

# Alaska Mental Health Board & Advisory Board on Alcoholism and Drug Abuse

September 2018 Update



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# Planning

- Board members will partner with the Trust to identify, develop, implement and evaluate the success of Trust focus areas. Board members and/or staff will assume leadership roles in conducting some of the work of a focus area as practicable.
- The boards will collaborate with the Trust and other key partners in key planning activities related to beneficiaries and Trust focus areas, including but not limited to staff participation in focus area meetings and activities, Trust-sponsored initiatives and stakeholder meetings, research and planning activities, and public planning processes with beneficiaries.
- The Boards will collaborate with key stakeholders, the Department of Health and Social Services and the Trust in the Comprehensive Integrated Mental Health Plan.

# Planning Updates



# Alaska Traumatic and Acquired Brain Injury (TABI) Advisory Workgroup

- Design a common vision to improve services for individuals living with brain injury in the state of Alaska
- Reports to the Alaska Brain Injury Network Advisory Board
- The workgroup was brought together to develop a 10 yr. statewide plan for TABI services and to create a statewide TABI registry
  - Statewide needs assessment
  - Data needed- potentially additional BRFSS questions
  - FY20 anticipated

# DHSS SUD Expansion Grant PEC

- Work includes evaluating proposals from eligible applicants to expand Alaska's capacity to serve individuals with substance use disorders (SUD).
- Grants funded from these RFP's will include developing
  - **Detoxification facilities**
  - **Residential SUD treatment programs**
  - **Crisis residential stabilization center**
  - **Ambulatory withdrawal management**
  - **Short term housing assistance programs**

# DHSS Proposal Evaluation Committees

- Administrative Services Organization
- State Opioid Response grant focusing on medication assisted treatment expansion proposals

# Comprehensive Integrated Mental Health Plan

- The overall goal is creation of a service system that quickly meets the needs of each individual, where highly qualified staff from state, federal, tribal and private agencies have the resources necessary to work together to provide seamless care for the best outcome possible for each person.
- Participated in more than nine meetings in four months
- Reviewed, edited, and contributed large portions for discussion with the large group

# Psychiatric Care

- Reengaged the API/ Psychiatric Care workgroup
- Began researching critical concerns, system needs, and understanding the current resources
- Met with Long Term Care Ombudsman, Ombudsman, Disability Law Center, patient advocates, legislators, API staff, DHSS leadership, Alaska State Hospital and Nursing Home Association, DOC staff
- Developed a Patient Care workgroup to determine Gold Standard grievance processes for legislation or policy change



# Psychiatric Care Emergency Operations

- DHSS began an Emergency Operations Center structure after the October 6 announcement of capacity issues at API
- API Staffing- 102 additional positions to operate the 80 bed facility
- Media Communication Plan
- Crisis Stabilization Center- manage in Anchorage as pre-triage
- Northstar Behavioral Health System- explore ability to help with overflow

# Psychiatric Care Emergency Operations (cont.)

- Access to Patient Care Plans in Emergency Departments- share limited plan information to support patients and reduce redundancies
- SUD Services Expansion Proposals- award contracts in November
- Medicaid Emergency Room Boarding Coverage- resolve coding issues to allow for Medicaid billing for ER stays over 23 hours. Resolved.
- Disproportionate Share Hospitals (DSH) Funds Distribution- in process

<http://dhss.alaska.gov/Commissioner/Pages/DHSS-EOC.aspx>



# Looking Forward



# 2019 and Beyond

- Developing a 5 year plan to address the behavioral health system and help advocate for system change improvements
- Continue working with DHSS on SUD treatment and psychiatric care improvements
- Using planning information to develop legislative priorities and one pagers for key topic areas to educate the new administration and legislature on our issues





## Questions? Comments?

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Thank You!