE DERR; seconded by TRUSTEE SELBY.

There being no objection, the MOTION WAS APPROVED.

TRUSTEE SELBY stated that the appropriate action concerning the motion to provide direction to State that has identified three options for further study. He added that if a board member would like to add an option, an amendment can be made to the motion.

CHAIR MICHAEL stated that there is a motion on the table, and asked if anyone wanted to amend or withdraw the motion.

MOTION: A motion was proposed to add Option 1 as an amendment by TRUSTEE EASLEY; seconded by TRUSTEE COOKE.

There being no objection, the MOTION WAS APPROVED.

TRUSTEE DERR stated that the motion now stands for further information on Options 1, 3, 5, and 6.

After a ROLL CALL VOTE, the MOTION WAS APPROVED (Trustees Easily, Boerner, Cooke, Derr, Selby, and Michael voted yes; Trustee Smith, no).

TRUSTEE SMITH asked to hear Mr. Menefee's comments on the real estate at some point in the process.

MR. MENEFEE stated that there are some considerations that have not been fleshed out which do affect what the board considers. One aspect is the future sale of the investment building. One of the options is to move \$40 million over to the Permanent Fund, then if the building sells later, that amount would also go to the Permanent Fund. He continued that there are questions as to how that should be treated. It is difficult to decide because all the parts and pieces are not lined out. He added that it is challenging and he is not making any recommendations of one versus the other. He stated that the intention is to bring forward something to the Finance Committee.

CHAIR MICHAEL stated concern about the future impact of the decisions made, and added that it was difficult to figure out the best strategy. She suggested that both Mr. Menefee and Mr. Stemp work closely on this analysis from a land perspective and on future investment opportunities. This is critical to what the trustees decide to do.

TRUSTEE SELBY stated that the motion the staff will bring back for the next Finance Committee meeting should make it clear that there is \$30 million of reserve funds that are being used to transfer these assets into the reserve account of the Trust. The recovery program that staff has been working on will be in full effect to maintaining the recovery of the \$30 million of

reserve funds back into the reserves if and when any of these properties are sold. This will be sold ground on the record of the intent, and the identification of funding sources when making these financial moves.

TRUSTEE COOKE commented that all of these options contemplate the Trust continuing to own these commercial real estate properties, including the one that would transfer management to the Permanent Fund. He stated that Option 2 should also be considered, which would involve just selling those properties and not having that commercial portfolio anymore, at least one that is purchased with what is termed principal of the Trust fund.

MOTION: A motion to ask staff to consider Option 2 in its research was made by TRUSTEE COOKE; seconded by TRUSTEE BOERNER.

TRUSTEE SELBY stated concern on adding a lot of work to the staff, and his view would be to resolve the audit. This does not preclude the board process of developing a board policy about holding assets for revenue generation, and the decision to sell the property should come after the board has had that discussion. He added that it is premature to jump into selling the property without the other steps.

After a ROLL CALL VOTE, the MOTION FAILED (Trustees Easley, Boerner, Derr, Selby, and Michael voted no; Trustees Cooke, and Smith voted yes).

CEO REPORT

MR. ABBOTT congratulated Wyn Menefee and the Trust Land Office team for having fully completed Phase I of the Southeast Land Exchange.

(Applause.)

MR. ABBOTT stated that the document was recorded a few days ago, and this will likely bring value to the Trust over the next several years.

TRUSTEE EASLEY noted that this will create jobs in Southeast Alaska in the timber industry.

MR. ABBOTT added that the trustees were consulted on a timber contract award several months ago. It was executed, and the harvesting activity is expected to be underway within a couple of months. He moved to the 2019 communications plan document, and stated that it is a high-level description of the communication efforts that the Trust will be undertaking in 2019. He explained that these are the general themes, tactics and approaches that will be taken relating to communications activities. He welcomed any feedback. He moved to the Legislative priority sheet which is a high-level description of Trust Legislative priorities, and explained that is a thematic description of the Legislative program. He then distributed the report that was contracted with Jess Jessee to work on through his consulting company to help interview and summarize the comments received from a variety of Trust stakeholders. These were both historic and present, and related to some of the issues raised in the audit specifically having to do with the use of Trust principal. He added that it was very powerful and will guide the Trust going forward. He continued to the next item, which is the possibility of seeking legislative clarification of the Trust's authorities, specifically related to some of these issues. He explained

that the Legislature did not want to move forward on considering legislation until the material in the audit was reviewed. He recommended not moving forward with legislation in 2019, and to consider moving forward in 2020. His reasoning included the new administration with a significantly different agenda than the previous administration, and the Legislative Audit has not been fully processed by the Legislature. He is confident that there will be conversations about the audit in different venues and in different ways. He stated that greater clarity is required going forward and did not recommend moving forward with a bill similar to SB 177 that was done last year.

TRUSTEE COOKE concurred with the strategy and timing of when to go forward, and stated that the best thing is to wait as people continue to study and be educated on these issues. He added that it does not cause any harm to wait.

MR. STURGEON agreed, adding that it would be nice to use this year to educate the legislators.

MR. RIGGS agreed to moving forward at a future date.

DEVELOPING PROJECTS APPROVALS

RurAL Cap SITKA PLACE

MR. WILLIAMS gave a brief overview introduction that these projects were presented to provide information to the trustees at the Program & Planning Committee meeting on January 3. He added that this is a follow-up to that.

MOTION: A motion to approve \$150,000 FY19 Housing and Long-Term Services and Supports focus area allocation to the Rural Alaska Community Action Program for the Sitka Place Permanent Supportive Housing Program was made by TRUSTEE COOKE; seconded by TRUSTEE EASLEY.

MS. BARSTAD stated that the Permanent Supportive Housing is an integral program and service for the Trust beneficiaries. It provides housing and the opportunity to obtain social services, support services and other needs that homeless individuals may have after recently being housed. She continued that it is a practice that works. When an individual is homeless he is in crisis, living moment to moment with insurmountable difficulties in maintaining consistent medication measurements or other needs for a happy, meaningful, productive life. She explained that housing is the first step to bring that stability and the key to make that happen. This project utilizes the Housing First model which says: We are not going to be able to make a lot of progress on these long-term items, as far as having good mental health and physical well-being, until a person has a safe place to live. She added that Housing First works. She moved to the RurAL CAP Sitka Place Project and introduced Corinne O'Neill who was online and is a Supportive Housing Division Director for RurAL CAP, who runs Sitka place, which has a significant impact on the homeless population in Anchorage. She stated that Permanent Supportive Housing combines housing and an opportunity to participate in services, and specifically serves the most vulnerable homeless population.

CHAIR MICHAEL asked Ms. O'Neill to talk about the proposed capital project renovation and how many more people will be served, as well as the number of staff.

MS. O'NEILL stated that Sitka Place was known as Safe Harbor or the old Anchor Inn. There are three buildings on the property which were converted from Transitional Housing under Safe Harbor and was renamed. It has been operating as a permanent Supportive housing project and they have been looking and trying various development and operating strategies since 2015; some of which have been accomplished. She continued that about \$500,000 of funds were received, and an application was applied for tax credit rounds through Alaska Housing Finance Corporation, which were not awarded. They are still looking at potential redevelopment strategies for the property, including a 4 percent tax credit and how to stabilize the project. It is a fully, 100 percent Trust beneficiary property with some of the highest utilizers of services. They have recently worked with the Office of Public Advocacy to take some of their high utilizers into this property that have guardians.

ROLL CALL VOTE: *The MOTION PASSED unanimously (Trustees Easley, Boerner, Cooke, Derr, Selby, Michael).*

PAY FOR SUCCESS PROJECT

MS. BARSTAD stated that Nancy Burke from the Municipality of Anchorage and Michelle Brown from United Way are working jointly on the Pay for Success project, and they are on the phone to talk about it.

MOTION: A motion to approve a \$500,000 FY20 partnership grant to United Way of Anchorage's Anchored Home Pay for Success project was made by TRUSTEE COOKE; seconded by TRUSTEE EASLEY.

MS. BURKE stated that it is helpful to pair this project with the Sitka Place project because one of the challenges that many of the Housing First providers experience is a gap in their service model, and they have not quite figured out a complete, robust funding mechanism for Housing First for people with the highest level of mental health issues, substance addiction and medical problems. She continued that the resources available to have them remain in housing in a stable manner and to access the lower levels of services are a challenge. She added that Pay for Success projects across the country bring in a finance model that helps provide those resources upfront so that programs can demonstrate the efficacy of the programs, the positive outcomes. Then there are government payers that come through and reimburse those upfront funds, but only when the outcomes are achieved. She stated that this request is to assist ramping up and standing up technical assistance, on-boarding providers. Four providers have been selected, and we are in the process of negotiating budgets with the technical assistance providers.

TRUSTEE DERR stated that the City was going to put more money into projects like this, and we have not seen any funding from the City in this project. She asked for elaboration.

MS. BURKE replied that the way the project will work is that there are two partners upfront, and then Government Payors will repay those resources in the full contract year, which will begin in 2020. She stated that currently the Municipality is the Government Payor that was identified, and it is negotiating a contract for this project. The Municipality will be providing the payback of those resources.

CHAIR MICHAEL asked if this program was designed to help the most severely vulnerable live in housing in scattered sites throughout the community in private rental housing.

MS. BURKE replied that the overarching concept is correct, and the focus will be on building out the system that can respond for a person to remain housed in the community of their choice.

ROLL CALL VOTE: *The MOTION PASSED unanimously (Trustees Easley, Boerner, Cooke, Derr, Selby, Michael).*

MS. BURKE stated that it was because of the Trust's stake in this work that this was figured out. She thanks all and asked for support on the alcohol tax in Anchorage.

CHAIR MICHAEL explained how these different projects came about and thanked Ms. Burke for doing an incredible job. She stated that next on the agenda is FY19, Alaska Court System, Juneau Mental Health Court. He stated that Travis Welch will make the presentation.

