Beneficiary Advisory Boards

January 2019
Trust Meeting
Patrick Reinhart
Denise Daniello
Bev Schoonover
Overview of FY 20 Budget Capital

- $1 M (UGF) Public and Community Transportation State Match is in Governor’s Budget (Walker’s)
- $1.3 M Coordinated Transportation Funding ($1M UGF/$300.0 MHTAAR)
- $.5 M for Deferred Maintenance ($250.0 UGF/$250.0 MHTARR)
- $85 K UGF to Hope Resources for Housing Upgrades
- $3.05 M UGF for API Upgrades
- $6.06 M for Community Block Grants ( $60.0 UGF/$6 M Other)
Overview of FY 20 Budget Operating - GCDSE

Governor’s Council on Disabilities and Special Education
$1,784.1 ($941.7 Fed, $315.5 I/A Rcpts, $25.0 GFMH, $378.5 MHTAAR). ↓ $45.0 from FY 19; ↓ $350.0 over last 3 years

- 7 positions maintained, and adding one new Policy Analyst to SDS with federal grant to align DD Vision
- Federal DD Council grant increased by $7.0 and awarded $382.0/year for 5 years Living Well grant.
- IA receipts: $150.0 from SDS for Infant Learning Program (ILP) oversight; $130.0 from DEED for SpEd duties and $25.5 misc.
- GFMH: $25 K for Microenterprise program (our expenses)
- MHTARR: $127.4 Research Analyst; $200.0 Beneficiary Employment and Engagement (BEE); $150.0 Microenterprise --all sent to Center for Human Development (CHD)
**State of Alaska Continuum of Care**

**Senior and Disabilities Services**

SFY 2018 Costs by Funding Source and Average Cost per Person by Service Type

<table>
<thead>
<tr>
<th>Costs by Funding Source</th>
<th>Personal Care Assistance</th>
<th>Home &amp; Community Based Waivers</th>
<th>Institutional Placements</th>
<th>Total Costs</th>
<th>Total # Served (Duplicated Counts Across some Service Types)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grant Services</td>
<td>$40,321.9</td>
<td>$61,995.7</td>
<td>$266,422.4</td>
<td>$498,037.7</td>
<td>46,828</td>
</tr>
</tbody>
</table>

**Grant Programs**

- **Senior Community Based Grants**
  - $495 avg cost/person
- **General Relief/Temporary Assisted Living**
  - $7,282 avg cost/person
- **Community DD Grants**
  - $4,013 avg cost/person
- **Senior Residential Services**
  - $19,065 avg cost/person
- **Early Intervention/Infant Learning Program**
  - $2,702 avg cost/person

**Medicaid Program**

- **Alaskans Living Independently Waiver**
  - $16,976 avg cost/person
- **Children w/ Complex Medical Conditions Waiver**
  - $44,033 avg cost/person
- **Intellectual & Developmental Disabilities Waiver**
  - $87,718 avg cost/person
- **Adults w/ Physical & Developmental Disabilities Waiver**
  - $90,173 avg cost/person

**Home & Community Based Based Waivers**

- **Nursing Home**
  - $135,924 avg cost/person
- **Intermediate Care Facility for Intellectual & Developmental Disabilities**
  - $186,909 avg cost/person

**Data Source:** State of Alaska Automated Budget System, Final Auth 18 report, Harmony and COGNOS
What does it cost to provide services?

