

Trust

Alaska Mental Health
Trust Authority

Trust Focus Areas

Program and Planning Committee

April 18, 2019

Why Focus Areas?

- 1) Deviate from the “shotgun approach”
- 2) Get focused
- 3) Impacts to all Beneficiary groups
- 4) Goal: The Trust’s work would be the engine or catalyst for broad “systemic change” impacting current & future beneficiaries statewide



History



- **2003/04** **Process for and selection of Focus Areas**
- **2005** **Expanded effort and increased resources to implement focus areas' strategies and activities**
- **2012/13** **Evaluation of existing focus areas and recommendations for new focus areas**
- **2016** **Trust Medicaid Reform & Redesign and Criminal Justice Reform & Reinvestment efforts named as budget category**
- **2017/18** **Trust in earnest embarks to address beneficiary needs and system gaps “upstream” - - - prevention and early intervention**



A man with dark hair and a mustache, wearing a blue polo shirt and a lanyard with a badge, is looking down at a large, colorful, crystalline structure. The structure is composed of many small, interconnected, multi-colored (pink, green, blue, yellow) geometric shapes, resembling a complex molecular or biological lattice. The background is bright and slightly hazy, suggesting an outdoor setting with sunlight.

The Feedback Loop

- 1) On-going, real-time, diverse perspectives
- 2) Advisory boards, stakeholders and partners
- 3) evaluations, check-ins, meetings

Focus Areas

- 1) Substance Abuse Prevention & Treatment
- 2) Housing & Long-Term Services & Supports
- 3) Disability Justice
- 4) Beneficiary Employment & Engagement

Other Concentrated Work

- 1) Workforce Development
- 2) Early Childhood Prevention & Intervention



Substance Abuse Prevention & Treatment

Why this work is critical for beneficiaries?

- 1) Trust beneficiaries experience negative health and behavioral health outcomes caused by drug and alcohol addiction.**
 - a) Drug/alcohol addiction results in increased use of emergency services, incarceration, homelessness, child/family harms, violence and unemployment.**
 - b) Drug/alcohol addiction costs the state upwards of \$3 billion annually.**
- 2) Timely access to effective addiction interventions and treatment in communities as close to home as possible is critical to reduce harms to beneficiaries and families.**

What have been the positive impacts/successes?

- 1) Through partnership on Recover Alaska, produced series of successful anti-stigma campaign “Day One” stories of recovery.**
Recoveralaska.org
- 2) Set Free Alaska, capital funding - 73.3% reduction in waitlist for treatment.**
- 3) Forget Me Not Manor, housing first program- Juneau**



Moving Forward

Current & future efforts?

Access to intervention:

- 1) Support implementation of expanded access to treatment services outlined in SUD portion of the 1115 BH waiver statewide.**
- 2) Expand use of evidenced based and best practice addiction interventions to mental health, primary care and community based settings-including medication assisted treatment.**
- 3) Harm reduction models.**
- 4) Technical assistance and organizational capacity of SUD and BH provider organizations.**



Housing & Long Term Support Services

Why is this work is critical for beneficiaries?

- 1) Preventing and ending homelessness saves lives.**
- 2) Housing First provides the stability needed for recovery.**
- 3) Support services help people meet goals for self-efficacy.**

What have been the positive impacts/successes?

- 1) Juneau Permanent Supportive Housing housed 32 beneficiaries which reduced police contacts by 72% and ER visits by 65%.**
- 2) Covenant House was awarded the Youth Homelessness Demonstration Program Grant that helps support four new innovative programs to end youth homelessness.**
- 3) Senior and Disabilities Services (DHSS) expanded the ADRCs by two new centers covering two previously unserved regions.**



Moving Forward

Current & future efforts?

- 1) Pay For Success creates a financing model for permanent supportive housing through a social impact bond process that realigns outcome payers for long term sustainable funding.**
- 2) The IDD programs are working to use evidence based and emerging evaluation methods on both provider and statewide levels.**
- 3) Anchorage has engaged in Built For Zero, a proven method to end homelessness in communities and national movement to align actions and resources to solve this complex problem.**

Disability Justice

Why is this work is critical for beneficiaries?

- 1) Trust beneficiaries are at increased risk of involvement with the criminal justice system as defendants and as victims.**
- 2) Justice involved Trust beneficiaries have an average recidivism rate (40.7%) of nearly double that of other offenders (22%) released from the Alaska Department of Corrections.**
- 3) In recent years justice reform and reinvestment has been a leading issue facing Alaskans and it is critical that the Trust be involved in justice systems and policy development.**

What have been the positive impacts/successes?

- 1) 5% reduction in recidivism rate from 66% to 61%**
- 2) 150 beneficiaries served in Bethel by the HDP**
- 3) Recidivism rates for Therapeutic courts:**
 - a) Drug/DUI Courts – 28%**
 - b) Mental Health Courts – 43%**
 - c) CINA Therapeutic Courts – 24%**





Moving Forward

Current & future efforts?