MOTION: A motion to approve a change of intent to allow the Alaska Court System to use \$19,400 of FY19 MHTAAR funds, originally an appropriation for the Juneau Community Mental Health Court, for staff support to manage centralized competency calendar was made by TRUSTEE COOKE; and seconded by TRUSTEE EASLEY.

MR. WELCH recognized Michelle Bartley, the statewide therapeutic court program coordinator, and Kate Sumey, the program coordinator for the Anchorage Mental Health Court, both online. He explained that in fiscal year 2019, that the trustees approved \$204,000 to fund the Juneau Mental Health Court. Ms. Bartley identified some of that funding would not be expended and would actually lapse at the end of this fiscal year. He continued that another need to fund a position to manage the calendar that manages competency evaluations for individuals who are involved in the court was identified to cover a full-time position for the rest of this fiscal year to manage that calendar, for \$19,400. He added that the competency calendar covers all of the Third Judicial District.

ROLL CALL VOTE: *The MOTION PASSED unanimously (Trustees Easley, Boerner, Cooke, Derr, Selby, Michael).*

FY19 ALASKA COURT SYSTEM, JUNEAU MENTAL HEALTH COURT

CHAIR MICHAEL stated that Katie Baldwin-Johnson will present next.

MOTION: A motion to recommend approval of the redesignation of \$225,000 of FY19 predevelopment for Foraker funding to the FY19 partnerships for the purpose of supporting organizations serving Trust beneficiaries pursuing capital projects was made by TRUSTEE COOKE; seconded by TRUSTEE EASLEY.

MS. BALDWIN-JOHNSON stated that this request is trustee-approved funding that went directly to the Foraker predevelopment program which has been a multi-funder-supported effort for over a decade that has included other funding partners beyond the Trust such as Rasmuson Foundation, Mat-Su Health Foundation, the Denali Commission was also a partner at one time, and Alaska Housing and Finance Corporation. She continued that the recommendation is to

approve redesignation and redirect those into the FY19 partnership grants. That would enable deploying those funds in an efficient and effective manner towards projects that are coming forward with predevelopment-type needs for support.

ROLL CALL VOTE: *The MOTION PASSED unanimously (Trustees Easley, Boerner, Cooke, Derr, Selby, Michael).*

CHAIR MICHAEL called a break.

(Break.)

PROGRAM & PLANNING REPORT

CHAIR MICHAEL recognized Trustee Cooke, chairman of the Program & Planning Committee.

TRUSTEE COOKE stated that the Program & Planning Committee met January 3, and he asked Mr. Williams to summarize the meeting.

MR. WILLIAMS stated that the official minutes of the meeting will be before the committee for consideration and approval. Ms. Barstad will do a brief introduction, and then some folks from Juneau will speak.

MS. BARSTAD introduced Irene Gallion, Housing and Homeless Services Coordinator. She is one of the positions that trustees have funded as a catalyst of change in multi-communities to turn the tide for homelessness in Juneau. She then introduced Dr. Heidi Brocious, the associate professor in the School of Social Work for UAA. Her team has completed the evaluation of the Forget Me Not Phase I program, and she will go into depth on how impactful this service has been to Juneau and the homeless community.

MS. GALLION gave an update on some of the things being worked on and shared some pictures from the Project Homeless Connect. She stated that they have about 219 adults; nine kids; about 20 people less than last year. She continued explaining the Tlingit and Haida proposal for Regional Housing, and also St. Vincent de Paul's work on a transitional services center. The Rapid Re-Housing proposal is thanks to friends in Fairbanks who shared all their materials from the applications, project charter and the forms they were using. The proponent on this is Family Promise of Juneau, which is not just for families. The executive director, Shannon Fisher, has a Rapid Re-Housing experience, and this Family Promise will be a good cultural fit. AWARE is the domestic violence shelter, and they have a HUD grant for six units of Rapid Re-Housing. She continued her presentation and thanked the Trust for the support, the \$30,000, and for the participation.

DR. BROCIUS stated that she has the distinct pleasure of leading a very lean evaluation team of Housing First in Juneau, and we are seeing compelling, statistically significant data differences. She went through the data and explained what was found and how it is working in terms of changing people's perspectives about how Housing First works and what it is doing for the rural community. She thanked the Trust for the support in helping build data that really informs and has coalesced the community.

TRUSTEE EASLEY commented that she is thrilled with these unexpected results. She asked if Glory Hole was captured in Juneau.

DR. BROCIIOUS replied that the capturing was done, but the data has not been finalized. She explained that the Institutional Review Board was applied for the summer of 2017. Collecting Data was started in September 2017 and had the first data report in the summer of 2018. There was an eight-month turnaround.

CHAIR MICHAEL stated thanks and appreciation for a very informative presentation. She asked Mr. Williams to shift to the budget.

MR. WILLIAMS stated that staff has been thinking about the September 2019 board meeting where a revised FY21 budget will be presented, along with how it was developed. There are priority areas, systems of reform, Medicaid reform, criminal justice reform, and then established focus areas. Staff is looking at prioritizing the high-need areas under each, and he then moved to FY20 budget adjustments and FY21 budget development. He went over a timeline on how this all would be approached. He added that the plan is to be prepared to get this before the Program & Planning Committee meeting on April 17. He went over a summary sheet of what the budget currently looks like, and the continuing process, as well as the direction that Trust staff is thinking of going.

CHAIR MICHAEL recognized Mr. Abbott.

MR. ABBOTT alerted the board that he should have noted that he was a board member on the Foraker Group board. He stated that he serves in that role as a Trust representative and should have declared a potential conflict of interest. He added that he did not believe that the action that the board was considering at the time was affected by his status as a board member with Foraker. He appreciated being reminded that he should have declared the appearance of or the potential appearance of a conflict of interest as a result of his service with the Foraker Group.

CHAIR MICHAEL stated that next on the agenda was an opportunity for trustee comments.

TRUSTEE COMMENTS

TRUSTEE EASLEY talked about the five focus areas and her objections to the rest of the trustees wanting to take workforce development out as a focus area. The idea was that the component of workforce was involved in everything and workforce is a huge issue. She stated that the Workforce Catalyzer was developed and was a group of people addressing the fact of direct-service professionals, which has been the most intractable problem in the whole health-care, mental-health field.

MR. BOYER stated that he a program officer with the Mental Health Trust Authority and talked about the direct-service workforce in the health-care industry. He continued that this is a partnership, and the Trust money helped fund this initiative which is a partnership between the Alaska Association of Developmental Disabilities and the UAA Center for Economic Development. They have some real skill sets for looking differently at the issue of direct service. He explained that direct service is individuals on the lower end of the pay scale working in the health-care field for mental health, DD, health-care overall, that spends 70 percent or more of

their job working with beneficiaries.

He continued that helping people in the health-care field looked differently at the workforce and doing this through innovation and technology has folks in that line of work take a different angle, looking at simple things that add up in a limited organization.

CHAIR MICHAEL recognized Trustee Boerner.

TRUSTEE BOERNER commented that workforce development has been a huge concern for the Alaska Tribal Health System overall, finding different and innovative ways to address it. There is a critical need overall, and we are open to different suggestions. She moved to the visit yesterday and would like to send a thank-you note to the principal for the work she is doing. There was only one student in their group, and she wanted to thank him individually and all of those students who are gifted and special. It was important to see them as potential folks to step into those roles when thinking about workforce development and who will step in and fill those needs out there. Thank you.

CHAIR MICHAEL recognized Trustee Cooke.

TRUSTEE COOKE thanked staff for the one-page, consolidated calendar which is very easy to work with. He asked at what point the board would get involved in the process of deciding what the focus areas should be. He wondered whether there should be such a heavy emphasis on Medicaid reform, criminal justice and such. He thinks missing in that list is the mental health treatment and resources in the institutional area and on the community level.

MR. WILLIAMS responded that every year they go through and make sure that what the advisory boards, communities and stakeholders are saying are in line with the trustees. He stated that the trustees are always invited and encouraged to be part of those conversations when they are available.

CHAIR MICHAEL recognized Trustee Derr.

TRUSTEE DERR stated that at the presentation at the school when the talking stick was handed to you there was an option of not saying too much. She did not have anything to add.

CHAIR MICHAEL recognized Trustee Smith.

TRUSTEE SMITH stated that he was pleased to see the communication strategy bearing some tremendous root with a brand-new legislative leadership group talking about the Trust mission communicated by the CEO and having a description of the beneficiaries. He continued, then hearing the CEO talk about the impact in the Southeast of small projects like the land exchange. His second comment was to brag about Don Habeger who is doing a fabulous job, which he will share under public comment.

CHAIR MICHAEL recognized Trustee Selby.

TRUSTEE SELBY expressed appreciation to the board members and the expertise they brought to the board the last two years. He stated that Trustee Easley has probably forgotten more about

lands in Alaska than the rest of us will ever know. Knowledge and expertise has been a major factor in her dealing with the resources managed in the Trust. He continued that Trustee Derr has always watched the financial operations like a hawk, and nothing gets past her. She does a great job of it. He also thanked Chair Michael for stepping up as Chair, coming out of a trying time for the board, and doing an outstanding job. And Trustee Cooke's knowledge and experience in the legal work was timely in dealing with the Legislative Audit. He appreciated his wisdom during that whole process. He stated that Trustee Boerner's knowledge and understanding of delivery of beneficiary services out in the real world is a big boon to the board, and will serve the board well over her tenure. There is no question that everyone on this board has a real heart for the beneficiaries. He continued that it has been a pleasure serving with all to make the Trust a more effective organization in managing its resources and delivering benefits to beneficiaries. There is an outstanding staff, which is the strongest resource going forward. He wished all every success in carrying out the mission of the Alaska Mental Health Trust Authority. Finally, to the board and staff, he thanks all for their service to the beneficiaries and the people of Alaska. Public servants are never thanked enough. Thank you all very much.