<table>
<thead>
<tr>
<th>Program – FY2018</th>
<th># serve</th>
<th>Avg cost per person</th>
<th>Total costs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Home &amp; Community Based Waivers</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALI Waiver</td>
<td>1,967</td>
<td>$34,146.43</td>
<td>$67,166,029.80</td>
</tr>
<tr>
<td>APDD Waiver</td>
<td>94</td>
<td>$90,173.15</td>
<td>$8,476,275.94</td>
</tr>
<tr>
<td>CCMC Waiver</td>
<td>211</td>
<td>$44,033.44</td>
<td>$9,291,056.81</td>
</tr>
<tr>
<td>IDD Waiver</td>
<td>2,069</td>
<td>$87,718.23</td>
<td>$181,489,015.97</td>
</tr>
<tr>
<td><strong>TOTAL HCB Waivers</strong></td>
<td></td>
<td></td>
<td>$266,422,378.52</td>
</tr>
<tr>
<td><strong>Institutional Placements</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nursing Home</td>
<td>932</td>
<td>$135,923.77</td>
<td>$126,759,187.91</td>
</tr>
<tr>
<td>ICF/IID</td>
<td>14</td>
<td>$186,908.62</td>
<td>$2,616,720.64</td>
</tr>
<tr>
<td><strong>TOTAL Institutional Placements</strong></td>
<td></td>
<td></td>
<td>$129,297,677.37</td>
</tr>
<tr>
<td><strong>TOTAL HCB Waivers and Institutional Placements</strong></td>
<td></td>
<td></td>
<td>$395,720,055.89</td>
</tr>
</tbody>
</table>

**Institutional Placements if no HCB Waiver services existed – FY2016**

| Nursing Home + ALI, APDD and CCMC Waiver service recipients | 3,204 | $435,499,769.70 |
| ICF/IID + IDD Waiver service recipients                  | 2,083 | $389,330,649.51 |
| **TOTAL if HCB Waivers did not exist and individuals eligible for Nursing home or ICF/IID care received services in Institutional Placements (ICF/IID is based on current out of state placement)** | | $824,830,419.21 |

* There are no in state ICF/IID facilities; however the most recent estimated daily rate for in state Institutional Placement for ICF/IID in is $871 with a potential cost per person of $317,915, or a total cost of $657,766,135 for individuals currently on IDD Waiver.

Data Source: State of Alaska Automated Budget System, Final Auth 18 report, COGNOS
Overview of FY 20 Budget Impact Operating (SDS)

Early Intervention/Infant Learning Programs (EI/ILP)

$9,827.7 ($1859.1 Fed, $544.1.1 I/A Rcpts, $7,425.5 GFMH ↓ 26.0.0 from FY 19

✔ Serves Children 0-3 with developmental disabilities with a 50% delay or more (25% in many other states)

✔ Provides specialized services for infants and toddlers to increase functional abilities

✔ High risk because of $7.42 M of GF/MH, but federal Maintenance of Effort (MOE) requirements mitigate this
What is happening in other States for those not eligible for waiver services

- FASD Communities (Hawaii)
  - Supported Housing
- The Parent-Child Assistance Program (PCAP) – Washington
  - Evidence-based home visitation case-management model
- Proof Alliance (Minnesota)
  - Life Coaching for Teens and Adults with an FASD
  - Family Engagement Coordinator
- WhiteCrow Village (various states)
  - Live-In FASD Education Sessions - (L.I.F.E.)
GCDSE - Legislative Priorities

- Reduce the waitlist for developmental disabilities services
- Treat Home and Community Based Services funding through Senior and Disability Services/Medicaid separately from the rest of Medicaid budget and no more cuts
- Create high level, cross-departmental “Employment Work Group” or leadership circle that can pursue Employment First principles and recommendations already developed by GCDSE
Legislation GCDSE are Watching

- Budget primarily
- HB 1: PCA Advisory Board
- HB 13/SB 7: Medicaid Work Requirements
- SB 6 Early Education
- Justice Reform Bills
GCDSE News

- Council Meeting Feb. 5-6 in Juneau Combined with Key Campaign Feb. 7-8. Saves $$$$$$

Community Forum
Hosted by the Governor’s Council on Disabilities and Special Education

Special Topic:
Living with FASDs in Alaska

Tuesday, February 5, 4:30-6:30 PM
Centennial Hall Convention Center • 101 Egan Drive • Juneau, AK

- 4:30pm: Public testimony opportunity on this topic as well anything else within the purview of the Council is welcome. You can provide your testimony in writing, in-person, or over the phone.
- 5:00pm: Join the Council for a viewing of Moment to Moment: Teens Growing Up With FASDs, a film which explores the lives of four adolescents with FASDs and the effects that prenatal alcohol exposure has on their journeys toward independence, fulfillment, and understanding of the world around them. (56 mins).
- 6:00pm informal discussion about the film and living with FASDs in Alaska.
GCDSE News

