

# Comprehensive Integrated Mental Health Program Plan

---


“COMP PLAN”



# Vision

---

Alaskans receive comprehensive prevention, treatment, and support services at the appropriate level of care across the lifespan to lead to meaningful lives in their home communities.



# Foundational Goal

---

State of Alaska provides adequate resources and funding to support the comprehensive service system to promote independent, healthy Alaskans so that they may live meaningful lives in communities of their choice.

# Goals

---

1. Goal: Early childhood programs prevent and address trauma, promote educational attainment and provide access to early intervention services.
2. Goal: Alaskans have access to integrated healthcare options that promote optimal health, wellness and independence.
3. Goal: Trust beneficiaries have strong economic and social well-being.
4. Goal: Prevention and treatment for drug and alcohol misuse is provided through collaborative effective informed strategies.
5. Goal: Individuals, families, communities, and governments take ownership to prevent suicides and self-harm in Alaska.
6. Goal: Alaskans are free from abuse, neglect, self-neglect, and exploitation.
7. Goal: The assessed needs of Trust beneficiaries are met in the least restrictive environment.
8. Goal: Support the needs of Trust beneficiaries who are in an institutional setting and ensure they live with dignity.
9. Goal: State of Alaska provides adequate resources and funding to support the Comprehensive Integrated Mental Health Program.

## Goal 1: Early childhood programs prevent and address trauma, promote educational attainment and provide access to early intervention services.

---

Promote evidence based universal screening efforts and early intervention services for Trust beneficiaries.

Reduce the instances of Adverse Childhood Experiences (ACEs) through community engagement.

Provide ongoing support to ensure accurate identification of social-emotional and maternal health needs for children and their care givers.

Quality

Access

Sustainability

**Goal 2 : Alaskans have access to integrated healthcare options that promote optimal health, wellness and independence.**

Medicaid

Maternal Health

# Goal 3: Trust beneficiaries have strong economic and social well-being.

Ensure Trust beneficiaries, that are able to work, become employed and maintain employment in competitive part-time or full-time jobs in integrated settings that pay minimum wage and above.

Expand resources that promote successful long-term employment for Trust beneficiaries.

Promote efforts to have beneficiaries meaningfully engaged in their communities.

Alaskans have stable, safe housing with appropriate community-based social supports to maintain tenancy.

Enhance timely access to safety net services

Goal 4 : Prevention and treatment for drug and alcohol misuse is provided through collaborative effective informed strategies.

Increase awareness, improve knowledge, and change behaviors to prevent drug and alcohol misuse.

Reduce the impact of mental health and substance use disorders through prevention and early intervention.

Improve treatment and recovery supports to reduce the impact of mental health and substance use disorders.



## Goal 5: Individuals, families, communities, and governments take ownership to prevent suicides and self-harm in Alaska.

---



## Goal 6: Alaskans are free from abuse, neglect, self-neglect, and exploitation.



## Goal 7: The assessed needs of Trust beneficiaries are met in the least restrictive environment.

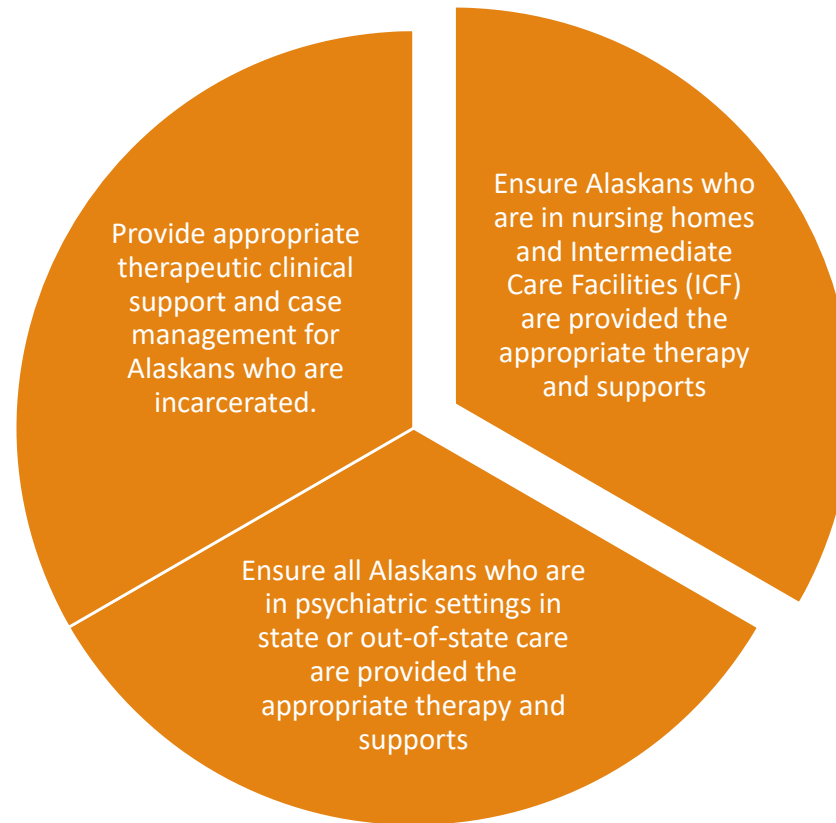
---

The cycle of substance misuse is broken.

Increase access to appropriate levels of treatment

Reduce the number of Trust beneficiaries involved with Alaska's criminal justice system

# Goal 8: Support the needs of Trust beneficiaries who are in an institutional setting and ensure they live with dignity.



Goal 9: State of Alaska provides adequate resources and funding to support the Comprehensive Integrated Mental Health Program.

Strengthen workforce capacity with improved recruitment and retention to obtain and maintain knowledge, support innovation and modernization.

Strategy: Engage and prepare Alaska's youth for health careers.

Improve retention strategies for existing health professionals.

Develop strong leader and leadership courses and offerings.

Promote organizational culture that supports workforce development.

# Timeline

---

- The 1st draft of the Comp plan due November 14, 2018
  - The 2nd draft of the Comp Plan due December 31, 2018
  - Department's final review January 2019
  - Out for public comment no later than February 2019
  - Final Comp Plan Completed March 2019
  - Website Developer Procurement: April 2019
  - Website Development Starts May 2019
  - Website Development Completed June 2019
  - Final Comp Plan Distributed with Website goes live: July 1, 2019
- 

# Next Steps

---

- ❑ Listed as a Hot Topic on the Admin Change Over List
- ❑ Internal Department Review taking place with existing Administration.
- ❑ Internal Department Review w/ incoming Administration in January
- ❑ Advisory Board Directors will be presenting to their respective Boards
- ❑ DHSS & Trust Staff will be sending to ANTHC for review
- ❑ DHSS & Trust Staff will be working with the Department of Corrections for review