CHAIR MICHAEL thanked Trustee Selby because she learned so much about how to run a meeting, and for being a motion master. Also, his wisdom on the audit and how to proceed, your level-headedness, thoughtfulness and wiseness about the political process which has been so beneficial to the Trust. She returned the appreciation and thank him.

TRUSTEE COOKE thanked Trustee Selby for all his services and, if the new members are not confirmed before April 17, expects to see him at the Committee meetings.

CHAIR MICHAEL recognized John Sturgeon.

MR. STURGEON thanked all for making him feel so welcome and added that it was a lot to absorb in a short time. He stated that he felt comfortable in the land management area and had worked with budgets, and he is excited to be on the Board of Trustees.

CHAIR MICHAEL recognized Ken McCarty.

MR. McCARTY stated that he feels like an ant with wise elephants; there is so much wisdom to bring to beneficiaries and collectively how to make Alaska a better place for everyone and the beneficiaries. Seeing what the Trust has done over the years for his relatives, as well as clients, make it fun to be an ant in the process.

CHAIR MICHAEL recognized Joe Riggs.

MR. RIGGS thanked the trustees for allowing the nominees to join and participate the way they did. He stated that there is nothing more intimidating than being a new trustee going to the first meeting and having no history. He thanked the trustees, the senior staff, the partners and advisers for all the input given and asked for it to continue. He offered himself to everyone, and looked forward to serving on the board.

CHAIR MICHAEL recognized Denise Daniello.

MS. DANIELLO thanked Paula Easley, Carlton Smith and Jerome Selby for their wonderful

guidance, hard work and commitment to this organization and to the beneficiaries. She stated that it is an honor to be part of the process, and also welcomed the new kids on the block.

CHAIR MICHAEL recognized Bev Schoonover.

MS. SCHOONOVER thanked all for partnering and supporting their work. She has a huge new understanding of the responsibilities the trustees have and is truly appreciative of the dedication to the work for beneficiaries. She thanked Brenda Moore and Charlene Tautfest for being great moral supporters and bringing their expertise here. She made sure they all knew that they are all more than welcome to attend their meetings in Juneau March 4 through 7.

CHAIR MICHAEL stated that her thoughts were glad to get past the audit. She appreciated the site visits and thanked all for just jumping right in. She continued that staff are all wonderful and thanked all because it all meant a lot. To the trustees leaving, it was all good.

MR. ABBOTT thanked Madam Chair and stated that it was time for Public Comment. He asked all to take a few minutes while the process gets ready.

(Break.)

PUBLIC COMMENT

CHAIR MICHAEL stated that for all making public comment there is an established protocol that she read. She added that the Chair maintains the right to stop public comment that contains inappropriate or inflammatory language or behavior. She stated that the first person on the public comment sign-in sheet was Don Habeger.

MR. HABEGER stated that he is the community coordinator for the Juneau Reentry Coalition. He thanked the Trust for the investment in criminal justice reform which is appreciated and important to this community. He moved to an update on what the Juneau Reentry Coalition is doing for FY19. He continued that there are three focus areas: Housing, behavioral health, and peer support. He began with peer support which is a pilot program taking a successful reentrant and trying to use that individual to get folks coming directly out of Lemon Creek or other areas of incarceration and to get connected immediately. They meet a couple times a month and have a small contract to see how it works. If it is successful, it will continue. He moved to behavioral health where it was discovered that the local prosecutors, particularly at the CBJ level, did not know about the behavioral health services in the community. A database is being worked on that any case manager, anyone from a law office can jump on the Web site, go into that database, get the details needed on all the services that a behavioral health provider has in the community, any service needed that they can connect with their client. With housing, more housing is needed. He stated that there is difficulty finding a place for the sex-offender population, and we are looking at an additional project. The work group will make a recommendation to go before the spirit team, yet to go before the community, and then go from there. He stated that between SB 91 and SB 64 he had an opportunity to sit down with a small group of businessmen in the community that were victims of a lot of property crime. They all said that more substance abuse treatment was needed in the community to help solve the problem.

CHAIR MICHAEL thanked Mr. Habeger, and recognized Crystal Bourland. She stated that Ms. Baldwin-Johnson wanted to say something first.

MS. BALDWIN-JOHNSON shared the great news about the award that NAMI Juneau received as the outstanding affiliate for NAMI National. She stated that there is only one award given nationally, and NAMI Juneau received it.

(Applause.)

MS. BALDWIN-JOHNSON continued that it recognizes the outstanding commitment to excellence and the standards the NAMI sets for NAMI affiliates. This was done under Ms. Bourland's leadership for the past four years. She added that Ms. Bourland has done phenomenal things in the community; has been an excellent leader for NAMI Juneau; and has a tremendous amount of community support.

MS. BOURLAND stated that she is the executive director of NAMI Juneau and is a grantee of the Trust. She shared a bit of their impact with the trustees. NAMI Juneau is one of four affiliates in Alaska, and are part of the National Alliance of Mental Illness. She continued that they are primarily funded by the Beneficiary Project Initiative, and they are grateful for the Trust partnership, investment and organization for supporting the mission, which is to help individuals affected by mental illness build better lives. That is done through education, support, advocacy and public awareness. The programming is unduplicated in the Juneau community, and it provides central support to individuals who are managing mental illness and their family members under national support systems. Their volunteers are an incredible resource, and last year they donated about 1100 hours of time to the organization. She talked about some of the programs and stated that some of the current issues are the current conditions and provider shortages at API, and the overall response to individuals in psychiatric crisis throughout the state. The public policy platform which outline the positions on the issues was recently updated and can be made available to all. Empowering peers and beneficiaries is really impactful, and she thanked all again for the support of all the peer support organizations.

CHAIR MICHAEL thanked and congratulated Ms. Bourland, and recognized Dave Branding.

MR. BRANDING stated that he is the CEO at JAMHI Health and Wellness and thanked the trustees for being here. He continued that a year ago he told all about JAMHI, Juneau Alliance for the Mental Health, Inc., merging with the National Council on Alcoholism and Drug Dependence in Juneau. That merger has occurred; staff has co-located; the board has merged and is stronger than ever; and we are realizing a lot of benefits from that merger. JAMHI Health and Wellness is serving more people than ever; 597 people were served last year in behavioral health services, up from 481 just two years ago. The JAMHI clinic on-site at Housing First is serving 400 people as the primary-care provider at the Midtown Clinic. He went through several things that were significant in terms of outcomes that the people in JAMHI Health and Wellness do to pursue the mission of healing people live their best lives. He thanked the Trust and staff for helping them do what they do.

CHAIR MICHAEL thanked Mr. Branding, and asked for anyone online to testify. There being none, she stated that there was a written testimony from Faith Myers and Dorrance Collins, with a copy provided to all the trustees. There being no other public testimony, she asked for a

motion to adjourn the meeting.

MOTION: A motion to adjourn the meeting was made by TRUSTEE DERR; seconded by TRUSTEE COOKE.

There being no objection, the MOTION WAS APPROVED.

(Alaska Mental Health Trust Authority Full Board Meeting adjourned at 4:39 p.m.)

Current Trust Bylaws

1
2
3 ALASKA MENTAL HEALTH TRUST AUTHORITY
4 BYLAWS
5

6
7 ARTICLE I
8 NAME
9

10 The name of this organization is the Alaska Mental Health Trust Authority.
11

12
13 ARTICLE II
14 PURPOSE OF THE AUTHORITY
15

16 The Alaska Mental Health Trust Authority acts in the best interest of the beneficiaries
17 of the trust. It is accountable to:

- 18 (a) Provide for sound governance, fiduciary oversight and direction in achieving the
19 mission of the Trust Authority;
20 (b) Ensure an integrated, comprehensive mental health program for the State of Alaska
21 in partnership with Department of Health and Social Services (DHSS); and
22 (c) Preserve, protect, and grow the trust corpus and administer trust assets.
23
24

25 ARTICLE III
26 BOARD OF TRUSTEE MEMBERSHIP AND TERMS OF OFFICE
27

28 Section 1. Trust Authority board of trustees composition:

- 29 (a) The Trust Authority shall be governed by its board of trustees.
30 (b) The Trust Authority board of trustees, hereafter referred to as the board, consists of
31 seven members appointed by the governor in accordance with AS 47.30.016 and
32 confirmed by the legislature.
33

34 Section 2. Term of office, vacancies, and removal:

- 35 (a) The members of the board serve staggered five-year terms. A member shall continue
36 to serve until the member's successor is appointed and confirmed by the legislature.
37 (b) A vacancy occurring in the membership of the board shall be filled within 60 days by
38 appointment of the governor for the unexpired portion of the vacated term.
39 (c) The governor may remove a member of the board only for cause per AS 47.30.021.
40 (d) Except for a trustee who has served two consecutive five-year terms, a member of
41 the board may be reappointed. A member of the board who has served two
42 consecutive five-year terms is not eligible for reappointment to the board until one
43 year has intervened as per AS 47.30.021(d).
44
45

ARTICLE IV
BOARD OF TRUSTEE DUTIES

Section 1: The role of the board is to:

- (a) Set the vision for the organization;
- (b) Set policies for the organization, including adoption of regulations as appropriate under AS 47.30.031;
- (c) Adopt charters that define the role, authority, operating procedures, duties, and responsibilities of the board and standing committees; and
- (d) Approve contractual agreements with advisors as defined in statute and the settlement agreement, specifically Alaska Permanent Fund Corporation (APFC), Department of Natural Resources (DNR), and Statutory Advisory Boards.
- (e) Fulfill the duties listed in AS 37.14.007(b)(1)-(12).

Section 2: The board will conduct business in accordance with AS 47.30.036.