- Project SEARCH TA visits with Erin Riehle Feb 11-14
- Inclusive Practice Award (Special Ed. Conference), Feb 26 Anchorage (Hilton) New Para Award!
- 6th Annual Brain Institute, March 21-22, Anchorage
- Employment First Job Fair, March 29, Anchorage
- National Disability Policy Seminar, April 8-10 – we hope to send a team this year.
- Full Lives Conference, April 10-12, Anchorage; combined effort with SDS for statewide Care Coordinators Conference & Direct Service Awards.
The mission of the Alaska Commission on Aging is to ensure the dignity and independence of all older Alaskans, and to assist them to lead useful and meaningful lives through planning, advocacy, education, and interagency cooperation.
Alaska Commission on Aging Board
FY2019 Roster

- Gordon Glaser, Chair, Public Member  Anchorage
- Mary Shields, Vice Chair  Anchorage
- David Blacketer, Past Immediate Chair, Public Member  Kodiak
- Anna Frank, Public Member  Fairbanks
- Linda Combs, Public Member  Palmer
- Bob Sivertsen, Public Member  Ketchikan
- Michael Coons, Public Member  Palmer
- Rosemary Hagevig,  Pioneer Home Advisory Board Chair  Juneau
- Nona Safra, Senior Services Provider  Anchor Point
- Deb Etheridge, Acting Director, Senior and Disabilities Services, DHSS Designee  Juneau
- Katie Abbott, Director Serve Alaska, DCCED Designee  Anchorage
Presentation Overview

- Alaska Senior Population 2018 Estimates
- Medicaid Services for Seniors, FY2011-FY2018 and possible impacts from budget reductions
- ACoA Legislative Advocacy Priorities: Diversion strategies to control costs
- New legislation we are watching that may affect Senior Trust Beneficiaries and other Older Alaskans
- Alaska Commission on Aging February 2019 meeting
- Questions and Discussion
Senior Population Update

2018 Population Estimates
Alaska Senior Population Estimates by Age Category
(Source: Alaska DOLWD Research and Analysis, Population Estimates)

<table>
<thead>
<tr>
<th>Year</th>
<th>Age 85+</th>
<th>Age 75-84</th>
<th>Age 65-74</th>
<th>Age 60-64</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>4,711</td>
<td>14,877</td>
<td>35,350</td>
<td>35,938</td>
</tr>
<tr>
<td>2011</td>
<td>5,103</td>
<td>15,596</td>
<td>38,059</td>
<td>39,358</td>
</tr>
<tr>
<td>2012</td>
<td>5,452</td>
<td>16,376</td>
<td>41,852</td>
<td>40,884</td>
</tr>
<tr>
<td>2013</td>
<td>5,639</td>
<td>17,145</td>
<td>44,942</td>
<td>43,011</td>
</tr>
<tr>
<td>2014</td>
<td>5,868</td>
<td>17,629</td>
<td>47,649</td>
<td>44,241</td>
</tr>
<tr>
<td>2015</td>
<td>6,077</td>
<td>18,161</td>
<td>50,545</td>
<td>45,549</td>
</tr>
<tr>
<td>2016</td>
<td>6,286</td>
<td>19,035</td>
<td>53,676</td>
<td>46,895</td>
</tr>
<tr>
<td>2017</td>
<td>6,401</td>
<td>20,131</td>
<td>56,267</td>
<td>47,268</td>
</tr>
<tr>
<td>2018</td>
<td>6,578</td>
<td>21,426</td>
<td>59,300</td>
<td>47,679</td>
</tr>
</tbody>
</table>

- Age 85+: Yellow
- Age 75-84: Purple
- Age 65-74: Orange
- Age 60-64: Blue

Graph shows the population estimates for each age category from 2010 to 2018.
Percentage Increase in Senior Population (age 60+) by State and Region, 2010-2018

Source: Alaska Department of Labor and Workforce Development, Research and Analysis, Population Estimates
Alzheimer’s in Alaska by Age Category, 2018

Source: Alzheimer’s Facts and Figures 2018, Prevalence Rates adjusted for Alaska
Alaskans Aging with Developmental Disabilities, 60+ Population Estimates