- 1) Continued support of reentry coalitions and forensic peer support.**
- 2) Supporting the possible expansion of the Holistic Defense Project.**
- 3) Supporting the possible expansion of therapeutic courts**

Beneficiary Employment & Engagement

Why is this work critical for beneficiaries?

- 1. Beneficiaries are generally underemployed (49% compared to 78% without disabilities) – disparity higher with cognitive impairment (30%)**
- 2. Work and/or meaningful engagement is essential to quality of life and a critical component of recovery**
- 3. Peer support and recovery-oriented services continue to be prioritized with Beneficiary Project Initiatives (BPI)**

What have been the positive impacts/successes?

- 1. BPI grantees provided peer support and recovery-oriented services to 6300 beneficiaries in FY17**
- 2. Pre-Employment Transition Services (Pre-ETS) provide student training and job experience to beneficiary youth (802 students in FY18)**
- 3. Annual average of 15+ Microenterprise grants to individual beneficiary starting or expanding small businesses**

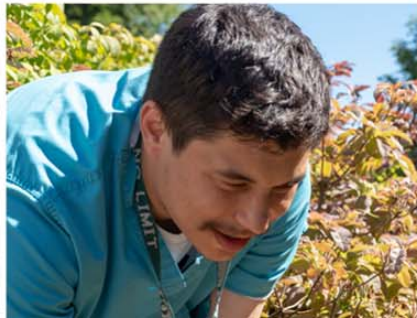


Moving Forward

Current & future strategies and efforts?

- 1. Employment data development and evaluation**
- 2. “Employment First” implementation**
- 3. Peer support workforce development**

Other Concentrated Work



Workforce Development

Why is this work critical for beneficiaries?

- 1) Quality care requires a skilled, employed workforce**
- 2) Increased need for collaborations and connections/Alaska Health Workforce Coalition**
- 3) Meet changing needs of the population (Working smarter not harder)**

What have been the positive impacts/successes?

- 1) Criminal Justice Reform: AK Training Cooperative provided 12 Conflict Resolution Skills/Alternatives to Violence workshops at Wildwood Correctional Center for 113 inmates FY18.**
- 2) AK Training Cooperative-uses evidence-based practices- 1700 Mental Health First Aiders Trained in FY18.**
- 3) The AK Psychology Internship Program- 83 PhD Clinical Psychologist-70% 1st position was in Alaska.**



Moving Forward

Current & future efforts?

- 1) Strategic partnerships: UAA/AK Training Cooperative and University of Washington Mental Health Technology Transfer Center- UW will provide American Indian/Alaska Native Motivational Interviewing training in Juneau & Anchorage.**
- 2) The Current SHARP 1 program uses \$200,000 Trust dollars in FY19, which brings in 4 million in private-public dollars. These dollars have secured 74 contracts/FY19, 328/since inception.**
- 3) The SC Alaska Area Health Education Center is partnering with the AK Training Cooperative and the Department of Labor to offer pre-apprenticeship health care classes this spring for 30 adults new to the direct service workforce.**

Early Childhood Prevention & Intervention

Why is this work is critical for beneficiaries?

- 1. Trauma early in life is highly correlated with beneficiary groups**
- 2. Adverse Childhood Experiences (ACEs) significantly impact lifelong health of beneficiaries**
- 3. Intervening early in childhood can alter the life course trajectory in a positive direction**

What have been the positive impacts/successes?

- 1. FOCUS early learning preschool**
- 2. Trauma-informed schools pilot in Juneau School District**
- 3. Expansion of early childhood and family interventions/supports in proposed 1115 Medicaid waiver**





Moving Forward

Current & Future efforts?

- 1. Data development and evaluation**
- 2. Screening and assessment**
- 3. Integration of behavioral health into primary care settings**
- 4. Infant and early childhood mental health consultation**
- 5. Early childhood workforce development**

Stakeholder Process: FY21 Revised Budget Recommendations

Commence our budget development work earlier with smaller more nimble workgroups

ADVISORY BOARDS

BENEFICIARIES

COMMUNITY, TRIBAL,
LOCAL, STATE
PARTNERS

TRUST STAFF

Reaffirmation of Priority Initiatives & Focus Areas

Review of Priority Initiatives / Focus Area Goals & Allocations

Theory of Change & COMP Plan

Evaluation of Impacts

Advocacy Priorities

Previous Stakeholder Recommendations

Revised FY21 Budget Recommendations

FY20 Budget Adjustments & FY21 Budget Development

May 8-9	Full Board meeting: (1) approvals (tentative) of FY20 budget adjustment requests and FY21 budget preview and (2) update FY21 budget development process
June – July	Trust staff working with stakeholders to finalize FY21 budget proposal
July 30-31	Program & Planning Committee meeting: Presentation of proposed FY21 budget
September 10-11	Board meeting: Trustees approve FY21 budget



QUESTIONS???