ARTICLE V
OFFICERS AND DUTIES

Section 1. The board, by a majority vote of its membership, shall annually elect a Chair, Vice Chair, and Secretary from its membership.

Section 2. The officers will be elected by a majority vote at the annual budget approval meeting, and officers' terms of office commence upon adjournment of that meeting. Officers' terms of office end effective at adjournment of the meeting in which new officers are elected.

Section 3. Officers may be re-elected to the office in which they serve by vote of the membership of the board as above. The board's intention is to allow board members the opportunity to serve in officer roles in support of ongoing board development. To that end, no member may serve more than 2 consecutive terms in the same office except as provided for by affirmative vote of 5 board members.

Section 4. If the office of the Chair becomes vacant, the Vice Chair succeeds to the office of the Chair and serves until an election held at the next board meeting. The newly elected Chair will serve until the next annual election.

Section 5. Except for the office of Chair, if an office of the board becomes vacant, an election shall be held to fill the vacancy at the next regular meeting following the vacancy. The officer will serve until the next annual election.

Section 6. The duties of the officers shall be as follows:

(a) Chair

- 1. Call all meetings. Preside at all meetings.
- 2. Appoint chairs of committees and committee members.

3. Serve as ex-officio (voting) member of all committees, but may not concurrently serve as board Chair and chair of any standing committee, with the exception of the Executive Committee.
4. Act as primary spokesperson for the board.
5. Act as one of the official spokespersons for the Trust Authority, together with the Chief Executive Officer (CEO), when requested by the Chief Communications Officer.

(b) Vice Chair

1. Assist the Chair in the discharge of his/her duties.
2. Perform the duties of the Chair in the absence or incapacity of the Chair.
3. Perform other duties as assigned by the board.

(c) Secretary

1. Assume duties of the Chair when Chair and Vice Chair are unavailable.
2. Perform other duties as assigned by the board.
3. Assure that the records of board proceedings are maintained in accordance with these bylaws and in accordance with AS 37.14.007(b)(2) and the Records Management Act (AS 40.21).

ARTICLE VI
MEETINGS

Section 1. The board will hold four regular meetings each fiscal year. Committees will meet as necessary to accomplish their responsibilities.

Section 2. Special or emergency meetings of the board may be held at such time and place as the Chair may order; or upon the written request to the Chair of any four trustees.

Section 3. Reasonable public notice of board and committee meetings shall be provided in accordance with AS 44.62.310. Meetings of the board and its committees are subject to the Open Meetings Act, AS 44.62.310 and 44.62.312.

Section 4. A quorum at all board meetings shall consist of four board members. A quorum at committee meetings is a majority of the committee's members.

Section 5. No member of the board may designate a proxy.

Section 6. The board will schedule at least one period for public comment during each regularly scheduled board meeting.

Section 7. Formal actions by the board are accomplished through adoption of motions.

ARTICLE VII
COMMITTEES OF THE BOARD

There will be five standing committees of the board. Standing committee chairs and members will be appointed by the Chair after polling the board regarding individual trustee's interest and ability to serve. A member may serve as chair of only one standing committee at any time except as a stand-in until the next regularly scheduled board meeting. Standing committees will have a minimum of 3 committee members. The board chair may designate ad hoc committees to accomplish special purposes. Persons other than board members may serve on the board's ad hoc committees; however, such persons may not be voting members of such committees, only appointed board members may vote on committee actions. Committee recommendations will be reported to the board for action at the next regular board meeting.

Section 1. The Executive Committee of the board is composed of three board officers, the Chair, the Vice Chair, and the Secretary. The Executive Committee will:

- (a) Ensure development of policies for governing the Trust Authority for approval by the board.
- (b) Oversee implementation of governance policies at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.
- (c) The Executive Committee will meet only as needed.

Section 2. The Resource Management Committee will, in consultation with the CEO and Executive Director (ED) of the TLO:

- (a) Ensure development of policies for protecting, enhancing, and managing the trust's non-cash resources in the best interests of the beneficiaries for approval by the board.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with law and the committee charter adopted by the board.

Section 3. The Program and Planning Committee will, in consultation with the CEO and Executive Director (ED) of Mental Health Policy and Programs.:

- (a) Ensure development of policies to meet needs and improve the circumstances of beneficiaries; and recommends to the board for approval.
- (b) Oversee implementation of plans at the direction of and on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

Section 4. The Finance Committee will, in consultation with the CEO and Chief Financial Officer (CFO):

- (a) Ensure development of policies for investment and fiscal management for approval by the board.
- (b) Oversee implementation of approved investment and fiscal management policies on behalf of the board in accordance with Trust Authority statutes and regulations and the committee charter adopted by the board.

- 1 Section 5. The Audit and Risk Committee will, in consultation with the CEO and CFO:
2 (a) Ensure development of policies for managing the annual audit process and
3 identifying and addressing organizational risk for approval by the board.
4 (b) Oversee implementation of approved audit and risk management policies on behalf
5 of the board in accordance with Trust Authority statutes and regulations and the
6 committee charter adopted by the board.

7
8
9 ARTICLE VIII
10 CHIEF EXECUTIVE OFFICER
11

12 Section 1. The board shall select and employ a Chief Executive Officer as provided by law.
13

14 Section 2. The Chief Executive Officer is responsible for day-to-day operations of the Trust
15 Authority including planning, organizing, coordinating, and directing all activities
16 necessary to enable the Trust Authority to exercise its powers and duties, and
17 fulfill the purpose of the Trust Authority. The CEO will operate and conduct the
18 business and affairs of the Trust Authority according to the statutes, regulations,
19 bylaws, policies, and charters adopted by the board. The CEO duties and
20 responsibilities shall be set forth in a CEO Job description to be adopted by the
21 board.
22

23 Section 3. The Chief Executive Officer shall oversee administration of the contract with the
24 Trust Land Office on behalf of the Trust Authority to ensure compliance with
25 AS 37.14.009(a)(2).
26

27
28 Section 4. The board will evaluate the Chief Executive Officer's performance annually in
29 writing. The board will define the process for conducting annual reviews and
30 include it in the Board Operations Manual.
31

32 Section 5. Termination of employment of the Chief Executive Officer is by majority vote of
33 the board.
34
35

36 ARTICLE IX
37 PARLIAMENTARY AUTHORITY
38

39 Unless otherwise provided by law or these bylaws, the board's procedures shall be
40 governed by Robert's Rules of Order Newly Revised. The Chair may appoint an appropriate
41 person to serve as parliamentarian.
42
43

44 ARTICLE X
45 ETHICS
46

47 Board members are required to comply with the Alaska Executive Branch Ethics Act
48 (AS 39.52) and AS 47.30.016(c)(2).

1
2
3 ARTICLE XI
4 AMENDMENT OF BYLAWS
5

6 These bylaws may be amended at any meeting of the board. Amendment of these
7 bylaws requires 5 affirmative votes of board members provided that written notice and
8 copies of the proposed amendment have been submitted to the members 30 days prior to
9 the meeting, or by unanimous vote without notice.
10

11
12 ARTICLE XII
13 DEFINITIONS
14

15 In these bylaws,
16

17 **The Alaska Mental Health Trust** means the sum of all assets owned by the Alaska
18 Mental Health Trust as established by the Alaska Mental Health Trust Enabling Act, P.L. 84-
19 830, 70 Stat. 709 (1956) and the Mental Health Settlement Agreement (June 10, 1994),
20 including cash and non-cash assets.
21

22 **The Alaska Mental Health Trust Authority (the Trust Authority)** means the entity
23 charged with administering the trust, as trustee, is governed by a seven-member board. (AS
24 37.14.007, AS 47.30.011, AS 47.30.016)
25

26 **The Trust Land Office (TLO)** means the unit of the Alaska Department of Natural
27 Resources that is charged with managing the trust's natural resources, land, and other fixed
28 assets. (AS 44.37.050)
29

30 **Regular Meeting** means a board meeting that is scheduled at the annual budget
31 meeting to occur during the succeeding year, provided that a regular meeting that is
32 rescheduled on reasonable notice to the public is still a regular board meeting.
33

34 **Special Meeting** means any board meeting other than a regular meeting, including
35 an emergency meeting.
36

37 **Emergency Meeting** means any board meeting conducted for the purpose of
38 addressing time sensitive matters that may not be capable of resolution within the statutory
39 or delegated authority of the Executive Committee or the CEO. If an emergency meeting is
40 conducted on less than the customary public notice, public notice shall be published as
41 soon as practicable. If the agenda of an emergency meeting is not available in advance, the
42 agenda will be published as soon as practicable after the emergency meeting.