Recent Trends in Alaska’s Senior Population Living Below Poverty Levels (age 65+)

<table>
<thead>
<tr>
<th>Year</th>
<th>Annual Percentage Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>5.3%</td>
</tr>
<tr>
<td>2011</td>
<td>6.1%</td>
</tr>
<tr>
<td>2012</td>
<td>4.2%</td>
</tr>
<tr>
<td>2013</td>
<td>4.2%</td>
</tr>
<tr>
<td>2014</td>
<td>4.2%</td>
</tr>
<tr>
<td>2015</td>
<td>4.2%</td>
</tr>
<tr>
<td>2016</td>
<td>4.0%</td>
</tr>
<tr>
<td>2017</td>
<td>5.1%</td>
</tr>
</tbody>
</table>
Medicaid Programs Serving Seniors

Senior Medicaid Enrollment and Spending on Health Care and Public Assistance Programs for Older Alaskans
Number of Seniors Enrolled in Select Medicaid Health Care Services, FY2011-FY2018

Source: Preliminary findings from the Evergreen Economics Report 2018 based on publicly accessible data.
Annual Percentage Change in Senior Medicaid Health Care Spending and the Senior Population, FY2011-FY2017

Source: Preliminary findings from the Evergreen Economics Report 2019 based on publicly accessible data
Take Away Points: Senior Enrollment and Spending on Medicaid Health Care Services for Seniors

- Senior enrollment in the Medicaid program increased by an average of 5.3% per year, FY2011 and FY2018.
- Despite the increased senior enrollment, the **percentage** of the senior population enrolled in Medicaid services declined from FY2011 to FY2018.
- While seniors utilizing nursing home care and spending on senior nursing home care increased from FY2011 to FY2018;
- Senior utilization of and spending on lower cost Medicaid HCBS decreased during this same time period.
- Continuing efforts to rebalance Alaska’s Long-Term Services and Supports system is important to turn the curve and serve more people at a lower cost through home- and community based services.
Senior Enrollment in Medicaid Public Assistance Programs, FY2011-FY2018

Source: Division of Public Assistance, ACoA Senior Snapshot

- **Adult Public Assistance (APA), Age 65+**
- **Supplemental Nutrition Assistance Program (SNAP), Age 60+**
- **Low Income Heating Assistance Program (LIHEAP), Age 60+**
FY2020 ACoA Legislative Advocacy
Priorities and Bills of Interest to Seniors

Diversion Strategies to Control Costs
ACoA FY2020 Legislative Priorities

Protect the Investment in the Senior Safety Net

• Preserve funding for core senior services
• Add 3% increase in base funding for Nutrition, Transportation, and Support Services; Senior In-Home; and Family Caregiver Support grant-funded services to maintain existing levels of service for a growing senior population and to partially offset increases in general inflation and health care cost inflation that may be responsible for rising operating costs.
ACoA FY2020 Legislative Priorities

Address Senior Behavioral Health Needs

Promote awareness about the impacts of older adults experiencing behavioral health problems, including substance misuse, chronic depression, and challenging behaviors that are often overlooked or misdiagnosed and support policies that address these concerns:

• Include Adult Companion services in the Alaskans Living Independently Waiver.
• Increase capacity at the Pioneer Home to care for residents with challenging behaviors.
• Strengthen workforce efforts by supporting training opportunities for health care and social service professionals serving seniors.
• Support efforts by senior centers and other organizations that promote health and wellness for older adults.
Bills on the ACoA Watch List

- HB 1, License In-Home Care Providers, Representative Johnson
- HB 13/SB7 Medical Assistance Work Requirement, Representative Kopp and Senator Micciche
- HB 17/SB 1 Repeal Certificate of Need, Representative Rauscher and Senator Wilson
- HB 29 Insurance Coverage for Telehealth, Representative Spohnholz
- HB 22/SB10 Extend Suicide Prevention Council, Representative Tarr and Senator Kawasaki

Statewide Senior Legislative Advocacy Teleconferences are held every other Thursday, 9:30 a.m. to 11:00 a.m. by teleconference at participating senior host sites. The next meeting is February 7.
Thank You!