Mary Jane Michael, Chair

Laraine Derr, Secretary

Statutory Advisor Update

- **Alaska Commission on Aging**
- **Alaska Mental Health Board /
Advisory Board on Alcoholism &
Drug Abuse**
- **Governor's Council on Disabilities
and Special Education**



Partner Advisory Board Update

**Alaska Mental Health Trust Authority
May 2019**

AMHTA Trustee Update

- Overview of Legislative Session to Date
- Impacts of Legislative Actions on Beneficiaries
- Looking Forward
- Partner Advisory Board Updates



Overview of Legislative Session

Partner Advocacy Efforts

- Educational outreach on areas of concern for beneficiaries
- Joint Advocacy Priorities
- Friday Joint Advocacy Call
- Ongoing budget and bill tracking



Overview of Legislative Session- Bills of Concern (As of 5.1.19)

HB 22/SB 10 - Extend Suicide Prevention Council

HB 29 – Insurance Coverage for Telehealth

HB 89 – Opioid Prescription Information

HB 114/SB93 – Medical Provider Incentives, Loan Repayment

HB 145/SB32 – Crime, Classification, Sentencing

SB 33 – Pretrial Release

SB 34 – Probation, Parole, Sentences

SB 44 – Telehealth: Physician Assistants

SB 52 – Alcohol Beverage Control



Overview of Legislative Session- Bills to Track (As of 5.1.19)

HB 10 – Drug Possession, Suspension of Judgement

HB 60/SB 58- Repealing Senior Benefits Payment Program

HB 86 – Mental Health Hospital: Contracts

HB 96- Pioneers' Home and Veterans' Home Rates

HB 135/SB 112 – Medicaid Expansion, Drug Cost Containment

SB 1 – Repeal Certificate of Need Program

SB 7 – Medicaid Assistance Work Requirement



Overview of Legislative Session- Budget Items of Concern (As of 5.1.19)

- Medicaid
- Homeless Assistance Program
- Special Needs Housing Grant
- Home Modification and Upgrades to Retain Housing
- Accessibility Improvements/Deferred Maintenance
- Assistive Technology
- Coordinated Transportation and Vehicles
- Behavioral Health Treatment and Recovery Grants
- Medicaid Provider Rate Decrease
- Nome Youth Facility



Overview of Legislative Session- Budget Items of Concern (As of 5.1.19)

- Pioneer Homes Payment Assistance Program
- Adult Public Assistance
- Senior Benefit Program-FY19 Funding
- Community Residential Centers
- Tlingit and Haida Reentry Program
- Electronic Monitoring
- Out of State Contractual
- Point MacKenzie Correctional Farm
- Office of Public Advocacy



Overview of Legislative Session- Budget Items of Concern (As of 5.1.19)

- Therapeutic Courts
- Council on Domestic Violence and Sexual Assault- VSPO Program
- Alaska Civil Legal Services Fund
- Public Health Nursing
- Governor's Council on Disabilities and Special Education
- Pioneer Homes Payment Assistance Program
- Adult Public Assistance



Anticipated Impacts on Beneficiaries- FY20

- Reduced reimbursement rates for some Medicaid providers could mean reduced services and provider attrition.
- Increased uncertainty for providers regarding regulations and budget planning for FY21.
- Depending on outcome of crime bills, increased penalties and increased number of beneficiaries entering the criminal justice system.
- Possible deletion of important wraparound and supportive services (such as adult dental and Senior Benefits) could lessen stability for vulnerable Alaskans



Looking Forward- FY21 Legislative Session

- Further Budget Reductions Impacting Vulnerable Alaskans
 - Additional cuts could result in: Service caps, provider attrition, narrowing of eligibility criteria, increases in waitlists, service reduction, increased vulnerability, etc.
- Medicaid System Reform and Realignment
 - Privatization of Medicaid Expansion
 - Medicaid Block Grants (or Per Capita Caps)
 - Other Reform Measures
- Alaska Psychiatric Institute Management
- 1115 Substance Use Disorder and Behavioral Health Waiver
- Managed Care Exploration
 - Monitoring to make sure this doesn't limit choice and access to care



Partner Advisory Board Update- AMHB/ABADA

- AMHB/ABADA Hiring Update
- Statewide Suicide Prevention Council Update
- New AMHB/ABADA Board Members
- AMHB/ABADA Board Meeting-September 24-26th in Kenai, Alaska



Partner Advisory Board Update- Alaska Commission on Aging

- Alaska Commission on Aging Quarterly Board Meeting - May 30th via videoconference/teleconference
- Currently working on the 2020 – 2023 Alaska State Plan for Senior Services. Should be completed by July 1, 2019
- Finished the 9th senior legislative teleconference meeting on May 2nd
- May is Older Americans Month in Alaska



CONNECT, CREATE, CONTRIBUTE MAY 2019



Partner Advisory Board Update - Governor's Council on Disabilities and Special Education

- Council Member Update
- Staffing Update – Patrick is retiring... ☹️
- New Office Location – Atwood Building – 12th Fl. – Suite 1230
- Council Travel Budget – Reinstated by Senate
- Next Council Meeting – May 14 (Tuesday) – Atwood Building 102/104



Partner Advisory Board Update - Governor's Council on Disabilities and Special Education

- Updating Alaska Transition Handbook – Pathway to Adulthood & Employment
- Supported Decision Making Agreements (SDMA) – 3 have been completed!
 - New/revised resources and outreach planned over the summer for both!
- Self-directed waiver conference - implement the Shared DD Vision
 - Thanks to the Trust for funding to attend!
- 3rd Annual Self-Advocacy Summit - Sept. 27, 28 29
- Employment First job fair 2019 – 712 job seekers and 68 employers
- Restraint and Seclusion Town Hall
- Authentic Rural Transitions Curriculum (collaboration with CHD)



Partner Advisory Board Update - Governor's Council on Disabilities and Special Education

Implementing the Shared DD Vision

ACL Living Well Grant Efforts:

- Council website will host the Shared DD Vision page (in development)
- Self-directed waiver exploration through conference attendance
- Community Relationship Builder pilot (growing natural supports)
- Annual systems alignment survey and community forums
- Trainings: self-advocacy leadership, cultural and linguistic competency, supported decision making agreements (including legal clinics across the state), etc.
- Challenging Behaviors Leadership Circle
- EMOD and HomeMAP work - enhancement of independence
- Employment First Commission
- Plan of Care enhancement: employment, health/safety, emergency plans



DD Vision
Summit
May 15



Partner Advisory Board Update - Governor's Council on Disabilities and Special Education Transition Impact - From DD Grants to ISW

Region	#s 12/17	#'s ISW and/or IDD	No Services Currently	Access Safety Net \$
Northern	32	3 in process	29 (mostly rural/remote)	
Valdez	3	9 ISW/in process	1 (other moved)	1
Kenai	17	5 ISW/in process	12	
Cordova	3	3 ISW's	0	
Anchorage	53	39 ISW & ADD	8	
Bethel	31	8 in process ISW	22	
Anchorage	34	5 ISW & IDD	16	4
Fairbanks	24	12 ISW/in process	12	
Ketchikan	13	2 ISW/in process	9	
Wasilla	48	11 ISW/in process	33	7
Anchorage	50	23 ISW/in process	16	11
Kotzebue	18	4 ISW/IDD	14	
Homer	22	6 ISW/in process	4	
TOTAL	348	130	123	23

A close-up photograph of a field of purple lupine flowers. The flowers are in various stages of bloom, with some showing vibrant purple petals and others as buds. The background is a soft-focus field of similar flowers. A semi-transparent green rectangular box is positioned in the upper right area of the image, containing the text "Thank you!" in a bold, black, serif font.

Thank you!

Finance Committee Report / Update

To: Mary Jane Michael, Chair
Through: Mike Abbott, Chief Executive Officer
From: Andrew Stemp, Chief Financial Officer
Date: April 30, 2019
Re: Finance Committee Report

REQUESTED MOTION:

The Finance Committee recommends that the full board of trustees authorize the transfer of \$41,300,000 from the Budget Reserve to the Mental Health Trust Fund. In combination with this transfer, the seven properties identified as real estate investments will be designated as long term investments within the Budget Reserve. Proceeds from any subsequent sale of these properties will flow into the Budget Reserve.

Meeting Summary:

There has been one meeting of the Finance Committee since the last board report. The meeting occurred on April 17, 2019 and was attended by trustees Christopher Cooke, Laraine Derr, Paula Easley, Vernè Boerner, Mary Jane Michael, Jerome Selby (Chair), and Carlton Smith.

The April 17, 2019 Finance Committee addressed four items:

Cash Management Report: The Committee reviewed the report provided, and provided feedback and suggestions to staff. At this time, the amount of principal generated from Land Office activities is below projected amounts due to the timing of timber sales and low natural gas prices. An updated revenue forecast for the upcoming year was presented, reflecting improved investment results compared to original expectations. Overall the Trust financial position and outlook remains positive.

FY2020 Budget Update & Updated Revenue Forecast: Trust CEO Mike Abbott provided an update on the legislature's progress on finalizing the FY20 budget. Discussion followed about the potential for revising the Trust's FY20 budget to redeploy funding based on the State's final budget to maximize the benefits for our beneficiaries. Additional staff work is ongoing and a more detailed proposal will be made to the Trustees in an upcoming meeting.

Follow Up Report on Analysis of Real Estate Options: The Committee reviewed a staff report on the potential financial impacts associated with the different options under consideration for managing the Trust commercial real estate portfolio. At the end of the discussion, the Chair proposed that the Committee recommend a transfer from the reserve accounts into the Mental Health Trust fund. The amount of the proposed transfer was \$41.3 million based on two items identified in the special audit report: \$39.5 million would replace principal used for investment in the commercial real estate portfolio and \$1.8 million would replace principal used for real estate intended to support services to beneficiaries (Program Related Investments). The Committee moved to recommend approval of the proposed transfer by the full board.

Update on Investment Policy: Staff presented a summary of work being performed by Callan on updating the Trust Investment Policy Statement and addressing questions raised by the special audit report. Additional background information and context will be provided at the upcoming full board meeting on May 8-9, 2019, so any new trustees are fully briefed prior to considering any proposed policy revisions.

The Finance Committee concluded at approximately 4:45 pm. The next scheduled meeting of the Finance Committee is ***August 1, 2019.***

Resource Management Committee Report / Update

Memorandum



To: Mary Jane Michael, Chair of the Board of Trustees
Through: Mike Abbott, Chief Executive Officer
From: Wyn Menefee, Executive Director
Date: April 26, 2019
Subject: April 17, 2019 – Resource Management Committee Meeting Summary

The Resource Management Committee met on April 17th, 2019, received an update of key TLO activities from the Executive Director Report, and received three (3) consultations and one (1) approval request presented by TLO staff. The Resource Management Committee concurred with the three (3) consultations. The Resource Management Committee recommended the Trust Authority board of trustees approve the one (1) request for approvals.

The RMC concurred with the following 3 Consultations:

1. Consultation Item A – Statewide Competitive Lease Offering – Project 2019-172

Motion Adopted: *“The Resource Management Committee concurs with the Executive Director’s recommendation to offer 24 parcels or portions thereof, as depicted on Attachment A, through the TLO’s Competitive Commercial and Recreational Lease Program, or through other subsequent disposal methods.”*

Anticipated Revenues/Benefits: The minimum lease value will be based on a percentage of the appraised fair market value of the parcel and will establish the minimum bid. Parcels that fail to be leased in a competitive offering may be leased through an over-the-counter process, negotiated process, or reoffered in a future competitive lease offering or subsequent disposal. The TLO will provide an example of the lease form, initial terms and conditions, and may entertain proposals for modifications of the lease but will retain the ability to reject any requests.

2. Consultation Item B – Madson Subdivision – Fall 2020 Land Sale – Moose Pass – Project 2020-175

Motion Adopted: *“The Resource Management Committee concurs with the Executive Director’s recommendation for the offering of a portion of Trust parcel S20084 near Moose Pass through the TLO’s land sale program or subsequent disposal.”*

Anticipated Revenues/Benefits: Based on recent appraisals and TLO land sales in the Moose Pass area, the TLO anticipates the total value of the four lots to be up to \$350,000. Long term economic benefits to the Trust include returns on the investment of the purchase price. For those parcels purchased with TLO financing, interest income will be produced from the sale for the term of the contract.

3. Consultation Item C – Capital Community Broadcasting, Inc. (KTOO) – Juneau – MHT 9100677

Motion Adopted: *“The Resource Management Committee concurs with the Executive Director’s recommendation to issue a long-term, negotiated ground lease of Lot B of Trust Parcel C20499 within the Juneau Subport Subdivision to Capital Community Broadcasting, Inc.”*

Anticipated Revenues/Benefits: CCBI will pay market rents. The initial year will see revenues in line with current rent, but subsequent years the rent will be established at 9% of fair market value, subject to yearly adjustments in line with the Alaska CPI. The property will be reappraised every 10 years to reestablish a 9% rent but will never go down. Over the initial term of the lease CCBI will pay at least \$3,000,000.

Moreover, a long-term ground lease of Lot B of the Juneau Subport represents diversification in the TLO's real estate revenue strategy. Other valuable parcels in the Juneau Subport have been sold or are slated to be sold. Those funds will be put to work for the Trust in the Mental Health Trust Fund and drawn as the board of trustees direct. Revenue from ground lease rents can be directly expended by the AMHTA.

Finally, the long-term ground lease establishes a valuable cash flowing asset that could potentially be sold at an appreciated basis should capitalization rates compress in the Juneau market.

Board Action Required: *The following proposed actions requiring full board of trustees' approval were recommended to the full board of trustees at the April 17, 2019 RMC Meeting:*

4. Approval Item – FY20 Real Estate and Program-Related Real Estate Facility Budgets

Recommended Motion One: *"The Alaska Mental Health Trust Authority board of trustees authorizes the incremental building expenditures, totaling \$10,010,000.00 budgeted for the fiscal year 2020 to be paid by the property manager from rents and other income collected from the properties."*

Recommended Motion Two: *"The Alaska Mental Health Trust Authority board of trustees authorizes funding expenditures for the Non-Investment/Program Related Real Estate and REMP Real Estate – Trust Funded properties in the amount of \$845,000.00 for the fiscal year 2020, which appropriation shall not lapse."*

Recommended Motion Three: *"The Alaska Mental Health Trust Authority board of trustees authorizes the CFO to transfer up to \$845,000.00 to the third-party property manager, as requested by the TLO, for capital improvements to the Non-Investment/Program Related Real Estate and REMP Real Estate – Trust Funded properties."*

Anticipated Revenues/Benefits:

The Trust has an obligation to manage properties that it owns. The TLO has determined the amount of budget is required to adequately manage real estate facilities during FY20. When possible, facility management costs come from building rents and other income collected from the properties. In the case of Cordova Street and the TAB, cash flows from the buildings that support the trust administrative operations without direct rent payments requires the use of the Central Facility Fund to cover some facility costs. The approval of these budgets allows the TLO to collect approximately \$13.3 million in gross revenues from property rents.

cc: Board of Trustees
Mike Abbott, CEO Alaska Mental Health Trust Authority
Wyn Menefee, Executive Director, Trust Land Office

Approvals

MEMO

To: Mary Jane Michael, Chair, Board of Trustees
Through: Mike Abbott, Chief Executive Officer
From: Katie Baldwin-Johnson, Senior Program Officer
Date: April 30, 2019
Re: FY20 Authority Grant-Focus Area: Substance Abuse Prevention & Treatment (SAPT)
Amount: \$300,000
Grantee: Set Free Alaska
Project Title: Homer Residential SUD Capacity Building

REQUESTED MOTION:

Approve a \$300,000 FY20 Substance Abuse, Prevention and Treatment Focus Area allocation to Set Free Alaska for the Homer Residential Substance Use Disorder Capacity Building.

STAFF ANALYSIS

Set Free Alaska is a well-established addiction treatment non-profit located in the Mat-Su Valley. Set Free has a track record of successful implementation of addiction treatment programs which are effective, accessible and sustainable. Serving Mat-Su residents and Alaskans statewide, Set Free's operating model combines insurance and third party reimbursement (Medicaid) with community fund raising to minimize where possible, reliance upon state grant funding for ongoing operations. Set Free launched a women's residential treatment program in September of 2017 and has since moved forward with a strategic plan to expand residential treatment options for adult males. Set Free worked closely with the Homer community, as the community of choice based on need, readiness and lack of treatment resources, to expand treatment capacity. Set Free is the recipient of grant funding from the State of Alaska for one-time capital and operating start-up funds. This one time Trust award combined with the state grant funding and additional fund raising will enable Set Free to secure, remodel and implement a 16 bed level 3.5 men's residential treatment program.

Staff recommend funding this request. A primary strategy within the Substance Abuse and Prevention Focus Area is "expanding access to treatment." If successful, Set Free will substantially expand access to residential addiction treatment for men, in a community/region presently lacking residential treatment beds and will serve an estimate of 45 beneficiaries annually.

The following is excerpted from the prospective grantee's application.

PROJECT DESCRIPTION

Set Free Alaska seeks to launch a 16 bed men's level 3.5 residential treatment center in Homer, Alaska. This project is focused on increasing statewide capacity to serve beneficiaries struggling with mental health and substance abuse problems. This project will serve beneficiaries and families primarily from the Kenai Peninsula and Mat-Su Boroughs as well as statewide. Although

the project overall is a combination of operational and capital funding, the Trust funding will provide capital startup beginning 7/1/2019 for FY 20.

The City of Homer and the Kenai Borough much like other regions of our state are struggling with substance addiction and co-occurring mental health disorders. There are no residential treatment centers located in Homer and only one on the Kenai Peninsula. The last three community needs assessments have identified addiction as the number one problem the community is facing. This project will provide a 16 bed men's 3.5 residential treatment center. Outcomes will include decreased substance use, improved quality of life and improved mental health.

This project will increase the capacity of residential treatment statewide as residents will most certainly be sent from other communities. This will be especially true from the Mat-Su where the agencies primary facilities are located. It is anticipated that case managers will send men from the Mat-Su location to Homer for residential treatment and then receive them back for outpatient aftercare. Set Free Alaska has a history of successful program development and launches including outpatient, intensive outpatient, children's services, and residential 3.5 for women. This project support is a one-time capacity building funding. Once launched, the program will be sustained through Medicaid revenue for services provided. It is anticipated that the program will be sustainable by the end of FY 20.

The overall launch has two primary components. First, the capital project to secure, remodel, and furnish a facility in preparation for service delivery. Second, the operational launch of the residential services. The Trust portion of the project will be solely allocated (100%) to the capital portion of the project. The operational launch of the services is fully funded through a recent grant from the Department of Health & Social Services.

Please note that this application is only focused on the capital portion of the project. Therefore, it does not include the operational expenses in the budget description. The total state award is for \$1,500,000. Of this amount \$375,000 is allowable for capital startup costs which is the amount reflected in this application. An additional \$1,125,000 is secured towards the overall project (used for operations only). If funding is not secured to complete the capital portion, the project will either need to be dramatically reduced, or if not possible the state funding will need to be returned and the project will not be able to move forward.

Once launched, the program will directly serve approximately 45 beneficiaries per year. These beneficiaries will receive substance abuse and mental health counseling in a loving and non-judgmental environment. They will find hope, healing, and resilience that will result in lasting change. Services will include case management, peer support, individual and group therapy, trauma related clinical therapy, life skill development, relapse prevention, and more.

EVALUATION CRITERIA

Set Free Alaska is committed to the highest level of operational excellence. In order to ensure that the agency is accomplishing its mission, a five-year strategic plan is created that will guide and direct organizational objectives. Performance outcomes, indicators, and measures are established to ensure the highest level of operational excellence and effectiveness in all programs.

The Executive Director is responsible in the establishment, monitoring, and reporting of said performance measures on behalf of the agency. The Clinical Director is the primary resource for the clinical program data collection and reporting with the assistance of the administrative staff. Since Set Free Alaska uses the AK AIMS electronic database in accordance with the State of Alaska Division of Behavioral Health, this system is the primary means of collecting client information. The agency conducts a Client Status Review (CSR) at intake, every 100 days, and at discharge. This tool is used to collect and report on data outcomes for all clinical programs.