- ACoA board meeting is scheduled for February 11-13 in Juneau with legislative visits.
- ACoA is convening the Joint Senior Advocacy Summit on February 12 with the senior advocacy network at the Andrew P. Kashevaroff (APK) Building.
- Governor Dunleavy will be hosting a reception for the Commission and our partners on February 11.

Denise Daniello, ACoA Executive Director
denise.daniello@alaska.gov/ 907-465-4879
350 Main Street, Suite 100 / P.O. Box 110693
Juneau, AK 99811-0693
www.alaskaaging.org
Partner Advisory Board Update
FY20 Advocacy Efforts

January 2019
Who We Are

• AMHB/ABADA are the state agencies charged with planning and coordinating behavioral health services funded by the State of Alaska.
• The joint mission of AMHB/ABADA is to advocate for programs and services that promote healthy, independent, productive Alaskans.
• Our citizen advisory Boards include providers, educators, members of the military, faith-based leaders, and business leaders.
• We have established seats on the Boards for Alaskans with a mental health diagnosis, substance misuse disorder, and/or their family members.
What We Do

As the state’s behavioral health planning councils, we:

• Assist in planning and coordination of prevention, treatment, and recovery services;
• Assist in evaluation of Alaska’s publicly funded behavioral health system;
• Educate the public and policymakers about mental health and substance use issues;
• Advise and help coordinate state and local governments, partner advisory boards, community organizations, and private entities about behavioral health matters; and
• Advocate with Alaskans experiencing mental health and substance use disorders and their families, the providers who serve them, and their communities.
Legislative Advocacy Efforts

- Joint Advocacy Efforts
- Board Priorities
- Statutory Responsibilities
FY20 Legislative Session

What we know, what we anticipate, what we don’t know and recommendations
What We Know

• Joint Advocacy Efforts
• FY20 AMHB/ABADA Board Priorities
  – Resources and community supports for Alaskans with mental health and substance use disorders
  – Resources and support for behavioral health providers and the behavioral health workforce
  – Psychiatric care and psychiatric patient rights
  – Early intervention and prevention
  – Reducing Adverse Childhood Experiences (ACEs) and other trauma
  – Statewide Suicide Prevention Council extension
What We Anticipate

• Possible systemic changes to the State of Alaska
  – Reduce dependency on State of Alaska funds
  – Outsourcing and privatization
  – Medicaid restructuring

• Department of Health and Social Services restructuring

• Alaska Psychiatric Institute restructuring

• Legislative bills submitted for proposed budget reductions

• Special session(s)
What We Don’t Know

• How the proposed $1.6 billion budget reduction will be allocated
• Medicaid restructuring details
• Adjustments to State of Alaska staffing levels and/or impacts of fiscal and administrative reorganizing
• Legislative response to Governor’s budget
What Do Know-Take Two

• $1.6 billion of possible FY20 budget reductions will impact Trust Beneficiaries
  – Rural and economically challenged communities, MOST impacted
  – Beneficiaries who need routine and specialized health care, MOST impacted
Recommendations for Trustees

Continue to understand, educate, and advocate about:

• The role and function of the Trust
• The needs of your beneficiaries
• The need for a robust community based system of care and support
• Our joint advocacy initiatives
Recommendations for Trustees-Cont.

- Continue to build new partnerships, esp. Tribal and rural partners
- Continue to foster partnerships with AMHB/ABADA staff and Board
- Continue to use your greatest resource-the expertise of Trust staff to educate and advocate for and with beneficiaries, Advisory Boards and other partners
FY20 Joint Legislative Priorities

Teri Tibbett, Advocacy Coordinator
FY20 Joint Advocacy Priorities

• Smart spending on community support services
• Substance misuse across beneficiary groups
• Serving justice-involved individuals
• Protecting Medicaid
• Support Housing for Trust beneficiaries
• Workforce development for healthcare providers
Questions

Patrick.Reinhart@alaska.gov
907-269-8994

Denise.Daniello@alaska.gov
907-465-4879

Bev.Schoonover@alaska.gov
907-465-5114