Outcome measures for this project:

1. A completed facility that is safe, ADA compliant, and accommodating for the services to be provided for residential 3.5 treatment
2. A fully self-sustained program by end of FY 20
3. 20 Beneficiaries served in FY 20; 45 Beneficiaries served annually beyond FY 20
4. Minimum 50% graduation completion rate for program participants
5. Minimum 85% bed utilization rate (based on 16 bed capacity)
6. Improved quality of life among program participants-75%
7. Decreased substance use among program participants-90%
8. Decreased number of poor mental health days among program participants-75%

SUSTAINABILITY

Yes, this program will be sustained through Medicaid and commercial billing. The agency has a history of successfully developing, implementing, and sustaining an outpatient, intensive outpatient, and children's program. In addition, the agency just launched a residential women's program in September 2017 which was fully sustainable without ongoing grant funding by the end of calendar year 2018.

It is anticipated that the majority if not all clients will be Medicaid eligible once entering the program (if they are not already). The Medicaid rates are enough to sustain the program as well as overhead expenses associated with it. This is especially true with the new rate increase which raised the high intensity residential rate by 60%. In light of the Governor's proposed budget it is important to note that he has indicated a 5% potential reduction for all behavioral health services. The House has rejected this budget item, however, it still may happen as a result of a Governor's veto. In a worst case scenario if the 5% reduction is enacted, the program is still sustainable based on the organizations current business model.

WHO WE SERVE

This project primarily serves Trust Beneficiaries who are struggling with severe substance use disorders as well as mental health problems. In nearly 100% of the clients served there is a co-

occurring substance use and mental health diagnosis. This program is a high-intensity residential program (3.5 ASAM Level). These are individuals who are unable to maintain sobriety and/or safety in a non-restrictive environment and who require 24 hour supervision. Clinical services are provided at a minimum 20 hours per week along with other daily life skill development and community integration.

Trust Beneficiaries will experience a reduction in their substance use, an improvement in their mental health, improvement in their overall quality of life, and skills to maintain their sobriety. Beneficiaries will benefit from a newfound hope for their future and a realization that they have something powerful and amazing to offer others. In many cases they also benefit from resolving their court requirements and even being reunified with family. Freedom from addiction positively impacts every aspect of their lives.

ESTIMATED NUMBER OF BENEFICIARIES SERVED EXPERIENCING

Mental Illness:	45
Substance Abuse	45
Traumatic Brain Injuries:	3
Secondary Beneficiaries(family members or caregivers providing support to primary beneficiaries):	90

BUDGET

Personnel Services Costs	\$0.00
Personnel Services Costs (Other Sources)	\$0.00
Personnel Services Narrative:	Personnel costs are reflected in the operational phase of this project, however, not included here as this project is focused on the capital phase (see project narrative for further description).

Travel Costs	\$0.00
Travel Costs (Other Sources)	\$0.00
Travel Narrative:	Travel costs are reflected in the operational phase of this project, however, not included here as this project is focused on the capital phase (see project narrative for further description).

Space or Facilities Costs	\$300,000.00
Space or Facilities Costs (Other Sources)	\$535,000.00
Space or Facilities Narrative:	The total budget for the capital phase is \$835,000. This amount includes facility remodel, architect and engineering fees, and a 5% project contingency. Set Free Alaska has secured an award from the State of Alaska which allows for \$375,000 towards the capital portion of this project. The remainder of the capital startup costs will be covered through Set Free general funds, community

	donations, and the Trust request. The total Trust request in the amount of \$300,000 will be used entirely for capital facility acquisition and/or remodel.
Supplies Costs	\$0.00
Supplies Costs (Other Sources)	\$0.00
Supplies Narrative:	Supplies costs are reflected in the operational phase of this project, however, not included here as this project is focused on the capital phase (see project narrative for further description).
Equipment Costs	\$0.00
Equipment Costs (Other Sources)	\$0.00
Equipment Costs Narrative:	Equipment costs are reflected in the operational phase of this project, however, not included here as this project is focused on the capital phase (see project narrative for further description).
Other Costs	\$0.00
Other Costs (Other Sources)	\$0.00
Other Costs Narrative:	Other costs are reflected in the operational phase of this project, however, not included here as this project is focused on the capital phase (see project narrative for further description).
Total Amount to be Funded by the Trust	\$300,000.00
Total Amount Funded by Other Sources	\$535,000.00
Other Funding Sources	
State of Alaska-Secured	\$375,000.00
Set Free General Fund-Secured	\$25,000.00
Community and other fundraising-pending	\$135,000.00
Total Leveraged Funds	\$535,000.00

MEMO

To: Mary Jane Michael, Chair, Board of Trustees
Through: Mike Abbott, Chief Executive Officer
From: Allison Biastock, Chief Communications Officer
Date: May 1, 2019
Re: FY20 Authority Grant Funding Request
Amount: \$125,000.00
Grantee: Alaska Public Media
Project Title: Mental Health Content Initiative

REQUESTED MOTION:

Approve a \$125,000 FY20 authority grant to Alaska Public Media for the Mental Health Content Initiative. Trust funding will come from the FY20 Communications budget line.

STAFF ANALYSIS

Last year, the Trust funded a mental health content initiative with Alaska Public Media (AKPM) with the intention of increasing public affairs coverage of topics associated with Trust beneficiaries, and expanding the reach of that coverage to public radio stations across Alaska. That effort has been a success. Content generated through this initiative has supported a broad audience in better understanding issues impacting beneficiaries and helping to decrease stigma. In addition, this partnership will increase brand awareness of the Trust through on-air (radio and televisions) and website/social media recognition. Alaska Public Media partners with 23 local radio and 3 television stations and uses digital platforms to reach audiences across the state.

Alaska Public Media wants to again partner with the Trust for this initiative, and has requested \$125,000 for FY20. Staff recommends approval of this grant for FY20.

PROJECT DESCRIPTION

With Trust support, the first year of a mental health content initiative resulted in content that helped inform and educate the public about mental illness, developmental disabilities, chronic alcoholism, substance related disorders, Alzheimer's disease and related dementia, and traumatic brain injuries. With an additional year of grant funding, AKPM can continue this work and the conversation with an Alaskan audience.

Accomplishments of the FY19 mental health content initiative include:

- Carriage of *Line One: Your Health Connection* expanded from KSKA alone to state-wide distribution delivering weekly content to the same network of public radio stations as AKPM's nightly news, reaching 96% of Alaskans. An added benefit of *Line One* is its live

call-in show format; host Prentiss Pemberton, LCSW and his guests will accept calls from listeners across Alaska. This person to person connection benefits the statewide audience, and supports Trust efforts to reduce stigma associated with our beneficiaries.

- Line One: your Health Connection aired more than 20 programs to date this fiscal year that featured a wide range of mental health topics including:
 - *The impact of social media on our emotional, cultural and social health, April 29*
 - *Alaska teens' perspective on mental health stigma and advocacy, March 22*
 - *Veterans' health, March 8*
 - *Perinatal mental health, March 1*
 - *The power of play, February 7*
 - *The power of nonviolent communication, January 28*
 - *Emotional coaching: The heart of parenting, December 28*
 - *Understanding schizophrenia, December 14*
 - *Medicaid in Alaska: excessive spending or an investment in our future? December 5*
 - *Healthcare workforce, November 19*
 - *Medicaid, Kids, and Mental Health Services- Something Is Wrong, November 12*
 - *The Affordable Care Act- What you need to know, November 2*
 - *"Divided We Fall?"- The state of America's social and cultural wellness, October 19*
 - *Telepsychology, October 5*
 - *Parenting tips, strategies and resources, September 21*
 - *Alaska CARES and building resiliency, September 14*
 - *Tech and our kids- The science behind the noise, September 7*
 - *Drug and alcohol use during pregnancy, July 20*
 - *"Less than human"- Why We Demean, Enslave, and Exterminate Others, July 13*
 - *Housing for health, July 6*
- A full-time producer for the Solutions Desk was hired to help coordinate mental health reporting and awareness through AKPM's radio and TV programming.
- AKPM's *Alaska Insight* has focused on mental health topics in five televised programs from July through April. Electronic news gathering (ENG) packages were created for each. Discussion topics for these episodes included:
 - *The Statewide Opioid Action Plan*
 - *How to make cities accessible and livable for residents who span a wide demographic range*
 - *The Alaska Criminal Justice Commission's recommendations for sentencing reforms and reinvestments in programs that combat addiction and help people successfully reenter society*

- *Alaska Pacific University's Artist Elders in Residence program which teaches Alaska Native art, culture, and tradition in a university setting*
- *Alcohol misuse in Alaska, aired in observance of April 2019: Alcohol Awareness Month*
- As a part of this content initiative, multimedia stories for TV, radio, and alaskapublic.org were generated. More than seventy-five news and public affairs stories have run on Alaska Public Media radio and TV KAKM (Southcentral) and simulcast on KYAK (Bethel) and KTOO (Juneau) and placed on alaskapublic.org soon after air. They are hosted on the main website under the program that generated the story - such as *Alaska Nightly News*, *Talk of Alaska*, *Addressing Alaskans*, *Solutions Desk*, *Hometown Alaska, AK*, *Alaska Insight* and *Line One: Your Health Connection*. These stories cover a wide range of topics from substance misuse to depression, schizophrenia, housing, aging, and more.
- A webpage aggregating content produced in the spirit of this agreement was launched and displays all the grant related content in a single place. Alaska Mental Health Trust sponsorship is shown at the top of the webpage, which is updated monthly. The alaskapublic.org//mental-health-focus/ webpage is available as a direct hyperlink or via the drop-down menu under News on the alaskapublic.org homepage.
- The Trust's support has been recognized on radio and television via billboard messages.
- Promotion for the grant related programming on Mental Health Focus occurred on Alaska Public Media social media pages, and on alaskapublicmedia.org homepage. Additionally, content and the Mental Health Focus web page will be promoted monthly in Alaska Public Media's e-newsletter to 15,000 recipients. The Mental Health Focus webpage is scheduled for on-air promotion on Alaska Public Media radio and TV in May, July, September, and November 2019.

FY20 Proposal:

Scope for next year's grant includes the following elements intended to improve the lives of Alaska Mental Health Trust beneficiaries by developing greater awareness of the issues, challenges, support, and solutions that impact them:

- AKPM maintains complete editorial control over all content produced in the spirit of this proposal.
- Continue to air *Line One: Your Health Connection* statewide, and produce at least 10 mental health related episodes in FY20.
- Maintain a full-time producer for *Line One*, *Alaska Insight*, *Talk of Alaska*, and *the Solutions Desk*.
- Host a minimum of two forums through *Alaska Insight* per year, to be televised for broadcast.

- Develop two 2-3 minute ENG (Electronic News Gathering) video packages that bring context to the discussion moderated by the host for Alaska Insight
- Generate multimedia stories for TV, Radio, News, and alaskapublic.org.
- Promote grant related material with a mental health focus on social media outlets and via the AKPM e-newsletter.
 - AKPM has been producing health minute short videos that are shared on television and via social media. Should the topic of one of these videos be mental health related, the spot will be promoted via social media in association with the Trust.
- Interact with the community, for example, by meeting with and reporting on rural communities, reporting on or/ featuring community groups, and working with other organizations in its research.
- Maintain a single Mental Health webpage that aggregates *Line One*, *Alaska Insight*, and *Solutions Desk* content on Alaska Public Media to feature stories, discussions and community input concerning these issues in one place.

Budget detail:

Producer: This producer position ensures editorial continuity across all AKPM content streams. A dedicated producer helps ensure that all AKPM content featuring stories and interviews about mental health topics would:

1. Strengthen Alaska's communities by listening to trusted agencies and community based service staff who support pathways to resources that provide beneficiaries access to resources that address mental illness, developmental disabilities, chronic alcoholism, substance related disorders, Alzheimer's disease and related dementia, and traumatic brain injuries.
2. Foster awareness of the challenges, stigma, stereo-types beneficiaries and the families face while educating the greater public about the medical and science based facts and data supporting current best practices in the Mental Health field.
3. Connect beneficiaries, their family, friends, and neighbors to the trusted and proven statewide resources designed to improve the lives of citizens who struggle with the challenges and misinformed perceptions of illness diagnosed as related to mental health.
4. Increase AKPM's capacity to provide resources, expand research, and provide mental health focused professional development for video/audio content creators, reporters, show hosts, and producers so that AKPM can grow capacity to sustain this meaningful work.

Production and Statewide Distribution: Production fees cover the cost associated with content development and the actual production of radio or televised pieces. Distribution costs

represent the cost associated with airing news and public affairs statewide programs that AKPM produces. The fee charged for each station is based on the population size they reach. With partnership and funding support from the Alaska Mental Health Trust, AKPM can continue to lower that fee for stations, ensuring statewide distribution of this content.

Travel: Travel will involve 2-3 AKPM staffers. These teams will include some combination of producer, videographer/sound, and reporter. We anticipate 4-5 rural trips with an estimated cost of \$10,000.

All content created in support of this funding initiative would remain the editorial property of AKPM. AKPM exerts its rights to oversee all editorial direction free of undue influence by a funder.

BUDGET	
Personnel Services Costs (Trust)	\$50,000.00
Personnel Services Costs (AKPM)	\$50,000.00
Personnel Services Narrative:	Dedicated Mental Health Producer 50% of annual duties provided to AKPM \$36,000.00 Dedicated Mental Health Producer 50% of Fringe (FICA, Medicare, Insurance, 401K.) \$14,000.00
Travel Costs	\$10,000.00
Travel Narrative:	Statewide Travel for 2-3 staffers 4-5 times per year Alaska Air (10 x \$500); Hotel (30 nights x \$100); Ground Transportation, Meals, & Misc. (\$2,000) \$10,000.00
Other Costs (Trust)	\$65,000.00
Other Costs (AKPM)	\$75,000.00
Other Costs Narrative:	Production (Line One, AI, TOA, Solutions Desk, Web Page) and Statewide Distribution for Line One \$65,000.00 Annual Television Impressions \$50,000.00 Annual Radio Impressions \$15,000.00 Annual Web/Social Media Impressions \$10,000.00
Total Amount to be Funded by AKPM	\$125,000.00
Total Amount to be Funded by the Trust	\$125,000.00

Program & Planning Committee Report / Update

To: Mary Jane Michael, Chair
Through: Mike Abbott, Chief Executive Officer
From: Steve Williams, Chief Operating Officer
Date: May 1, 2019
Re: Program and Planning Committee Report

There has been one meeting of the Program and Planning Committee since the last board report. The meeting occurred on April 18, 2019 and was attended by trustees Christopher Cooke (chair), John Sturgeon, Verné Boerner, Laraine Derr, Paula Easley, Ken McCarty and Mary Jane Michael.

Meeting Summary:

The following items were presented and discussed by the committee.

1) *FY20 State Budget/Legislation*

Trust staff updated the committee on the status of the State's FY20 budget in the legislative process. Staff reported there were significant changes to the FY20 budget since the last report to the Program and Planning committee, resulting from the release of the Governor's Proposed FY20 Amended budget and the subsequent passing of the House of Representatives proposed FY20 budget. The difference between the trustees gf/mh recommendations and the current version of the FY20 budget were discussed and staff outlined next steps for advocating to get those increments included in the Senate's version of the FY20 budget; specifically, the six capital budget items. The six capital items included:

FY20 Mental Health Budget Bill Comparison

Project	Trustee Recommended			Differences	
	Dept/RDU	MHTAAR	GF/MH	MHTAAR	GF/MH
Capital – Deferred Maintenance	DHSS	250.0	250.0	250.0	-
Capital – Assistive Technology	DHSS	-	500.0	-	-
Capital – Home Modifications	DHSS	300.0	750.0	300.0	-
Capital – Homeless Assistance Project	DOR/AHFC	950.0	850.0	950.0	-
Capital – Special Needs Housing Grants	DOR/AHFC	200.0	1750.0	200.0	-
Capital – Coordinated Transportation	DOTPF	300.0	1000.0	300.0	-

2) *Medicaid Program*

Staff presented an overview of proposed budget reductions to the State's Medicaid program. The Department of Health and Social Services (DHSS) plan for Phase I focused upon cost containment efforts and a proposed reduction of approximately \$102 million dollars. However, staff noted the House Finance committee was considering a lower reduction, \$58 million, to the Phase I plan. Staff highlighted that with the one exception, the Behavioral Health Grant funding (\$12,000.0 GF), the proposed changes in Phase I are within DHSS' authority and do not require legislative approval.

3) *Comprehensive Integrated Mental Health Plan (Comp Plan) Update*

Jillian Gellings (Department of Health and Social Services) and Autumn Vea (Trust staff) presented an update on the work to revise the Comprehensive Integrated Mental Health Plan (COMP Plan). A key highlight was the release of a draft COMP Plan for public review and comment. The review and comment period was between March 11, – April 12, 2019. The Trust and DHSS actively promoted the draft plan during this timeframe to solicit as much public comment as possible. All public comment received will be reviewed and considered for incorporation into the final COMP Plan document. The following timelines for next steps were noted.

- April 18, – May 14, 2019 Finalize content and incorporate data and indicators
- May 15, – June 15, 2019 COMP Plan publication
- May 15, – June 30, 2019 Website Development
- June 17, – June 24, 2019 Final DHSS review
- July 1, 2019 Distribute Comp Plan and Website goes live

There was good follow-up dialogue between the presenters and trustees. Trustees offered general feedback and observations for consideration.

4) *Alaska Psychiatric Institute (API) Update*

DHSS Deputy Commissioner Al Wall provided an update on the current management and operations of API. His report included the following:

- a. The Joint Commission notified API that its accreditation had been renewed to provide psychiatric care for three years, effective December 15, 2018. A significant and positive milestone.
- b. Matt Dammeyer was hired to be the CEO of API starting April 22nd and API has six psychiatric medical staff working in the hospital.
- c. The Wellpath Recovery Solutions management team continues to work with API's leadership to bring the hospital back up to its full operating capacity of 80 beds by June 30, 2019.
- d. Deputy Commissioner Wall noted the back log of Title 12 forensic evaluations was being addressed. A contract has been procured with Dr. McClung to focus on conducting and completing the back log of these evaluations. He thanked the Trust for its funding support in this effort.

5) *Review - Focus Areas*

Trust staff provided the committee a historical review of how the concept of focus areas was originated, the process to identify and establish focus areas, the process for reviewing and reaffirming them over time, and how new focus areas have been identified. Program Officers provided a high-level overview of each current focus area (Substance Abuse Prevention and Treatment, Housing and Long-Term Services/Supports, Disability Justice,

and Beneficiary Employment and Engagement). The overviews provided information covering the following:

- a. Why the work is critical for Trust beneficiaries?
- b. What have been the positive impacts and successes?
- c. What are the current and planned efforts moving forward?

In addition, an overview was provided by Trust staff of additional areas of Trust concentrated work; specifically, Workforce Development and Early Childhood Prevention and Early Intervention.

6) *Overview – FY20 Budget Adjustments*

In light of the significant proposed changes in the State's FY20 budget, Trust staff informed the committee that a preliminary review of the trustee approved FY20 Trust Authority Grant and Mental Health Trust Authority Authorized Receipts (MHTAAR) funding has been completed. The review indicated the potential for up to \$6 million of previously approved FY20 Trust funding available for reallocation. This amount could be reduced, depending on factors like the DHSS' decision to advance the Administrative Services Organization (ASO) and the outcome of the inclusion of GF/MH capital increments matching Trust MHTAAR increments in the final FY20 budget. Staff alerted the trustees that a special board meeting may be needed in June to address changes in the FY20 final budget. Staff will provide a detailed review with recommendations for any adjustments to the board of trustees for approval at that time.

The Program and Planning Committee adjourned at approximately 4:15 p.m. The next scheduled meeting of the committee is ***July 30-31, 2019.***